

# CHILD DEVELOPMENT AND TEEN PARENTING

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## Change...

*There comes a time in every life when the past recedes and the future opens. It's that moment when you turn to face the unknown. Some will turn back to what they already know. Some will walk straight ahead into uncertainty. I can't tell you which one is right. But I can tell you which one is more fun.*

*- Phil Knight*

Some people embrace change, others run from it. Into which group do you fall?

Often times the fear of change can paralyze us into stagnation. Conversely, too much change can cause chaos and excess stress. How do you find a balance?

I took a big leap this summer and embraced a huge change. After 22 years of being a classroom teacher I decided not to return to the classroom this fall. Instead, I have accepted a full time position with the Child Care Division to work in collaboration with the Department of Education. My new title is Special Populations Quality Improvement Coordinator. My new position entails everything that I was doing part time for ODE and now includes working with Alcohol and Drug rehab programs that serve mothers and their children in residential treatment centers. The full time status actually allows me to spend more time working with all of you around the state and offers the opportunity to learn about A&D programs. My work with both groups involves maximizing the quality of care that the children are receiving.

To further make my life interesting, I am learning how to navigate the grant management system at Child Care Division. The good news is that we are streamlining accessibility to funds to make all of our lives easier. As you can see, change can be highly beneficial.

What changes have taken place in your lives over the summer? What changes are in store for you this school year? My challenge to you is to resist stagnation. Embrace change; move forward in your life, not sideways or backward.

Crystal Persi  
Special Populations Quality Improvement Coordinator

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### Upcoming Dates of Interest

- Sept 21 — Inaugural Teen Parent Program Training Day, Eugene, OR
- Sept 28 & 29 — Eastern Oregon Early Learning Conference, La Grande, OR
- Oct 12 & 13 — OAEYC Fall Conference, Portland, OR
- Oct 19 & 20 — UCC Early Childhood Conference, Roseburg, OR
- Nov 7—12 — National NAEYC Conference, Atlanta, GA

# Child Care Division Sunscreen Rule Change

As many of you know the child care division is undergoing the tremendous work of updating the state certification rules. The first of these rule changes to be rolled out this summer involved the use of sunscreen. Here is the latest rule language for section 4 of rule 414-300-0230. Everything else in the rule remains the same, just part 4 has been changed.

Certified Center Rule 414-300-0230

Effective: 6-12-12

(4) Sunscreen is considered a non-prescription medication and may be used for child care children under the following conditions:

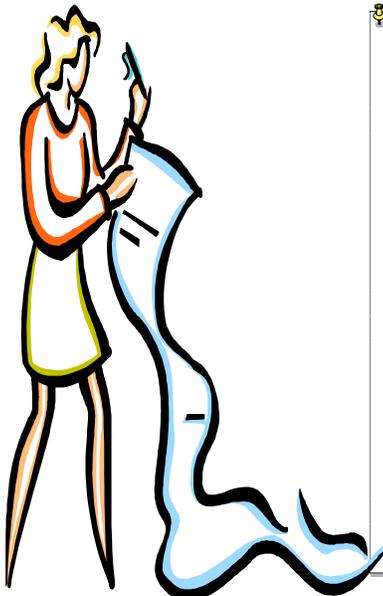
- (a) Providers must obtain written parental authorization prior to using sunscreen.
- (b) One container of sunscreen may be used for child care children unless a parent supplies an individual container for their child. The sunscreen shall be applied in a manner that prevents contaminating the container.
- (A) Parents must be informed of the type of product and the sun protective factor (SPF).
- (B) Parents must be given the opportunity to inspect the product and active ingredients.
- (c) If sunscreen is supplied for an individual child care child, the sunscreen must be labeled with the child's first and last name and must be used for only that child.
- (d) Providers must reapply sunscreen every two hours while the child care children are exposed to the sun.
- (e) Providers shall use a sunscreen with an SPF of 15 or higher.
- (f) Providers shall not use aerosol sunscreens on child care children.
- (g) Sunscreen shall not be used on child care children younger than six months.
- (h) Child care children over six years of age may apply sunscreen to themselves under the direct supervision of the provider or staff member.

Please contact your state child care division certifier if you have further questions or concerns. You may also [click here](#) for a PDF version of the rule.

## Coming Soon!

In the next few months be sure to watch for:

- Inaugural Teen Parent Program Training Seminar and Networking Day
- Roll out of Quality Improvement Grant Projects
- Fall Consortia meetings
- Program Visits
- Spring Survey Data Report
- Bi-monthly newsletters



### To Do List:

1. Breathe!
2. Find the "To Do In August" file you made in June.
3. Review your goals for this year
4. If you have a certified, on campus child care center, block out Sept. 21st for a valuable training opportunity.
5. Set some goals for program improvement this year (even just one might make a huge difference.)
6. Send Crystal Persi a quick email to give her a little update on program or contact information changes.
7. Smile!

## Parenting Hubs -

Have you heard about Parenting hubs? If you have you are well connected! If you haven't heard of them you are missing a wonderful opportunity to collaborate with like minded people in your community. Whether you are coordinating a teen parent program or a child development program, positive parenting opportunities are an integral part of what you teach. There is a strong desire to connect school based programs with regional Hubs to maximize the effectiveness of parenting education around the state. Here is some information about the Oregon Parenting Education Collaborative (OPEC) and their work with Hubs:

The Oregon Parenting Education Collaborative is a multi-year initiative led by The Ford Family Foundation, The Oregon Community Foundation (OCF) and Oregon State University. Financial supporters include the Meyer Memorial Trust, the Collins Foundation and OCF Donor Advised Funds. The initiative's partners believe that parents are their children's first and most important teachers, and that investments in strong parenting are a critical strategy for ensuring that all children are ready to learn. The initiative's vision is a stronger statewide system of programs, information and support for all parents. Through grants and technical assistance, the initiative supports expanded access to best practice parenting education programs, with a focus on programs reaching parents of children prenatal to age six, and efforts to develop and strengthen regional parenting education Hubs.

Regional parenting education Hubs will work with community partners to deliver parenting education services while building stronger and more coordinated parenting education systems in their regions. Organizations will build their region's parenting education infrastructure and expand offerings of best practice parenting education programs for parents of children prenatal to age 6.

Doesn't this sound like something that school based programs should be involved in? I would encourage you to reach out to a regional Hub in your area and see how a collaboration might be helpful to you, your students and your program. For more information you can contact someone from the list below, check out OPEC's web site (<http://www.oregoncf.org/receive/grants/grant-opportunities/ready-to-learn/parent-ed-collaborative>) or contact OPEC's outreach coordinator, Denise Rennekamp (Denise.Rennekamp@oregonstate.edu) I think you will be glad that you did.

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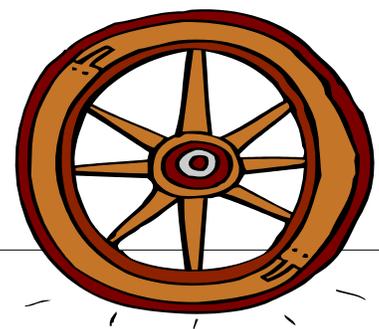
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## FEATURED RESOURCES:



### National Resources Link:

This is a link to the Child Care Division's Resource page. It has so many connection point that it can truly be a one stop shopping trip! Check it out for yourself. I bet you will bookmark it!

[http://www.oregon.gov/EMPLOY/CCD/Pages/LinksANDresources.aspx#Oregon\\_Links\\_and\\_Resources](http://www.oregon.gov/EMPLOY/CCD/Pages/LinksANDresources.aspx#Oregon_Links_and_Resources)

### Parenting Education Directory:

Is your program listed accurately in the OPEC directory? This list is used by numerous agencies in Oregon. If you aren't on it, contact Dennise Rennekamp (her email is on page 3.)

<http://extension.oregonstate.edu/fch/healthy-families/oregon-parenting->

## CENTER-2-CENTER TIPS:

Merlo Station Teen Parent Program in Beaverton has provided our first "Center-2-Center Tip."

Norma Maisonville, Director of the Continuing Education for Teen Parents Daycare at Merlo Station has noted that over the years one of her biggest challenges is helping nursing moms to understand that being called out of class to nurse their child isn't a free pass to roam the halls or hang out with friends. She was amazed to discover that the teens were texting each other with fake messages that their child needed to be nursed. The student would show her teacher and be excused from class. Instead of going to the center she would go hang out with the friend who sent the text.

In an effort to help young moms understand the necessity of being available to nurse, while still being responsible students, Norma purchased a set of restaurant style pagers that vibrate and light up. When a nursing mom checks her child into the daycare, they are assigned a pager. If a baby needs to be nursed, mom is paged. She shows her teacher the pager and is released from class.

Norma states that this system is working very well to keep students honest. Since the pagers won't turn off until they are returned to the center, the students are much faster at reporting to nurse their child. Norma also states that since they have implemented this system they have not had any of the pagers get lost or stolen.

For more information feel free to contact Norma Maisonville at [norma\\_maisonville@beaverton.k12.or.us](mailto:norma_maisonville@beaverton.k12.or.us). Thanks for the tip, Norma!

Do you have a resource or tip to contribute to the newsletter? You will be given credit for your ideas unless you want to remain anonymous.

Please email your ideas to Crystal Persi at

[crystal.persi@gmail.com](mailto:crystal.persi@gmail.com)

or call her at

(541) 510-5704

## BUY, SELL, OR TRADE BOARD:

Have you ever had an item in your program that you can no longer use but you can't get rid of it because you know someone else might want it? The problem with this logic is that it takes time to find this "needy" party. Let's see if this new section of the newsletter can help with this. Send your buy sell or trade information to Crystal to publish for you. A picture would be ideal, but a high quality description or web link to a similar item will suffice. Be sure to include a desired price or value and if you are willing to negotiate. Finally, please include specific contact information.

Please limit these items to specific program based materials. They can be items from your center or curriculum. Be sure to get approval from your districts to complete the transaction. Arrangements for transfer of equipment and funds must be made by the parties involved.

Let's see how this goes!

### **Available for sale or trade:**

Willamette Infant Toddler Center would like to sell or trade 4 commercial quality Rubbermaid high chairs with trays. They were gently used for two years and then stored away. These chairs sell new for between \$150 and \$200 but Cindy Montgomery will part with them for \$50 each or an equivalent trade. Please contact Cindy Montgomery at [cindy.montgomery@bethel.k12.or.us](mailto:cindy.montgomery@bethel.k12.or.us) or (541) 461-6401, ext. 4118 for more information.





## ☀ **OAEYC Fall Conference** ☀

☀ **October 12 & 13, 2012** ☀  
**Sheraton Hotel - Portland Airport**

Conference Theme: Spectrum of Diversity in the  
Lives of Children - a community conversation

For more information go to:  
<http://oregonaeyc.org/conferences.htm>

**2012 Early Childhood  
Conference**  
**Umpqua Community  
College**

October 19 & 20, 2012  
Roseburg, OR

For more information go to:  
[http://www.regonline.com/  
builder/site/Default.aspx?Ev  
entID=1120662](http://www.regonline.com/builder/site/Default.aspx?EventID=1120662)

### **17th Annual Eastern Oregon Early Learning Conference Finding Magic in Everyday Moments**

September 28 and 29, 2012  
La Grande Middle School  
1108 Fourth St  
La Grande, OR

For more information go to:  
<http://oregonaeyc.org/Docs/2012%20Conference%20LaGrande.pdf>

**Inaugural Teen  
Parent Program  
Training Seminar  
and Networking Day**

**Friday Sept. 21**

**9:00—4:30**

**Eugene, OR**

**Grant funds avail-  
able for reimburse-  
ment of expenses  
incurred if your pro-  
gram has an onsite  
child care facility.**

**Watch for registra-  
tion forms via email  
soon!**

## **2012 NAEYC Annual Conference & Expo**

November 7—10, 2012

Atlanta, Georgia

“Developmentally appropriate Practice in the 21st Century”

<http://www.naeyc.org/conference/>

**FYI: You may want to talk to the Perkins Coordinator for your region, you may be able to pay for this trip with Perkins Funds if you have and approved program of study.**

### **KEY CONTACT INFORMATION -**

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