

Oregon Healthy Teens 2003

Oregon Healthy Teens 2003, Data Summary, 11th Grade
B16. On how many of the past 7 days did you exercise/participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, or fast dancing?

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	15.0	17.7	12.2	11.3
1 day	10.3	12.3	8.2	7.3
2 days	10.3	11.9	8.4	17.9
3 days	12.9	13.7	12.0	10.9
4 days	11.0	11.0	10.8	17.1
5 days	15.0	14.8	15.3	2.4
6 days	9.2	8.1	10.3	11.5
7 days	16.4	10.5	22.7	21.6

Weighted percentages exclude missing and/or refused answers.

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	Total	Female	Male	Gender Unknown
Total	4,266	2,140	2,086	40
Missing: skipped Q	179	56	112	11
0 days	632	402	224	6
1 day	405	252	151	2
2 days	419	258	155	6
3 days	515	274	239	2
4 days	429	212	213	4
5 days	604	288	314	2
6 days	389	175	211	3
7 days	694	223	467	4

Unweighted counts.

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B17. On how many of the past 7 days did you exercise/participate in physical activity for at least 30 minutes that did not make you sweat and breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mop?

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	19.6	18.4	20.9	14.9
1 day	12.5	13.3	11.5	22.7
2 days	15.3	16.4	13.8	27.0
3 days	13.8	15.1	12.5	14.0
4 days	9.6	9.5	9.7	9.5
5 days	9.5	10.5	8.6	1.2
6 days	4.6	4.8	4.5	1.7
7 days	15.1	12.0	18.4	9.0

Weighted percentages exclude missing and/or refused answers.

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B17. On how many of the past 7 days did you exercise/participate in physical activity for at least 30 minutes that did not make you sweat and breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mop?

	Total	Female	Male	Gender Unknown
Total	4,172	2,102	2,034	36
Missing: skipped Q	174	58	108	8
0 days	764	394	365	5
1 day	497	253	239	5
2 days	588	326	258	4
3 days	569	317	248	4
4 days	393	197	192	4
5 days	370	195	174	1
6 days	197	108	88	1
7 days	620	254	362	4

Unweighted counts.

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B18. In an average week, when you are in school, on how many days do you go to physical education (PE) classes?

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	59.9	68.8	50.2	63.8
1 day	.6	.5	.8	
2 days	5.2	4.8	5.7	
3 days	15.0	12.3	17.9	13.0
4 days	4.2	3.2	5.3	10.7
5 days	15.0	10.4	20.1	12.6

Weighted percentages exclude missing and/or refused answers.

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B18. In an average week, when you are in school, on how many days do you go to physical education (PE) classes?

	Total	Female	Male	Gender Unknown
Total	4,172	2,102	2,034	36
Missing: skipped Q	177	59	109	9
0 days	2,442	1,439	985	18
1 day	33	12	21	
2 days	192	82	110	
3 days	560	233	323	4
4 days	185	71	111	3
5 days	583	206	375	2

Unweighted counts.