

## Oregon Pain Management Commission Minutes: April 11, 2013

<b>Topic:</b>	<b>Presented by:</b>	<b>Primary Discussion Points:</b>	<b>Actions:</b>
Meeting Roll Call	Kathryn Hahn, PharmD, OPMC Chair	<p><b><u>Members in Attendance:</u> Present: Gary Allen, DMD; Catriona Buist, Psy.D.; Coleen Carlisle; Shelley Gunther, RN; Kathryn Hahn, PharmD; Ruben Halperin, MD; Teresa Keane, PMHNP; Laura Scobie, PA-C; Elaine Smith, RN; Kevin Wilson, ND</b></p> <p><b>Kathy Kirk, RN, Pain Management Coordinator</b></p> <p><b><u>Members via Teleconference:</u> Tim Eng, LAc;</b></p> <p><b><u>Members Absent:</u> Amy Carmona, RN; Thomas Carr, MD; Sunny Kierstyn, DC; Harry Rinehart, MD; Margo Traines, MA, OT/L; Tom Watson, DPT; Rep. Jim Weidner; Senator Alan Bates</b></p>	Kathryn Hahn, PharmD, OPMC Chair, welcomed all. OPMC members and other meeting attendees introduced themselves.
Minutes & Agenda: Review/Approval of February 14, 2013.	Kathryn Hahn, PharmD, OPMC Chair	Minutes from the February 14, 2013 OPMC meeting were reviewed.	Teresa Keane, PMHNP, Vice-Chair, moved to accept the February minutes as written. Ruben Halperin, MD, seconded the motion. Motion passed unanimously by voice vote.
Open Forum: Public Comment	Kathryn Hahn, PharmD, OPMC Chair	The floor was opened for public comment, but no one in the audience requested the opportunity to speak.	Tabled due to lack of audience request for time to provide public comment.





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<p>Updates:</p> <ul style="list-style-type: none"> <li>• Coordinator Report:</li> <li>• Miscellaneous</li> </ul>	<p>Kathy Kirk, RN, Coordinator</p>	<p>She noted that the letter to the FDA expressing OPMC concerns about rescheduling of Hydrocodone products to a class II schedule was mailed on 2/18/2013. The FDA has not issued any final statement about this issue. (For additional background, see the OPMC minutes of 2/14/13 and <a href="http://www.npr.org/blogs/health/2013/01/25/170255897/to-fight-addiction-fda-advisers-endorse-limits-on-vicodin-and-similar-painkiller">http://www.npr.org/blogs/health/2013/01/25/170255897/to-fight-addiction-fda-advisers-endorse-limits-on-vicodin-and-similar-painkiller</a>)</p> <p>Kirk attended the 4/8/13 Oregon Health Plan (OHP) Quality Health Outcomes Committee (QHOC) meeting at the Division of Medical Assistance Programs (DMAP). (This DMAP meeting was previously known as the Medical Directors Meeting.) DMAP Medical Director Walter Shaffer led a brief discussion about OHP patients’ access to Primary Care Providers for chronic pain management. Lyle Jackson, Medical Director of the coordinated care organization (CCO) “All Care Health Plans” provided a presentation. He discussed how his CCO—which provides healthcare to OHP clients—is interfacing with the work of the Jackson County Opioid Prescribers forum and the work that this group is doing to educate providers about opioid prescribing and to develop community standards around opioid prescribing. The QHOC will have pain management on the agenda for the May meeting and Dr. Shaffer has asked CCOs to bring pain management resources to share. (In the past, both Hahn and Kirk have presented information on pain management to the QHOC.)</p> <p>Gary Allen, DMD, attended this meeting and noted the CCO Medical Directors have a high level of frustration about dealing with chronic pain and the lack of training resources for physicians managing pain. CCOs are also frustrated that they are not capitated for reimbursement of many non-medication treatment options for pain and that some pain conditions—such as back pain and fibromyalgia—are below the treatment line and not eligible for payment. Allen generally attends these meetings and advised that any interested OPMC members can plan to attend the May 13 QHOC meeting or any future meetings. (QHOC meetings occur the second Monday of each month. Meetings are held in the Barbara Roberts Human Services Building at 500 Summer Street NE; the CCO Medical Directors meet from 9 am to 12 noon.)</p>	<p>Information sharing and discussion.</p> <p>Kathy Kirk, Coordinator, will send the newly developed consumer self-management tool to Dr. Shaffer to share with the CCOs once the document is finalized.</p> <p>As requested, Kirk will forward the agenda for the May and future QHOC meetings to OPMC members. (She generally receives the agenda on the Friday before the Monday meeting date.)</p>



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<p>Pain Awareness Open House 2013</p>	<p>Kathryn Hahn, PharmD, OPMC Chair</p> <p>Kathy Kirk, RN, Coordinator</p>	<p>All members discussed the event which will be held at the Dye House at the Willamette Heritage Center At Mission Mill in Salem on 10/10/13. This has been a four or five hour event in recent years, but will only be a three hour event this year. It will be held from 1 until 4 pm in place of a regular OPMC meeting.</p> <p>Members were in agreement with structuring the program to run as an “open house” so that attendees can come and go as they please. However, members agreed that an informal agenda should be developed to give attendees a sense of what will be occurring at what time. Members also agreed it would be important to have the Pain Management Coordinator or other staff stationed at the door to greet attendees. Attendees will be signed in as they enter the event and will be advised about what is happening at that time in the event. Another suggestion was to have someone assigned as an event facilitator to make sure that the event timeline runs smoothly and stays on event topic; Kirk and Keane agreed that they could work together as facilitators.</p> <p>Suggestions for agenda topics included: OPMC commissioners could introduce themselves and give a brief overview of how their area of healthcare contributes to the management of pain; attendees could be invited to take about five minutes to answer suggested questions from a list which was used for the VA Story Corp project. (See the 2/14/13 OPMC meeting minutes for more detail.) This list of questions included ones such as: “How do you look at your life differently now than before you had chronic pain?” “What are some of the most important lessons that living with chronic pain has taught you?” “What have you done or what are you doing while living with chronic pain to give your life meaning?” Question and Answer sessions could be scheduled to include times during which all of the audience participates and to also occur during break times to give attendees the opportunity to speak with commission members on a one-to-one basis.</p> <p>It was emphasized that it is important for attendees to understand this event is intended to provide general pain management information; it is not intended to provide advice or treatment information for an individual’s specific pain condition. It is also not intended as an opportunity for commission members to</p>	<p>Information sharing and discussion.</p> <p>Kathy Kirk, Coordinator, will develop a preliminary event agenda. She will bring this to the June meeting for further discussion.</p>

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Pain Awareness Open House 2013	Kathryn Hahn, PharmD, OPMC Chair Kathy Kirk, RN, Coordinator	<p>promote the healthcare services in which they are employed, but rather to share general pain management information and expertise.</p> <p>As at past events, there will be tables containing free pain management materials, such as books and handouts, and a refreshment table. It was suggested to have a laptop computer set-up and opened to the OPMC home page “Patient Self-Care Resources,” so that attendees can look at this document and other OPMC resources.</p>	Information sharing and discussion.
New Business/Future Agenda Items?	Kathryn Hahn, PharmD, OPMC Chair	<p>Kevin Wilson, ND, noted that the Naturopathic Board is planning an event during the first weekend of December 2013 to provide Continuing Education Units on pain management. The event will be directed at naturopathic physicians to educate them about both pain management prescribing practices and non-pharmaceutical ways to manage pain. He said the board may be looking for OPMC members to present at the event and asked members to keep in mind this opportunity to provide pain management education.</p> <p>Kirk noted that she has scheduled Dr. Richard Rutt to present at the August OPMC meeting. Dr. Rutt is the director of the School of Physical Therapy at Pacific University. He will speak about the school’s pain management curriculum. Commission members will use the newly developed evaluation form to assess if this PT program includes OPMC recommended pain management curriculum topics. There will be an opportunity to dialogue with Dr. Rutt after the presentation.</p>	Information sharing and discussion.
Adjournment			The meeting was adjourned at 3:30 by Chair Kathryn Hahn.