## Overweight and obesity prevalence among adults.

(Weighted Column Percents)

|                                   |  |       | Age Groups |       |       |       |       |      |
|-----------------------------------|--|-------|------------|-------|-------|-------|-------|------|
|                                   |  | Total | 18-24      | 25-34 | 35-44 | 45-54 | 55-64 | 65+  |
| Not at risk (bmi4 less than 25.0) |  | 40.8  | 58.2       | 44.9  | 38.8  | 36.8  | 30.8  | 38.4 |
| Overweigh                         | Overweight (bmi4 between 25.0 and 29.99) |       | 26.4       | 33.9  | 34.9  | 39.4  | 42.4  | 43.7 |
| Obese (bmi4 30.0 or greater)      |  | 22.2  | 15.4       | 21.2  | 26.3  | 23.8  | 26.8  | 17.9 |
| Male                              | Not at risk (bmi4 less than 25.0)        | 33.2  | 59.6       | 36.8  | 27.9  | 26.5  | 22.8  | 31.1 |
|                                   | Overweight (bmi4 between 25.0 and 29.99) | 44.7  | 28.5       | 40.5  | 44.9  | 48.6  | 50.6  | 52.9 |
|                                   | Obese (bmi4 30.0 or greater)             | 22.2  | 12.0       | 22.7  | 27.2  | 24.9  | 26.6  | 16.0 |
| Female                            | Not at risk (bmi4 less than 25.0)        | 48.5  | 56.7       | 54.1  | 50.3  | 47.7  | 39.0  | 44.2 |
|                                   | Overweight (bmi4 between 25.0 and 29.99) | 29.3  | 24.2       | 26.5  | 24.3  | 29.7  | 34.0  | 36.4 |
|                                   | Obese (bmi4 30.0 or greater)             | 22.1  | 19.1       | 19.5  | 25.4  | 22.6  | 27.0  | 19.4 |

Denominator is:

All survey respondents.

## Overweight and obesity prevalence among adults.

(Unweighted Frequencies)

|  |  |       | Age Groups |       |       |       |       |       |
|--|--|-------|------------|-------|-------|-------|-------|-------|
|  |  | Total | 18-24      | 25-34 | 35-44 | 45-54 | 55-64 | 65+   |
| Total                                    |  | 8,222 | 534        | 1,188 | 1,425 | 1,735 | 1,495 | 1,845 |
| Not at risk (bmi4 less than 25.0)        |  | 3,149 | 290        | 526   | 560   | 645   | 446   | 682   |
| Overweight (bmi4 between 25.0 and 29.99) |  | 2,886 | 135        | 363   | 441   | 605   | 589   | 753   |
| Obese (bmi4 30.0 or greater)             |  | 1,763 | 81         | 227   | 348   | 393   | 385   | 329   |
| Don't Know/Not Sure/Refused              |  | 424   | 28         | 72    | 76    | 92    | 75    | 81    |
| Male                                     | Total                                    | 3,204 | 224        | 480   | 562   | 670   | 614   | 654   |
|  | Not at risk (bmi4 less than 25.0)        | 982   | 127        | 183   | 156   | 176   | 142   | 198   |
|  | Overweight (bmi4 between 25.0 and 29.99) | 1,457 | 61         | 184   | 247   | 317   | 310   | 338   |
|  | Obese (bmi4 30.0 or greater)             | 708   | 29         | 99    | 148   | 165   | 155   | 112   |
|  | Don't Know/Not Sure/Refused              | 57    | 7          | 14    | 11    | 12    | 7     | 6     |
| Female                                   | Total                                    | 5,018 | 310        | 708   | 863   | 1,065 | 881   | 1,191 |
|  | Not at risk (bmi4 less than 25.0)        | 2,167 | 163        | 343   | 404   | 469   | 304   | 484   |
|  | Overweight (bmi4 between 25.0 and 29.99) | 1,429 | 74         | 179   | 194   | 288   | 279   | 415   |
|  | Obese (bmi4 30.0 or greater)             | 1,055 | 52         | 128   | 200   | 228   | 230   | 217   |
|  | Don't Know/Not Sure/Refused              | 367   | 21         | 58    | 65    | 80    | 68    | 75    |

Denominator is:

All survey respondents.

## At risk for chronic disease based on Body Mass Index (BMI) being 25.0 or higher.

(Weighted Column Percents)

|             |             |       | Age Groups |       |       |       |       |      |  |
|-------------|-------------|-------|------------|-------|-------|-------|-------|------|--|
|             |             | Total | 18-24      | 25-34 | 35-44 | 45-54 | 55-64 | 65+  |  |
| Not at risk |             | 40.8  | 58.2       | 44.9  | 38.8  | 36.8  | 30.8  | 38.4 |  |
| At risk     |             | 59.2  | 41.8       | 55.1  | 61.2  | 63.2  | 69.2  | 61.6 |  |
| Male        | Not at risk | 33.2  | 59.6       | 36.8  | 27.9  | 26.5  | 22.8  | 31.1 |  |
|             | At risk     | 66.8  | 40.4       | 63.2  | 72.1  | 73.5  | 77.2  | 68.9 |  |
| Female      | Not at risk | 48.5  | 56.7       | 54.1  | 50.3  | 47.7  | 39.0  | 44.2 |  |
|             | At risk     | 51.5  | 43.3       | 45.9  | 49.7  | 52.3  | 61.0  | 55.8 |  |

Denominator is:

All survey respondents.

## At risk for chronic disease based on Body Mass Index (BMI) being 25.0 or higher.

(Unweighted Frequencies)

|             |             |       | Age Groups |       |       |       |       |       |
|-------------|-------------|-------|------------|-------|-------|-------|-------|-------|
|             |             | Total | 18-24      | 25-34 | 35-44 | 45-54 | 55-64 | 65+   |
| Total       |             | 8,222 | 534        | 1,188 | 1,425 | 1,735 | 1,495 | 1,845 |
| Not at risk |             | 3,149 | 290        | 526   | 560   | 645   | 446   | 682   |
| At risk     |             | 4,649 | 216        | 590   | 789   | 998   | 974   | 1,082 |
| Unknown     |             | 424   | 28         | 72    | 76    | 92    | 75    | 81    |
| Male        | Total       | 3,204 | 224        | 480   | 562   | 670   | 614   | 654   |
|             | Not at risk | 982   | 127        | 183   | 156   | 176   | 142   | 198   |
|             | At risk     | 2,165 | 90         | 283   | 395   | 482   | 465   | 450   |
|             | Unknown     | 57    | 7          | 14    | 11    | 12    | 7     | 6     |
| Female      | Total       | 5,018 | 310        | 708   | 863   | 1,065 | 881   | 1,191 |
|             | Not at risk | 2,167 | 163        | 343   | 404   | 469   | 304   | 484   |
|             | At risk     | 2,484 | 126        | 307   | 394   | 516   | 509   | 632   |
|             | Unknown     | 367   | 21         | 58    | 65    | 80    | 68    | 75    |

Denominator is:

All survey respondents.