



November 16, 2011  
Volume 1, Issue 2

# BOARD OF LICENSED PROFESSIONAL COUNSELORS AND THERAPISTS

## NEWSLETTER

The Board office is open Monday through Friday from 8 a.m. to 5 p.m.

The remaining 2011/12 office closures for state mandated furlough days and holidays are:

- November 23, 2011
- November 24, 2011
- December 26, 2011
- January 2, 2012
- January 16, 2012
- February 20, 2012
- March 23, 2012
- May 25, 2012
- May 28, 2012
- July 4, 2012
- August 17, 2012

### OBLPCT Board Members

Ryan Melton, LPC, Chair  
 Linda Gray, LPC, Vice-Chair  
 Nila Epstein, LPC, LMFT  
 Elizabeth Hartshorn, LPC  
 Julia Smith, Faculty/LPC  
 Suzan Turley, Public Member  
 Lee Anne Wichmann, LMFT

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## Renewing your license and CEUs —2012

During 2012 when you renew your license, you will need to report your continuing education units (CEUs). License renewals are done every year; CEUs are reported every even-numbered year as part of the renewal process.

Your continuing education reporting period begins from your license renewal in one even-numbered year to the license renewal in the subsequent even-numbered year. For example, if your birth month is June, your CEU reporting period would be from July 1, 2010 through June 30, 2012. You would report when you renew your license in June 2012.

### CEU Waivers:

The Board has two types of CE waivers that must be approved *in advance* of your license renewal:

1. Medical waiver: This is for licensees who cannot complete the required number of hours of training due to a medical condition. Persons filing medical waiver requests must provide verification from a medical professional that a medical condition prevented training.
2. Not practicing waiver: This waiver is for those who do not offer or engage in the practice of counseling/therapy and do not plan to for an extended period. This waiver will not be granted to persons practicing out-

side Oregon but not practicing in Oregon.

### Registered Interns:

Registered Interns are not required to complete continuing education. Intern registration renewal may be done online using your renewal code or by mail submitting the generic intern renewal form and the \$80 renewal fee.

If you have questions, please contact Connie Brown at (503) 378-5499 ext. 2 or

[Connie.Brown@state.or.us](mailto:Connie.Brown@state.or.us)

*Life is what happens to you while you're busy making other plans. John Lennon*

## Training Content

The Board determined that the following training content **is allowed**:

- \*Mediation training.
- \*Language training that focuses on medical and mental health needs.
- \*A group of conference offerings of less than one hour as long as offerings within the conference total more than one hour.

\*Performance measurement training relating to mental health. The training must focus on client outcomes and not therapist performance.

\*Current CEU rules allow up to 10 hours of supervision. A contractual relationship for supervision will count in the same way.

\*Courses designed for

other mental health professionals – psychologists, social workers, etc.

\*Training in hypnosis and hypnotherapy if the focus is on mental health therapy.

The following training is **not allowed**:

\*Statistical analysis for quality control.

\*Training for business or profit .

## Training Content (Continued)

\*Public relations or how to sell services.

\*Training that is not geared for mental health professionals but is geared to the public.

\*Watching video then discussing it with supervisor.

\*CE from years prior to reporting period (no carrying CEs over).

\*ADA training for administrative purposes. ADA training with counseling focus is acceptable.

\*Courses in personal growth, administration, management, marketing, or other business classes.

**CE Audit:** If you are one of those lucky 10% each month that is chosen for the CE audit, you must submit dated documentation to the Board that shows proof of attendance; participation; certification; or completion. The board will accept academic transcripts and certificates of

completions. You may also submit program/activity descriptions, including (but not limited to) written verification of professional services; copies of published works or other proof of publication; and, letter from president/director of organization in which professional activity was conducted. Also, If you are using supervision for CE credit you will need your supervisor to write a letter to the Board verifying the supervision.

The Board does not have an 'inactive' status. All licenses will say 'active', even if you are not practicing or have a CE waiver. The cost of license renewal is \$125 per license (\$250 for those with LPC and LMFT. The renewal amount is the same for everyone. There is not a reduced rate for those not practicing.

## CONTINUING EDUCATION—Frequently Asked Questions

1. Will this training I'm taking qualify for CEUs? The Board does not pre-approve CE courses at this time. Check the CE guidelines on the Board's website to help you decide whether a particular course will meet the Board's administrative rules.

2. May I count hours for a study group / consultation? Several clinicians getting together to consult or discuss issues would not be considered for CE.

A group getting together with a licensee to review cases and get guidance may be counted as supervision. If the study group is presented as a workshop, it would need to meet the CE guidelines in OAR, Div. 80.

3. I have more than the required hours for CE for this reporting period. May I carry them over to the next reporting period? No. The counseling and marriage and family therapist fields continue to change and grow, and the purpose of "continuing" education is

to help stay current in the profession.

4. I teach ethics. May I claim that for the ethics requirement? Yes.

5. May I take any type of ethics course? The course must meet the needs of your clients.

6. I'm newly licensed, how many CEUs do I report? CEUs are reported on even numbered years with your birth month renewal.

The number of CEUs reported is determined by your initial license date. If you received your initial license 0-11 months ago, you are not required to complete any continuing education; if you received your initial license 12-23 months ago, 20 hours (including 3 hours of ethics); 24 or more months, 40 hours (including 6 hours of ethics). Ethics training is required every CE reporting period.

7. What happens if I am audited and do not have the training documentation or some training is not accepted? Those audited

with fewer than the required hours meeting approval will be given a chance to submit additional documentation or to document other training to take place of training claimed but not documented.

8. How many hours of distance learning may I use? All CEU training may be completed online as long as it meets the Board's CE guidelines.

9. Do I have to take 20 hours of continuing education each year? Training may be taken at any time within your reporting period. It is advisable to not wait until the last few months of your reporting period in case of a cancellation of a training or other unforeseen circumstances.

*It is the mark of an educated mind to be able to entertain a thought without accepting it.*  
Aristotle

*Many persons have a wrong idea of what constitutes happiness. It is not attained through self-gratification but through fidelity to a worthy purpose.* Helen Keller

Please send your ideas or suggestions for Newsletter articles to:

lpct.board@state.or.us

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