
**OHA Health Programs
Public Employees' Benefit Board
Oregon Educators Benefit Board**

Update for Oregon Health Policy Board

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**Oregon
Health
Authority**

Data and how we are using it

Board review and actions on high medical costs for PEBB/OEBB:

Musculoskeletal

- Additional cost tier focus on preference sensitive treatments
- Decision support – education on musculoskeletal treatments
- Weight management – reduce stress on our bodies
- Physical therapy programs use treatment guidelines

Maternity

- Focus on reducing c-section and elective inductions of labor in contract
- Promote Baby Friendly hospitals – in contracts
- Promote Breast Milk Bank in Oregon with our carriers

Data - continued

- Circulatory
 - Free/low cost medications for chronic conditions
 - Reduced cost office visits for chronic conditions
- Cancers
 - Free screenings for common cancers
 - Free tobacco cessation & Weight management programs
- Pharmacy
 - Generic use rates 80 – 85%, high generic efficiency over 90%
- Populations
 - OEBB 147,000 (54,000 employees, 85,000 dependents)
 - PEBB 133,000 (52,000 employees, 80,500 dependents)

October 2011

OEBB/PEBB Renewals

- Two more options for medical homes in addition to Kaiser and Providence Choice
 - Providence Health Plan – Providence Choice offered for the first time in OEBB, ODS will offer a Community Care Plan
 - Investments in systems of care and infrastructure around state
 - Carriers working on DRG rates, global and case rates
 - SB 204 on prospective payment rates to begin work in Aug/Sept

PEBB Plan Design Changes

- Expand procedures on evidence-and-value-based additional-cost tier
- Lower costs for chronic-care visits
- Tobacco surcharges
- Spousal surcharges

- Health Engagement Model (HEM) is under construction
 - Health risk assessment
 - A surcharge for those who do not select this plan
 - Health improvement actions – participation only
 - Labor management tentative agreements – HEM committee
 - PEBB will study the impact of this model on claims experience and outcomes in the future

OEBB & PEBB Pilots and programs

PEBB to Pilot

Tele-health pilot planned with Providence, to provide access to primary care at the worksite, planning to begin this Fall

PEBB and OEBB

DirectLine to Healthcare – phone triage links uncomplicated cases of back pain, shoulder, hip, knee to treatment with a physical therapist in 48 hrs of contact – decrease physical therapy visits significantly

Wellness@work – promotion of state efforts and seek ways to maintain the infrastructure to continue this effort

OHA, OEBB & PEBB Policy Work

- Working with Health Transformation Committees – benefit design, CCO criteria, metrics, contract language, etc.
- External groups include PEBB & OEBB board members
- Working with MIT on a study of enrollment choices in OEBB – may help people make better choices, Health Engagement Model, Additional Cost Tier
- Working on timelines and work plans for next few years for PEBB and OEBB - how they incorporate CCOs. Education to begin with boards and members on healthcare future choices