Q74. During the past 30 days, did you exercise to lose
weight or to keep from gaining weight?
Weighted Column Percents

|  | TOTAL | Grade |  |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: |
|  |  | 6th grade | 7th grade | 8th grade |  |
| TOTAL | 100.0 | 100.0 | 100.0 | 100.0 |  |
|  | 58.9 | 57.6 | 57.5 | 61.6 |  |
| Female | Total | 100.0 | 100.0 | 100.0 | 100.0 |
|  | Yes | 65.7 | 59.9 | 64.6 | 72.2 |
|  | No | 34.3 | 40.1 | 35.4 | 27.8 |
| Male | Total | 100.0 | 100.0 | 100.0 | 100.0 |
|  | Yes | 52.1 | 55.2 | 50.3 | 50.7 |
|  | No | 47.9 | 44.8 | 49.7 | 49.3 |

Q74. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?

| Frequencies |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: |
|  | TOTAL | Grade |  |  |
|  |  | 6th grade | 7th grade | 8th grade |
|  | 18,419 | 4,635 | 5,263 | 8,521 |
|  | 10,582 | 2,542 | 2,955 | 5,085 |
|  | 7,050 | 1,825 | 2,073 | 3,152 |
| Refused/Unknown | 787 | 268 | 235 | 284 |


| Female | Total | 9,293 | 2,305 | 2,681 | 4,307 |
| :--- | :--- | ---: | ---: | ---: | ---: |
|  | Yes | 6,065 | 1,328 | 1,692 | 3,045 |
|  | No | 2,893 | 865 | 877 | 1,151 |
|  | Refused/Unknown | 335 | 112 | 112 | 111 |
| Male | Total | 9,126 | 2,330 | 2,582 | 4,214 |
|  | Yes | 4,517 | 1,214 | 1,263 | 2,040 |
|  | No | 4,157 | 960 | 1,196 | 2,001 |
|  | Refused/Unknown | 452 | 156 | 123 | 173 |

