

DRAFT 12/12/05

Oregon Healthy Worksite Initiative State Government Employee Survey Comparison of Health Status and Risk Factors for Chronic Disease Morbidity Between Respondents With Chronic Disease (Arthritis, Asthma, Diabetes, Heart Disease, or Stroke) and Respondents Without Chronic Disease

These are results of a random telephone survey of state government employees. Information was collected about the frequency of various chronic diseases in this population as well as related risk factors for illness, and employee attitudes toward worksite health promotion activities. A respondent was determined to have a specific chronic disease if he or she reported being diagnosed with that disease by a doctor or other health professional. Questions are primarily from national Behavioral Risk Factor Surveillance System (BRFSS) surveys and Oregon State BRFSS modules. A sample of 2000 employees was surveyed (1,500 for state agencies and 500 for Oregon University System).

	Chronic Disease N = 642	No Chronic Disease N = 1344	Total N = 1986
Age: Median (age range)	51 yrs old (22-81)	45 yrs old (18-70)	47 yrs old (18-81)
Depression (respondent told they had depression by a health provider within 12 months or respondent currently taking medication for depression)	21%*	12%*	15%
Body Mass Index (BMI):			
Healthy Weight	26%*	39%*	35%
Overweight	36%	38%	37%
Obese	37%*	22%*	27%
Respondents who reported that, in the past 30 days, they experienced some limitation in their ability to carry out their usual activities at work, due to physical or emotional health issues	34%*	25%*	28%
Respondents who reported missing part or all of at least 1 work day in the past 30 days, due to poor physical or emotional health	35%*	25%*	28%

* Statistically significant difference between respondents with chronic disease and those without chronic disease for that characteristic.

DRAFT 12/12/05

	Chronic Disease N = 642	No Chronic Disease N = 1344	Total N = 1986
Tobacco Status:			
Never Smoker	53%*	66%*	62%
Former Smoker	37%*	24%*	28%
Current Smoker	11%	10%	10%
Health Status (Excellent to Very Good)	45%*	72%*	63%
Respondents who meet CDC physical activity recommendations (moderate activity for ≥ 30 mins. on ≥ 5 days/wk. OR vigorous activity for ≥ 20 mins. on ≥ 3 days/wk.)	46%	53%	51%
Respondents who eat five or more servings of fruits and vegetables everyday	26%	22%	23%

* Statistically significant difference between respondents with chronic disease and those without chronic disease for that characteristic.