

Occupational Health Offices

During regular business hours, contact the Occupational Health Service Center to schedule appointments. We can direct you to the nearest participating medical office with Occupational Health services.

Hours: 8:00 a.m.–5 p.m., Monday–Friday.

To make an appointment, call

Salem and surrounding areas 503-361-5400
Portland 503-249-3531

SALEM AREA

North Lancaster Medical Office

2400 Lancaster Drive NE, Salem, OR 97305

After-hours urgent care at Skyline Medical Office, 5125 Skyline Road S, Salem:
9 a.m.–5:30 p.m., weekends.

To make an appointment, call

Salem and surrounding areas 503-361-5400
Portland 503-249-3531

For workers' compensation claims information, call
503-721-3994

PORTLAND AREA

Beaverton Medical Office

4855 SW Western Ave., Beaverton, OR 97005

After-hours urgent care: 10 a.m.–5:30 p.m., weekends/holidays.

To make an appointment, call

Salem and surrounding areas 503-361-5400
Portland 503-249-3531

For workers' compensation claims information, call
503-249-3396

Interstate Medical Office Central

3600 N Interstate Ave., Portland, OR 97227

After-hours urgent care at Interstate Medical Office South, 3500 N Interstate Ave.:
6 p.m.–8:30 p.m., Monday–Friday;
7 a.m.–8:30 p.m., weekends/holidays.

To make an appointment, call

Salem and surrounding areas 503-361-5400
Portland 503-249-3531

For workers' compensation claims information, call
503-249-3398

Mt. Talbert Medical Office

10100 SE Sunnyside Road, Clackamas, OR 97015

After-hours urgent care at Mt. Scott Medical Office, 9800 SE Sunnyside Road: 10 a.m.–5:30 p.m., weekends/holidays.

To make an appointment, call

Salem and surrounding areas 503-361-5400
Portland 503-249-3531

For workers' compensation claims information, call
(last name starting with A–K) 503-571-4236
(last name starting with L–Z) 503-571-4230

Rockwood Medical Office

19500 SE Stark St., Portland, OR 97233

To make an appointment, call

Salem and surrounding areas 503-361-5400
Portland 503-249-3531

For workers' compensation claims information, call
503-249-3396

SALEM AREA



Kaiser On-the-Job®

WHAT TO DO

FOR WORK-RELATED ILLNESS OR INJURY



All plans offered and underwritten by Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Ste. 100, Portland, OR 97232
10KOJ-09/8-09



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Kaiser On-the-Job[®]

the experts in
occupational health

We started out caring for workers building Washington's Grand Coulee Dam in the 1930s. For 70 years, we've helped workers get back on their feet so they could earn a living for themselves and their families.



What to do when you need care

- **Care during business hours**
Contact the Occupational Health Service Center to schedule appointments during normal business hours. We can direct you to the nearest Occupational Health location.
Hours: 8:00 a.m.–5 p.m., Monday–Friday.
Portland 503-249-3531
Salem and surrounding areas 503-361-5400
- **After-hours care**
See the list on the back of this flyer for Occupational Health Locations with after-hours urgent care. After 5 p.m. and on weekends and holidays, call:
Portland 503-813-2000
All other areas 1-800-813-2000
- **In a medical emergency**
Call 911 or go to the nearest hospital emergency department.

All workers welcome

You don't need one of our health plans to get medical care through Kaiser On-the-Job. We can treat anyone for work-related injuries or illness. Just let the receptionist know that you need care for a work-related condition. (If you're not sure whether the condition is work-related, tell us that, too.)

If you are a member, we'll already have your medical history on file.

Paperwork and billing

If your condition is determined to be work-related, we'll help you fill out the proper medical claim forms.

You'll also need to report the injury or illness to your employer. Your employer will have you fill out a workers' compensation claim form.

We'll send any bills directly to your employer's workers' compensation insurance.

Treatment and rehabilitation

Kaiser On-the-Job is more than first aid. We're equipped to provide all the care you need to get back to work.

We'll devise a treatment plan. We have doctors who specialize in all fields of medicine, including surgery. We have our own X-ray departments, laboratories, physical therapists, and pharmacies. Often, you'll find all the services you need at a single medical office. That means no driving from appointment to appointment to get treatment.

After each visit, you'll receive a summary that includes your work status. It will explain whether you're unable to work, able to return to work on a limited duty basis, or able to return to work on full duty status.

Our goal is the same as yours: to help you return to work as soon as medically appropriate.

We'll keep you informed

Peace of mind is an important part of getting better. Feel free to ask your doctor, therapist, or any other care provider about your treatment at any time.

We're also happy to answer questions about work status and work restrictions. From Portland, call us at 503-249-3531. From Salem and surrounding areas, call 503-361-5400. From all other areas, call 1-888-414-3531 (toll free).