



State Health Resources



Department of Consumer & Business Services (DCBS) Consumer Advocacy Unit • 1-888-877-4894

www.insurance.oregon.gov

The Insurance Division's consumer advocates provide free help to consumers who have insurance questions and complaints. For example, advocates can provide information on the federal government economic stimulus program that pays up to 65 percent of monthly health insurance premiums for qualified individuals. The Insurance Division is a state office that is part of the Department of Consumer and Business Services, Oregon's largest regulatory agency.



Oregon Health Plan (Medicaid, CHIP and more) 1-800-359-9517 or contact your local DHS office

www.oregon.gov/DHS/healthplan/app_benefits/main.shtml



Local DHS offices: www.oregon.gov/DHS/localoffices/index.shtm

The Department of Human Services offers Oregon Health Plan (OHP) coverage to low-income Oregonians. OHP is paid for by state and federal programs such as Medicaid and the Children's Health Insurance Program (CHIP). OHP offers two major benefit packages: OHP Plus, a comprehensive package, and OHP Standard, which provides limited coverage. Different family members may qualify for different benefits. The department finds the program that fits you, based on eligibility factors. These include: age, physical condition, living situation, citizenship, income and assets. Children, pregnant women and people in long-term care facilities may qualify at higher income levels than others. Some adult OHP clients pay small co-pays or small monthly premiums, depending on the eligibility factors listed above. Oregon also offers Citizen Alien-Waived Emergency Medical (CAWEM) coverage for labor and delivery or emergency medical services for non-US citizens.



Family Health Insurance Assistance Program (FHIAP) 1-888-564-9669

www.fhiap.oregon.gov

FHIAP helps Oregon families pay up to 95 percent of the monthly premium for private health insurance plans. Applicants must be uninsured and meet income and other guidelines. Individuals and families use FHIAP subsidies to pay for insurance at work or to buy individual health plans if insurance is not available through an employer. Members are responsible for co-pays and deductibles.



Oregon Medical Insurance Pool (OMIP) 1-800-848-7280

www.omip.state.or.us

This program covers adults and children who can't obtain other medical insurance because they have pre-existing medical conditions, exhausted their employer-based COBRA benefits, have no commercial portability plan available or are eligible for the Federal Health Coverage Tax Credit. OMIP benefits are comprehensive and premiums vary by age and plan choice. OMIP is not a low-cost health insurance program. However, FHIAP members may use their subsidies to help pay the premiums for some OMIP insurance plans.



Oregon Prescription Drug Program (OPDP) 1-800-913-4146

www.opdp.org

This state prescription drug purchasing pool offers a discount card that may save you money on prescription drugs. There is no cost for the card. All drugs prescribed by a licensed clinician are eligible for discounts.

Help with Medicare:

SHIBA Senior Health Insurance Benefits Assistance (SHIBA)



1-800-722-4134

www.oregonshiba.org

SHIBA is a federal/state program that provides free and unbiased advice to people with Medicare and their families. Trained SHIBA volunteers provide personalized counseling to help people with Medicare make insurance choices. Medicare is a federal program of hospital, medical and prescription drug insurance for people who are 65 or older, disabled, or with End-Stage Renal Disease (permanent kidney failure). Medicare does not cover 100% of medical expenses or the costs of long-term care.



OHP — Call your Area Agency on Aging or local DHS office

Local DHS offices: www.oregon.gov/DHS/localoffices/index.shtm



Oregon Health Plan offers services for low-income people on Medicare. These include Medicaid comprehensive and long-term care coverage and help paying Medicare premiums, deductibles and coinsurance.

Additional health resources:



Oregon SafeNet 1-800-723-3638 (SAFENET)

www.oregonsafenet.org

A free, information and referral helpline for Oregon. Learn where to go for low cost medical help immunizations, and women’s health needs; for help and information about food stamps, WIC, OHP, and other government programs; to find help for basic needs – food, shelter, bills, etc.; to learn about organizations in your community who can help you with your unique needs; and to get help from a live person with interpreters ready to help in 150 different languages.

To order copies of this flyer: 1-800-542-3104.