

***Alcohol and Drug Abuse Prevention:
Promoting healthy lifestyles, families, communities***



Photo by Gary Halvorson, Oregon State Archives

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Prevention in Lincoln County

All across the country, adults are concerned about healthy development of young people. In searching for answers to the behavior problems of alcohol and other drug abuse, delinquency, violence, school drop out, and teen pregnancy, researchers have shown there are number of **risk factors** that increase the chance of adolescents developing health and behavior problems and there are **protective factors** that give youth resilience to problems. Oregon supports county and tribal governments in their strategic plans to prevent alcohol and drug abuse.

Lincoln County is a rural community, with a population of 44,520. 8,572 are 0-17 years old. Lincoln County's goal to reduce substance abuse is to take a comprehensive approach. This approach utilizes the Center for Substance Abuse Prevention (CSAP's) *Six Prevention Strategies* as the framework. Those strategies include:

1. **Information Dissemination**
 - **Media campaigns**
 - **Brochure dissemination** –
2. **Prevention Education**
 - **Public speaking** –
 - **Support volunteer training** –
3. **Alternatives/Positive Activities**
 - Technical support to **APARC** (Addiction Prevention and Recovery Committee), **LCCF** (Lincoln County Commission on Children and Families), **PYD** (Positive Youth Development), **ECCP** (East County Community Partnership), **PAADA** (Partnership Against Alcohol and Drug Abuse) and **CEDARR** (Community Efforts Demonstrating the Ability to Rebuild and Restore).

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CEDARR
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4. **Environmental Strategies**
5. **Community Based Processes**

- **Networking** – Participate in **community meetings**: Alcohol Prevention and Recovery Committee (APARC), Lincoln Commission on Children and Families (LCCF) and Positive Youth Development (PYD). Active participation in **community coalitions**: East County Community Partnership (ECCP), Partnership Against Alcohol and other Drug Abuse (PAADA) and Community Efforts Demonstrating the Ability to Rebuild and Restore (CEDARR). Build/maintain relationships in the community through active involvement and participation in these and other community venues.

6. **Problem Identification and Referral**
 - **Community mobilization** –
 - Identify resources for treatment/prevention for dissemination to community.

Lincoln County has identified general strategies to reach these goals. The community based prevention program focuses on information dissemination and community based processes. The goal is to enhance the community coalition's efforts to effectively address prevention services for substance abuse disorders. This focus includes assisting community coalitions in addressing prevention needs that are unique to the culture and climate of a rural community. The Lincoln County Prevention Program has been responsible for The Strengthening Families Program (10-14), during 2007-2009, completing six classes/booster sessions.

Lincoln County Commission on Children and Families is the fiscal agent for a (Drug Free Communities) DFC grant for PAADA, which was received in September 2008. LCCF manages a

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Safe and Drug Free Schools grant at Taft Jr. /Sr. High Schools in Lincoln City (North County). As of April 2009, Crook County has the highest unemployment rate in the State of Oregon at 18.5%. A number of Problem Behaviors can be predicted within a community with "Extreme Economic Deprivation": *Substance Abuse, Delinquency, Teen Pregnancy, School Dropout, and Violence (Channing Bete Company, Inc. 2002)*. It is important to know that Crook County has a strong commitment to utilizing evidence-based programs to build and strengthen *Protective Factors* and address alcohol, tobacco, other drug abuse, and unhealthy behaviors.