Employee Care Management
Resource List

- Employee Assistance Program (EAP): http://www.cascadecenter.com
  1 800 433-2320
  Free confidential benefits to assist you with those problems that interfere with your day to day life. This service provides telephone contact and/or in-person sessions. Assistance includes:
  - Marital conflict
  - Conflict at work
  - Legal concerns
  - Depression or Anxiety
  - Child or Elder care

- Employee Staff Services (ESS):
  Name of contact for facility/trained peer support individuals responding to critical incidents in the institution and in the lives of facility employees.

- Public Employee Retirement System (PERS): http://www.oregon.gov/pers;
  888-320-7377:
  Retirement and Life Benefits: We serve the people of Oregon by administering public employee beneath trusts to pay the right person the right benefit at the right time.

  Benefits provided to employees who participate in this savings plan.

- Correction Peace Officer Foundation (CPOF) www.cpolf.org ; 1-800-800-CPOF; 1-800-800-2763:
  Institution Representative Assisting correctional staff and their immediate family in times of catastrophic need, such as:
  - Loss of life
  - House fires
  - Natural disasters
  - Significant injury
  - Including financial support

- Veterans Affairs: www.va.gov:
  First place to connect regarding all the resources available to Veterans, including:
Death and Burial services,
Advocacy,
Disability,
Counseling, etc.
Labor Unions

List the contact(s) specific to your institution. Union can help you with issues of advocacy.

Social Security: www.ssa.gov
Employee would connect with Social Security in the event of extended disability and Medicare eligibility.

- Employee Wellness Program (EWP):
  http://www.oregon.gov/DOC/HR/pages/staff_wellness.aspx

- List the contact person for your institution. The purpose of wellness promotion is to improve the health and well-being of Oregon Department of Corrections (DOC) employees' lives through health education and workplace health promotion activities that will support positive lifestyle changes. "Wellness" can cover many things. DOC is focusing on: Physical Fitness, Nutrition, Mental Health & Stress Reduction, Suicide Prevention, Chronic Disease Management, Financial Security, Disease & Injury Prevention, Generational Workforce Issues, Family Health, and Care Giver & Elderly Concerns.

- Illness Advocacy Groups:
  - Salem Cancer Institute
    503-562-4321
    http://www.salemhealth.org/cancer/home.php
  - American Cancer Society
    800-227-2345
    http://www.cancer.org/
  - American Diabetes Association
    1-800-diabetes
    http://www.diabetes.org/

- Federal Emergency Management Agency (FEMA):
  www.fema.gov; 800 621-FEMA; 800-621-3362; TTY 800-462-7585
  - Natural Disasters:
    □ Learn what to do: Before, during, and after winter storms and extreme cold hit.
    □ Be Informed, Make a Plan, and Build a kit. Evacuations are more common than many people realize. Fires and floods cause evacuations most frequently.
Community & Other Plans:
- Disaster plans, shelter, evacuation, preparedness,
- Pandemic, Home fires, Shelter, Evacuation
- Ready Campaign
- FEMA/DHS
  500 C St, SW Suite 714
  Washington, DC 20472
  ready@fema.gov

Community Specific Resources:
List local groups and resources in your community.

Marion County:
Community & Provider Services (CAPS)
2421 Lancaster Dr. NE, Salem, OR 97305
(503) 585-4977 fax (503) 361-2782

Red Cross:
www.redcross.org; 800-733-2676
- Disaster or emergency
- Military family services

Domestic Violence:
Insert local resource web and phone number