



Addictions and Mental Health Division
 Integrated Conference
Hope, Resilience, Recovery

May 25-27, 2010
 Red Lion Hotel
 Salem, Oregon

Thursday, May 27, 2010
8:30 am to 5:00 pm
Program Brochure

8:30 - 8:45	Welcoming Richard L. Harris, AMH Assistant Director
8:45 – 10:15 <i>Jefferson I, II & III Rooms</i>	KEYNOTE: Stand up for Mental Health: Using Humor To Fight The Stigma David Granirer, Counselor and Author
10:15 – 10:45	BREAK
10:45 – 12:15 pm	WORKSHOP 1: SELECTIONS
<i>Mazama Room</i>	KEYNOTE: Sustaining the Momentum for Change ... Hope, Resilience and Recovery is for Leaders too! Katharine Cahn, PhD, MSW, Executive Director Center for Improvement of Child and Family Services, Portland State University Christine Stolebarger, Parent Mentor and Leader
<i>Jefferson III Room</i>	Getting the Laughs You Need David Granirer, Counselor and Author Laugh your head off at this thought-provoking presentation looking at the lighter side of front-line work. You'll love listening to David's irreverent, neurotic views on his experiences as both a client and a counselor. This presentation also teaches you how to use humor with clients and as a form of self-care. You'll learn: <ul style="list-style-type: none"> • How to use humor to overcome burnout. • How humor lessens the effects of trauma. • How humor builds self-esteem. • How to help clients use humor to generate insight. • How your clients can use humor to turn their dysfunctions into strengths.

10:45 – 12:15 pm	WORKSHOP 1: SELECTIONS (continued)
<i>Hood Room</i>	<p>Network for the Improvement of Addictions Treatment (NIATx) Success Stories Craig Burmeister, Qualified Mental Health Professional (QMHP), CADC I, ADAPT Counseling and Treatment Services Ed Burns, CADCII, CGACII, Addictions Recovery Center Tanya Pritt, CADC II, Milestones Family Recovery Inc. Rick Treleaven, LCSW, BestCare Treatment Services, Inc. Representatives from DePaul Treatment Centers A panel of Oregon alcohol and drug providers will share their success stories using the NIATx model. NIATx encapsulates innovative approaches regarding process improvement strategies for addiction treatment providers.</p>
<i>Oregon Room</i>	<p>Guidelines for Families and Consumers about the Civil Commitment Process in Oregon Keith Breswick, AMH Civil Commitment Coordinator This presentation will answers questions such as: What is civil commitment? Who can be committed? How the civil commitment process begins? Rights of a person in custody? What happens at a hearing? What are the options for placement of someone who is civilly committed?</p>
<i>Jefferson II Room</i>	<p>Principles of Evidence-Based Practices for Individuals in the Criminal Justice System Darcy Edwards, PhD, MSW, CADC III, AMH Health Professionals Program Manager The workshop will provide an overview of the principles of effective interventions for individuals who are involved in the criminal justice system. It will assist providers to understand and implement the aspects of the new Integrated Services and Supports Rule that relate to specialized alcohol and other drug community-based programs.</p>

10:45 – 12:15 pm	WORKSHOP 1: SELECTIONS (continued)
<i>Jefferson I Room</i>	<p>A Bird's Eye View of Integrated Trauma Care: Where Mind and Body Intersect Loren Meltzer, Juris Doctor (JD), LPC, CADC Matt West, Naturopathic Doctor (ND)</p> <p>This workshop will present case studies from an integrated naturopathic and behavioral healthcare practice, emphasizing the need for close coordination of care for individuals presenting with a myriad of stress related medical and psychological symptoms. We will explore how stress related somatic symptoms need to be identified and treated simultaneously by medical and behavioral health providers. We will explore in detail how stress and post-traumatic stress produces an array of related fight-or-flight, musculoskeletal, inflammatory, immune suppressant, psychological and physical pain symptoms that require careful integrated care to promote individual wellness.</p>
<i>Bachelor Room</i>	<p>Veterans at Risk: Using Military Readiness, Resilience and Recovery as Opportunities for Trauma Informed Care Elan Lambert, Executive Director of Oregon Partners in Crisis</p> <p>Since 2001, over 12,000 Oregon soldiers have deployed in support of Operation Enduring Freedom (Afghanistan) and Operation Iraqi Freedom (OIF), with some soldiers deploying multiple times. Upon their return, these veterans may find themselves embroiled in marital, employment, or mortgage crisis; homeless; dealing with Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI) or Military Sexual Trauma (MST). Through presentation and panel format, attendees will gain an understanding of military readiness, resilience and recovery as tools in providing trauma-informed care to veterans.</p>
12:15 – 1:30	BOX LUNCH
1:30 – 3:00	WORKSHOP 2: SELECTIONS
<i>Jefferson I Room</i>	<p>Recovery: Latino, Incarceration and Mental Illness Ricardo Olalde, MS, Certified Criminal Justice Specialist (CCJS), CADCI, NCACII, Multicultural Consultants, LTD</p> <p>This presentation focuses on the mental health and addiction issues presented by the Latino offender in correctional settings. It will include cultural implications and promising approaches to treatment.</p>

1:30 – 3:00	WORKSHOP 2: SELECTIONS
<i>Mazama Room</i>	<p>Creating Recovery-Oriented Services Lori Ashcraft, PhD, Executive Director of Recovery Innovations Ever think of putting a welcome sign out in front of your program? This may be an indication of your commitment to providing services that have been proven to support the recovery process for people diagnosed with mental illnesses and addictions. This fun and entertaining workshop will describe the components of a recovery-oriented program and give you tips on how to develop them.</p>
<i>Jefferson III Room</i>	<p>Wraparound New Solutions Tammy Brister, Marion County Family Support Partner Dawn Cottrell, Yamhill County Youth and Families Ishawn Ealy, Marion County Wraparound Facilitator Cydney Nestor, Marion County New Solutions See high fidelity wraparound demonstrated through a role play of a Wrap meeting. The wrap facilitator and family support partner roles and the organizational supports to prevent model drift will be highlighted.</p>
<i>Jefferson II Room</i>	<p>Peer-Delivered Services: Family and Young Adult Navigator Kris Anderson, Oregon Family Support Network Martin Rafferty, Director of Youth MOVE Oregon Harriet Saturen, Jackson County Participants will gain a better understanding of peer-delivered services and how the Family Navigator program has evolved. A sneak peek at the Young Adult Navigator program will be shared.</p>
<i>Oregon Room</i>	<p>Mothering the Mother in Recovery: A Traditional Model of Care Shafia M. Monroe, Certified Midwife, President and CEO of the International Center for Traditional Childbearing (ICTC) Learn how to support pregnant women and new mothers to enhance their hope, resilience and recovery. This is a how-to workshop, based on the legacy of the African American midwife and evidence- based data on the importance of mothering the mother.</p>
<i>Hood Room</i>	<p>Women’s Treatment Model with Children, Adults, and Families Tanya Pritt, CADC II, Milestones Family Recovery, Inc. Claudia Wilcox, CADC II, Alcohol and Drug Consultant The Milestone’s Model promotes individual enrichment using trauma-informed and trauma sensitive, evidence-based models of care. Milestones promotes the relationship among program, client, families and collateral community based resources which result in positive outcomes for parents and children. While encouraging the development of personal recovery foundation, with therapeutic treatment facilitation, individuals are coached by compassionate counselors.</p>

3:00 – 3:30	BREAK
3:30 – 5:00	WORKSHOP 3: SELECTIONS
<i>Mazama Room</i>	<p>Integrating Peers into the Workforce Lori Ashcraft, PhD Executive Director of Recovery Innovations What? Adding peers to MY work place? Don't know if this will work! Well, get ready to find out how many organizations are benefiting from adding peers to their workforce and the critical role peers play in engaging and supporting others.</p>
<i>Jefferson III Room</i>	<p>Through the Eyes of a Melting Icicle: The Alchemy of Transformation Bruce Livingston, PlayWrite, Inc Co-Presenters: Chris Larsen, Alyson Osborn, and Timothy Scarrott Creating non-human characters that bare the emotional truths of the author, making the effort of putting feelings into words, accepting the challenges presented by one's coach... these are the creative struggles that youth (most with trauma histories) experience in a PlayWrite workshop. We will demonstrate some of the techniques and strategies used by coaches in our playwriting workshops, and describe the consequent transformations through the lens of Interpersonal Neurobiology. "Every work of art points somewhere beyond itself, transcending itself and its author; it creates a special force field... that moves the human mind and the human nervous system." (Vaclav Havel)</p>
<i>Jefferson II Room</i>	<p>Involving Families as Advisors Shelley Joyce, Oregon Family Support Network Dawn Cottrell, Program Manager, Yamhill County Family and Youth Programs Are you looking for ways to involve families as policy partners? Family members have a lot to offer, teach and share. Incorporating their unique perspectives and feedback will result in positive outcomes. Often, organizations are at a loss as to how to recruit and train families to become these valuable partners. Come learn about the barriers to effective partnership with family members and how you can overcome them to have effective family voice in your organization.</p>

3:30 – 5:00	WORKSHOP 3: SELECTIONS (continued)
<i>Jefferson I Room</i>	<p>Collaborative Problem Solving: Project Oregon Kris Anderson, Oregon Family Support Network Joseph Leykam, MSW, LCSW, Yamhill County Health and Human Services Rita McMillan, LCSW, AMH Children's Mental Health Specialist</p> <p>Participants will be introduced to Collaborative Problem Solving (CPS) through video with Dr. J. Stuart Ablon, the Director of Think:Kids. The spread of CPS throughout Oregon has been "explosive". Participants will learn of the successes and challenges from the perspective of AMH's leader in CPS: Project Oregon, as well as from a provider and consultant's perspective, and from a family member using CPS as the basis for a peer-delivered service.</p>
<i>Hood Room</i>	<p>National and State View of Network for the Improvement of Addiction Treatment (NIATx) Dennis McCarty, PhD, Oregon Health and Science University, Health Services Research Diane Lia, MSW, LCSW, CADCI, AMH Policy and Program Specialist Brenda Story, Executive Director, Unio Recovery Center</p> <p>This workshop will provide an overview of NIATx strategies and results. Discussion examines the extension of the NIATx model in NIATx 200 and Advancing Recovery and describes initial findings. In addition, it covers the application of the NIATx model to the Institute of Medicine's six dimensions of quality health care and behavioral health care.</p>
<i>Washington Room</i>	<p>Screening, Brief Intervention and Referral to Treatment (SBIRT): Making a Difference in the Primary Care Medical Setting John Muench, MD, MPH, OHSU Department of Family Medicine</p> <p>An overview of the SBIRT process in medical offices will be presented. Our "SBIRT Oregon: Primary Care Residency Initiative" curriculum will be briefly reviewed, including the medical office screening tools and processes created for this. We will discuss perceived barriers on the part of primary care clinicians to refer into AOD treatment and ways in which these might be overcome.</p>