Oregon Youth Risk Behavior Survey (YRBS) 1997 Middle School Question 50. Which of the following are you trying to do about your weight?

Unweighted Column Percents

|  | 6 th | 7th | 8th |
| :---: | :---: | :---: | :---: |
| Total |  |  |  |
| Lose weight | 39.6 | 39.8 | 42.1 |
| Gain weight | 9.8 | 10.7 | 10.9 |
| Stay the same weight | 25.0 | 23.0 | 19.7 |
| I am not trying to do anything about my weight | 25.7 | 26.5 | 27.3 |
| Female |  |  |  |
| Total |  |  |  |
| Lose weight | 47.0 | 51.5 | 56.5 |
| Gain weight | 8.0 | 5.7 | 4.6 |
| Stay the same weight | 21.9 | 20.1 | 18.4 |
| I am not trying to do anything about my weight | 23.1 | 22.7 | 20.5 |
| Male |  |  |  |
| Total |  |  |  |
| Lose weight | 31.6 | 28.1 | 27.8 |
| Gain weight | 11.8 | 15.7 | 17.1 |
| Stay the same weight | 28.2 | 25.7 | 21.1 |
| I am not trying to do anything about my weight | 28.4 | 30.5 | 34.1 |

Total $\mathrm{N}=$ 9,637

Unweighted Frequencies

|  | 6 th | 7th | 8th |
| :---: | :---: | :---: | :---: |
| Total |  |  |  |
| Lose weight | 628 | 1,445 | 1,877 |
| Gain weight | 155 | 388 | 484 |
| Stay the same weight | 396 | 834 | 880 |
| I am not trying to do anything about my weight | 407 | 964 | 1,216 |
| Female |  |  |  |
| Total |  |  |  |
| Lose weight | 382 | 928 | 1,253 |
| Gain weight | 65 | 102 | 102 |
| Stay the same weight | 178 | 363 | 407 |
| I am not trying to do anything about my weight | 188 | 409 | 455 |
| Male |  |  |  |
| Total |  |  |  |
| Lose weight | 242 | 509 | 619 |
| Gain weight | 90 | 284 | 381 |
| Stay the same weight | 216 | 465 | 470 |

I am not trying to do anything about my weight $217 \quad 553 \quad 759$

Total $\mathrm{N}=$
9,637

