Oregon Healthy Teens Survey 2004

This survey was developed to learn about risks to students' health and safety. The information you provide will be used to help school and communities develop ways to improve student health and safety in Oregon.

DO NOT WRITE YOUR NAME ON THIS SURVEY.

The answers you give will be kept private. No one will know how you answer.

This is **NOT** a test. There are no right or wrong answers, and your participation in this survey is **VOLUNTARY**. If you are not comfortable answering a question, you can leave it blank.

Please **do** answer each question you are comfortable with answering. Just because a question is asked, that **does not** mean that we believe you have engaged in a particular behavior. Each question has a response to indicate if you **did not** engage in that behavior. If you don't always find an answer that fits exactly, use the one that comes closest. If you are not sure what a question means, just leave it blank.

Please fill in only **ONE** bubble or answer, unless the question specifically asks you to "**MARK ALL THAT APPLY**."

Some questions have the following format:

Please fill in the bubble for the ONE word that best describes how you feel about that sentence.

NO! no ves YES!

 \bigcirc

 \bigcirc

EXAMPLE:

The Portland Trailblazers are a good basketball team

Mark the Big **NO!** if you think the statement is **definitely NOT true** for you.

Mark the little **no** if you think the statement is **mostly NOT true** for you.

Mark the little **yes** if you think the statement is **mostly true** for you.

Mark the Big YES! if you think the statement is **definitely true** for you.

In the example above, the student marked "yes" because he or she thinks the statement in mostly true

Marking instructions:

Make solid marks that fill in the response bubbles. If you make a mistake, please erase your mistake, then fill in the correct response.



Your participation in this survey is voluntary

For Office Use Only

Oregon Healthy Teens Survey 2004

		Oregon Healthy Teel
_	1	Are you? ○ Female ○ Male
	2	What grade are you in? 6th 7th
		○8th

○9th

3	How old are you?
	10 or younger
	<u>0</u> 11
	<u>0</u> 12
	○ 13
	<u>0</u> 14
	○ 15
	16 or older

4	Are you Hispanic or Latino?
	○Yes
	○ No

5	Which one or more of the following would you say
	is your race group?
	(Select one or more responses)

American Indian or Alaska Native
Asian
Black or African American
Native Hawaiian or Other Pacific Islander
White

6 How tall are you without your shoes on?

Directions: Write your height in the shaded blank boxes.

Fill in the matching circle below each number.

Example

Lxampie						
Height						
Feet	Inches					
5	1					
(3) (4) (6)	● ② ③ ④ ⑤ ⑤ ⑤ ⑤ ⑤ ⑥ ⑥ ⑥ ⑥ ⑥ ⑥ ⑥ ⑥ ⑥ ⑥					

He	ight
Feet	Inches
(3) (4) (5) (6)	000000000000000000000000000000000000000

7 How much do you weigh without your shoes on?

Directions: Write your weight in the shaded blank boxes. Fill in the matching circle below each number.

Example

٧	Weight						
Pounds							
0	9	5					
①②③	(a)(b)(c)(d)(d)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)(e)<	$\bigcirc \bigcirc $					

V	Veigh	t
	ound	
① ① ② ③	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9

8 Please tell us your zipcode.

Zipcode						
9	7					
•	•	(a) (b) (a) (b) (c) (c) (e) (c) (c)	(a) (b) (c) (c) (d) (d) (d) (d) (e) (e) (e) (e) (e) (e) (e) (e) (e) (e	684994666		

HEALTH CARE ISSUES

9 When did you last go to practitioner for a check when you were not side of the past 12 m	k-up or physical exam k or injured? nonths months ago	14	During the past 30 days, on how many days did you smoke cigarettes on school property? O days 1 or 2 days 3 to 5 days 6 to 9 days 10 to 19 days 20 to 29 days All 30 days
other dental work? During the past 12 n Between 12 and 24 More than 24 month Never Not Sure	nonths months ago s ago	15	During the past 30 days, on how many days did you use chewing tobacco, snuff or dip on school property? O days 1 or 2 days 3 to 5 days 6 to 9 days 10 to 19 days
·	DHOL AND DRUGS		20 to 29 days All 30 days
11 DURING THE PAST 30 days did you smoke ci 0 days 1 or 2 days 3 to 5 days 6 to 9 days 10 to 19 days 20 to 29 days All 30 days		16	On how many occasions (if any) have you had beer or wine (non-religious) or hard liquor to drink during the past 30 days? O occasions 1-2 occasions 3-5 occasions 6-9 occasions 10 or more occasions
per day?	ettes did you smoke ettes during the past 30 days per day day r day er day	17	During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? O days 1 or 2 days 3 to 5 days 6 to 9 days 10 to 19 days 20 to 29 days All 30 days
Redman, Levi Garrett,	<u>bbacco, snuff or dip,</u> such as Beechnut, Skoal, Skoal	18	During the past 30 days, on how many days did you have at least one drink of alcohol on school property?
Bandits, or Copenhage 0 days 1 or 2 days 3 to 5 days 6 to 9 days 10 to 19 days 20 to 29 days All 30 days	en?		0 days 1 or 2 days 3 to 5 days 6 to 9 days 10 to 19 days 20 to 29 days All 30 days

During the past 30 days, on how many day you have at least one drink of alcohol at a party? O days O to 2 days O to 29 days All 30 days During the past 30 days, how many times did you use marijuana? O times O times O to 29 times O to 19 times			21 During the past 30 days, how many times you use marijuana on school property? O times 1 or 2 times 3 to 9 times 10 to 19 times 20 to 39 times 40 or more times									
2	2 DURING THE PAST 30 DAYS, on how n	nany occ	asi	ons (if a	ny) ł	nave	you:					
		0 occasio	ns	1-2 occasio	ns	3. occas		oc	6-9 casio		10 or m	
а	sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays	—		—			,		+		—	
b	to get high? used prescription drugs (without a doctor's orders) to get high?	0		0		()		0		0	
С	used stimulants (amphetamines, meth, crystal, speed, crank)?	0		0))		0		0	
	used cocaine or "crack" cocaine? used heroin or other opiates or narcotics?	00		00					00		Ŏ	
f.	used Ecstasy, or MDMA?	Ŏ		Ŏ					Ó		Ŏ	
	QUESTIONS ABOUT AGE O	F FIRST	US	SE AND	FUT	TURE	E INT	ENT	TION	S:		
23	B How old were you when you first:	Never have		8 or younger	9	10	11	12	13	14	15 or older	
	smoked a whole cigarette?	$\stackrel{\bigstar}{\bigcirc}$		$\stackrel{\bigstar}{\bigcirc}$	Č	Ŏ	Ŏ	Č	$\overset{\bigstar}{\bigcirc}$	Č	$\stackrel{\bigstar}{\bigcirc}$	
	had more than a sip or two of beer, wine, or har liquor (for example, vodka, whiskey, or gin)?	d O		0	0	0	0	0	0	0	0	
	began drinking alcoholic beverages regularly, that is, at least once or twice a month?	O		\circ	0	0	0	0	0	0	0	
	tried marijuana or hashish for the first time? tried to sniff or inhale gases, sprays, or glue in order to get high?	0		0	0	0	0	0	0	0	0	
f.	got suspended from school?	O		O	0	O	O	0	O	0	O	
_	got arrested? attacked someone with the idea of seriously	0		O	\circ	\circ	\circ	\circ	\circ	\circ	\circ	
	hurting them?	\circ		0	0	0	0	0	0	0	\bigcirc	

4 Someti	mes we don't know what we will do as a	ıdults, but	t we may ha	ave an idea	a. Please	tell ı	ıs
	e these statements may be for you as a		-	NO!	no	yes	YES!
					—— '		—
	am an adult, I will smoke cigarettes.			Ó	Ó	\circ	Ö
	m an adult, I will drink beer, wine, or liquor.			\circ	\circ	\circ	
. When I a	ım an adult, I will smoke marijuana.			\circ	\circ	\circ	\circ
	QUESTIONS ABOUT PERSONAL BELIEFS	th a. Do da	ow often ha ings? one crazy th ingerous	-			
	indicate how true or false the following	_	Never				
	ents are:		I've done it	but not in	the past y	/ear	
	e opposite of what people tell me,		Less than c		nth		
	get them mad		About once				
O Very			2 or 3 times				
	ewhat false		Once a wee	ek or more			
	ewhat true						
Very	true	b. Do	one someth	ing dange	rous bed	ause	someon
•			red you to				
b. I ignore	rules that get in my way		Never				
Very		Ĭ	I've done it	but not in	the past v	/ear	
	ewhat false		Less than c				
	ewhat true		About once				
O Very		_	2 or 3 times				
<u> </u>		_	Once a wee				
C. I like to	see how much I can get away with						
O Very		c. Do	one what fe	els aood r	no mattei	what	
	ewhat false		Never	.			
_	ewhat true		I've done it	but not in	the nast v	/ear	
O Very			Less than c			Cui	
Very	ude	_	About once		iui		
			2 or 3 times				
			Once a wee				
- Chassa	the angues that best describes beyone						
Choose	the answer that best describes how yo	и теег арс	out the state				\/ = 0/
				NO!	no	yes	YES!
	is okay to take something without asking if you	ı can get av	vay with it	Ŏ	Ŏ	Ŏ	Ŏ
	ometimes it's okay to cheat at school			Ŏ	0	Ŏ	
. It is all ri	ght to beat up people if they start the fight			Ŏ	Ŏ	Ŏ	Ŏ
I. It is impo	ortant to be honest with your parents, even if th	ey become	upset or you				
get punis	shed			\circ	0	0	
8 How wi	rong do you think it is for someone you	r age to:	Very wrong	Wrong	A little bit wrong		t wrong at all
a. smoke c	igarettes?		<u> </u>	*	<u> </u>		*
	igarettes <i>:</i> er, wine, or hard liquor (for example, vodka, wh	iskev	O				
or gin) re		nokey,					
- ,			\bigcirc	\bigcirc	\bigcirc		\bigcirc
smoke m	•	0	\bigcirc	\bigcirc	\bigcirc		\bigcirc
	, cocaine, amphetamines, or another illegal dru	ng?	O	\bigcirc	\bigcirc		\bigcirc
	andgun to school?		\bigcirc	Ŏ	Õ		Ŏ
	vthing worth more than \$10?		Q	Q	Ŏ		Q
	ht with someone?		O	Q	\circ		O
	pmeone with the idea of seriously hurting them	?	\bigcirc	0	0		\bigcirc
_4	y from achael all day when their perents think						
	y from school all day when their parents think at school?						

29 What are the chances you would be seen as cool if you: a. smoked cigarettes? No or Very Little Chance Little Chance Some Chance Pretty Good Chance Very Good Chance b. began drinking alcoholic beverages regularly, that is, at least once or twice a month? No or Very Little Chance Little Chance Some Chance Pretty Good Chance Very Good Chance c. smoked marijuana? No or Very Little Chance Little Chance Some Chance Pretty Good Chance Chance Some Chance Some Chance Pretty Good Chance Very Good Chance	30 If one of your best friends were to offer you a cigarette, would you smoke it? Definitely not Probably not Defoably would Definitely would 31 How much do think people risk harming themselves (physically or in other ways) if they: a. smoke one or more packs of cigarettes per day? No risk Slight risk Moderate risk Great risk b. try marijuana once or twice? No risk Slight risk Moderate risk Great risk c. smoke marijuana regularly? No risk Slight risk Great risk d. take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day? No risk Slight risk Moderate risk Slight risk Moderate risk
	○ Great risk
QUESTIONS ABO	OUT YOUR PEERS
32 Think of your four best friends (the friends you fee IN THE PAST 12 MONTHS how many of your best	el closest to).
a. smoked cigarettes?	<u> </u>
b. tried beer, wine, or hard liquor (for example, vodka, whiskey)c. used marijuana?	or gin)?
 d. used LSD, cocaine, amphetamines, or other illegal drugs? 	
e. carried a handgun?	0 0 0 0
f. been members of a gang?	o
g. dropped out of school?	
h. been suspended from school?	
i. sold illegal drugs?	orcycle?
j. stolen or tried to steal a motor vehicle such as a car or motok. been arrested?	
I. participated in clubs, organizations, or activities at school?	
m. made a commitment to stay drug-free?	
n. tried to do well in school?	
iliked school?	
regularly attended religious services?	

QUESTIONS ABOUT MOOD

ti, a. b.	URING THE PAST 30 DAYS, how much of the me have you: been a very nervous person? All of the time Most of the time A good bit of the time Some of the time None of the time None of the time All of the time Most of the time A good bit of the time A good bit of the time None of the time A little of the time A little of the time None of the time All of the time None of the time All of the time None of the time All of the time None of the time None of the time	3	Al	r you u Il of the ost of the good bi ome of the little of the one of the ING TH ously co es o ng the p s did you time time or 3 time or 5 time or more	time ne time it of the the time the time the time the time and time the time	T 12 MC	ONTHS, oting su s, how i	did yo iicide? many iicide?	u ever
d.	been a happy person? All of the time Most of the time A good bit of the time Some of the time A little of the time None of the time		mont poiso treate O Ye	ths, did oning, o ed by a es	i any attor overonder doctor	tempt r dose the or nur	esult in at had t se?	an inju	iry,
	QUESTIONS AB	OUT	HAR	MFUL	BEHA	AVIO	R		
37	How many times IN THE PAST 12 MONTHS have you:	0 times	1 or 2 times	3-5 times	6-9 times	10-19 times	20-29 times	30-39 times	40 + times
a. b.	been in a physical fight? gambled (e.g., bought lottery tickets or tabs, bet money on sports teams or card games, etc.)?	Ŏ O	Š O	Š O	Š O	Š O	Š O	Š O	Ŏ
d.	carried a handgun? sold illegal drugs?	0	0	0	Ö	Ŏ	Ŏ	Ŏ	O
e. f.	stolen or tried to steal a motor vehicle such as a car or motorcycle? been arrested?	0	0	0	0	0	0	0	0
	attacked someone with the idea of seriously hurting them? been drunk or high AT SCHOOL?	0	0	0	0	0	0	0	0
i. j.	taken a handgun TO SCHOOL? been suspended FROM SCHOOL?	000	0	000	0	000	0	000	0000

30	days did you:		UESTI	ONS A	ABOU	T CO	MMU	NITY
a. b. 39 7th 40 41	carry a weapon (other than a gun) such as a knife or club on school property? 0 days 1 day 2 or 3 days 4 or 5 days 6 or more days carry a gun as a weapon on school property? 0 days 1 day 2 or 3 days 4 or 5 days 6 or more days If you wanted to get a handgun, how easy would it be for you to get one? Very easy Sort of easy Sort of hard Very hard re next questions are about gangs: Have you ever belonged to a gang? Yes No If you have ever belonged to a gang, did that gang have a name? Never belonged to a gang Yes	44	How man have you service? 0 times 1 or 2 to 3 to 5 to 6 to 9 to 20 to 20 to 20 to 30 to 3	y times volunte stimes imes jimes 9 times 9 times 9 times nore time ollowing our age a munity? eams d girls clubs clubs marijuar wrong ng lle bit wro wrong at	es activitavailab	E PAST o do co	12 MO mmuni	NTHS ty
	Yes No How old were you when you first belonged to a gang? Never belonged to a gang 10 or younger 11		VeryWroA littNot c. to smo	wrong ng le bit wro wrong at ke cigar	ong all			
	12131415 (or older)							
46	Please mark how true each of the following statement describing your neighborhood:	ts is	in	NO!	no	yes	YES!	
_	a. There is a lot of crime and/or drug selling			\circ	Ŏ	Ŏ	Ŏ	
	b. There are many physical fights			0	\circ	Ö	Ö	
	C. There are lots of empty or abandoned buildings			\bigcirc	\circ	\bigcirc	\bigcirc	
	d. There is a lot of graffiti	or		\cup	\cup	0	\cup	
-	e. If a kid smoked marijuana in your neighborhood, would he as she be caught by the police?		le!-!	0	0	0	0	
_	f. If a kid drank some beer, wine, or hard liquor (for example, or gin) in your neighborhood, would he or she be caught by	the p	olice?	0	0	\circ	0	
_	9. If a kid carried a handgun in your neighborhood, would he cought by the police?	or she)	0	Q	Q	Q	
	h. I'd like to get out of my neighborhood			\bigcirc	\bigcirc	\circ	\circ	
	i. I like my neighborhood				0		\sim	
	j. I feel safe in my neighborhoodk. If I had to move, I would miss the neighborhood I now live in	n		0	0	\circ	$\bigcirc \bigcirc$	
	II THAG TO THOVE, I WOULD THISS THE HEIGHBOHIOUG I HOW HIVE H			\sim		\sim	\cup	

	Have you changed homes in the past year? Yes No How many times have you changed homes since kindergarten? Never 1 or 2 times 3 or 4 times 5 or 6 times 7 or more times		char mide Y N 60 How (incl and 1 3 5	mging from the solution of the	imes hehangir to highes es es etimes	d school mentary nool) in s nave you ng from n school	y to mid the pas I chang elemen I) since	Idle and t year? led schotary to kinder	ools middle	
51	DURING THE PAST 30 DAYS, how many times	did voi	ı net al	cohol (l	oor w	ine or l	hard lin	uor)		
31	from each of the following sources:	uiu yot	ı yet ai	conor (i	Jeei, w	ille, or i	naru nq	uoij	15 or	
	3		1	. 2	. 3	. 4	5-9	10-14	more	
		None	time	times	times	times	times	times	times	
a.	Grocery stores									_
	Convenience stores (such as 7-Eleven) or drug stores	Ŏ	$\widetilde{}$	Ö	$\tilde{}$	$\widetilde{}$	$\widetilde{}$			
	Gas stations	$\tilde{}$	Ŏ	$\overline{}$	$\widetilde{}$	$\widetilde{}$	Ŏ	Ŏ	$\overline{}$	
	Friend older than 21	$\widetilde{}$	$\tilde{}$	Ŏ	$\tilde{}$	$\tilde{}$	$\overline{}$	Ŏ	$\overline{}$	
	Friends under 21	\bigcap		$\overline{}$	Ŏ	$\overline{}$	$\overline{}$	$\overline{}$		
	Took from home without permission		Ŏ	Ŏ	Ŏ	Ŏ	$\overline{}$	$\overline{}$		
	A parent	\sim		$\overline{}$	Ŏ	$\overline{}$	$\overline{}$	$\overline{}$		
	A brother or sister			$\overline{}$		$\overline{}$	$\overline{}$	$\overline{}$		
i	Through the Internet	\sim			$\overline{}$		Ö			
ï	By asking a stranger to buy it for me		$\tilde{}$	$\tilde{}$	Ŏ	$\overline{}$	$\overline{}$	$\overline{}$		
j. k	Liquor store	\bigcap		$\overline{}$	Ŏ	$\overline{}$	$\overline{}$	$\overline{}$		
i.	Bar/Night Club or Restaurant	$\widetilde{}$	$\widetilde{}$	$\widetilde{}$	$\widetilde{}$	$\widetilde{}$	$\widetilde{}$	$\widetilde{}$	$\overline{}$	
•	Dai/r right ords of recordance									
52	If you wanted to get some beer, wine or hard lice example, vodka, whiskey or gin), how easy wou you to get some?			Very easy		ort of easy	Sort hard		Very hard	_
53	If you wanted to get some tobacco (for example or chewing tobacco), how easy would it be for some?			0		0	0		0	_
54	If you wanted to get some marijuana, how easy for you to get some?	would	it be	0		0	0		0	_
55	If you wanted to get a drug like cocaine, LSD, o amphetamines, how easy would it be for you to		me?	0		0	0		0	_

QUESTIONS ABOUT SCHOOL	61 Now, thinking back over the past year in school, how often did you:
See	a. enjoy being in school? Never Seldom Sometimes Often Almost Always b. hate being in school? Never Seldom Sometimes Often Almost Always c. try to do your best work in school? Never Seldom Sometimes Often Almost Always c. try to do your best work in school? Never Seldom Sometimes Often Almost Always 62 How many times IN THE PAST 12 MONTHS have you participated in clubs, organizations, or activities at school? O times 1 or 2 times 1 or 2 times 1 to 19 times 10 to 19 times 20 to 29 times 30 to 39 times 40 or more times 63 DURING THE PAST 4 WEEKS, how many whole school days have you missed because you skipped or "cut"? Never 1 2 3 4-5 6-10 11 or more days
 64 Choose the answer that best describes how you fee about the statements below: a. In my school, students have lots of chances to help decide the activities and rules b. There are lots of chances for students in my school to talk with the company of the students in my school to talk with the company of the students in my school to get in the sch	things like class NO! no yes YES! with a teacher one-on-one
 d. There are lots of chances for students in my school to get in and other school activities outside of class 	
 e. I have lots of chances to be part of class discussions or actif. f. My teachers notice when I am doing a good job 	
9. The school lets my parents know when I have done something	
- The solicer letering parents know when I have dolle sollieting	

61 Now, thinking back over the past year

QUESTIONS ABOUT FAMILY AND OTHER COMMUNITY INFLUENCES

About how many adults (people over 21) have you known personally who in the past year have:	67 How wrong do your parents feel it would be for you to:
 a. used marijuana, crack, cocaine, or other drugs? None 1 adult 2 adults 3 or 4 adults 	a. drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly? Very wrong Wrong A little bit wrong Not wrong at all
5 or more adults b. sold or dealt drugs? None 1 adult	b. smoke cigarettes? Very wrong Wrong A little bit wrong Not wrong at all
 2 adults 3 or 4 adults 5 or more adults C. done other things that could get them in	c. smoke marijuana? Very wrong Wrong A little bit wrong
trouble with the police, like stealing, selling stolen goods, mugging or assaulting others, etc? None 1 adult 2 adults 3 or 4 adults	Not wrong at all d. steal anything worth more than \$10? Very wrong Wrong A little bit wrong Not wrong at all
 5 or more adults d. gotten drunk or high? None 1 adult 2 adults 3 or 4 adults 5 or more adults 	e. draw graffiti, or write things or draw pictures on buildings or other property (without the owner's permission)? Very wrong Wrong A little bit wrong Not wrong at all
66 Has anyone in your family ever had a severe alcohol or drug problem? O Yes No	f. pick a fight with someone? Very wrong Wrong A little bit wrong Not wrong at all
68 Have any of your siblings (brothers, sisters,	step-brothers. I don't have any
step-sisters) ever: a. drunk beer, wine, or hard liquor (for example, vodk	Yes No brothers or sisters
b. smoked cigarettes? c. smoked marijuana?	\circ \circ
d. taken a handgun to school? e. been suspended or expelled from school?	

69 <i>PI</i>	ease mark how you feel about your family relationships:	NO!	no	yes	YES!
			$\overline{}$	$\overline{}$	
a . F	People in my family often insult or yell at each other	\circ	\circ	\circ	\circ
b . F	People in my family have serious arguments				
c . \	Ve argue about the same things in my family over and over	\circ	\bigcirc	\circ	\circ
		NO!	no	yes	YES!
70 <i>Pl</i>	ease mark how you feel about each statement about your parent(s):	NO:	110	yes	ILS:
■ a. \	My parents ask if I've gotten my homework done	Ŏ	Ŏ	Ŏ	
	Vould your parents know if you did not come home on time?	Ŏ	Ŏ	Ŏ	Ŏ
c . V	When I am not at home, one of my parents knows where I am and who I am with	0	0	0	0
d. If	you drank some beer, wine, or liquor (for example, vodka, whiskey, or gin) without				
— y	our parent's permission, would you be caught by your parents?				
e . T	he rules in my family are clear	0	0	0	0
− f. N	ly family has clear rules about alcohol and drug use	Ŏ	Ŏ	Ŏ	Ŏ
g . If	you skipped school, would you be caught by your parents?	Ŏ	Ŏ	Ŏ	Ŏ
h. If	you carried a handgun without your parents' permission, would you be caught				
b	y your parents?	0			
i. I	n my home, there is a parent or some other adult who always wants me to	_		_	_
	lo my best	\bigcirc	\circ	\circ	\bigcirc
j. I	n my home, there is a parent or some other adult who talks with me about	Ŭ	Ŭ	Ŭ	Ū
	ny problems	0	0	0	0

The next statements are about what might occur outside your school or home, such as in your Neighborhood, Community or with an Adult other than your parents or guardian.

71 Outside of my home and school, there is an adult...

a.	who tells	me	when	l do	аç	good	job.
							-

- Not at all true
- A little true
- Pretty much true
- Very much true

b. who always wants me to do my best.

- Not at all true
- A little true
- Pretty much true
- Very much true

QUESTIONS ABOUT NUTRITION

The next questions ask about food you ate or drank during the PAST 7 DAYS. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

72 During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

O I did not drink	100%	fruit juice	during	the
past 7 days				

- 1 to 3 times during the past 7 days
- 4 to 6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

73 During the past 7 days, how many times did you eat <u>fruit</u>? (Do <u>not</u> count fruit juice.)

- I did not eat fruit during the past 7 days
- 1 to 3 times during the past 7 days
- 4 to 6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

74	During the past 7 days, how many times did you eat green salad?		QUESTIONS ABOUT PHYSICAL
75	I did not eat salad during the past 7 days 1 to 3 times during the past 7 days 4 to 6 times during the past 7 days 1 time per day 2 times per day 3 times per day 4 or more times per day During the past 7 days, how many times did	79	On how many of the PAST 7 DAYS did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities?
	you eat potatoes? (Do not count French fries, fried potatoes, or potato chips.) I did not eat potatoes during the past 7 days 1 to 3 times during the past 7 days 4 to 6 times during the past 7 days 1 time per day 2 times per day 3 times per day 4 or more times per day		 0 days 1 day 2 days 3 days 4 days 5 days 6 days 7 days
76	During the past 7 days, how many times did you eat carrots? I did not eat carrots during the past 7 days 1 to 3 times during the past 7 days 4 to 6 times during the past 7 days 1 time per day 2 times per day 3 times per day 4 or more times per day	80	On how many of the PAST 7 DAYS did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mopping floors? 0 days 1 day 2 days 3 days
77	During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.) I did not eat other vegetables during the past 7 days 1 to 3 times during the past 7 days 4 to 6 times during the past 7 days 1 times per day 2 times per day 3 times per day 4 or more times per day		4 days 5 days 6 days 7 days
78	In the past 7 days, on how many days did you eat breakfast? O days 1 day 2-4 days 5-6 days 7 days		

QUESTIONS ABOUT SEXUAL BEHAVIOR

81 Have you ever had sexual intercourse? Yes No	86 IN THE PAST 30 DAYS, how many times did a student call you names, swear at you, or say mean things to you?
82 How old were you when you had sexual intercourse for the first time? I have never had sexual intercourse 11 years old or younger 12 years old 13 years old 14 years old 15 years or older	 0 times 1-2 times 3-5 times 6-9 times 10-19 times 20 or more times 87 During the past 30 days, how many days did you not go to school because you felt you
83 DURING THE PAST 3 MONTHS, with how many people did you have sexual intercourse? I have never had sexual intercourse OI have had sexual intercourse, but not during the past 3 months 1 person	would be unsafe at school or on your way to or from school? O days O 1 day O 2 or 3 days O 4 or 5 days
 2 people 3 people 4 people 5 people 6 or more people 84 Did you drink alcohol or use drugs before you	6 or more days The next question asks about harassment at school. Harassment can include threatening, bullying, name calling or obscenities; offensive notes or graffiti; unwanted touching; and physical attacks.
had sexual intercourse the last time? I have never had sexual intercourse Yes No	88 DURING THE PAST 12 MONTHS, have you ever been harassed at school (or on the way to or from school) in relation to any of the following
85 The last time you had sexual intercourse, did you or your partner use a condom? I have never had sexual intercourse Yes No	issues? (MARK ALL THAT APPLY) Harassment about your race or ethnic origin Unwanted sexual comments or attention Harassment because someone thought you were gay, lesbian or bisexual Harassment about your weight, clothes, acne, or other physical characteristics Harassment about your group of friends

QUESTIONS ABOUT

HARASSMENT AND THREATS

I have not been harassed

89	IN THE PAST 12 MONTHS, how many times:	0 times	1 time	2 or 3 times	4 or 5 times	6 or 7 times	8 or 9 times	10-11 times	12 or more times		
	has someone threatened you with a weapon such as a gun, knife, or club ON SCHOOL PROPERTY?	↓				↓	\	\	↓		
b.	has someone injured you with a weapon ON SCHOOL PROPERTY? were you in a physical fight ON SCHOOL PROPERTY?	0	0	0	0	0	0	0	0		
	has someone taken money or things directly from you by using force, a weapon or threats IN SCHOOL or ON SCHOOL PROPERTY?	0	0	0	0	0	0	0	0		
	has someone deliberately damaged your property (such a clothing, books, or other property) IN SCHOOL or ON SCHOOL PROPERTY?	as	0	0	0	0	0	0	0		
(QUESTIONS ABOUT ASTHMA										
90 91	an episode of asthma or an asthma attack? Never had asthma Yes No No No Not sure Has a doctor, nurse or other health school did you miss because of your asthma? I don't have asthma One day One day Two or three days Four to six days Seven or more days								•		
	professional ever told you that you have Asthma? Yes No Not sure	Don't know/not sure 94 During the past 30 days, how many nights did symptoms of asthma make it difficult for you to stay asleep? Oldon't know/not sure									
92	Do you still have asthma? I have never had asthma Yes, I still have asthma No, I no longer have asthma Don't know/not sure		Nor One Two Fou	ne	e nights nights ore nigh	s nts					

QUESTIONS ABOUT TOBACCO AND SCHOOL POLICIES

5. A B C D E F J H

95 Is there a rule against tobacco in your school? 97 When you rode a bicycle during the PAST 12 MONTHS, how often did you wear a helmet? There is no rule O I did not ride a bicycle during the past 12 months There is a rule, but it isn't enforced Never wore a helmet There is a rule and it is sometimes enforced Rarely wore a helmet There is a rule and it is strictly enforced Sometimes wore a helmet Most of the time wore a helmet 96 DURING THE PAST 12 MONTHS, have Always wore a helmet you seen teachers or staff smoke on school property? 98 How often do you wear a seat belt when riding in a car driven by someone else? Yes Never O No Rarely Sometimes Most of the time Always Pretty Verv For these next statements, mark how true you feel Not at A Little Much Much each is for you: All True True True True a. I can say no to activities that I think are wrong b. I can work out my problems c. At school, I help decide things like class activities or rules d. I am part of clubs, sports teams, church/temple or other group activities away from school e. I try to understand how other people feel/think f. I help make decisions with my family q. I work to make my community a better place Your school or school district may have chosen to add some questions to this survey. The question(s) have been handed out on a seperate sheet of paper or written on the blackboard. Fill in the corresponding answers to those questions here: 1. (A) (B) (C) (D) (E) (F) (G) (H) 6. (A) (B) (C) (D) (E) (F) (J) (H) 11. (A) (B) (C) (D) (E) (F) (J) (H) **12.** (A) (B) (C) (D) (E) (F) (J) (H) 2. ABCDEFJH 7. (A) (B) (C) (D) (E) (F) (J) (H) 3. (A) (B) (C) (D) (E) (F) (J) (H) 8. (A) (B) (C) (D) (E) (F) (J) (H) 13. (A) (B) (C) (D) (E) (F) (J) (H) 4. (A) B) C) D) E) F) J) H) 9. A B C D E F J H 14. (A) B) C) D) E) F) J) H)

QUESTIONS ABOUT GENERAL SAFETY

15. A B C D E F J H

10. A B C D E F J H