

Oregon Healthy Teens 2015 - 8th Grade
Nutrition

**35. In the past 12 months, did you ever eat less than you felt you should
because there wasn't enough money to buy food?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15721	100.0	7866	100.0	7855	100.0
Yes	2459	15.7	1333	17.4	1126	14.0
No	13262	84.3	6533	82.6	6729	86.0

Unweighted counts and weighted percentages exclude missing and/or refused answers.

**36-41. Summary variable: Five-a-day measure: In the past 7 days, average servings per day
where student reported consuming fruits or vegetables.**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15291	100.0	7721	100.0	7570	100.0
None	143	.8	61	.7	82	.9
< One serving per day	1350	8.9	696	8.9	654	8.8
1 to < 3 servings per day	6702	44.2	3518	45.7	3184	42.7
3 to < 5 servings per day	3497	22.7	1801	23.3	1696	22.0
5 or more servings per day	3599	23.4	1645	21.4	1954	25.5

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42. During the past 7 days, on how many days did you eat breakfast?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15793	100.0	7912	100.0	7881	100.0
0 days	1507	9.7	959	12.2	548	7.2
1 day	911	5.8	588	7.4	323	4.2
2 days	1274	8.0	818	10.4	456	5.5
3 days	1260	8.3	761	9.8	499	6.8
4 days	1181	8.0	662	8.9	519	7.0
5 days	1435	9.1	721	9.2	714	9.1
6 days	1324	8.2	644	8.1	680	8.3
7 days	6901	42.9	2759	34.1	4142	51.9

Unweighted counts and weighted percentages exclude missing and/or refused answers.

43. During the past 7 days, how many times did all, or most, of your family eat a meal together?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15679	100.0	7866	100.0	7813	100.0
Never	2183	14.3	1191	15.6	992	13.0
1-2 times	2559	16.7	1411	18.4	1148	15.0
3-4 times	2794	17.3	1426	17.3	1368	17.2
5-6 times	2650	16.9	1313	16.7	1337	17.2
7 times	2523	15.8	1212	15.2	1311	16.5
More than 7 times	2970	18.9	1313	16.9	1657	21.0

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51. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15664	100.0	7859	100.0	7805	100.0
0 times in past 7 days	4643	29.3	2692	33.9	1951	24.6
1 to 3 times in past 7 days	7751	49.8	3833	48.9	3918	50.6
4 to 6 times in past 7 days	1655	10.5	670	8.6	985	12.5
1 time per day	728	4.8	313	4.1	415	5.5
2 times per day	398	2.4	154	1.9	244	3.0
3 times per day	170	1.2	80	1.1	90	1.3
4 or more times per day	319	2.0	117	1.5	202	2.5

Unweighted counts and weighted percentages exclude missing and/or refused answers.

52. During the past 7 days, how many times did you drink: Fruit-flavored beverages such as Kool-Aid, Sunny Delight, or Snapple? (Do not include 100% fruit juice).

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15608	100.0	7840	100.0	7768	100.0
0 times in past 7 days	7239	45.6	3863	48.2	3376	43.0
1 to 3 times in past 7 days	5023	32.0	2553	32.6	2470	31.3
4 to 6 times in past 7 days	1776	12.2	776	10.6	1000	13.8
1 time per day	699	4.6	308	4.2	391	5.1
2 times per day	355	2.3	152	2.0	203	2.6
3 times per day	208	1.3	86	1.2	122	1.5
4 or more times per day	308	2.0	102	1.2	206	2.7

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53. During the past 7 days, how many times did you drink: Energy drinks such as Red Bull, Rockstar, or Monster? (Do not include diet or sugar-free energy drinks)

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15557	100.0	7826	100.0	7731	100.0
0 times in past 7 days	12280	78.9	6209	79.2	6071	78.7
1 to 3 times in past 7 days	2231	14.5	1134	14.9	1097	14.2
4 to 6 times in past 7 days	487	3.0	241	2.9	246	3.2
1 time per day	224	1.3	110	1.2	114	1.4
2 times per day	121	.8	55	.9	66	.8
3 times per day	56	.4	26	.4	30	.4
4 or more times per day	158	1.0	51	.6	107	1.4

Unweighted counts and weighted percentages exclude missing and/or refused answers.

54. During the past 7 days, how many times did you drink: Sports drinks such as Gatorade or Powerade?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15455	100.0	7771	100.0	7684	100.0
0 times in past 7 days	7856	50.5	4587	58.0	3269	42.7
1 to 3 times in past 7 days	4327	28.6	2034	27.1	2293	30.1
4 to 6 times in past 7 days	1842	12.2	693	9.2	1149	15.4
1 time per day	661	4.1	235	3.1	426	5.1
2 times per day	319	1.8	113	1.2	206	2.5
3 times per day	155	.9	44	.5	111	1.4
4 or more times per day	295	1.9	65	.9	230	2.9

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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55. During the past 7 days, how many times did you drink: Flavored milk such as Chocolate or Strawberry milk? (Do not include plain milk).

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15459	100.0	7775	100.0	7684	100.0
0 times in past 7 days	9004	57.6	4990	63.7	4014	51.3
1 to 3 times in past 7 days	3442	22.3	1621	20.6	1821	24.0
4 to 6 times in past 7 days	1525	10.4	606	8.5	919	12.3
1 time per day	839	5.5	333	4.3	506	6.7
2 times per day	274	1.7	106	1.3	168	2.0
3 times per day	103	.7	40	.5	63	.9
4 or more times per day	272	1.9	79	1.1	193	2.7

Unweighted counts and weighted percentages exclude missing and/or refused answers.

56. During the past 7 days, how many times did you drink: Plain milk? (Include milk that you added to cereal).

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15479	100.0	7774	100.0	7705	100.0
0 times in past 7 days	2263	14.2	1375	17.0	888	11.4
1 to 3 times in past 7 days	3549	23.4	2140	28.2	1409	18.5
4 to 6 times in past 7 days	3251	21.8	1602	21.3	1649	22.4
1 time per day	2498	15.6	1104	13.7	1394	17.6
2 times per day	1777	11.0	739	9.5	1038	12.5
3 times per day	872	5.4	358	4.3	514	6.5
4 or more times per day	1269	8.6	456	6.0	813	11.2

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57. During the past 7 days, how many times did you drink: Sweetened coffee or tea beverages such as Starbucks Frappuccino or an Arizona Iced Tea?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15466	100.0	7779	100.0	7687	100.0
0 times in past 7 days	7892	51.2	3318	43.1	4574	59.6
1 to 3 times in past 7 days	4638	30.4	2724	35.5	1914	25.2
4 to 6 times in past 7 days	1422	8.7	896	10.9	526	6.6
1 time per day	768	4.8	457	5.5	311	4.0
2 times per day	296	2.0	165	2.1	131	1.8
3 times per day	151	1.0	72	1.0	79	.9
4 or more times per day	299	1.9	147	1.9	152	1.8

Unweighted counts and weighted percentages exclude missing and/or refused answers.

58. During the past 7 days, how many times did you drink: Plain water? (Include tap and bottled water).

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15620	100.0	7840	100.0	7780	100.0
0 times in past 7 days	336	2.0	153	1.6	183	2.3
1 to 3 times in past 7 days	1133	7.4	637	7.8	496	7.0
4 to 6 times in past 7 days	1678	10.9	853	10.8	825	10.9
1 time per day	1289	8.3	651	8.3	638	8.3
2 times per day	1820	11.6	980	12.2	840	11.0
3 times per day	2241	14.0	1141	14.1	1100	14.0
4 or more times per day	7123	45.8	3425	45.1	3698	46.4

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64. During the past 7 days, how many times did you visit a convenience store such as Plaid Pantry, 7-Eleven, Circle K, a mini-mart, or a gas station store?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15482	100.0	7799	100.0	7683	100.0
I did not visit a convenience store during the past 7 days	6493	41.6	3521	44.7	2972	38.3
1 time during the past 7 days	3894	25.3	1950	25.5	1944	25.1
2 or 3 times during the past 7 days	3753	24.3	1758	22.4	1995	26.3
4 to 6 times during the past 7 days	934	6.1	414	5.6	520	6.7
7 or more times during the past 7 days	408	2.7	156	1.8	252	3.6

Unweighted counts and weighted percentages exclude missing and/or refused answers.