



Addictions and Mental Health Division  
 Integrated Conference  
*Hope, Resilience, Recovery*

May 25-27, 2010  
 Red Lion Hotel  
 Salem, Oregon

**Wednesday, May 26, 2010**  
**8:30 am to 5:00 pm**  
**Program Brochure**

8:30 - 8:45	Welcoming Karen Wheeler, MA, AMH Addiction Programs Administrator
8:45 – 10:15 <i>Jefferson I, II &amp; III Rooms</i>	<b>KEYNOTE: The Hungry Ghost: A Biopsychosocial Perspective on Addiction, from Heroin to Workaholism</b> Gabor Maté, M.D., Physician, Author, Public Speaker
10:15 – 10:45	<b>BREAK</b>
10:45 – 12:15 pm	<b>WORKSHOP 1: SELECTIONS</b>
<i>Jefferson III Room</i>	<b>In the Realm of Hungry Ghosts</b> Gabor Maté, M.D., Physician, Author, Public Speaker This workshop will discuss the epidemic of addictions in our society, tells us why we are so prone to them and what is needed to liberate ourselves from their hold on our emotions and behaviors.
<i>Oregon Room</i>	<b>The Death of Client Process Monitoring System (CPMS) and the Birth of the Electronic Behavioral Health Record Reporting in Oregon</b> Jon C. Collins, PhD, AMH Manager of Program Analysis and Evaluation Unit This workshop will discuss the importance of reporting administrative and clinical data and the link to future directions in the collection and use of that data.
<i>Jefferson I</i>	<b>SPF for Oregon- Coordinator Discussion</b> AMH Prevention Specialists Join the conversation. Workshop discusses the vision, planning and implementation of the Oregon State Prevention Framework (SPF) - State Incentive Grant.

10:45 – 12:15 pm	<b>WORKSHOP 1: SELECTIONS (continued)</b>
<b><i>Mazama Room</i></b>	<p><b>The Power of Peer Supports: Healing Each Other, Healing Ourselves</b>                      Angel Moore, Program Coordinator at David Romprey Oregon Warmline                      Amy Zulich, Program Coordinator at Empowerment Initiatives Inc.                      Attendees of this workshop will learn about two exciting programs that provide wellness and recovery supports while providing employment opportunities for peers in Oregon. Angel Moore will provide an overview of the David Romprey Oregon Warmline’s design, statistics, and growth, while sharing about Intentional Peer Support (IPS). Amy Zulich will present an overview of Empowerment Initiatives’ current programs: brokerages that enable participants to create their own goal plans and budgets; and on-site Peer Mentor Services in the Villebois community.</p>
<b><i>Bachelor Room</i></b>	<p><b>Metabolic Syndrome: Who’s at Risk</b>                      Cydreese Aebi, PhD, Registered Pharmacist (RPh), Clinical Pharmacy Coordinator at Oregon State Hospital (OSH)                      This workshop will identify Metabolic Syndrome, who in the general population is at risk, why people at OSH are at high risk, why the Metabolic Syndrome Clinic was started and outcomes from the first 6 months.</p>
<b><i>Jefferson II Room</i></b>	<p><b>Parent Child Interaction Therapy (PCIT): Strengthening the Bond</b>                      Katie Curtis, MS, Youth Contact in Washington County                      Christine Hall, MSW, LCSW, Yamhill County Youth and Family                      Gwen Kraft, MA, LPC, Marion County Children’s Behavioral Health                      Ms. McDonald, parent and community member                      Kathy Seubert, MSW, LCSW, AMH Child and Adolescent Mental Health Program Specialist                      Erin Sewell, MSW, LCSW, Lifeworks NW                      Laurie Theodorou, MSW, LCSW, Jackson County Mental Health                      PCIT, an evidence-based practice, promotes an authoritative parenting style used with children 2-7 years old. Therapists coach parents during sessions and parents practice and demonstrate knowledge and skills for supporting social interaction. “.... Our child’s behavior has grown more responsive, self-esteem has increased because we are more positive parents.” –<i>Quote from a parent</i></p>

10:45 – 12:15 pm	<b>WORKSHOP 1: SELECTIONS (continued)</b>
<i>Hood Room</i>	<p><b>Early Psychosis Intervention: Progress to Date on Bringing the State-of-the-Art to Oregon</b>            Ryan Melton, Licensed Professional Counselor (LPC), National Certified Counselor (NCC) and PhD student, Mid-Valley Behavioral Care Network, Early Assessment and Support Team (EAST) Program            Tamara Sale, MA, Mid-Valley Behavioral Care Network, Early Assessment and Support Team (EAST) Program            Oregon is the first state in the U.S. to implement early psychosis intervention as a standard of care. This workshop will describe Oregon's experience with EAST and Early Assessment and Support Alliance (EASA), and how early psychosis intervention is beginning to spread nationally in the U.S.</p>
12:15 – 1:30	<b>BOX LUNCH</b>
1:30 – 3:00	<b>WORKSHOP 2: SELECTIONS</b>
<i>Jefferson III Room</i>	<p><b>When the Body says No: Mind/Body Unity and the Stress-Disease Connection</b>            Gabor Maté, MD, Physician, Author, Public Speaker            Stress is ubiquitous these days — it plays a role in the workplace, in the home, and virtually everywhere that people interact. The brain and body systems that process emotions are intimately connected. In an important sense, disease in an individual can be seen as the “end point” of a multigenerational emotional process. If properly understood, these conditions can provide openings for compassion and self-awareness, which in turn are major tools in RECOVERY and HEALING.</p>
<i>Mazama Room</i>	<p><b>Traumatic Experiences, Developing Brains &amp; Neural Pathways to Healing</b>            Julie Rosenzweig, PhD, LCSW, Professor at the School of Social Work at Portland State University            Understanding the adaptive and resilient capacities of the brain provides important information about the effects of traumatic experiences on behavioral, emotional, cognitive, and relational functioning. Anchored in neuroscience, this workshop offers strategies to create trauma-sensitive supports for children, youth, and their families.</p>

1:30 – 3:00	<b>WORKSHOP 2: SELECTIONS (continued)</b>
<i>Jefferson I Room</i>	<p><b>Better Together: Coalition Building and Development</b>                      Nigel Wrangham, CADCI, Certified Prevention Specialist (CPS)                      Coalitions are most effective when they have three core elements: a clear vision, strong leadership, and diverse membership. Learn and share ways <i>your</i> community coalition can be all that it can be.</p>
<i>Jefferson II Room</i>	<p><b>Best Practices for Women involved in the Criminal Justice System</b>                      Felesia Otis, BS, CADC II, Clinical Director, Community Partners Reinvestment Project, Volunteers of America Oregon                      This workshop is an overview of the latest research and literature on women involved in the criminal justice system. It addresses women offender’s unique risk factors and treatment needs, as well as the guiding principles which support gender responsive programming and interventions. We will review the “Women’s Case Management Model” currently being implemented and researched through the National Institute of Corrections.</p>
<i>Hood Room</i>	<p><b>Advanced Grassroots Recovery Advocacy Training</b>                      Gary Cobb, Community Outreach Coordinator, Central City Concern                      This session is an overview of effective recovery advocacy skills and techniques. It focuses on advocacy styles, cultures and patterns. We will discuss 501(C)3 do’s and don’ts for non-profit recovery organizations.</p>
<i>Bachelor Room</i>	<p><b>42 CFR and HIPAA (Health Insurance Portability and Accountability Act)</b>                      Christina Gardner, MPA, HIPAA Privacy/Security Officer for Mental Health and Addiction Services of Multnomah County                      Ray Hudson, Addictions Manager of Multnomah County                      The two confidentiality laws are similar and have over-lapping structures. This presentation will be a refresher of the two, with an emphasis on the more restrictive Alcohol and Drug Confidentiality Rule.</p>
3:00 – 3:30	<b>BREAK</b>

3:30 – 5:00	<b>WORKSHOP 3: SELECTIONS</b>
<i>Jefferson I Room</i>	<p><b>Long Term Recovery: Integrating Wholistic, Spiritual and Alternative Therapies</b>                      Debra Buffalo Boy Bigelow, CADCI, Training Manager &amp; Native American Consultant for MultiCultural Consultants                      This presentation will provide an overview of mosaic therapies reflecting the resources and cultural needs of our clients in helping them create deep, lasting and rewarding recovery. Traveling the path of valuing the importance of a culturally viable approach to healing.</p>
<i>Jefferson II Room</i>	<p><b>“Oregon Moves Forward” AMH's Young Adults in Transition and Youth M.O.V.E. Oregon</b>                      Martin Rafferty, Director of Youth Move Oregon                      Damien Sands, AMH Young Adult Services Specialist                      This presentation will focus on developing a Young Adult System from the perspective of a State agency, and a community based advocacy group.</p>
<i>Jefferson III Room</i>	<p><b>Trauma Informed Care for Men</b>                      Patrick A. Risser, BA                      This workshop (for everyone) will discuss trauma and issues for male trauma survivors, including the importance of gender specificity in responding to experiences of violent victimization. Data presented will include prevalence of trauma experiences; the impact of trauma; characteristic male coping styles; and models for male trauma recovery and healing.</p>
<i>Bachelor Room</i>	<p><b>From the Inside Out: Environmental Conditions and Strategies</b>                      Nigel Wrangham, CADCI, Certified Prevention Specialist (CPS)                      Every prevention group wants to use environmental strategies. The trouble is, there’s little agreement on what this means, let alone how to do it. Come learn about the Big Four conditions around substance abuse, and specific ideas for improving those conditions.</p>
<i>Hood Room</i>	<p><b>Improving Access, Retention and the Bottom Line</b>                      Steve Gallon, PhD, Northwest Frontier Addiction Technology Transfer Center (NFATTC) Director, Oregon Health and Science University                      Network for the Improvement of Addictions Treatment (NIATx) methods for improving clinical and business processes are proving to be indispensable in the changing landscape of recovery services. You will hear about how simple no-cost changes have had huge impacts on client retention, staff satisfaction and agency stability. Success stories will feature specific methods and tools for service improvement.</p>

3:30 – 5:00	<b>WORKSHOP 3: SELECTIONS (continued)</b>
<i>Oregon Room</i>	<p><b>It's Our Turn: Using the National Consensus Standards of Care to Measure Quality and Effectiveness in Addiction Services</b>                      Traci Rieckmann, PhD, Research Assistant Professor, Oregon Health and Science University                      Karen Wheeler, M.A., AMH Addiction Programs Administrator                      This workshop will provide an overview of the National Consensus Standards for the Treatment of Substance Use Conditions: Evidence-Based Treatment Practices. These standards were developed by the National Quality Forum, “a private, nonprofit, open membership, public benefit corporation whose mission is to improve the American healthcare system so that it can be counted on to provide safe, timely, compassionate, and accountable care using the best current knowledge.” Participants will discuss how they might apply the standards in practical terms.</p>
<i>Mazama Room</i>	<p><b>Natural Approaches for the Treatment of People with Bipolar Disorder and Schizophrenia</b>                      Eva Edelman, Naturopathic Doctor (ND)                      Chris Foulke, Nutritional Therapy Practitioner (NTP), BS, BA                      This workshop is an overview of natural approaches for treating people with bipolar disorder and schizophrenia. We will discuss some of the important nutrients; look at the major biotypes and the role of allergies, toxic factors, and health issues in healing options. We will focus on the importance of biochemical individuality; explore research issues and share what we know about outcomes.</p>