

## **From: Oregon Health Improvement Plan Committee**

**DRAFT July, 2010**

### **HIP Recommendations to Public Employers Health Purchasing Committee**

1. Organize OHA services such that full integration of mental health, addictions, oral and physical health care is achieved.
2. OHA purchased health care benefits reimburse:
  - evidence-based tobacco cessation that meets US Preventive Services Task Force recommendation
  - evidence-based chronic disease self-management programs such as Living Well
  - evidence-based weight management programs such as Weight Watchers
  - diabetes daily glucose testing supplies
  - lactation-related durable medical equipment and lactation specialists to provide lactation services
  - nutrition consultation with a registered dietitian and physical activity consultation with a certified exercise physiologist, and consider other medical and surgical treatment options following evidence-based reviews
3. Model health care benefits provided by all employers include tobacco cessation, lactation services and equipment, preventive screenings, chronic disease self-management, mental health and dental care.