Education Committee Meeting
October 7, 2011
Oregon School of Massage

Attendance

Committee Members: Lisa Barck Garofalo, Chair
Nick Chrones, LMT
Pam Pennington, LMT
Steve Davis, LMT

Board Members & Staff: Kathy Calise, Board Chair
Kate Coffey, Executive Director
Christine West, Policy Analyst

By Phone: David Fredrickson, LMT
Absent: Jen Brady, LMT and John Combe, LMT

Public: None in attendance

CALL TO ORDER - Barck Garofalo called the meeting to order at 10:05 am.

INTRODUCTIONS: Present at time of introductions Barck Garofalo, Chrones, Pennington, Davis, Calise and Coffey. Fredrickson by phone.

MINUTES - September 9 minutes were approve with the correct spelling of gait, in the public comments.

PUBLIC COMMENTS - None in attendance

MODEL CURRICULUM REVIEW

AMENDMENTS STANDARD VI:

KNOWLEDGE:
1. Understand principles of optimum body mechanics including posture, positioning, use of leverage and injury prevention for the therapist and client.
2. Understand body mechanics in the use of massage/bodywork tables, chairs and mats based on size/shape of client; type of bodywork; intended outcomes; and injury prevention for the therapist and client.
3. Understand the safe use of massage/bodywork equipment and tools to prevent injury to the therapist and client.
4. Recognize, manage, and prevent professional burnout.

SKILLS:
1. Demonstrate safe, efficient and effective body mechanics during session.
2. Correctly set up and adjust a massage/bodywork table, chair, and mats.
3. Demonstrate safe, efficient and effective use of massage/bodywork equipment and tools.
ABILITIES:
1. Use safe, efficient and effective body mechanics for injury prevention of therapist and client.
2. Identify and adopt body mechanics and use self-care practices, which support personal and professional goals and prevent injury.

Break returned at 11:00.

AMENDMENTS STANDARD VII: Demonstrate competency in Health Sciences necessary to insure client safety.

KNOWLEDGE:
1. Understand anatomical structures, locations, and functions relevant to application of massage/bodywork.
2. Classify joints by structure and function with knowledge of type and location.
3. Discuss anatomical structures and systems, their functions and interactions using relevant medical terminology.
4. Understand movement of the body (kinesiology) including anatomical structures, physiological concepts and terminology.
5. Understand anatomy, physiology and pathology of soft tissues.
6. Describe principles of range of motion.
7. Understand principles and physiological effects of stretching.
8. Understand patho-physiological terms and processes resulting in/from injury and disease as they relate to massage/bodywork.
9. Understand mental health illnesses and common relevant terms as they relate to massage/bodywork.
10. Identify common pathologies along with their etiology, signs/symptoms, complications and massage/bodywork treatment considerations.
11. Define and understand inflammatory processes including stages of soft tissue healing and relevance to massage/bodywork treatment plan.
12. Understand pain patterns, pain pathways, and relevant pain-control practices as they relate to application of massage/bodywork.
13. Comprehend physiological and pathological processes of soft tissue trauma and repair and implications for the selection and application of massage/bodywork.
14. Understand soft tissue dysfunctions caused by client body mechanics, posture, and repetitive movements.
15. Understand contemporary pain control theories as they relate to application of massage/bodywork.
16. Comprehend standard precautions and sanitary practices for infection control.

OTHER BUSINESS – Jaylene Lewis is unable to serve on the committee and will be removed from the member list.

Reviewed new Board assignments to be completed after the model curriculum:
1. Should the Board accept only Board approved continuing education classes? If so, what topics should be accepted and approved by the Board?
2. Should the Board set standards for Continuing Education for providers? If so, what should the credentials/standards be for providers?

Next meeting 10-12pm, November 4, 2011
Homework - review Standard VII Skills & Abilities.
Adjourned at 11:53