Q73. Which of the following are you trying to do about your weight?
Weighted Column Percents

|  |  | TOTAL | Grade |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 6th grade | 7th grade | 8th grade |
| TOTAL |  |  | 100.0 | 100.0 | 100.0 | 100.0 |
| Lose weight |  | 40.2 | 38.1 | 39.4 | 42.8 |
| Gain weight |  | 9.5 | 9.2 | 9.2 | 10.1 |
| Stay the same weight |  | 22.2 | 23.7 | 22.5 | 20.4 |
| I am not trying to do anything about my weight |  | 28.1 | 29.0 | 28.8 | 26.6 |
| Female | Total | 100.0 | 100.0 | 100.0 | 100.0 |
|  | Lose weight | 50.7 | 44.4 | 50.2 | 57.2 |
|  | Gain weight | 4.7 | 5.8 | 4.3 | 3.9 |
|  | Stay the same weight | 20.7 | 22.5 | 20.6 | 19.1 |
|  | I am not trying to do anything about my weight | 23.9 | 27.2 | 24.8 | 19.8 |
| Male | Total | 100.0 | 100.0 | 100.0 | 100.0 |
|  | Lose weight | 29.4 | 31.8 | 28.3 | 28.0 |
|  | Gain weight | 14.5 | 12.6 | 14.2 | 16.6 |
|  | Stay the same weight | 23.7 | 24.8 | 24.5 | 21.8 |
|  | I am not trying to do anything about my weight | 32.5 | 30.8 | 33.0 | 33.6 |

Q73. Which of the following are you trying to do about your weight?


|  |  |  | 6th grade | 7th grade | 8th grade |
| :---: | :---: | :---: | :---: | :---: | :---: |
| TOTAL |  | 18,419 | 4,635 | 5,263 | 8,521 |
| Lose weight |  | 7,253 | 1,700 | 2,014 | 3,539 |
| Gain weight |  | 1,706 | 407 | 457 | 842 |
| Stay the same weight |  | 3,860 | 1,051 | 1,128 | 1,681 |
| I am not trying to do anything about my weight |  | 4,930 | 1,276 | 1,441 | 2,213 |
| Refused/Unknown |  | 670 | 201 | 223 | 246 |
| Female | Total | 9,293 | 2,305 | 2,681 | 4,307 |
|  | Lose weight | 4,710 | 991 | 1,314 | 2,405 |
|  | Gain weight | 406 | 132 | 110 | 164 |
|  | Stay the same weight | 1,818 | 498 | 521 | 799 |
|  | I am not trying to do anything about my weight | 2,073 | 606 | 633 | 834 |
|  | Refused/Unknown | 286 | 78 | 103 | 105 |
| Male | Total | 9,126 | 2,330 | 2,582 | 4,214 |
|  | Lose weight | 2,543 | 709 | 700 | 1,134 |
|  | Gain weight | 1,300 | 275 | 347 | 678 |
|  | Stay the same weight | 2,042 | 553 | 607 | 882 |
|  | I am not trying to do anything about my weight | 2,857 | 670 | 808 | 1,379 |
|  | Refused/Unknown | 384 | 123 | 120 | 141 |

