

Keynote Presentations

Tuesday, May 25, 2010



Supporting Strong Latin Children and Families in Oregon: Links between Acculturation and Behavioral Health

Charles Martinez, Jr., Ph.D

Latinos are the fastest growing racial/ethnic subgroup in the United States and Oregon ranks high among a group of states where the growth rate for the Latino population is exceptionally steep. Unfortunately, our understanding about the strengths and challenges faced by Latino families in emerging communities has lagged far behind the growth rate. As a result, educational, public health, and social services systems are often unprepared to serve this diverse population of Oregonians. Drawing from more than a decade of community collaborative research designed to better understand how acculturation factors are linked to behavioral health outcomes among Latino families in Oregon, the presentation will: (1) provide descriptive information about Latino families in Oregon and the challenges many face, (2) identify key contextual and family-level factors that promote cultural strengths and healthy outcomes for Latino families, and (3) discuss promising culturally specific intervention approaches that are likely to strengthening outcomes for Latino families.

Dr. Charles Martinez is a clinical psychologist and senior scientist at the Oregon Social Learning Center in Eugene, Oregon and directs the OSLC Latino Research Team. He also serves as the Vice President for Institutional Equity and Diversity at the University of Oregon and has taught graduate courses in multiculturalism and diversity as an associate professor in the College of Education. He is the principal investigator on NIH research projects designed to examine risk and protective factors involved in linking acculturation to behavioral health outcomes for Latino families and to develop and test culturally specific interventions for Latino families at risk of behavioral health problems.

For more information, visit:

<http://education.uoregon.edu/faculty.htm?id=205>

Keynote Presentations

Tuesday, May 25, 2010

The Evolving Science of Relapse and Recovery

Darryl S. Inaba, PharmD. CADC III



Despite passage of the Addiction Equity Act in 2008, great stigma exists about those vulnerable to Substance Use Disorder. Nowhere is that stigma more greatly imposed than during the process of relapse after periods of abstinence and progress. Brain imaging and other research continue to discover variances in neuro-function and neuro-pathways that underlie compulsion to drugs and alcohol, dysfunction in controlling their use and especially anomalies in those prone to chronic relapse. This presentation will show evidence of these differences and explore new perspectives on relapse.

Darryl is currently the Director of Clinical and Behavioral Health Services for Addictions Recovery Center in Medford, Oregon, Associate Clinical Professor at the University of California in San Francisco, CA., Special Consultant, Instructor, at the University of Utah School on Alcohol and Other Drug Dependencies in Salt Lake City, UT and a Lifetime Fellow at Haight Ashbury Free Clinics, Inc., in San Francisco, CA.

For more information, visit: <http://www.cnsproductions.com/46.html>

Keynote Presentations

Wednesday, May 26, 2010



The Hungry Ghost: A Biopsychosocial Perspective on Addiction, from Heroin to Workaholism
(Based on the book *In the Realm of Hungry Ghosts: Close Encounters with Addiction*)
Gabor Maté, M.D.

In this new book, bestselling writer and physician Gabor Maté looks at the epidemic of addictions in our society, tells us why we are so prone to them and what is needed to liberate ourselves from their hold on our emotions and behaviors

For over ten years Gabor Maté has been the staff physician at the Portland Hotel, a residence and harm reduction facility in Vancouver BC's Downtown Eastside. His patients are challenged by life-threatening drug addictions, mental illness, Hepatitis C or HIV and, in many cases, all four. But if Dr. Maté's patients are at the far end of the spectrum, there are many others among us who are also struggling with addictions. Drugs, alcohol, tobacco, work, food, sex, gambling and excessive inappropriate spending: what is amiss with our lives that we seek such self-destructive ways to comfort ourselves? And why is it so difficult to stop these habits, even as they threaten our health, jeopardize our relationships and corrode our lives?

For more information, visit: <http://www.drgabormate.com/>

Keynote Presentations

Thursday, May 27, 2010

Stand up for Mental Health: Using Humor To Fight The Stigma

David Granirer, counselor and stand-up comic



You have to be nuts to take counselor and stand-up comic David Granirer's *Stand Up For Mental Health* program where he teaches stand-up comedy to people with mental illness, but the results can be life-changing! This hilarious presentation is part comedy and part education. David, who himself suffers from depression, looks at how humor can help fight the stigma around mental illness. Through video clips, you'll get to see examples of his comics breaking down barriers by finding the lighter side of their mental health journeys.

A pioneer in the use of humor to increase wellness, reduce stress, and cope with change, David has also taught stand up comedy to recovering drug addicts and cancer patients. He founded Stand Up For Mental Health (SMH), a program teaching stand-up comedy to people with mental illness as a way of building self-esteem and fighting public stigma. His work was featured in the Voice Award winning documentary *Cracking Up*. David performs, maintains a counseling practice and teaches Stand-Up Comedy Clinic at Langara College in Vancouver BC.

David is also author of *The Happy Neurotic: How Fear and Angst Can Lead to Happiness and Success*. The book's premise is that people can be happy, productive, and well-adjusted while remaining as neurotic as ever.

For more information, visit:

<http://www.standupformentalhealth.com/index.shtml>

Keynote Presentations

Thursday, May 27, 2010

Sustaining the Momentum for Change ... Hope, Resilience and Recovery is for Leaders too!

Katharine Cahn, Ph.D., MSW, Executive Director Center for Improvement of Child and Family Services and Christine Stolebarger, Parent Mentor and Leader

Whether we speak with a family voice, a youth voice, or an agency voice, we all have the capacity to be a champion for systems change. But systems change is not always easy; sustaining the momentum over time means that resilience, hope, and recovery must be built into systems, not just families. This presentation by a parent leader and a child welfare partnership leader will offer concrete strategies on how leaders at all levels can sustain the important systems changes underway in Oregon and beyond.

Katharine Cahn is the Director of the Center for Improvement of Child and Family Services at Portland State University's School of Social Work. This center promotes systems change through training, research, conferences, and education at the School of Social Work and currently is the statewide provider of training to implementing system of care. Dr. Cahn is a nationally recognized speaker and trainer and has published books and articles on leadership, racial equity, and innovation in child welfare.

Christine Stolebarger is a CADC I and a Parent Mentor with the Morrison Center, a job she has held for the past five years. In that capacity, she mentors moms who are involved with child welfare due to drug and alcohol issues. She has an AA degree with a counseling focus and will complete her bachelors in social work this August. Christine plans to pursue a career as a child welfare caseworker, working to help families reunify safely, just as she was able to reunify her family after overcoming obstacles of addiction, domestic violence, and incarceration. She has been able to sustain her momentum for change for seven years (and counting) and is an inspiration to others to do the same.