

PROTECT YOURSELF FROM EXPOSURE TO HAZARDOUS CHEMICALS

KNOWLEDGE



- Pay attention to safety training.
- Read the chemical's label and MSDS to learn:
 - What health problems can result from exposure
 - What routes of exposure are dangerous (inhaling, swallowing, skin or eye contact)

PROTECTIVE CLOTHING



- Read the MSDS to learn what PPE will protect you from exposure.
- Select PPE that's in good condition and fits properly.
- Remove and dispose of PPE carefully to prevent spread of contamination.

SAFE HANDLING



- Inspect containers regularly and report leaks and missing or unreadable labels.
- Keep containers closed when not in use.
- Remove from the chemical container only the amount you need for a job.
- Use required ventilation to remove chemical vapors.
- Store and use chemicals away from substances and conditions that could cause hazardous reactions.

GOOD HYGIENE



- Keep food, drink, cigarettes, cosmetics, and street clothes out of chemical areas.
- Wash thoroughly after working with chemicals.
- Don't siphon chemicals by mouth.

EMERGENCY RESPONSE



- Clean up spills and leaks immediately, or alert trained responders.
- Take your evacuation route immediately in an emergency.
- Act fast after chemical contact.
 - Get to fresh air after inhalation.
 - Flush with water after skin or eye contact.
 - Get medical attention after swallowing and after other first aid.