

New Materials and Information Available

NOTE: If you click on a link and it doesn't open put your cursor on the link and follow the directions it shows. With your cursor on the link, hit the CTRL key and click your mouse at the same time.

New The State of Oregon formally launched the **Fort Oregon Network of Care for Service Members, Veterans & Their Families** <http://www.fortoregon.org/> in each of its 36 counties in October. The Fort Oregon Network of Care meets the critical need to provide a broad array of information to Oregon's military community via the Internet, said Brig. Gen. Mike Caldwell, deputy director of the Oregon National Guard.

"We were struggling with our lack of ability to reach our soldiers and their families before, during and especially after a deployment," said Caldwell. "By chance, I noticed the Network of Care Web site that (Trilogy) had produced for the California vets. "I realized this could be modified and enhanced to produce a great access point that we could use for our entire force and their families, where a soldier or loved one could get to important information that most likely they had been briefed on at one point or another, but just as likely they had forgotten or it never sank in. "With our young men and women, the Web is very prevalent in their lives," Caldwell continued. "We needed to reach out so that our important information was available in the medium they use every day". Network of Care provides all these aspects and more.

"I believe our Fort Oregon Web site will grow and have more value in the future," said Caldwell. "The Network of Care folks have been wonderful to work with and, regardless of our requests, they have figured out a way to do it. It always turns out better than what we were asking for. Certainly a first-class outfit." Bruce Bronzan, a co-founder of the Network of Care project, praised Caldwell for his efforts in Oregon. "With soldiers returning to Oregon," Bronzan said, "Gen. Caldwell and his team were simply not content with the status quo. They wanted to do much more to better serve those who have served us - regardless of where they lived in Oregon. He and his leadership were creative - always innovating and wanting to push the Network of Care to do even more. It was a real honor to work with him." Master Sgt. Thomas Hovie of the Oregon National Guard developed a terrific short film summarizing the event and the Fort Oregon Network of Care. [Please click here to watch it now http://www.fortoregon.org/](http://www.fortoregon.org/) For more information, please contact Jacqueline Zimmer at zimmer@trilogyir.com or (415) 458-5900.

New SAMHSA eNetwork <http://www.samhsa.gov/newsroom/>

Top Stories In This Issue

SAMHSA's Strategic Initiative on Military Families - SAMHSA has made military families one of its top priorities. The work underway through this initiative provides key support to the action steps announced today by President Obama. SAMHSA is working with other Federal agencies and state, local, and tribal governments as well as with community groups across the country to make sure information and resources are available to ensure behavioral health service needs are met. **Learn More** <http://www.samhsa.gov/MilitaryFamilies/> **For Veterans in Distress** - The National Suicide Prevention Lifeline ensures that veterans in emotional crisis have free, 24/7 access to trained counselors. Get help online or by phone. **National Suicide Prevention Lifeline for Veterans** <http://www.suicidepreventionlifeline.org/Veterans/Default.aspx> **1-800-273-TALK (8255)**, Veterans Press 1

New Resources

- HRC Webcast Resources: Creating Trauma-Informed Programs: Youth Drop-in Centers and Beyond <http://homeless.samhsa.gov/Resource/HRC-Webcast-Resources-Creating-Trauma-Informed-Programs-Youth-Drop-in-Centers-and-Beyond-48559.aspx>
- Getting and Keeping the Right People: Baltimore, MD <http://homeless.samhsa.gov/Resource/Getting-and-Keeping-the-Right-People-Baltimore-MD-45581.aspx>
- Organizational Self-Care: How Does Your Agency Measure Up? <http://homeless.samhsa.gov/Resource/Organizational-Self-Care-How-Does-Your-Agency-Measure-Up-32982.aspx>
- Marvel Comics has released **Captain America: A Little Help**. http://marvel.com/comic_books/issue/38864/captain_america_a_little_help_2011_1 a free digital comic book available on its website and via the **Marvel Comics App** <http://itunes.apple.com/us/app/marvel-comics/id350027738?mt=8> for the iPhone, iPad, and iPod Touch. The all-new, 11-page story—written by psychologist Tim Ursiny and illustrated by Nick Dragotta—features a despondent young man contemplating suicide by jumping off a building. After helping Captain America defeat villains battling on a nearby roof, the youth returns to his apartment and calls the **National Suicide Prevention Lifeline**, <http://www.suicidepreventionlifeline.org/> uttering the only dialogue of the comic: "I need help." **Captain America: A Little Help** is also available in the fifth and final issue of the "I Am an Avenger" limited series released January 12, 2011. Read Captain America: A Little Help
- **You Might Also Like...** Also check out Elks National Drug Awareness Program's Marvel Video Comic *Hard Choices!* The Elks Drug Awareness Program strives to teach all children and parents about the dangers of illegal drug use and prevent the abuse of legalized and prescription drugs. **Learn More** http://marvel.com/news/story/1735/spider-man_and_the_fantastic_four_in_the_elks_drug_awareness_program_video_comic
- ReachOut.com: Get Through Tough Times <http://us.reachout.com/wecanhelppus/>
- We Can Help Us: Teen Suicide Prevention Poster http://store.samhsa.gov/product/ADC10-SUICIDEP?WT.ac=EB_20110126_ADC10-SUICIDEP
- American Indian/Alaska Native Teen Suicide Prevention: National Suicide Prevention Lifeline Poster http://store.samhsa.gov/product/SVP06-0164?WT.ac=EB_20110126_SVP06-0164
- National Suicide Prevention Lifeline Magnet http://store.samhsa.gov/product/SVP05-0125?WT.ac=EB_20110126_SVP05-0125
- Having Trouble Coping? There Is Hope. Suicide Warning Signs: National Suicide Prevention Lifeline Wallet Card http://store.samhsa.gov/product/SVP08-0155R?WT.ac=EB_20110126_SVP08-0155R
- **Find Publications** - Quickly and easily find behavioral health publications that support disaster relief.
 - Tips for Survivors of a Traumatic Event: Managing Your Stress http://store.samhsa.gov/product/NMH05-0209R?WT.ac=EB_20110127_NMH05-0209R
 - Tips for Survivors of a Traumatic Event: What To Expect in Your Personal, Family, Work, and Financial Life http://store.samhsa.gov/product/NMH02-0139?WT.ac=EB_20110127_NMH02-0139
 - Tips for Talking to Children After a Disaster: A Guide for Parents and Teachers http://store.samhsa.gov/product/KEN01-0093R?WT.ac=EB_20110127_KEN01-0093R

- Get more information about ways parents and teachers can talk with children about the oil spill, and find fact sheets for adults about managing their own stress and dealing with grief related to the disaster. <http://www.samhsa.gov/Disaster/traumaticevents.aspx>
- **Two Mental Health Publications Available –**
 - **Mental Health and Substance Abuse Services in Medicaid, 2003** - http://store.samhsa.gov/product/SMA10-4608?WT.ac=EB_20110201_SMA10-4608 In 2003, Medicaid provided health care coverage for 55 million people, nearly 20 percent of the U.S. population, and was a major source of funding for mental health and substance abuse services. By 2014, Medicaid is projected to pay for 27 percent of the costs for all mental health services and 20 percent of the costs for all substance abuse treatment. Because of their complex needs and high expenditure levels, Medicaid beneficiaries who use these services continue to be the subject of much discussion among policymakers and program administrators at the state and Federal levels. This report can help inform these policy discussions because it is designed for representatives of consumer groups, Medicaid directors, state mental health directors, and anyone who is concerned about mental health and substance abuse services for vulnerable citizens.
 - State Profiles of Mental Health and Substance Abuse Services in Medicaid http://store.samhsa.gov/product/NMH05-0202?WT.ac=EB_20110201_NMH05-0202
 - Establishing and Maintaining Medicaid Eligibility Upon Release From Public Institutions http://store.samhsa.gov/product/SMA10-4545?WT.ac=EB_20110201_SMA10-4545
 - State Mandates for Treatment for Mental Illness and Substance Use Disorders http://store.samhsa.gov/product/SMA07-4228?WT.ac=EB_20110201_SMA07-4228
 - **Mental Health, United States, 2008** - This new, redesigned edition provides information on the mental health status of the U.S. population, the providers and settings for mental health services, the types of mental health services and rates of utilization, and expenditures and sources of funding for mental health services. It is a resource for state officials and policymakers, mental health researchers, advocacy organizations, mental health consumers and family members, and anyone with an interest in learning about the mental health services in the United States and the populations served by the U.S. mental health system.
 - Projections of National Expenditures for Mental Health Services and Substance Abuse Treatment, 2004–2014 http://store.samhsa.gov/product/SMA08-4326?WT.ac=EB_20110201_SMA08-4326
 - Mental Health Findings: Results From the 2009 National Survey on Drug Use and Health (NSDUH) http://store.samhsa.gov/product/SMA10-4609?WT.ac=EB_20110201_SMA10-4609
 - Mental Health, United States, 2004 http://store.samhsa.gov/product/SMA06-4195?WT.ac=EB_20110201_SMA06-4195
- **New Suicide Prevention Training Video for Substance Abuse Treatment Providers** - Suicide is the leading cause of death among people who abuse alcohol and drugs, making suicide risk a problem that every frontline substance abuse counselor must be able to address. In collaboration with SAMHSA, the **U.S. Department of Veterans Affairs (VA)** <http://www.va.gov/> has developed a training video as a companion piece for SAMHSA's **Treatment Improvement Protocol (TIP) 50: Addressing Suicidal Thoughts and Behaviors in Substance Abuse Treatment**. http://store.samhsa.gov/product/SMA09-4381?WT.ac=EB_20110214_SMA09-4381 A

moderator and three panel members discuss ways to manage and address suicidal thoughts and behaviors among individuals with substance abuse issues. Actors portray case scenarios that the panelists discuss. Although the video is designed for VA settings, the content is applicable to all treatment settings. This 75-minute video depicts and explains appropriate counseling methods, administrative support, and clinical supervision for substance abuse providers treating clients with suicidal thoughts and behaviors. Special attention is given to risk factors, warning signs, and follow-up care. The counseling sessions portrayed in the video employ the specific counseling techniques and the four-step process recommended by TIP 50. SAMHSA recommends that the video be used in conjunction with [TIP 50](#).

o **Related Resources**

- [Assessing Suicide Risk: Initial Tips for Counselors: National Suicide Prevention Lifeline Wallet Card](http://store.samhsa.gov/product/SVP06-0153?WT.ac=EB_20110214_SVP06-0153) http://store.samhsa.gov/product/SVP06-0153?WT.ac=EB_20110214_SVP06-0153
- [Suicide Warning Signs: Get the Facts and Take Action: National Suicide Prevention Lifeline Wallet Card](http://store.samhsa.gov/product/SVP05-0126?WT.ac=EB_20110214_SVP05-0126) http://store.samhsa.gov/product/SVP05-0126?WT.ac=EB_20110214_SVP05-0126
- [SAMHSA News: Veterans & Their Families: A SAMHSA Priority](http://store.samhsa.gov/product/SAM08-161?WT.ac=EB_20110214_SAM08-161) http://store.samhsa.gov/product/SAM08-161?WT.ac=EB_20110214_SAM08-161

New SAMHSA's Road to Recovery Update

<http://www.recoverymonth.gov/Multimedia/Road-to-Recovery-Updates.aspx>

- **Facebook Co-Founder Launches Social Network for Social Good, Jumo** - Facebook co-founder, Chris Hughes, recently launched a social network, [Jumo](#), which allows users to find, follow, and support causes that are important to them. While setting up a profile, users are prompted to provide information about their Facebook profile and location, and are then asked to rank their interest in specific issues such as education, health, or human rights. After ranking these issues, users are able to locate more specific interests, such as at-risk youth and mental health. Users can also use Jumo to find projects in their area and make monetary contributions to their preferred causes. **Read More at Mashable.com** > <http://mashable.com/2010/11/30/facebook-co-founder-launches-social-network-for-social-good-jumo-image/#>
- **Why More Health Experts Are Embracing the Social Web** - According to *Mashable*, 90 percent of Americans who are online use the Internet to search for health resources. As a result, an increasing number of health professionals are beginning to use the Web as a tool for providing health and wellness education in a variety of ways, including sharing links on Twitter and Facebook, blogging, writing for online medical journals, engaging on Q&A sites, and contributing to online health sites and forums. And there's definitely a need--a study by Manhattan Research shows that 61 percent of people now use the Internet instead of visiting a doctor. Their presence online allows health professionals to give credible, sound advice to consumers who may otherwise receive information from unqualified sources. **Read More at Mashable.com** > <http://mashable.com/2010/12/12/social-wellness/>
- **Foursquare Surpasses Five Million Users** - *Mashable* reported that [foursquare](#), the geosocial service that allows users to "check-in" to their location, surpassed five million users last month. Users check-in to various locations to see if any of their friends are in the same place, or at a location nearby, and gain points, rewards, and badges along the way. Businesses encourage users to check-in to their location by offering special discounts and prizes to their most loyal customers. The service, which was created in 2009, grew tenfold between March and December. In addition, users are now able to add pictures and comments to their location updates. **Read More at Mashable.com** > <http://mashable.com/2010/12/08/foursquare-surpasses-5-million-users/>

National Recovery Month Tips of the Month www.recoverymonth.gov www.samhsa.gov

- **Strive to post relevant and thought-provoking tweets** to keep your followers interested. The quality of your tweets is directly proportional to your number of followers, replies, and retweets.
- **Update your blog consistently** to make it an evergreen source for news, inspiration, and resources. Set realistic expectations for how frequently you can post new content, and then strive to maintain a regular schedule.
- **Proactively follow** others on Twitter and favorite pages on Facebook. By showing your support of others, you are likely to receive support in return.
- **Interact with others** to establish meaningful online relationships. Send an e-mail to your favorite blogger, reply with your thoughts to an interesting tweet, or participate in a conversation on Facebook.

New SAMHDA – Substance Abuse and Mental Health Data Archive Website - 888-741-7242 samhda-support@icpsr.umich.edu

SAMHDA provides easy access to current and comprehensive data on substance abuse and mental health. All datasets are available for download directly from the SAMHDA website in multiple file formats. In addition, SAMHDA offers online data analysis, tools to customize graphs/charts, interactive maps, bibliographies, and user support. SAMHDA is sponsored by the Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services, and is located at the Inter-University Consortium for Political and Social Research, Institute for Social Research, University of Michigan.

- **New features of the SAMHDA Website**
 - **2009 National Survey on Drug Use and Health (NSDUH) Data and Reports Released With Improved Access.** The 2009 NSDUH data and documentation files are available for **download and online analysis**. <http://www.icpsr.umich.edu/icpsrweb/SAMHDA/studies/29621> Also, custom analytic tables can be produced with NSDUH data using **Quick Tables**—choose from pre-selected core variables by pointing and clicking from dropdown menus. Results from online analysis or Quick Tables can be copied easily and inserted into documents.
- **Two reports from the 2009 NSDUH are now available:**
 - **National Findings Report** - <http://oas.samhsa.gov/nsduhLatest.htm> — Presents national estimates of rates of use, numbers of users, and other measures related to illicit drugs, alcohol, and tobacco products. The report focuses on trends between 2008 and 2009 and from 2002 to 2009, as well as differences across population subgroups in 2009.
 - **Mental Health Findings** <http://oas.samhsa.gov/NSDUH/2k9NSDUH/MH/2K9MHRResults.pdf> Presents national estimates of the prevalence of past-year mental health disorders and past-year mental health service utilization for youth age 12 to 17 and adults age 18 or older
- **Join SAMHDA's Listserv** = <http://www.icpsr.umich.edu/icpsrweb/SAMHDA/maillist.jsp>
- SAMHSA Center for Behavioral Health Statistics and Quality (CBHSQ) - <http://www.oas.samhsa.gov/>
- **Brochure** <http://www.icpsr.umich.edu/files/SAMHDA/PDF/brochure.pdf>
- **Poster** <http://www.icpsr.umich.edu/files/SAMHDA/about/samhda-poster.pdf>

New Materials from National Institute of Mental Health (NIMH)

<http://www.nimh.nih.gov/science-news/index.shtml>

Director's Blog

- How Does Memory Work? The Plot Thickens
<http://www.nimh.nih.gov/about/director/index.shtml#p128978>
- NIMH Announces New Partners <http://www.nimh.nih.gov/outreach/nimh-announces-new-partners.shtml>
- The Economics of Health Care Reform
<http://www.nimh.nih.gov/about/director/2011/the-economics-of-health-care-reform.shtml>
- Looking Forward to 2011
<http://www.nimh.nih.gov/about/director/2011/looking-forward-to-2011.shtml>
- Understanding Severe Mental Illness
<http://www.nimh.nih.gov/about/director/2011/understanding-severe-mental-illness.shtml>
- Wanted: A Few Good Assays <http://www.nimh.nih.gov/about/director/2010/wanted-a-few-good-assays.shtml>
- Science Education – Investing for the Future
<http://www.nimh.nih.gov/about/director/2010/science-education-investing-for-the-future.shtml>
- NIMH's Top 10 Research Events and Advances of 2010
<http://www.nimh.nih.gov/about/director/index.shtml>
- Selected Job Opportunities at NIMH Director, Office of Science Policy, Planning and Communications <http://www.nimh.nih.gov/about/selected-job-opportunities-at-nimh.shtml#osppc>

Publications

- **NIMH Video** - Amanda Wang of RethinkBPD on Borderline Personality Disorder
<http://www.nimh.nih.gov/media/video/amanda-wang.shtml>
- Social Phobia (Social Anxiety Disorders): Always Embarrassed
<http://www.nimh.nih.gov/health/publications/social-phobia-social-anxiety-disorder-always-embarrassed/social-phobia-social-anxiety-disorder-always-embarrassed.shtml>
- Postpartum Depression <http://www.nimh.nih.gov/media/video/postpartum-depression.shtml>
- BPD Expert Dr. Marsha Linehan at the National Institute of Mental Health
<http://www.nimh.nih.gov/media/video/linehan.shtml>
- The Outlook for Borderline Personality Disorder
<http://www.nimh.nih.gov/media/video/bpd1.shtml>

Science News

- Integrating Neuroscience, Developmental Psychopathology, and Preventive Interventions: Critical Questions for the Next Generation of Transformative Research
<http://www.nimh.nih.gov/research-funding/scientific-meetings/2011/integrating-neuroscience-developmental-psychopathology-and-preventive-interventions/index.shtml>
- Brain Activity Patterns in Anxiety-Prone People suggest Deficits in Handling Fear
<http://www.nimh.nih.gov/science-news/2011/brain-activity-patterns-in-anxiety-prone-people-suggest-deficits-in-handling-fear.shtml>
- Same Behavior, Different Brain in Adolescent and Adult Rats
<http://www.nimh.nih.gov/science-news/2011/same-behavior-different-brain-in-adolescent-and-adult-rats.shtml>
- Little-known Growth Factor Enhances Memory, Prevents Forgetting in Rats: Works Only if Given During Windows of Memory Malleability <http://www.nimh.nih.gov/science-news/2011/little-known-growth-factor-enhances-memory-prevents-forgetting-in-rats.shtml>
- Majority of Youth with Mental Disorders May not be Receiving Sufficient Services
<http://www.nimh.nih.gov/science-news/2011/majority-of-youth-with-mental-disorders-may-not-be-receiving-sufficient-services.shtml>
- Case-managed Care Improves Outcomes for Depressed Patients with Multiple Medical Conditions

- <http://www.nimh.nih.gov/science-news/2010/case-managed-care-improves-outcomes-for-depressed-patients-with-multiple-medical-conditions.shtml>
- NIMH Teams Up to Study ASD Rates in Somali-American Children
<http://www.nimh.nih.gov/science-news/2011/nimh-teams-up-to-study-asd-rates-in-somali-american-children.shtml>
 - NIMH's Dr. Mortimer Mishkin to be Awarded National Medal of Science
<http://www.nimh.nih.gov/science-news/index.shtml>
 - Teens Who Recover from Hard-to-Treat Depression Still at Risk for Relapse
<http://www.nimh.nih.gov/science-news/2010/teens-who-recover-from-hard-to-treat-depression-still-at-risk-for-relapse.shtml>
 - Most Children with Rapidly Shifting Moods Don't Have Bipolar Disorder
<http://www.nimh.nih.gov/science-news/2010/most-children-with-rapidly-shifting-moods-don-t-have-bipolar-disorder.shtml>
 - Toddlers with Autism Show Improved Social Skills Following Targeted Intervention, Finds NIH-Supported Study <http://www.nimh.nih.gov/science-news/2010/toddlers-with-autism-show-improved-social-skills-following-targeted-intervention-finds-nih-supported-study.shtml>
 - Attention Woes in Kids with Tourette Syndrome Likely Caused by Co-occurring ADHD
<http://www.nimh.nih.gov/science-news/2010/attention-woes-in-kids-with-tourette-syndrome-likely-caused-by-co-occurring-adhd.shtml>
 - Transgenic Mouse Offers a Window on Gene/Environment Interplay: Prenatal Infection Alters Behavior in Genetically Vulnerable <http://www.nimh.nih.gov/science-news/2010/transgenic-mouse-offers-a-window-on-gene-environment-interplay-prenatal-infection-alters-behavior-in-genetically-vulnerable.shtml>

New Café Prevention e-News

- **SNIPPETS** - With teen prescription drug abuse affecting as many as 1 out of 7 young people, consider pulling your community together to hold a Prescription Take Back event where community members can bring their old, unused and expired medicines. This gets them out of the medicine cabinet and away from the hands of teens. Contact your local DEA, hospitals and law enforcement to help you with this project. You might also check out our [Prescription Toolkit](#).

Resources

New Legal Action Center – “Helping People Rebuild their Lives with Dignity”

- Legal Action Center's lawyers are the nation's leading experts in confidentiality of alcohol and drug treatment and prevention records. They travel all over the country conducting trainings for addiction treatment centers and their staffs, and now their expertise is even more accessible than ever!

Confidentiality Training Series:

A Guide to the Federal Drug and Alcohol Confidentiality Regulations

<http://www.kintera.org/site/apps/ka/ec/catalog.asp?c=8hKNI3MI1jIOE&b=6343345&en=ehLSJVPwHeIQKUNxHfJKLSPDIImKVKONFIgKOI1PMLrI5E&CategoryID=314725>

This DVD series consists of three segments designed to explain both the basic requirements of 42 C.F.R. Part 2 and discuss the nine exceptions to the non-disclosure rules**.

DISC ONE deals with the general rule of non-disclosure, and lays out the first two exceptions to that rule and their applications.

DISC TWO takes a detailed look at the remaining seven exceptions to the rule, and **DISC THREE** provides more detailed information about how to deal with the criminal justice and managed care systems.

Trainings also available on VHS.

<http://www.kintera.org/site/apps/ka/ec/catalog.asp?c=8hKNI3MIIjI0E&b=6343345&en=II0J7NMKIJYL6NNKjISI3MQIolI3LcMVJkJKdO2LvLdF&CategoryID=322875>

Note: Though the DVD/Video Training Series was created before the Health Insurance Portability and Accountability Act (HIPAA) came into effect, almost all of the information in the series continues to be accurate.

To make sure viewers understand the few changes resulting from HIPAA, purchasers of the DVD/Video Training Series will also get:

- updated sample forms, which incorporate the requirements of HIPAA;
- HIPAA Update sheet that reflects the few changes resulting from HIPAA;
- outline summarizing the intersection between HIPAA and the federal alcohol and drug confidentiality regulations; and
- workbook that has been updated to include changes implemented by HIPAA.

All DVDs can be purchased individually for \$84.95; as an introductory set for \$149.95 (Discs 1 & 2); or \$174.95 for all three. Trainings are also available for purchase on VHS.

Follow this link to purchase your set today!

http://e2ma.net/go/8934880572/3320573/101563432/2800/goto:http://lac.org/index.php/lac/training_videos

New Civic Research Institute <http://www.civresearchinstitute.com/sdc.html>
609-683-4450

- **Substance Dependence and Co-Occurring Psychiatric Disorders Best Practices for Diagnosis and Clinical Treatment** - *Editors:* Edward V. Nunes, M.D., Jeffrey Selzer, M.D., Petros Levounis, M.D., and Carrie A. Davies, B.S.
<http://www.civresearchinstitute.com/ordersdc01.html> Prepared by a team of nationally known and respected researchers, clinicians, and program directors, this comprehensive handbook uniquely provides professionals treating alcohol and drug dependence with the knowledge, skills, and step-by-step procedures needed to identify, diagnose, and care for patients who present with psychiatric co-morbidity.
 - How psychiatric disorders present in patients with addictions
 - How to conduct a diagnostic interview
 - How to develop a comprehensive treatment plan for patients with co-occurring disorders
 - When to refer for specialty care

ISBN 1-887554-69-6 Product Code: SDC

Order today and get specific case examples, diagnostic criteria, natural history and etiology, assessment methods, guidelines for differential diagnosis, and treatment options for:

- Depression
- Bipolar Disorder
- PTSD
- Anxiety Disorders
- ADHD
- Delirium and Dementia
- Cognitive Disorders
- Schizophrenia and Schizo-affective Illness
- Antisocial Personality Disorder
- Borderline Personality Disorder
- Compulsive Gambling
- Intermittent Explosive Disorder
- Impulsive Aggression
- Eating Disorders
- Medical Illnesses

Earn CE Credits! Includes Clinical Skills Exam for Continuing Education Credits through the Addiction Institute of New York!

- **BEHAVIORAL HEALTH CARE - Assessment, Service Planning, and Total Clinical Outcomes Management - Editors: John S. Lyons, Ph.D. and Dana A. Weiner, Ph.D.** - From the developer of the CANS and ANSA assessment tools, this new handbook explains, in systematic and step-by-step detail, how you can build greater efficiency into your organization's delivery of services while improving the quality of client clinical outcomes. Here are a wealth of examples from successful programs using Total Clinical Outcomes Management (TCOM) to deliver measurably better results. Use TCOM to achieve measurable improvements in service planning, supervision, program management, and systems management. Apply a range of practical tools—from decision support and eligibility models to predictive tools like trajectory analysis—to help you improve the quality and efficiency of your behavioral health services. Use data on outcomes to motivate under-performing providers and reward outstanding.
<http://www.mmsend88.com/link.cfm?r=553079579&sid=12122242&m=1221783&u=CIVICRI&s=http://www.civiresearchinstitute.com/orderbhc9.html>

New Join Together Headlines

- **NIDA: Drug Abuse Alters Brain Circuitry Long-Term** - State-of-the-art brain imaging shows that changes in the brain's reward circuitry caused by substance abuse likely remain even after drug and alcohol use stop.
<http://www.jointogether.org/news/research/summaries/2011/nida-drug-abuse-alters-brain.html>
- **Drug Czar Issues 'Bath Salts' Warning**
The White House Office of National Drug Control Policy (ONDCP) issued a nationwide warning about the dangers of legal synthetic drugs often marketed as bath salts -- while various states moved to ban them. -
<http://www.jointogether.org/news/headlines/inthenews/2011/drug-czar-issues-bath.html>
- **Arrest of Columbia Univ. Students Will Test N.Y.'s Reformed Rockefeller Laws**
The December arrest and prosecution of five students at Columbia University for drug-dealing will put recent changes to New York's tough drug laws to the test. -
<http://www.jointogether.org/news/headlines/inthenews/2011/arrest-of-columbia-univ.html>
- **Ariz. to Tax Medical Marijuana** - Arizona will soon be collecting sales taxes on medical marijuana. -
<http://www.jointogether.org/news/headlines/inthenews/2011/medical-marijuana-in-ariz.html>
- **U.K. Sets Minimum Price for Alcohol** - The British government has set minimum prices for alcohol in an attempt to cut down on binge drinking and alcohol-related health problems, but critics said it will have little impact. -
<http://www.jointogether.org/news/headlines/inthenews/2011/uk-sets-minimum-price-for.html>
- **Obama Advocates Curbing Demand to Fight Drug Abuse** - In a show hosted on YouTube, President Barack Obama said he saw drug abuse as a public health problem and that it should be treated as one. -
<http://www.jointogether.org/news/headlines/inthenews/2011/obama-advocates-curbing.html>
- **N.Y. Considers E-Cigarette Ban** - Lawmakers in New York have proposed a statewide ban on electronic cigarettes. -
<http://www.jointogether.org/news/headlines/inthenews/2011/ny-considers-e-cigarette.html>
- **New Performance Measures to Spread Use of Medications for Opioid, Alcohol Abuse** - New performance measures have been released for monitoring the use of

- medications designed to help patients end their dependence on opioids and alcohol. - <http://www.jointogether.org/news/headlines/inthenews/2011/new-measures-developed-to.html>
- **FDA Loses Second Court Battle over E-Cigarettes** - The Food and Drug Administration (FDA) has lost another round in its battle to regulate electronic cigarettes as drug-delivery devices rather than as tobacco products. - <http://www.jointogether.org/news/headlines/inthenews/2011/new-measures-developed-to.html>
 - **Lung Association Blasts State Anti-Tobacco Efforts** - A nationwide survey of state anti-tobacco efforts conducted by the American Lung Association (ALA) gave failing grades to 40 states and the District of Columbia. - <http://www.jointogether.org/news/headlines/inthenews/2011/american-lung-assoc-blasts.html>
 - **N.D. Bill Would Ban Alcohol at College Sporting Events** - A bill introduced in North Dakota would ban alcohol use and possession at college sports events where minors are present. - <http://www.jointogether.org/news/headlines/inthenews/2011/nd-bill-would-ban-alcohol.html>
 - **CDC: Prescription Drug Overdoses and Binge Drinking Vary by Race, Income** In a first-of-its-kind report, the Centers for Disease Control and Prevention (CDC) broke down data on health disparities by race, ethnicity, income, and education. - <http://www.jointogether.org/news/research/summaries/2011/cdc-health-effects-of.html>
 - **Specialty 'Bath Salts' Linked to Hospitalizations, Suicides** - Several states are reporting cases of people ending up in emergency rooms and mental hospitals after misusing a 'fake cocaine' powder mixture sold as specialty bath salts. - <http://www.jointogether.org/news/headlines/inthenews/2011/specialty-bath-salts-linked.html>
 - **CADCA's 2011 National Leadership Forum to Feature Kerlikowske and Koh** Nearly 3,000 substance abuse prevention and treatment specialists will convene February 7-10 for Community Anti-Drug Coalitions of America's (CADCA's) 21st annual National Leadership Forum. - <http://www.jointogether.org/news/yourturn/announcements/2011/cadcas-2011-forum-to-feature.html>
 - **FDA Warns Miss. Retailers for Selling Tobacco to Youth** The Food and Drug Administration (FDA) issued its first warning letters to Mississippi retailers for selling tobacco to minors. - <http://www.jointogether.org/news/headlines/inthenews/2011/first-fda-warnings-for.html>
 - **FDA to Limit Acetaminophen in Prescription Drugs** To help prevent overdoses, the Food and Drug Administration (FDA) has issued strict new limits on acetaminophen, a common ingredient in some prescription painkillers. - <http://www.jointogether.org/news/headlines/inthenews/fda-moves-to-limit.html>
 - **Physician Substance Abuse Training 'Inadequate,' Experts Say** Primary-care residents need integrated addiction medicine training in medical school, experts from several medical schools say. - <http://www.jointogether.org/news/headlines/inthenews/2011/physician-substance-abuse.html>
 - **Possible FDA Ban on Menthol Cigarettes Haunts Brand Leader** Lorillard, Inc., the third-largest tobacco maker in the U.S., is fighting to stop the Food and Drug Administration (FDA) from banning menthol in cigarettes. - <http://www.jointogether.org/news/headlines/inthenews/2011/possible-fda-ban-on-menthol.html>
 - **Maine Tops Nation in Treatment Admissions for Prescription Painkillers** New government data shows that Maine consistently outstripped other states over the

past decade when measured by the number of residents seeking treatment for prescription painkillers.

<http://www.jointogether.org/news/headlines/inthenews/2011/maine-tops-nation-in.html>

- **Survey: Dramatic Decline in Teen Exposure to Anti-Drug Messages**
The Monitoring the Future study, the largest national survey on teen drug abuse, found a huge falloff in teens' recalled exposure to drug abuse prevention messages over the past seven years -- even as teens report finding the messages effective. - <http://www.jointogether.org/news/yourturn/announcements/2011/anti-drug-messages-not-seen.html>
- **SAMHSA: Changes, Regional Shifts in U.S. Treatment Admissions over Decade**
A new report from the Substance Abuse and Mental Health Services Administration (SAMHSA) reveals large regional shifts in rates of admissions to drug treatment between 1998 and 2008, even as national rates remained steady - <http://www.jointogether.org/news/research/summaries/2011/samhsa-decade-shows-large.html>
- **New Fla. Gov. Shuttters State Drug Control Office**
A spokesman for Rick Scott, the Florida governor who took office this month, said the governor was closing down the state's Office of Drug Control - <http://www.jointogether.org/news/headlines/inthenews/2011/fla-governor-elect-shuttters.html>
- **Opioid Pain Contracts Can Damage Patient Trust, Bioethics Panel Says**
A group of physicians and experts on pain policy have published an article arguing that while opioid treatment contracts between patients and their physicians can be useful, they can be harmful for the patient-physician relationship unless presented in the right way. - <http://www.jointogether.org/news/headlines/inthenews/2011/opioid-pain-contracts-can.html>
- **FDA to Require Reviews of New Tobacco Products**
Tobacco companies will have to obtain approval from the Food and Drug Administration (FDA) for all new products brought to market, as well as some products released after Feb. 15, 2007. - <http://www.jointogether.org/news/headlines/inthenews/2011/fda-sets-rules-for-approval.html>
- **Leading Critic of Menthol Cigarettes Resigns from FDA Advisory Committee**
Gregory N. Connolly, a professor of public health at Harvard, has resigned from a Food and Drug Administration (FDA) advisory committee that will soon make recommendations on whether to ban menthol in cigarettes. - <http://www.jointogether.org/news/headlines/inthenews/2011/leading-critic-of-menthol.html>
- **Judge Blocks NYC's Graphic Anti-Smoking Displays**
Anti-smoking signs required by the city of New York have been barred by a district court judge because they violate the free speech rights of tobacco vendors. - <http://www.jointogether.org/news/headlines/inthenews/2011/judge-blocks-nyc.html>

Join Together Research News

- **NFL Players: Injury, Pain, and Opioid Misuse** - A new study performed by researchers at the Washington University in St. Louis has found that players retired from the National Football League (NFL) are far more likely than the general population to use and misuse opioid painkillers. <http://www.jointogether.org/news/research/summaries/2011/opioid-abuse-in-retired-nfl.html>
- **Bullying Linked to Depression and Substance Use in Girls** - While being a victim of bullying increases depression in teens regardless of gender, a new study found it puts girls at additional risk for substance use. - <http://www.jointogether.org/news/research/summaries/2011/bullying-linked-to-depression.html>

- **Study Links Private Alcohol Sales to More Deaths** - A new study found a strong correlation between an increase in private liquor stores and alcohol-related deaths. - <http://www.jointogether.org/news/research/summaries/2011/study-links-private-alcohol.html>
- **Longevity Gender Gap in Europe Largely Due to Smoking** - A recent review of mortality data from 30 European countries found smoking to be the prime reason women are outliving men. - <http://www.jointogether.org/news/research/summaries/2011/longevity-gender-gap-in.html>
- **Mixing in Caffeine Doesn't Reduce Alcohol Impairment, Study Finds** - Despite contrary marketing claims, high-caffeine energy drinks have little or no effect on the neuromotor impairment caused by alcohol. - <http://www.jointogether.org/news/research/summaries/2011/high-caffeine-drinks-dont.html>
- **Anti-Nausea Drug Therapy Eases Alcohol Dependence for Some** - New research suggests that an anti-nausea drug approved for fighting the effects of chemotherapy may help some alcoholics -- particularly those with a certain genetic variation -- cut back on their drinking. <http://www.jointogether.org/news/research/summaries/2011/study-anti-nausea-drug.html>
- **Anti-Smoking Drugs Alter Brain to Curb Cravings, Two Studies Suggest** - New research indicates smoking-cessation drugs may work by changing the way our brains react to seeing others smoke. - <http://www.jointogether.org/news/research/summaries/2011/anti-smoking-drugs-alter.html>
- **Cocaine Vaccine Shows Promise in Mice** - An experimental vaccine tested on mice appears to nullify the effects of cocaine addiction by keeping it from affecting the central nervous system. <http://www.jointogether.org/news/research/summaries/2011/cocaine-vaccine-shows-promise.html>
- **Family History of Alcoholism Ups Obesity Risk**
A family history of alcoholism may make people more likely to overindulge on junk food, a new study finds. <http://www.jointogether.org/news/research/summaries/2011/alcoholism-linked-to-obesity.html>
- **Study: Acculturation Stress Linked to Substance Use in Latino Teens**
Acculturation stress may be part of the reason some Mexican and Mexican-American teens living in the U.S. report high rates of marijuana and alcohol use. - <http://www.jointogether.org/news/research/summaries/2011/acculturation-stress-linked.html>
- **ER Visits Due to Prescription Drug Abuse Double in Five Years**
Federal data shows that prescription drug abuse now sends twice as many people to the emergency room (ER) as it did five years ago -- outstripping illegal drugs for the third year in a row. - <http://www.jointogether.org/news/research/summaries/2011/er-visits-due-to.html>
- **Study: AA Can Help Women Leaving Prison Cut Drinking**
A new study indicates that regular attendance at Alcoholics Anonymous (AA) meetings appears to have a positive impact on reducing drinking among women released from incarceration. - <http://www.jointogether.org/news/research/summaries/2011/study-aa-can-help-women.html>
- **'Thirdhand Smoke' a Lingering Problem**
A new study found the chemical by-products of tobacco smoke cling to the air and surfaces of smokers' homes long after they've moved out. -

<http://www.jointogether.org/news/research/summaries/2011/thirdhand-smoke-a-lingering.html>

Join Together Blog

- **For Treatment Providers: 'Health Reform Readiness Index'** - Wisconsin-based NIATx has developed a self-assessment tool for behavioral healthcare treatment providers. - <http://www.jointogether.org/blog/posts/2011/health-reform-readiness.html>
- **Free Training for Juvenile Drug Courts in Teen Treatment Protocol** - The National Drug Court Institute (NDCI) is offering free training to juvenile drug court staff in a brief, evidence-based intervention for adolescents abusing drugs and alcohol. - <http://www.jointogether.org/blog/posts/2011/free-training-for-juvenile.html>
- **Cigarette Shipments Down, But Tobacco Giant's Profits Up** - Well, this is good news: the largest tobacco company in the United States, Altria Group Inc., reported that its fourth-quarter earnings went up 27 percent, even though shipments of cigarettes dropped seven percent in the same time period. - <http://www.jointogether.org/blog/posts/2011/altria-profits.html>
- **How to Outlaw Supersized Alcopops: A Model for States** - Marin Institute is distributing a model statute that states can use to craft their own legislation to limit supersized 'alcopops' -- the sweetly-flavored malt beverages that contain up to 12 percent alcohol in one 'single-serving' can. <http://www.jointogether.org/blog/posts/2011/marin-institute-releases.html>
- **Improved Health Care Coordination for Military Families** - Improving the "well-being and psychological health" of military families is getting top billing in a new federal effort to provide better support to American service personnel and their loved ones. <http://www.jointogether.org/blog/posts/2011/improved-health-care.html>
- **Cars Fueled by Four Loko?** - Unfit for human consumption, banned cans of high-octane Four Loko are being recycled into ethanol -- and used in gasoline. - <http://www.jointogether.org/blog/posts/2011/fueled-by-four-loko.html>
- **Hazelden Launches Addiction Treatment Program Just for Lawyers** - Hazelden, the Minnesota-based addiction treatment center, has created what may be the first in-patient program in the nation specifically designed for attorneys. - <http://www.jointogether.org/blog/posts/2011/hazelden-launches-addiction.html>
- **Alcohol Withdrawal in the ER: A Maze of Red Tape**
You'd think recent advances in health reform would have made it easier to get mental health and substance abuse treatment. Think again. Paul Christopher, M.D., follows the case of an adult man desperately needing care for alcohol withdrawal -- but red tape is keeping the man from getting the hospital bed that his insurance is supposed to cover. - <http://www.jointogether.org/blog/posts/2011/alcohol-insurance-er.html>
- **North Carolina: The True Cost of Privatizing Liquor Sales**
There's always room for fine-tuning regulatory systems; but when it comes to alcohol, the free market isn't cheaper. - <http://www.jointogether.org/blog/posts/2011/north-carolina-the-true-cost.html>
- **Addiction Webcast Goes Off the Air**
The Afflicted and Affected, an internet show focused on addiction, is shutting down after three years. - <http://www.jointogether.org/blog/posts/2011/addiction-webcast-goes-off.html>
- **Camel Dissolvable Tobacco Products Pulled from Test Markets**
The R.J. Reynolds tobacco company is taking its dissolvable tobacco products off the shelves in its American test markets, according to the Ohio-based Drug Free Action Alliance. - <http://www.jointogether.org/blog/posts/2011/camel-dissolvable-tobacco.html>

Join Together Resources

- [Opioid Treatment Program Directory](http://www.jointogether.org/resources/2008/opioid-treatment-program.html) - <http://www.jointogether.org/resources/2008/opioid-treatment-program.html>

- Control State Politics: How Big Alcohol is Dismantling Regulation State by State - <http://www.jointogether.org/resources/2010/report-control-state.html>
- TIP 49: Incorporating Alcohol Pharmacotherapies Into Medical Practice - <http://www.jointogether.org/resources/2009/tip-49-incorporating-alcohol.html>
- Make a Difference: Talk to Your Child About Alcohol - <http://www.jointogether.org/resources/2008/talk-to-your-child-about.html>
- INDICATORS HANDBOOK - How do we know we are making a difference? Identify the most important local substance use problems. Focus community strategies. Measure results. - <http://www.indicatorshandbook.org/>
- Understanding the High-Functioning Alcoholic: Professional Views and Personal Insights - <http://www.jointogether.org/resources/2008/understanding-the.html>
- Analyzing Superbowl Ads: A Lesson for Media Literacy Monday - <http://www.jointogether.org/resources/2008/analyzing-superbowl-ads-a.html>
- Case studies and information to help you implement a medication-assisted treatment program - http://www.niatx.net/Content/ContentPage.aspx?PNID=2&NID=256&utm_source=JoinTogether&utm_medium=Sidebar&utm_campaign=MAT
- Not In My House: What Parents Can Do About Teen Prescription Drug Abuse - <http://www.jointogether.org/resources/not-in-my-house-teen.html>
- Physician Clinical Support System - Methadone, Buprenorphine - <http://www.jointogether.org/resources/2009/pcss-methadone.html>
- America Anonymous: Eight Addicts in Search of a Life - <http://www.jointogether.org/resources/america-anonymous-eight.html>
- Opiate Addiction: Understanding Replacement Therapy describes different types of opioids, their effects on the brain, and why replacement therapy medications can help alleviate withdrawal symptoms. - http://www.hbo.com/addiction/thefilm/supplemental/629_opiate_addiction.html

New Oregon Partnership E-Newsletter

<http://www.orphnership.org/web/whatsnew/Archived%20A%20Closer%20Look.asp> Click on the above link to the E-Newsletter Archives and click on the date listed with the article below

- **Innovative Prescription Drug Abuse Summit Produces Key Next Steps** - Several priorities to address the prescription drug abuse crisis emerged from a recent groundbreaking Oregon summit sponsored by Oregon Partnership, with leadership from the U.S. Attorney's Office for the District of Oregon. **Click here for more information.** <http://www.orphnership.org/web/PDFs/rx-summit%20-2.11.pdf>
- **Bath Salts Identified as Emerging Drug Problem** - Products legally sold as bath salts, which are essentially synthetic cocaine, are a dangerous and growing drug problem. Some states have taken or plan to take steps to ban the powders. Oregon's Board of Pharmacy will take public comment on a proposed rule in March. **Click here for more information.** To read the statement from the White House Drug Policy Director, please click here. <http://www.whitehousedrugpolicy.gov/news/press11/020111.html> Click here to read more about abuse of bath salts. <http://www.washingtonpost.com/wp-dyn/content/article/2011/01/22/AR2011012203854.html>
- **Military Helpline Provides Vital Support to Veterans, Soldiers and Families** - As Americans seek ways to support military families, soldiers and veterans, OP invites you to help spread the word about our Military Helpline. Available 24 hours a day, seven days a week, the line (888-HLP-4-VET; 888-457-4838) helps meet the tremendous and growing need for confidential, compassionate crisis intervention and referral. **Click here for more information.** <http://militaryhelpline.org/> **To learn more about suicide among active-duty, National Guard and Reserve soldiers, please click here.**

<http://www.army.mil/-news/2011/01/20/50569-army-sees-slight-reduction-in-active-duty-suicides/index.html?ref=home-headline-title0>

- **Make Your Voice Heard During Oregon's Legislative Session** - Oregon lawmakers convene this week for the 2011 Legislative session in which they will grapple with a multibillion-dollar budget shortfall. Make your voice heard on substance abuse prevention, treatment and mental health issues! As the session progresses, please watch for OP's Action Alerts, designed to help you stay informed and contact lawmakers to make a difference. To receive Action Alerts via e-mail, please email lgillette@orpartnership.org.
- **OP's Lifeline Facilitates 28 Suicide Rescues in December**, Including Five in Two Hours Oregon Partnership's Crisis Lines Program saw a significant need for suicide "rescues" in December, performing five in one two-hour period and 28 for the month. Compared with the rest of 2010, the number of rescues in December was alarming. Holiday stress and isolation, financial difficulties because of the poor economy, and persistent inclement weather contributed to the need for rescues, the point at which OP's highly trained staff and volunteers must intervene in a suicide attempt. **Click here for more information.**
http://www.orpartnership.org/web/PDFs/lifeline_rescues.pdf
- **Youth-led Campaign Results in Removal of Irresponsible Beer Ads** - Kudos to Youth of Umpqua Partners - For a drug-free future, who initiated a petition campaign that resulted in Anheuser-Busch beer distributor Western Beverage in Roseburg, OR., quickly taking down beer ads that sent the wrong message. Ads for *Busch Family 30 Packs* and *Bud Family 24 Pack Cubes* were found to be offensive for using the word "family," which could easily imply a beer for *every* family member. **Click here for more information.**
http://www.marininstitute.org/site/index.php?option=com_content&view=article&id=580&Itemid=13
- **Drugged, Combination of Drugged and Drunken Driving on the Increase in Oregon** - Drunken driving fatalities are dropping in Oregon, but fatalities due to drugged driving, and a combination of drunken and drugged driving, are on the increase, based on state data from the past few years. An article in the Dec. 30 Portland Tribune reported those trends, and stressed that part of the message the city of Portland aimed to convey with its recent Driving Under the Influence Awareness Week was that impaired driving is not limited to alcohol. **Click here for more information.**
http://www.portlandtribune.com/news/story.php?story_id=129366059022479500
- **Study: Parenting Style Plays Key Role in Binge Drinking** - Teens with parents who are either too strict or too indulgent tend to binge drink more than their peers, Brigham Young University researchers have found. The parenting style that led to the lowest levels of problem drinking borrowed something from each of the extremes. **Click here for more information.** <http://www.npr.org/2010/12/27/132288846/parenting-style-plays-key-role-in-teen-drinking?sc=emaf>
- **9Please let me share a story from Oregon Partnership's Military Helpline.** Every day since Matt's return from combat, he had been suffering flashbacks and feelings of guilt from surviving the conflict. The feelings were overwhelming him and creating tension within his family. After hearing our radio advertisement, he immediately pulled over to the side of the road and called our Military Helpline. **It created an opportunity for Matt to safely share those painful feelings that he had kept secret from the people in his life.** With assistance from the Military Helpline specialist - a fellow veteran - Matt was able to form an action plan to communicate his emotions with his family and get in touch with Veteran Counseling Services in his area. By addressing these issues early and obtaining mental health counseling and family support, **Matt now has hope for a smoother transition into civilian life and increased chances for success.**

This kind of confidential and complication-free support is exactly why the Military Helpline is vital to those men and women who have given us so much. **Now you have a chance to give back to them.** In honor of Veteran's Day, help us answer their call. Your gift of \$25, \$50 or more will help ensure that NO call will go unanswered. And more lives will be saved - <https://payments.auctionpay.com/ver3/?id=w003742>

New Addiction Professional

White Papers

- **Treatment Providers Share Their EMR Experiences and Results**

Provided by Celerity

http://www.addictionpro.com/ME2/dirmod.asp?sid=&type=forms&mod=Smart+Forms&fid=814BAC2C02BA437CBDCB49E7168FOCCD&tier=1&WA_MAILINGLEVEL_CODE=

Top Story

- [Increases in youth drug use lead to assault on marijuana messages](#) by Gary A. Enos, Editor
http://www.addictionpro.com/ME2/dirmod.asp?sid=&nm=&type=Publishing&mod=Publications%3A%3AArticle&mid=8F3A7027421841978F18BE895F87F791&tier=4&id=205C7DE58413475F949E4B361CEF83D3&WA_MAILINGLEVEL_CODE=
- **SEEKING PRESENTERS FOR NCAD 2011** - The National Conference on Addiction Disorders (NCAD) is accepting speaking proposals! Submit a proposal to join the conference faculty at NCAD 2011, sponsored by the publisher of *Addiction Professional* and taking place Sept. 17-21, 2011 in San Diego. Proposals should cover relevant topics within the addiction field, including those in the areas of treatment, recovery and prevention. The Call for Presentations closes Jan. 7. Submit now!
<http://www.ncad11.com>

Blogs

- **Women's Recovery Blog**
http://www.addictionpro.com/ME2/dirmod.asp?sid=440B847037BC4AFA8B377E381E9C548D&nm=&type=Blog&mod=BlogTopics&mid=67D6564029914AD3B204AD35D8F5F780&tier=7&id=54F7D16610D44B0AB18F7F25D55086F5&WA_MAILINGLEVEL_CODE=
One of the two new bloggers on the *Addiction Professional* Web site is Carol Ackley, executive director of River Ridge Treatment Center in Minnesota. She will write on issues and challenges in women's treatment services, and wants to know how readers are addressing these issues. She writes in her first posting, "I'd like to start this blog discussing women and relationships. Many women define themselves in the context of their relationships, relationships with themselves and other important people in their lives. . I would like to open up the dialogue about how you have helped women define unhealthy and healthy relationships and some of the material that has been helpful to you including books, experiential exercises, trainings and storytelling."
- **Blogging is NOT for sissies**
http://www.addictionpro.com/ME2/dirmod.asp?sid=440B847037BC4AFA8B377E381E9C548D&nm=&type=Blog&mod=BlogTopics&mid=67D6564029914AD3B204AD35D8F5F780&tier=7&id=9924DFEEA1A64FC3821EDAEE8499D67C&WA_MAILINGLEVEL_CODE=
Our other new blogger is Cynthia Moreno Tuohy, executive director of NAADAC, The Association for Addiction Professionals, who wants to establish a forum for resource sharing, policy dialogue, and news about NAADAC developments. In her first posting she offers information on an available resource: "A recently published book *Developing Clinical Skills for Substance Abuse Counseling* by Daniel Yalisove introduces the student to the basic theories and principles in addiction clinical practice. . The section on "Building Session Goals and Strategies" (BSGS) was a new take on the 'Client Individualized Treatment Plan,' a less confusing presentation of session goals and techniques."

More Addiction Professional

- **Product/Service Center: Electronic Health Records; Education Providers**
http://www.addictionpro.com/ME2/dirmod.asp?sid=&nm=&type=Publishing&mod=Publications%3A%3AArticle&mid=8F3A7027421841978F18BE895F87F791&tier=4&id=F19F9002E872467398D1E05161C4D742&WA_MAILINGLEVEL_CODE=
- **Upcoming Webinars - View Our Archived Webinars** - Programs for 2011 will be announced soon
<http://vendomewebinars.com/ME2/dirmod.asp?sid=7D6DBF0E417542D1BD2B73CAE9E1218A&type=gen&mod=Core+Pages&qid=B29B3898319645E88AF6D10C40E9DB8D>

New Community Anti-Drug Coalitions of America (CADCA) <http://www.cadca.org/>

- **CADCA's 21st annual National Leadership Forum Engages Coalitions** - If one word could describe CADCA's National Leadership Forum, which concluded today in the Washington D.C. area, it would be "engaging." From Monday's SAMHSA Community Prevention Day to Wednesday's Capitol Hill Day, to the plenaries and federal town hall meetings and, of course, the 100 training workshops for adults and youth alike, 2800 community leaders representing CADCA's coalitions around the world were, indeed, engaged. <http://www.cadca.org/resources/detail/cadca39s-21st-annual-national-leadership-forum-engages-coalitions>
- **Study Says Pot Use Might Speed Onset of Psychosis** - *Healthday* reports that smoking marijuana might trigger an earlier onset of psychosis, a new analysis of previously published research suggests. <http://www.cadca.org/resources/detail/study-says-pot-use-might-speed-onset-psychosis>
- **Request for Proposals** - The National Highway Traffic Safety Administration (NHTSA) is seeking local community-based organizations to conduct demonstration programs to demonstrate the feasibility and effect of pairing two complementary strategies for reducing youth access to alcohol: High Visibility Enforcement and Source Investigation. <http://www.cadca.org/resources/detail/request-proposals>
- **Tags on Beer Kegs Part of Strategy to Reduce Underage Drinking** - Michigan is the latest state to legislate "keg tagging," making it one of 32 states to implement this anti-underage drinking strategy. <http://www.cadca.org/resources/detail/tags-beer-kegs-part-strategy-reduce-underage-drinking>
- **CADCA Institute Workshops Help Coalitions Navigate Social Networks** - Social interaction and strong communication plans allow coalitions to effectively develop relationships with their communities and important stakeholders. In order to keep pace with the flow of modern communication and information-sharing channels, the use of social media has become a valuable way for coalitions to engage community members and foster discussion. CADCA's National Coalition Institute will help coalitions integrate social media strategies into their work through a variety of workshops at CADCA's National Leadership Forum, held Feb. 7-10 at National Harbor, Md. <http://www.cadca.org/resources/detail/cadca-institute-workshops-help-coalitions-navigate-social-networks>
- **Get the Word Out That You're Coming to Washington!** - For those of you attending CADCA's 21st annual National Leadership Forum, CADCA has developed several news release templates that you can use to help get the word out that you're coming to Washington to take part in CADCA's Forum and in Capitol Hill Day. <http://www.cadca.org/resources/detail/get-word-out-youre-coming-washington>
- **Bath Salts on Their Way Down the Drain** - Officials in 25 states are growing concerned about alarming numbers of adolescents and others ending up in emergency rooms and mental hospitals after intentionally snorting, injecting or smoking "fake cocaine," a powder legally sold as "bath salts," and are proposing bans. <http://www.cadca.org/resources/detail/bath-salts-their-way-down-drain>

- **Learn About Student Survey Sampling at Feb. 17th CADCA Institute Webinar** - Data on the prevalence of youth drug use in the community and the root causes and local conditions contributing to substance abuse is typically collected via student surveys implemented by the state or school systems. However, with the demise of the Safe and Drug Free Schools program and diminishing prevention funding, more and more coalitions are taking on the responsibility of implementing student surveys themselves. <http://www.cadca.org/resources/detail/learn-about-student-survey-sampling-feb-17th-cadca-institute-webinar>
- **Retired NFL Players Misuse Painkillers More Than General Population** - *Medical News Today* reports that retired NFL players use painkillers at a much higher rate than the rest of us, according to new research conducted by investigators at Washington University School of Medicine in St. Louis. <http://www.cadca.org/resources/detail/retired-nfl-players-misuse-painkillers-more-general-population>
- **Help Support Children of Alcoholics Week** - The National Association for Children of Alcoholics (NACoA) will host its Children of Alcoholics Week Feb. 13-19, themed "A Celebration of Hope and Healing." The time celebrates the recovery of the many thousands of people who have received help to recover from the pain and losses suffered in their childhood, and offers hope to those still suffering from the adverse impact of parental alcohol and drug addiction. <http://www.cadca.org/resources/detail/help-support-children-alcoholics-week>
- **Understanding Alcohol Deregulation and Alcohol Outlet Density Issues** - With many states facing budget shortfalls, more and more lawmakers are proposing deregulating alcohol sales and privatizing the sale of hard liquor. But how does this impact youth alcohol use and abuse, and what can coalitions do to tackle this issue? That's what experts will discuss at several sessions being held at **CADCA's 21st annual National Leadership Forum** Feb. 7-10th. <http://www.cadca.org/resources/detail/understanding-alcohol-deregulation-and-alcohol-outlet-density-issues>
- **Bath Salts Cause Concern in Some Communities** - Officials in 25 states are growing concerned about alarming numbers of adolescents and others ending up in emergency rooms and mental hospitals after intentionally snorting, injecting or smoking "fake cocaine," a powder legally sold as "bath salts," and are proposing bans. <http://www.cadca.org/resources/detail/bath-salts-cause-concern-some-communities>
- **Register for Free Webinar on Feb. 3 about Coalition/Fiscal Agent Relationship** - Many community coalitions are not legal entities and, thus, must utilize an outside agency as their fiscal agent or grantee for federal grant funding applications. This is especially applicable to community coalitions applying for Drug Free Communities Support Program (DFC) funding and many of the current DFC grantees. When not properly negotiated, the fiscal agent/coalition relationship can be challenging. To help coalitions better manage this relationship, CADCA's National Coalition Institute will host a webinar Feb. 3 at 3 p.m. EST. <http://www.cadca.org/resources/detail/register-free-webinar-feb-3-about-coalition-fiscal-agent-relationship>
- **Learn About New CADCA Efforts to Help Develop a Professional Prevention Workforce** - CADCA's National Coalition Institute will provide coalition members with new, innovative resources for professional development in the field of prevention at the 21st annual National Leadership Forum held at the Gaylord National Hotel and Convention Center in National Harbor, Md. from Feb. 7-10. <http://www.cadca.org/resources/detail/learn-about-new-cadca-efforts-help-develop-professional-prevention-workforce>
- **CNN Senior Medical Correspondent Elizabeth Cohen Moderates Forum Town Hall** - Elizabeth Cohen, CNN senior medical correspondent and author of "The

Empowered Patient," will be serving as moderator for a Federal Town Hall Meeting being held at CADCA's 21st annual National Leadership Forum from 1:30-3 p.m. on Tuesday, Feb. 8. The town hall will explore the Future of Evidence-based Practices and Coalitions. <http://www.cadca.org/resources/detail/cnn-senior-medical-correspondent-elizabeth-cohen-moderates-forum-town-hall>

- **Vote for the Best CADCA Forum Video** - Last fall, CADCA called on all young aspiring film producers and actors to create an entertaining and creative video about CADCA and CADCA's Forum. We received several submissions but we need YOUR help to pick the winner! So, please **CAST YOUR VOTE NOW** <http://research.zarca.com/clients/99jus6zi5/survey.aspx?sid=2&lang=0&data=> For the video that you think does the best job at illustrating why you should come to CADCA's National Leadership Forum. <http://www.cadca.org/resources/detail/vote-best-cadca-forum-video>
- **Heavy Smoking May Raise Breast Cancer Risk for Younger Women** - *Medical News Today* reports that women who smoke regularly before their menopause have a higher risk of developing lung cancer with the risk increasing before they get pregnant, researchers from Brigham and Woman's Hospital and Harvard Medical School wrote in *Archives of Internal Medicine*. <http://www.cadca.org/resources/detail/heavy-smoking-may-raise-breast-cancer-risk-younger-women>
- **ONDCP and SAMHSA Accepting DFC Applications** - The White House Office of National Drug Control Policy (ONDCP), in partnership with the Substance Abuse and Mental Health Services Administration (SAMHSA), last week announced the availability of new Drug Free Communities (DFC) Support Program funding. ONDCP expects to award approximately \$9.35 million for 75 new competing grants to support the efforts of community coalitions working to prevent and reduce substance use among youth. To help those interested in applying for a grant, ONDCP is hosting an applicant workshop on Friday, Feb. 11, following CADCA's 21st annual National Leadership Forum. <http://www.cadca.org/resources/detail/ondcp-and-samhsa-accepting-dfc-applications>
- **Study Suggests Alcohol Tax and Price Policies Decrease Alcohol-Related Health Problems** During the last several decades of research, epidemiology studies indicate drinking alcohol as a risk factor for an array of injuries, diseases, and social injustices and a leading cause of morbidity and mortality. According to a recent study published in the *American Journal of Public Health*, researchers found that alcohol taxes and prices have a significant and negative relationship with morbidity and mortality outcomes.
- <http://www.cadca.org/resources/detail/study-suggests-alcohol-tax-and-price-policies-decrease-alcohol-related-health-probl>
- **Youth Set the Stage for Change at CADCA Forum** - As coalitions who have active youth groups already know, youth who are heavily involved in coalition work contribute to community change. To support the leadership development of your youth, CADCA has created two experiences at our National Leadership Forum to equip youth with the essential knowledge and skills needed to make significant community-level change. <http://www.cadca.org/resources/detail/youth-set-stage-change-cadca-forum>
- **Illinois Rejects Medical Marijuana Bill** - The Illinois House has rejected legislation that would allow medical marijuana for some patients in the state. House members rejected the bill last week on a vote of 60-56. <http://www.cadca.org/resources/detail/illinois-rejects-medical-marijuana-bill>
- **CADCA Video Contest Deadline Approaching** - The deadline is Monday for CADCA's video contest. Don't miss out on a chance to win a Wii system by participating in CADCA's video contest to see who can create the most entertaining and creative video about CADCA and CADCA's upcoming National Leadership Forum. <http://www.cadca.org/resources/detail/cadca-video-contest-deadline-approaching>

- **Painkillers a Growing Drug Addiction** - According to the subscription-based *Harvard Mental Health Letter* article, "Pain killers fuel growth in drug addiction," prescription painkillers kill about twice as many people as cocaine and five times as many as heroin. Nearly two million Americans are dependent on or abusing opioid pain relievers, which are nearly twice as many as are addicted to cocaine.
<http://www.cadca.org/resources/detail/painkillers-growing-drug-addiction>
- **CADCA Honors National Coalition Academy Graduates at National Leadership Forum** - CADCA will honor 134 coalitions who successfully completed the National Coalition Academy during CADCA's 21st Annual National Leadership Forum, being held at the Gaylord National Hotel and Convention Center in National Harbor, Md.
<http://www.cadca.org/resources/detail/cadca-honors-national-coalition-academy-graduates-national-leadership-forum>
- **Wake up with CADCA at the Forum Members' Breakfast** - Join us for our annual members' breakfast at CADCA's National Leadership Forum next month. The members' breakfast, on Feb. 9, will feature guest speakers Dr. Steven A. Schroeder, Director of the Smoking Cessation Leadership Center at the University of California, San Francisco and Brian M. McLaughlin, Senior Associate Administrator for Traffic Injury Control, National Highway Traffic Safety Administration.
<http://www.cadca.org/resources/detail/wake-cadca-forum-members-breakfast>
- **DFC Grantees: Don't Miss Community Prevention Day** - The Substance Abuse and Mental Health Services Administration (SAMHSA)'s Center for Substance Abuse Prevention (CSAP) will convene its 7th Annual Community Prevention Day Feb. 7 in conjunction with CADCA's 21st Annual National Leadership Forum.
<http://www.cadca.org/resources/detail/dfc-grantees-dont-miss-community-prevention-day>
- **Podcast Provides In-Depth Look at Logic Models** - In last month's audio podcast, Jane Callahan, Director of CADCA's National Coalition Institute, explained the concept of a logic model and how it helps coalitions define their goals and efforts within the context of their communities.
<http://www.cadca.org/resources/detail/podcast-provides-depth-look-logic-models>
- **Get Youth Involved in Counter Super Bowl Alcohol Advertising** - The NFL Super Bowl is known for its commercials as much as the game itself. Did you know that about 18 percent of the Super Bowl's total viewing audience will be youth under 21, meaning that children and youth will be exposed to the dozens of alcohol-related commercials shown during the Super Bowl? To help shed light on how alcohol advertising impacts youth, the Drug-Free Action Alliance is inviting youth to participate in their Big Bowl Vote 2011, an annual survey open to middle and high school students.
<http://www.cadca.org/resources/detail/get-youth-involved-counter-super-bowl-alcohol-advertising>
- **ONDCP and SAMHSA Accepting Applications for \$9.35 Million To Bolster Drug-Free Community Prevention and Education Efforts** - The White House Office of National Drug Control Policy (ONDCP), in partnership with the U.S. Department of Health and Human Services' Substance Abuse and Mental Health Services Administration (SAMHSA), this week announced the availability of new Drug Free Communities (DFC) Support Program funding. ONDCP expects to award approximately \$9.35 million for 75 new competing grants to support the efforts of community coalitions working to prevent and reduce substance use among youth. **The deadline to submit DFC grantee applications is Friday, March 18.** To help those interested in applying for a grant, ONDCP is hosting an applicant workshop on Friday, Feb. 11, following CADCA's 21st annual National Leadership Forum.
<http://www.cadca.org/resources/detail/ondcp-and-samhsa-accepting-applications-935-million-bolster-drug-free-community-pre>

- **SAMHSA Workshop Uses Social Media to Engage Participants Before-and-After Session** - How do you engage your audience(s), create conversations and share information when you can't meet face-to-face? Social media make it easier than ever. And a new tool is helping conference planners engage audience(s) BEFORE in-person sessions start and continue conversations after the workshops are finished.
<http://www.cadca.org/resources/detail/samhsa-workshop-uses-social-media-engage-participants-and-after-session>
- **Cigarette Smoke Ignites Bad Health in Minutes** - New research highlighting the devastating effects of smoking, points out that tobacco smoke causes genetic damage within minutes, *Medical News Today* reports.
<http://www.cadca.org/resources/detail/cigarette-smoke-ignites-bad-health-minutes>
- **Learn How to Prevent Prescription Drug Abuse on New Video Program** - Efforts to increase the perception of harm for prescription drugs seem to be working. After years of dangerous growth, the misuse of prescription drugs seems to have leveled off, according to the recent Monitoring the Future survey. However, while it's not increasing, it's not decreasing either, meaning more prevention efforts are necessary.
<http://www.cadca.org/resources/detail/learn-how-prevent-prescription-drug-abuse-new-video-program>
- **CADCA Adds More Research to Coalition Work While Reducing Impaired Driving and Underage Drinking** - The results of an innovative project bridging researchers and coalition members will be discussed at CADCA's 21st annual National Leadership Forum workshop "Actively Building Community-Researcher Partnerships: Lessons learned from a NHTSA-Sponsored Project to Promote Collaboration Between Researchers and Communities to Effectively Prevent Underage Drinking and Impaired Driving." <http://www.cadca.org/resources/detail/cadca-adds-more-research-coalition-work-while-reducing-impaired-driving-and-underage>
- **Become an Evaluation Expert at the CADCA Forum** - A strong evaluation skill set is a critical component of evidence-based coalition work, allowing organizations to analyze data and outcomes and identify key areas of improvement in their operations. In order to help coalitions become more effective community change agents, CADCA's National Coalition Institute will present three workshops on coalition evaluation and research at [CADCA's 21st annual National Leadership Forum](#), held at the Gaylord National Hotel and Convention Center in National Harbor, Md. from Feb. 7-10.
<http://www.cadca.org/resources/detail/become-evaluation-expert-cadca-forum>
- **Neuroimaging Study Shows that Watching Actors Smoke Activates Brain Regions Associated with Smoking Behaviors** - A new National Institute on Drug Abuse-funded study suggests that smokers trying to quit who watch actors engaging in smoking in a movie might trigger cravings.
<http://www.cadca.org/resources/detail/neuroimaging-study-shows-watching-actors-smoke-activates-brain-regions-associated-s>
- **Binge Drinking Proves Health Inequalities and Similarities** - A new study conducted by the Centers for Disease Control and Prevention's Division of Adult and Community Health, National Center for Chronic Disease Prevention and Health Promotion, "Binge Drinking, United States, 2009," highlights some disparities among adults who binge drink. The study was released recently as an MMWR Supplement and is included in the first periodic **CDC Health Disparities and Inequalities Report**.
http://www.cdc.gov/mmwr/preview/mmwrhtml/su6001a22.htm?s_cid=su6001a22_w
Read More <http://www.cadca.org/resources/detail/binge-drinking-proves-health-inequalities-and-similarities>
- **Engaging Youth One of Many Strategies Presented at CADCA Forum** - Time and time again, the most successful community coalitions are ones that have an active youth group to initiate and sustain environmental change. The Gunnison County Substance Abuse Prevention Project in Colorado will share their success with recruiting and

partnering with youth at their workshop "Tapping into the Powerful Student Voice: Creative Ways to Engage Youth in Your Community" at CADCA's 21st annual **National Leadership Forum** Feb. 7-10th. **Read more...**
<http://www.cadca.org/resources/detail/engaging-youth-one-many-strategies-presented-cadca-forum>

- **Attention Youth: CADCA Video Contest Reopened!** - Calling all aspiring film producers and actors! It's time to dust off your video camera and put your creativity to the test. CADCA has launched a video contest to see who can create the most entertaining and creative video about CADCA and CADCA's Forum. The winner will get free Wii system! The new deadline is **Jan. 17, 2011** **Read more...**
<http://www.cadca.org/resources/detail/cadca-youth-video-contest-reopened>
- **Smokers' Former Homes May be Toxic to New Residents** - Residue in walls and ceilings could pose harm to new residents who move into former smokers' homes, *HealthDay News* reports. **Read more...**
<http://www.cadca.org/resources/detail/smokers-former-homes-may-be-toxic-new-residents>
- **CADCA Comments on Revised National Prevention and Health Promotion Strategy** - On Oct. 15, CADCA submitted comments on the Department of Health and Human Services' draft framework for the Prevention and Health Promotion Strategy (the Strategy), which was mandated in the Affordable Care Act and will play a critical role in its implementation. The goal of the Strategy is to identify priorities to improve the delivery of health care services, patient health outcomes, and population health.
<http://www.cadca.org/resources/detail/cadca-comments-revised-national-prevention-and-health-promotion-strategy>
- **CADCA Comments on the National Prevention and Health Promotion Strategy** - CADCA recently provided comments on the National Prevention and Health Promotion Strategy, part of healthcare reform. CADCA wholeheartedly supports the goals of creating community environments that are conducive to making healthy choices as well as implementing effective prevention practices. CADCA is also pleased to see that the draft Strategic Directions include a focus on countering alcohol/substance misuse. However, we would like to see more emphasis placed on preventing illegal drug use and the misuse and abuse of prescription and over-the-counter drugs, as well as a broader focus on prevention strategies than just screening and brief intervention. **Read more...**
<http://www.cadca.org/resources/detail/cadca-comments-national-prevention-and-health-promotion-strategy>
- **CADCA Congratulates New DEA Administrator Michele M. Leonhart** - The United States Senate unanimously voted to confirm Michele M. Leonhart Dec. 22 as the 10th Administrator of the Drug Enforcement Administration. **Read more...**
<http://www.cadca.org/resources/detail/cadca-congratulates-new-dea-administrator-michele-m-leonhart>
- **Coalition Partners with Law Enforcement to Reduce Holiday Underage Drinking** - With the advent of mobile devices and the internet, people don't send as many letters as they used to. During the holiday season, organizations might send out an appeal letter asking for a special donation. Children send letters to Santa Claus. This year, a Tennessee coalition and its police chief wrote letters to more than 100 retailers asking them to save lives. **Read more...**
<http://www.cadca.org/resources/detail/coalition-partners-law-enforcement-reduce-holiday-underage-drinking>

New Materials available from American Psychiatric Publishing, Inc
www.PsychiatryOnline.com

- **FOCUS The Journal of Lifelong Learning in Psychiatry** - Editors: Deborah J. Hales, M.D., and Mark Hyman Rapaport, M.D.

The FOCUS system - FOCUS is the best system to meet the Maintenance of Certification requirements of the ABPN, self-assessment, and lifelong learning. In one easy subscription FOCUS provides a comprehensive review of current clinical practice based on the content outlined by the ABPN recertification exam. You'll also get unlimited online access to all current and back issues with up to 40 AMA PRA Category 1 Credits™ for your current subscription year.

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- **Volume VI (2008):** Major Depressive Disorder and Suicide; Schizophrenia: Cognition and Outcomes; Child and Adolescent Psychiatry; Panic and Social Phobia
 - **Volume VII (2009):** Geriatric Psychiatry; Psychosomatic Medicine; PTSD and Disaster Psychiatry; Disorders of Sleep and Eating
 - **Volume VIII (2010):** Psychotherapy; Personality and Temperament; Psychiatric Genetics and Genomics; Psychopharmacology
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- **The American Journal of Psychiatry - Journal of the American Psychiatric Association** - Editor-in-Chief: Robert Freedman, M.D.
- **Psychiatric Services - A Journal of the American Psychiatric Association.** Editor: Howard H. Goldman, M.D., Ph.D.
- **The Journal of Neuropsychiatry and Clinical Neurosciences - The Official Journal of the American Neuropsychiatric Association** Editor: Stuart C. Yudofsky, M.D. Deputy Editor: Robert E. Hales, M.D., M.B.A.
- **Academic Psychiatry** Editor: **Laura Weiss Roberts, M.D.**
 - The Journal of the American Association of Directors of Psychiatric Residency Training

- The Journal of the Association for Academic Psychiatry
- The Journal of the Association of Directors of Medical Student Education in Psychiatry
- The Journal of the American Association of Chairs of Departments of Psychiatry
- **Focus - The Journal of Lifelong Learning in Psychiatry** - Editors: Deborah Hales, M.D., and Mark Hyman Rapaport, M.D.
- **Psychiatric News - The Official Newspaper of the American Psychiatric Association** Interim Editor: Carolyn B. Robinowitz, M.D
- **8The American Psychiatric Publishing Textbook of Psychosomatic Medicine - Psychiatric Care of the Medically III, Second Edition - Edited by James L. Levenson, M.D.** Extensively updated in this second edition, this book is the preeminent reference for this new subspecialty, which has grown from a field relying on clinical experience and theory into a discipline grounded in empirical research with relevance throughout medical care. This book captures the diversity of the field, whose practitioners represent a multiplicity of perspectives. A quarter of the chapters are entirely new, and all have been extensively revised. 2011 · 1,200 pages · ISBN 978-1-58562-379-2 · Hardcover \$219.00 · Item #62379
- **Study Guide to Psychosomatic Medicine - A Companion to The American Psychiatric Publishing Textbook of Psychosomatic Medicine, Second Edition - James A. Bourgeois, O.D., M.D., Robert E. Hales, M.D., M.B.A., and Narriman C. Shahrokh.** *Study Guide to Psychosomatic Medicine* is a question-and-answer companion that allows you to evaluate your mastery of the subject matter as you progress through *The American Psychiatric Publishing Textbook of Psychosomatic Medicine*, Second Edition. The *Study Guide* is made up of 271 questions divided into 41 individual quizzes of 5–10 questions each that correspond to chapters in the *Textbook*. Questions are followed by an Answer Guide that references relevant text in the *Textbook*. [2011 · 264 pages · ISBN 978-1-58562-403-4 · Paperback \\$49.00 · Item #62403](#)
- **Self-Assessment in Psychosomatic Medicine** - A CME Companion to *The American Psychiatric Publishing Textbook of Psychosomatic Medicine*, Second Edition - **James A. Bourgeois, O.D., M.D., Robert E. Hales, M.D., M.B.A., and Narriman C. Shahrokh.** *Earn up to 20.5 AMA PRA Category 1 CME Credits™!* [2011 · ISBN 978-1-58562-332-7 · 12 month subscription \\$54.00 · Item #562332](#)

New Materials from Research Press Publishers <http://www.researchpress.com>

You are invited to visit the Research Press exhibit booth at the National Association of School Psychologists conference, - February 22-25, San Francisco.

<http://www.nasponline.org/conventions/index.aspx>

- **Resilience Builder Program for Children and Adolescents - Enhancing Social Competence and Self-Regulation** - (includes CD) Dr. Mary Karapetian Alvord, Dr. Bonnie Zucker, and Dr. Judy Johnson Grados
<http://www.researchpress.com/product/item/6620/>
- **Effective RTI Training and Practices - Helping School and District Teams Improve Academic Performance and Social Behavior** - Dr. Gary L. Cates, Dr. Craig Blum, and Dr. Mark E. Swerdlik (includes CD)
<http://www.researchpress.com/product/item/6625/>
- **G.I.R.L.S. Girls in Real-Life Situations - Group Counseling Activities for Enhancing Social and Emotional Development** - Julia V. Taylor and Dr. Shannon Trice-Black - Grades K-5, (includes CD), Grades 6-12, (includes CD), SET of both volumes. <http://www.researchpress.com/product/item/6542/>
- **Medication Fact Sheets - A Behavioral Medication Reference for Educators** - Dr. Dean E. Konopasek (includes CD) <http://www.researchpress.com/product/item/5550/>

- **Raising Special Kids** - A Group Program for Parents of Children with Special Needs
Dr. Jared D. Massanari and Alice E. Massanari - Facilitator's Manual, Parent Guidebook,
<http://www.researchpress.com/product/item/5356/>
- **SDM/SPS – Grades 6-8 - Social Decision Making/Social Problem Solving** - Skills and Activities for Academic, Social, and Emotional Success - Dr. Maurice J. Elias and Linda Bruene Butler. (includes CD) <http://www.researchpress.com/product/item/6570/>
- **Connecting with Others - Lessons for Teaching Social and Emotional Competence** - Dr. Rita Combs-Richardson - Grades K-2 -Grades 3-5 - Grades 6-8 - Grades 9-12 - SET of all four volumes.
<http://www.researchpress.com/product/item/4917/>
- **Cyberbullying and Cyberthreats - Responding to the Challenge of Online Social Aggression, Threats, and Distress** - Nancy E. Willard.
<http://www.researchpress.com/product/item/6525/>
- **SDM/SPS (Grades 2-3) - Social Decision Making/Social Problem Solving Skills and Activities for Academic, Social, and Emotional Success** - Dr. Maurice J. Elias and Linda Bruene Butler. <http://www.researchpress.com/product/item/6565/>

New Office of Victims of Crime <http://www.ncjrs.gov/> www.ovc.gov/ncvrw

- The **2011 NCVRW Online Resource Guide** <http://ovc.ncjrs.gov/ncvrw2011/index.html> contains everything you need to host and promote National Crime Victims' Rights Week (NCVRW) in your community in a new, more user-friendly package. This year's theme—Reshaping the Future • Honoring the Past—reflects on victims, their families, and the professionals who serve them. With the 2011 NCVRW Online Resource Guide you can— Download helpful hints on how to **maximize communication and awareness** <http://ovc.ncjrs.gov/ncvrw2011/pdf/maximize-communications.pdf> and review suggestions for **working with the media**. <http://ovc.ncjrs.gov/ncvrw2011/pdf/media.pdf> Promote your event with **public awareness posters** http://ovc.ncjrs.gov/ncvrw2011/poster_gallery.html and **other campaign materials**. http://ovc.ncjrs.gov/ncvrw2011/camera_ready.html Place **Web ads** <http://ovc.ncjrs.gov/ncvrw2011/webbanners.html> on your Web site or view **the 2011 theme DVD**. <http://ovc.ncjrs.gov/ncvrw2011/themedvd.html> View **Spanish language sections** <http://ovc.ncjrs.gov/ncvrw2011/spanish-sections.html> of the NCVRW Online Resource Guide. Join OVC in our mission to help communities and victim assistance providers promote awareness of crime victim issues. Download the **complete guide** <http://ovc.ncjrs.gov/ncvrw2011/index.html> now or **choose a specific section** <http://ovc.ncjrs.gov/ncvrw2011/index.html>
- **Anti-Human Trafficking Task Force Strategy and Operations e-Guide** <https://www.ovcttac.gov/taskforceguide/>
 - Suggestions for forming a new Task Force
 - Ideas for strengthening Task Forces
 - Creative strategies, examples, and good practices
 - Links to tools, trainings and resources
- **Vision 21: Transforming Victim Services** - OVC is pleased to introduce the [Vision 21: Transforming Victim Services](#) initiative, an exciting and innovative effort to chart a course for the future of the victim services field in the United States! The overarching goal of the initiative, [formerly known as HOPE III](#), is to expand the vision and impact of the crime victim services field by designing a philosophical and strategic framework for defining the role of the field in the country's response to crime and moving the field forward in the future. To facilitate this goal, five organizations will collectively undertake a comprehensive analysis of the current state of the crime victims field in the United States. Four of the organizations will conduct a thorough literature review on one of the following issue areas—

- [The role of the crime victims field in the overall response to crime and delinquency in the United States.](#)
- [Building capacity in the crime victims field to better serve victims of crime.](#)
- [Enduring challenges in the crime victims field that still are being addressed.](#)
- [Emerging challenges the crime victims field has yet to address.](#)

Each organization will also convene a 2-day forum of 30–40 stakeholders, including crime victims and representatives from federal, national, state, local, and tribal organizations and agencies. Based on information gathered from the literature review, forum discussions, and other modes of information gathering, project staff will develop thematic reports addressing their broad-based issue area.

The fifth organization will analyze the information from the four reports and develop a [final synthesis document](#), which will provide a cohesive and comprehensive assessment of the current state of the victim services field in the United States, a set of recommendations and a blueprint for a national demonstration project (or multiple demonstration projects) to implement those recommendations. This final report will also address ways to overcome the political, policy, and philosophical perspectives and challenges in the field; what actions federal, national, state, local, and tribal entities will need to take to address the recommendations; and what role OVC has in fostering the implementation of the recommendations.

New Materials from Office of Juvenile Justice and Delinquency Prevention (OJJDP)
<http://www.ojjdp.gov/> <http://www.ncjrs.gov/app/publications/alphaList.aspx>

- **DOJ Releases Proposed Prison Rape Elimination Act Standards for Public Comment** - On February 3, 2011, the U.S. Department of Justice (DOJ) published the proposed, "[National Standards to Prevent, Detect, and Respond to Prison Rape](#)," in the Federal Register. These guidelines are based on draft sexual assault prevention standards issued by the National Prison Rape Elimination Commission (NPREC) in 2009. The Attorney General has modified the Commission's proposed standards and issued this draft final rule that incorporates feedback received last year in response to the Department's call for comment. These proposed standards include guidelines for adult prisons/jails, lockups, juvenile facilities, and community confinement facilities. DOJ requests [comments](#) on the proposed final rule. These comments must be submitted by April 4, 2011. Resources: Read the proposed National Standards to Prevent, Detect, and Respond to Prison Rape at <http://www.regulations.gov/#!documentDetail;D=DOJ-OAG-2011-0002-0001>. Submit a comment online at <http://www.regulations.gov/#!submitComment;D=DOJ-OAG-2011-0002-0001>.
- **Report Describes Trends in U.S. High School Dropout and Completion Rates** - The National Center for Education Statistics has published a [report](#) that provides high school dropout and completion rates in the United States between 1972 and 2008. Data also present students' age, sex, and race/ethnicity, and the rates of on-time graduation from high school. Findings show that approximately 3 million 16–24 year-olds were not enrolled in high school or had not earned a high school diploma or alternative credential by October 2008. Resources: View the full report, "Trends in High School Dropout and Completion Rates in the United States: 1972–2008" at <http://nces.ed.gov/pubsearch/pubsinfo.asp?pubid=2011012>.
- **OJJDP News @ a Glance, November/December 2010** - The Office of Juvenile Justice and Delinquency Prevention (OJJDP) announces the availability of "[OJJDP News @ a Glance, November/December 2010](#)." http://www.ncjrs.gov/html/ojjdp/news_at_glance/232214/index.html The bimonthly newsletter provides readers with news about OJJDP activities, publications, funding opportunities, and events. This issue's [lead article](#) http://www.ncjrs.gov/html/ojjdp/news_at_glance/232214/topstory.html reports on OJJDP's initiatives to prevent and intervene in girls' delinquency. Those initiatives include

the Girls Study Group, a research project to investigate the roots of and solutions to girls' delinquency; a range of publications; training and technical assistance; gender-specific programming; and assessment tools. The latest newsletter also includes articles on the following topics, among others: OJJDP's **FY 2010 grant awards**.

http://www.ncjrs.gov/html/ojjdp/news_at_glance/232214/sf_1.html An OJJDP survey of juvenile justice professionals to determine **training and technical assistance needs**.

http://www.ncjrs.gov/html/ojjdp/news_at_glance/232214/sf_2.html The recent

National AMBER Alert Symposium. For dial-in information, go to

www.livestream.com/facebookdclive. For more information about the AMBER Alert program, visit www.amberalert.gov.

- **Assistant Attorney General Announces New AMBER Alert Initiative** - In a recent Department of Justice **blog**, <http://blogs.usdoj.gov/blog/archives/1139> Assistant Attorney General Laurie Robinson highlights the National Center for Missing & Exploited Children's partnership with Facebook that allows users to receive AMBER Alerts through the Facebook Web site. By becoming a "fan" of the **Amber Alert page**, <http://www.facebook.com/apps/application.php?id=2374919178&v=info> Facebook users can receive AMBER Alerts issued in their regions and actively display them on their profiles. Robinson writes, "As the National AMBER Alert Coordinator, I am pleased to see the growth of the program's national network. I would like to thank the National Center for Missing & Exploited Children and Facebook for working together to develop another way the public can join with us to bring home missing and abducted children. We can all play our part by being aware and responsive to AMBER Alert postings that we will now see on Facebook." Resources: To read Laurie Robinson's blog post, go to: <http://blogs.usdoj.gov/blog/archives/1139>. To watch an archived press conference announcing the new partnership, go to: <http://www.livestream.com/facebookdclive>.
- **OJJDP Published Proposed FY 2011 Program Plan** - The Office of Juvenile Justice and Delinquency Prevention (OJJDP) has published a **Notice of its Proposed Plan for Fiscal Year (FY) 2011** <http://ojjdp.gov/funding/FY11OJJDPProposedPlan.pdf> in the January 12, 2011, Federal Register. The Proposed Plan describes discretionary program activities that OJJDP proposes to carry out during FY 2011. To view OJJDP's Proposed Plan and detailed guidance on submitting comments, visit ojjdp.gov/funding/FY11OJJDPProposedPlan.pdf. Comments may be submitted online at www.regulations.gov/#!documentDetail;D=OJJDP-OJP-2011-0001-0001. A copy of the Proposed Plan is also accessible from this page.
- **OJJDP To Fund Tribal Youth Research and Mentoring Programs** - The Office of Juvenile Justice and Delinquency Prevention (OJJDP) has released two solicitations for proposals to fund research and programs for tribal youth. **Tribal Youth Field Initiated Research and Evaluation Programs** <http://ojjdp.gov/funding/FundingDetail.asp?fi=212> will fund studies on effective programs, policies, and strategies for the prevention and intervention of tribal youth delinquency. **Tribal Youth National Mentoring Program** <http://ojjdp.gov/funding/FundingDetail.asp?fi=213> encourages tribal organizations and tribes to propose national initiatives that provide mentoring services to youth on tribal reservations. **Applicants must register and submit their proposals by February 28, 2011**. Resources: To download the full solicitation, "Tribal Youth Field Initiated Research and Evaluation Programs," visit ojjdp.gov/grants/solicitations/FY2011/OJJDP%20FY%2011%20TFIRE.pdf. To download the full solicitation, "Tribal Youth National Mentoring Program," visit ojjdp.gov/grants/solicitations/FY2011/OJJDP%20FY%2011%20TribalYouthMentoring.pdf. To obtain further information about the above and other current OJJDP solicitations, including eligibility criteria and application deadlines, visit ojjdp.ncjrs.gov/funding/FundingList.asp.

- **OJJDP Announces FY 2011 Funding Opportunities on Gang Prevention** - The Office of Juvenile Justice and Delinquency Prevention (OJJDP) has announced the following funding opportunities: **National Gang Center**
<http://www.ojjdp.gov/funding/FundingDetail.asp?fi=217>
Comprehensive Anti-Gang Strategies and Programs
<http://www.ojjdp.gov/funding/FundingDetail.asp?fi=221>
Resources: To obtain further information about the above and other current OJJDP solicitations, including eligibility criteria and application deadlines, visit <http://www.ojjdp.gov/funding/FundingList.asp>.
- **OJJDP Bulletin Describes the Characteristics and Backgrounds of Youth in Placement** - The Office of Juvenile Justice and Delinquency Prevention (OJJDP) has published "[Youth's Characteristics and Backgrounds: Findings From the Survey of Youth in Residential Placement](#)." The bulletin, part of OJJDP's Survey of Youth in Residential Placement series, describes the characteristics, family and educational backgrounds, offense histories, and expectations of youth in residential placement. Resources: "Youth's Characteristics and Backgrounds: Findings From the Survey of Youth in Residential Placement" is available at www.ojjdp.gov/publications/PubAbstract.asp?pubi=249737. Print copies can be ordered online from the National Criminal Justice Reference Service. Order: <http://www.ncjrs.gov/App/ShoppingCart/ShopCart.aspx?item=NCJ+227730>
For further information about the Survey of Youth in Residential Placement, visit www.syrp.org.
- **Webinar To Discuss the Effects of Childhood Trauma in Girls' Lives** - The U.S. Department of Health and Human Services' Office on Women's Health will present a Webinar on the effects of trauma over girls' lifespans. [Lifecourse Effects of Trauma in the Lives of Girls: Findings from the Adverse Childhood Experiences Study](#)
<https://services.choruscall.com/links/womenshealth.html> will explore the frequency of trauma in girls' childhood and discuss how that trauma affects women's physical and mental health and behavior. Participants will learn best practices in trauma-informed care and identify ways to integrate these practices when providing services to trauma victims. Resources: To learn more about this Webinar and register online, visit <https://services.choruscall.com/links/womenshealth.html>.
- **Report Offers Information on School Crime and Victimization** - The Office of Justice Programs' Bureau of Justice Statistics, in collaboration with the National Center for Education Statistics, has published the report, "[Indicators of School Crime and Safety: 2010](#)." <http://bjs.ojp.usdoj.gov/index.cfm?ty=pbdetail&iid=2231> The report draws on federally funded studies to present detailed statistical information about the crime that occurs in school and on the way to and from school. It presents data from the perspectives of students, teachers, and principals. Topics addressed include bullying, victimization, fights, weapons, drug and alcohol use by students, school conditions, and student perceptions of personal safety. Resources: "Indicators of School Crime and Safety: 2010" is available online at bjs.ojp.usdoj.gov/content/pub/pdf/iscs10.pdf.
- **Web-Based Training Provides Tips for Appellate Attorneys Handling Child Welfare Cases** - The American Bar Association will host a free Web-based training for attorneys who represent clients appealing child welfare cases. [Appellate Training For Parents' Attorneys in Child Welfare Cases: Tips for Attorneys Filing and Writing Appeals](#), http://new.abanet.org/child/PublicDocuments/appeals_training_flyer2.doc will provide tips for appellate attorneys that parents have hired to work on child welfare cases. The training will describe how to file an appeal and discuss common occurrences that may arise during the appeal-including constitutional issues and incorrect rulings on pre-trial motions. Resources: For more information, or to register, contact Elizabeth Thornton at thorntoe@staff.abanet.org.

- **Webinar To Address Service Provision for High-Risk Juvenile Offenders** - On January 6, 2011, at 3 p.m. E.T., the Office of Juvenile Justice and Delinquency Prevention's Court Coordination Program will host a free Webinar on providing community services for high-risk juvenile offenders. "**Court Coordination Program: Thinking Small May Be the Best Way to Accomplish Something Big**" <http://dsgdev.dsgonline.com/ccpwebinar/> will help juvenile justice practitioners learn to leverage the authority of a juvenile court judge and gain the assistance of public and private agencies in offering services to high-risk juvenile offenders. This no-cost approach can help communities improve delivery of critical juvenile services. Resources: To register online, visit www.dsgonline.com/ccp/webinar/webinar.01.html. For more information, contact Dave Marsden at dmarsden@dsgonline.com or 301-951-0056.
- **OJJDP Bulletin Provides Overview of Gang Prevention Research** - The Office of Juvenile Justice and Delinquency Prevention (OJJDP) has published "**Gang Prevention: An Overview of Research and Programs**." <http://www.ojjdp.gov/publications/PubAbstract.asp?pubi=253165> The bulletin presents an overview of gang research and programs in the United States and examines how gangs form and why youth join them. It also describes how community members can start assessing their gang problems and enhance prevention and intervention activities to help prevent delinquency and gang violence. The author identifies promising and effective programs for gang prevention. Resources: "Gang Prevention: An Overview of Research and Programs" (NCJ 231116) is available at www.ojjdp.gov/publications/PubAbstract.asp?pubi=253165. Print copies can be ordered online from the National Criminal Justice Reference Service. <http://www.ncjrs.gov/App/shoppingcart/ShopCart.aspx?item=NCJ%20231116>
- **Paper Presents Tool To Improve the Effectiveness of Juvenile Justice Programs** - On December 3, 2010, Georgetown Public Policy Institute's Center for Juvenile Justice Reform released a paper titled "**Improving the Effectiveness of Juvenile Justice Programs: A New Perspective on Evidence-Based Practice**." <http://cjjr.georgetown.edu/pdfs/ebp/ebppaper.pdf> The paper provides an overview of a tool that can help measure the effectiveness of existing juvenile justice programs and determine how they can be improved. It embeds this tool within "The Comprehensive Strategy for Serious, Violent and Chronic Offenders" to support a full continuum of effective programming and ensure youth are matched to programs that meet their needs and level of risk. Shay Bilchik, the Center's director, emphasized that the framework presented in the paper provides an approach that has been missing from evidence-based practice in the past. He said, "It is not just about evaluating programs, but ensuring that there is a sufficient array of programs available, that youth are matched to appropriate services based on risk and need and that services are evaluated to determine if we are achieving the outcomes the science tells us we should be able to realize." Overall, the tool is designed to help states implement evidence-based treatment programs that reduce recidivism. Resources: The paper and related materials are available at cjjr.georgetown.edu.
- **DOJ's Civil Rights Division Releases Anti-Bullying Video** - On December 9, 2010, The Department of Justice's Civil Rights Division released a **video** <http://blogs.usdoj.gov/blog/archives/1088> that focuses on stopping bullying and harassment of lesbian, gay, bisexual, and transgender (LGBT) youth, as well as other youth who do not conform to traditional expectations about gender roles or appearance. The video is part of the Division's "It Gets Better" project, in which LGBT adults and straight allies share experiences to show youth that life gets better after high school. The video features DOJ employees, who share stories of their own experiences with bullying and harassment and provide personal messages of support to youth. It emphasizes that DOJ is committed to ending bullying and harassment in schools, and highlights the Department's authority to enforce laws that protect students from bullying

- because of sexual orientation or gender stereotyping. Resources: To view the video, visit blogs.usdoj.gov/blog/.
- **OJJDP Bulletin Presents Findings from the Evaluation of the Gang Reduction Program** - The Office of Juvenile Justice and Delinquency Prevention (OJJDP) has published "**Findings From the Evaluation of OJJDP's Gang Reduction Program.**" <http://www.ojjdp.gov/publications/PubAbstract.asp?pubi=252138> This bulletin presents findings from the Urban Institute's evaluation of the OJJDP Gang Reduction Program's work to reduce gang-related street crime in Los Angeles, CA; Milwaukee, WI; North Miami Beach, FL; and Richmond, VA. The Gang Reduction Program emphasizes addressing youth's needs and making changes in the families, communities, and organizations around them. Resources: "Findings from the Evaluation of OJJDP's Gang Reduction Program" (NCJ 230106) is available at www.ojjdp.gov/publications/PubAbstract.asp?pubi=252138. Print copies can be ordered online from the National Criminal Justice Reference Service. <http://www.ncjrs.gov/App/shoppingcart/ShopCart.aspx?item=NCJ%20230106>
 - **OJJDP Bulletin Describes Link Between Substance Use and Serious Offending - Substance Use and Delinquent Behavior Among Serious Adolescent Offenders.** <http://www.ojjdp.gov/publications/PubAbstract.asp?pubi=254883> This bulletin presents results from the Pathways to Desistance study, which interviewed more than 1,300 juvenile offenders for the 7 years after their conviction to determine what leads them to persist in or desist from serious offending. It focuses on understanding the connection between substance use and serious offending, including how these behaviors affect one another in adolescence and how they change in early adulthood, particularly when one behavior ceases. Resources: "Substance Use and Delinquent Behavior Among Serious Adolescent Offenders" (NCJ 232790) is available at www.ojjdp.gov/publications/PubAbstract.asp?pubi=254883. Print copies can be ordered online from the National Criminal Justice Reference Service. <http://www.ncjrs.gov/App/shoppingcart/ShopCart.aspx?item=NCJ%20232790>
 - **OJJDP Honors Irving Spergel, Creator of the OJJDP Comprehensive Gang Model** - Irving Spergel, groundbreaking researcher on youth gangs, passed away on December 3, 2010. Dr. Spergel was the George Herbert Jones Professor Emeritus at the University of Chicago, and was considered one of the leading experts in the nation on youth gangs and gang prevention. Based on years of hands-on research, his comprehensive approach to reduce gang membership and suppress gang violence was adopted by the Office of Juvenile Justice and Delinquency Prevention in 1995, and renamed the OJJDP Comprehensive Gang Model. Dr. Spergel's model promotes five strategies for gang prevention, which include community involvement, education and training programs, social outreach, supervision of gang-involved youth, and development of policies and procedures. Since its success at a number of test sites across the country, it has been adopted by more than 20 cities in the United States and has become a central component of OJJDP and BJA's National Gang Center's work. OJJDP honors Dr. Spergel's life's work and his contributions to the field. "Dr. Spergel's pioneering research and early development of the Comprehensive Gang Model laid the groundwork for OJJDP's evolving response to youth gangs," said Jeff Slowikowski, Acting Administrator at OJJDP. "With his passing, OJJDP has lost a great friend and colleague."
 - **OJJDP Announces the 2011 National Mentoring Summit** - On January 25, 2011, the **2011 National Mentoring Summit** http://www.mentoring.org/program_resources/training_and_events/national_mentoring_summit was held at the Library of Congress in Washington, D.C. The summit is sponsored by the Office of Juvenile Justice and Delinquency Prevention, Corporation for National and Community Service, MENTOR, and the Harvard School of Public Health. This year's summit focused on using mentoring to help youth finish high school and stay away

from crime. It brought practitioners, researchers, and mentors together to discuss mentoring research, plan the future of the field, and highlight best practices. Highlights of the session included speeches from First Lady Michelle Obama and Attorney General Eric Holder; as well as a panel by OJJDP Acting Administrator Jeff Slowikowski that described OJJDP's mentoring initiatives and stressed the importance of state, local, and national partnerships. In coordination with the conference, President Barack Obama recognized January National Mentoring Month. In a **proclamation** <http://www.whitehouse.gov/the-press-office/presidential-proclamation-national-mentoring-month> encouraging adults to become mentors to youth, he said, "Mentors are building a brighter future for our Nation by helping our children grow into productive, engaged, and responsible adults." Resources: For more information about the 2011 National Mentoring Summit, email summit@mentoring.org. View OJJDP's mentoring resource page at ojjdp.gov/programs/mentoring.html.

- **Attorney General Holder and Justice Department Officials Meet with Defending Childhood Representatives** - On January 26, 2011, the Department of Justice issued the following **press release**: <http://www.justice.gov/opa/pr/2011/January/11-ag-111.html> Washington - Attorney General Eric Holder today met with **Defending Childhood** <http://www.justice.gov/ag/defendingchildhood/> representatives from eight communities across the country to discuss local efforts to address children's exposure to violence. The week-long Defending Childhood meeting brought together the initiative's eight demonstration sites for a series of presentations, peer-to-peer exchanges, and dialogue with Justice Department leadership. Attorney General Eric Holder, Associate Attorney General Tom Perrelli, and department officials discussed the initiative with representatives and their ongoing efforts in their communities. "I am grateful for this opportunity to discuss our shared goals – and your front-line efforts – to prevent, reduce, and combat childhood exposure to violence," said Attorney General Eric Holder. "The issue of children's exposure to violence has been both a personal and professional concern for decades. As our nation's Attorney General, and as a parent of three young children, addressing this crisis – and implementing bold, innovative, and collaborative solutions – is a top priority." Attorney General Holder launched Defending Childhood to focus on addressing children's exposure to violence. A key component of the initiative is a multi-year demonstration program. This included Justice Department funding for eight demonstration sites to develop and implement multi-disciplinary plans that specifically address prevention, intervention, treatment and response strategies to address children's exposure to violence. The eight sites are:
 - City of Boston (\$160,000)
 - City of Portland , Maine (\$160,000)
 - Chippewa Cree Tribe, Mont. (\$153,210)
 - City of Grand Forks , N.D. (\$159,967)
 - Cuyahoga County Board of Commissioners, Ohio (\$157,873)
 - Multnomah County Department of Human Services, Ore. (\$159,349)
 - Rosebud Sioux Tribe, S.D. (\$159,534)
 - Shelby County, Tenn. (\$159,099)

The goals of the initiative are to prevent children's exposure to violence as victims and witnesses, mitigate the negative effects experienced by children exposed to violence and develop knowledge about and increase awareness of this issue.

Resources: More information about the Defending Childhood initiative can be found at www.justice.gov/ag/defendingchildhood/. Read Attorney General Holder's speech at www.justice.gov/iso/opa/ag/speeches/2011/ag-speech-110126.html. Read Associate Attorney General Tom Perrelli's speech at www.justice.gov/iso/opa/asg/speeches/2011/asg-speech-110125.html

- AAG Robinson and OJJDP Acting Administrator Slowikowski Discourage the Use of Scared Straight Programs** - In an **op-ed** http://articles.baltimoresun.com/2011-01-31/news/bs-ed-scared-straight-20110131_1_straight-type-programs-straight-program-youths published February 1, 2011, in the Baltimore Sun, Assistant Attorney General for the Office of Justice Programs Laurie Robinson and the Office of Juvenile Justice and Delinquency Prevention's Acting Administrator Jeff Slowikowski discuss how the use of scared straight programs to prevent delinquency is ineffective and can harm youth. Robinson and Slowikowski comment on a **study** <http://ann.sagepub.com/content/589/1/41.abstract> by Anthony Petrosino and researchers at the Campbell Collaboration, which analyzed results from nine scared straight programs and found that participants were up to 28 percent more likely to offend in the future. As a result of such evidence, the U.S. Department of Justice does not support scared straight-style programs, and instead focuses on programs that research has proven effective, such as mentoring programs, which use positive relationships to modify youth's behavior. Robinson and Slowikowski write, "The fact that [scared straight] programs are still being touted as effective, despite stark evidence to the contrary is troubling." Resources: Read the full article at http://articles.baltimoresun.com/2011-01-31/news/bs-ed-scared-straight-20110131_1_straight-type-programs-straight-program-youths
- OJJDP Affiliate Researcher Andrea Sedlak Receives Child Welfare Research Award** - Andrea J. Sedlak, Ph.D., Vice President and Associate Director of Westat, and a long-term grantee with the Office of Juvenile Justice and Delinquency Prevention (OJJDP), received the [2011 A. Clayton Hughes Child Welfare Research Award](#). The Hughes award goes to a child welfare researcher whose work "exemplifies intellectual integrity and moral courage in transcending social and political barriers to promote best practice in child welfare." Over the course of her career, Sedlak has authored a number of OJJDP bulletins and led some of OJJDP's prominent studies, including the [Survey of Youth in Residential Placement](#) and the [National Incidence Studies of Missing, Abducted, Runaway, and Thrownaway Children \(NISMA\)](#). OJJDP celebrates Sedlak's contributions to the juvenile justice field and is honored to have her as a colleague. Resources: For more information about the A. Clayton Hughes Child Welfare Award, visit www.narccw.com/CWPolicy/awards.htm.

New Office of National Drug Control Policy (ONDCP)

<http://www.whitehousedrugpolicy.gov/>

Drug Abuse Research

- Screening for prenatal substance use: development of the Substance Use Risk Profile-Pregnancy scale.** - Yonkers KA, Gotman N, Kershaw T, Forray A, Howell HB, Rounsaville BJ. *Obstet Gynecol.* 2010 Oct;116(4):827-33. The Substance Use Risk Profile-Pregnancy scale is simple and flexible with good sensitivity and specificity. The Substance Use Risk Profile-Pregnancy scale can potentially detect a range of substances that may be abused. Clinicians need to further assess women with a positive screen to identify those who require treatment for alcohol or illicit substance use in pregnancy. [More>> http://www.ncbi.nlm.nih.gov/pubmed](http://www.ncbi.nlm.nih.gov/pubmed)
- Cognitive function as an emerging treatment target for marijuana addiction.** Sofuoglu M, Sugarman DE, Carroll KM. *Exp Clin Psychopharmacol.* 2010 Apr;18(2):109-19. Cannabis is the most widely used illicit substance in the world, and demand for effective treatment is increasing. However, abstinence rates following behavioral therapies have been modest, and there are no effective pharmacotherapies for the treatment of cannabis addiction. We propose a novel research agenda and a potential treatment strategy, based on observations that both acute and chronic exposure to cannabis are associated with dose-related cognitive impairments, most consistently in attention, working memory, verbal learning, and memory functions. These impairments

are not completely reversible upon cessation of marijuana use, and moreover may interfere with the treatment of marijuana addiction. Therefore, targeting cognitive impairment associated with chronic marijuana use may be a promising novel strategy for the treatment of marijuana addiction. Preclinical studies suggest that medications enhancing the cholinergic transmission may attenuate cannabis-induced cognitive impairments, but these cognitive enhancing medications have not been examined in controlled human studies. Preliminary evidence from individuals addicted to other drugs suggests that computerized cognitive rehabilitation may also have utility to improve cognitive function in marijuana users. Future clinical studies optimally designed to measure cognitive function as well as drug use behavior would be needed to test the efficacy of these treatments for marijuana addiction. [More>>](#)

<http://www.ncbi.nlm.nih.gov/pubmed/20384422>

- **ONDCP seeks to foster healthy individuals and safe communities by effectively leading the Nation's effort to reduce drug use and its consequences.** www.whitehousedrugpolicy.gov .

Of Substance Blog and Video Posts

http://ofsubstance.gov/blogs/pushing_back/default.aspx

- **Presidential Proclamation – National Impaired Driving Prevention Month** - President Obama called on all Americans to prevent the loss of life by practicing safe driving practices. [More>>](#)
http://ofsubstance.gov/blogs/pushing_back/archive/2010/12/02/51742.aspx
- **New Data On The Dangers Of Drugged Driving** - Report shows high percentage of fatalities on America's roadways involving drivers with drugs in their system. [More>>](#)
http://ofsubstance.gov/blogs/pushing_back/archive/2010/11/16/51728.aspx
- **Minority Teens Using Drugs at Higher Rates** - New information reports significant increases in drug use among young African American females and Hispanic males between 2008 and 2009. [More>>](#)
http://ofsubstance.gov/blogs/pushing_back/archive/2010/11/16/51728.aspx
- **DEA Moves to Control Five Chemicals Used to Make Synthetic Marijuana** - Use of synthetic marijuana, commonly known as spice or K2, has become increasingly popular among teens in the last few years. [More>>](#)
http://ofsubstance.gov/blogs/pushing_back/archive/2010/11/24/51734.aspx
- **ONDCP Applauds FDA's Action Against Caffeinated Alcoholic Beverages** - Director Kerlikowske issued a statement commending FDA's actions against makers of caffeinated alcoholic beverages. [More>>](#)
http://ofsubstance.gov/blogs/pushing_back/archive/2010/11/17/51729.aspx
- **Rep. Bono Mack Nominates ONDCP Director For Outstanding Government Service Award** - The award is given annually by the American Medical Association. [More>>](#) http://ofsubstance.gov/blogs/pushing_back/archive/2010/11/19/51732.aspx

ONDCP Press

- **Treating our Nation's Teen Drug Problem.** [More>>](#)
http://www.washingtoninformer.com/index.php?option=com_content&view=article&id=5070:-treating-our-nations-teen-drug-problem&catid=44:health&Itemid=138
- **U.S. drug czar targets prescription abuse on first Canadian visit.** [More>>](#)
<http://www.winnipegfreepress.com/breakingnews/us-drug-czar-says-kicking-habit-at-home-will-slow-glut-of-canadian-narcotics-109898314.html>

Recent Events

- **New Traffic Fatality Analysis Reveals High Percentage of Drivers Killed Had Drugs In Their System;** Percentage of Victims Testing Positive Increasing Even As Overall Number of Fatal Crashes is Declining . [More>>](#)
<http://www.whitehousedrugpolicy.gov/news/press10/113010.html>
- **Readout of Oregon Prescription Drug Abuse Summit.** [More>>](#)
<http://www.whitehousedrugpolicy.gov/news/press10/112310.html>

- **White House Drug Policy Director Highlights Progress in Combating Southwest Border Drug Threats.** [More>>](#)
<http://www.whitehousedrugpolicy.gov/news/press10/111810.html>

New Office of Justice Programs – Justice Resource Update Issue: January 2011
<http://www.ojp.gov/justiceresourceupdate/november2010/index.htm>

- **Protecting Children, Defending Childhood – Protect Heal Thrive**
Too often, juvenile justice is characterized as a system for punishing "bad kids." At The **Office of Justice Programs** (OJP) <http://www.ojp.gov/>, we know that this viewpoint is not only inaccurate, but it is also dangerously incomplete. OJP's **Office of Juvenile Justice and Delinquency Prevention** (OJJDP) <http://www.ojjdp.gov/> supports state, local, and tribal programs to prevent delinquent behavior, provide appropriate interventions for juvenile offenders, and protect youth from crime and violence. As part of our efforts to protect children, OJP recently **announced** <http://blogs.usdoj.gov/blog/archives/1139> a partnership between the **National Center for Missing & Exploited Children** http://www.missingkids.com/missingkids/servlet/PublicHomeServlet?LanguageCountry=en_US and Facebook to expand the distribution of **AMBER Alert** <http://www.amberalert.gov/> postings. AMBER Alerts are named for Amber Hagerman, who was abducted and murdered 15 years ago. They are issued by law enforcement in serious child abduction cases that meet specific criteria. AMBER Alerts involve the entire community in the search for, and safe recovery of, a missing child. OJP coordinates the National AMBER Alert program, assisting state and local officials with developing and enhancing AMBER Alert plans and promoting regional coordination. The new partnership with Facebook will enable users to receive AMBER Alerts directly on Facebook. This is just one of many current initiatives aimed at protecting our nation's youth. Last September, Attorney General Eric Holder launched the **Defending Childhood** <http://www.justice.gov/ag/defendingchildhood/> initiative, which is harnessing resources from across the federal government to prevent children's exposure to violence, mitigate the negative impact of exposure to violence, and develop knowledge and raise awareness about this issue. As part of Defending Childhood, OJP **launched** <http://www.justice.gov/ag/defendingchildhood/grantawards-children-violence.pdf> a multiyear demonstration program in 2010. Currently, eight community-based demonstration sites throughout the country are building partnerships and creating strategic plans to address children's exposure to violence. In January, grantees from all eight sites convened in Washington, D.C., to share preliminary plans and collaborate with their peers and federal experts. The sites provide a unique opportunity to simultaneously pilot and evaluate diverse programs to protect children, and we are thrilled to support their work. Juvenile justice is a major priority for this administration, and our juvenile justice efforts will continue to grow and evolve to ensure that children are safe in their homes, schools, and play areas. We welcome your questions, comments, or **feedback** <http://www.ojp.gov/home/contactus.htm> as we continue our work to better protect children and defend the right to a childhood free from violence.

Other articles in this issue

- **Correctional Population Declines**
<http://www.ojp.gov/justiceresourceupdate/january2011/index.htm#correctional>
- **Bulletin on Youth Gang Research and Programs**
<http://www.ojp.gov/justiceresourceupdate/january2011/index.htm#gangresearch>
- **Evaluation of OJJDP's Gang Reduction Program**
<http://www.ojp.gov/justiceresourceupdate/january2011/index.htm#gangreduction>
- **Identity Theft Victimization Report**
- <http://www.ojp.gov/justiceresourceupdate/january2011/index.htm#idtheft>

- Substance Use and Delinquent Behavior Among Serious Offenders
<http://www.ojp.gov/justiceresourceupdate/january2011/index.htm#substanceuse>
- Resources That Protect and Defend Children,
<http://www.ojp.gov/justiceresourceupdate/january2011/index.htm#defendingchild>
- Decline in Correctional Populations,
<http://www.ojp.gov/justiceresourceupdate/january2011/index.htm#correctional>
- Findings From Tthe "Victims of Identity Theft Report,"
<http://www.ojp.gov/justiceresourceupdate/january2011/index.htm#idtheft>
- Gang Reduction
<http://www.ojp.gov/justiceresourceupdate/january2011/index.htm#gangreduction>
- Prevention,
<http://www.ojp.gov/justiceresourceupdate/january2011/index.htm#gangresearch>

New Materials from NCJRS <http://www.ncjrs.gov/>

- Most teenagers do not experience physical aggression when they date. However, for some teens, abuse is a very real part of dating relationships (**Teen Dating Violence: A Closer Look at Adolescent Romantic Relationships**, <http://www.ojp.usdoj.gov/nij/journals/261/teen-dating-violence.htm> National Institute of Justice, 2008). Beginning in 2010, the U.S. Department of Justice worked with the Senate to designate the entire month of February as National Teen Dating Violence Awareness and Prevention Month. As President Obama states in a **2011 Presidential Proclamation**: "National Teen Dating Violence Awareness and Prevention Month reflects our Nation's growing understanding that violence within relationships often begins during adolescence. Each year, about one in four teens report being the victim of verbal, physical, emotional, or sexual violence. Abusive relationships can impact adolescent development, and teens who experience dating violence may suffer long-term negative behavioral and health consequences." To help bring greater awareness to the dangers and consequences of teen dating violence, NCJRS shares with you the **Teen Dating Violence Special Feature**, <http://www.ncjrs.gov/teendatingviolence/> an online compilation of publications and resources on the topic.
- **Publications**
 - **Domestic Assaults by Juvenile Offenders** - Office of Juvenile Justice and Delinquency Prevention, 2008 - <http://www.ncjrs.gov/pdffiles1/ojdp/219180.pdf>
 - **Teen Dating Violence: A Closer Look at Adolescent Romantic Relationships** - National Institute of Justice, 2008 - <http://www.ojp.usdoj.gov/nij/journals/261/teen-dating-violence.htm>
 - **Understanding Teen Dating Violence** - Centers for Disease Control and Prevention, 2010 - http://www.cdc.gov/violenceprevention/pdf/TeenDatingViolence_2010-a.pdf
- **Related Resources**
 - **About Dating Violence** - http://www.ovw.usdoj.gov/teen_dating_violence.htm
 - **Choose Respect: Preventing Dating Violence** - <http://www.cdc.gov/chooserespect/>
 - **National Teen Dating Abuse Helpline** - <http://www.loveisrespect.org/>
- **Children as Citizens: Engaging Adolescents in Research on Exposure to Violence** - **Dr. Felton Earls**, Professor, Harvard University - If you are unable to attend the seminar in person, you can listen to a recording at <http://www.ojp.usdoj.gov/nij/events/research-real-world.htm> approximately two weeks after the seminar takes place.
- 9January 2011 marks the eighth annual observance of National Stalking Awareness Month, a month dedicated to educating the public about the serious and at times deadly crime of stalking. Stalking generally refers to harassing or threatening behavior that an individual engages in repeatedly, such as following a person, appearing at a person's

home or work, making harassing phone calls, leaving written messages or objects, or vandalizing a person's property (*Stalking in America: Findings From the National Violence Against Women Survey*, <http://www.ncjrs.gov/pdffiles/169592.pdf> National Institute of Justice). While the federal government, all 50 states, the District of Columbia, and U.S. Territories have all enacted criminal laws to address stalking, the legal definition for stalking varies by jurisdiction. For example, state laws vary regarding the intent of the stalker and what levels of victim fear and emotional distress are required for an offense to be considered stalking (*Stalking Victimization in the United States*, <http://bjs.ojp.usdoj.gov/index.cfm?ty=pbdetail&iid=1211> Bureau of Justice Statistics). Stalking between intimate partners is widespread and often associated with lethal abuse. Despite the enactment of anti-stalking laws in every state, relatively few stalkers are cited or arrested by law enforcement, and even fewer are prosecuted (*A Statewide Study of Stalking and Its Criminal Justice Response*, <http://www.ncjrs.gov/pdffiles1/nij/grants/228354.pdf> National Institute of Justice-Sponsored). To increase public awareness of the dangers and consequences of stalking, NCJRS created the *Stalking Awareness Special Feature*, <http://www.ncjrs.gov/stalkingawareness/index.html> an online compilation of stalking-related publications and resources.

NCJRS Publications:

- *Stalking Victimization in the United States* - Bureau of Justice Statistics - <http://bjs.ojp.usdoj.gov/index.cfm?ty=pbdetail&iid=1211>
- *Understanding Intimate Partner Stalking: Implications For Offering Victim Services* - National Institute of Justice-Sponsored - <http://www.ncjrs.gov/pdffiles1/nij/grants/227220.pdf>
- *Voices from the Field: Stalking* - National Institute of Justice - <http://www.ojp.usdoj.gov/nij/journals/266/stalking.htm>
- *Office for Victims of Crime: Stalking* - <http://ovc.ncjrs.gov/topic.aspx?topicid=36>
- *Stalking Resource Center* - <http://www.ncvc.org/src/main.aspx?dbName=Home>
- *Working Together to End the Violence: Stalking* - <http://www.enditnow.gov/stalking/flash.html>

NCJRS Online Resources

- Conduct a search of our **Q&A knowledge base** <http://www.ncjrs.gov/App/OA/SearchQA.aspx> where you'll find answers to questions such as:
 - How do I obtain an order of protection? To obtain an order of protection, please contact your local district attorney or prosecutor's office ... **Read More** <http://ncjrs.gov/App/OA/Detail.aspx?Id=356>
 - What can I do if I am a victim of stalking? If you are a victim of stalking, call your local police department's emergency number (911) to report ... **Read More** <http://ncjrs.gov/App/OA/Detail.aspx?Id=656>
 - What kind of behavior is considered stalking? Comprehensive information about stalking is available in the Office of Community Oriented Policing Services (**COPS**) <http://www.cops.usdoj.gov/> publication, **Stalking** <http://www.cops.usdoj.gov/files/RIC/Publications/e12032163.pdf> **Read More** <http://ncjrs.gov/App/OA/Detail.aspx?Id=189>

New Materials from Great Lakes Training Associates

<http://www.indyworkshops.com/> 317-283-8872

- **Help Support Children of Alcoholics Week** - February 13 to 19, 2011. An estimated 25 percent of all children in the United States (about 27.8 million) are affected by or exposed to a family alcohol problem. SAMHSA supports the National Association for Children of Alcoholics (NACoA) during its Children of Alcoholics (COA) Week. COA Week celebrates the recovery of the many thousands of children (of all ages) who have

received the help they needed to recover from the pain and losses suffered in their childhood, and it offers hope to those still suffering from the adverse impact of parental alcohol and drug addiction. Become an advocate of support and assistance for the children of alcoholics.. To learn more, visit us at www.indyworkshops.com

- **"THE EGO-LESS SELF"** - We have become so accustomed to ego-based emotions such as misery, worry, fear, and conflict that we believe these are our normal states. But this is not how it is supposed to be. We were born to be happy and to love unconditionally. So how can we return to a nonlinear state of happiness and peace when everything around us says that nothing is more important than me, me, me? The road to self is not about trying to acquire anything but rather the willingness to surrender all of our egoistic ways, thus taking us back to that which we are—the purest self. To order, visit Dr. Nuckols' at www.cnuckols.com <http://cnuckols.com/default.aspx>
- **Helping Severely Wounded Veterans and Service Members** recover and reintegrate into their families and communities was the theme of a joint Department of Veterans Affairs (VA), Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) and National Institutes of Health (NIH) two-day conference at the NIH campus in Bethesda, Md. "One of our highest priorities in VA is to provide the best possible care and support for our Veterans who have sustained severe, disabling injuries and sacrificed so much for our Nation," said VA Under Secretary for Health Dr. Robert Petzel. The conference--the Third Annual Trauma Spectrum Disorders Conference: Emerging Research on Polytrauma, Recovery and Reintegration of Service members, Veterans and Their Families--is a forum for leading experts from VA, DCoE and NIH to share the latest approaches in research and care focused on polytrauma-multiple, severe wounds-and related issues such as limb loss, traumatic brain injury, and posttraumatic stress disorder. To learn more, visit us at www.indyworkshops.com
- **A Homeless-Prevention Program by the Department of Veterans Affairs (VA)**, which seeks to help Veterans and families who are on the verge of becoming homeless, has moved closer to implementation. The program marks the first time that VA will fund services for the spouses and children of Veterans at risk of becoming homeless. "The problems that lead to homelessness begin long before Veterans and their families are on the streets," said Secretary of Veterans Affairs Eric K. Shinseki. "By putting more resources into intervention programs for people at risk of becoming homeless, we can reduce suffering and increase the opportunities for turning around these lives." Shinseki's comments came as VA formally announced that it is taking applications from private non-profit organizations and consumer cooperatives interested in providing needed services to at-risk Veterans and their families. With funding from VA for the program, called Supportive Services for Veterans Families, community organizations will be better able to provide counseling, training, education assistance, direct time-limited financial assistance, transportation, child care, rent, utilities, and other services to participating Veterans and family members.
In January, VA is sponsoring free grant-writing workshops for community organizations interested in applying for funds under this program. The workshops will be held in Chicago, Los Angeles, Seattle, Houston and New York City. When the "Notice of Funds Availability" applications are available, they will be posted on the VA Web site at www1.va.gov/homeless/ssvf.asp. Details about the workshops and other information about the program are available on the Internet at www1.va.gov/homeless. Community organizations can also contact VA at 1-877-737-0111 or at SSVF@va.gov. To learn more, visit us at www.indyworkshops.com

New Materials from Community Policing Dispatch: Visit

<http://www.cops.usdoj.gov/html/dispatch/index.html> to read any month's issue of the **Community Policing Dispatch**. You may also visit the COPS web site at <http://www.cops.usdoj.gov> for information about the COPS Office and its resources.

New Materials and Research News from FACE "The Fresh Story"

<http://www.faceproject.org/freshstory/> <http://www.faceproject.org/resources/whatsnew.html>

- **Answering Alcohol Tax Myths** - For decades, the alcohol industry has been successful in spreading their own propaganda on alcohol taxes, taking advantage of people's fears about the economy and taxes in general. In this article, we will answer three of the alcohol industry's most self-serving and misleading arguments about alcohol taxes. Research shows that there is a net positive to society when people drink less, in terms of health care, public safety, productivity and much more. [Read More...](#)
<http://freshstory.org/blogs/freshstory.php?p=119&more=1&c=1&tb=1&pb=1#more119>
- **Caffeinated Alcoholic Drinks Deemed Unsafe by FDA** - Under mounting pressure from state and federal regulators, caffeinated alcoholic energy drinks are being pulled from store shelves nation-wide, and the manufacturer of Four Loko said that it will remove caffeine and other stimulants from all of its alcoholic beverages. Growing concern prompted a ruling that adding caffeine to alcohol beverages is not 'generally recognized as safe'. [Read More...](#)
<http://freshstory.org/blogs/freshstory.php?p=118&more=1&c=1&tb=1&pb=1#more118>
- **Drinking's Health Effects Go Far Beyond Liver Disease** - At a recent meeting of the Alcohol and Immunology Research Interest Group, researchers released their latest findings that show drinking causes multiple health problems beyond liver disease. The ultimate goal of the Alcohol and Immunology Research Interested Group is to find therapies that can minimize the effects of alcohol and bolster the immune system. [Read More...](#)
<http://freshstory.org/blogs/freshstory.php?p=117&more=1&c=1&tb=1&pb=1#more117>
- **Alcohol is More Dangerous Than Heroin or Crack** - In evaluating addictive substances, both legal and illegal, British researchers have concluded that alcohol is the most destructive of all, including heroin and cocaine. [Read More...](#)
<http://freshstory.org/blogs/freshstory.php?p=116&more=1&c=1&tb=1&pb=1#more116>
- **In-vehicle alcohol sensors could prevent drunk driving.** When the new Congress is sworn in early next year, one of their first funding requests will come from Mothers Against Drunk Driving (M.A.D.D.), which is planning to ask for \$60 million to study, research and develop alcohol-sensing technology for vehicles. Ideally, the alcohol sensors for cars would be able to detect alcohol levels from a driver's skin or breath. If a driver's alcohol level is found to be above the legal limit, the car's ignition would be automatically disabled. Automotive experts say it could take years to develop an effective alcohol sensor for vehicles. However, M.A.D.D. and transportation experts estimate that the technology could save about 8,000 lives every year.

New Materials and News From Faces & Voices of Recovery.

- **Health Reform** - Check out our health reform [web pages](#)
http://www.facesandvoicesofrecovery.org/about/campaigns/health_care_reform.php for new Fact Sheets on the Affordable Care Act from the federal government's Substance Abuse and Mental Health Services Administration and a PowerPoint presentation from Faces & Voices board member Carol McDaid.
- **Recovery Community Organizations in Action** - Massachusetts Organization for Addiction Recovery's (MOAR) [Annual meeting](#)
<http://www.facesandvoicesofrecovery.org/publications/enews/2010-12-21/MOAR.pdf> featured an award to Jared Hamre, who registered 70 new voters as part of Recovery Voices Count 2010. Congratulations Jared and to MOAR!
- **Young People Networking Dialogue on Recovery - [Widening the Door of Entry to Recovery for Young People](#)**
<http://www.facesandvoicesofrecovery.org/publications/enews/2010-12-21/YPNR.pdf>

- reports on the first-ever gathering of young people in recovery sponsored by the Substance and Mental Health Administration in Baltimore earlier this month. Faces & Voices was pleased to participate in the event, which brought together 38 incredible young people in recovery from across the nation, sharing their experiences and ideas for moving an agenda to support young people seeking or in recovery.
- **Faces & Voices Community Forums** - We're pleased to be hosting community forums in partnership with recovery community organizations around the country. The next forum on Addressing Barriers to Sustained Addiction Recovery will be in Austin, Texas on January 19 th. **Click here** <https://www.regonline.com/builder/site/Default.aspx?EventID=915895> for registration information.
 - **Resources - Stigma and seeking help for alcoholism:** A new study looking at the stigma associated with a diagnosis of alcoholism found that problem drinkers who perceived a stigma associated with alcohol abuse -- fully two-thirds of the sample -- were less likely to seek treatment than those who did not. Investigators led by Dr. Katherine Keyes of Columbia's Mailman School of Public Health looked at National Epidemiologic Survey of Alcohol and Related Conditions (NESARC) responses from more than 6,300 participants who met criteria for an alcohol use disorder. Stigma reduction should be integrated into public health efforts to promote alcohol treatment, the authors concluded. The study is published in **American Journal of Epidemiology** <http://aje.oxfordjournals.org/content/172/12/1364.full>

New Face Project <http://freshstory.org>

- **Alcohol Taxes Series, Article 5: Tips for Taking Action on Alcohol Taxes.** Previously, we've reviewed alcohol tax policy and issues. In our final article on alcohol taxes, we have provided several tips for groups who are ready to take action on this important issue. <http://freshstory.org/blogs/freshstory.php?p=123&more=1&c=1&tb=1&pb=1#more123>
- **Federal Agency Delays Ruling on Alcohol Labels, Again:** The new health care law in the U.S. requires posting of nutrition information for food and beverages served in chain restaurants and bars, but the federal agency responsible for labeling on alcoholic beverages has once again delayed action on the issue. <http://freshstory.org/blogs/freshstory.php?p=120&more=1&c=1&tb=1&pb=1#more120>

New Materials from Human Relations Media www.hrvideo.com
orders@hrvideo.com 800-431-2050 Ext. 160

- **National Nutrition Awareness Month** - Teens today are eating more, exercising less and leading more sedentary lives than any previous generation in history. In fact, nearly one-quarter of all teenagers in the United States are obese according to the American Academy of Child and Adolescent Psychiatry (AACAP). Even more troubling, young people are inundated with confusing messages from the media, fast food restaurants and their peers. High-fiber? Low-fat? Are carbs good or bad? **National Nutrition Awareness Month** offers an opportunity to empower students so that they are able to make educated choices on eating healthfully and exercising. Human Relations Media has many excellent prevention products to educate your teens, please click the link: **Nutrition Awareness** http://www.hrvideo.com/items.cfm?search_monthly_awareness_id=9
- **National Eating Disorders Awareness Week** - Eating disorders such as anorexia, bulimia and binge eating disorder are serious and potentially life-threatening illnesses which are often misunderstood, misdiagnosed and hidden from public scrutiny. Yet they affect thousands of males and females, young and old, across our nation's racial and cultural lines. National Eating Disorders Awareness Week (February 20-26) offers an opportunity for educators to raise awareness of the signs and symptoms of these disorders and to educate people about their causes and how to seek treatment. We have many video resources to

educate your students, please click the link below: **Eating Disorders**

http://www.hrmvideo.com/items.cfm?search_monthly_awareness_id=5

- We have just released **Be Right Back: Time to Decide about Alcohol** for grades 7-8. Corresponding to the National Health Education Standards, this comprehensive DVD/print curriculum educates middle school students about the risks of teen alcohol use and seeks to prevent initiation of alcohol use among teens. The program provides a powerful tool to help teens learn and practice the steps to making decisions in difficult situations involving alcohol, such as refusing a ride with a drunk driver and resisting alcohol consumption under pressure from peers. Program consists of 6 modules; Decision Making and Alcohol, Health Risks of Alcohol, Risk Taking and Alcohol, Alcohol and Mental Health, Alcohol and the Social World, and Alcohol and Dating. Each module models teen decision making in difficult situations and the consequences, both positive and negative. Includes information and resources for schools, communities and parents.
- We have just released **High on Spice: The Dangers of Synthetic Marijuana** http://www.hrmvideo.com/items.cfm?action=view&item_id=3129&type=newreleases for grades 7-College. In this hard-hitting program, viewers learn the dangers of a newly banned drug called Spice or K2. Until December 2010, Spice was legally sold around the country as incense (“not for human consumption”) in convenience stores, head shops and on the Internet. Hundreds of ER visits and calls to poison control centers nationwide prompted the DEA to categorize Spice as a Schedule I substance. Although now illegal, Spice continues to be abused by teens who assume the herbal mixture—which is sprayed with various synthetic cannabinoids—is a substitute for marijuana. Viewers hear from young adults who were hooked on Spice with scary and sometimes life-threatening results including terrifying anxiety attacks, hallucinations, escalated blood pressure and addiction. The program also interviews drug counselors and law enforcement personnel who emphasize the dangers of experimenting with any substance that contains unknown quantities of experimental chemicals. Program clearly and memorably lays out the truth about this unpredictable drug and its potential to cause great harm.
- **In the January 2011 issue of School Library Journal**, three of our newest productions received Star Reviews. Please click the links below to read the reviews and for a short video clip.
 - **Common Psychological Disorders of Adolescents**
http://www.hrmvideo.com/items.cfm?action=view&item_id=3134&type=newreleases
 - **Who Needs Therapy? Treating Psychological Problems**
http://www.hrmvideo.com/items.cfm?action=view&item_id=3135&type=newreleases
 - **Bully Bystanders: You Can Make a Difference**
http://www.hrmvideo.com/items.cfm?action=view&item_id=3140&type=newreleases
- We are also thrilled to share with you that many of our other new programs also received favorable reviews. For more information about each of these programs click the links below.
 - **What Does It Mean to Be a Good Friend?**
http://www.hrmvideo.com/items.cfm?action=view&item_id=3126&type=newreleases
 - **Blow-Ups and Rages: Learning to Manage Your Anger**
http://www.hrmvideo.com/items.cfm?action=view&item_id=3144&type=newreleases
 - **Wise Owl's Drug Safety Kit**
http://www.hrmvideo.com/items.cfm?action=view&item_id=3124&type=newreleases
 - **I Was Cyberbullied**
http://www.hrmvideo.com/items.cfm?action=view&item_id=3141&type=newreleases
- We have just released **Essential Physical Fitness: What Every Teen Needs to Know** for grades 7-College.
http://www.hrmvideo.com/items.cfm?action=view&item_id=3132&type=newreleases
The benefits of physical fitness—including better overall health, protection from illness, improved mental health and a longer lifespan—are too important for teens to ignore. But many teens don't understand exactly what “getting fit” really means or just how to improve

their own level of fitness, or think that working out is just for athletes. This fast-paced program introduces teens to the core elements of fitness: cardiorespiratory endurance, muscle strength and endurance, flexibility and body composition. Expert trainers teach detailed plans that every teen can use to boost each of these elements of fitness, plus tips for fitting an exercise plan into their busy lifestyles. By following two real teens as they embark on personalized get-in-shape plans, viewers learn how to develop an individualized routine that's right for them. Overall, not only will students learn how to get fit, they'll understand that fitness can—and should—be fun.

- We have just released [Hallmarks of Good Mental Health](#) for grades 7-College. http://www.hrmvideo.com/items.cfm?action=view&item_id=3133&type=newreleases
This program helps viewers recognize the six key qualities that define good mental health in adolescence—having satisfying relationships, being happy with one's academic achievements, maintaining clear and achievable goals, being capable of delaying immediate gratification, making good choices and resisting unhealthy peer pressure. Having a strong sense of self-esteem is especially highlighted: if you do not feel good about yourself, you are more likely to limit yourself and make bad choices. Each of the hallmarks is clearly demonstrated by real teens in a variety of settings, including at school, at home and at play. The peer-to-peer approach focuses students' attention on the key qualities that they should acquire as they make their way through adolescence.
- We have just released [Teen Romantic Relationships: As They See It](#) for grades 7-College. http://www.hrmvideo.com/items.cfm?action=view&item_id=3143&type=newreleases
Hooking up, dating, crushes, love, sex—chances are, every teen spends a good part of every day wondering and worrying about these topics. Developing romantic relationships is a natural part of growing up, but dating comes with a new set of challenges for high school students. This engaging documentary provides an intimate look at what teens really think about the ups and downs of the dating world. Follow real-world couples and single teens as they talk frankly about what makes a healthy relationship, the importance of communication and trust, dealing with disagreements and jealousy, setting smart sexual boundaries, overcoming a breakup, and more. Through personal video diaries and teen-led discussions, students learn hard-won lessons about relationships in today's world from the ones who know it best—their peers.

New Materials from Research and Training Center on Family Support and Children's Mental Health in Portland (RTC 4 Pathways 2 Positive Futures)

<http://www.rtc.pdx.edu/>

News

- **SPEAK OUT: How does the media influence our perceptions of persons with mental health conditions?** We asked two of our youth writers to share their thoughts on how the media affects perceptions of mental health. [Read their responses and voice your opinions!](#) <http://www.pathwaysrtc.pdx.edu/speakout/somain.php>
- **Enhancing Career Development Engagement and Self-Determination for Young Adults with Mental Health Diagnoses** The Career Visions project at Pathways RTC has released a literature review on self-determination and career development engagement for young adults with mental health diagnoses. [PDF](#) <http://www.pathwaysrtc.pdx.edu/pdf/proj1-lit-review.pdf>

Publications

- Perry, D. F., Allen, M. D., Brennan, E. M., & Bradley, J. R. (2010). The evidence base for mental health consultation in early childhood settings: A research synthesis addressing children's behavioral outcomes. *Early Education & Development, 21*(6), 795-824.
- Bruns, E. J., Walker, J. S., Zabel, M., Matarese, M., Estep, L., Harburger, D., et al. (2010). Intervening in the Lives of Youth with Complex Behavioral Health Challenges and Their Families: The Role of the Wraparound Process. *American Journal of Community Psychology, 46*, 314-331.

- Sowers, J. & Wood, N. (2010). *Enhancing career development engagement and self-determination for young adults with mental health diagnoses*. Portland, OR: Research and Training Center for Pathways to Positive Futures.

Presentations

- Rafferty, M., Macbeth, G., Koroloff, N., & Walker, J. (2010). *Healthy Transitions to Adulthood: Policy Implications*. Webinar presented as part of the 2010 National TA Center Webinar Series.
<http://gucchdtacenter.georgetown.edu/resources/2010calls.html#Nov>
- Gowen, L. K. (2010). *The sexual health of youth: Things to know, Things you can do*. Presented at the Teen Sexuality Training for Mentor and Afterschool Networks, November 9, 2010.
<http://www.mentoring.research.pdx.edu/images/stories/kris%20gowen%20presentation%20-%20the%20sexual%20health%20of%20youth%20nov%202010.pdf>

New Commercial Sexual Exploitation of Children (CSEC)

Webinar to Discuss the Effects of Childhood Trauma in Girls' Lives with Sheela Raja

<https://services.choruscall.com/links/womenshealth.html>

- Sheela Raja, PhD is a Licensed Clinical Psychologist. She is an Assistant Professor of Dentistry and Medicine at the University of Illinois at Chicago where she teaches Health Communication and Behavioral Medicine. Dr. Raja received her PhD from the University of Illinois at Chicago and completed internship and post-doctoral training at the National Center for Post-Traumatic Stress Disorder in Boston, MA. She has published numerous articles exploring the relationship between physical and psychological health and traumatic events. Her current research interests include training medical providers to work effectively with survivors of trauma. She also maintains a small private practice that is focused on health and wellness coaching for busy professionals.
- **A Call To Men**, Ending Violence Against Women www.acalltomen.org has launched their website. A Call To Men supports **Traffick911.com** and we will be an important part of their education and public awareness. The website is designed to put resources at your fingertips and give you a place to take action against the horrific crime of human trafficking. Check out the **Take Action link**, **Resources link**, and **I'm Not Buying It** link.
- Here is a link <http://www.portlandmercury.com/portland/the-shelter-bed-shuffle/Content?oid=3178526> for an article published in the Portland Mercury that discusses the need for shelter beds for sexually exploited youth in Portland.
- **Multnomah County** is launching its newly developed CSEC website. The CSEC website is a resource for all of us in the community who are working together to improve our response to CSEC. Take time to tour the site and let them your thoughts and ideas for how to make this resource even more valuable. They welcome suggestions for and submissions of additional resources, documents and links to be added to the site.
<http://web.multco.us/dcj-juvenile/csec>
- **Me Facing Life** - This movie is about a 16 year old girl who is facing life in prison for murder. The video delves into her childhood abuse and how that may have contributed to her actions (including prostitution). It is a well done video. This event is sponsored by OPB but is not televised. The community viewing was 2/2/11 but for more information on the video contact:
Patty Iwamoto
Department of Community Justice
Family Services Unit/Juvenile
(503)988-5591
patty.k.iwamoto@multco.us

A Future. Not a Past. The Numbers Speak for Themselves

- **Town Hall Events Spark Dialogue, Explore Solutions: In Our Own backyard: A Closer Look at the Sex Trafficking Local Girls** - Thanks to seed grants and technical support provided by the Women's Funding Network, participating member funds in the Network are hosting **Town Hall** <http://www.prnewswire.com/news-releases/national-womens-initiative-sparks-dialogue-about-domestic-minor-sex-trafficking-114518314.html> events throughout the country to raise awareness about the sex trafficking of girls in their communities and across America - with a focus on diminishing demand. In almost every corner of the U.S. and in between, these Town Hall events are bringing together elected officials, law enforcement representatives, victim support providers and community leaders to increase public will to take action and inspire collaborative solutions to combat the sex trafficking of girls. The response has been remarkable to date. In Minneapolis, the Women's Foundation of Minnesota -- a member of Women's Funding Network -- received a pledge for a \$100,000 gift and a key state official declared that "every important political and civic leader" was in the room. In Seattle, Women's Funding Alliance packed the house with 700 people and garnered incredible **media coverage** http://seattletimes.nwsourc.com/html/nicolebrodeur/2013931859_nicole14m.html In Detroit, the well-attended Town Hall meeting at Wayne State University led to key **media placements** <http://www.freep.com/article/20110126/FEATURES01/101260350/Sex-sites-exploit-nearly-160-girls-monthly?odyssey=tab%7Ctopnews%7Ctext%7CLife> Town Halls will also be held in cities as diverse as Atlanta, Miami and Phoenix.
- **New Research and \$1 Million Gift in Dallas** - On January 20, the Dallas Women's Foundation announced their **\$1 million gift** to the Letot Girls Residential Treatment Center and their first count of girls who are sexually exploited in Texas. On the same day, the Foundation released "**Adolescent Girls in the Texas Sex Trade**," <http://dallaswomensfoundation.org/gender-matters> a state-wide study of sex trafficked girls in the state, counts adolescent girls actively marketed on the Internet and through escort services. The study, conducted by The Schapiro Group, found that in Texas, **740 girls under the age of 18 were documented as being marketed for sex in November 2010**. The FBI has named Dallas and Houston as two of the 14 cities in the nation with the highest incidence of commercial sexual exploited children. The announcement attracted a flurry of media attention including a feature in the **Dallas Morning News** <http://www.dallasnews.com/sports/super-bowl/local/20110120-sex-trafficking-of-young-girls-could-soar-during-super-bowl-dallas-women%E2%80%99s-foundation-says.ece> and an exclusive during the 10 pm broadcast of their local **ABC** station. For more information about the gift announcement and research in Texas visit www.gender-matters.org
- **Sex Trafficking and the Super Bowl** - There is a documented link between spikes in sex trafficking and major sporting events. Miami saw an alarming rise in sex trafficking when it hosted the 2010 Super Bowl with thousands of victims brought in to the authorities. Over the past two Super Bowls, more than 50 child sex trafficking victims were rescued and there is evidence an increase in these crimes can take place outside the host city. **According to research commissioned by Women's Funding Network, there were 80% more sex ads featuring young girls on Craigslist on Super Bowl Sunday in New York than on a regular Sunday last year, even though the game was played in Miami.** Advocates and celebrities are joining together to educate businesses, community leaders, law enforcement, direct service providers and the public in the Dallas Fort Worth area, the home to this year's Super Bowl XLV. To learn more about what is happening to protect girls around the Super Bowl, visit www.traffick911.org.
- **Justice FAIL -- It's Time to Get Serious About Demand** - In a courthouse in New York, former NFL star Lawrence Taylor pleaded guilty to sexual misconduct and paying a

16-year-old sex trafficking victim for sex. In return, the ex-linebacker received a misdemeanor charge that carries no jail time though he will be put on probation and a sex offender list. Prosecutor Patricia Gunning said this plea deal was "acceptable" in part because Taylor had assisted with other human trafficking investigations. With all due respect to the prosecutor, there should be no room for acceptance in our civil society for men who buy sex with girls. **It's time to send prosecutors a message that criminals that feed demand and harm our children should face harsher penalties.** Read more in the [Huffington Post](http://www.huffingtonpost.com/deborah-richardson/lawrence-taylor-walks-free_b_809259.html) http://www.huffingtonpost.com/deborah-richardson/lawrence-taylor-walks-free_b_809259.html

- **CNN: "Selling the Girl Next Door" on Backpage.com** On Sunday, January 23, CNN aired "**Selling the Girl Next Door**," <http://www.cnn.com/video/#/video/bestoftv/2011/01/20/exp.siu.selling.the.girl1.cnn?ref=allsearch> a full-length documentary exposing America's "dirty little secret" - hundreds of thousands of girls under the age of 18 are sold as sex slaves in the U.S. In a yearlong investigation, CNN's Amber Lyon reveals the devastating realities of the business of underage sex and the role internet sites like **Backpage.com** <http://www.womensfundingnetwork.org/AFNAP-toolkit/backpage> play in facilitating the trafficking of underage girls. In case you missed it, watch this powerful documentary **here** <http://www.cnn.com/video/#/video/bestoftv/2011/01/20/exp.siu.selling.the.girl1.cnn?ref=allsearch> "Selling the Girl Next Door," provides more concrete evidence that Village Voice Media Holdings-owned Backpage.com -- the industry leader in online sex ads -- is providing a platform that allows girls to be bought and sold. We must send Backpage and Village Voice Media Holdings a clear and strong message: do more to protect girls from being trafficked on your site. **TAKE ACTION TODAY** <http://www.womensfundingnetwork.org/AFNAP-toolkit/backpage>
- **Three Things You Can Do Right Now**
 1. **Call/Email** <http://www.womensfundingnetwork.org/AFNAP-toolkit/backpage> Village Voice Media Holdings to urge them to do more to protect girls from being trafficked on Backpage.
 2. Watch and Share "**Selling the Girl Next Door**." <http://www.cnn.com/video/#/video/bestoftv/2011/01/20/exp.siu.selling.the.girl1.cnn?ref=allsearch>
 3. Help Build the Movement. Help us get to 50,000 supporters this year. Invite friends to "**like**" the **Teddy** <http://www.facebook.com/pages/Like-the-Teddy-to-End-Sex-Trafficking-of-Young-Girls/150830878271305> so we can be even stronger in 2011.
- **How Much Is a Girl's Safety Worth?** - Nearly 150 years after the Emancipation Proclamation, it's time to wipe out the remnants of slavery in this country. - **Nicholas Kristof**, New York Times Columnist.

Men buy sex with underage girls. Not just in Bangladesh or the Czech Republic. Thousands of girls are trafficked for sex every day right here in the United States and as many as 300,000 children - particularly girls - are at risk of being sex trafficked domestically each year. This is why Women's Funding Network has launched a national initiative, *A Future. Not A Past.*, to abolish the sex trafficking of girls in our own backyards and across our country. The horrific crime of child sex trafficking is occurring in communities throughout our country including in the shadows of our own nation's capitol. Watch the plight of "**Bianca**", a young sex trafficking survivor from the Washington, D.C. area first forced into prostitution at age 12. Watch the video **here**. <http://www.wusa9.com/video/default.aspx?bctid=665185979001> **Bianca's** mother was able to rescue Bianca after finding her profile posted online. According to research commissioned by Women's Funding Network, sex trafficking has largely migrated off of the streets and moved online where the cloak of anonymity takes the heat off of the

traffickers and predators that victimize our children. Backpage is now the leader in online sex ads that provide a platform for child sex trafficking. Women's Funding Network has called on them to take immediate and comprehensive action to stop girls from being trafficked on their site. When you invest in Women's Funding Network's *A Future. Not A Past.* initiative you are investing in groundbreaking research, public awareness campaigns and the power of more than 100 U.S.-based members to create a no-tolerance zone for sex with young girls throughout the nation and spark public will to protect and support young trafficking survivors.

Women's Funding Network's impact to date includes:

Releasing **cutting-edge data**

<http://www.womensfundingnetwork.org/sites/wfnet.org/files/AFNAP/TheSchapiroGroupGeorgiaDemandStudy.pdf> showing that men were 65% more likely to answer an online ad that showed a picture of an underage girl. Releasing a 6-month **report**

<http://www.womensfundingnetwork.org/sites/wfnet.org/files/AFNAP/August2010MI-MN-NYTrackingStudy9152010.pdf> finding that the number of girls being trafficked online in 3 diverse U.S. states were on the rise by double digits. Launching an advocacy campaign urging Craigslist to protect girls from being trafficked. Craigslist has since taken down their "adult services" category, a section frequently used to buy and sell girls. Leading a National **Day of Action** <http://www.womensfundingnetwork.org/AFNAP-toolkit/day-of-action> that sparked 2,250 calls to U.S. House of Representative members in support of **H.R. 5575**, a bi-partisan federal bill that seeks to fund programs that support young trafficking survivors in the U.S. and increases resources for law enforcement. As a result of this action, the bill now has 8 new co-sponsors. Help Women's Funding Network keep up the pressure, continue our research and protect more girls from the horrors of sex trafficking. Together we can put an end to modern day slavery and give thousands of girls like **Bianca** *A Future. Not A Past.*

- **H.R. 5575**. Although our bill didn't go all the way there is still much to celebrate including:
 1. The establishment of a strong national coalition to address and combat domestic minor sex trafficking.
 2. Collectively generating more than 3,000 calls to Congress in support of the Domestic Minor Sex Trafficking Deterrence and Victims Support Act.
 3. Securing three Congressional briefings and two Committee hearings on domestic minor sex trafficking.
 4. The increased commitment and support of addressing and combating domestic minor sex trafficking among Congressional leaders and staffers.
 5. A dramatic rise in public awareness and public will to act to protect children across America from the horrors of sex trafficking.

In addition to these successes, we successfully advocated for Craigslist to do more to protect children from being sex trafficked on their site. **As a result of our efforts, Craigslist has taken down the adult services section of their website internationally.**

- **Celebrating "The Big 10" in 2010** - Here are 10 major achievements we accomplished in 2010 that we can celebrate:
 1. The successful launch of our national initiative to combat and address sex trafficking of girls and the kick-off of regional initiatives through our **members** in Michigan, Minnesota, New York and Texas.
 2. The release of **groundbreaking research** <http://www.womensfundingnetwork.org/about/news/press-releases/women%E2%80%99s-funding-network-releases-georgia-demand-study-to-craigslist> on men who buy sex with underage girls.
 3. Our investment in **quarterly research** <http://www.womensfundingnetwork.org/about/news/press-releases/six-month->

[report-domestic-sex-trafficking-up-in-key-states](#) tracking the number of underage girls sold for sex through online classifieds and escort services.

4. The creation of our **Facebook campaign** that attracted more than 30,000 users to our cause in less than 1 month.
5. The establishment of a strong national coalition to address and combat domestic minor sex trafficking.
6. Our movement generating more than 3,000 calls to Congress in support of the Domestic Minor Sex Trafficking Deterrence and Victims Support Act.
7. The selection of Deborah Richardson, Women's Funding Network's Chief Program Officer, to provide **testimony** <http://www.c-spanarchives.org/program/ID/232966&start=5495&end=5858> at the first-ever Congressional hearing on domestic minor sex trafficking.
 - The passage of versions of the **Domestic Minor Sex Trafficking Deterrence and Victims Support Act of 2010** http://www.huffingtonpost.com/deborah-richardson/the-grinch-that-stole-she_b_800953.html in both the U.S. Senate and House of Representatives and the increased commitment and support of addressing and combating domestic minor sex trafficking among Congressional leaders and staffers.
 - A flurry of **media reports** http://www.womensfundingnetwork.org/sites/wfnet.org/files/AFNAP/CSE_CState-by-StateDec2010.pdf resulting in a dramatic rise in public awareness and public will to protect children across America from the horrors of sex trafficking. Our national media tracking report found that in 2010, at least 160 total cases were reported in 41 states and the District of Columbia. The average age of the girl victimized is between 14 and 15 years old and 47 of the 160 cases - 30% - involved trafficking via the internet. Of the 160 cases 20% involved Backpage.com.
 - The international shutdown of Craigslist's "adult services" section, arguably the world's most popular online platform for sex traffickers.

We hope you will **continue** <https://secure.groundspring.org/dn/index.php?aid=125> with us and **resolve** <https://secure.groundspring.org/dn/index.php?aid=125> to make 2011 a victory year for addressing and combating the sex trafficking of girls in the U.S. There are up to 300,000 children across the country depending on our tenacity.

New National Abandoned Infants Assistance (AIA) Resource Center – University of California, Berkeley aia@berkeley.edu

- The National Abandoned Infants Assistance Resource Center (NAIARC) at the University of California at Berkeley is recruiting a **full-time Project/Policy Analyst 3**. NAIARC is a small, federally funded program designed to enhance the caliber of social services delivered to families, their infants and young children affected by drugs and/or HIV through the provision of training, information, and resources to professionals working with these families. The grant cycle for this program, which is funded competitively every four years, began in September 2010. The analyst will research and summarize best practices in the field; assess training and technical assistance needs and expertise of AIA grantees; develop and edit research-to-practice bulletins on various related topics; oversee the production and update of online training tutorials; plan, convene, and moderate annual webinar training series; participate in professional working groups; co-plan and convene national conferences and seminars; and provide expert consultation on substantive issues. For more information about qualifications, salary and benefits, and how to apply, go to <http://jobs.berkeley.edu>. Select "Search and Apply for Jobs Now," and enter 11682 in the Keyword function.

New Materials from International Institute for Trauma and Addiction Professionals (IITAP) www.IITAP.com/Newsletters.cfm The January 2011 IITAP Reflections Newsletter has been released

[The February 2011 IITAP Reflections Newsletter](#) has been released

Upcoming Events & Workshops <http://www.sexhelpworkshops.com/> web page is being updated regularly, be sure to stay "in the know" and check it often.

Cover Story

- **Register Now for the 2011 6th Annual IITAP Symposium**
http://www.iitap.com/documents/Reflections_January2011.pdf

In The News – Research by Suzanne O'Connor

- Childhood Sexual, Physical Abuse Linked to Drinking Problems in Women. - <http://www.newswise.com/articles/view/570877/?sc=dwhp>
- National Survey Reveals 45.1 Million Adults in the US Experienced Mental Illness in the Past Year. <http://www.newswise.com/articles/view/570965/?sc=dwhp>
- Pathological Gamblers Are Also at Risk for Mental Health Disorders. - <http://www.medicalnewstoday.com/articles/209096.php>
- Fake Pot Making Chemicals Now Illegal, Says DEA. - <http://www.medicalnewstoday.com/articles/209288.php>
- Discovery of Molecular Switch for Memory and Addiction. - <http://www.medicalnewstoday.com/articles/209586.php>
- New Study Explores How Partners Perceive Each Other's Emotion During a Relationship Fight. <http://www.newswise.com/articles/view/571802/?sc=dwhp>
- Researcher Finds the Energy Drinks Lead to Increased Alcohol Consumption. - <http://www.newswise.com/articles/view/571862/?sc=dwhp>
- School-Based Program Reduces Risky Sexual Behaviors in South African Teens <http://www.newswise.com/articles/view/569167/?sc=dwhp>
- Can Vigorous Exercise Curb Drug Abuse? Researchers Want to Find Out <http://www.newswise.com/articles/view/569255/?sc=dwhp>
- Neurosurgeon Scans Brains for Landmark Wiring Map <http://www.newswise.com/articles/view/569211/?sc=dwhp>
- Link Between Certain Psychiatric Disorders and Risky Sexual Behavior in Teens <http://www.medicalnewstoday.com/articles/202891.php>
- SAMHSA Awards \$71.5 Million in Mental Health Care Transformation Grants <http://www.newswise.com/articles/view/569444/?sc=dwhp>
- Four Kinds of Compulsive Gamblers Identified <http://www.medicalnewstoday.com/articles/204682.php>
- Falling in Love Hits the Brain Like Cocaine Does
- <http://www.medicalnewstoday.com/articles/205973.php>
- New Study Challenges Stereotypes of Adolescent Sex Offenders <http://www.newswise.com/articles/view/566591/?sc=dwhn>
- Living to Work: A Look at the Best Dressed Problem of the 21st Century <http://www.newswise.com/articles/view/566835/?sc=dwhn>
- Pathological Internet Use Among Teens May Lead to Depression <http://www.newswise.com/articles/view/566968/?sc=dwhn>
- New Report Pinpoints Substance Use Problems in Individual Localities Throughout the Nation <http://www.newswise.com/articles/view/567447/?sc=dwhn>
- Childhood Adversity Worsens Effects of Stress <http://www.newswise.com/articles/view/567178/?sc=dwhn>
- Study Suggests "Hookups" Can Turn Into Meaningful Relationships <http://www.newswise.com/articles/view/567663/?sc=dwhn>
- Brain Network Links Cognition, Motivation <http://www.newswise.com/articles/view/567637/?sc=dwhn>

From The Desk by Tami Verhelst

- January was a hectic month with a new group of participants attending module 1, hosted by **The Refuge**, in Ocklawaha, FL. The next offering of module 1 is scheduled and will be June 1st - 5th, 2011 in Chicago, IL. NOTICE: Due to the upcoming Symposium, our office will be closed February 17th - 21st, 2011. Read more http://www.iitap.com/documents/Reflections_February_2011.pdf
- A reminder that to renew your CSAT certification, you need at least 15 CECs from either SASH or an IITAP function/training each two year certification period and a total of 30 CECs.
- Dr. Stefanie Carnes recently joined the IITAP organization. We believe she will be an asset to the organization and help to further our programs.
- Following the Symposium, Dr. Ken Adams will be giving a workshop on developing a sex addiction practice for ASAT/CSAT and candidates. **Read more** http://www.iitap.com/documents/Reflections_December_2010.pdf **Register for the Ken Adams Workshop** http://www.sexhelpworkshops.com/Documents/REGISTRATION_2011_Feb19-20_KenAdams_HowtoBuildaSuccessfulSexAddictionPractice.doc

Also Covered

- CSAT Spotlight: Bob Weaver, M.Div., LCSW, CSAT - http://www.iitap.com/documents/Reflections_February_2011.pdf
- CSAT Spotlight: Mari Lee, MA, MFT, CSAT http://www.iitap.com/documents/Reflections_January2011.pdf
- Position Available - http://www.iitap.com/documents/Reflections_February_2011.pdf
- We Are Here to Help You http://www.iitap.com/documents/Reflections_February_2011.pdf
- Sex Addiction Referrals http://www.iitap.com/documents/Reflections_January2011.pdf
- Don't Forget to Renew http://www.iitap.com/documents/Reflections_January2011.pdf
- Therapist Tokens Available <http://www.recoveryzone.com/>
- Recovery Zone Model http://www.iitap.com/documents/Reflections_January2011.pdf
- IITAP Update: Marianne Harkin http://www.iitap.com/documents/Reflections_December_2010.pdf
- Copyright Infringement is a Crime http://www.iitap.com/documents/Reflections_December_2010.pdf
- Don't Forget to Renew http://www.iitap.com/documents/Reflections_December_2010.pdf
- Therapist Tokens Available <http://www.recoveryzone.com/>
- Register for the Symposium http://www.sexhelpworkshops.com/Documents/REGISTRATION_2011_Feb19-20_KenAdams_HowtoBuildaSuccessfulSexAddictionPractice.doc

PIP – A Series of Strategic Development Workshops for Therapists

- March 2 – Phoenix AZ
- June 4 – Minneapolis, MN

More information contact Tami VerHelest 866-565-6853, 480-575-6853, tami@iitap.com

New Meth Inside Out - A Powerful and Engaging Research-based Video Series connect@methinsideout.com 310-876-3686

- TRY A COMPLIMENTARY SESSION - Want high quality materials but only want to make the investment when you're sure they're worth it? The Sample Session is for you. It's a program specifically designed to help you lead a high impact, memorable group session.

"...Extremely valuable. Helps clients and families connect the science with the life experience." Kathryn Icenhower, Ph.D., LCSW, Executive Director, Shields For Families. Don't settle for boring, outdated videos anymore. Meth Inside Out is as good as it gets. Sampling what the series has to offer is a perfect way to find out if it's the right choice for you. Learn more at www.methinsideout.com. We're so confident that Meth Inside Out will exceed your expectations that we guarantee it.

<http://methinsideout.myshopify.com/>

New Visionary Addiction Treatment Solutions, LLC info@visionaryaddiction.com

- **Is Your Treatment Agency Due for a State Audit/Survey? Struggling with Corrective Action?**

Visionary Addiction Treatment Solutions understands how to navigate this challenging process. We can help your agency to:

- Prepare for an upcoming survey
- Write and submit a corrective action plan
- Complete and comply with a corrective action plan
- Obtain needed staff training for ASAM PPC-2R, Law/Ethics, Air/Blood Borne Pathogens update, etc.
- Update policy/procedure manuals, agency forms

Many of these services can be offered remotely, and services are confidential. We can help even if you are facing a deadline! For more information, contact us at info@visionaryaddiction.com or call 360-608-6887.

- Can't Afford to Send Your Staff to Vancouver for CEUs/ Training? Let VISIONARY come to your agency! We offer on-site training in a variety of topics. Let us tailor a day of training for your staff to meet your specific needs, at a lower cost!

Training Topics May Include:

- ASAM PPC-2R
- Group therapy skills
- Air and Blood Borne Pathogens Update
- DUI/DOL information
- Release of Information Procedures
- Treatment Planning
- Law and Ethics
- Self-Care
- Dialectical Behavior Therapy (DBT) Skills
- Crisis Intervention
- Meditation/Mindfulness/Relaxation Skills
- Pharmacology
- Motivational Enhancement
- Team Building
- And More!
- For more information on mobile training packages, contact 360-608-6887 or visit our website at www.visionaryaddiction.com

New Springer Publishing Company www.springerpub.com

- ***Sexual Health in Recovery*** - Douglas Braun-Harvey, MA - \$45.00 – 978-08261-20175. This groundbreaking volume is the first to address sexual issues in drug and alcohol treatment. It explains the origins of sex/drug linked behaviors, and offers a wealth of treatment techniques, exercises, and assessment tools to help clients understand and change these behaviors in recovery. Based on a curriculum that was successfully implemented and evaluated at Stepping Stone, a drug and alcohol treatment program in San Diego, *Sexual Health in Recovery* offers counselors a chance to understand and integrate basic sexual health principles into their work.

- **Service Delivery for Vulnerable Populations - *New Directions in Behavioral Health*** Steven A. Estrine, PhD; Robert Hettenbach, MPS; Heidi Arthur, LMSW; Maria Messina, PhD; Editors - \$65.00 – 978-08261-1855-4 “[This book] provides a comprehensive understanding of the opportunities for all of us working with vulnerable populations to develop thoughtful, workable programs. . . it is an encyclopedia of resources and creative options for service to veterans, the homeless, the elderly. [It] challenges us to think creatively and develop programs and services for the people in our society who are most often overlooked and forgotten.”

New Jones & Bartlett Learning – 978-579-8229 – www.jblearning.com

They just published a new patient education book 100 Questions & Answers About Your Child's Substance Abuse that I thought would be helpful to your clients. For more detailed information, click on this link <http://www.jblearning.com/catalog/9780763779818/>. We offer special pricing on bulk orders. I will be happy to provide you with a quote. If you would like a complimentary copy for evaluation and consideration for a bulk purchase, please provide a physical street address for shipping with a phone number to reference for UPS delivery.

New CARVER Vulnerability Assessment Training – llabaj@telemussolutions

As you may know the CARVER Vulnerability Assessment process is used in the Automated Critical Asset Management System (ACAMS). ACAMS provides a set of tools and resources that help law enforcement, public safety and emergency response personnel assess Critical Infrastructure/Key Resource (CI/KR) Asset vulnerabilities. I recently conducted training for the Iowa Homeland Security and Emergency Management Office and the Michigan State Police Infrastructure Analysis & Response Section.

The new 2011 Course dates are:

Falls Church – Jan 25-27

Baltimore – March 22-24

Las Vegas – May 17-19

Falls Church – July 19-21

Baltimore – Sep 20-22

Las Vegas – Nov 8-10

Private training is available for groups of 10 or more at your facility or another facility of your choice. Please contact me for more information about this course - llabaj@telemussolutions

**New New From Beat Binge Drinking Donna Cornett 888-773-7465
info@drinklinkmoderation.com**

- **Beat Binge Drinking: A Smart Drinking Guide for Teens, College Students and Young Adults Who Choose to Drink** - by Donna Cornett, ISBN# 978-09763720-6-6 - is now on sale on amazon.com! It's the first and only **comprehensive guide to alcohol use designed for young people** who choose to drink - empowering them with smart drinking guidelines and tips to **manage and reduce their alcohol consumption**. It's the first book to offer youngsters an alcohol education, just like we offer them sex education and driver's education, and it will prevent alcohol abuse and alcoholism before it even starts! Beat Binge Drinking fills the void in alcohol abuse treatment for young people and it includes:
 - 21 great reasons to drink smart, not dumb
 - 10 smart drinking guidelines
 - 25 smart drinking tips
 - How to identify and defuse drinking triggers
 - Learn what drinking thinking is and how to control it
 - Recognize your problem drinking cycle and how to break it
 - How to motivate yourself to drink smart forever!

For more information on the book, Beat Binge Drinking, email Donna Cornett at info@drinklinkmoderation.com or call her toll-free at 888-773-7465.

New Alternative Treatment International Non-12-Step, Wellness, Clinical, Holistic, Dual Diagnosis Residential and IOP Programs. 800-897-8060 www.atiwellness.com info@atiwellness.com

- Make a referral or come and visit us. Call ATI at 1-800-897-8060. The staff at ATI looks forward to working with you to assist your clients to achieve total wellness and recovery. ATI will always refer your client back to you for continued care after discharge. Alternative Treatment International, Clearwater, FL. 800-897-8060. info@atiwellness.com www.atiwellness.com
- **ATI's trademarked Perception Therapy treatment model:** ATI has developed, written and published its trademarked Perception Therapy Treatment Model. Nine years of outcome studies demonstrate the outstanding success that Perception Therapy has with addiction and mental health clients. * Perception Therapy Certification for Therapists is available.
- **Introducing you to Alternative Treatment International,** a residential non-12-step, wellness, clinical, holistic and dual diagnosis treatment program in Clearwater, Florida. Some of you may have heard of us as we have been here for nine years treating addiction and mental health clients from around the world. We are licensed by DCF to treat substance abuse and ACHA to treat mental health, and are accredited by the Joint Commission. They accept private pay and most insurances. Our usual program is from 28 to 60 days and we have extended care if needed. We welcome your referrals for those clients that are in need of non-12-step residential or IOP care, and will always send the client back to you for continued care after discharge.
- **Alternative Treatment International has acquired a new facility.** ATI has recently acquired a new facility for its treatment programs. The new facility is 15,000 sq. ft. and has ample space for all of our therapeutic and wellness activities. The first floor of 10,000 sq. ft. is used for our residential and IOP client programs and the second floor of 5,000 sq. ft. is being built out for our 10 bed medical/spa detox program. The detox program is medically supervised and includes medication, round the clock nursing and provides pain free detox for all addictions. This is enhanced by full spa amenities including; private rooms, massage, acupuncture, yoga, Tai Chi, meditation, sauna, jacuzzi, weight room, healthy meals, organic cotton robes and bedding, flat screen TV's in each room and individual and group therapy.
- Residential services provided to ATI clients:
- Non-12-Step psychotherapeutic full daily schedule, evening and weekend activities. The residential client housing for 24 clients consists of two bedroom apartments with pool and right on the water. Each client has his/her own bedroom and 24-hour supervision. Mind-Body-Spirit-Environment programming, Therapists that are licensed with 20 years experience, Whole person healing, Our professional therapists address the cause of the problem not just the symptom, Perception Therapy Treatment Model developed at ATI, Individual psychotherapy, Small group Therapy, Individualized treatment plans, Psychiatrist twice weekly, Nutritionist/dietician weekly, Aftercare planning and referrals. All addictions, Pain management, Weight loss/gain, Eating disorders, Depression and anxiety, PTSD, Trauma, Abuse, Bi-polar. Individual bedrooms with T.V., Cell phones and laptops permitted. Yoga, Tai Chi, Massage, Spiritual healing, Breath work, Rebirthing, EMDR, EFT, Kai Chi Do – daily, Guided imagery, Art Therapy, Cinema Therapy, Metaphor Therapy, Experiential groups, Meditation, Spa Fitness Activities.