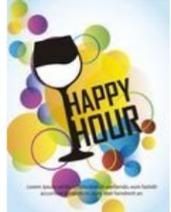


# OVHL Alpha Neighborhood November Happenings and Fun 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>VETERANS BIRTHDAYS</b> Don C. 11/12 Don M. 11/14 Betty R. 11/16 Kirby S. 11/22 Bob H. 11/26	<b>1</b> 1030 Baking Club in A2 1300-1700 Voting Assistance in the Family Room 1300 Walking with COMP-NW Students <b>1300 Oregon Bird Man in AR with Pioneer School</b>	<b>2</b> <b>1000 Country Drive</b> <b>1300 AA Meeting in the CR</b> <b>1430 Catholic Service in Chapel</b>	3 1100 Exercises in Alpha Spine with Rosemary 1000 Home Depot Building Raised Beds Outside A3 <b>1100 Lunch Outing to Lum Yuen's Chinese Restaurant in Albany</b> <b>1400 Thursday Church in AR</b>	<b>4</b> <b>1030 Media Cart with Zach</b> 1030 Bingo in the Bravo Solarium with Rosemary 1300 Board Games with Pioneer School in AR <b>1430 Music with Brad in AR</b>	<b>5</b> 1000 Donut Social in the Bravo Solarium
<b>6</b> <b>0930 Bus service to Saint Edward Church</b> 	<b>7</b> 1100 Exercises in Alpha Spine <b>1300 Choir Performance by La Center High School in AR</b>	<b>8</b> <b>1000 Pet Therapy w Rumor</b> 1030 Create Thank you Cards Alpha Solarium 1300 Meditation with COMP-NW Students in Solarium 1300 Baking Club in A2 <b>1330 Quilts of Valor in AR</b>	<b>9</b> <b>1000 Country Drive</b> <b>1300 AA Meeting in the CR</b> <b>1330 Veterans Day Reception at Senior Center</b> <b>1430 Catholic service in Chapel</b>	<b>10</b> 1100 Exercises in Alpha Spine with Rosemary <b>1300 Sewing Guild in Family Room for Mending</b> <b>1400 Thursday Church in CONFERENCE ROOM</b> <b>1400 All Staff meeting in AR</b>	<b>11 Happy Veterans Day!</b>  <b>0845 In Parade in Albany</b> <b>0930 Watch Veterans Day Parade in Albany</b> <b>PM OSU Athletes and Benny the Beaver in AR</b>	<b>12</b> 1330 Bingo in the Bravo Solarium with Rosemary 1800 Game Night with Comp-NW students in Bravo Solarium.
<b>13</b> <b>0930 Bus service to Saint Edward Church</b> <b>1200 NFL game at V.F.W. of Sweet home</b>	<b>14</b> 1100 Exercises in Alpha Spine <b>1430 Carol Burnett Show Matinee in AR</b> 1300 Baking club in A2	<b>15 1000 Christmas Shopping &amp; Lunch at Valley River Center in Eugene</b> 1030 Nail Spa in Alpha Solarium with CNA Students <b>1000 Pet Therapy with Rumor</b> 1300 Walking with COMPNW Students	<b>16</b> <b>1000 Country Drive</b> <b>1300 AA Meeting in the CR</b> 1330 Painting Project in A2 <b>1430 Catholic Service in Chapel</b>	<b>17</b> <b>0830 Spirit Mountain Casino</b> 1100 Exercises in Alpha Spine with Rosemary <b>1400 Thursday Church AR</b>	<b>18</b> <b>0900-1000 Donuts and Coffee with Oregon State Police in AR</b> <b>1030 Media Cart with Zach</b> <b>1030 Drum Circle in AR</b> 1000 Dee & Faye Arts & Crafts A2 1430 Bingo in Bravo Solarium	<b>19</b> <b>1000 Bus Service to Seventh Day Adventist Church</b> <b>1200-1500 Family Council Day in the AR</b> 1330 Ice Cream Sundae Social in Bravo Solarium
<b>20</b> <b>0930 Bus service to Saint Edward Church</b> 1330 Baking club in A2 	<b>21</b> 1100 Exercises in the Spine 1300 Walking with COMP-NW students <b>1330 Resident Council in AR</b> 1400 Crafts/Scrapbooking A1	<b>22</b> <b>1000 Pet Therapy w Rumor</b> 1000 Coffee & Trivia Social in Solarium <b>1300 Painting Rocks with Pioneer School in the Bravo Solarium</b>	<b>23</b> <b>1000 Country Drive</b> <b>1300 AA Meeting in the CR</b> <b>1430 Catholic service in chapel</b> 1500 Game Show Games in A3	<b>24 Happy Thanksgiving!</b> 	<b>25</b> <b>1030 Media Cart with Zach</b> <b>1330 Happy Hour in Charlie Solarium</b> 	<b>26</b> <b>Civil War Game Oregon State VS. U of O</b> <b>Game to be played in individual homes, refreshments will be Provided</b>
<b>27</b> <b>0930 Bus service to Saint Edward Church</b> <b>1200 NFL game at V.F.W. of Sweet home</b>	<b>28</b> 1100 Exercises in Alpha spine <b>1300 Shopping trip to Fred Meyer</b>	<b>29 1000 Square Dancing Performance in the AR</b> 1300 Light Stretches with COMP-NW Students Solarium 1300 Baking Club in A2 <b>1400 Progressive Art project With Senior Center in AR</b>	<b>30</b> <b>1000 Country Drive</b> <b>1300 AA Meeting in the CR</b> <b>1400 Birthday Party in AR with Pioneer School Kids</b> <b>1430 Catholic service in Chapel</b>	<b>KEY</b> Activities away from OVH Activities at OVH (AR) = Activity Room (CR) = Conference Room One on one Activities	Calendar may change due to weather, volunteer and Veteran request. Contact the Recreation Department with concerns or comments Alyson.hampton@ovhleanon.org	