Has a doctor, nurse, or other health care provider asked you about your family history of illnesses or health problems?
(Weighted Column Percents)

|  |  |  | Age Groups |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | :---: |
|  |  | Total |  | $18-24$ | $25-34$ | $35-44$ | $45-54$ |  |

Denominator is:
All survey respondents.

Has a doctor, nurse, or other health care provider asked you about your family history of illnesses or health problems?
(Unweighted Frequencies)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total |  |  | 6,689 | 354 | 846 | 1,034 | 1,356 | 1,374 | 1,725 |
| Yes |  | 5,788 | 251 | 724 | 925 | 1,221 | 1,263 | 1,404 |
| No |  | 832 | 96 | 116 | 99 | 124 | 107 | 290 |
| Don't know/Not sure |  | 59 | 5 | 5 | 8 | 8 | 4 | 29 |
| Refused |  | 10 | 2 | 1 | 2 | 3 | 0 | 2 |
| Male | Total | 2,612 | 150 | 323 | 405 | 542 | 544 | 648 |
|  | Yes | 2,064 | 81 | 239 | 324 | 439 | 477 | 504 |
|  | No | 505 | 65 | 79 | 74 | 95 | 64 | 128 |
|  | Don't know/Not sure | 36 | 2 | 4 | 6 | 7 | 3 | 14 |
|  | Refused | 7 | 2 | 1 | 1 | 1 | 0 | 2 |
| Female | Total | 4,077 | 204 | 523 | 629 | 814 | 830 | 1,077 |
|  | Yes | 3,724 | 170 | 485 | 601 | 782 | 786 | 900 |
|  | No | 327 | 31 | 37 | 25 | 29 | 43 | 162 |
|  | Don't know/Not sure | 23 | 3 | 1 | 2 | 1 | 1 | 15 |
|  | Refused | 3 | 0 | 0 | 1 | 2 | 0 | 0 |

Denominator is.
All survey respondents.

Has a doctor, nurse, or other health care provider asked you about your family history of diabetes?
(Weighted Column Percents)

|  |  |  | Age Groups |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  |  | Total | $18-24$ |  | $25-34$ | $35-44$ | $45-54$ | $55-64$ |
| $65+$ |  |  |  |  |  |  |  |  |
| Yes |  | 72.3 | 58.6 | 70.9 | 77.2 | 75.4 | 76.6 | 68.1 |
| No |  | 27.7 | 41.4 | 29.1 | 22.8 | 24.6 | 23.4 | 31.9 |
| Male | Yes | 67.3 | 51.4 | 63.4 | 69.6 | 69.9 | 72.1 | 68.6 |
|  | No | 32.7 | 48.6 | 36.6 | 30.4 | 30.1 | 27.9 | 31.4 |
| Female | Yes | 76.2 | 63.0 | 76.9 | 83.5 | 79.7 | 80.5 | 67.8 |
|  | No | 23.8 | 37.0 | 23.1 | 16.5 | 20.3 | 19.5 | 32.2 |

Denominator is:
All survey respondents who have been asked about their family history of illnesses or health problems.

Has a doctor, nurse, or other health care provider asked you about your family history of diabetes?
(Unweighted Frequencies)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total |  |  | 5,787 | 251 | 724 | 925 | 1,221 | 1,262 | 1,404 |
| Yes |  | 4,161 | 156 | 506 | 702 | 917 | 960 | 920 |
| No |  | 1,440 | 91 | 200 | 189 | 275 | 260 | 425 |
| Don't know/Not sure |  | 184 | 4 | 18 | 34 | 29 | 42 | 57 |
| Refused |  | 2 | 0 | 0 | 0 | 0 | 0 | 2 |
| Male | Total | 2,064 | 81 | 239 | 324 | 439 | 477 | 504 |
|  | Yes | 1,359 | 43 | 141 | 211 | 301 | 337 | 326 |
|  | No | 608 | 36 | 86 | 90 | 119 | 122 | 155 |
|  | Don't know/Not sure | 96 | 2 | 12 | 23 | 19 | 18 | 22 |
|  | Refused | 1 | 0 | 0 | 0 | 0 | 0 | 1 |
| Female | Total | 3,723 | 170 | 485 | 601 | 782 | 785 | 900 |
|  | Yes | 2,802 | 113 | 365 | 491 | 616 | 623 | 594 |
|  | No | 832 | 55 | 114 | 99 | 156 | 138 | 270 |
|  | Don't know/Not sure | 88 | 2 | 6 | 11 | 10 | 24 | 35 |
|  | Refused | 1 | 0 | 0 | 0 | 0 | 0 | 1 |

Denominator is:
All survey respondents who have been asked about their family history of illnesses or health problems.

Has a doctor, nurse, or other health care provider ever discussed the chance of you getting diabetes?
(Weighted Column Percents)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Yes |  |  | 28.4 | 18.1 | 27.7 | 31.8 | 31.9 | 35.4 | 23.1 |
| No |  | 71.6 | 81.9 | 72.3 | 68.2 | 68.1 | 64.6 | 76.9 |
| Male | Yes | 22.7 | 11.1 | 20.6 | 26.4 | 24.7 | 30.1 | 22.0 |
|  | No | 77.3 | 88.9 | 79.4 | 73.6 | 75.3 | 69.9 | 78.0 |
| Female | Yes | 33.9 | 25.4 | 35.2 | 37.2 | 38.8 | 40.4 | 24.0 |
|  | No | 66.1 | 74.6 | 64.8 | 62.8 | 61.2 | 59.6 | 76.0 |

Denominator is:
All survey respondents who have NOT told by a doctor that they had diabetes.

Has a doctor, nurse, or other health care provider ever discussed the chance of you getting diabetes?
(Unweighted Frequencies)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total |  |  | 6,139 | 352 | 825 | 1,003 | 1,271 | 1,226 | 1,462 |
| Yes |  | 1,845 | 74 | 245 | 324 | 422 | 448 | 332 |
| No |  | 4,209 | 274 | 572 | 668 | 835 | 760 | 1,100 |
| Don't know/Not sure |  | 79 | 2 | 8 | 10 | 13 | 17 | 29 |
| Refused |  | 6 | 2 | 0 | 1 | 1 | 1 | 1 |
| Male | Total | 2,402 | 150 | 319 | 393 | 507 | 480 | 553 |
|  | Yes | 577 | 19 | 64 | 99 | 130 | 145 | 120 |
|  | No | 1,780 | 128 | 249 | 287 | 373 | 324 | 419 |
|  | Don't know/Not sure | 40 | 1 | 6 | 6 | 4 | 10 | 13 |
|  | Refused | 5 | 2 | 0 | 1 | 0 | 1 | 1 |
| Female | Total | 3,737 | 202 | 506 | 610 | 764 | 746 | 909 |
|  | Yes | 1,268 | 55 | 181 | 225 | 292 | 303 | 212 |
|  | No | 2,429 | 146 | 323 | 381 | 462 | 436 | 681 |
|  | Don't know/Not sure | 39 | 1 | 2 | 4 | 9 | 7 | 16 |
|  | Refused | 1 | 0 | 0 | 0 | 1 | 0 | 0 |

Denominator is:
All survey respondents who have NOT told by a doctor that they had diabetes.

Has a health care provider ever recommended changes in diet of exercise to reduce your chances of getting diabetes or other illnesses like heart disease, stroke, or cancer?
(Weighted Column Percents)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Yes |  |  | 37.4 | 15.2 | 28.4 | 39.6 | 43.4 | 52.3 | 41.1 |
| No |  | 62.6 | 84.8 | 71.6 | 60.4 | 56.6 | 47.7 | 58.9 |
| Male | Yes | 35.7 | 11.2 | 25.0 | 40.3 | 41.5 | 51.7 | 41.5 |
|  | No | 64.3 | 88.8 | 75.0 | 59.7 | 58.5 | 48.3 | 58.5 |
| Female | Yes | 39.1 | 19.4 | 32.1 | 38.9 | 45.3 | 53.0 | 40.8 |
|  | No | 60.9 | 80.6 | 67.9 | 61.1 | 54.7 | 47.0 | 59.2 |

Denominator is:
All survey respondents.

Has a health care provider ever recommended changes in diet of exercise to reduce your chances of getting diabetes or other illnesses like heart disease, stroke, or cancer?
(Unweighted Frequencies)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total |  |  | 6,685 | 354 | 846 | 1,034 | 1,356 | 1,371 | 1,724 |
| Yes |  | 2,715 | 63 | 249 | 399 | 591 | 719 | 694 |
| No |  | 3,910 | 287 | 594 | 631 | 755 | 636 | 1,007 |
| Don't know/Not sure |  | 48 | 2 | 3 | 2 | 8 | 12 | 21 |
| Refused |  | 12 | 2 | 0 | 2 | 2 | 4 | 2 |
| Male | Total | 2,609 | 150 | 323 | 405 | 542 | 542 | 647 |
|  | Yes | 1,022 | 20 | 84 | 154 | 220 | 277 | 267 |
|  | No | 1,560 | 126 | 238 | 249 | 317 | 258 | 372 |
|  | Don't know/Not sure | 22 | 2 | 1 | 1 | 5 | 6 | 7 |
|  | Refused | 5 | 2 | 0 | 1 | 0 | 1 | 1 |
| Female | Total | 4,076 | 204 | 523 | 629 | 814 | 829 | 1,077 |
|  | Yes | 1,693 | 43 | 165 | 245 | 371 | 442 | 427 |
|  | No | 2,350 | 161 | 356 | 382 | 438 | 378 | 635 |
|  | Don't know/Not sure | 26 | 0 | 2 | 1 | 3 | 6 | 14 |
|  | Refused | 7 | 0 | 0 | 1 | 2 | 3 | 1 |

All survey respondents.

Do you have a parent, brother or sister, or child related by blood, who has been diagnosed with diabetes by a health care provider?
(Weighted Column Percents)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Yes |  |  | 30.0 | 19.9 | 25.1 | 31.7 | 35.7 | 34.1 | 30.3 |
| No |  | 70.0 | 80.1 | 74.9 | 68.3 | 64.3 | 65.9 | 69.7 |
| Male | Yes | 26.0 | 14.6 | 24.3 | 29.2 | 29.7 | 28.9 | 26.0 |
|  | No | 74.0 | 85.4 | 75.7 | 70.8 | 70.3 | 71.1 | 74.0 |
| Female | Yes | 33.8 | 25.4 | 26.0 | 34.1 | 41.4 | 39.2 | 33.5 |
|  | No | 66.2 | 74.6 | 74.0 | 65.9 | 58.6 | 60.8 | 66.5 |

Denominator is:
All survey respondents.

Do you have a parent, brother or sister, or child related by blood, who has been diagnosed with diabetes by a health care provider?
(Unweighted Frequencies)


Denominator is:
All survey respondents.

Other than during pregnancy, how many of your relatives were diagnosed before the age of $\mathbf{2 0}$ ?
(Weighted Column Percents)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| One |  |  | 8.9 | 14.6 | 7.5 | 7.8 | 9.2 | 8.8 | 8.3 |
| Two |  | 1.8 | 1.4 | 2.9 | 1.5 | 1.9 | 1.6 | 1.3 |
| Three |  | . 4 | 2.3 |  | . 3 |  | . 5 | . 3 |
| More than three |  | . 7 |  | 1.5 | . 6 | 1.2 | . 3 |  |
| None |  | 88.3 | 81.7 | 88.1 | 89.8 | 87.7 | 88.9 | 90.1 |
| Male | One | 7.9 | 18.2 | 6.9 | 4.5 | 6.6 | 10.7 | 8.0 |
|  | Two | 2.1 |  | 3.9 | . 9 | 3.6 | 2.1 | . 6 |
|  | Three | . 3 |  |  |  |  | . 7 | . 9 |
|  | More than three | . 8 |  | 1.0 | 1.3 | 1.7 |  |  |
|  | None | 88.9 | 81.8 | 88.2 | 93.3 | 88.2 | 86.5 | 90.5 |
| Female | One | 9.6 | 12.6 | 8.1 | 10.7 | 10.9 | 7.4 | 8.4 |
|  | Two | 1.5 | 2.1 | 1.9 | 2.1 | . 7 | 1.2 | 1.7 |
|  | Three | . 5 | 3.6 |  | . 5 |  | . 3 |  |
|  | More than three | . 6 |  | 1.9 |  | 1.0 | . 5 |  |
|  | None | 87.8 | 81.6 | 88.0 | 86.7 | 87.4 | 90.5 | 89.9 |

Denominator is:
All survey respondents who had a parent, brother or sister, or child related by blood and have been diagnosed with diabetes by a health care provider.

Other than during pregnancy, how many of your relatives were diagnosed before the age of $\mathbf{2 0 ?}$
(Unweighted Frequencies)


Denominator is:
All survey respondents who had a parent, brother or sister, or child related by blood and have been diagnosed with diabetes by a health care provider.

Other than during pregnancy, how many of your relatives were diagnosed between the ages of 20-44?
(Weighted Column Percents)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| One |  |  | 26.3 | 35.9 | 27.3 | 29.6 | 26.8 | 21.3 | 21.8 |
| Two |  | 5.8 | 12.7 | 5.7 | 4.9 | 5.7 | 4.0 | 5.4 |
| Three |  | 2.0 | 3.5 | 3.0 | 1.5 | 2.6 | 1.1 | 1.2 |
| More than three |  | 1.2 | 1.5 | 3.2 | 1.0 | . 9 | 1.1 | . 3 |
| None |  | 64.6 | 46.4 | 60.9 | 62.9 | 64.0 | 72.4 | 71.2 |
| Male | One | 27.3 | 29.4 | 32.0 | 28.9 | 30.9 | 20.8 | 20.4 |
|  | Two | 4.6 | 14.3 | 4.5 | 2.8 | 4.2 | 3.4 | 5.5 |
|  | Three | 1.7 |  | 4.0 | 2.3 | 1.6 | . 7 | . 3 |
|  | More than three | 1.0 |  | 2.0 | 1.3 |  | 1.5 | . 6 |
|  | None | 65.4 | 56.3 | 57.6 | 64.7 | 63.3 | 73.6 | 73.2 |
| Female | One | 25.6 | 39.3 | 23.0 | 30.2 | 23.9 | 21.6 | 22.7 |
|  | Two | 6.5 | 11.9 | 6.7 | 6.7 | 6.8 | 4.5 | 5.4 |
|  | Three | 2.3 | 5.3 | 2.0 | . 9 | 3.3 | 1.4 | 1.8 |
|  | More than three | 1.4 | 2.2 | 4.2 | . 7 | 1.5 | . 9 | . 2 |
|  | None | 64.1 | 41.3 | 64.0 | 61.5 | 64.5 | 71.6 | 70.0 |

Denominator is:
All survey respondents who had a parent, brother or sister, or child related by blood who has been diagnosed with diabetes by a health care provider. (Does not include gestational diabetes.)

Other than during pregnancy, how many of your relatives were diagnosed between the ages of 20-44?
(Unweighted Frequencies)


[^0]Other than during pregnancy, how many of your relatives were diagnosed at age 45 and older?
(Weighted Column Percents)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| One |  |  | 53.8 | 37.3 | 53.3 | 54.7 | 59.9 | 55.5 | 50.4 |
| Two |  | 15.5 | 20.5 | 12.3 | 14.0 | 13.5 | 19.1 | 16.7 |
| Three |  | 3.6 | 2.0 | 1.8 | 5.0 | 3.2 | 3.8 | 4.8 |
| More than three |  | 2.0 |  | 1.9 | 1.4 | 2.2 | 2.8 | 2.4 |
| None |  | 25.2 | 40.1 | 30.7 | 25.0 | 21.3 | 18.8 | 25.7 |
| Male | One | 56.7 | 39.9 | 54.4 | 61.5 | 65.0 | 54.6 | 48.4 |
|  | Two | 14.2 | 20.5 | 6.9 | 12.4 | 13.7 | 20.0 | 16.5 |
|  | Three | 3.6 | 6.1 | 1.4 | 5.2 | 2.4 | 3.2 | 4.8 |
|  | More than three | 1.1 |  | . 7 | . 9 | 1.6 | 1.4 | 1.4 |
|  | None | 24.4 | 33.5 | 36.6 | 20.1 | 17.3 | 20.7 | 28.8 |
| Female | One | 51.7 | 36.1 | 52.3 | 48.8 | 56.3 | 56.1 | 51.7 |
|  | Two | 16.4 | 20.6 | 17.1 | 15.4 | 13.4 | 18.5 | 16.8 |
|  | Three | 3.6 |  | 2.3 | 4.8 | 3.7 | 4.2 | 4.7 |
|  | More than three | 2.5 |  | 2.9 | 1.8 | 2.6 | 3.8 | 3.0 |
|  | None | 25.7 | 43.4 | 25.4 | 29.2 | 24.0 | 17.5 | 23.9 |

[^1] health care provider (Does not include gestational diabetes.)

Other than during pregnancy, how many of your relatives were diagnosed at age 45 and older?
(Unweighted Frequencies)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total |  |  | 2,105 | 77 | 214 | 327 | 480 | 477 | 530 |
| One |  | 1,071 | 29 | 103 | 162 | 268 | 250 | 259 |
| Two |  | 321 | 14 | 26 | 47 | 62 | 87 | 85 |
| Three |  | 82 | 1 | 4 | 12 | 19 | 21 | 25 |
| More than three |  | 51 | 0 | 4 | 6 | 11 | 15 | 15 |
| Don't know/Not sure |  | 115 | 7 | 22 | 16 | 18 | 21 | 31 |
| None |  | 465 | 26 | 55 | 84 | 102 | 83 | 115 |
| Male | Total | 687 | 26 | 80 | 115 | 147 | 154 | 165 |
|  | One | 364 | 10 | 38 | 65 | 91 | 81 | 79 |
|  | Two | 94 | 4 | 5 | 15 | 18 | 28 | 24 |
|  | Three | 24 | 1 | 1 | 4 | 4 | 6 | 8 |
|  | More than three | 9 | 0 | 1 | 1 | 2 | 2 | 3 |
|  | Don't know/Not sure | 46 | 5 | 11 | 7 | 5 | 8 | 10 |
|  | None | 150 | 6 | 24 | 23 | 27 | 29 | 41 |
| Female | Total | 1,418 | 51 | 134 | 212 | 333 | 323 | 365 |
|  | One | 707 | 19 | 65 | 97 | 177 | 169 | 180 |
|  | Two | 227 | 10 | 21 | 32 | 44 | 59 | 61 |
|  | Three | 58 | 0 | 3 | 8 | 15 | 15 | 17 |
|  | More than three | 42 | 0 | 3 | 5 | 9 | 13 | 12 |
|  | Don't know/Not sure | 69 | 2 | 11 | 9 | 13 | 13 | 21 |
|  | None | 315 | 20 | 31 | 61 | 75 | 54 | 74 |

Denominator is:
All survey respondents who had a parent, brother or sister, or child related by blood who has been diagnosed with diabetes by a health care provider (Does not include gestational diabetes.)

How worried are you that you will get diabetes in the future?
(Weighted Column Percents)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Very worried |  |  | 3.4 | 2.3 | 5.9 | 5.1 | 3.3 | 2.2 | . 8 |
| Somewhat worried |  | 9.8 | 8.8 | 11.9 | 9.7 | 12.4 | 9.1 | 5.3 |
| Slightly worried |  | 20.8 | 21.4 | 23.7 | 24.7 | 19.7 | 20.7 | 13.2 |
| Not worried at all |  | 66.0 | 67.5 | 58.5 | 60.5 | 64.7 | 68.1 | 80.7 |
| Male | Very worried | 3.1 | . 5 | 6.1 | 5.1 | 2.4 | 1.4 | 1.0 |
|  | Somewhat worried | 8.0 | 4.8 | 10.8 | 7.7 | 10.3 | 8.6 | 3.5 |
|  | Slightly worried | 19.1 | 14.3 | 22.6 | 25.5 | 18.1 | 18.4 | 11.9 |
|  | Not worried at all | 69.8 | 80.4 | 60.4 | 61.7 | 69.3 | 71.6 | 83.5 |
| Female | Very worried | 3.8 | 4.3 | 5.6 | 5.1 | 4.1 | 2.9 | . 6 |
|  | Somewhat worried | 11.5 | 12.9 | 13.1 | 11.7 | 14.3 | 9.5 | 6.7 |
|  | Slightly worried | 22.4 | 28.7 | 25.0 | 23.9 | 21.3 | 22.8 | 14.2 |
|  | Not worried at all | 62.4 | 54.1 | 56.4 | 59.3 | 60.3 | 64.8 | 78.5 |

Denominator is:
All survey respondents who have NOT been told by a doctor that they had diabetes.

How worried are you that you will get diabetes in the future?
(Unweighted Frequencies)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total |  |  | 6,136 | 352 | 823 | 1,003 | 1,271 | 1,225 | 1,462 |
| Very worried |  | 174 | 8 | 47 | 44 | 37 | 27 | 11 |
| Somewhat worried |  | 589 | 37 | 100 | 103 | 154 | 115 | 80 |
| Slightly worried |  | 1,243 | 82 | 197 | 247 | 271 | 261 | 185 |
| Not worried at all |  | 4,090 | 221 | 477 | 608 | 797 | 817 | 1,170 |
| Don't know/Not sure |  | 31 | 2 | 2 | 0 | 8 | 4 | 15 |
| Refused |  | 9 | 2 | 0 | 1 | 4 | 1 | 1 |
| Male | Total | 2,401 | 150 | 319 | 393 | 507 | 479 | 553 |
|  | Very worried | 53 | 1 | 18 | 14 | 10 | 6 | 4 |
|  | Somewhat worried | 183 | 10 | 35 | 33 | 47 | 37 | 21 |
|  | Slightly worried | 445 | 21 | 72 | 98 | 100 | 92 | 62 |
|  | Not worried at all | 1,698 | 114 | 192 | 247 | 346 | 342 | 457 |
|  | Don't know/Not sure | 16 | 2 | 2 | 0 | 3 | 1 | 8 |
|  | Refused | 6 | 2 | 0 | 1 | 1 | 1 | 1 |
| Female | Total | 3,735 | 202 | 504 | 610 | 764 | 746 | 909 |
|  | Very worried | 121 | 7 | 29 | 30 | 27 | 21 | 7 |
|  | Somewhat worried | 406 | 27 | 65 | 70 | 107 | 78 | 59 |
|  | Slightly worried | 798 | 61 | 125 | 149 | 171 | 169 | 123 |
|  | Not worried at all | 2,392 | 107 | 285 | 361 | 451 | 475 | 713 |
|  | Don't know/Not sure | 15 | 0 | 0 | 0 | 5 | 3 | 7 |
|  | Refused | 3 | 0 | 0 | 0 | 3 | 0 | 0 |

Denominator is:
All survey respondents who have NOT been told by a doctor that they had diabetes.

Have you made changes in your diet or exercise, to reduce your chance of getting diabetes or other diseases like heart disease, stroke, or cancer?
(Weighted Column Percents)

|  |  | Age Groups |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  |  | Total | $18-24$ |  |  |  |  |  |
|  | $25-34$ | $35-44$ | $45-54$ | $55-64$ | $65+$ |  |  |  |
| Yes |  | 59.4 | 40.7 | 54.1 | 61.4 | 70.1 | 68.2 | 57.3 |
| No |  | 40.6 | 59.3 | 45.9 | 38.6 | 29.9 | 31.8 | 42.7 |
| Male | Yes | 54.0 | 33.2 | 47.8 | 56.4 | 65.1 | 62.4 | 55.6 |
|  | No | 46.0 | 66.8 | 52.2 | 43.6 | 34.9 | 37.6 | 44.4 |
| Female | Yes | 64.6 | 48.5 | 61.1 | 66.5 | 74.9 | 73.5 | 58.5 |
|  | No | 35.4 | 51.5 | 38.9 | 33.5 | 25.1 | 26.5 | 41.5 |

Denominator is:
All survey respondents who have NOT been told by a doctor that they had diabetes.

Have you made changes in your diet or exercise, to reduce your chance of getting diabetes or other diseases like heart disease, stroke, or cancer?
(Unweighted Frequencies)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total |  |  | 6,134 | 351 | 823 | 1,003 | 1,271 | 1,225 | 1,461 |
| Yes |  | 3,798 | 147 | 460 | 619 | 893 | 844 | 835 |
| No |  | 2,280 | 198 | 358 | 379 | 368 | 370 | 607 |
| Don't know/Not sure |  | 45 | 3 | 5 | 4 | 8 | 9 | 16 |
| Refused |  | 11 | 3 | 0 | 1 | 2 | 2 | 3 |
| Male | Total | 2,400 | 150 | 319 | 393 | 507 | 479 | 552 |
|  | Yes | 1,343 | 51 | 156 | 219 | 320 | 293 | 304 |
|  | No | 1,036 | 95 | 162 | 172 | 182 | 181 | 244 |
|  | Don't know/Not sure | 13 | 2 | 1 | 1 | 4 | 3 | 2 |
|  | Refused | 8 | 2 | 0 | 1 | 1 | 2 | 2 |
| Female | Total | 3,734 | 201 | 504 | 610 | 764 | 746 | 909 |
|  | Yes | 2,455 | 96 | 304 | 400 | 573 | 551 | 531 |
|  | No | 1,244 | 103 | 196 | 207 | 186 | 189 | 363 |
|  | Don't know/Not sure | 32 | 1 | 4 | 3 | 4 | 6 | 14 |
|  | Refused | 3 | 1 | 0 | 0 | 1 | 0 | 1 |

[^2]All survey respondents who have NOT been told by a doctor that they had diabetes.


[^0]:    Denominator is:
    All survey respondents who had a parent, brother or sister, or child related by blood who has been diagnosed with diabetes by a health care provider. (Does not include gestational diabetes.)

[^1]:    Denominator is:
    All survey respondents who had a parent, brother or sister, or child related by blood who has been diagnosed with diabetes by a

[^2]:    Denominator is:

