```
Q92. During the past 30 days, did you exercise
```

to lose weight or to keep from gaining weight?
Weighted Column Percents

|  | Total | Grade |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 9th | 10 th | 11 th | 12th |
| Yes | 54.4 | 55.8 | 54.3 | 53.9 | 52.9 |
| No | 45.6 | 44.2 | 45.7 | 46.1 | 47.1 |
| Female |  |  |  |  |  |
| Yes | 68.9 | 69.1 | 69.9 | 68.7 | 67.5 |
| No | 31.1 | 30.9 | 30.1 | 31.3 | 32.5 |
| Male |  |  |  |  |  |
| Yes | 39.2 | 41.5 | 38.7 | 38.1 | 37.6 |
| No | 60.8 | 58.5 | 61.3 | 61.9 | 62.4 |
| $\begin{gathered} \text { Total } N= \\ 31,067 \end{gathered}$ |  |  |  |  |  |

Source: Oregon 1997 Youth Risk Behavior Surveillance System (YRBSS)

Q92. During the past 30 days, did you exercise
to lose weight or to keep from gaining weight?
Unweighted Frequencies


## Source: Oregon 1997 Youth Risk Behavior Surveillance System (YRBSS)

