## Are you trying to lose weight?

## (Weighted Column Percents)

			Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+	
Yes		44.9	33.6	48.8	44.2	51.8	49.3	38.9	
No		55.1	66.4	51.2	55.8	48.2	50.7	61.1	
Male	Yes	36.4	19.1	42.0	33.6	41.7	45.3	34.1	
	No	63.6	80.9	58.0	66.4	58.3	54.7	65.9	
Female	Yes	52.9	48.9	56.0	54.7	61.8	53.0	42.3	
	No	47.1	51.1	44.0	45.3	38.2	47.0	57.7	

Denominator is:

All survey respondents.

### Are you trying to lose weight?

# (Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		2,514	242	475	481	511	335	470
Yes		1,149	87	231	221	273	167	170
No		1,320	152	236	256	228	161	287
Don't know/Not sure		1				1		
Refused		44	3	8	4	9	7	13
Male	Total	1,046	106	192	214	214	146	174
	Yes	389	21	81	73	92	66	56
	No	635	84	107	139	117	76	112
	Refused	22	1	4	2	5	4	6
Female	Total	1,468	136	283	267	297	189	296
	Yes	760	66	150	148	181	101	114
	No	685	68	129	117	111	85	175
	Don't know/Not sure	1				1		
	Refused	22	2	4	2	4	3	7

Denominator is: All survey respondents.

### Are you now trying to maintain your current weight, that is to keep from gaining weight?

(Weighted Column Percents)

			Age Groups							
		Total	18-24	25-34	35-44	45-54	55-64	65+		
Yes		58.9	45.6	48.7	62.1	63.8	64.2	65.9		
No		41.1	54.4	51.3	37.9	36.2	35.8	34.1		
Male	Yes	52.9	36.2	41.6	60.1	58.9	58.9	59.9		
	No	47.1	63.8	58.4	39.9	41.1	41.1	40.1		
Female	Yes	66.5	60.8	58.5	64.9	71.2	69.8	70.9		
	No	33.5	39.2	41.5	35.1	28.8	30.2	29.1		

Denominator is:

All survey respondents who responded that they are not trying to lose weight.

#### Are you now trying to maintain your current weight, that is to keep from gaining weight?

(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		1,356	155	242	259	237	166	297
Yes		786	67	118	161	154	100	186
No		528	83	118	93	75	59	100
Don't know/Not sure		6	2		1		2	1
Refused		36	3	6	4	8	5	10
Male	Total	650	85	110	140	121	79	115
	Yes	336	29	45	83	70	43	66
	No	295	53	62	55	47	32	46
	Don't know/Not sure	3	2				1	
	Refused	16	1	3	2	4	3	3
Female	Total	706	70	132	119	116	87	182
	Yes	450	38	73	78	84	57	120
	No	233	30	56	38	28	27	54
	Don't know/Not sure	3			1		1	1
	Refused	20	2	3	2	4	2	7

Denominator is:

All survey respondents who responded that they are not trying to lose weight.