

Oregon Healthy Teens 2017 - 11th Grade
Nutrition

44. In the past 12 months, did you ever eat less than you felt you should because there wasn't enough money to buy food?

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	11502	100.0	5580	100.0	5254	100.0	668	100.0
Yes	1999	17.8	971	17.4	846	16.6	182	30.2
No	9503	82.2	4609	82.6	4408	83.4	486	69.8

- Unweighted counts and weighted percentages exclude missing and/or refused answers.
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45-50. Summary: Five-a-day measure: In the past 7 days, average servings per day where student reported consuming fruits or vegetables.

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	11344	100.0	5523	100.0	5176	100.0	645	100.0
None	120	1.1	37	.7	71	1.6	12	1.5
< One serving per day	1167	10.5	594	11.4	503	9.6	70	10.0
1 to < 3 servings per day	5339	47.1	2714	49.2	2339	45.1	286	44.9
3 to < 5 servings per day	2570	22.5	1217	21.7	1207	23.1	146	23.5
5 or more servings per day	2148	18.8	961	17.0	1056	20.6	131	20.0

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51. During the past 7 days, on how many days did you eat breakfast?

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	11561	100.0	5610	100.0	5284	100.0	667	100.0
0 days	1499	13.6	702	12.9	666	13.4	131	22.2
1 day	831	7.4	459	8.4	312	5.9	60	9.7
2 days	1217	10.7	657	11.8	486	9.4	74	10.8
3 days	1136	9.9	627	11.2	444	8.5	65	10.3
4 days	952	8.1	478	8.5	426	7.8	48	7.1
5 days	1184	10.4	591	10.6	538	10.6	55	6.8
6 days	855	7.6	434	8.2	383	7.2	38	6.3
7 days	3887	32.3	1662	28.4	2029	37.2	196	26.9

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59. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	11485	100.0	5592	100.0	5239	100.0	654	100.0
0 times in past 7 days	3936	33.0	2280	38.9	1472	27.5	184	26.4
1 to 3 times in past 7 days	4973	43.7	2403	43.8	2306	44.2	264	38.9
4 to 6 times in past 7 days	1361	12.5	496	9.6	774	15.2	91	15.4
1 time per day	545	4.9	196	3.9	307	5.9	42	6.4
2 times per day	335	2.8	105	1.8	203	3.7	27	4.1
3 times per day	141	1.5	47	.9	80	1.9	14	2.9
4 or more times per day	194	1.7	65	1.1	97	1.8	32	5.9

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60. During the past 7 days, how many times did you drink: Fruit-flavored beverages such as Kool-Aid, Sunny Delight, or Snapple? (Do not include 100% fruit juice).

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	11465	100.0	5590	100.0	5228	100.0	647	100.0
0 times in past 7 days	6322	54.6	3375	59.4	2592	49.8	355	53.2
1 to 3 times in past 7 days	3373	29.1	1567	28.4	1652	30.5	154	24.2
4 to 6 times in past 7 days	962	8.9	377	7.2	522	10.6	63	10.0
1 time per day	385	3.5	125	2.4	231	4.5	29	4.5
2 times per day	200	1.7	73	1.2	118	2.3	9	1.2
3 times per day	104	1.1	41	.8	53	1.3	10	1.6
4 or more times per day	119	1.1	32	.7	60	1.1	27	5.4

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61. During the past 7 days, how many times did you drink: Energy drinks such as Red Bull, Rockstar, or Monster? (Do not include diet or sugar-free energy drinks)

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	11439	100.0	5582	100.0	5208	100.0	649	100.0
0 times in past 7 days	7781	68.0	3560	64.1	3792	72.8	429	62.9
1 to 3 times in past 7 days	2428	21.2	1332	23.7	971	18.5	125	21.1
4 to 6 times in past 7 days	653	5.7	385	6.9	231	4.5	37	5.8
1 time per day	300	2.6	180	3.1	108	2.3	12	1.9
2 times per day	132	1.1	61	1.0	56	1.1	15	2.4
3 times per day	43	.4	24	.4	12	.2	7	1.0
4 or more times per day	102	.9	40	.7	38	.7	24	5.0

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62. During the past 7 days, how many times did you drink: Sports drinks such as Gatorade or Powerade?

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	11253	100.0	5505	100.0	5119	100.0	629	100.0
0 times in past 7 days	6574	58.0	3799	68.8	2380	45.8	395	62.9
1 to 3 times in past 7 days	2876	25.8	1198	21.9	1555	31.0	123	17.4
4 to 6 times in past 7 days	1034	9.1	278	5.1	705	13.5	51	7.9
1 time per day	418	3.9	129	2.6	270	5.3	19	3.5
2 times per day	168	1.4	47	.8	108	2.2	13	1.7
3 times per day	76	.6	28	.4	38	.7	10	1.7
4 or more times per day	107	1.2	26	.5	63	1.6	18	4.9

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63. During the past 7 days, how many times did you drink: Flavored milk such as Chocolate or Strawberry milk? (Do not include plain milk).

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	11393	100.0	5562	100.0	5193	100.0	638	100.0
0 times in past 7 days	7281	64.2	3975	72.0	2922	56.3	384	61.4
1 to 3 times in past 7 days	2325	20.0	1065	18.4	1137	21.7	123	18.4
4 to 6 times in past 7 days	907	7.8	285	5.1	565	10.8	57	8.0
1 time per day	499	4.4	160	2.9	308	5.9	31	5.0
2 times per day	213	1.9	39	.7	155	3.1	19	2.0
3 times per day	54	.5	12	.3	39	.8	3	.4
4 or more times per day	114	1.2	26	.6	67	1.3	21	4.7

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64. During the past 7 days, how many times did you drink: Plain milk? (Include milk that you added to cereal).

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	11370	100.0	5536	100.0	5187	100.0	647	100.0
0 times in past 7 days	2922	26.0	1851	33.9	908	17.8	163	24.9
1 to 3 times in past 7 days	2861	25.5	1610	30.1	1117	21.3	134	20.2
4 to 6 times in past 7 days	2068	17.6	908	15.5	1061	20.1	99	15.4
1 time per day	1584	13.8	572	10.0	907	17.5	105	16.1
2 times per day	996	8.9	341	6.5	582	11.2	73	11.7
3 times per day	452	3.8	112	1.8	313	6.0	27	3.7
4 or more times per day	487	4.4	142	2.2	299	6.2	46	8.0

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65. During the past 7 days, how many times did you drink: Sweetened coffee or tea beverages such as Starbucks Frappuccino or an Arizona Iced Tea?

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	11413	100.0	5568	100.0	5200	100.0	645	100.0
0 times in past 7 days	5339	47.4	2155	38.9	2895	57.1	289	42.4
1 to 3 times in past 7 days	3441	29.5	1941	34.5	1335	24.8	165	24.0
4 to 6 times in past 7 days	1300	11.6	753	13.7	458	8.9	89	16.3
1 time per day	733	6.3	429	7.8	259	4.6	45	6.9
2 times per day	286	2.4	148	2.6	120	2.1	18	3.4
3 times per day	110	.9	45	.7	54	1.0	11	1.3
4 or more times per day	204	1.8	97	1.8	79	1.4	28	5.7

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66. During the past 7 days, how many times did you drink: Plain water? (Include tap and bottled water).

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	11470	100.0	5587	100.0	5230	100.0	653	100.0
0 times in past 7 days	189	1.7	82	1.5	95	1.9	12	1.6
1 to 3 times in past 7 days	623	5.6	327	6.0	261	5.2	35	5.4
4 to 6 times in past 7 days	975	8.7	470	8.9	458	8.9	47	6.7
1 time per day	852	7.9	406	8.1	393	7.4	53	10.0
2 times per day	1278	11.1	609	10.5	581	11.4	88	13.1
3 times per day	1766	14.9	869	15.0	808	14.8	89	14.2
4 or more times per day	5787	50.2	2824	50.1	2634	50.4	329	49.0

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74. During the past 7 days, how many times did you visit a convenience store such as Plaid Pantry, 7-Eleven, Circle K, a mini-mart, or a gas station store?

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	11320	100.0	5516	100.0	5160	100.0	644	100.0
I did not visit a convenience store during the past 7 days	5134	43.6	2840	49.0	2029	38.5	265	38.8
1 time during the past 7 days	2721	24.9	1295	24.6	1272	25.2	154	25.5
2 or 3 times during the past 7 days	2588	23.8	1075	20.8	1348	26.5	165	27.9
4 to 6 times during the past 7 days	663	5.9	239	4.4	388	7.6	36	4.5
7 or more times during the past 7 days	214	1.8	67	1.2	123	2.3	24	3.3

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