## Oregon 2007 BRFSS

How likely do you think it is that you will get heart disease or stroke in the future?
(Weighted Column Percents)

|  |  | Age Groups |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  | Total |  | $18-24$ | $25-34$ | $35-44$ | $45-54$ | $55-64$ |

Denominator is:
All survey respondents who did NOT self report having heart disease or stroke.

## Oregon 2007 BRFSS

How likely do you think it is that you will get heart disease or stroke in the future?
(Unweighted Frequencies)

|  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total | 2,631 | 83 | 296 | 431 | 539 | 607 | 675 |
| Very likely | 282 | 6 | 26 | 44 | 65 | 78 | 63 |
| Somewhat likely | 934 | 19 | 94 | 147 | 217 | 236 | 221 |
| Not very likely | 931 | 37 | 124 | 165 | 179 | 204 | 222 |
| Or not at all likely | 296 | 15 | 44 | 55 | 48 | 53 | 81 |
| Don't know/Not sure | 182 | 6 | 8 | 20 | 28 | 36 | 84 |
| Refused | 6 | 0 | 0 | 0 | 2 | 0 | 4 |
| Male Total | 954 | 35 | 101 | 172 | 211 | 216 | 219 |
| Very likely | 91 | 1 | 8 | 17 | 23 | 27 | 15 |
| Somewhat likely | 316 | 7 | 32 | 53 | 78 | 83 | 63 |
| Not very likely | 363 | 18 | 43 | 71 | 79 | 70 | 82 |
| Or not at all likely | 116 | 7 | 16 | 26 | 14 | 23 | 30 |
| Don't know/Not sure | 64 | 2 | 2 | 5 | 15 | 13 | 27 |
| Refused | 4 | 0 | 0 | 0 | 2 | 0 | 2 |
| Female Total | 1,677 | 48 | 195 | 259 | 328 | 391 | 456 |
| Very likely | 191 | 5 | 18 | 27 | 42 | 51 | 48 |
| Somewhat likely | 618 | 12 | 62 | 94 | 139 | 153 | 158 |
| Not very likely | 568 | 19 | 81 | 94 | 100 | 134 | 140 |
| Or not at all likely | 180 | 8 | 28 | 29 | 34 | 30 | 51 |
| Don't know/Not sure | 118 | 4 | 6 | 15 | 13 | 23 | 57 |
| Refused | 2 | 0 | 0 | 0 | 0 | 0 | 2 |

Denominator is:
All survey respondents who did NOT self report having heart disease or stroke.

## Oregon 2007 BRFSS

Has a doctor, nurse, or other health care provider asked you about your family history of illnesses or health problems?
(Weighted Column Percents)

|  |  |  | Age Groups |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  |  | Total | $18-24$ | $25-34$ | $35-44$ | $45-54$ | $55-64$ | $65+$ |
| Yes |  | 87.1 | 65.7 | 85.8 | 90.1 | 91.5 | 92.8 | 85.8 |
| No |  | 12.9 | 34.3 | 14.2 | 9.9 | 8.5 | 7.2 | 14.2 |
| Male | Yes | 80.2 | 48.1 | 79.4 | 83.3 | 86.6 | 88.5 | 81.4 |
|  | No | 19.8 | 51.9 | 20.6 | 16.7 | 13.4 | 11.5 | 18.6 |
| Female | Yes | 93.5 | 89.0 | 91.5 | 97.0 | 96.1 | 96.9 | 89.1 |
|  | No | 6.5 | 11.0 | 8.5 | 3.0 | 3.9 | 3.1 | 10.9 |

Denominator is:
All survey respondents.

Has a doctor, nurse, or other health care provider asked you about your family history of illnesses or health problems?
(Unweighted Frequencies)

|  |  | Age Groups |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | :---: |
|  |  | Total | $18-24$ | $25-34$ | $35-44$ | $45-54$ | $55-64$ |  |

Denominator is:
All survey respondents.

## Oregon 2007 BRFSS

Has a health care provider ever asked you about your family history of heart disease or stroke, specifically?
(Weighted Column Percents)

|  |  |  | Age Groups |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  |  | Total | $18-24$ | $25-34$ |  | $35-44$ |  | $45-54$ |
| 59 | $59-64$ | $65+$ |  |  |  |  |  |  |
| Yes |  | 76.7 | 49.6 | 69.0 | 79.8 | 86.7 | 88.3 | 74.7 |
| No |  | 23.3 | 50.4 | 31.0 | 20.2 | 13.3 | 11.7 | 25.3 |
| Male | Yes | 70.2 | 31.1 | 58.6 | 74.7 | 84.0 | 83.5 | 74.5 |
|  | No | 29.8 | 68.9 | 41.4 | 25.3 | 16.0 | 16.5 | 25.5 |
| Female | Yes | 82.9 | 73.8 | 78.5 | 85.1 | 89.2 | 92.8 | 75.0 |
|  | No | 17.1 | 26.2 | 21.5 | 14.9 | 10.8 | 7.2 | 25.0 |

Denominator is:
All survey respondents who were asked about their family histories of illnesses or health problems

Has a health care provider ever asked you about your family history of heart disease or stroke, specifically?
(Unweighted Frequencies)

|  |  |  | Age Groups |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | :---: |
|  |  | Total | $18-24$ | $25-34$ | $35-44$ | $45-54$ | $55-64$ |  |

Denominator is:
All survey respondents who were asked about their family histories of illnesses or health problems.

## Oregon 2007 BRFSS

Has a doctor, nurse, or other health care provider ever discussed the chance of you getting heart disease or stroke?
(Weighted Column Percents)

|  |  |  | Age Groups |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  |  | Total | $18-24$ | $25-34$ |  | $35-44$ | $45-54$ | $55-64$ |
| $65+$ |  |  |  |  |  |  |  |  |
| Yes |  | 38.1 | 22.0 | 28.0 | 35.6 | 46.5 | 53.4 | 41.0 |
| No |  | 61.9 | 78.0 | 72.0 | 64.4 | 53.5 | 46.6 | 59.0 |
| Male | Yes | 37.5 | 16.0 | 28.3 | 33.8 | 47.7 | 54.3 | 43.2 |
|  | No | 62.5 | 84.0 | 71.7 | 66.2 | 52.3 | 45.7 | 56.8 |
| Female | Yes | 38.7 | 29.8 | 27.7 | 37.5 | 45.3 | 52.5 | 39.4 |
|  | No | 61.3 | 70.2 | 72.3 | 62.5 | 54.7 | 47.5 | 60.6 |

Denominator is:
All survey respondents who did NOT self report having been diagnosed with heart disease or stroke.

Has a doctor, nurse, or other health care provider ever discussed the chance of you getting heart disease or stroke?
(Unweighted Frequencies)

|  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total | 2,631 | 83 | 296 | 431 | 539 | 607 | 675 |
| Yes | 1,085 | 18 | 83 | 156 | 254 | 311 | 263 |
| No | 1,499 | 65 | 211 | 267 | 280 | 280 | 396 |
| Don't Know/Not Sure | 45 | 0 | 2 | 7 | 5 | 15 | 16 |
| Refused | 2 | 0 | 0 | 1 | 0 | 1 | 0 |
| Male Total | 954 | 35 | 101 | 172 | 211 | 216 | 219 |
| Yes | 394 | 5 | 27 | 59 | 101 | 111 | 91 |
| No | 542 | 30 | 73 | 111 | 109 | 98 | 121 |
| Don't Know/Not Sure | 16 | 0 | 1 | 1 | 1 | 6 | 7 |
| Refused | 2 | 0 | 0 | 1 | 0 | 1 | 0 |
| Female Total | 1,677 | 48 | 195 | 259 | 328 | 391 | 456 |
| Yes | 691 | 13 | 56 | 97 | 153 | 200 | 172 |
| No | 957 | 35 | 138 | 156 | 171 | 182 | 275 |
| Don't Know/Not Sure | 29 | 0 | 1 | 6 | 4 | 9 | 9 |

Denominator is:
All survey respondents who did NOT self report having been diagnosed with heart disease or stroke.

## Oregon 2007 BRFSS

Has a health care provider ever recommended changes in your eating habits or physical activity to reduce your chances of getting diseases like heart disease or stroke?
(Weighted Column Percents)

|  |  | Age Groups |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  |  | Total | $18-24$ | $25-34$ | $35-44$ | $45-54$ | $55-64$ | $65+$ |
| Yes |  | 38.9 | 21.6 | 22.3 | 34.8 | 50.3 | 56.2 | 44.1 |
| No | 61.1 | 78.4 | 77.7 | 65.2 | 49.7 | 43.8 | 55.9 |  |
| Male | Yes | 41.0 | 17.0 | 26.9 | 35.0 | 55.4 | 59.7 | 45.8 |
|  | No | 59.0 | 83.0 | 73.1 | 65.0 | 44.6 | 40.3 | 54.2 |
| Female | Yes | 37.0 | 27.6 | 18.2 | 34.7 | 45.4 | 52.8 | 42.7 |
|  | No | 63.0 | 72.4 | 81.8 | 65.3 | 54.6 | 47.2 | 57.3 |

Denominator is
All survey respondents.

Has a health care provider ever recommended changes in your eating habits or physical activity to reduce your chances of getting diseases like heart disease or stroke?
(Unweighted Frequencies)

|  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total | 2,911 | 83 | 297 | 435 | 562 | 662 | 872 |
| Yes | 1,258 | 17 | 64 | 154 | 281 | 361 | 381 |
| No | 1,629 | 66 | 231 | 277 | 278 | 294 | 483 |
| Don't Know/Not Sure | 21 | 0 | 2 | 3 | 3 | 5 | 8 |
| Refused | 3 | 0 | 0 | 1 | 0 | 2 | 0 |
| Male Total | 1,080 | 35 | 102 | 174 | 225 | 240 | 304 |
| Yes | 494 | 5 | 25 | 58 | 124 | 139 | 143 |
| No | 576 | 30 | 76 | 114 | 101 | 96 | 159 |
| Don't Know/Not Sure | 7 | 0 | 1 | 1 | 0 | 3 | 2 |
| Refused | 3 | 0 | 0 | 1 | 0 | 2 | 0 |
| Female Total | 1,831 | 48 | 195 | 261 | 337 | 422 | 568 |
| Yes | 764 | 12 | 39 | 96 | 157 | 222 | 238 |
| No | 1,053 | 36 | 155 | 163 | 177 | 198 | 324 |
| Don't Know/Not Sure | 14 | 0 | 1 | 2 | 3 | 2 | 6 |

Denominator is:
All survey respondents.

## Oregon 2007 BRFSS

Thinking of your close, blood relatives, do you have a parent, brother or sister, or child, who has been diagnosed with heart disease or stroke by a health care provider?
(Weighted Column Percents)

|  |  | Age Groups |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  |  | Total | $18-24$ | $25-34$ | $35-44$ | $45-54$ | $55-64$ | $65+$ |
| Yes |  | 40.1 | 13.6 | 22.1 | 32.2 | 51.6 | 57.9 | 54.3 |
| No |  | 59.9 | 86.4 | 77.9 | 67.8 | 48.4 | 42.1 | 45.7 |
| Male | Yes | 34.0 | 9.0 | 20.9 | 25.7 | 44.8 | 50.9 | 46.7 |
|  | No | 66.0 | 91.0 | 79.1 | 74.3 | 55.2 | 49.1 | 53.3 |
| Female | Yes | 45.8 | 19.6 | 23.1 | 38.9 | 58.1 | 64.5 | 60.2 |
|  | No | 54.2 | 80.4 | 76.9 | 61.1 | 41.9 | 35.5 | 39.8 |

Denominator is:
All survey respondents.

Thinking of your close, blood relatives, do you have a parent, brother or sister, or child, who has been diagnosed with heart disease or stroke by a health care provider?
(Unweighted Frequencies)

|  |  |  | Age Groups |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | :---: |
|  |  | Total | $18-24$ | $25-34$ | $35-44$ | $45-54$ | $55-64$ |  |

Denominator is:
All survey respondents.

## Oregon 2007 BRFSS

Have you made changes in your eating habits or physical activity to reduce your chance of getting diseases like heart disease or stroke?
(Weighted Column Percents)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Yes |  |  | 58.9 | 43.4 | 48.3 | 58.5 | 65.0 | 73.3 | 62.3 |
| No |  | 41.1 | 56.6 | 51.7 | 41.5 | 35.0 | 26.7 | 37.7 |
| Male | Yes | 57.6 | 43.9 | 50.9 | 55.3 | 64.3 | 70.8 | 58.3 |
|  | No | 42.4 | 56.1 | 49.1 | 44.7 | 35.7 | 29.2 | 41.7 |
| Female | Yes | 60.1 | 42.8 | 46.0 | 61.9 | 65.6 | 75.6 | 65.0 |
|  | No | 39.9 | 57.2 | 54.0 | 38.1 | 34.4 | 24.4 | 35.0 |

Denominator is.
All survey respondents who did NOT self report having heart disease or stroke.

Have you made changes in your eating habits or physical activity to reduce your chance of getting diseases like heart disease or stroke?
(Unweighted Frequencies)

|  |  | Age Groups |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | :---: |
|  |  | Total | $18-24$ | $25-34$ | $35-44$ | $45-54$ | $55-64$ |  |

Denominator is:
All survey respondents who did NOT self report having heart disease or stroke.

## Oregon 2007 BRFSS

Some companies are offering genetic tests of your DNA that are advertised to improve your health and prevent diseases. Have you heard about these tests?
(Weighted Column Percents)

|  |  |  | Age Groups |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  |  | Total | $18-24$ | $25-34$ | $35-44$ | $45-54$ | $55-64$ | $65+$ |
| Yes |  | 26.5 | 12.7 | 23.4 | 25.2 | 29.9 | 31.3 | 30.1 |
| No | 73.5 | 87.3 | 76.6 | 74.8 | 70.1 | 68.7 | 69.9 |  |
| Male | Yes | 22.7 | 3.8 | 20.7 | 20.8 | 24.4 | 29.1 | 30.7 |
|  | No | 77.3 | 96.2 | 79.3 | 79.2 | 75.6 | 70.9 | 69.3 |
| Female | Yes | 30.1 | 24.3 | 25.8 | 29.7 | 35.2 | 33.4 | 29.6 |
|  | No | 69.9 | 75.7 | 74.2 | 70.3 | 64.8 | 66.6 | 70.4 |

Denominator is:
All survey respondents.

Some companies are offering genetic tests of your DNA that are advertised to improve your health and prevent diseases. Have you heard about these tests?
(Unweighted Frequencies)

|  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total | 2,910 | 83 | 297 | 434 | 562 | 662 | 872 |
| Yes | 842 | 13 | 68 | 115 | 177 | 209 | 260 |
| No | 2,048 | 70 | 229 | 317 | 384 | 452 | 596 |
| Don't Know/Not Sure | 17 | 0 | 0 | 2 | 1 | 1 | 13 |
| Refused | 3 | 0 | 0 | 0 | 0 | 0 | 3 |
| Male Total | 1,079 | 35 | 102 | 173 | 225 | 240 | 304 |
| Yes | 282 | 1 | 22 | 38 | 54 | 70 | 97 |
| No | 790 | 34 | 80 | 134 | 171 | 169 | 202 |
| Don't Know/Not Sure | 7 | 0 | 0 | 1 | 0 | 1 | 5 |
| Female Total | 1,831 | 48 | 195 | 261 | 337 | 422 | 568 |
| Yes | 560 | 12 | 46 | 77 | 123 | 139 | 163 |
| No | 1,258 | 36 | 149 | 183 | 213 | 283 | 394 |
| Don't Know/Not Sure | 10 | 0 | 0 | 1 | 1 | 0 | 8 |
| Refused | 3 | 0 | 0 | 0 | 0 | 0 | 3 |

Denominator is:
All survey respondents.

## Oregon 2007 BRFSS

Have you ever used any of these tests?
(Weighted Column Percents)

|  |  | Total | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Yes |  |  | . 6 |  |  | . 2 | . 8 | 1.3 | 1.3 |
| No |  | 99.4 | 100.0 | 100.0 | 99.8 | 99.2 | 98.7 | 98.7 |
| Male | Yes | . 3 |  |  |  | . 2 | . 8 | . 8 |
|  | No | 99.7 | 100.0 | 100.0 | 100.0 | 99.8 | 99.2 | 99.2 |
| Female | Yes | . 9 |  |  | . 4 | 1.4 | 1.8 | 1.7 |
|  | No | 99.1 | 100.0 | 100.0 | 99.6 | 98.6 | 98.2 | 98.3 |

Denominator is:
All survey respondents.

Have you ever used any of these tests?
(Unweighted Frequencies)


Denominator is:
All survey respondents.

