May 4, 2010

RECEIVED
MAY 06 2010
OREGON BOARD OF PHARMACY

Esteemed Panel:

I am a 65 yr. old woman and in my desire to continue striving for life; after having tried numerous chemical prescriptions over 20 yrs, (due to early (4 yrs. old) childhood sexual trauma i.e. Esophagus muscle spasms, Depression/Anxiety/Panic disorder) I almost gave up the hope of wanting to continue the struggle.

However, a friend introduced me to cannabis. At first and when I could, I over-used because of the state of my condition. At that moment in time I needed that deep rest for my mind, body and spirit; and I needed to rest there for awhile.

As I progressed in strength and spirit, I needed less. One finds this as one moves from a desire to be immobile to the desire of direction which causes motivation and movement.

I am now reducing my inhaling to the benefits of cannabis oil, butter and cooking methods. My "taste" has returned not only in food preparations but most importantly the "taste" for life.

In conclusion, if this medicinal herb is even somewhat effective in bringing a modicum of balance to the senses then all of society has benefited. And one natural safe-guard is one cannot over-dose on cannabis. I continue my M.D.'s recommended prescriptions and together have found a balance. I do believe a person's strongest desire is for health, a sense of well-being and dignity in their society & home town community.

Sincerely,