

Frequently Asked Questions 2007 House Bill 3141

1. What are the requirements for PE?

The Governor signed the [2007 House Bill 3141](#) requiring K-5 students receive physical education 150 minutes per week and students in grades 6-8 receive 225 minutes. The instruction needs to be a sequential, developmentally appropriate curriculum that is designed, implemented, and evaluated to help students develop the knowledge, motor skills, self-management skills, attitudes, and confidence needed to adopt and maintain physical activity throughout their lives. At least 50% of the physical education class time is to be actual physical activity with as much time as possible spent in moderate physical activity.

*Every school district is to be in compliance by the **2017-18** school year.*

2. Do charter schools need to provide PE instruction?

Yes. Charter schools receive state funds and are obligated to comply.

3. Does summer school count as PE instruction?

No, the only days/weeks included are those in which all students are required to attend school.

4. Can recess or intramurals be counted as PE instruction?

No, instructional minutes means a licensed staff providing instruction toward state content standards.

5. If our school allows extra-curricular activities (sports) to count for physical education, do we count those minutes as PE instructional minutes?

No, instructional minutes means a licensed staff providing instruction toward state content standards during the normal student contact day.

6. Does Health Education or Health count as PE instructional minutes?

No, health education has a set of state content standards separate from physical education content standards.