Every Day Matters

School + You = Success

www.every-day-matters.org

Oregon Department of Education Logo

Your child's regular attendance in school encourages academic and social-emotional success. Together, families, educators, and community members can support a child's attendance and help each student stay on the path to success.

It doesn't matter whether the absences are excused or unexcused -- each missed day represents missed learning time. Missed days add up quickly: When a student misses as few as two days a month, that’s 10% of the school year. This increases the risk of academic and social-emotional struggles.

(2 absences a month x by nine months = 18 days/10% of missed school days in a school year.)

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**Build Relationships**

Students do best in a warm, safe and welcoming environment. We can all help by:

* Ensuring every student is connected with an adult within his or her school who can watch for issues and help with solutions.
* Helping students build relationships with classmates and peers.
* Planning for success by setting attendance goals and addressing possible obstacles in advance.

**Plan Ahead**

Things don’t always go smoothly. Planning ahead can help be ready for issues with:

* Transportation: Explore carpool, bus, safe walk/bike options.
* After school pick-up and care: Have a back-up!

**Ask for Help**

Visit 211info.org to learn about local community resources, or ask your school for suggestions.

* Shelter, food, clothing
* Health issues
* Acute or chronic illness
* Mental health services
* Behavioral Support
* Oral (mouth and teeth) health

**Use Life Hacks**

Work on household routines to make it easier to get out the door. Find tips for

the following at Every-Day-Matters.org: Shelter, food, clothing

* Evening routines
* Homework help
* Getting ready
* Planning for the day

**Keep Track of Time**

Successful students attend school regularly, with support from all of us at school, home and the community. Track missed days here:

Satisfactory Attendance

**Day 1**

Date

Reason

**Day 2**

Date

Reason

**Day 3**

Date

Reason

**Day 4**

Date

Reason

**Day 5**

Date

Reason

**Day 6**

Date

Reason

**Day 7**

Date

Reason

**Day 8**

Date

Reason

**Day 9**

Date

Reason

Moderate Chronic Absence, Ask for Help

**Day 10**

Date

Reason

**Day 11**

Date

Reason

**Day 12**

Date

Reason

**Day 13**

Date

Reason

**Day 14**

Date

Reason

**Day 15**

Date

Reason

**Day 16**

Date

Reason

**Day 17**

Date

Reason

**18 or more:**

**Chronically Absent, Ask for Help**

**Too Sick for School?**

**Students can go to school if:**

* They have a runny nose or little cough, but no other symptoms.
* They haven’t taken any fever-reducing medicine for 24 hours, and have been fever-free during that time.
* They haven’t thrown up or had diarrhea for 24 hours.

**Keep students home if:**

* They have a temperature higher than 100.4 degrees even after taking medicine.
* They are throwing up or have diarrhea.
* Their eyes are pink and crusty.

**Call the doctor if:**

* They have a temperature higher than 100.4 degrees for more than two days.
* They ’ve been throwing up or have diarrhea for more than two days.
* They’ve had the sniffles for more than a week, and aren't getting better.

These are generally accepted guidelines. Every body is different. If you are unsure, ask your health care provider or call your school.

More resources: Visit your school district’s website for more information or visit Every-Day-Matters.org.