SKIN INFECTIONS, FUNGAL  
(Dermatophyte) 

Level I  
(If subjective data sufficient, no exam is necessary.) 

Skill Level: RN  

Definition: External body, non-mucosal, superficial skin infection with common yeast or fungal elements that tend to thrive in warm, dark, damp conditions.  

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<th>MILD</th>
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<td><strong>Subjective:</strong></td>
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| • “I have athlete's foot; jock itch.”  
• “I have an itchy, burning rash between my toes; in my groin”.  
• The involved area is limited, non-tender, non-swollen.  
• May have prior history of successful treatment with Tolnaftate. |

| **Assessment:** |
| • Alteration in skin integrity.  
• Mild athlete’s foot/groin rash. |

| **Objective: (If exam is done)** |
| • No obvious excoriation or sign of bacterial infection (pus, marked redness, heat, etc).  
• Area may be irritated from patient scratching |

| **Plan:** |
| **Patient education and self-care items for this protocol include:** |
| • Anti-Fungal foot cream: Tolnaftate, available from Canteen |

**Education Handout available regarding hygiene, prevention, and care and chronic/recurrent nature.** |

• If symptoms are not resolving, refer to Level II protocol.  
• Any discomfort, swelling, drainage, inflammation or progressive involvement of more area requires Level II protocol.  
• Diabetes and Immuno-suppressive Disease Processes requires use of Level II protocol.
Skin Infections, Fungal (Dermatophyte) - Level I

APPROVED:

________________________________________  __________________________
Medical Services Manager  Date

________________________________________  __________________________
Chief Medical Officer  Date

________________________________________  2/24/2015  Date
Medical Director

Effective Date  3/2015
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