

OSBN Mission

The Oregon State Board of Nursing strives to protect the public's health, safety and well-being by regulating nursing practice and education.

OSBN Board Members

Peggy Yeats, RN
President • Canby, OR

Rolf Olson, Public Member
Secretary • Salem, OR

Mitchell Boriskin, RN, FNP
Eugene, OR

Deborah Burton, RN, PhD
Boring, OR

Linda Manous, BSN, RN
Coos Bay, OR

Dianne Sjobeck, RN
Clackamas, OR

Cora Smith, Public Member
Portland, OR

Celina Tobias, LPN
Medford, OR

Jennifer Wagner, LPN
Eugene, OR

Supervision & Delegation: What Counts for Renewal?

The two most complex components of the renewal requirements are practice setting and supervision. According to Oregon Administrative Rule, a CNA needs 400 hours of paid employment as a CNA working under the supervision of a licensed nurse. In a hospital or licensed nursing home, where nurses are a constant presence, it's easy to understand how a CNA can meet the supervision requirement. However, in the numerous other settings where CNAs work, and where nurses are not always on the premises, it's not as clear.

"Most of the renewal questions come from assisted living or residential care facilities, group or foster homes, and schools," says **Debbie Buck, RN**, OSBN CNA Program Consultant. "In these settings, nurse supervision isn't as visible, but is just as important."

What does "supervision" mean?

CNAs must **always** be supervised. It's how they are supervised that can be somewhat complex. Supervision for renewal purposes can be:

1. Regular, onsite supervision by any licensed nurse of a CNA who is performing tasks within a nursing assistant's authorized scope of duties (most often seen in hospitals or licensed nursing homes), or

2. Periodic supervision by a Registered Nurse of a CNA who is performing authorized nursing assistant tasks (generally the case for CNAs working in assisted-living, residential care, a private, group or foster home, or a school), or

3. Periodic supervision by a Registered Nurse of a CNA who is performing tasks outside the CNA's authorized scope of duties that were delegated by that Registered Nurse (only for CNAs working in settings such as assisted-living, residential care, schools, or private, group or foster homes).

In this third supervision scenario, *delegation* occurs when a RN authorizes a CNA to perform selected nursing care tasks for selected individuals. For instance, if a RN delegates six tasks for a CNA to perform on a certain patient, and the CNA performs those six tasks for 400 hours (or in combination with other CNA duties for 400 hours) during the two-year renewal timeframe, the CNA will meet the practice requirement for renewal. Delegation is a one-to-one situation: one CNA performing certain tasks on one patient. (Just because they do these tasks for one patient, doesn't mean they can do it for other patients.) Once a RN delegates a task (or tasks) to a CNA, the RN has the responsibility to

Renewal Requirements

- 400 hours paid employment as a CNA;
- under supervision of a licensed nurse.

Renewals

Continued from page 1

periodically evaluate that CNA on the performance of that task.

In a hospital or licensed nursing home, supervision is usually done by *assignment*—a licensed nurse may assign a CNA to perform a task for all the patients on a floor or unit.

Regardless of how a nursing assistant is supervised, they have the entire two-year period between renewals to fulfill their practice requirement.

What about "private duty?"

Many questions have arisen concerning CNAs who work in private residences. Oregon statute defines a nursing assistant as someone who assists a licensed nurse in the provision of nursing care. CNAs who work independently without nursing supervision—for private parties—cannot count those practice hours for renewal. "CNAs in this situation should establish a relationship with a RN or relinquish their CNA status," explains **Mary Amdall-Thompson, RN**, OSBN Practice & Compliance Program Executive.

For details on renewal, call the OSBN at 503-731-4745.

CNA Advisory Group to be Formed

During the Nov. 16 OSBN Board meeting, the Board heard remarks by Jim Carlson, Executive Director of the Oregon Health Care Association, on the current CNA staffing crisis in long-term care. **Joan Bouchard**, OSBN Executive Director, will work with the long-term care industry to convene an advisory committee to study CNA training and certification issues and develop recommendations for the Board.

CNAs: Who Are They?

Brief CNA Statistics for the Year 2000

Certified Nursing Assistants play a vital role in today's health care scenario. CNAs help their clients with everyday living activities, such as bathing, dressing and feeding, that are essential to maintaining a person's dignity and health.

CNAs work in many venues, from long-term care and assisted-living facilities, to hospitals and clinics. According to statistics from the Oregon Health Care Association (OHCA),

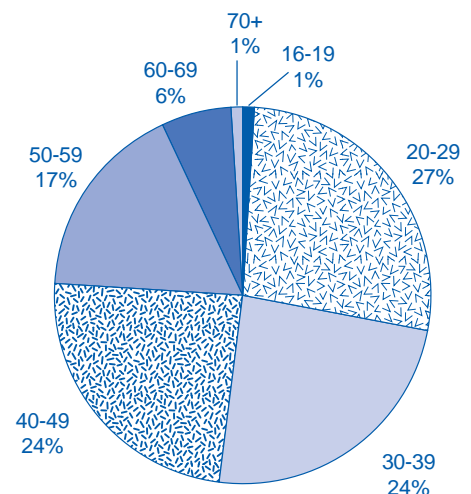
CNAs comprise approximately 41 percent of the jobs in long-term care facilities. The Oregon State Board of Nursing's statistics for 2000 reflect a mainly female, Caucasian workforce, between the ages of 30 and 49.

More information will be available in the upcoming *1998-2000 OSBN Statistical Report* (to be published in Feb. 2001). Contact the OSBN office at 503-731-4745 for a copy of the report.

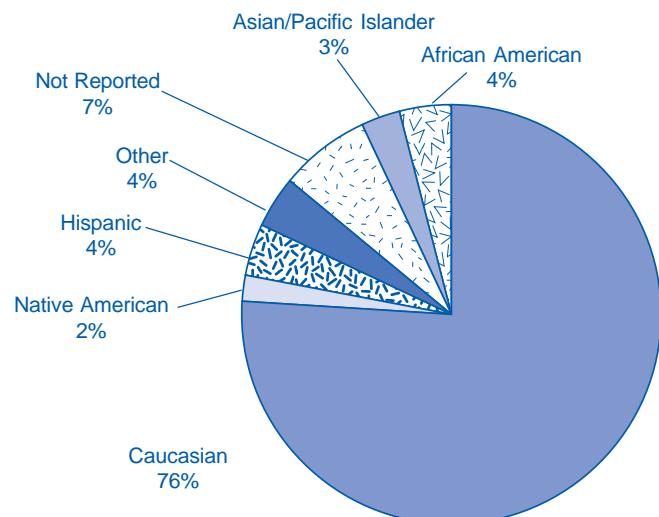
Quick CNA Facts

- *Approximately 15,710 CNAs currently certified in Oregon.*
- *Gender breakdown—*
Female: 88%
Male: 12%
- *Five most populated counties:*
Multnomah: 2,790
Lane: 1,718
Marion: 1,644
Washington: 1,180
Clackamas: 1,002

CNAs by Age Group



CNAs by Ethnic Mix



CMA's Have Several Options for Continuing Education

Generally, Certified Medication Aides are held to the same renewal standards as CNAs. However, CMAs also are required to have at least eight hours of documented medication-related inservice during their two-year renewal period. (New CMAs, whose first renewal cycle is less than two-years, only need to have four hours of document medication-related inservice.)

Acceptable forms of continuing education include:

- Facility-based classes dealing with the medications used at that facility.
- Medication classes taught by a licensed nurse, pharmacist or pharmaceutical company representative.
- Medication classes taught as part of

an OSBN-approved CMA program.

- Videos, when used as part of an instructor's presentation.
 - Infection control classes when the content is medication-related.
- "We cannot accept self-study or correspondence courses, television programs or general magazine articles as continuing education," explains **Debbie Buck, RN**, CNA Program Consultant. Other unacceptable forms of education include general job orientations, CPR classes or classes dealing with injectable medications or IV medications.

For more information, contact **Margie Strieff, RN**, at 503-731-4745, ext. 226, or **Buck**, ext. 227.

Frequently Asked Question

Q: I'm working on my certificate renewal application. I received a DUI last year, but completed an approved diversion program. Do I have to check "yes" on the convictions/arrests application question?

A: Yes! Completion of a diversion program does not negate the fact of your DUI. The OSBN runs a Law Enforcement Data System (LEDS) check on every application. Even though you may not have been arrested or booked, there will be a record of your DUI on your driving record or on a LEDS check.

However, having a DUI on your record, by itself, would not prevent renewal. OSBN investigators routinely interview applicants who answer "yes" on the application for details of the situation. Depending on circumstances,

certificates can still be renewed.

"It's much better for applicants to disclose anything that could show up in a check, rather than assume their record is clear," asserts **Mary Amdall-Thompson**, OSBN Practice, Investigation & Compliance Program Executive. "If we have any impression that an applicant is trying to hide something, that applicant is reviewed with a very close eye."

Please contact the OSBN at 503-731-4745 for additional information.

*Need an update on the CNA/
CMA Standards of Care and
Authorized Duties?
Call the OSBN office at
503-731-4745 for a copy of
the OSBN's CNA Booklet.*

Changing Your Name?

If you've changed your name since you last renewed your certificate, please notify the OSBN. We need written notice stating your previous name, new name, and certificate or social security number. We also need a copy of the appropriate page of your marriage license, divorce decree or court order. (You don't have to send the entire document—just the page that specifies your new name.)

Please send your written notice and supporting documentation to the OSBN office at:
800 NE Oregon St., Suite 465,
Portland, OR 97232.

CNA Program Staff

Joan Bouchard, RN
OSBN Executive Director

Jerry Hollis, ext. 225
Interim Program Executive
Licensing & Certification

Mary Amdall-Thompson, RN, ext. 240
Program Executive, Nursing Practice,
Investigations & Compliance

Debra Buck, RN, ext. 227, and
Marjorie Strieff, RN, ext. 226
Nursing Assistant Program Consultants

Judy Sangenito, ext. 246, and
Bill Wood, ext. 245
CNA Certification Technicians

Sandy Tennyson, ext. 243
Public Service Representative

Alberta Fry, RN; Marilyn Hudson, RN;
Anita Larmi, RN; Pamela Louie, RN;
Susan Rich, RN; Lani Scarratt, RN; and,
Lynda Tucker, RN
Investigators-Advisors

CNA News

is published once a year by the OSBN to inform CNAs of current laws relating to nursing, OSBN policies and activities, and issues pertaining to the regulation of CNAs and education. Please call Editor **Barbara Holtry**, Public Information Officer, at 503-731-4745, ext. 265 with suggestions or comments.

Are You Due to Renew?

When was the last time you renewed your certificate? If you've moved during the last two years, you may want to double-check your expiration date. CNA certificates are good for two years. The Oregon State Board of Nursing will send a courtesy renewal notice to your last address of record, but renewing on time is up to you.



Remember: You cannot practice with an expired certificate, *even if you have an application pending*. The renewal process usually takes seven to 10 days for complete applications, so it helps to plan ahead. If your application is incomplete, or missing any needed documentation, the renewal process can take longer.

For more information on certificate renewals, contact the Bill Wood, Licensing/Certification Technician, at 503-731-4745, ext. 245.

Board Meetings: You're Invited!

All OSBN board meetings are open to certificate-holders, licensees and the public, with the exception of disciplinary deliberations held during Executive Session. Meeting times are generally 9 a.m.–5 p.m. Upcoming meeting dates in 2001 are:

- April 11 & 12;
- June 13 & 14;
- Sept. 19 & 20; and,
- Nov. 7 & 8.

If you'd like to attend, call the OSBN at 503-731-4745, ext. 229, for a copy of the agenda, or visit our website at www.osbn.state.or.us.

An open forum is routinely held on the second day of each meeting. During that time, you may address nursing assistant issues that are within the Board's purview but not on the current agenda. If you wish to speak during this time, please call the Board office at least two weeks prior to each meeting.

We Need to Know!

If you have changed your address since you last renewed your certificate, please fill out this form and mail to: Oregon State Board of Nursing, 800 NE Oregon Street, Suite 465, Portland, Oregon 97232-2162.

Name: _____

Certificate or Social Security #: _____

New Address: _____

City: _____ State: _____ Zip: _____

Phone: _____