

December
2010

Addictions and Mental Health Division (AMH)

Problem Gambling Services Critical Program Updates ***Dec. 2010***

*This is our primary communication tool to provide state-funded Program Gambling Services providers with **Critical Program Updates**. Please take time to ensure that you are up to date on clarifications and changes to our system that will appear here.*

Interim Manager's Message

Greetings: By now you've all heard that Paul Potter has been selected as the new Project Director for Access to Recovery – we are very happy for him and wish him well in this important new effort. The good news is that Jackie and I are well prepared to keep PGS moving forward, and Paul is not far away if we need any consultation along the way. Recruitment for the new manager will begin at some point after the request to refill the position goes through the additional approval processes that State budget cuts have prompted. We are confident the position will be posted and filled in a reasonable timeframe and you will all be notified when the position comes open. In the meantime, Jackie and I are here and are confident we will manage the transition smoothly. We'll keep you informed of budget, legislative and other issues, as Paul had.

Happy and healthy holidays to you all and onward we go!

Wendy Hausotter

Risk Assessment and Relapse Prevention During the Holidays

The holidays can be a difficult time for many clients. Clients may report increased struggle in coping with triggers during a time of year that may be very stressful for some. Check in with clients, review relapse prevention or wellness plans. Discuss any issues that may come up for clients during the holidays, be it financial stress, family issues, or receiving high-risk gifts, such as cash or lottery tickets as stocking stuffers. Review plans with clients and provide a refresher on tools to cope during these high-risk times.

Suicidal ideation and attempts historically increase during the holidays. Complete thorough risk assessments with clients. Staff with your supervisors and be sure that clients have adequate support during the holidays.

(continued)

For some clients, this may be a time of needing additional support. Remember, there are numerous community supports available, including Gamblers Anonymous and Gam-Anon.

And, share with clients the appropriate crisis phone numbers in your area. Be safe and have a happy holiday season.

Oregon Problem Gambling Services Meeting/Training Schedule 2011

Please mark your calendars and share this info with others in your agency who may want to participate; additional information and call/log in instructions or registration info will be sent in advance of each of these events.

PGS All Providers Quarterly Meetings (via go-to-meeting) 9 – 10:30 am

February 17, 2011

April 28, 2011

August 18, 2011

November 17, 2011

PGS Workforce Development 2011

JAN 19 (1-3pm)	PGS Webinar: Youth Gambling Data from Student Wellness Survey (2CEU)	
FEB 23 (1-3 pm)	PGS Webinar: Using Current Technology—Blogs, YouTube, Facebook, etc. (2 CEU)	
MAR 12	30 Hr Counselor Certification Class via Lewis and Clark College (weekly through May 14 from 9 am – 5:30 pm; first and last session on campus, others online)	
APR 14 (1 -3 pm)	PGS Webinar: Suicide (2 CEU)	
MAY 12, 13	PGS Annual Training: Salem—Black Bear Inn (12-14 CEU)	
JULY	PGS Webinar: TBA	<i>If you have suggestions for topics you'd like to see covered in these TBA sessions, please email us (see last page); we'll select dates and update the calendar soon!</i>
SEPT	PGS Webinar: TBA	
OCT	PGS Webinar: TBA	
DEC	PGS Webinar: TBA	

FYI: State Furlough Dates Fridays March 18, 2011; May 20, 2011

Sign Up for PGS Web Alerts

It is quick, easy and when new information is posted on the AMH PG web page, you will receive an email letting you know. Why should you sign up? The Problem Gambling Services Unit is going to start using their web page more often to provide you access to tools, resources, data and information pertaining to your site visits. Recently we added some screening tools to our page and in the near future will be adding some new resources and data. Go to the PGS web page at <http://www.oregon.gov/DHS/addiction/gambling.shtml>, click on the [Sign up to receive AMH Problem Gambling Services email updates](#) and enter your email address. That's it! How easy can it get?

In addition to the state webpage, the main webpage for problem gambling prevention is located at www.problemgambling.org -- there is a link to it from the state webpage above (<http://www.oregon.gov/DHS/addiction/gambling.shtml#prevention>). This website is located on another server so we are able to add features that the State WebPages can't. Check it out—you'll find TV/radio ads, scripts, ready to use handouts and factsheets, data, an ongoing news feed in the right hand column, reports and lots of background info for the work you do!

Welcome Cheryl Coakley, our new PGS Support Staff!

We've had some recent staffing changes in our office and our new support person is Cheryl Coakley. Cheryl is a great addition to our team and supports several other units within AMH as well. Patricia Alderson has moved to support another unit so we thank her for her support and welcome Cheryl!

New Oregon Youth Gambling Data

We have some new data on youth gambling in Oregon from the recent Student Wellness Survey—be sure to join us for the webinar on Jan. 19 (see schedule on previous page) where we'll go over the data and discuss the implications. The data will also be sent out to you via email and posted on our WebPages when it is finalized...meantime, mark your calendar!

If you'd like to see past issues of this newsletter, go to:

<http://www.oregon.gov/DHS/addiction/gambling.shtml> scroll down to "Problem Gambling Services Announcements"

Problem Gambling Services Staff		Helpline website: 1877mylimit.org	
DHS Problem Gambling Services web site: http://www.oregon.gov/DHS/addiction/gambling.shtml			
Contact	Title	Phone	Email
Wendy Hausotter	Interim Problem Gambling Services Manager	503-945-9703 or cell 503-510-1117	wendy.hausotter@state.or.us
Jackie Fabrick	Gambling Treatment Specialist	503-945-7815	jackie.fabrick@state.or.us
Greta Coe	Outreach Specialist	503-945-6187	greta.l.coe@state.or.us
Cheryl Coakley	Administrative Support	503-945-6811	cheryl.e.coakley@state.or.us

Staff changes? Please notify **Cheryl** ASAP so we can keep our records current!
cheryl.e.coakley@state.or.us or **503-945-6811**