



**Oregon Health Plan (Medicaid)**

**800-699-9075 or contact your local DHS office**

[www.oregon.gov/OHA/healthplan/app\\_benefits/main.shtml](http://www.oregon.gov/OHA/healthplan/app_benefits/main.shtml)

The Oregon Health Authority (OHA) offers Oregon Health Plan (OHP) coverage to low-income Oregonians through two benefit packages: OHP Plus and OHP Standard. OHP Plus offers comprehensive medical benefits and OHP Standard offers limited medical benefits for adults. OHP covers medical, dental, vision, prescription drugs, mental health, and addition services. Individuals who qualify receive one year of renewable benefits.

**Individuals who are:** under age 19 (see information about the Healthy Kids program below); pregnant; disabled or; receiving Medicare may qualify for OHP Plus. Some OHP Plus clients pay small co-pays depending on the eligibility.

**Uninsured adults (age 19 and older) who are:** not pregnant; do not have Medicare; and meet income requirements (income up to 100% FPL) may qualify for OHP Standard. To be considered for OHP Standard, individuals may sign up for the random drawing. Go to [OHPLIST.oregon.gov](http://OHPLIST.oregon.gov), call 800-699-9075 or visit to your local DHS field office or any OHA partner site to sign up. Most OHP Standard clients pay a small monthly premium.



**Healthy Kids — 877-314-5678**

[www.oregonhealthykids.gov](http://www.oregonhealthykids.gov)

Healthy Kids is for Oregon children and teens up to age 19. It includes medical, dental, vision, prescription drugs, mental health coverage, and substance abuse treatment. Even middle-income families can qualify for no-cost or low-cost coverage. Once enrolled, a child will usually receive coverage for one full year. Healthy Kids coverage is intended for children and teens that do not have insurance. Although there are exceptions, the child or teen must have been without insurance for two months to qualify.

Depending on household income, a family may qualify for Healthy Kids in one of the following ways: 1) No-cost coverage through OHP-Plus; 2) Low-cost coverage through Healthy KidsConnect private health insurance or a premium subsidy for enrolling in a qualified employer health plan (ESI); 3) Full-cost, private health insurance through Healthy KidsConnect. A family will be told which plans are available to them, once eligibility is determined. The Oregon Health Plan-Plus (OHP-Plus) is administered by the Division of Medical Assistance Programs and Healthy KidsConnect and Healthy Kids ESI are administered by the Office of Private Health Partnerships.



**Family Health Insurance Assistance Program (FHIAP) — 888-564-9669**

[www.fhiap.oregon.gov](http://www.fhiap.oregon.gov)

FHIAP helps Oregon families pay up to 95 percent (100 percent for kids ages 0 through 18) of the monthly premium for private health insurance plans. Applicants must be uninsured (or have an exception, like COBRA) and meet income and other rules. Individuals and families use FHIAP to pay for job-based insurance or to buy an individual health plan, if insurance is not available through an employer. Members pay for co-pays and deductibles.



**Oregon Medical Insurance Pool (OMIP)/**

**Federal Medical Insurance Pool (FMIP) — 800-848-7280**

[www.omip.state.or.us](http://www.omip.state.or.us)

OMIP covers adults and children who can't obtain other medical insurance because they have pre-existing medical conditions, exhausted their employer-based COBRA benefits, have no commercial portability plan available or are eligible for the Federal Health Coverage Tax Credit. FMIP is an option for those who have been without insurance for the last six month and who meet citizenship requirements. OMIP/FMIP benefits are comprehensive and premiums vary by age and plan choice. OMIP/FMIP is not a low-cost health insurance program. However, FHIAP members may use their subsidies to help pay the premiums for some OMIP/FMIP insurance plans.



**Department of Consumer & Business Services (DCBS)  
Consumer Advocacy Unit — 888-877-4894**

[www.insurance.oregon.gov](http://www.insurance.oregon.gov)

The Insurance Division's consumer advocates provide free help to consumers who have insurance questions and complaints. The Insurance Division is a state office that is part of the Department of Consumer & Business Services, Oregon's largest regulatory agency.



**Oregon Health Connect — 855-999-3210**

[www.oregonhealthconnect.org](http://www.oregonhealthconnect.org)

This state website links you to information about health care and health insurance in Oregon. Its Resource Directory allows you to search for state and local insurance programs and to connect to community organizations that provide health services.



**Oregon Prescription Drug Program (OPDP)  
800-913-4146**

[www.opdp.org](http://www.opdp.org)

The Oregon Prescription Drug Program (OPDP) is the state prescription drug purchasing pool that offers a discount card that may save you money on prescription drugs. There is no cost for the card and all Oregonians may sign up.

OPDP provides an average savings of 42 percent. All prescription drugs are covered with the highest discount on generics. There is no paperwork required to join and no age or income limit. *Sign up today.* It only takes a few minutes to enroll by phone 800-913-4146 or at [www.opdp.org](http://www.opdp.org).



**Oregon SafeNet — 800-723-3638 (SAFENET)**

[www.oregonsafenet.org](http://www.oregonsafenet.org)

A free, information and referral helpline for Oregon. Learn where to go for low cost medical help immunizations, and women's health needs; for help and information about food stamps, WIC, OHP, and other government programs; to find help for basic needs – food, shelter, bills, etc.; to learn about organizations in your community who can help you with your unique needs; and to get help from a live person with interpreters ready to help in 150 different languages.



**Senior Health Insurance Benefits Assistance (SHIBA) — 800-722-4134**

[www.oregonshiba.org](http://www.oregonshiba.org)

SHIBA is a federal/state program that provides free and unbiased advice to people with Medicare and their families. Trained SHIBA volunteers provide personalized counseling to help people with Medicare make insurance choices. Medicare is a federal program of hospital, medical and prescription drug insurance for people who are 65 or older, disabled, or with End-Stage Renal Disease (permanent kidney failure). Medicare does not cover 100% of medical expenses or the costs of long-term care.



**OHP — Call your Area Agency on Aging or local DHS office**

Local DHS offices: [www.oregon.gov/DHS/localoffices/index.shtml](http://www.oregon.gov/DHS/localoffices/index.shtml)

Oregon Health Plan offers services for low-income people on Medicare. These include Medicaid comprehensive and long-term care coverage and help paying Medicare premiums, deductibles and coinsurance.