

2014 Coordinated Care Model Alignment Workgroup

April 20, 2016

10:00 am – 11:30 am

Lincoln Building (Mary conference room – Suite 850)

421 SW Oak Street

Portland, OR 97204

Public listen-only conference line: 888-363-4734; Participant code: 1050791

#	Time	Item	Lead
1	10:00	Updates <ul style="list-style-type: none">• CCMA workgroup charter sunset• Return on investment	Veronica Guerra, OHA
2	10:10	Spreading the Coordinated Care Model to OEBC	Heidi Williams, OHA
3	10:30	Communication Strategies for Brokers, Employers, and Local Governments	Nash Jones and Warsan Halane, Met Group
4	11:00	Review and discussion: Checklist – Finding a Coordinated Care Health Plan	Beth Waldman, Bailit Health Purchasing and Veronica Guerra
5	11:20	Public Comment	
6	11:30	Adjourn Meeting	

Upcoming meetings:

- June 16, 2016 2:00-4:00pm

Finding a Coordinated Care Health Plan for Your Employees

Coordinated care shows strong potential to improve health while also controlling health care costs. A growing number of Oregon carriers are offering coordinated care plans; other plans can be modified to include it.

To determine whether your current plan or one you're considering uses elements of coordinated care, walk through this checklist with your broker or carrier. The more boxes you check, the more the plan aligns with coordinated care.

Choice and responsibility

- The plan offers programs to help employees engage in their health care (e.g., reduced cost sharing for engaging in positive personal health behaviors).

Transparency

- The plan shares information with providers (following privacy regulations) to help them better care for their patients.
- The plan publishes information on its provider network's quality performance and costs.

Controlled costs

- The plan has an expected rate of cost growth and a plan to manage and limit this growth while ensuring high quality care.

Paying for value and good health

- Providers are compensated based on their performance in terms of improving health outcomes (not based on volume of care).
- The plan works with its provider network to focus on evidence-based practices that show good results.

Effective care

- The plan makes efforts to integrate physical and behavioral health care and to treat an individual as a whole person rather than separate parts.
- The plan helps primary care physicians transform their practices to be Patient Centered Primary Care Homes (PCPHs).
- The plan supports effort to transform the healthcare system and increase support of primary care.
- The plan encourages providers to collaborate and share clinical information in real time to make treatment more effective.
- The plan requires physicians to use electronic health records.

Spreading the Coordinated Care Model

Communication Strategies: Brokers, Employers, Local Governments

Presented to CCMA Workgroup
April 20, 2016



Communication research and strategy

- Question: How to spread CCM in commercial market?
- Research
 - Workshop with CCMAW
 - Executive interviews
 - Focus groups with brokers, employers, employees
- Plans and tools to leverage strongest opportunities
 - Brokers and employers consider CCM plans
 - Local Govts join PEBB/OEBB

BROKER AND EMPLOYER ENGAGEMENT PLAN

Recap of key research findings

- Current perceptions among brokers and employers
 - “Coordinated care (model)” is understood but not commonly used
 - Most known element = coordination between providers, medical home
 - Other elements are appealing; facts and tangible examples are needed to overcome skepticism
 - Negative association with HMOs and Oregon Health Plan (OHP) but seen as more flexible
- Appeal
 - Interest in learning more, especially as cost-saving approach
 - Audiences priority: #1 Brokers, #2 employers (employees unlikely to seek out or request but will consider if offered)

Recap of key research findings (cont.)

- Key message points
 - Affordability (but must reassure that this does not mean poor quality)
 - Patient/provider relationship is highly valued; messages cannot appear to question or undermine
 - Include information on specific plans (rather than just a model)
- Getting the word out
 - Brokers want the toolkit, want to control information (knowledge = asset)
 - Employers want the toolkit, prefer interactive sessions
 - OHA is trusted third-party messenger (as long as language and examples are business-relevant)

Engagement plan: Goal

More Oregonians are covered by health plans that include elements of coordinated care, because private sector employers and the brokers who work with them seek out and choose these plans

Measurable outcomes

- More small and mid-sized employers across the state offer their employees a coordinated care plan option
- More large, self-insured employers across the state integrate some or all CCM elements in their health insurance plan designs
- Down the road, depending on what strategies are implemented:
 - Brokers and employers request and use the CCMAW toolkit
 - Brokers participate in trainings and use information provided by OHA with their clients

Strategy 1: Resources to motivate action

- Develop communication toolkits for brokers and employers
 - cover letter
 - talking points
 - fact sheet with infographic
 - frequently asked questions
 - checklist explaining how to identify or find a coordinated care plan
 - business-focused case studies and proof points
- Create an online resource—easily accessible, business-focused

Strategy 2: Raise awareness and interest

- Engage brokers and employers through trusted organizations and associations
- Work with carriers to integrate coordinated care into broker presentations
- Engage early champions as advocates to their peers
- Conduct a road show in priority locations across the state
- Consider media opportunities

Strategy 3: Continuing engagement and education

- Stay connected with advocates and interested parties
 - Proactively follow-up with those who sign up and download toolkits
 - Send quarterly email updates
- Provide continuing education
 - Create a continuing education module on coordinated care
 - Provide webinars on major updates to CCM on an ad hoc basis

PEBB AND OEGBB FOR LOCAL GOVERNMENTS

Research

- Interviews with local government entities and PEBB/OEBB staff
- Focus group with prospective local government entities
- **Current entities**
 - 100% would recommend to others
 - Key appeals: stability, buying power, admin support
- **Prospective entities**
 - Largely unaware of opportunity
 - As they learn more, similar appeals to current entities
 - Deal breaker: Statute limiting leaving Board and requiring Marketplace
 - Clarity needed about requirement for governments with 51+ employees

Key messages

- The opportunity:
 - Recognizing the benefit to Oregonians, employers, and our health care system of bringing more people into this stable insurance pool, the state has opened PEBB and OEGB to local governments
 - Provides opportunity to provide high quality insurance plans to employees while reducing risk, gaining buying power as part of a larger pool, and decreasing time spent on benefits administration

Key messages (cont.)

- Benefits
 - Robust package of core and optional benefits
 - Large, stable pools
 - Benefits administration support
- Details to answer questions, concerns
 - Clarify differences between PEBB/OEBB, how to choose
 - Clarify why governments may leave only once
 - Make actual costs transparent and easily accessible
 - Clarify the availability of plans in certain areas of the state
 - Compare rate increases inside and outside
 - Indicate the ability to cover employees in various positions

Call to action

- Have questions?
 - Contact PEBB and OEBC to discuss options
 - Invite PEBB and OEBC to present
 - Conduct a non-binding assessment to determine rates and fees
- Ready to join?
 - Assess your timeline
 - Write a letter of intent
 - Call PEBB and OEBC for help

Next steps

- Final messages
- Engagement plan for local governments
- Communication toolkit for local governments
 - OEBC already using draft overview

**Spreading Coordinated Care in the Private Sector
Perspectives and Endorsements from CCMA Workgroup Members**

As we create the communication tools to help employers and brokers learn more about coordinated care, we'd like to include some quotes from their peers.

As members of the CCMA Workgroup, you have become familiar with coordinated care and the impact it can have on your business, clients and/or employees. Will you please share a 2- to 3-sentence quote we can use in educational materials for the private sector?

Some considerations to get you started:

- Why is coordinated care a step forward in the way health care is delivered?
- Why is coordinated care good for employees?
- Why is coordinated care good for employers?
- Do you use or sell coordinated care plans? What impact have you seen?
- What would you encourage your peers to do?

Name: _____

Title and employer, as you'd like it to be listed with your quote:

Quote:

I give Oregon Health Authority permission to use my name, employer name and quote, as written above, in educational materials about coordinated care.

Signature: _____

Date: _____

Please return to Veronica Guerra, veronica.guerra@state.or.us