

## **Adopt-A-Highway Safety Training & Hazardous Wastes and Your Well-being**

1991	ODOT	Video/VHS Format	19 min
<p>An excellent 2 part video for anyone working on roadside clean-up crews, or Adopt-a-Highway programs. It covers what to pick up and what NOT to pick up, where to pick up and how to dispose of the filled trash bags properly.</p>			
Part 1: Cleaning up a highway safely			11 min
Part 2: Safely picking up hazardous waste			8 min

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## **Assertive Communication Skills for Professionals (4 video set)**

1994	© CareerTrack Publications	Video/VHS Format	3 hrs 27 min
<p>Presents good techniques for dealing with passive, passive-aggressive, or aggressive persons. Stand-up presentation before a live audience. Presenter is Carol Price.</p>			

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## **Best Defense is a Good Road, The**

1987	AASHTO	Video/VHS Format	17 min
<p>A must see video concerning a downed-stop sign trial. Learn about training personnel, what paperwork is required, and what to do to fix the problem.</p>			

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## **Bridge Assessment for First Responders: Guidelines for Inspection after a Seismic Event**

1996	ODOT	Video/VHS Format	13 min
<p>How to conduct a visual inspection of bridges when you're the first on the scene.</p>			

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## **Bucket Trucks: Extending Your Safety**

2006	© Coastal	Video/DVD Format	15 min
<p>Ensure your safety by viewing this DVD on the correct and safe operation of bucket trucks. Disc contains both English and Spanish format, as well as a leader's guide and a customizable PowerPoint presentation. A booklet, test and answer key will be loaned with the disc.</p>			

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## **CDL Pre-Trip Inspection: Tractor Trailer Version**

1992	© Wumbus Corporation	Video/VHS Format	28 min
<p>This video simulates a live action pre-trip inspection test with an examiner, driver and vehicle.</p>			

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## **CDL Skills and Road Test: Tractor Trailer Version**

1992	© Wumbus Corporation	Video/VHS Format	25 min
<p>The tape simulates the test that covers the six basic controls: forward stopping, straight-line backing, alley docking, measured right turn, parallel parking and serpentine backing.</p>			

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## **Construction Career Days - A Step Into Your Future**

2005 Utah LTAP Video/DVD Format

The Utah LTAP initiated a committee of construction industry practitioners and educational partners, to plan and execute Utah Construction Career Days, in order to introduce high school students to career opportunities in the construction industry, from building trades to heavy construction. Activities included professional demonstrations, hands on participation and operation of heavy equipment.

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## **Day/Night Strategies for Shift Workers**

© National Sleep Foundation Video/VHS Format 11 min

Working odd shifts or ever-changing shifts can affect us in many ways. This video will give you an understanding of how shift changes affect workers and their lives. It provides 20 strategies to cope better with these issues and make for a safer work environment.

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## **Defensive Driving: I Could See it Coming**

2006 © The Training Network Video/VHS Format 15 min

This comprehensive defensive driving program discusses the factors that cause accidents and seven strategies for driving safely.

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## **Dig Our Message, Not Our Pipelines**

Pacific Coast Gas Association Video/VHS Format 22 min

Before digging with a backhoe, this video should be watched by all when there is any chance of hitting an underground utility line.

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## **Driver Safety- A Lifetime of Learning**

2004 © The Training Network Video/VHS Format 14 min

This exceptional video helps increase awareness while driving and teaches techniques and skills drivers can use.

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## **Equipment Tie-down: Tilt-bed Trailers**

1995 Washington State DOT Video/VHS Format 18 min

This video will give you instructions on how to safely hook trailer to towing vehicle. It also covers checking the trailer for defects, trailer hauling capacities, binders and chain requirements, and proper tie-down procedures.

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## **Flagging Operations and Procedures**

1993 S. Carolina DOT Video/VHS Format 23 min

If you are looking for a short flagging video that has some good tips about how to set up protection for various work areas, this video is a good choice.

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### **Forklift Safety Series: Forklift Basics**

© NUS Training Corp.

Video/VHS Format

18 min

Tape 1 of 3 in a series. This tape covers equipment basics; watch along with parts 2 and 3 for a good overall forklift safety introduction or update that is clearly presented. These videos are good preparation for required operator evaluations every 3 years.

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### **Forklift Safety Series: Forklift Safety Checks**

© NUS Training Corp.

Video/VHS Format

12 min

Tape 2 of 3 in a series. This tape covers pre-operational and operational safety checks. Watch along with parts 2 and 3 for a good overall forklift safety introduction or update that is clearly presented. These videos are good preparation for required operator evaluations every 3 years.

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### **Forklift Safety Series: Safe Forklift Operation**

© NUS Training Corp.

Video/VHS Format

16 min

Tape 3 of 3 in a series. This tape covers the basic safe operation of a forklift; watch along with parts 2 and 3 for a good overall forklift safety introduction or update that is clearly presented. These videos are good preparation for required operator evaluations every 3 years.

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### **How to Deal with Difficult People (2 video set)**

1989 © CareerTrack Publications

Video/VHS Format

Very entertaining presentations that can be viewed in sections.

Volume 1: Types of people

90 min

Volume 2: Coping with chronic problem people

90 min

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### **Interpersonal Communication Skills (4 video set)**

1994 © CareerTrack Publications

Video/VHS Format

4 hrs 23 min

A program of good conversational skills for talking and listening. Stand-up presentation before a live audience. Presenter is Debra Sutch.

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### **Landscaping Equipment: Safety and Maintenance**

1994 © Wumbus Corporation

Video/VHS Format

15 min

Watch proper procedures when working with chemicals and hazardous materials. This tape also covers operating mowers, cutters, trimmers and weed eaters.

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### **Layton Manufacturing Tow Paver Training**

Layton Manufacturing

Video/VHS Format

20 min

This video covers training and safety for tow pavers which can be used for most governmental and commercial paving applications, are a third of the cost, have fewer systems to fail, and provide ease in transporting and operation.

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## **RCRA Small Quantity Generators: A Commitment to the Future**

2005 © Coastal Video/DVD Format 24 min

Presented in both English and Spanish, this DVD covers an overview of the Resource Conservation and Recovery Act that was passed to regulate the disposal of hazardous waste. The disc includes a leader's guide and a customizable PowerPoint presentation. A booklet, test and answer key will be loaned with the disc.

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## **Real Life...Safe Driving**

1999 © Coastal Training Technologies Video/VHS Format 18 min

This is a very good video on defensive driving. It covers the 3 most important aspects of being a good driver: attitude, action and awareness.

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## **Safety Committees for the Real World**

2007 OR OSHA, DCBS Video/DVD Format

The purpose of a safety committee is to bring workers and managers together to achieve and maintain a safe, healthful workplace. With this DVD, which also has forms, publications and more, you can learn how to start a safety committee that is effective.

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## **SI Metric for the Workplace (3 video set)**

1992 © Workplace Training Video/VHS Format 15 min

Tape 1: Introduction to Metric

- History of metric system
- Most common units and prefixes

Tape 2: Units of Measure 17 min

- The seven metric base units
- Derived and non-metric units
- Prefixes for both base and derived units

Tape 3: Reading and Writing Rules 19 min

Discusses the strict rules that must be followed when using SI metric. These programs will be most effective when used as part of an agency's overall metric training program. Participant workbook materials are available for use with the programs but a \$2 per set licensing fee must be paid to the copyright holder.

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## **Street Smart: Driving Skills Summit Training**

2003 © The Training Network Video/VHS Format 12 min

This video presents safe driving responsibilities and driving skills to reduce risk exposure.

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## **Stress Management for Professionals (3 video set)**

1988 © CareerTrack Publications Video/VHS Format 3 hrs 51 min

Well presented program in which the speaker provides a strategy for stress management. Stand-up presentation before a live audience. Presenter is Roger Mellott.

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**Systems Lifting - #984**

1999 © Long Island Productions, Inc. Video/VHS Format 34 min

There are good and bad ways to lift and turn while performing a job. This video shows there are safe ways to accomplish needed tasks and reduce back injuries.

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**Systems Lifting - 2000 #985**

2000 © Long Island Productions, Inc. Video/VHS Format 14

This video covers the basic of how to avoid back injuries. It is a shorter version of Systems Lifting #984.

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**Team of Your Life, The**

© Caterpillar Video/VHS Format 18 min

This film tells a people management story through the experiences of a young contractor. The contractor builds a team of himself and his employees. Good for new and experienced supervisors.

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**Timber Bridges Inspection**

ODOT Video/VHS Format 49 min

Need to learn the basics of bridge inspection? This tape will teach you where and how to inspect all types of wooden bridges, as well as explain the paperwork that needs filled out.

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**Ultimate Driving Challenge**

1994 Buckley Productions Aims Multimedia Video/VHS Format 30 min

What do you do when faced with unexpected driving situations, such as drunk drivers, road hazards or emergency vehicles? This tape presents a series of driving situations, each of which is followed by questions posed by Craig T. Nelson and Paula Zahn, which are then reviewed through recreations of the situation.

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