

"Creating Opportunities to Thrive"

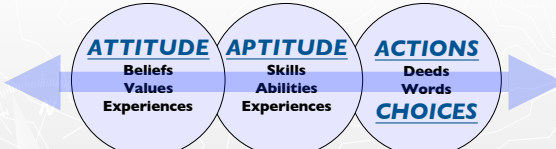


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If you want to do well when it counts,
you'll be at your best when you practice --

Congruence
(aligning your)



It's about **CHOICES** - what you do and how you do it, that largely determine if you "just get by" - or "Thrive!"

Some "observable behaviors" of a:

Get By-er	Thrivers
<p>Hear:</p> <ul style="list-style-type: none"> • "It's good enough." • "It can wait ..." • "That's not in my job description." <p>See:</p> <ul style="list-style-type: none"> • Doesn't volunteer or initiate. • Doesn't follow through. • Lacks attention to detail 	<p>Hear:</p> <ul style="list-style-type: none"> • "I'll give it my best." • "I'll try harder." • "How can I improve?" <p>See:</p> <ul style="list-style-type: none"> • Looks for best, not just easiest ideas. • Willing to take calculated risks. • Not afraid of change, learns from errors.
What are your	WIIFMs to Thrive?

TIPS: ATTITUDE

Manage your own morale
Have an honest conversation w/yourself:

- How is this mindset serving me well?
- What's the worst that could happen?
- What am I waiting for?

Monitor & adjust your 'self-talk'
"If you think you can or can't do it, you're right." (H. Ford)

Reframe the situation
Step back & ask yourself:

- What's REALLY going on?
- Where's the opportunity?

(turning lemons into lemonade)




TIP #2: ATTITUDE

Practice Mastery

- Are you as good today as you're ever going to be?
- Don't wait for someone else to give you skills you need to succeed. Be a life-long learner!
- Practice makes ~~perfect~~ better.

Can you reach 1/4" higher than before?




TIP #3: ACTIONS

Be good with people

"I don't like that person very much - I ought to get to know them better."
(Will Rogers)

WHAT'S THAT LIKE?



Now, back to where we started -

You have 100% control over your **ATTITUDE, APTITUDES & ACTIONS**

It's about having the discipline to be congruent when you manage your **"Moments of Truth"**

And in the process, you have more **INFLUENCE** on others than you may ever realize ...

Personal Promise

The one thing I will do to help me Thrive even more is:

Three things I will do in the next week to make this happen are:

- 1.
- 2.
- 3.

