



Be A Smart Driver

Think you have little control when it comes to getting stuck in traffic? Think there's really nothing you can do? Think again! Trip chaining and other travel options are easy ways to cut down on your time on the road. And they can save you money, too!

Each time you drive, it's money out of your pocket. Operating costs quickly add up—gas, parking, car maintenance and more! And that's on top of spending all that time in your car when you'd rather be doing something else.

Did you know?

- Most American families spend more on transportation than on healthcare, education or food.
- Shopping and leisure activities account for over half of all car trips.
- A daily commute of 20 miles round trip in your car can add up to more than \$2,000 per year, not including parking!
- It's projected that area residents will spend an additional 50 hours in traffic per year in the future as congestion increases.

How trip chaining works

Trip chaining takes a little planning, but it's easy to do.

- Start by developing a list of errands for the week.
- Plan the best route. Try using online services and/or GPS technologies.
- Decide on the best day and time to get multiple errands done.
- Avoid rush-hour traffic.

To drive or not to drive?

Sometimes being a smart driver is about knowing when travel options are the best way to get around. Think about taking the bus or MAX, carpooling, biking or walking. You've got more choices than you think—even if it's just hopping on the bus to get to that lunch meeting rather than taking your car.