11th Grade - Percentage of Students Maintaining Positive Health Decisions - OHT 2003

Eats recommended five-a-day amounts of fruits and vegetables
- Umatilla: 27
- State: 23

Meets recommendations for moderate exercise 5+ days per week
- Umatilla: 24
- State: 29

Never used alcohol
- Umatilla: 37
- State: 26

Never used tobacco (includes cigarettes and smokeless tobacco)
- Umatilla: 66
- State: 61

Definitely not trying a cigarette soon
- Umatilla: 72
- State: 64

Never tried marijuana
- Umatilla: 62
- State: 55

Never had sexual intercourse
- Umatilla: 54
- State: 59

Have ever had sex but now is abstinent
- Umatilla: 39
- State: 26

Percent

Legend: Umatilla, State

* Among those who have ever had sex.
  Weighted percents.

11th Grade - Community Factors and Student Involvement in Pro-social Activities - OHT 2003

Help family with
chores or projects
3+ hours per week
62
59

Extracurricular
or volunteer activities
(youth group, music,
drama, yearbook, etc.);
excluding sports*
43
39

Parent(s) usually know
or always know
where student
is after school
84
82

Feel safe in
school hallways
72
73

Feel safe
outside school
on school ground
68
68

☐ Umatilla
■ State

Percent

0   20   40   60   80   100
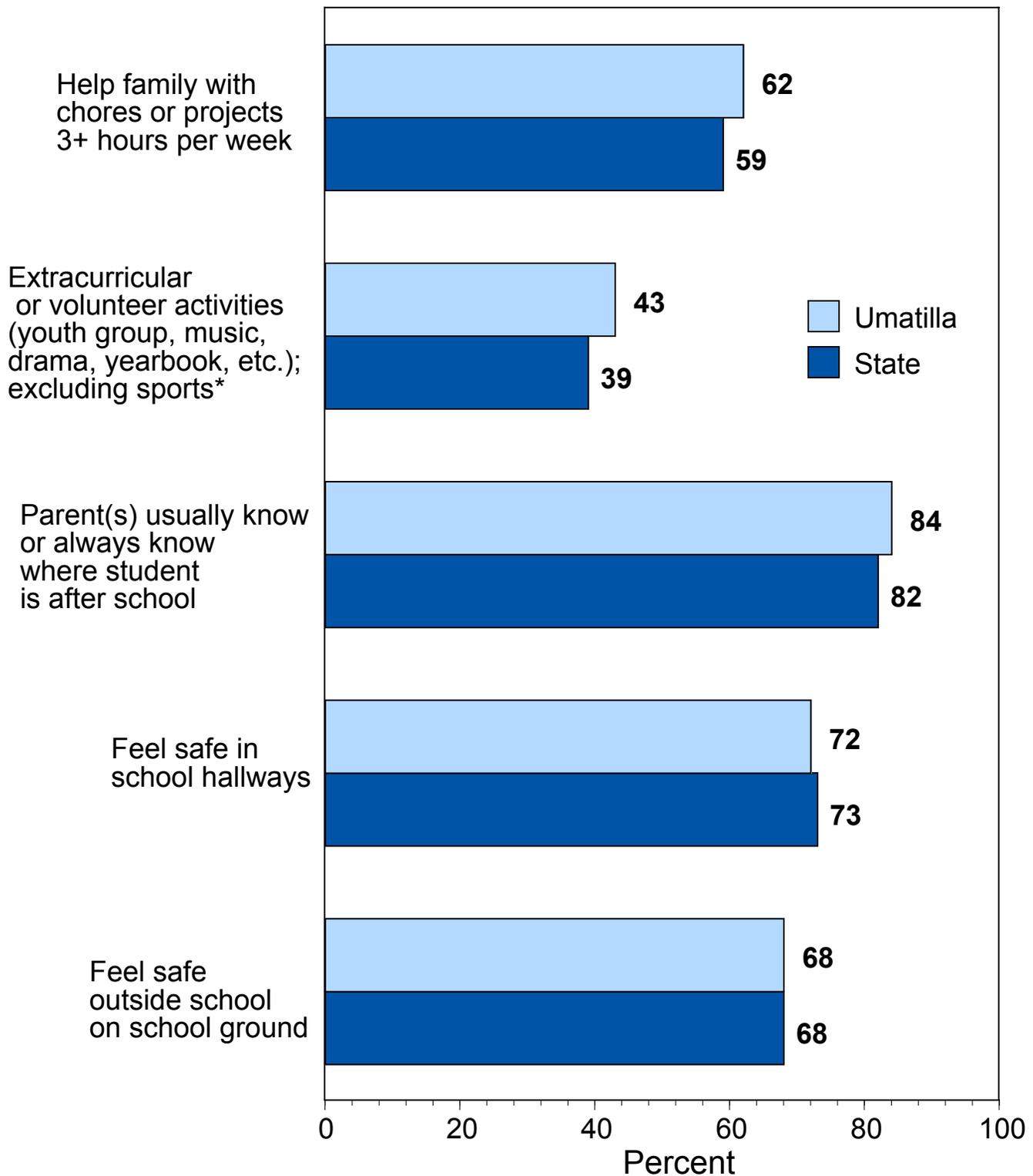
*Three or more hours per week.
**Includes "quite safe" and "very safe" in response.
Weighted percents.

11th Grade - Health Care Issues - OHT 2003

Umatilla
State

Diagnosed with asthma
16
19

Had recommended annual physical exam or check up in past year
47
53

Had recommended annual dental visit in past year
57
73

Needed care but did not see a doctor or other health professional
3
2

Percent

0   20   40   60   80   100
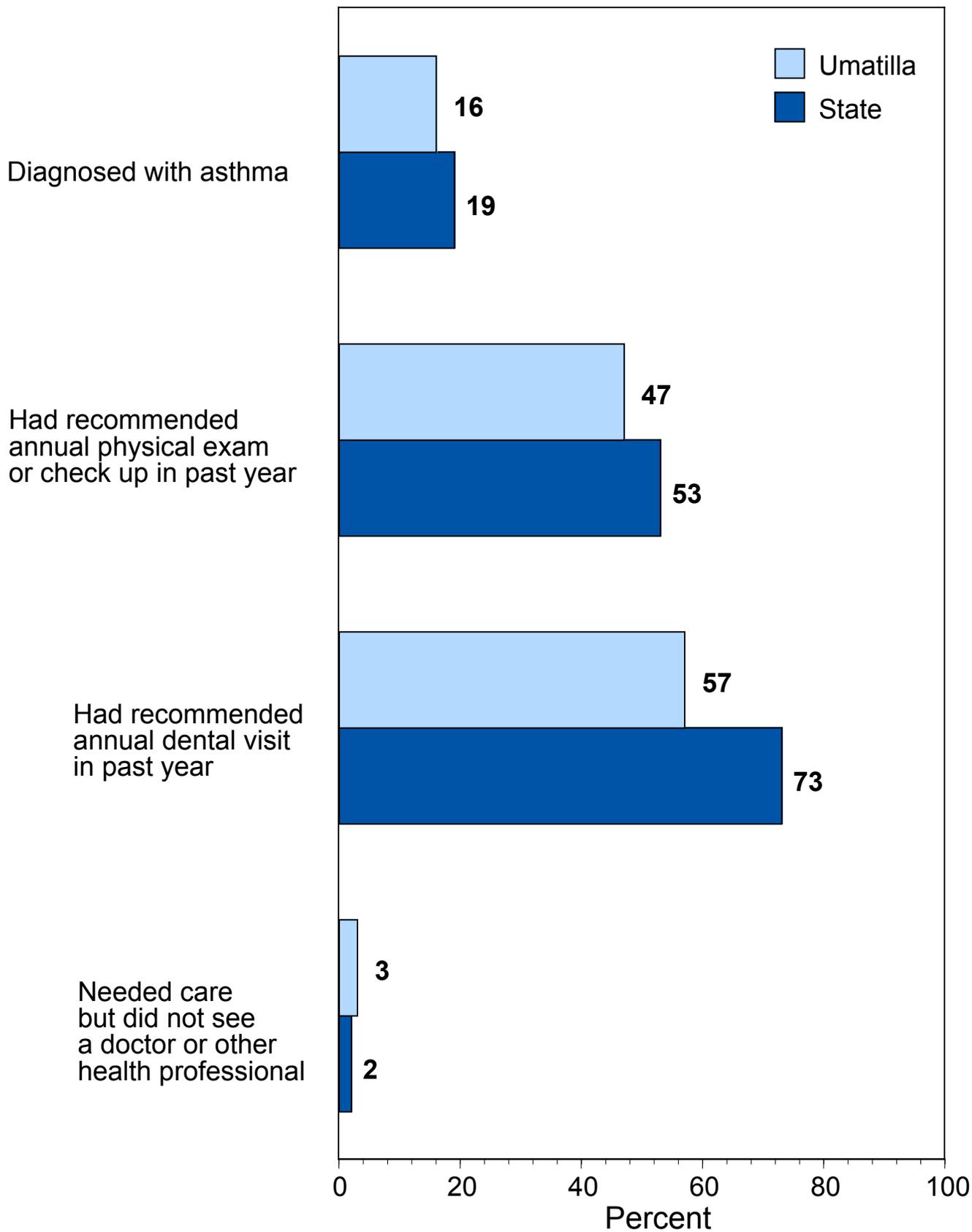
Weighted percents.

11th Grade - Tobacco Use - OHT 2003

Umatilla
State

Frequent cigarette use: Smoked on 20+ days past 30 days
3
7

Current cigarette use: Smoked on 1+ days past 30 days
16
19

Smoked before age 13
17
18

Current smokeless tobacco use: Used on 1+ days past 30 days
4
6

Used smokeless tobacco before age 13
6
6

0   20   40   60   80   100
Percent
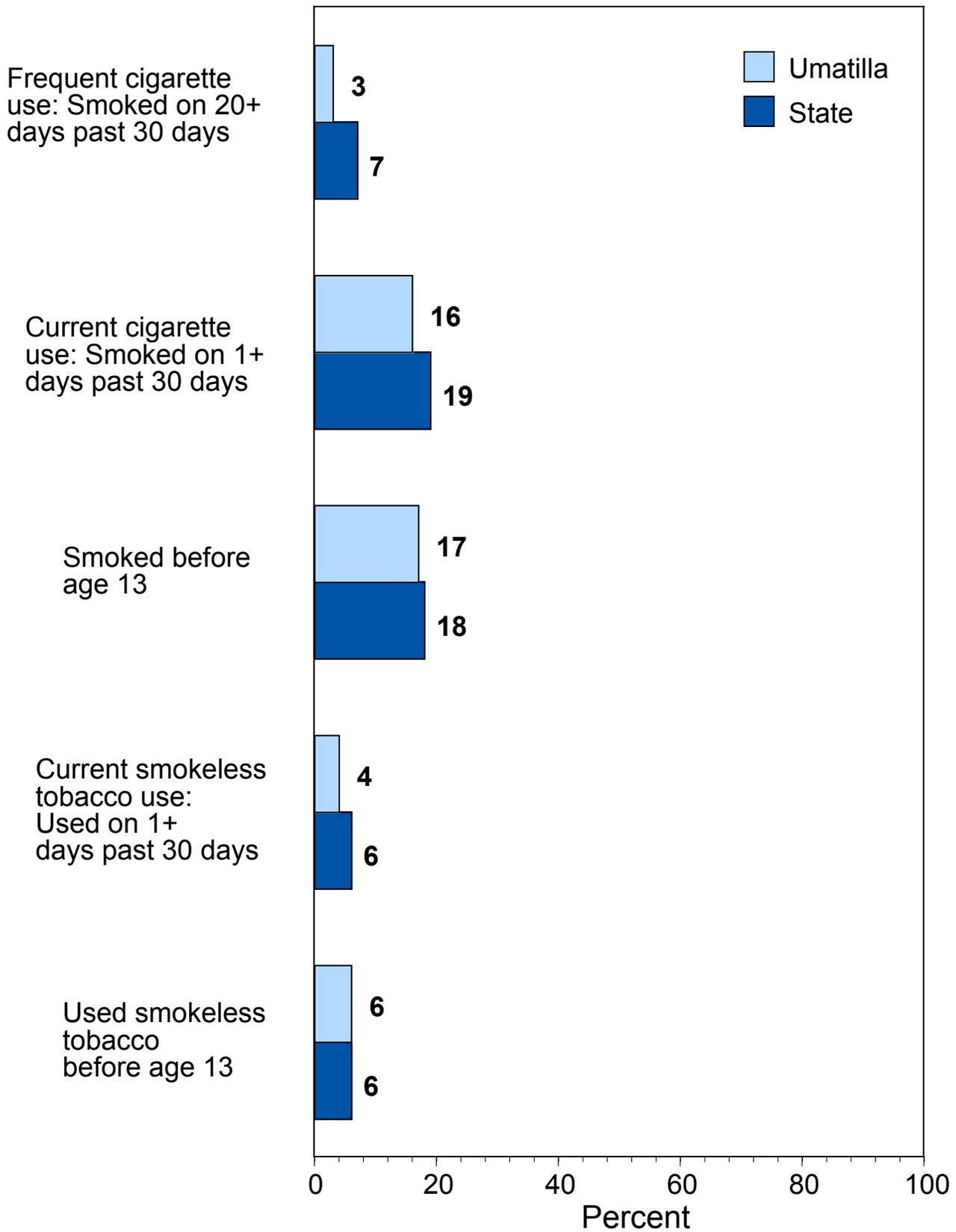
Weighted percents.

11th Grade - Alcohol, Marijuana, and Other Drug Use - OHT 2003

Category	Umatilla	State
Current alcohol use: past 30 days	41	43
Drank alcohol before age 13	32	28
Binge drinking in past 30 days	30	26
Marijuana use past 30 days	21	23
Used marijuana before age 13	10	8
Inhalants use past 30 days	7	4
Ecstasy use past 30 days	6	2
Selected illegal drug use past 30 days*	13	5
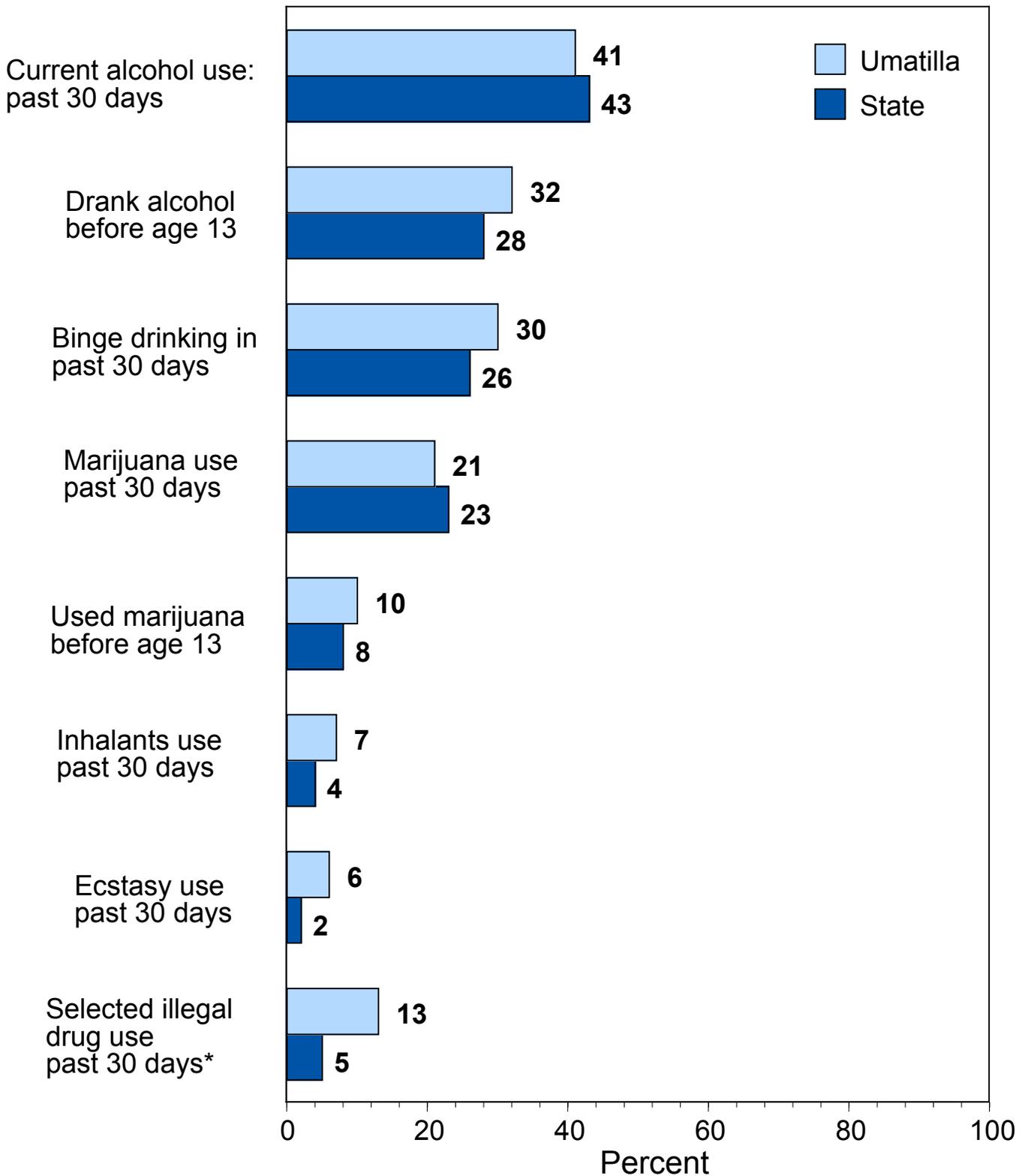
Percent

*Does not include inhalants, marijuana, tobacco, or alcohol.
 Weighted percents.

11th Grade - Tobacco, Alcohol, and Other Drug Use on School Property - OHT 2003

Used tobacco on school property in past 30 days (includes cigarettes and smokeless tobacco)
- 0
- 0

Used alcohol while on school property in past 30 days
- 0
- 4

Used marijuana while on school property in past 30 days
- 8
- 5

Was offered illegal drugs on school property in past year
- 24
- 25

Legend: Umatilla, State

Percent (0, 20, 40, 60, 80, 100)
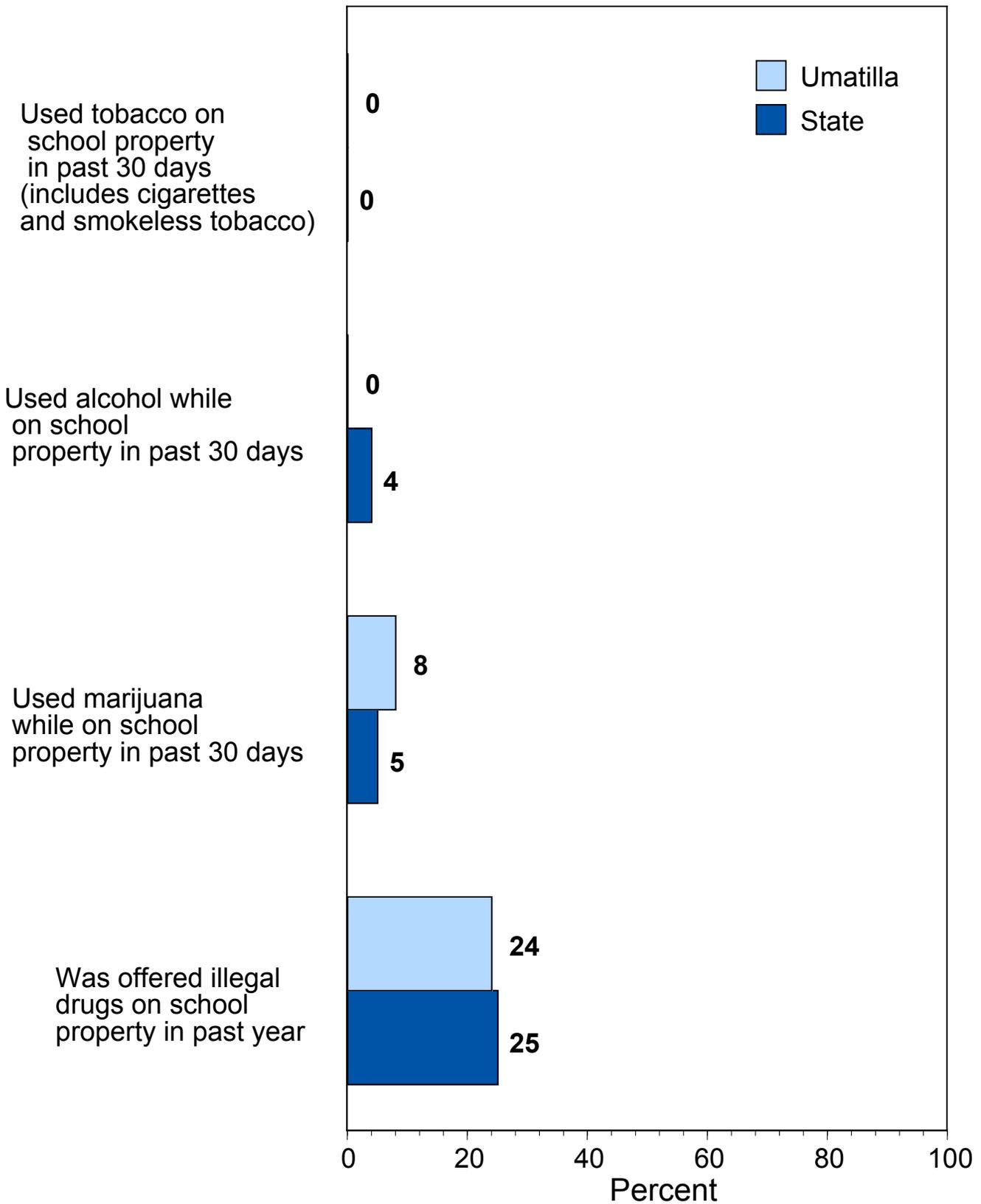
Weighted percents.

11th Grade - Risk Behavior Related to Obesity, Nutrition, and Physical Activity - OHT 2003

Legend:
- ☐ Umatilla
- ■ State

Category	Umatilla	State
Overweight or at risk for overweight	22	22
At risk for disordered eating	15	15
Ate less than the five fruits/veggie servings per day	73	77
Drank less than 3 glasses of milk per day	78	82
Not enough money for food in past year	16	11
Ate meals with family less than 7 times per week	75	73
Moderate exercise less than 5 days per week	76	71
Spent 2+ hours on TV Internet or video games average school day	66	58

Percent

*Marker for calcium intake.
 Weighted percents.

11th Grade - Sexual Behaviors That Contributed to Unintended Pregnancy and STDs, Including HIV Infection - OHT 2003

Legend: Umatilla / State

Ever had sex
- Umatilla: 46
- State: 41

Had sex before age 13
- Umatilla: 8
- State: 3

Had 4+ partners in lifetime
- Umatilla: 12
- State: 9

Did not receive instruction about HIV/AIDS in the past year
- Umatilla: 33
- State: 30
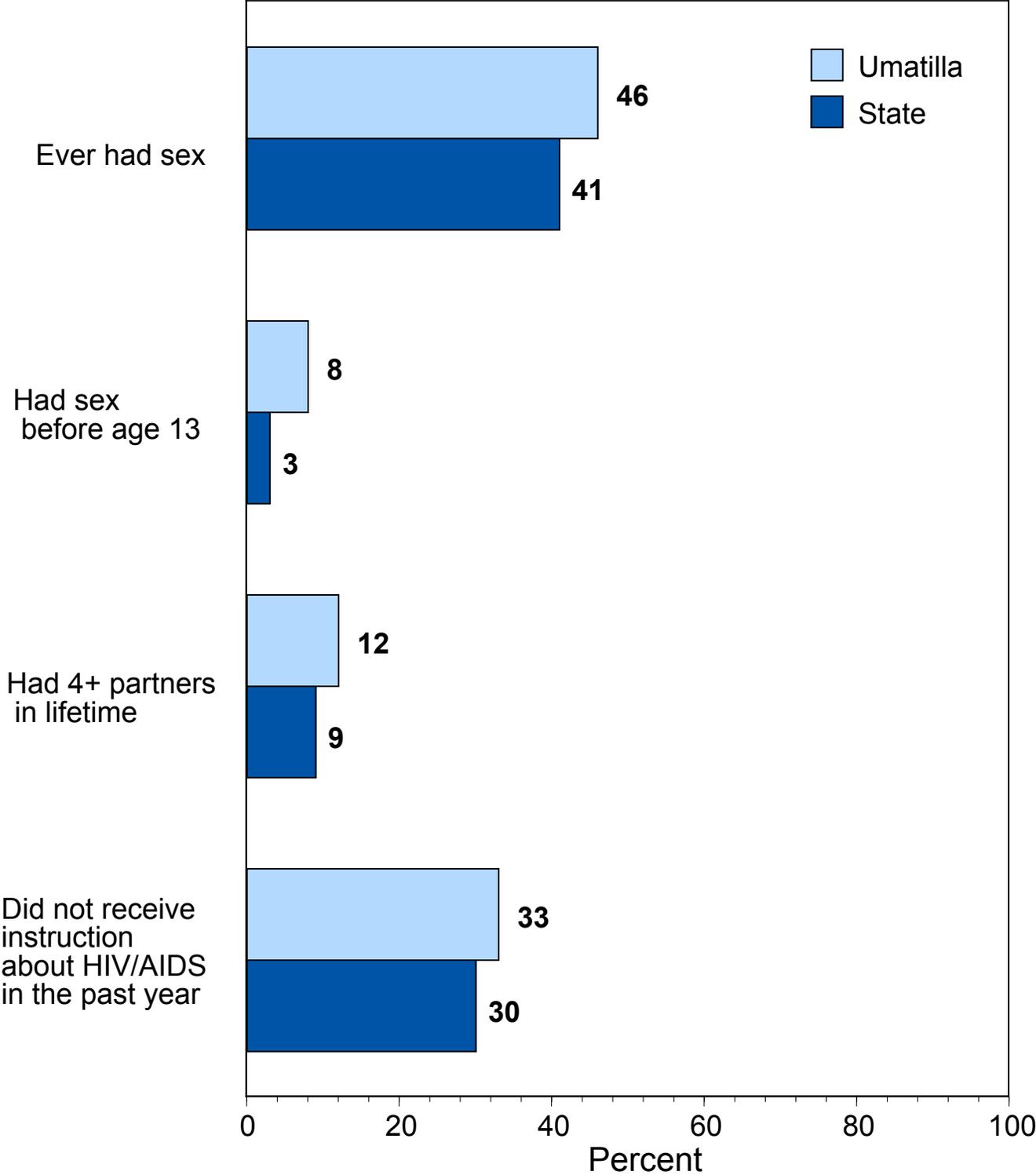
Percent

Weighted percents.

11th Grade - Sexual Risk Behavior Among Students Who Have Ever Had Sex - OHT 2003

Currently sexually active*
- Umatilla: 61
- State: 74

Used alcohol or drugs at last sexual intercourse*
- Umatilla: 17
- State: 23

Did not use a condom at last sexual intercourse*
- Umatilla: 48
- State: 33

Did not use birth control at last sexual intercourse*
- Umatilla: 11
- State: 3

Legend:
- Umatilla
- State

X-axis: Percent (0, 20, 40, 60, 80, 100)
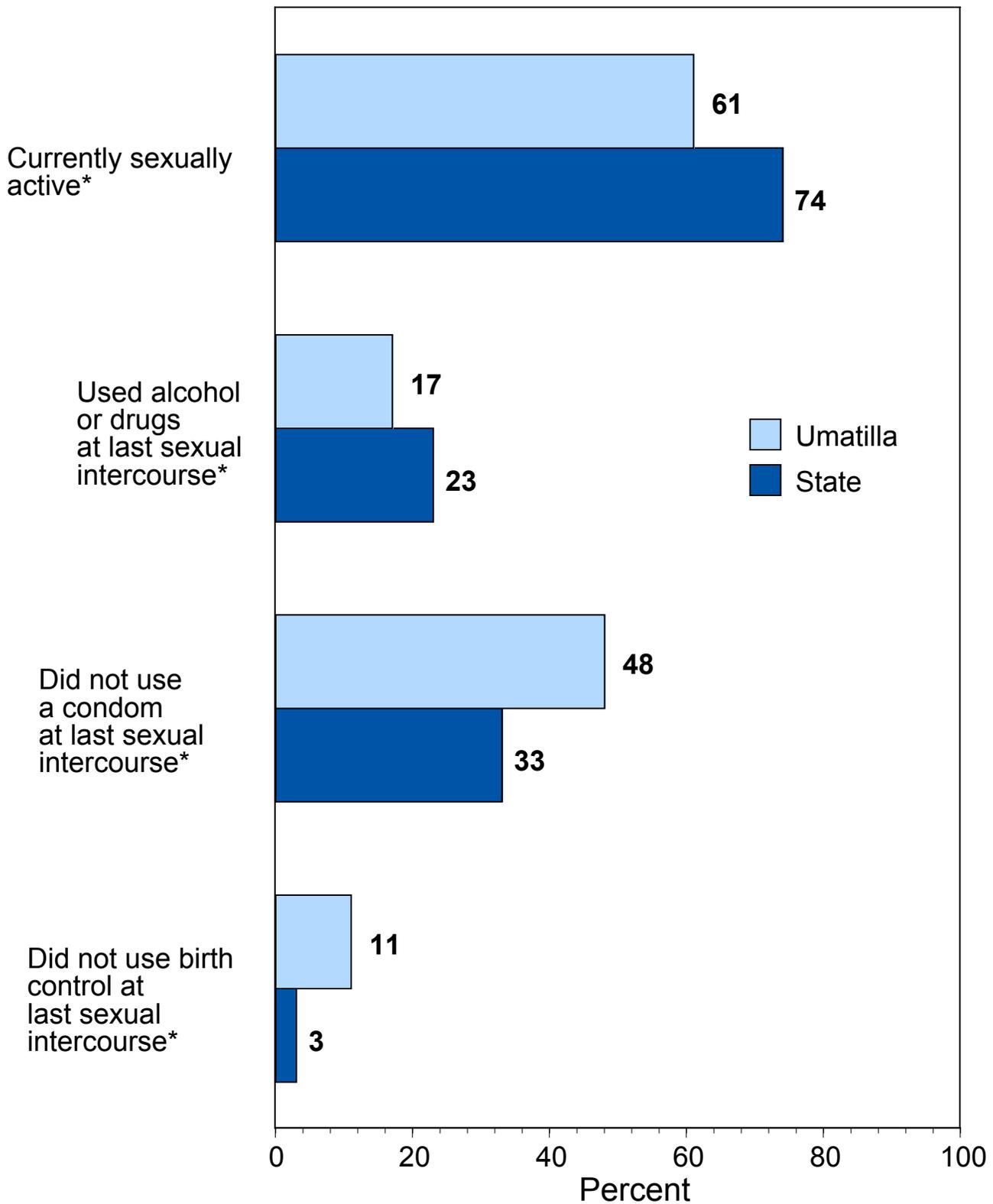
* Among those who have ever had sex
  Weighted percents.

11th Grade - Injury Related Issues - OHT 2003

Felt depressed
in the past week
- Umatilla: **60**
- State: **49**

Considered suicide
in past year
- Umatilla: **13**
- State: **14**

Attempted suicide
in past year
- Umatilla: **2**
- State: **6**

Was in a physical fight
in past year
- Umatilla: **17**
- State: **20**

Witnessed violence
in past year
- Umatilla: **27**
- State: **36**

Carried a gun
in past 30 days
- Umatilla: **7**
- State: **6**

Carried other weapon(s)
in past 30 days
- Umatilla: **13**
- State: **16**
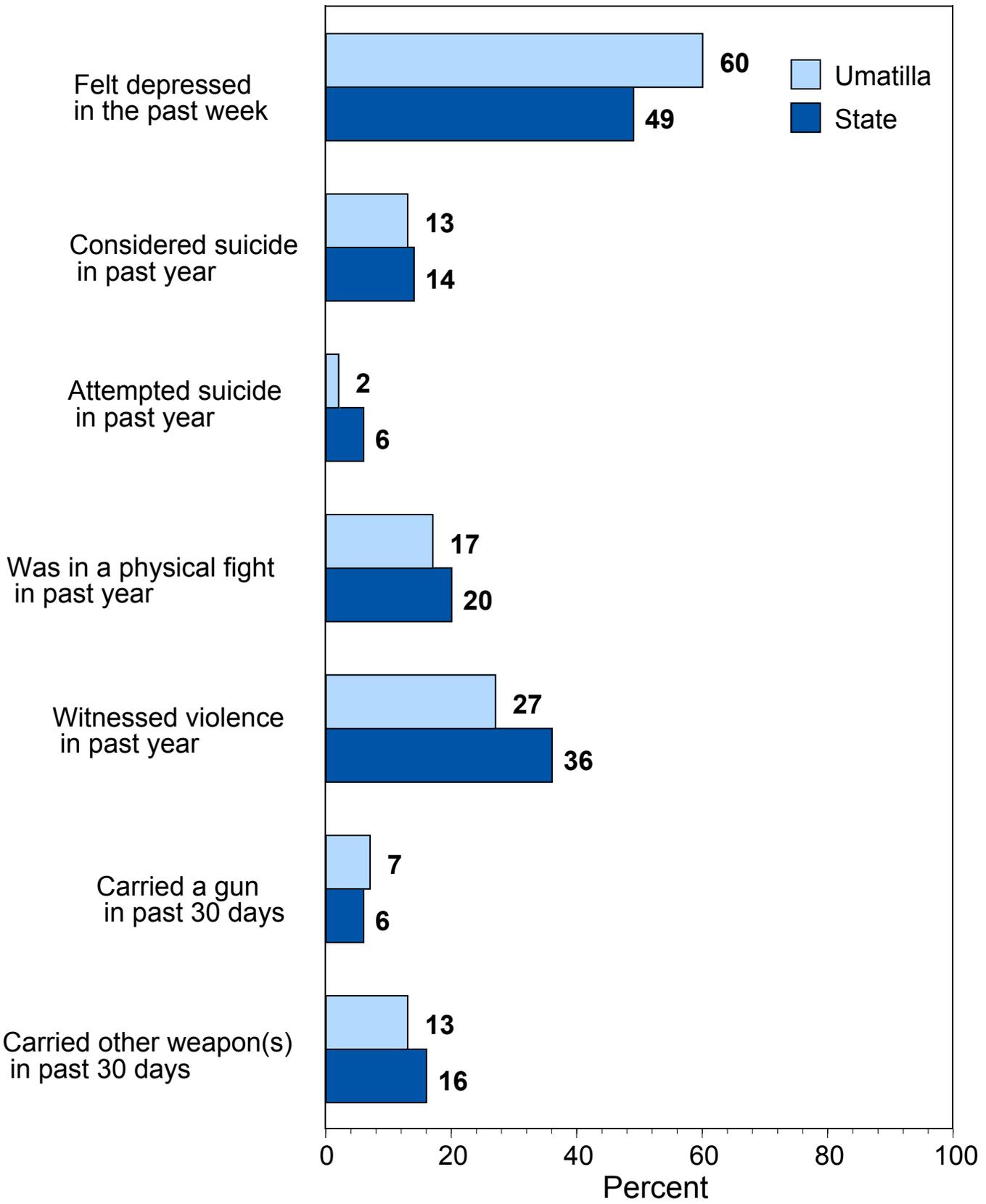
Percent

Weighted percents.

11th Grade - Safety Issues on School Property - OHT 2003

Umatilla
State

Harassed at school or on the way to school
38
41

Don't feel safe outside on school grounds
21
32

Don't feel safe in school hallways
11
27

Had property deliberately damaged by someone in past year
2
11

Had something taken by force in past year
0
2

0   20   40   60   80   100
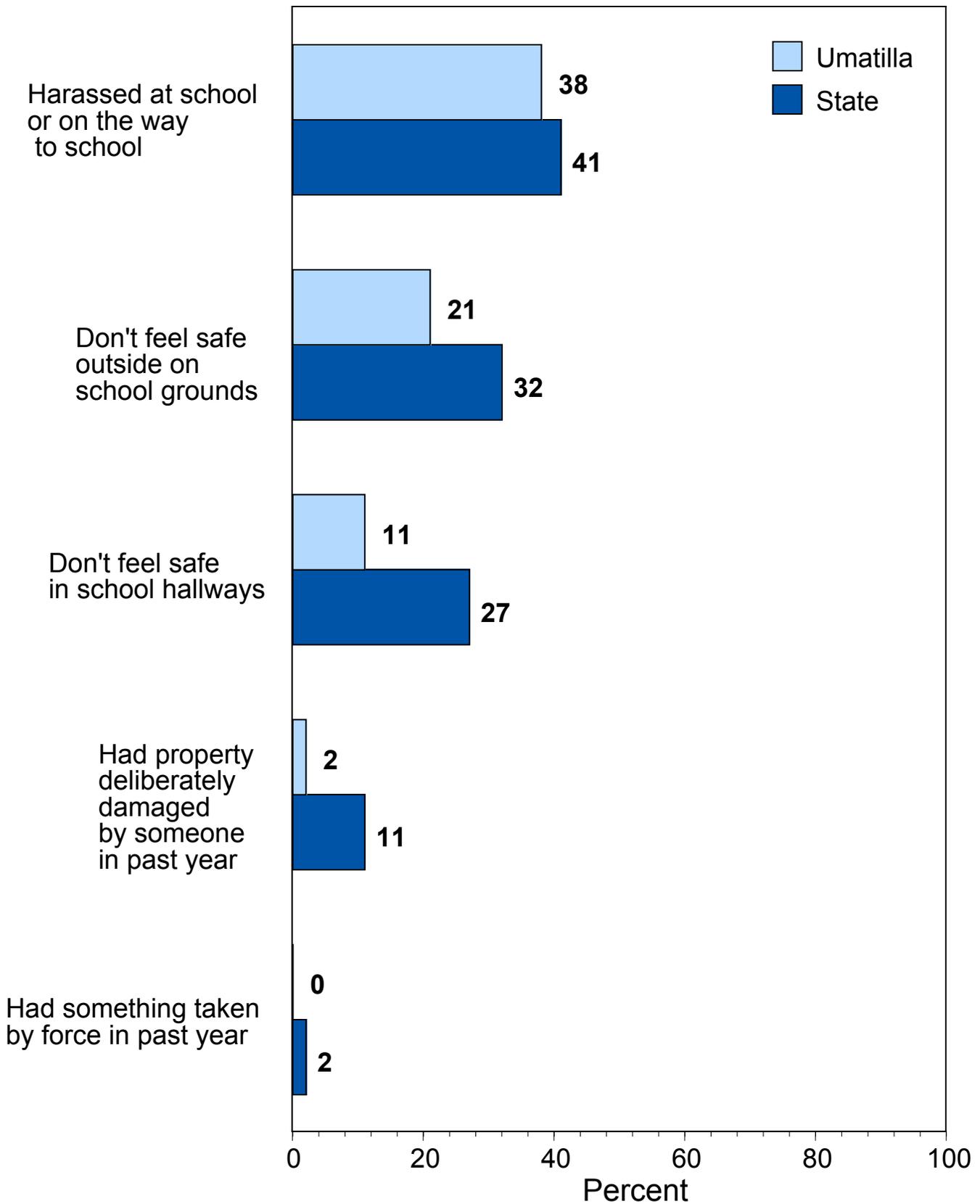
Percent

Weighted percents.

11th Grade - Weapons and Violence on School Property - OHT 2003

Was in a physical
fight in past year

Umatilla 6

State 7

Was threatened
by someone with
a weapon in past year

4

5

Was injured by some-
one with a weapon
in past year

1

1

Carried other weapon
on school property

5

6

Carried a gun school
on school property

3

0
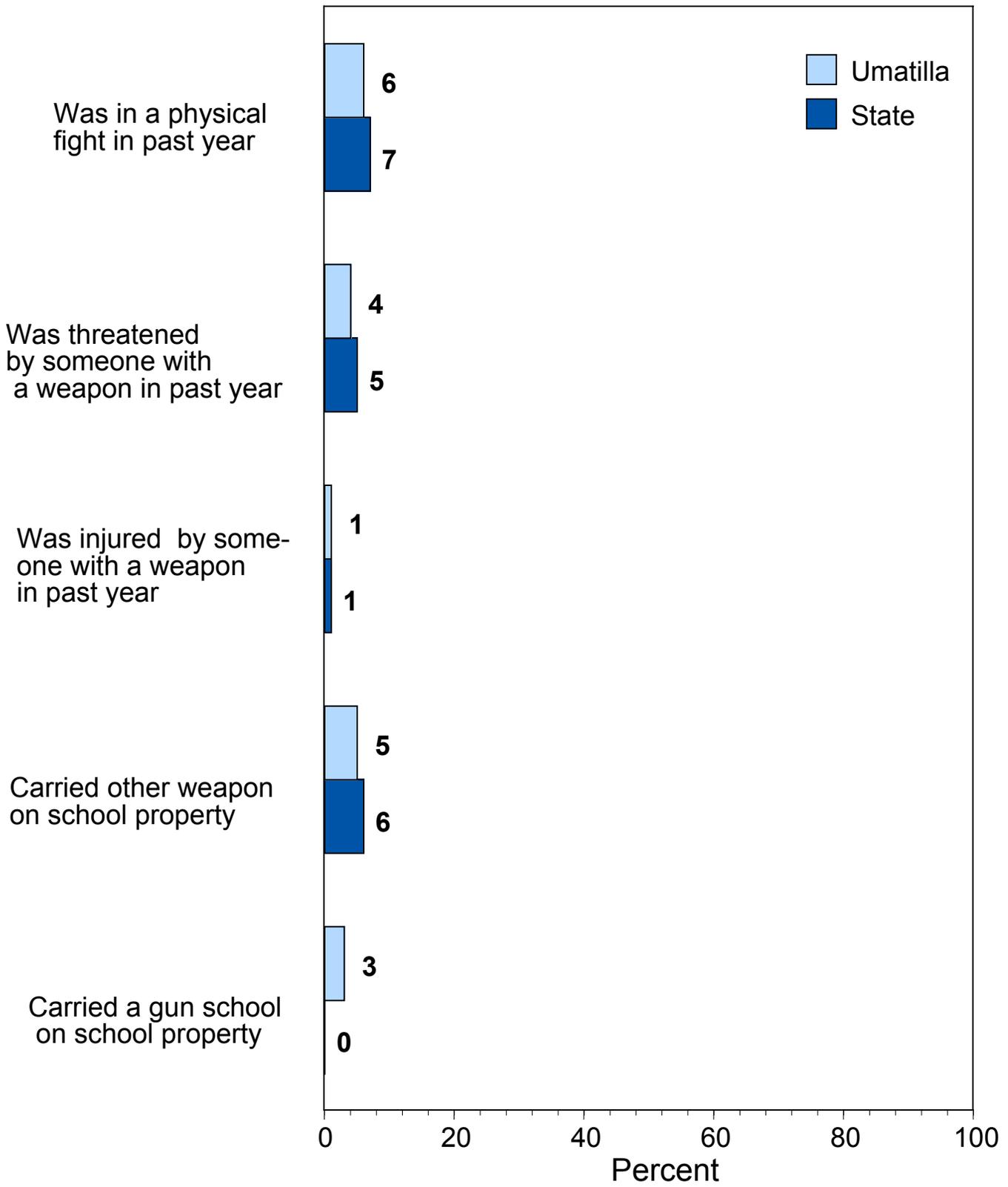
Percent

Weighted percents.

11th Grade - Unintentional Injury - OHT 2003

Legend:
- Umatilla (light blue)
- State (dark blue)

Drank and drove
- Umatilla: 7
- State: 10

Rode with drunk adult driver or teenage driver 1+ times in past 30 days
- Umatilla: 29
- State: 24

Rarely or never wore seat belt
- Umatilla: 7
- State: 4

Rarely or never wore a bicycle helmet*
- Umatilla: 78
- State: 79
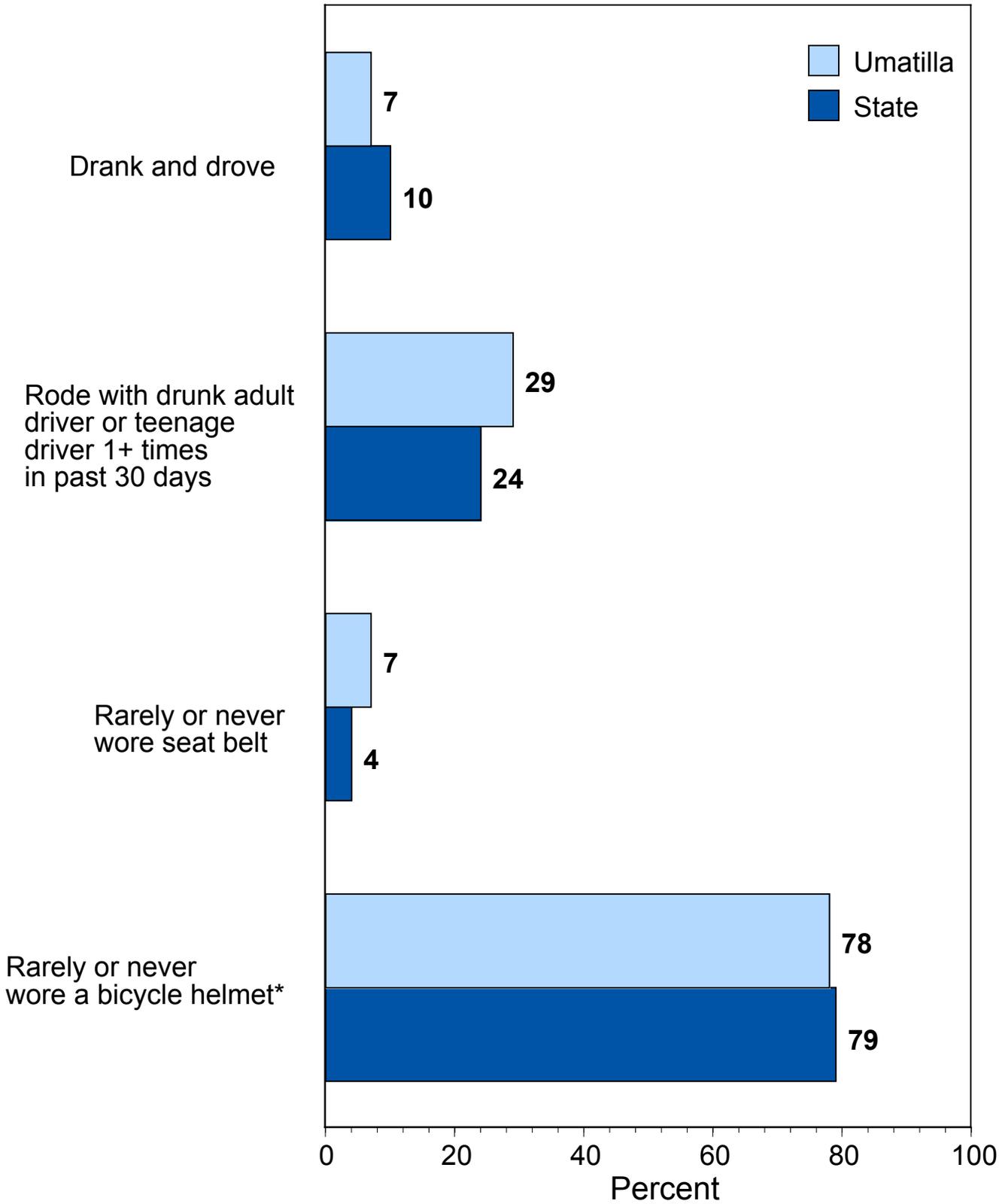
Percent

* Of those who rode bicycles in the past year
  Weighted percents.