Are you trying to lose weight?
(Weighted Column Percents)

|  |  | Age Groups |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  |  | Total | $18-24$ | $25-34$ | $35-44$ | $45-54$ | $55-64$ | $65+$ |
| Yes |  | 44.9 | 33.6 | 48.8 | 44.2 | 51.8 | 49.3 | 38.9 |
| No |  | 55.1 | 66.4 | 51.2 | 55.8 | 48.2 | 50.7 | 61.1 |
| Male | Yes | 36.4 | 19.1 | 42.0 | 33.6 | 41.7 | 45.3 | 34.1 |
|  | No | 63.6 | 80.9 | 58.0 | 66.4 | 58.3 | 54.7 | 65.9 |
| Female | Yes | 52.9 | 48.9 | 56.0 | 54.7 | 61.8 | 53.0 | 42.3 |
|  | No | 47.1 | 51.1 | 44.0 | 45.3 | 38.2 | 47.0 | 57.7 |

Denominator is:
All survey respondents.

## Are you trying to lose weight?

(Unweighted Frequencies)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total |  |  | 2,514 | 242 | 475 | 481 | 511 | 335 | 470 |
| Yes |  | 1,149 | 87 | 231 | 221 | 273 | 167 | 170 |
| No |  | 1,320 | 152 | 236 | 256 | 228 | 161 | 287 |
| Don't know/Not sure |  | 1 |  |  |  | 1 |  |  |
| Refused |  | 44 | 3 | 8 | 4 | 9 | 7 | 13 |
| Male | Total | 1,046 | 106 | 192 | 214 | 214 | 146 | 174 |
|  | Yes | 389 | 21 | 81 | 73 | 92 | 66 | 56 |
|  | No | 635 | 84 | 107 | 139 | 117 | 76 | 112 |
|  | Refused | 22 | 1 | 4 | 2 | 5 | 4 | 6 |
| Female | Total | 1,468 | 136 | 283 | 267 | 297 | 189 | 296 |
|  | Yes | 760 | 66 | 150 | 148 | 181 | 101 | 114 |
|  | No | 685 | 68 | 129 | 117 | 111 | 85 | 175 |
|  | Don't know/Not sure | $\begin{array}{r} 1 \\ 20 \end{array}$ | 2 | 4 | 2 | 1 | 3 | 7 |

Denominator is:
All survey respondents.

Are you now trying to maintain your current weight, that is to keep from gaining weight?
(Weighted Column Percents)

|  |  | Age Groups |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  |  | Total | $18-24$ | $25-34$ | $35-44$ | $45-54$ | $55-64$ | $65+$ |
| Yes |  | 58.9 | 45.6 | 48.7 | 62.1 | 63.8 | 64.2 | 65.9 |
| No |  | 41.1 | 54.4 | 51.3 | 37.9 | 36.2 | 35.8 | 34.1 |
| Male | Yes | 52.9 | 36.2 | 41.6 | 60.1 | 58.9 | 58.9 | 59.9 |
|  | No | 47.1 | 63.8 | 58.4 | 39.9 | 41.1 | 41.1 | 40.1 |
| Female | Yes | 66.5 | 60.8 | 58.5 | 64.9 | 71.2 | 69.8 | 70.9 |
|  | No | 33.5 | 39.2 | 41.5 | 35.1 | 28.8 | 30.2 | 29.1 |

Denominator is:
All survey respondents who responded that they are not trying to lose weight.

Are you now trying to maintain your current weight, that is to keep from gaining weight?
(Unweighted Frequencies)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total |  |  | 1,356 | 155 | 242 | 259 | 237 | 166 | 297 |
| Yes |  | 786 | 67 | 118 | 161 | 154 | 100 | 186 |
| No |  | 528 | 83 | 118 | 93 | 75 | 59 | 100 |
| Don't know/Not sure |  | 6 | 2 |  | 1 |  | 2 | 1 |
| Refused |  | 36 | 3 | 6 | 4 | 8 | 5 | 10 |
| Male | Total | 650 | 85 | 110 | 140 | 121 | 79 | 115 |
|  | Yes | 336 | 29 | 45 | 83 | 70 | 43 | 66 |
|  | No | 295 | 53 | 62 | 55 | 47 | 32 | 46 |
|  | Don't know/Not sure | 3 | 2 |  |  |  | 1 |  |
|  | Refused | 16 | 1 | 3 | 2 | 4 | 3 | 3 |
| Female | Total | 706 | 70 | 132 | 119 | 116 | 87 | 182 |
|  | Yes | 450 | 38 | 73 | 78 | 84 | 57 | 120 |
|  | No | 233 | 30 | 56 | 38 | 28 | 27 | 54 |
|  | Don't know/Not sure | 3 |  |  | 1 |  | 1 | 1 |
|  | Refused | 20 | 2 | 3 | 2 | 4 | 2 | 7 |

All survey respondents who responded that they are not trying to lose weight

