Oregon 2012 BRFSS

Would you say that in general your health is...?

(Weighted Column Percents)

| | | | | | Age Groups | 3 | | |
|-----------|-----------|-------|-------|-------|------------|-------|-------|------|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Excellent | | 19.8 | 24.0 | 21.6 | 21.6 | 22.1 | 18.5 | 13.3 |
| Very Goo | d | 34.5 | 37.8 | 36.1 | 35.7 | 33.6 | 32.5 | 32.5 |
| Good | | 27.4 | 28.2 | 27.7 | 27.9 | 21.8 | 28.0 | 30.9 |
| Fair | | 13.0 | 9.1 | 10.9 | 11.4 | 13.9 | 14.3 | 16.7 |
| Poor | | 5.2 | .9 | 3.7 | 3.4 | 8.6 | 6.6 | 6.6 |
| Male | Excellent | 20.7 | 25.9 | 23.0 | 24.5 | 21.5 | 17.8 | 12.7 |
| | Very Good | 34.0 | 40.8 | 35.9 | 32.0 | 34.3 | 30.7 | 32.2 |
| | Good | 28.1 | 25.0 | 27.0 | 30.0 | 22.4 | 31.5 | 31.7 |
| | Fair | 12.0 | 7.4 | 11.4 | 9.4 | 12.1 | 13.2 | 17.2 |
| | Poor | 5.2 | .9 | 2.7 | 4.1 | 9.5 | 6.7 | 6.2 |
| Female | Excellent | 19.1 | 22.1 | 20.3 | 18.7 | 22.6 | 19.2 | 13.7 |
| | Very Good | 34.9 | 34.6 | 36.2 | 39.4 | 32.8 | 34.2 | 32.7 |
| | Good | 26.8 | 31.5 | 28.4 | 25.8 | 21.2 | 24.7 | 30.3 |
| | Fair | 14.0 | 10.8 | 10.5 | 13.5 | 15.7 | 15.3 | 16.4 |
| | Poor | 5.3 | .9 | 4.7 | 2.7 | 7.7 | 6.6 | 6.9 |

Denominator is:

Oregon 2012 BRFSS

Would you say that in general your health is...?

(Unweighted Frequencies)

| | | | | | Age Group | S | | |
|------------|-----------------------|--------|-------|-------|-----------|-------|-------|-------|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total | | 10,985 | 472 | 940 | 1,224 | 1,701 | 2,679 | 3,969 |
| Excellent | | 2,093 | 113 | 216 | 278 | 384 | 520 | 582 |
| Very Good | I | 3,812 | 175 | 359 | 464 | 587 | 912 | 1,315 |
| Good | | 3,011 | 141 | 248 | 319 | 384 | 710 | 1,209 |
| Fair | | 1,417 | 36 | 85 | 115 | 225 | 365 | 591 |
| Poor | | 627 | 5 | 31 | 46 | 119 | 167 | 259 |
| Don't knov | v / Not sure | 18 | 1 | 1 | 1 | 2 | 4 | 9 |
| Refused | | 7 | 1 | | 1 | | 1 | 4 |
| Male | Total | 4,400 | 234 | 420 | 525 | 656 | 1,120 | 1,445 |
| | Excellent | 849 | 58 | 101 | 129 | 142 | 206 | 213 |
| | Very Good | 1,519 | 95 | 162 | 177 | 242 | 374 | 469 |
| | Good | 1,258 | 61 | 104 | 151 | 147 | 329 | 466 |
| | Fair | 524 | 16 | 42 | 45 | 77 | 143 | 201 |
| | Poor | 241 | 2 | 11 | 22 | 47 | 67 | 92 |
| | Don't know / Not sure | 6 | 1 | | | 1 | 1 | 3 |
| | Refused | 3 | 1 | | 1 | | | 1 |
| Female | Total | 6,585 | 238 | 520 | 699 | 1,045 | 1,559 | 2,524 |
| | Excellent | 1,244 | 55 | 115 | 149 | 242 | 314 | 369 |
| | Very Good | 2,293 | 80 | 197 | 287 | 345 | 538 | 846 |
| | Good | 1,753 | 80 | 144 | 168 | 237 | 381 | 743 |
| | Fair | 893 | 20 | 43 | 70 | 148 | 222 | 390 |
| | Poor | 386 | 3 | 20 | 24 | 72 | 100 | 167 |
| | Don't know / Not sure | 12 | | 1 | 1 | 1 | 3 | 6 |
| | Refused | 4 | | | | | 1 | 3 |

Denominator is:

At risk for fair or poor health.

(Weighted Column Percents)

| | | Age Groups | | | | | | | | |
|------------|-------------|------------|-------|-------|-------|-------|-------|------|--|--|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | | |
| Not At Ris | sk | 81.7 | 90.0 | 85.4 | 85.2 | 77.5 | 79.0 | 76.7 | | |
| At Risk | At Risk | | 10.0 | 14.6 | 14.8 | 22.5 | 21.0 | 23.3 | | |
| Male | Not At Risk | 82.8 | 91.7 | 85.9 | 86.6 | 78.3 | 80.1 | 76.6 | | |
| | At Risk | 17.2 | 8.3 | 14.1 | 13.4 | 21.7 | 19.9 | 23.4 | | |
| Female | Not At Risk | 80.8 | 88.2 | 84.9 | 83.9 | 76.6 | 78.1 | 76.7 | | |
| | At Risk | 19.2 | 11.8 | 15.1 | 16.1 | 23.4 | 21.9 | 23.3 | | |

Denominator is:

All survey respondents.

At risk for fair or poor health.

(Unweighted Frequencies)

| | | | | | Age Group | S | | |
|---------------|-------------------------------------|--------|-------|-------|----------------------------|-------|-------|-------|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total | | 10,985 | 472 | 940 | 1,224 | 1,701 | 2,679 | 3,969 |
| Not At Risk | | 8,916 | 429 | 823 | 23 1,061 1,355 2,142 3,106 | | | 3,106 |
| At Risk | | 2,044 | 41 | 116 | 161 | 344 | 532 | 850 |
| Don't Know/No | t Sure/Refused/Missing | 25 | 2 | 1 | 1 2 2 5 13 | | | |
| Male | Total | 4,400 | 234 | 420 | 525 | 656 | 1,120 | 1,445 |
| | Not At Risk | 3,626 | 214 | 367 | 457 | 531 | 909 | 1,148 |
| | At Risk | 765 | 18 | 53 | 67 | 124 | 210 | 293 |
| | Don't Know/Not Sure/Refused/Missing | 9 | 2 | | 1 | 1 | 1 | 4 |
| Female | Total | 6,585 | 238 | 520 | 699 | 1,045 | 1,559 | 2,524 |
| | Not At Risk | 5,290 | 215 | 456 | 604 | 824 | 1,233 | 1,958 |
| | At Risk | 1,279 | 23 | 63 | 94 | 220 | 322 | 557 |
| | Don't Know/Not Sure/Refused/Missing | 16 | | 1 | 1 | 1 | 4 | 9 |

Denominator is:

For how many days during the past 30 days was your physical health not good?

(Weighted Column Percents)

| | | | | | Age Group | s | | |
|-----------|------------|-------|-------|-------|-----------|-------|-------|------|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| No days | | 61.8 | 61.7 | 62.3 | 63.6 | 60.3 | 60.8 | 62.1 |
| 1-14 days | 3 | 25.9 | 33.6 | 27.8 | 27.0 | 24.4 | 23.3 | 22.3 |
| 15-29 day | ys | 4.0 | 1.7 | 3.3 | 4.2 | 4.2 | 5.0 | 4.8 |
| 30 days | 30 days | | 3.0 | 6.6 | 5.2 | 11.1 | 10.9 | 10.8 |
| Male | No days | 65.2 | 61.0 | 66.4 | 67.0 | 66.1 | 64.4 | 65.0 |
| | 1-14 days | 23.3 | 35.7 | 25.0 | 23.8 | 20.0 | 19.6 | 19.6 |
| | 15-29 days | 3.5 | .3 | 2.8 | 4.5 | 3.0 | 4.8 | 4.9 |
| | 30 days | 7.9 | 3.0 | 5.8 | 4.7 | 10.9 | 11.2 | 10.5 |
| Female | No days | 58.5 | 62.4 | 57.9 | 60.1 | 54.6 | 57.4 | 59.8 |
| | 1-14 days | 28.4 | 31.4 | 30.8 | 30.4 | 28.7 | 26.7 | 24.5 |
| | 15-29 days | 4.4 | 3.1 | 3.7 | 3.9 | 5.3 | 5.2 | 4.7 |
| | 30 days | 8.6 | 3.0 | 7.5 | 5.7 | 11.3 | 10.6 | 11.0 |

Denominator is:

All survey respondents.

For how many days during the past 30 days was your physical health not good?

(Unweighted Frequencies)

| | | | | | Age Group | s | | |
|--------------|-----------------------------|--------|-------|-------|-----------|-------|-------|-------|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total | | 10,985 | 472 | 940 | 1,224 | 1,701 | 2,679 | 3,969 |
| No days | | 6,533 | 284 | 573 | 753 | 1,002 | 1,570 | 2,351 |
| 1-14 days | | 2,755 | 151 | 276 | 351 | 443 | 650 | 884 |
| 15-29 days | | 491 | 9 | 33 | 44 | 77 | 136 | 192 |
| 30 days | | 964 | 17 | 47 | 69 | 161 | 270 | 400 |
| Dont' know/l | Not sure/Refused | 242 | 11 | 11 | 7 | 18 | 53 | 142 |
| Male | Total | 4,400 | 234 | 420 | 525 | 656 | 1,120 | 1,445 |
| | No days | 2,818 | 145 | 286 | 346 | 439 | 697 | 905 |
| | 1-14 days | 973 | 71 | 106 | 131 | 131 | 241 | 293 |
| | 15-29 days | 173 | 3 | 11 | 19 | 22 | 48 | 70 |
| | 30 days | 357 | 8 | 16 | 27 | 57 | 115 | 134 |
| | Dont' know/Not sure/Refused | 79 | 7 | 1 | 2 | 7 | 19 | 43 |
| Female | Total | 6,585 | 238 | 520 | 699 | 1,045 | 1,559 | 2,524 |
| | No days | 3,715 | 139 | 287 | 407 | 563 | 873 | 1,446 |
| | 1-14 days | 1,782 | 80 | 170 | 220 | 312 | 409 | 591 |
| | 15-29 days | 318 | 6 | 22 | 25 | 55 | 88 | 122 |
| | 30 days | 607 | 9 | 31 | 42 | 104 | 155 | 266 |
| | Dont' know/Not sure/Refused | 163 | 4 | 10 | 5 | 11 | 34 | 99 |

Denominator is:

For how many days during the past 30 days was your mental health not good?

(Weighted Column Percents)

| | | | | | Age Group | S | | |
|-----------|------------|-------|-------|-------|-----------|-------|-------|------|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| No days | | 60.1 | 43.5 | 51.5 | 58.8 | 59.8 | 63.0 | 76.8 |
| 1-14 days | 3 | 27.5 | 40.9 | 35.7 | 31.3 | 22.8 | 23.7 | 16.1 |
| 15-29 day | /S | 6.5 | 10.2 | 6.9 | 6.0 | 8.1 | 5.9 | 3.3 |
| 30 days | | 6.0 | 5.5 | 6.0 | 3.9 | 9.3 | 7.5 | 3.9 |
| Male | No days | 64.5 | 43.4 | 55.3 | 63.7 | 67.1 | 71.2 | 80.5 |
| | 1-14 days | 24.4 | 44.6 | 34.3 | 26.7 | 15.9 | 17.5 | 12.8 |
| | 15-29 days | 5.7 | 8.5 | 5.1 | 6.1 | 7.5 | 4.7 | 3.0 |
| | 30 days | 5.4 | 3.6 | 5.4 | 3.5 | 9.5 | 6.6 | 3.6 |
| Female | No days | 55.8 | 43.6 | 47.5 | 53.8 | 52.8 | 55.3 | 73.8 |
| | 1-14 days | 30.5 | 37.0 | 37.1 | 36.0 | 29.5 | 29.5 | 18.8 |
| | 15-29 days | 7.2 | 11.9 | 8.8 | 5.8 | 8.7 | 7.0 | 3.4 |
| | 30 days | 6.5 | 7.5 | 6.6 | 4.4 | 9.0 | 8.2 | 4.0 |

Denominator is:

All survey respondents.

For how many days during the past 30 days was your mental health not good?

(Unweighted Frequencies)

| | | | | | Age Group | s | | | |
|--------------|-----------------------------|--------|-------|-------|-----------|-------|--------|-------|--|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | |
| Total | | 10,985 | 472 | 940 | 1,224 | 1,701 | 2,679 | 3,969 | |
| No days | | 6,931 | 201 | 476 | 689 | 946 | 1,652 | 2,967 | |
| 1-14 days | | 2,683 | 184 | 331 | 390 | 481 | 643 65 | | |
| 15-29 days | | 590 | 50 | 65 | 76 | 115 | 164 | 120 | |
| 30 days | | 605 | 30 | 54 | 58 | 138 | 182 | 143 | |
| Don't know/N | Not sure/Refused | 176 | 7 | 14 | 11 | 21 | 38 | 85 | |
| Male | Total | 4,400 | 234 | 420 | 525 | 656 | 1,120 | 1,445 | |
| | No days | 3,023 | 107 | 242 | 332 | 411 | 776 | 1,155 | |
| | 1-14 days | 874 | 90 | 130 | 136 | 137 | 200 | 181 | |
| | 15-29 days | 212 | 22 | 22 | 32 | 45 | 57 | 34 | |
| | 30 days | 224 | 12 | 21 | 20 | 53 | 66 | 52 | |
| | Don't know/Not sure/Refused | 67 | 3 | 5 | 5 | 10 | 21 | 23 | |
| Female | Total | 6,585 | 238 | 520 | 699 | 1,045 | 1,559 | 2,524 | |
| | No days | 3,908 | 94 | 234 | 357 | 535 | 876 | 1,812 | |
| | 1-14 days | 1,809 | 94 | 201 | 254 | 344 | 443 | 473 | |
| | 15-29 days | 378 | 28 | 43 | 44 | 70 | 107 | 86 | |
| | 30 days | 381 | 18 | 33 | 38 | 85 | 116 | 91 | |
| | Don't know/Not sure/Refused | 109 | 4 | 9 | 6 | 11 | 17 | 62 | |

Denominator is:

During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(Weighted Column Percents)

| | | | Age Groups | | | | | | | |
|-----------|------------|-------|------------|-------|-------|-------|-------|------|--|--|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | | |
| No days | | 54.4 | 60.9 | 56.8 | 53.8 | 49.1 | 50.7 | 55.7 | | |
| 1-14 days | 3 | 30.0 | 32.4 | 32.3 | 33.3 | 30.6 | 27.9 | 23.5 | | |
| 15-29 day | ys | 7.6 | 4.2 | 6.2 | 8.2 | 8.9 | 8.8 | 8.8 | | |
| 30 days | | 8.0 | 2.6 | 4.7 | 4.7 | 11.3 | 12.6 | 12.0 | | |
| Male | No days | 56.0 | 69.8 | 58.4 | 52.3 | 51.4 | 48.7 | 54.2 | | |
| | 1-14 days | 28.2 | 24.5 | 33.2 | 32.8 | 26.7 | 27.9 | 22.1 | | |
| | 15-29 days | 6.6 | 2.2 | 4.4 | 9.6 | 7.3 | 8.1 | 8.5 | | |
| | 30 days | 9.2 | 3.5 | 3.9 | 5.3 | 14.6 | 15.3 | 15.1 | | |
| Female | No days | 53.0 | 51.4 | 55.2 | 55.1 | 47.4 | 52.1 | 56.7 | | |
| | 1-14 days | 31.5 | 40.8 | 31.5 | 33.7 | 33.5 | 27.8 | 24.4 | | |
| | 15-29 days | 8.4 | 6.3 | 7.8 | 7.0 | 10.2 | 9.3 | 8.9 | | |
| | 30 days | 7.1 | 1.6 | 5.5 | 4.2 | 8.9 | 10.7 | 10.0 | | |

Denominator is:

All survey respondents who reported days when their physical or mental health was not good.

During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(Unweighted Frequencies)

| | | | | | Age Group | S | | | |
|-------------|-----------------------------|-------|-------|-------|-----------|-------|---------|-------|--|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | |
| Total | | 6,184 | 329 | 589 | 740 | 1,012 | 1,507 | 2,007 | |
| No days | | 3,239 | 199 | 328 | 399 | 498 | 737 | 1,078 | |
| 1-14 days | | 1,814 | 106 | 193 | 251 | 323 | 450 49° | | |
| 15-29 days | | 488 | 11 | 38 | 42 | 91 | 135 | 171 | |
| 30 days | | 535 | 12 | 26 | 43 | 88 | 160 | 206 | |
| Don't know/ | Not sure/Refused | 108 | 1 | 4 | 5 | 12 | 25 | 61 | |
| Male | Total | 2,210 | 158 | 233 | 283 | 333 | 556 | 647 | |
| | No days | 1,179 | 106 | 134 | 154 | 172 | 267 | 346 | |
| | 1-14 days | 613 | 41 | 77 | 89 | 90 | 161 | 155 | |
| | 15-29 days | 167 | 4 | 14 | 18 | 31 | 48 | 52 | |
| | 30 days | 213 | 7 | 8 | 21 | 32 | 69 | 76 | |
| | Don't know/Not sure/Refused | 38 | | | 1 | 8 | 11 | 18 | |
| Female | Total | 3,974 | 171 | 356 | 457 | 679 | 951 | 1,360 | |
| | No days | 2,060 | 93 | 194 | 245 | 326 | 470 | 732 | |
| | 1-14 days | 1,201 | 65 | 116 | 162 | 233 | 289 | 336 | |
| | 15-29 days | 321 | 7 | 24 | 24 | 60 | 87 | 119 | |
| | 30 days | 322 | 5 | 18 | 22 | 56 | 91 | 130 | |
| | Don't know/Not sure/Refused | 70 | 1 | 4 | 4 | 4 | 14 | 43 | |

Denominator is:

All survey respondents who reported days when their physical or mental health was not good.