

# 2012 Oregon Student

Oregon Student Wellness Survey

**Benton County** 

Oregon Health Authority, Addictions and Mental Health Division

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163	If you wanted to get some, how easy would it be for you to get some marijuana?	80
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#### 1 INTRODUCTION

This is a report of key findings from the *Oregon Student Wellness Survey*, a survey of 6th, 8th and 11th grade youth, conducted in the spring of 2012. The *Oregon Student Wellness Survey* is an anonymous and voluntary survey sponsored by the Oregon Health Authority (OHA) in collaboration with the Oregon Department of Education. OHA contracted with International Survey Associates to recruit schools, administer the survey and report survey results. The survey was available free of charge to all Oregon schools that chose to participate including public, charter and private. Schools that agreed to participate in the *Oregon Student Wellness Survey* were given the option of administering the survey either online or by paper and pencil with the schools determining which method would be best for their particular circumstances.

The *Oregon Student Wellness Survey* was designed to assess a wide range of topics that included school climate, positive youth development, mental health, substance use, problem gambling, fighting and other problem behaviors. In addition the survey collected information about risk and protective factors that are influential in healthy youth development and student success.

Oregon Student Wellness Survey results are used by schools, state and local agencies, organizations and communities to assess and monitor the health and well being of Oregon youth and the environments in which they live. Oregon Student Wellness Survey data can serve as a valuable tool for program planning, implementation, and evaluation. The data are essential information for communications with legislators and the public, and communities and local agencies will find the data improves their ability to procure funding by providing the baseline data needed for grant writing. In these ways, schools, communities and policy makers will find themselves poised to make effective decisions about behavior and health policies, services, programs and educational activities.

The *Oregon Student Wellness Survey* was designed as a split survey. The 6th and 8th grade version of the survey consisted of a subset of the questions found on the 11th grade versions. In order to provide results that spanned all grade levels in a single report, the data for questions that did not appear on the 6th and 8th grade version appear in this report as missing.

This report is divided into topic specific sections. Each section provides a brief overview of the topic, followed by summary data tables that include results for all three grades and compares local data to that of the state. The state data for this report has been weighted based on enrollment numbers. The county data in this report has also been weighted.

Your questions, concerns and comments are invited. For more information about how the Oregon Student Wellness Survey results are used, contact:

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#### 1.1 Participants by Gender

Table 1: Particpants by Gender

	Grade 6		Grad	de 8	Grad	Grade 11		
	County	State	County	State	County	State		
Female	195	9,385	202	10,656	165	7,457		
Male	196	9,373	213	10,577	158	7,823		
NA*	3	127	4	135	7	78		
TOTAL	394	18,885	419	21,368	330	15,358		

<sup>\*</sup> NA - No Answer

#### 1.2 Race and Ethnicity

Schools throughout Oregon vary considerably in the racial and ethnic composition of their students. The *Oregon Student Wellness Survey* asks one question about race and another about Hispanic or Latino ethnicity.

The table below shows the percentage of students that self-identified as...

Table 2: Race and Ethnicity

	Grad	le <b>6</b>	Grade 8		Grade 11	
	County	State	County	State	County	State
American Indian or Alaska Native	3.5	4.9	2.0	3.2	1.6	2.5
Asian	7.6	6.6	9.1	6.4	5.6	5.1
Black or African American	2.2	3.7	2.3	3.1	2.5	2.8
Native or Other Pacific Islander	2.4	4.0	2.3	3.5	1.2	2.6
White	72.6	69.5	73.7	72.2	82.6	78.2
Multiracial	11.7	11.3	10.6	11.6	6.5	8.7

Percentages exclude missing answers.

The table below shows the student reponses to the question "Are you Hispanic or Latino/Latina?"

Table 3: Hispanic or Latino/Latina?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Yes	16.0	22.8	13.6	21.1	10.3	18.6
No	84.0	77.2	86.4	78.9	89.7	81.4

Percentages exclude missing answers.

#### 1.3 Language Used at Home

Students were asked what language they used most often at home.

Table 4: Language Used at Home

	Grad	Grade 6		le 8	Grad	Grade 11		
	County	State	County	State	County	State		
English	89.2	84.0	89.8	85.9	94.8	87.9		
Russian	0.3	1.0	0.7	1.2		0.9		
Spanish	7.0	11.0	4.4	8.3	1.8	7.6		
Vietnamese	0.5	1.2	0.5	1.4		0.5		
A tribal language		0.2	0.2	0.4		0.4		
Another language	3.1	2.6	4.4	2.8	3.4	2.6		

Percentages exclude missing answers.

#### 2 SCHOOL CLIMATE

School climate is an important issue to parents, administrators and the community. The environment within a school directly impacts students' academic, social, emotional and mental states. Respectful, supportive relationships among students, teachers and parents are fundamental. When students have opportunities to collaborate and share a sense of purpose and ideals, students, faculty and staff look forward to school. When students are attached to school and to teachers and prosocial peers, they are more likely to behave in prosocial ways themselves, and to avoid engaging in high-risk behaviors.

There is strong evidence that the learning environment influences student attachment to school. Classroom and school interventions that make the learning environment safer, more caring, better managed and highly participatory and that enhance students' social competence have been shown to increase student attachment to school. A comprehensive assessment of school climate involves input from students, faculty and staff on a wide range of topics. The data collected with the *Oregon Student Wellness Survey* deals exclusively with the student perception aspect of school climate. It provides an assessment of whether students feel they belong, are valued and physically and emotionally safe at school.

#### 2.1 Supportive Atmosphere

In supportive atmospheres students feel more comfortable approaching and interacting with teachers and peers, thereby strengthening their relationships.

The table below reports the percentage of students that agree with the following statements.

Table 5: Supportive Atmosphere

	Grad	e 6	Grad	le 8	Grade 11	
	County	State	County	State	County	State
My teachers notice when I am doing a good job and let me know about it.	79.8	80.6	70.4	68.1	71.1	67.3
I can talk to my teachers openly and freely about my concerns.	74.2	69.1	60.3	56.3	60.1	60.8
In my school, teachers treat students with respect.	90.6	87.1	81.5	77.0	81.0	79.3
Most students at my school help each other when they are hurt or upset.	83.1	76.5	71.3	65.0	75.2	62.8
In my school, students that work hard to get good grades are picked on by other students.	23.9	34.0	24.2	30.3	15.8	21.3

#### Supportive Atmosphere Benton County

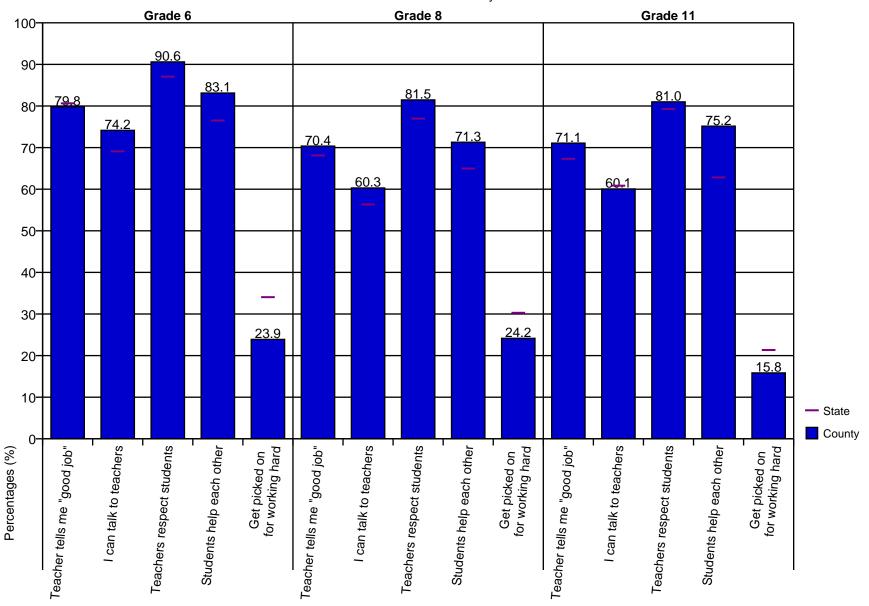


Figure 1: Supportive Atmosphere

#### 2.2 Attachment to School

Students who like school, feel their assignments are important, and that what they are learning in school will be valuable to them later in life, are better prepared to make successful transitions after graduation. Young people who do not feel a part of society, are not bound by rules, don't believe in trying to be successful or responsible are at high risk of academic failure and developing mental, emotional or behavioral disorders.

Table 6: Attachment to School

	Grade 6		Grad	Grade 8		e 11
	County	State	County	State	County	State
I like school	67.0	62.9	51.0	48.9	52.3	45.7
I did not skip school in the last four weeks	84.2	75.9	85.1	76.7	82.9	69.9
I respect my teachers	94.2	93.6	86.2	86.8	89.6	90.2

Percentages exclude missing answers.

This table show the percentage of students that say...

Table 7: Value School Work

	Grad	le 6	Grade 8		Grade 11	
	County	State	County	State	County	State
I feel that schoolwork is meaningful and important	69.0	66.6	53.9	46.4	29.8	28.5
I tried to do my best work in school over the past year	91.1	87.8	79.1	76.5	71.1	66.0
I think the things I am learning in school are going to be important later in life	83.9	83.1	71.5	66.0	50.8	50.1

Percentages exclude missing answers.

Table 8: Accountability to Parents

	Grad	le 6	Grade 8		Grad	e 11
	County	State	County	State	County	State
My parents ask if I've gotten my homework done.	92.8	91.7	87.4	83.6	77.3	73.0
My parents would catch me if I skipped school.	92.7	90.3	87.1	83.7	77.1	69.0
When I am not at home, one of my parents knows where I am and whom I am with.	94.0	91.2	88.9	86.6	82.3	79.6

#### Attachment to School Benton County

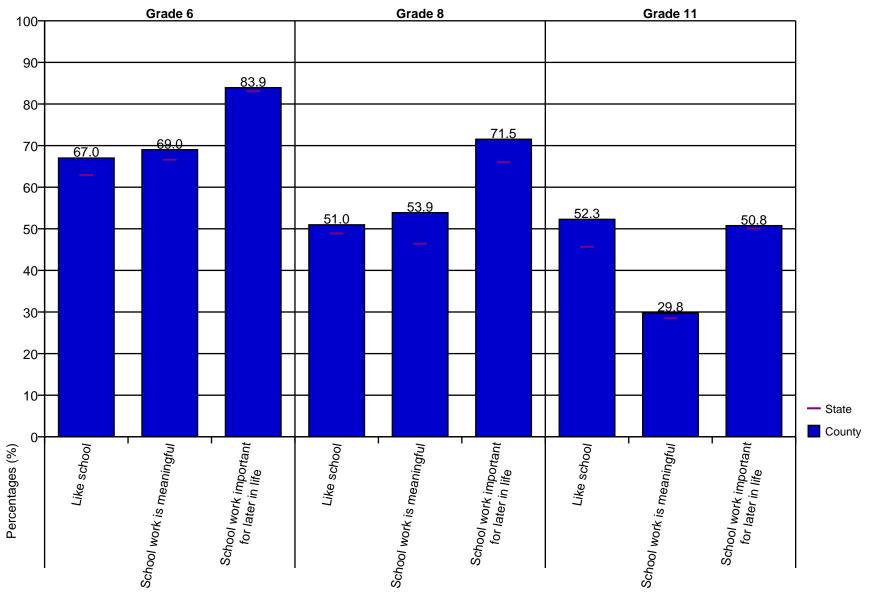


Figure 2: Attachment to School

#### 2.3 Opportunities for Participation

When young people are given many opportunities to participate meaningfully in school activities that are important to them, they are less likely to engage in problem behaviors. When opportunities are available for positive participation outside of class, children are less likely to engage in substance use, and other problem behaviors.

The table below shows the percentage of students that agree with the following statements about their school.

Table 9: Opportunities for Participation

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
I have lots of chances to be part of class discussions or activities.	92.8	90.5	91.6	88.1	90.8	89.3
There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	93.5	88.1	88.7	84.5	93.2	90.3

## Opportunities for Participation Benton County Grade 8

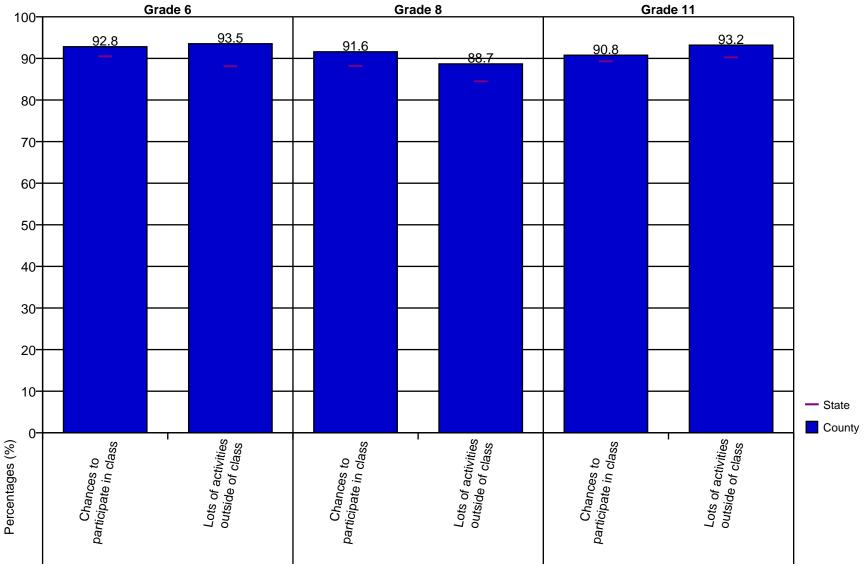


Figure 3: Opportunities for Participation

#### 2.4 Safe Environment

Students who are harassed, feel unsafe or otherwise victimized are more likely to cut classes, skip school, feel depressed or become involved in problem behaviors. Comprehensive discipline, positive behavior support and anti-bullying programs in schools have been shown to reduce the incidence of harassment.

Table 10: Safe Environment

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Did not go to school one or more times in the past 30 days because you felt unsafe at school or on your way to or from school	5.7	8.3	5.3	7.0	2.8	4.1

Percentages exclude missing answers.

The following table shows the percentage of students that witnessed another student being harassed in school or on the school bus in the past year.

Table 11: Bullying

	Grad		Grad		Grad	
	County	State	County	State	County	State
Heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus?	73.4	74.5	80.5	80.7	74.2	77.1
Seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus?	52.8	58.5	58.7	65.3	44.2	55.7
Heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?	65.4	69.7	76.7	76.8	76.2	76.6

This table shows the percentage of students that have been harassed during the past 30 days. Students were asked to indicate whether they were harassed at school or on the way to or from school for any of the following reasons.

Table 12: Harassment

	Grad	le <b>6</b>	Grad	le 8	Grad	Grade 11	
	County	State	County	State	County	State	
Your race or ethnic origin	8.4	11.4	12.3	13.2	8.7	10.8	
Someone said your were gay, lesbian, bisexual and transgender	14.1	16.0	11.7	13.7	6.5	8.1	
Your group of friends	18.8	21.4	20.4	22.7	11.2	16.1	
Your weight, clothes, acne or other physical characteristics	26.1	28.6	28.6	30.2	17.8	21.2	
Unwanted sexual comments or attention	5.5	8.2	12.2	12.1	12.1	11.4	
E-mail, chat rooms, IM, Web sites, texting or phone	11.7	12.5	15.1	15.4	11.1	11.9	
For other reasons.	22.5	23.1	22.7	23.9	17.3	16.2	
Any harassment in the past 30 days	49.0	50.6	49.2	51.4	37.3	39.6	

### Harassment - Grade 6 Benton County

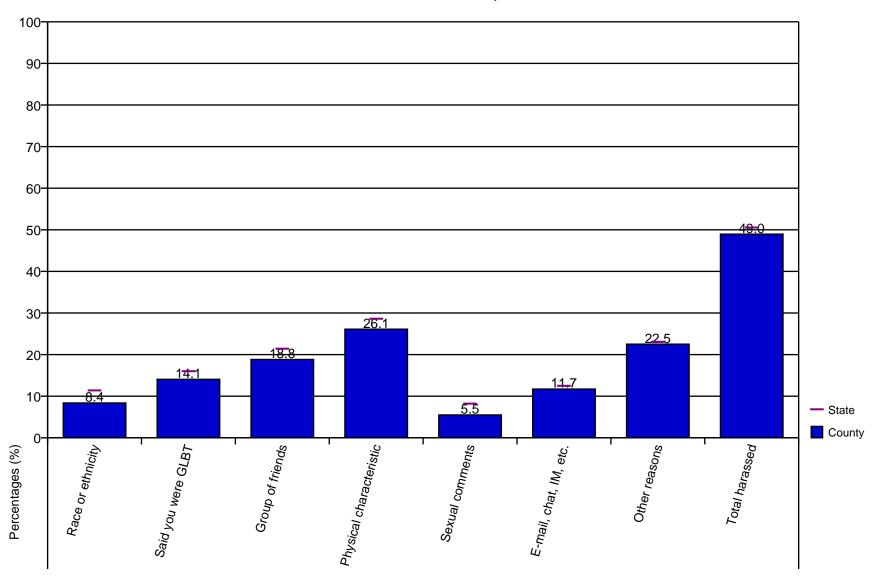


Figure 4: Harassment - Grade 6

### Harassment - Grade 8 Benton County

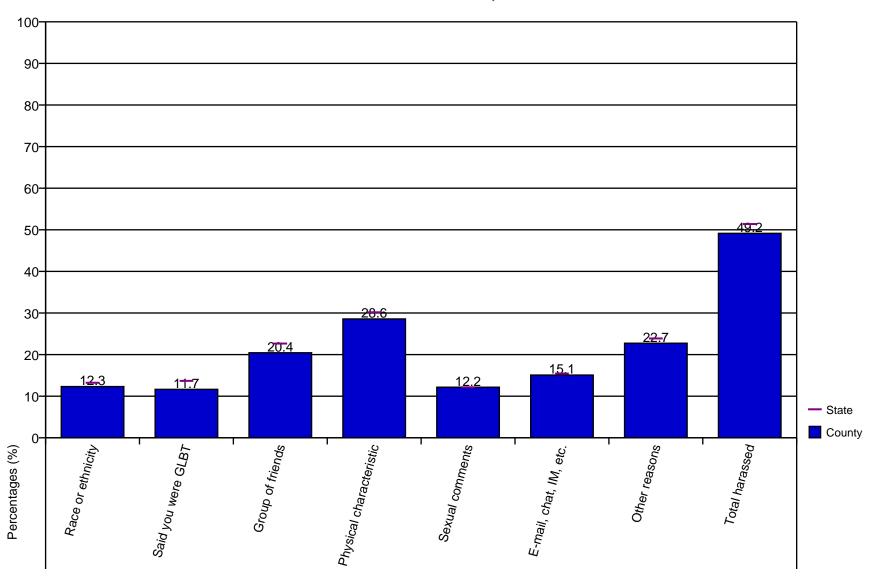


Figure 5: Harassment - Grade 8

### Harassment - Grade 11 Benton County

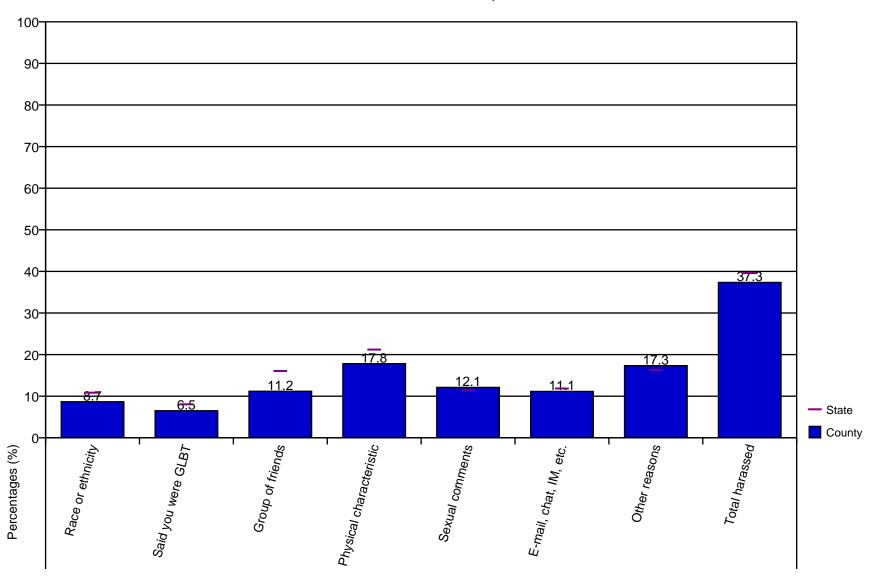


Figure 6: Harassment - Grade 11

#### 2.5 Serious Problem Behaviors

Schools are one of the safest places for our children. This does not mean that they are free of serious problem behaviors.

This table shows the prevalence of other serious problem behaviors reported to have occured in the past 12 months at school.

Table 13: Serious Problem Behaviors on School Property

	Grade 6		Grad	Grade 8		e 11
	County	State	County	State	County	State
Someone has offered, sold or given you an illegal drug at school	2.3	3.3	6.8	11.9	18.6	22.4
Were in a physical fight on school property	8.6	15.1	12.1	15.1	2.5	6.6
Been threatened with a weapon on school property	8.1	9.6	7.5	10.0	2.2	6.7
Took a weapon other than a gun to school	1.6	3.1	3.9	5.1	4.3	7.3
Took a gun to school	0.3	0.7	1.2	1.4	0.6	1.5
Have a gun/weapon on school property	1.6	3.3	3.9	5.3	4.6	7.5

Percentages exclude missing answers.

This table shows problem behaviors that took place in the past 12 months, but they may take place anywhere, not necessarily on school property.

Table 14: Serious Problem Behaviors

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
In a physical fight	22.0	28.8	27.7	28.7	9.9	18.3
Bullied someone physically or verbally	21.9	22.2	31.1	29.1	15.6	19.9

#### Serious Problem Behaviors Benton County

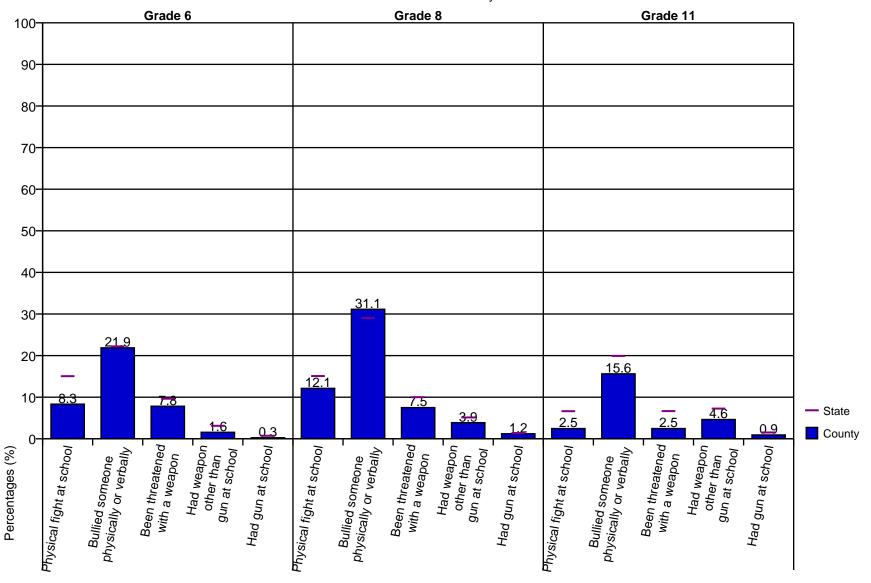


Figure 7: Serious Problem Behaviors

#### 3 POSITIVE YOUTH DEVELOPMENT

In 2006, a statewide benchmark of positive youth development (PYD) was established for 8th and 11th graders. High levels of positive youth development are strongly associated with healthy behaviors and student success. The benchmark looks at six components: emotional and mental health, physical health, feelings of competence, self-confidence, support of a caring adult in school, and service to the community.

#### 3.1 PYD Benchmark

Students that answer at least five of the six PYD questions in a positive manner are considered to have strong positive youth development.

Table 15: PYD Benchmark

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Strong positive youth development	69.1	69.1	64.3	59.9	73.2	65.6
Weak positive youth development	30.9	30.9	35.7	40.1	26.8	34.4

#### 3.2 General Health

Two questions are asked as an assessment of student health.

Table 16: General Health

	Grad	Grade 6		Grade 8		e 11
	County	State	County	State	County	State
Good to excellent physical health	95.2	94.1	91.6	91.6	91.9	88.4
Good to excellent emotional and mental health	93.7	93.1	87.5	87.8	87.0	86.2

#### 3.3 Competence, Confidence, Support and Service

The following table reports the percentage of students that indicated the statement is "pretty much true" or "very much true."

Table 17: Competence, Confidence, Support and Service

	Grad	Grade 6		Grade 8		e 11
	County	State	County	State	County	State
I can work out my problems.	87.8	84.9	85.5	83.4	91.3	89.1
I can do most things if I try.	79.6	77.1	86.2	82.7	91.7	89.6
There is at least one teacher or other adult in my school that really cares about me.	74.9	75.0	67.2	64.4	71.0	69.4
I volunteer to help others in my community.	57.8	61.9	56.3	50.0	68.0	55.6

### Positive Youth Development - Grade 6 Benton County

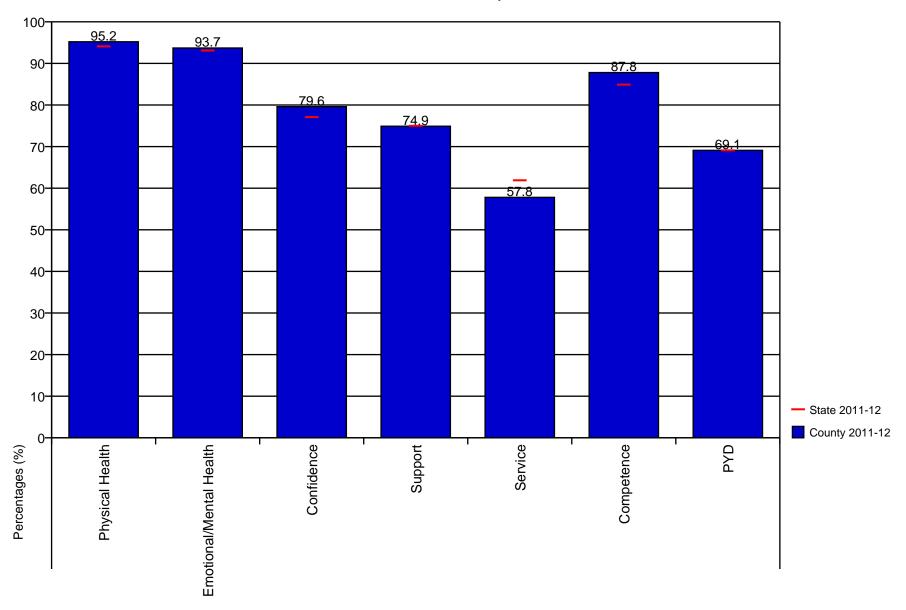


Figure 8: Positive Youth Development - Grade 6

### Positive Youth Development - Grade 8 Benton County

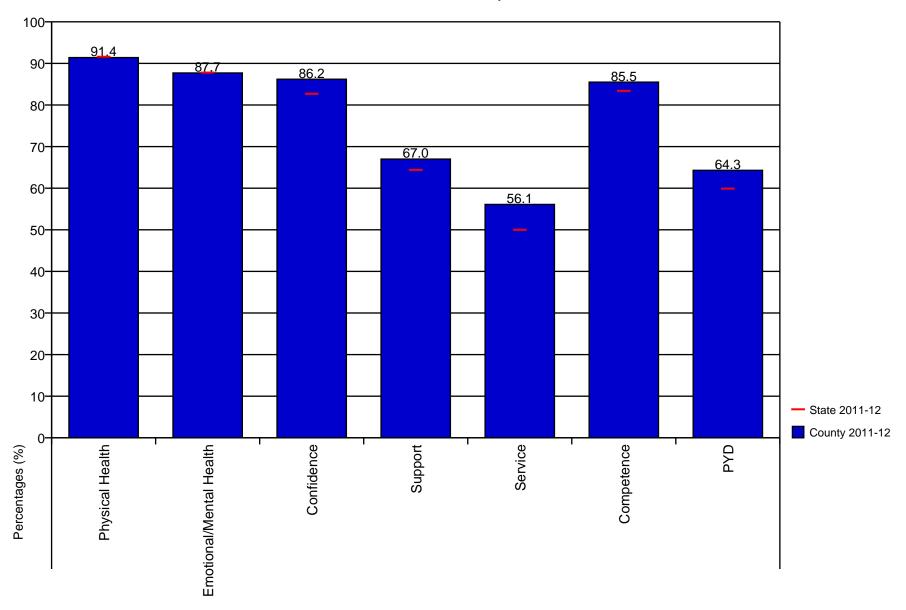


Figure 9: Positive Youth Development - Grade 8

### Positive Youth Development - Grade 11 Benton County

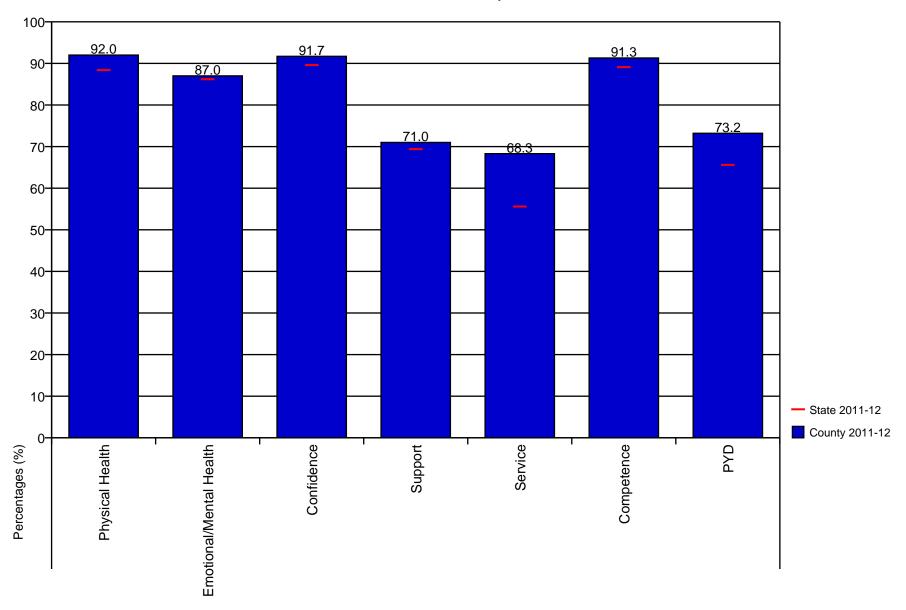


Figure 10: Positive Youth Development - Grade 11

#### 4 MENTAL AND EMOTIONAL HEALTH

Good mental and emotional health makes it easier for youth to establish constructive interpersonal relationships, succeed in school and make a successful transition into the workforce. Depression and psychological distress can interfere with the development of positive teacher and peer relationships. Youth with depression or high levels of psychological distress may find it difficult to focus on academics. They are more likely to smoke, drink alcohol or use other drugs and they are at increased risk of suicide.

The *Oregon Student Wellness Survey* asks questions about emotional and mental health, depression, suicide thoughts and suicide attempts. The survey also asks a series of five questions known as the Mental Health Inventory (MHI-5). When responses for all five are considered together, the result is an estimate of the level of psychological distress that youth are experiencing. MHI-5 scores range from five to 30. Scores of 21 or higher are an indication that youth may be experiencing a mental health concern that requires further assessment.

#### 4.1 Psychological Distress

This table shows the percentage of students with high levels of psychological distress during the past 30 days based on an MHI-5 score of 21 or higher.

Table 18: Psychological Distress

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Below MHI-5 cutoff	94.9	94.1	91.0	91.6	92.4	91.7
At or above MHI-5 cutoff	5.1	5.9	9.0	8.4	7.6	8.3

The following table contains data on each of the five Mental Health Inventory questions. This series of questions asks about how the student was feeling during the past 30 days. The table reports the percentage of students that indicated "a good bit of the time," "most of the time", or "all of the time."

Table 19: MHI-5 Questions

	Grade 6		Grade 8		Grad	e 11
	County	State	County	State	County	State
Been a happy person?	87.5	84.0	79.0	78.3	78.3	77.3
Felt calm and peaceful?	71.6	69.7	61.1	62.4	58.4	60.3
Been a very nervous person?	19.3	24.7	22.7	23.5	23.9	26.5
Felt downhearted and blue?	14.2	18.6	22.1	21.3	19.9	21.8
Felt so down in the dumps that nothing could cheer you up?	11.4	14.0	13.7	14.7	8.7	13.1

#### 4.2 Depression and Suicide Ideation

Suicide is the second leading cause of death among Oregon youth aged 10-24. Depression is the most common underlying cause of suicide. The following table reports the percentage of students that had signs of depression, thoughts about suicide, or actually attempted suicide during the last 12 months.

Table 20: Depression and Suicide Ideation

	Grade 6		Grad	le 8	Grade 11	
	County	State	County	State	County	State
Did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	14.0	19.3	21.6	22.7	21.4	27.9
Did you ever seriously consider attempting suicide?	5.7	9.0	17.6	15.8	15.1	15.1
Actually attempted suicide?	2.3	5.2	7.0	8.0	4.6	6.0

#### Psychological Distress, Depression and Suicide Benton County

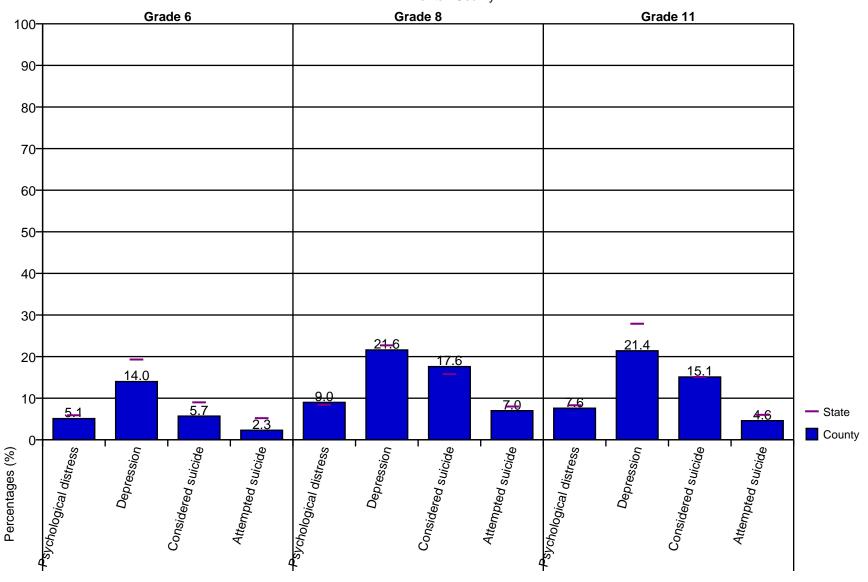


Figure 11: Psychological Distress, Depression and Suicide

#### 5 PROBLEM GAMBLING

Students today are increasingly being exposed to gambling opportunities - on the Internet, in the community, at home and even at church - so it's no surprise that problems associated with gambling are being seen in youth. It's generally not perceived nor treated as risky, yet research shows that youth who gamble are much more likely to engage in other risky behaviors such as drinking, smoking and using drugs and some of them will go on to develop serious gambling problems.

The adolescent brain is developmentally inclined towards risk, minimal consideration of consequences, preference for stimulation and novelty, all of which gambling offers in abundance.

The *Oregon Student Wellness Survey* asks a series of questions that address and measure various gambling activities. Students were asked questions regarding the types of gambling they participated in, their feelings about being involved in gambling and the degree to which parents and teachers have communicated to the students the risks involved in engaging in this particular activity.

Gambling can be addictive, yet most youth and parents treat it as harmless entertainment. The following tables and charts contain data on gambling questions. These percentages are provided by grade level and statewide data are included for comparison purposes. For more information on youth gambling in Oregon, including more data and educational resources, go to <a href="https://www.problemgamblingprevention.org">www.problemgamblingprevention.org</a>

#### 5.1 Types of Gambling in the Past 30 Days

Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event. The following table shows the percentage of students that participated in these types of gambling in the last 30 days.

Table 21: Types of Gambling in the Past 30 Days

	Grad	de 6	Grad	de 8	Grad	e 11
	County	State	County	State	County	State
I did not gamble during the last 30 days.	68.4	66.8	65.4	63.1	74.8	65.7
Playing lottery ticket/Powerball/Megabucks	2.5	4.1	3.8	5.9	3.3	5.9
Playing dice or coin flips.	7.6	10.7	9.1	11.0	2.1	6.5
Playing cards (poker, etc.).	5.8	9.1	12.6	12.8	8.5	11.5
Betting on a sports team.	10.2	12.3	10.7	16.6	7.3	14.2
Betting on games of personal skill (bowling, video games, dares, etc.).	10.7	14.1	18.6	18.2	9.1	15.1
Gambling on the Internet for free or with money.	1.0	2.3	3.1	4.0	3.0	3.9
Playing Bingo for money.	2.5	3.9	1.4	3.8	0.6	2.1
Other.	10.7	10.9	14.3	14.0	5.5	10.0

#### 5.2 Risk of Problem Gambling

Most youth don't have large sums of money to spend on gambling, so this measure must be looked at within that context. The fact that youth are spending any money on a potentially addictive behavior is of concern, and some youth spend significant amounts on it. Even those who spend a small amount of money are still "spending" time and attention on gambling at the expense of other activities and responsibilities. By the time they get into college, where problem gambling rates are among the highest and the average college student gets 25 credit card solicitations a year, some youth have developed seemingly innocent gambling habits that will cost them dearly.

The following table shows the percentage of 11th grade students that reported the following signs of problem gambling in the last 12 months. The last two questions (lied about/bet more) are based on a valid and reliable problem gambling screening instrument which has been used for many years; saying yes to either of these is highly correlated to a potential gambling problem and indicates a need for further assessment by a trained counselor.

Table 22: Signs of Problem Gambling

	Grade 6		Grad		Grade 11	
	County	State	County	State	County	State
Felt bad about the amount you bet, or about what happens when you bet money	2.1	3.4	2.7	2.9	1.0	2.4
Felt that you would like to stop betting money but didn't think you could	2.9	3.1	1.5	2.0	0.0	1.3
Lied to anyone about betting/gambling	2.6	4.5	3.9	5.4	1.0	3.9
Bet/gambled more than you wanted to	3.2	4.1	4.9	5.4	2.2	5.1

#### 5.3 Communication about the Risks of Gambling

Table 23: Communication About the Risks of Gambling

	Grad	le 6	Grade 8		Grad	e 11
	County	State	County	State	County	State
Parents have talked to you about the risks of betting/gambling	54.2	50.9	45.6	46.3	33.0	35.6
Teachers have talked to you about the risks of betting/gambling	24.2	21.2	23.5	22.3	20.6	18.7

#### Gambling - Grade 6 Benton County

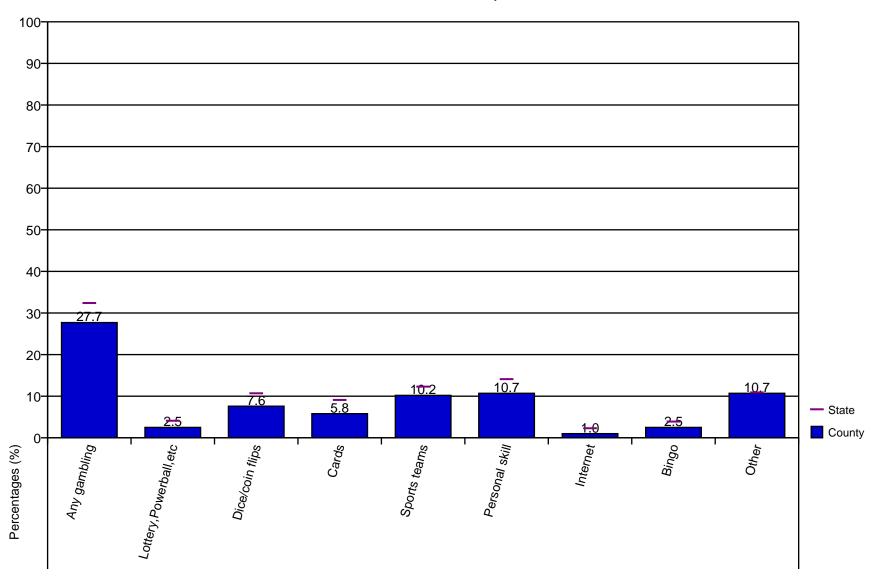


Figure 12: Gambling - Grade 6

#### Gambling - Grade 8 Benton County

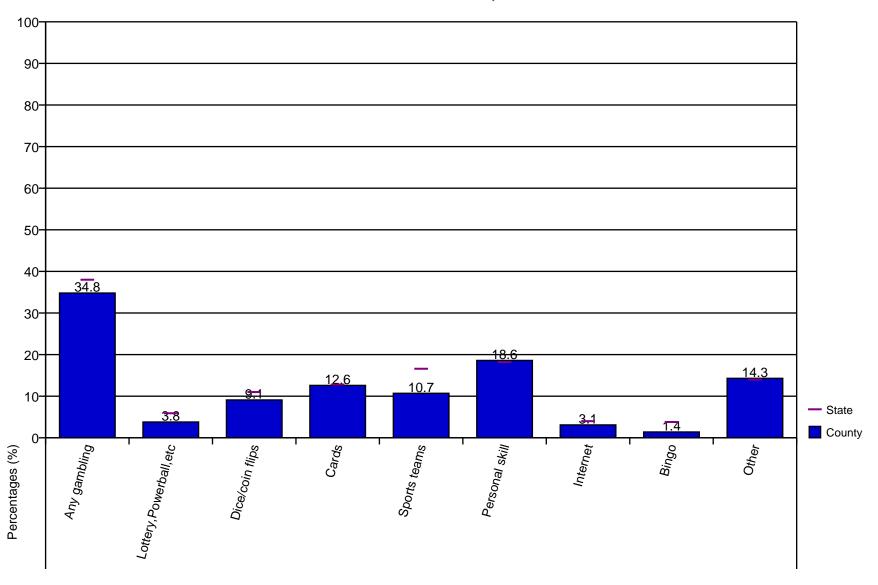


Figure 13: Gambling - Grade 8

### Gambling - Grade 11 Benton County

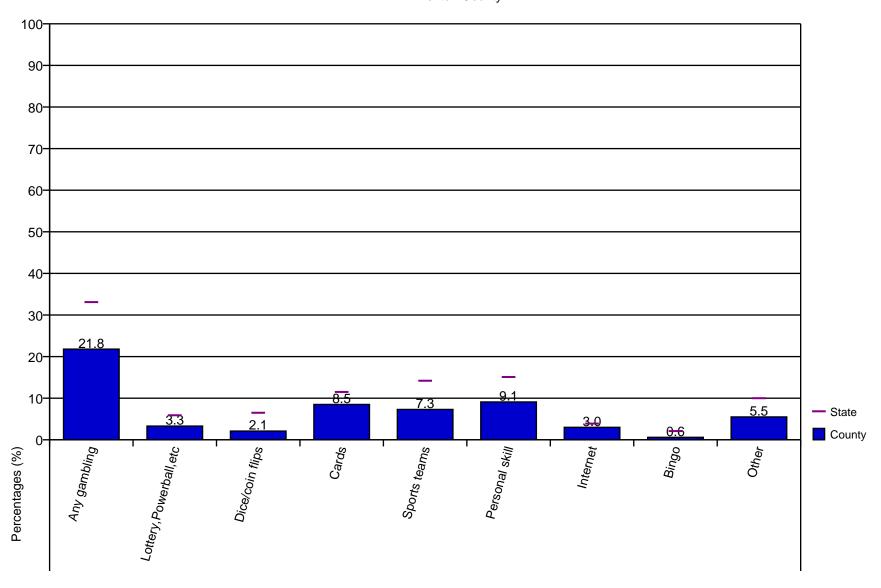


Figure 14: Gambling - Grade 11

#### Signs of Problem Gambling Benton County

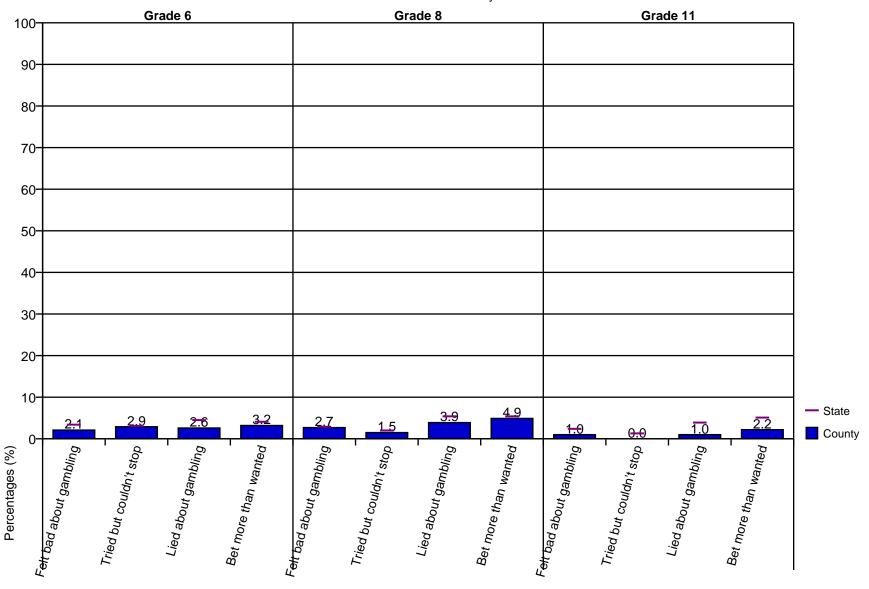


Figure 15: Signs of Problem Gambling

## **6 SUBSTANCE USE**

During the elementary school years, most children express anti-drug, anti-crime and pro-social attitudes and have difficulty imagining why people use drugs. However, in middle school, as more youth are exposed to others who use cigarettes, alcohol or other drugs, their attitudes often shift toward greater acceptance of these behaviors. Typically, by 11th grade, most students have tried alcohol, and many have tried marijuana, cigarettes or other tobacco products.

#### 6.1 Abstinence from Substance Use

The following table shows the percent of students that have never used these substances.

Table 24: Abstinence from Substance Use

	Grade 6		Grad	le 8	Grade 11		
	County	State	County	State	County	State	
Never smoked a whole cigarette	99.2	96.8	91.8	88.4	82.7	76.2	
Never used other tobacco products	99.5	97.7	95.0	91.9	86.1	77.9	
Never had more than a sip or two of alcohol	80.4	75.6	63.0	56.0	34.5	29.9	
Never tried marijuana	99.5	97.2	88.1	84.2	65.1	58.1	

Percentages exclude missing answers.

## 6.2 Substance Use in the Past 30 Days

The table below provides the percentage of students that used one or more times in the past 30 days.

Table 25: Substance Use in the Past 30 Days

	Grad	de 6	Grad	le 8	Grade 11		
	County	State	County	State	County	State	
Smoked cigarettes	0.5	1.5	3.0	5.6	7.7	11.9	
Used other tobacco products	0.3	0.9	2.0	3.7	3.5	9.7	
Used a hookah for tobacco	0.0	0.0	0.0	0.0	8.6	10.4	
Had at least one drink of alcohol	4.5	6.7	13.7	19.6	28.0	35.9	
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	0.8	1.7	4.9	8.1	12.5	21.4	
Used marijuana	0.5	1.5	6.4	8.7	13.6	21.8	
Sniffed glue, breathed the contents of aerosol spray cans, or any paints or sprays to get high	6.2	6.7	5.0	5.6	0.3	1.8	
Used prescription drugs (without a doctor's orders)	1.4	1.7	4.0	4.5	5.0	8.4	
Any illicit drug use including marijuana, cocaine, ecstasy, herion, halluciongens or methamphetamines)	0.5	1.8	6.7	9.0	13.6	22.2	
Any illicit drug use including cocaine, ecstasy, herion, halluciongens or methamphetamines)	0.0	0.6	1.9	1.8	0.6	3.3	

# Alcohol, Tobacco and Other Drug Use - Grade 6 Benton County

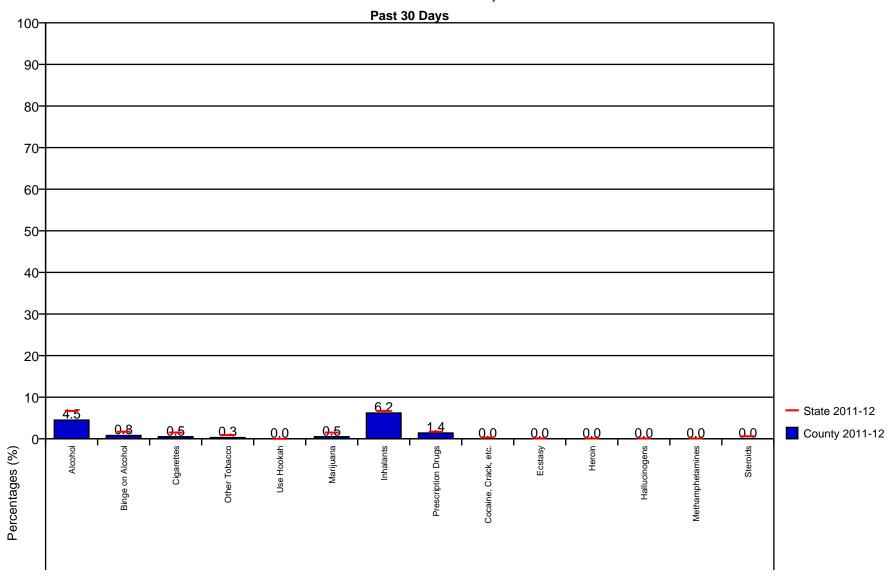


Figure 16: Alcohol, Tobacco and Other Drug Use - Grade 6

# Alcohol, Tobacco and Other Drug Use - Grade 8 Benton County

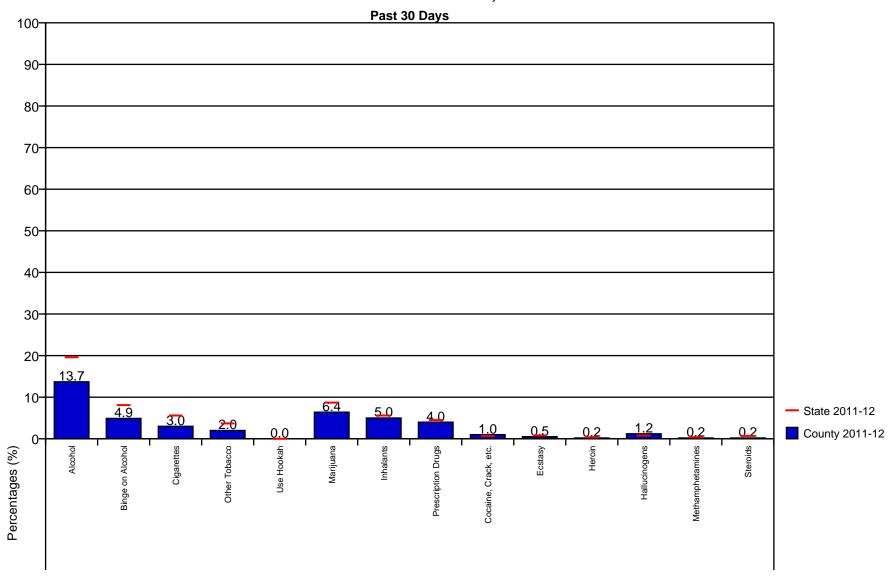


Figure 17: Alcohol, Tobacco and Other Drug Use - Grade 8

# Alcohol, Tobacco and Other Drug Use - Grade 11 Benton County

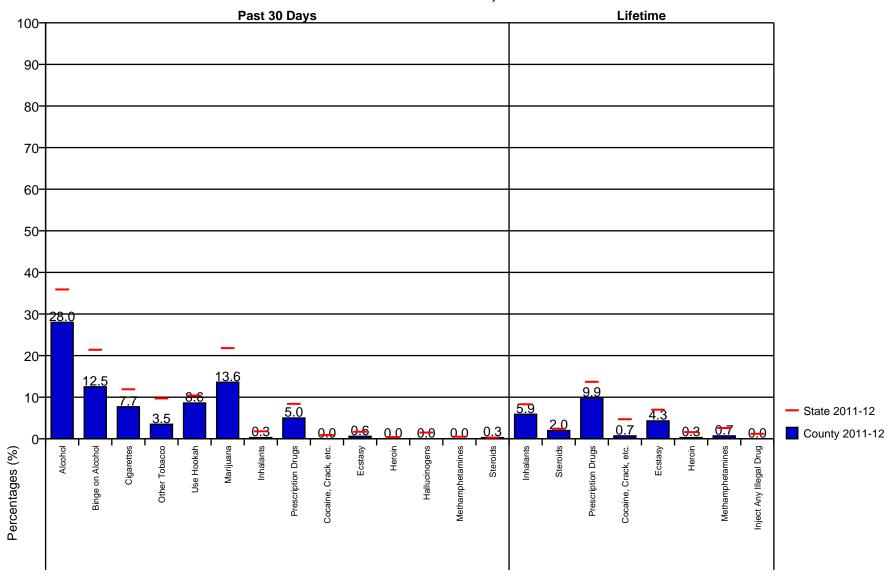


Figure 18: Alcohol, Tobacco and Other Drug Use - Grade 11

### 6.3 Norms About Alcohol Use

"Everybody's doing it!" is a refrain commonly heard by parents and believed by far too many youth in Oregon. The Student Wellness Survey provides information about alcohol norms. A series of questions allow the comparison of actual alcohol-related behaviors to what youth think most students are doing.

Correcting misperceptions is essential to establishing new, healthy norms about underage drinking.

The table below provides the percentage of students that responded one or more times in the past 30 days.

Table 26: Alcohol Use in the Past 30 Days

	Grad	le 6	Grad	de 8	Grad	e 11
	County	State	County	State	County	State
Had at least one drink of alcohol	4.5	6.7	13.7	19.6	28.0	35.9
Think most students had at least one drink of alcohol	44.0	43.5	62.0	64.5	81.7	87.6
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	0.8	1.7	4.9	8.1	12.5	21.4
Think most students had 5 or more drinks of alcohol in a row	21.7	21.3	36.1	42.8	65.0	76.4
Rode in a vehicle driven by a parent or other adult who had been drinking	8.9	11.0	11.0	14.5	13.0	15.5
Think most students rode in a vehicle driven by a parent or other adult who had been drinking	29.3	27.5	42.8	36.3	45.5	52.3

Percentages exclude missing answers.

The table below provides the percentage of students that responded "wrong" or "very wrong"  $\ensuremath{\text{"}}$ 

Table 27: Attitudes about Drinking

	Grade 6		Grad	<b>le 8</b> State	<b>Grade 11</b> County State	
	County	State	County	State	County	State
How wrong do you think it is for someone your age to have one or two drinks of an alcohol beverage nearly every day?	95.3	93.4	85.8	83.2	73.5	70.7
How wrong do you believe most students in your school think it is for someone their age to have one or two drinks of an alcoholic beverage nearly every day?	92.4	87.2	79.8	70.7	52.4	47.4

#### 6.4 Factors Associated with Initiation of Substance Use

This section reports on a variety of factors associated with initiation of substance use. Easy availability, attitudes about use, perceptions about the risk of harm from use and communication about substance use all influence whether young people choose to use tobacco, alcohol or other drugs.

## 6.5 Availability

Adolescents that report easy availability of cigarettes, alcohol, marijuana, and other illegal drugs are more likely to use these substances. Research has shown that legal restrictions on alcohol and tobacco use, such as raising the legal drinking age, restricting smoking in public, and increased taxation have been followed by decreases in consumption.

The table below shows the percentage of students that said it would be "easy" or "very easy" for the student to...

Table 28: Availability

	Grad	Grade 6		le 8	Grade 11		
	County	State	County	State	County	State	
Get some cigarettes?	8.6	15.2	24.9	32.4	53.5	63.6	
Get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?	21.2	19.8	43.1	43.6	71.3	71.1	
Get some marijuana?	2.6	9.2	23.9	32.8	68.1	69.3	
Get a drug like cocaine, lsd, or amphetamines?	2.6	4.5	9.6	10.8	19.1	24.3	

Percentages exclude missing answers.

#### 6.6 Parental Attitude toward Substance Use

In families where parents are heavy users of alcohol, use illegal drugs or are tolerant of children's use, adolescents are more likely to engage in substance use. The risk is further increased if parents involve children in their own using behavior such as asking the child to light the parent's cigarette or get the parent a beer from the refrigerator.

The *Oregon Student Wellness Survey* asks students about how their parents would feel if the student used alcohol, cigarettes or marijuana. The table below reports the percentage of students that said their parents feel it would be "wrong" or "very wrong" for youth to...

Table 29: Parental Attitude toward Substance Use

	Grad	Grade 6		le 8	Grade 11		
	County	State	County	State	County	State	
Wrong to smoke cigarettes	99.4	98.1	97.5	96.7	95.9	93.5	
Wrong to drink beer, wine or liquor regularly	96.0	95.1	93.0	91.0	82.1	79.9	
Wrong to smoke marijuana	99.1	98.0	96.5	93.7	88.0	85.1	

## 6.7 Student Attitude toward Substance Use

Youth who disapprove of substance use are less likely to engage in a variety of problem behaviors.

The following table shows the percentage of students that think it is "wrong" or "very wrong" for someone their age to...

Table 30: Student Attitude toward Substance Use

	Grade 6		Grad	le 8	Grade 11		
	County	State	County	State	County	State	
Wrong to smoke one or more packs of cigarettes a day	99.2	98.1	94.5	94.7	90.7	89.0	
Wrong to have one or two drinks of an alcoholic beverage nearly every day	95.3	93.4	85.8	83.2	73.5	70.7	
Wrong to try marijuana or hashish once or twice	95.5	93.5	80.0	74.8	38.8	43.6	
Wrong to use marijuana or hashish once a month or more	97.9	94.8	84.3	80.5	54.4	52.8	

Percentages exclude missing answers.

## 6.8 Perceived Risk of Harm

Students who perceive cigarette, alcohol or marijuana use are risky are less likely to engage in use.

The following table reports the percentage of students that think there is "moderate risk" or "great risk" of harming themselves (physically or in other ways).

Table 31: Perceived Risk of Harm

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Smoking one or more packs of cigarettes per day is risky	87.3	81.1	91.1	85.5	88.6	87.1
Taking one or two drinks of an alcoholic beverage nearly every day is risky	49.6	47.4	53.8	53.7	56.2	54.6
Having five or more drinks of an alcoholic beverage once or twice a week is risky	69.2	65.6	77.4	72.6	80.6	76.0
Trying marijuana once or twice is risky	58.4	55.5	48.5	46.5	27.3	25.6
Smoking marijuana once or twice a week is risky	82.5	74.7	80.5	70.2	55.8	51.7

## 6.9 Communication about Substance Use

The table below shows the percentage of students that recall communication about substance use during the past 12 months.

Table 32: Communication about Substance Use

	Grade 6		Grac	le 8	Grade 11		
	County	State	County	State	County	State	
Talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use	68.2	62.3	68.3	67.2	70.9	70.0	
Had a special class about drugs or alcohol in school	39.9	42.0	67.4	53.5	54.6	47.8	
Recall hearing, reading, or watching an advertisement about prevention of substance abuse	47.6	44.4	67.5	60.6	79.8	78.4	

# 7 DRUG FREE COMMUNITIES CORE MEASURES

The Drug-Free Communities (DFC) Support Program, administered by the Center for Substance Abuse Prevention, requests specific data which are typically referred to as the Core Measures. Beginning in 2013 there will be a new set of Core Measures. The 2014 Student Wellness Survey will meet the new Core Measure requirements. This report reflects the 2012 Core Measure requirements. At this time, grantees are required to report on three drug categories: tobacco, alcohol and marijuana. A number of Oregon DFCs focus on other substances, so this report also includes 30-day use data for binge drinking, prescription drugs, methamphetamines, and any illicit drugs other than marijuana.

Data in the tables that follow are provided by grade level. For each drug, and at each grade level, the percentage of students who responded positively to the question and the number of students who responded to the question are reported. For Average Age of Onset, the average age of first use in years and the number of students using is reported. The possible responses to this question range from 10 or under to 17 or older. The table shows the average age of onset of use by those students who answered the question with a response other than "never used."

## 7.1 30 Day Use

Table 33: 30 Day Use

					_	
	Gra	de 6	Gra	de 8	Grad	de 11
	N	Pct	N	Pct	N	Pct
Had at least one drink of alcohol	375	4.5	408	13.7	322	28.0
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	372	0.8	408	4.9	320	12.5
Smoked cigarettes	370	0.5	404	3.0	312	7.7
Used marijuana	394	0.5	419	6.4	330	13.6
Used prescription drugs (without a doctor's orders)	356	1.4	397	4.0	301	5.0
Used methamphetamines (also called speed, crystal, crank or ice)	394	0.0	419	0.2	330	0.0

## 7.2 Perception of Moderate or Great Risk

Table 34: Perception of Moderate or Great Risk

	Grade 6		Grade 8		Grad	de 11
	N	Pct	N	Pct	N	Pct
If they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	366	49.7	397	53.7	313	55.9
If they smoke one or more packs of cigarettes per day?	360	87.5	392	91.1	305	88.9
If they smoke marijuana once or twice a week?	359	82.5	397	80.4	308	55.8

Percentages exclude missing answers.

## 7.3 Parents Feel It Would Be Wrong or Very Wrong

Table 35: Parents Feel It Would Be Wrong or Very Wrong

	Gra	Grade 6		Grade 8		de 11
	N	Pct	N	Pct	N	Pct
Drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly (at least once or twice a month)?	354	96.0	399	93.0	291	82.1
Smoke cigarettes?	352	99.4	397	97.7	292	95.9
Smoke marijuana?	347	98.8	398	96.5	292	88.0

Percentages exclude missing answers.

## 7.4 Average Age (in years) of Onset

Table 36: Average Age (in years) of Onset

	Grade 6		Grade 8		Grad	de 11
	N	Age	Ν	Age	N	Age
Smoked a whole cigarette	364	9.3	400	11.4	313	13.7
Had more than a sip or two of alcohol	368	9.4	400	10.4	316	13.8
Tried marijuana	365	10.0	402	11.9	315	14.7

# 8 HEIGHT, WEIGHT & BODY MASS INDEX (BMI)

The 11th grade version of the *Oregon Student Wellness Survey* contains questions about height and weight. Information from these questions are broken down by sex rather than by grade. From these questions it is possible to calculate a Body Mass Index (BMI) and to classify students on a percentile rankings, based on previous CDC analysis, as being either underweight (less than 5th percentile), healthy weight (5th percentile to less than 85th percentile), overweight (85th to less than 95th percentile) or obese (greater than or equal to 95th percentile). This information is detailed in the following tables.

Table 37: Average Weight

	F	emale	1	Male
	N	Pounds	N	Pounds
Average	137	134.9	133	167.9

Percentages exclude missing answers.

Table 38: Average Height

	Fe	emale	ı	/lale
	N	Inches	N	Inches
Average	141	64.8	132	70.5

Percentages exclude missing answers.

Table 39: BMI Categories

	Fer	Female		lale
	N	Pct	N	Pct
Underweight	2	1.5	6	4.7
Healthy Weight	106	78.5	85	65.9
Overweight	19	14.1	21	16.3
Obese	8	5.9	17	13.2

Percentages exclude missing answers.

Table 40: How do you describe your weight?

	Female		Male	
	N	Pct	N	Pct
Very underweight	4	2.8	2	1.5
Slightly underweight	7	4.9	25	18.4
About the right weight	87	60.8	81	59.6
Slightly overweight	42	29.4	24	17.6
Very overweight	3	2.1	4	2.9

Percentages exclude missing answers.

Table 41: What Are You Trying To Do About Your Weight?

	Fe	male	N	lale
	N	Pct	N	Pct
Lose weight	84	58.3	29	21.3
Gain weight	5	3.5	37	27.2
Stay the same weight	26	18.1	29	21.3
I am not trying to do anything about my weight	29	20.1	41	30.1

Percentages exclude missing answers.

Table 42: During the past 30 days, did you go without eating for 24 hours or more to lose weight or to keep from gaining weight?

	Fer	Female		ale
	N	Pct	N	Pct
Yes	27	19.1	8	5.9
No	114	80.9	127	94.1

Table 43: During the past 30 days, did you take diet pills, powders, or liquids to lose weight or to keep from gaining weight?

	Fer	Female		ale
	N	Pct	N	Pct
Yes	10	7.0	4	3.0
No	133	93.0	131	97.0

Percentages exclude missing answers.

Table 44: During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Fer	Female		ale
	N	Pct	N	Pct
Yes	7	4.9	4	3.0
No	136	95.1	130	97.0

## A FREQUENCY DISTRIBUTION TABLES

This section contains frequency distribution tables for all of the questions found on the 2012 *Oregon Student Wellness Survey*. Two versions of the survey were used, one for 6th and 8th grades and another for the 11th grade. The 6th and 8th grade survey consisted of a subset of the questions found on the 11th grade version. In order to provide results that spanned all grade levels in a single report, the data for questions that did not appear on the 6th and 8th grade version were coded as missing.

## A.1 Frequency Distribution Tables

## A.1.1 Demographics

Table 45: How old are you?

	Grad	Grade 6		de 8	Grad	de 11
	County	State	County	State	County	State
10 or younger		0.3				
11 years old	39.4	42.4		0.0		
12 years old	58.8	55.2		0.3		
13 years old	1.8	2.0	43.3	42.5		
14 years old			55.0	55.1		0.0
15 years old			1.7	2.1	0.6	0.3
16 years old					43.0	43.9
17 years old					54.3	53.7
18 years old					2.1	2.1
19 years old or older						
N of Valid	393	18,824	418	21,331	328	15,330
N of Miss	0	61	1	37	3	28

Table 46: What is your sex?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Female	49.9	50.0	48.7	50.2	51.1	48.8
Male	50.1	50.0	51.3	49.8	48.9	51.2
N of Valid	391	18,758	415	21,233	323	15,280
N of Miss	3	127	4	135	7	78

Table 47: Which of the following best describes you?

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
Heterosexual (straight)					91.8	91.9
Gay or lesbian					0.6	1.3
Bisexual					4.9	4.6
I wonder/think I'm transgendered					0.3	0.6
Not sure					2.4	1.7
N of Valid	0	0	0	0	328	15,228
N of Miss	394	18,885	419	21,368	3	130

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 48: In what grade are you?

	Grade 6		Gra	Grade 8		de 11
	County	State	County	State	County	State
6th	100.0	100.0				
7th						
8th			100.0	100.0		
9th						
10th						
11th					100.0	100.0
12th						
N of Valid	394	18,885	419	21,368	330	15,358
N of Miss	0	0	0	0	0	0

Table 49: What is your race?

	Gra	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
American Indian or Alaska Native	3.5	4.9	2.0	3.2	1.6	2.5
Asian	7.6	6.6	9.1	6.4	5.6	5.1
Black or African American	2.2	3.7	2.3	3.1	2.5	2.8
Native or Other Pacific Islander	2.4	4.0	2.3	3.5	1.2	2.6
White	72.6	69.5	73.7	72.2	82.6	78.2
Multiracial	11.7	11.3	10.6	11.6	6.5	8.7
N of Valid	368	16,365	396	18,845	321	14,012
N of Miss	26	2,521	23	2,522	9	1,346

Table 50: Are you Hispanic or Latino/Latina?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Yes	16.0	22.8	13.6	21.1	10.3	18.6
No	84.0	77.2	86.4	78.9	89.7	81.4
N of Valid	374	17,702	411	20,337	320	15,091
N of Miss	19	1,184	8	1,032	10	267

Table 51: What is the language you use most often at home?

	Grad	de 6	Gra	Grade 8		de 11
	County	State	County	State	County	State
English	89.2	84.0	89.8	85.9	94.8	87.9
Russian	0.3	1.0	0.7	1.2		0.9
Spanish	7.0	11.0	4.4	8.3	1.8	7.6
Vietnamese	0.5	1.2	0.5	1.4		0.5
A tribal language		0.2	0.2	0.4		0.4
Another language	3.1	2.6	4.4	2.8	3.4	2.6
N of Valid	388	18,272	410	20,675	325	15,161
N of Miss	4	613	9	693	5	196

## A.1.2 Transitions and Mobility

Table 52: Have you changed schools (including changing from elementary to middle and middle to high school) in the past year?

	Grade 6		Gra	Grade 8		le 11
	County	State	County	State	County	State
Yes	78.5	64.6	15.8	23.2	10.4	17.7
No	21.5	35.4	84.2	76.8	89.6	82.3
N of Valid	390	18,446	417	21,074	327	15,279
N of Miss	4	440	2	294	3	80

Table 53: How many times have you changed homes since kindergarten?

	Grade 6		Gra	Grade 8		le 11
	County	State	County	State	County	State
Never	39.6	35.9	30.6	28.9	32.8	25.8
1 or 2 times	33.9	32.4	34.2	33.0	35.9	33.0
3 or 4 times	18.0	19.0	21.0	20.2	15.5	20.4
5 or 6 times	5.4	7.6	8.2	9.7	7.3	10.5
7 or more times	3.1	5.2	6.0	8.2	8.5	10.3
N of Valid	389	18,570	415	21,181	329	15,276
N of Miss	5	316	3	188	2	83

## A.2 School Climate

## A.2.1 Academic Performance

Table 54: Putting them all together, what were your grades like last year?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
Mostly A's	65.3	45.6	53.8	43.0	46.0	34.7
Mostly B's	25.7	38.0	22.7	30.7	34.3	36.3
Mostly C's	6.8	12.5	13.7	18.2	17.3	21.8
Mostly D's	1.1	2.8	7.1	5.3	1.5	5.3
Mostly F's	1.1	1.2	2.7	2.8	0.9	2.0
N of Valid	369	17,697	409	20,783	324	15,115
N of Miss	26	1,189	10	586	7	243

### A.2.2 School Commitment

Table 55: During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?

	Grad	Grade 6		de 8	Grade 11	
	County	State	County	State	County	State
None	84.2	75.9	85.1	76.7	82.7	69.9
1 day	6.0	9.7	5.5	8.7	7.9	11.0
2 days	3.9	5.6	3.6	5.4	4.0	6.3
3 days	2.6	3.4	2.4	3.5	1.8	4.9
4 to 5 days	2.8	3.2	1.7	3.0	1.8	4.6
6 to 10 days		1.1	1.4	1.2	0.6	1.9
11 or more days	0.5	1.1	0.2	1.4	1.2	1.5
N of Valid	386	18,564	415	21,157	329	15,292
N of Miss	8	321	4	211	2	66

Table 56: How do you like school?

	Gra	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
I like school very much	21.8	22.6	14.7	11.5	13.1	8.2
I like school	45.1	40.3	36.3	37.4	39.3	37.5
I neither like nor dislike school	26.2	26.5	34.1	34.0	31.1	34.9
I dislike school	5.4	6.0	9.4	9.3	11.0	12.7
I dislike school very much	1.5	4.6	5.5	7.8	5.5	6.7
N of Valid	390	18,519	416	21,153	328	15,281
N of Miss	2	366	4	216	2	77

Table 57: How important do you think the things you are learning in school are going to be for your later life?

_	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
Very important	52.0	54.6	39.3	34.2	16.0	19.6
Quite important	31.9	28.5	32.4	31.8	34.7	30.5
Fairly important	13.0	12.4	19.2	22.7	35.0	30.9
Slightly important	2.0	3.4	6.7	9.0	11.0	15.8
Not at all important	1.0	1.1	2.4	2.3	3.4	3.2
N of Valid	392	18,646	417	21,220	326	15,294
N of Miss	2	240	2	148	3	65

Table 58: How often do you feel that the schoolwork you are assigned is meaningful and important?

	Grad	Grade 6		Grade 8		de 11
	County	State	County	State	County	State
Almost always	30.3	30.5	16.8	13.5	5.8	5.3
Often	38.9	36.1	37.2	32.9	24.0	23.2
Sometimes	25.8	25.9	30.4	37.5	46.2	44.9
Seldom	3.9	4.9	12.2	12.1	20.9	22.0
Never	1.0	2.6	3.4	4.0	3.1	4.5
N of Valid	383	18,299	411	20,986	325	15,192
N of Miss	10	587	8	382	4	165

Table 59: I have lots of chances to be part of class discussions or activities.

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Strongly agree	47.8	45.0	48.1	37.8	43.4	37.8
Somewhat agree	45.0	45.5	43.8	50.3	47.4	51.5
Somewhat disagree	5.7	7.0	6.5	9.4	7.4	8.7
Strongly disagree	1.5	2.5	1.7	2.4	1.8	2.0
N of Valid	389	18,363	416	21,095	325	15,253
N of Miss	4	522	3	273	5	105

Table 60: Thinking back over the past school year, how often did you try to do your best work in school?

	Grad	Grade 6		Grade 8		de 11
	County	State	County	State	County	State
Almost always	66.9	59.0	46.2	40.0	31.7	26.9
Often	24.2	28.9	32.7	36.5	39.4	39.1
Sometimes	7.3	9.8	15.7	17.6	21.4	24.9
Seldom	1.0	1.7	3.9	4.6	6.2	7.5
Never	0.5	0.7	1.5	1.3	1.2	1.5
N of Valid	384	18,400	413	20,968	322	15,201
N of Miss	9	485	7	400	8	158

Table 61: There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Strongly agree	65.0	56.0	55.9	48.7	68.7	62.1
Somewhat agree	28.5	32.1	32.8	35.8	24.5	28.1
Somewhat disagree	5.4	9.0	9.2	11.5	5.0	7.1
Strongly disagree	1.0	2.9	2.2	4.0	1.9	2.7
N of Valid	386	18,223	415	20,968	323	15,195
N of Miss	7	662	4	400	8	164

Table 62: I respect most of my teachers.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Strongly agree	70.7	68.5	53.1	49.5	53.8	52.2
Somewhat agree	23.3	25.1	33.3	37.3	35.8	38.0
Somewhat disagree	4.2	4.7	9.4	9.7	9.4	8.0
Strongly disagree	1.8	1.7	4.2	3.5	0.9	1.8
N of Valid	382	17,861	405	20,547	318	14,999
N of Miss	12	1,023	14	821	13	359

Table 63: My teachers notice when I am doing a good job and let me know about it

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Strongly agree	33.8	37.9	27.9	24.8	21.8	20.5
Somewhat agree	46.2	42.8	42.3	43.3	49.4	46.8
Somewhat disagree	14.8	14.0	22.4	22.4	22.4	25.1
Strongly disagree	5.2	5.4	7.5	9.5	6.4	7.6
N of Valid	385	18,314	416	20,936	326	15,185
N of Miss	7	572	4	433	5	174

Table 64: I can talk to my teachers openly and freely about my concerns.

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Strongly agree	32.9	32.2	23.7	20.7	20.8	20.7
Somewhat agree	41.3	36.9	36.7	35.6	39.1	40.1
Somewhat disagree	16.4	19.4	24.2	26.7	28.9	27.2
Strongly disagree	9.4	11.5	15.5	16.9	11.2	11.9
N of Valid	383	18,125	414	20,898	322	15,168
N of Miss	11	761	6	470	8	190

Table 65: In my school, teachers treat students with respect.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Strongly agree	56.7	54.3	35.1	33.3	37.4	30.6
Somewhat agree	33.9	32.8	46.3	43.7	43.6	48.7
Somewhat disagree	7.8	9.7	12.7	17.5	14.6	16.7
Strongly disagree	1.6	3.2	5.9	5.6	4.4	4.0
N of Valid	383	18,023	410	20,805	321	15,081
N of Miss	11	863	8	564	9	277

Table 66: Most students at my school help each other when they are hurt or upset.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Strongly agree	37.9	32.5	22.4	20.7	24.2	16.0
Somewhat agree	45.2	44.1	49.1	44.3	50.9	46.8
Somewhat disagree	12.7	16.9	20.4	24.4	17.4	27.4
Strongly disagree	4.2	6.6	8.0	10.6	7.5	9.7
N of Valid	385	18,158	411	20,953	322	15,119
N of Miss	8	728	8	416	8	239

Table 67: In my school, students that work hard to get good grades are picked on by other students.

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
Strongly agree	7.5	11.6	4.8	8.3	3.1	4.5
Somewhat agree	16.4	22.4	19.1	22.0	12.7	16.8
Somewhat disagree	31.2	28.1	36.6	35.6	31.9	38.3
Strongly disagree	44.9	37.9	39.5	34.1	52.3	40.3
N of Valid	385	18,172	413	21,005	323	15,161
N of Miss	8	712	5	364	8	198

#### A.2.3 Safe School Environment

Table 68: During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
0 days	94.3	91.7	94.9	93.0	96.9	95.9
1 day	4.4	4.7	2.4	3.5	2.2	1.9
2 or 3 days	1.0	2.2	1.7	1.9	0.6	1.3
4 or 5 days	0.3	0.5	0.5	0.5		0.2
6 or more days		0.9	0.5	1.0	0.3	0.7
N of Valid	383	18,316	411	21,029	325	15,110
N of Miss	10	570	7	338	6	248

Table 69: During the past 30 days, on how many days did you carry a gun as a weapon on school property?

	Grad	de 6	Gra	Grade 8		le 11
	County	State	County	State	County	State
0 days	99.7	99.3	98.8	98.6	99.1	98.5
1 day	0.3	0.3	0.2	0.4	0.3	0.3
2 or 3 days		0.1	0.5	0.3	0.3	0.3
4 or 5 days		0.0		0.1		0.1
6 or more days		0.2	0.5	0.6	0.3	0.7
N of Valid	381	18,153	412	20,912	322	15,063
N of Miss	13	732	7	458	8	296

Table 70: During the past 30 days, on how many days did you carry a weapon (other than a gun) such as a knife or club on school property?

	Grad	de 6	Gra	Grade 8		de 11
	County	State	County	State	County	State
0 days	98.4	96.9	96.1	94.9	95.4	92.7
1 day	1.0	2.1	1.7	2.4	0.9	1.9
2 or 3 days	0.5	0.4	0.7	0.9	0.9	1.2
4 or 5 days		0.2		0.3		0.5
6 or more days		0.5	1.5	1.6	2.8	3.7
N of Valid	382	18,151	412	20,920	323	15,081
N of Miss	12	734	7	447	8	277

Table 71: During the past 12 months, how many times were you in a physical fight?

	Grad	le 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times	78.0	71.2	72.3	71.3	90.1	81.7
1 time	11.3	14.2	13.6	14.4	5.6	9.3
2 or 3 times	7.6	8.1	7.8	8.1	3.4	5.6
4 or 5 times	0.5	2.3	2.9	2.6	0.9	1.5
6 or 7 times	0.5	1.0	1.5	1.0		0.6
8 or 9 times	0.8	0.7		0.7		0.2
10 or 11 times	0.5	0.3	0.2	0.2		0.2
12 or more times	8.0	2.4	1.7	1.7		0.9
N of Valid	381	18,269	411	20,988	323	15,131
N of Miss	12	617	7	380	7	227

Table 72: During the past 12 months, how many times were you in a physical fight on school property?

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times	91.7	84.9	87.9	84.9	97.5	93.4
1 time	4.9	9.5	8.7	9.7	1.9	4.5
2 or 3 times	2.3	3.6	2.7	3.8	0.3	1.3
4 or 5 times	0.3	0.9	0.5	0.6	0.3	0.4
6 or 7 times	0.3	0.4		0.3		0.1
8 or 9 times	0.3	0.2		0.2		0.1
10 or 11 times		0.1		0.1		0.0
12 or more times	0.3	0.4	0.2	0.4		0.2
N of Valid	384	18,256	412	20,993	324	15,093
N of Miss	9	629	6	376	6	264

Table 73: During the past 12 months, how many times did you bully someone (such as hitting, kicking, pushing, saying mean things, spreading rumors, or making sexual comments that bothered them)?

	Grad	de 6	Grad	de 8	Grade 11	
	County	State	County	State	County	State
0 times	78.1	77.8	68.9	70.9	84.4	80.1
1 time	12.8	12.9	13.1	12.7	6.9	7.3
2 or 3 times	4.9	5.2	9.2	8.1	5.3	5.7
4 or 5 times	1.6	1.5	2.7	2.8	0.6	2.1
6 or 7 times	0.5	0.6	1.2	1.1	0.9	0.7
8 or 9 times	0.5	0.3	0.5	0.6		0.4
10 or 11 times	0.3	0.1	0.7	0.4		0.2
12 or more times	1.3	1.7	3.6	3.6	1.9	3.4
N of Valid	384	18,144	411	20,920	320	15,108
N of Miss	8	740	9	449	9	252

Table 74: During the past 12 months, how many times have you been suspended from school?

	Grad	de 6	Gra	de 8	Grad	de 11
	County	State	County	State	County	State
0 times	96.1	92.0	90.6	85.9	92.0	88.0
1 time	3.2	5.3	6.3	8.2	5.0	7.2
2 or 3 times	0.5	1.7	1.9	3.7	2.5	2.9
4 or 5 times	0.3	0.5	0.5	1.0	0.3	1.0
6 or 7 times		0.1	0.5	0.4		0.3
8 or 9 times		0.1		0.2	0.3	0.2
10 or 11 times		0.1		0.1		0.1
12 or more times		0.2	0.2	0.5		0.4
N of Valid	380	18,089	414	20,885	323	15,078
N of Miss	13	796	5	485	8	282

Table 75: During the past 12 months, how many times has someone threatened you with a weapon such as a gun, knife, or club on school property?

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times	92.2	90.4	92.5	90.0	97.5	93.3
1 time	6.3	5.7	4.1	5.5	1.2	3.7
2 or 3 times	1.3	2.2	1.5	2.3	0.6	1.6
4 or 5 times		0.7	1.0	0.8	0.6	0.5
6 or 7 times		0.2	0.2	0.4		0.4
8 or 9 times		0.2		0.2		0.1
10 or 11 times		0.1		0.1		0.1
12 or more times	0.3	0.5	0.7	0.7		0.3
N of Valid	383	18,157	413	20,931	324	15,129
N of Miss	10	729	5	437	7	229

Table 76: During the past 12 months, how many times have you been drunk or high at school?

	Gra	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times					86.7	81.0
1 time					4.6	4.7
2 or 3 times					2.8	4.0
4 or 5 times					0.6	1.7
6 or 7 times					0.6	1.2
8 or 9 times					0.6	0.5
10 or 11 times						0.5
12 or more times					4.0	6.5
N of Valid	0	0	0	0	324	15,116
N of Miss	394	18,885	419	21,368	5	242

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 77: During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Yes	2.3	3.3	6.8	11.9	18.6	22.4
No	97.7	96.7	93.2	88.1	81.4	77.6
N of Valid	384	18,180	411	20,884	322	15,019
N of Miss	10	706	8	483	8	339

### A.2.4 Harassment and Bullying

Table 78: Any harassment in the past 30 days

	Grade 6		Gra	Grade 8		le 11
	County	State	County	State	County	State
No	51.0	49.4	50.8	48.6	62.7	60.4
Yes	49.0	50.6	49.2	51.4	37.3	39.6
N of Valid	384	18,262	413	21,055	324	15,136
N of Miss	10	623	5	313	6	222

Table 79: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of your race or ethnic origin?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
0 times	91.6	88.6	87.7	86.8	91.3	89.2
1 time	5.8	6.0	6.0	5.9	4.6	4.3
2 or 3 times	1.8	3.1	4.1	4.0	2.8	3.4
4 or 5 times		0.8	0.5	0.9	0.6	8.0
6 or more times	0.8	1.5	1.7	2.5	0.6	2.3
N of Valid	382	17,966	414	20,688	323	15,089
N of Miss	12	919	5	680	7	269

Table 80: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because someone said you were gay, lesbian, bisexual or transgender?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times	85.9	84.0	88.3	86.3	93.5	91.9
1 time	7.8	7.9	4.4	5.7	1.9	3.0
2 or 3 times	3.4	3.9	3.9	3.7	2.2	2.5
4 or 5 times	1.0	1.1	0.5	1.0	0.6	0.6
6 or more times	1.8	3.2	2.9	3.3	1.9	2.0
N of Valid	384	18,054	412	20,778	323	15,080
N of Miss	10	832	7	590	7	280

Table 81: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of who your friends are?

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times	81.2	78.6	79.6	77.3	88.8	83.9
1 time	12.2	11.7	10.6	11.8	5.8	7.7
2 or 3 times	3.7	5.5	5.9	6.4	3.5	5.2
4 or 5 times	1.3	1.7	1.0	1.7	1.6	1.4
6 or more times	1.6	2.6	3.0	2.8	0.3	1.8
N of Valid	377	17,683	406	20,479	313	14,888
N of Miss	17	1,201	14	889	16	470

Table 82: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of how you look (weight, clothes, acne, or other physical characteristics)?

	Grad	de 6	Gra	Grade 8		le 11
	County	State	County	State	County	State
0 times	73.9	71.4	71.4	69.8	82.2	78.8
1 time	12.5	12.9	10.9	12.6	9.1	9.0
2 or 3 times	6.0	7.5	9.2	8.4	5.6	7.0
4 or 5 times	2.3	2.6	3.1	2.9	0.9	1.8
6 or more times	5.2	5.7	5.3	6.2	2.2	3.4
N of Valid	383	18,035	413	20,891	320	15,071
N of Miss	11	850	7	478	8	287

Table 83: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because you received unwanted sexual comments or attention?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
0 times	94.5	91.8	87.8	87.9	87.9	88.6
1 time	2.9	4.2	4.6	4.8	5.3	4.1
2 or 3 times	1.3	1.9	2.9	3.2	5.0	3.7
4 or 5 times	0.3	0.7	1.5	1.4	0.6	1.3
6 or more times	1.0	1.4	3.2	2.8	1.2	2.3
N of Valid	382	17,979	411	20,895	322	15,081
N of Miss	10	906	8	472	8	277

Table 84: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school through e-mail, chat rooms, instant messaging, Web sites, texting or phone?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
0 times	88.3	87.5	84.9	84.6	88.9	88.1
1 time	6.5	6.4	6.6	6.8	4.6	4.5
2 or 3 times	3.4	3.2	4.9	4.2	3.7	3.5
4 or 5 times	0.5	1.1	1.2	1.5	1.5	1.6
6 or more times	1.3	1.7	2.4	2.9	1.2	2.3
N of Valid	384	18,047	411	20,912	323	15,084
N of Miss	10	839	8	457	7	274

Table 85: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school for other reasons?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
0 times	77.5	76.9	77.3	76.1	82.7	83.8
1 time	8.6	9.6	8.3	9.1	8.4	6.3
2 or 3 times	6.5	6.3	5.6	6.4	4.6	4.8
4 or 5 times	2.1	1.9	3.4	2.4	1.2	1.5
6 or more times	5.2	5.3	5.4	6.0	3.1	3.7
N of Valid	382	17,973	409	20,861	323	15,039
N of Miss	13	913	11	508	7	317

Table 86: How often have you seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
Never	47.2	41.5	41.3	34.7	55.8	44.3
Once or twice per year	31.6	30.8	35.5	33.9	35.8	36.7
Once or twice per month	11.7	12.4	13.3	14.0	5.9	10.3
Once or twice per week	7.8	9.5	6.5	10.6	1.9	5.5
Every day	1.8	5.7	3.4	6.8	0.6	3.2
N of Valid	386	18,200	414	21,046	321	15,192
N of Miss	8	686	4	323	9	166

Table 87: How often have you heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus?

	Grad	de 6	Gra	de 8	Grad	Grade 11	
	County	State	County	State	County	State	
Never	26.6	25.5	19.6	19.3	25.9	22.9	
Once or twice per year	28.7	25.0	28.0	21.7	29.6	26.1	
Once or twice per month	18.5	16.7	21.5	18.9	25.2	21.6	
Once or twice per week	14.4	16.4	17.4	19.5	11.2	16.0	
Every day	11.7	16.4	13.5	20.6	8.1	13.4	
N of Valid	383	18,131	414	20,983	321	15,168	
N of Miss	10	754	4	386	8	190	

Table 88: How often have you heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?

	Grade 6		Grad	de 8	Grade 11	
	County	State	County	State	County	State
Never	34.6	30.3	23.3	23.2	23.8	23.4
Once or twice per year	26.2	25.0	24.5	21.7	27.5	24.2
Once or twice per month	16.5	17.4	20.9	19.9	25.6	21.2
Once or twice per week	14.7	14.7	18.9	17.7	13.4	17.0
Every day	7.9	12.6	12.4	17.6	9.7	14.2
N of Valid	381	18,120	412	20,945	320	15,158
N of Miss	12	766	7	424	11	199

## A.3 Social, Emotional and Mental Health

## A.3.1 Positive Youth Development

Table 89: Positive Youth Development

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Strong positive youth development	69.1	69.1	64.3	59.9	73.2	65.6
Weak positive youth development	30.9	30.9	35.7	40.1	26.8	34.4
N of Valid	317	14,287	370	18,580	269	13,873
N of Miss	76	4,598	48	2,789	62	1,485

Table 90: Would you say that in general your emotional and mental health is...

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Excellent	34.7	34.6	29.5	28.8	27.2	26.8
Very good	36.0	34.8	40.0	35.0	38.3	34.2
Good	23.0	23.7	17.9	24.0	21.6	25.2
Fair	4.4	5.1	9.3	9.4	10.2	10.4
Poor	1.8	1.8	3.2	2.8	2.8	3.4
N of Valid	383	17,485	407	20,696	324	15,139
N of Miss	11	1,399	12	672	7	219

Table 91: Would you say that in general your physical health is...

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Excellent	35.0	37.4	31.4	30.9	28.6	25.5
Very good	43.0	34.2	36.6	34.3	39.4	33.1
Good	17.2	22.5	23.5	26.5	23.9	29.8
Fair	3.7	4.9	7.7	7.2	6.2	9.6
Poor	1.1	0.9	0.7	1.2	1.9	2.0
N of Valid	377	17,423	404	20,683	322	15,114
N of Miss	17	1,461	15	685	8	244

Table 92: I can do most things if I try.

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Very much true	43.6	45.6	47.2	47.9	50.2	53.7
Pretty much true	36.0	31.5	39.0	34.9	41.5	35.9
A little true	12.2	12.6	8.8	12.1	6.9	8.4
Not at all true	8.2	10.3	5.0	5.1	1.4	2.0
N of Valid	353	16,460	400	20,086	289	14,617
N of Miss	40	2,425	20	1,283	41	740

Table 93: I can work out my problems.

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Very much true	46.5	50.6	44.5	44.6	49.7	50.3
Pretty much true	41.4	34.4	41.0	38.8	41.7	38.7
A little true	8.8	11.2	12.0	13.1	8.0	9.5
Not at all true	3.4	3.9	2.5	3.5	0.7	1.4
N of Valid	353	16,409	400	20,028	288	14,574
N of Miss	41	2,476	20	1,340	41	784

Table 94: I volunteer to help others in my community.

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
Very much true	25.8	34.3	26.9	24.9	36.7	31.1
Pretty much true	32.0	27.6	29.4	25.0	31.3	24.5
A little true	34.0	26.0	26.6	31.6	24.6	30.7
Not at all true	8.2	12.1	17.1	18.5	7.5	13.7
N of Valid	341	15,916	391	19,645	281	14,342
N of Miss	53	2,969	27	1,724	49	1,017

Table 95: There is at least one teacher or other adult in my school that really cares about me.

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Very much true	51.9	52.7	46.0	40.6	48.3	44.4
Pretty much true	23.1	22.2	21.2	23.8	22.7	25.0
A little true	15.6	15.4	20.5	21.6	21.7	20.9
Not at all true	9.5	9.6	12.4	14.0	7.3	9.7
N of Valid	347	16,337	396	19,985	286	14,564
N of Miss	47	2,548	22	1,383	44	795

Table 96: On an average school night, how many hours of sleep do you get?

	Gra	Grade 6		de 8	Grade 11	
	County	State	County	State	County	State
4 or less					4.7	5.6
5 hours					8.8	10.7
6 hours					24.0	23.3
7 hours					34.1	31.0
8 hours					24.0	22.6
9 hours					3.8	5.6
10 or more hours					0.6	1.1
N of Valid	0	0	0	0	317	15,045
N of Miss	394	18,885	419	21,368	13	313

<sup>\*</sup>This was not asked in grades 6 and 8.

## A.3.2 Mental Health Inventory

Table 97: Mental Health Inventory 5

_	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
Below MHI-5 cutoff	94.9	94.1	91.0	91.6	92.4	91.7
At or above MHI-5 cutoff	5.1	5.9	9.0	8.4	7.6	8.3
N of Valid	375	17,058	400	20,256	314	14,676
N of Miss	19	1,828	19	1,113	16	682

Table 98: During the past 30 days, how many times have you been a happy person?

	Grade 6		Gra	de 8	Grad	de 11
	County	State	County	State	County	State
All of the time	25.2	26.1	14.5	19.5	12.7	14.6
Most of the time	47.8	44.5	46.9	41.6	47.4	41.6
A good bit of the time	14.5	13.5	17.6	17.2	18.3	21.1
Some of the time	8.1	9.0	12.1	12.1	14.9	14.1
A little of the time	3.6	5.6	7.5	7.7	5.9	7.0
None of the time	0.8	1.4	1.4	1.9	0.9	1.5
N of Valid	385	18,359	414	21,078	323	15,143
N of Miss	7	527	6	291	8	215

Table 99: During the past 30 days, how many times have you been a very nervous person?

	Grad	de 6	Gra	Grade 8		le 11
	County	State	County	State	County	State
All of the time	3.4	5.5	4.6	4.9	3.7	4.0
Most of the time	7.6	9.5	7.2	8.1	7.8	9.0
A good bit of the time	8.3	9.7	10.9	10.5	12.4	13.6
Some of the time	15.4	15.7	17.1	17.4	23.0	20.2
A little of the time	39.8	35.5	43.2	37.2	39.1	36.3
None of the time	25.5	24.1	16.9	21.9	14.0	17.1
N of Valid	384	18,178	414	20,966	322	15,132
N of Miss	8	708	5	403	8	228

Table 100: During the past 30 days, how many times have you felt calm and peaceful?

	Grad	Grade 6		de 8	Grade 11	
	County	State	County	State	County	State
All of the time	17.4	20.7	12.7	15.2	9.8	12.1
Most of the time	35.2	31.7	29.0	28.2	27.8	27.3
A good bit of the time	19.0	17.2	19.5	19.0	20.8	20.9
Some of the time	13.8	13.2	14.8	17.0	20.5	19.3
A little of the time	8.6	10.3	15.8	13.3	15.5	15.0
None of the time	6.0	6.8	8.3	7.4	5.7	5.4
N of Valid	384	18,018	411	20,824	317	15,048
N of Miss	9	867	9	545	14	310

Table 101: During the past 30 days, how many times have you felt downhearted and blue?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
All of the time	2.1	3.8	2.2	3.9	2.2	2.8
Most of the time	5.8	6.9	9.3	7.9	6.0	7.5
A good bit of the time	6.3	7.9	10.6	9.5	11.7	11.5
Some of the time	11.6	12.0	11.8	15.1	19.6	19.6
A little of the time	33.7	28.9	34.4	30.8	39.7	34.5
None of the time	40.5	40.4	31.7	32.8	20.8	24.1
N of Valid	380	17,675	407	20,651	317	14,921
N of Miss	12	1,209	13	717	13	438

Table 102: During the past 30 days, how many times have you felt so down in the dumps that nothing could cheer you up?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
All of the time	3.6	3.7	2.2	3.5	1.9	2.4
Most of the time	3.4	4.7	6.7	5.0	2.5	4.7
A good bit of the time	4.4	5.6	4.8	6.2	4.4	6.1
Some of the time	7.2	7.3	9.1	8.6	9.3	8.9
A little of the time	15.2	17.9	15.8	19.6	24.3	22.8
None of the time	66.1	60.9	61.4	57.1	57.6	55.2
N of Valid	387	18,220	417	21,029	321	15,082
N of Miss	8	665	3	338	10	276

## A.3.3 Depression and Suicidality

Table 103: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Yes	14.0	19.3	21.6	22.7	21.4	27.9
No	86.0	80.7	78.4	77.3	78.6	72.1
N of Valid	385	18,235	417	21,073	323	14,553
N of Miss	8	651	2	295	7	806

Table 104: During the past 12 months, did you ever seriously consider attempting suicide?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Yes	5.7	9.0	17.6	15.8	15.1	15.1
No	94.3	91.0	82.4	84.2	84.9	84.9
N of Valid	384	17,833	414	20,943	324	14,864
N of Miss	10	1,052	5	426	6	494

Table 105: During the past 12 months, how many times did you actually attempt suicide?

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times	97.7	94.8	93.0	92.0	95.4	94.0
1 time	1.0	3.2	3.9	4.1	3.1	3.4
2 or 3 times	1.0	1.4	2.2	2.5	1.5	1.8
4 or 5 times		0.2	0.5	0.6		0.4
6 or more times	0.3	0.4	0.5	8.0		0.5
N of Valid	384	18,116	415	21,012	323	15,214
N of Miss	10	770	4	355	7	144

### A.3.4 Problem Gambling

Table 106: Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome. Please mark ALL the different types of betting that you have done, if any, during the last 30 days:

	Gra	ide 6	Gra	de 8	Grade 11		
	County	State	County	State	County	State	
I did not gamble during the last 30 days.	68.4	66.8	65.4	63.1	74.8	65.7	
Playing lottery ticket/Powerball/Megabi	2.5 J	4.1	3.8	5.9	3.3	5.9	
Playing dice or coin flips.	7.6	10.7	9.1	11.0	2.1	6.5	
Playing cards (poker, etc.).	5.8	9.1	12.6	12.8	8.5	11.5	
Betting on a sports team.	10.2	12.3	10.7	16.6	7.3	14.2	
Betting on games of personal skill (bowling, video games, dares, etc.).	10.7	14.1	18.6	18.2	9.1	15.1	
Gambling on the Internet for free or with money.	1.0	2.3	3.1	4.0	3.0	3.9	
Playing Bingo for money.	2.5	3.9	1.4	3.8	0.6	2.1	
Other.	10.7	10.9	14.3	14.0	5.5	10.0	
N of Valid	393	18,886	419	21,368	330	15,358	
N of Miss	0	0	0	0	0	0	

Table 107: During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money?

	Grade 6		Grad	Grade 8		le 11
	County	State	County	State	County	State
Yes	2.1	3.4	2.7	2.9	1.0	2.4
No	18.4	20.9	24.5	28.6	24.4	30.9
I don't bet for money.	79.5	75.8	72.8	68.6	74.6	66.7
N of Valid	380	17,659	408	20,612	315	14,865
N of Miss	14	1,227	11	757	16	492

Table 108: During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could?

	Grade 6		Grad	Grade 8		le 11
	County	State	County	State	County	State
Yes	2.9	3.1	1.5	2.0		1.3
No	16.3	19.6	25.0	28.1	24.5	30.5
I don't bet for money.	80.8	77.3	73.5	69.9	75.5	68.2
N of Valid	381	17,636	404	20,571	319	14,830
N of Miss	13	1,250	15	797	11	529

Table 109: Have you ever lied to anyone about betting/gambling?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Yes	2.6	4.5	3.9	5.4	1.0	3.9
No	97.4	95.5	96.1	94.6	99.0	96.1
N of Valid	382	17,811	412	20,775	315	15,018
N of Miss	12	1,075	8	593	15	341

Table 110: Have you ever bet/gambled more than you wanted to?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Yes	3.2	4.1	4.9	5.4	2.2	5.1
No	96.8	95.9	95.1	94.6	97.8	94.9
N of Valid	380	17,589	411	20,605	313	14,943
N of Miss	14	1,297	8	764	17	416

Table 111: Have your parents ever talked to you about the risks of betting/gambling?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
Yes	54.2	50.9	45.6	46.3	33.0	35.6
No	45.8	49.1	54.4	53.7	67.0	64.4
N of Valid	380	17,724	412	20,685	312	14,952
N of Miss	13	1,161	7	684	19	406

Table 112: Have your teachers ever talked to you about the risks of betting/gambling?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Yes	24.2	21.2	23.5	22.3	20.6	18.7
No	75.8	78.8	76.5	77.7	79.4	81.3
N of Valid	380	17,721	413	20,712	320	14,987
N of Miss	13	1,164	7	657	10	370

## A.4 Substance Use

## A.4.1 Tobacco Use

Table 113: During the past 30 days, on how many days did you smoke cigarettes?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
0 days	99.2	98.5	97.0	94.4	92.3	88.1
1 or 2 days	0.3	8.0	0.7	2.3	2.2	3.7
3 to 5 days	0.3	0.3	0.2	0.9	0.6	1.6
6 to 9 days		0.2	0.5	0.6	0.3	1.0
10 to 19 days		0.1	0.5	0.6	1.9	1.3
20 to 29 days		0.1	0.5	0.3	0.6	1.1
All 30 days	0.3	0.1	0.5	0.9	1.9	3.3
N of Valid	371	17,474	404	20,513	312	14,830
N of Miss	24	1,411	16	857	18	528

Table 114: During the past 30 days, on how many days did you use other tobacco products?

	Grade 6		Gra	de 8	Grad	le 11
	County	State	County	State	County	State
0 days	99.5	99.0	98.0	96.3	96.5	90.3
1 or 2 days		0.5	1.0	1.5	1.6	3.7
3 to 5 days	0.3	0.2	0.2	0.7	1.6	1.5
6 to 9 days		0.1	0.5	0.4		0.8
10 to 19 days		0.0		0.4	0.3	0.9
20 to 29 days		0.0	0.2	0.2		0.7
All 30 days	0.3	0.1		0.5		2.1
N of Valid	369	17,450	404	20,460	312	14,824
N of Miss	25	1,437	16	909	18	534

Table 115: During the past 30 days, on how many days did you smoke tobacco in a "Hookah," also known as a water pipe?

	Gra	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
0 days					91.7	89.6
1 or 2 days					3.8	5.2
3 to 5 days					2.2	2.3
6 to 9 days					1.0	1.3
10 to 19 days					1.0	0.8
20 to 29 days						0.2
All 30 days					0.3	0.6
N of Valid	0	0	0	0	312	14,836
N of Miss	394	18,885	419	21,368	18	522

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 116: During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? Please mark all that apply.

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
I did not get tobacco during the past 30 days					87.0	79.6
A store or gas station					0.9	4.1
Friends 18 or older					7.0	11.3
Friends under 18					2.4	5.7
Took from home without permission					0.3	1.3
A family member					0.9	2.9
The Internet					0.3	0.3
Some other source					1.2	3.1
N of Valid	394	18,885	419	21,368	330	15,358
N of Miss	0	0	0	0	0	0

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 117: Used any tobacco product during the past 30 days

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
No Use	99.5	98.2	96.3	93.1	88.8	79.9
Use	0.5	1.8	3.7	6.9	11.2	20.1
N of Valid	370	17,562	404	20,609	313	14,944
N of Miss	24	1,323	15	760	17	414

Table 118: How old were you when you smoked a whole cigarette for the first time?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
Never have	99.2	96.8	91.8	88.4	82.7	76.2
8 or younger	0.5	0.7	1.2	1.1	0.3	1.0
9		0.5	0.2	0.8	0.6	0.7
10		0.6	1.2	1.3	0.3	0.9
11		0.9	8.0	1.5	0.6	1.3
12	0.3	0.3	1.5	2.4	1.9	2.0
13		0.0	2.8	3.5	3.2	2.9
14		0.1	0.5	0.9	3.5	4.4
15		0.0		0.1	2.9	5.2
16					3.5	4.4
17 or older					0.3	1.1
N of Valid	364	17,044	400	20,074	313	14,810
N of Miss	30	1,843	21	1,295	17	548

Table 119: How old were you when you smoked a whole cigarette for the first time?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Avg Age in Years	9.3	10.0	11.4	11.5	13.7	13.7

Table 120: How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?

	Grade 6		Gra	Grade 8		Grade 11	
	County	State	County	State	County	State	
Never have	99.5	97.7	95.0	91.9	86.1	77.9	
8 or younger	0.3	0.6	0.7	1.0	0.3	0.7	
9	0.3	0.3	0.5	0.4		0.4	
10		0.4	0.7	0.8		0.4	
11		0.7	0.5	1.0	0.3	0.7	
12		0.3	0.7	1.6	0.3	1.3	
13		0.0	1.2	2.4	1.6	2.0	
14		0.0	0.5	0.9	2.2	3.4	
15		0.0		0.1	4.1	5.7	
16					4.1	6.1	
17 or older					0.9	1.5	
N of Valid	365	17,097	402	20,138	316	14,920	
N of Miss	28	1,789	17	1,228	15	438	

Table 121: How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?

	Grad	le 6	Grade 8		Grade 11	
	County	State	County	State	County	State
Avg Age in Years	8.5	10.1	11.2	11.6	14.7	14.4

### A.4.2 Alcohol Use

Table 122: During your life, on how many days have you had at least one drink of alcohol?

	Gra	de 6	Gra	de 8	Grad	Grade 11	
	County	State	County	State	County	State	
0 days					40.2	30.6	
1 or 2 days					15.6	15.5	
3 to 9 days					17.1	17.8	
10 to 19 days					8.7	11.1	
20 to 39 days					8.7	10.0	
40 to 99 days					5.6	7.6	
100 or more days					4.0	7.3	
N of Valid	0	0	0	0	321	15,117	
N of Miss	394	18,885	419	21,368	8	242	

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 123: During the past 30 days, on how many days did you have at least one drink of alcohol?

	Grad	de 6	Grad	Grade 8		de 11
	County	State	County	State	County	State
0 days	95.7	93.3	86.1	80.4	72.0	64.1
1 or 2 days	3.7	5.3	9.0	13.0	19.3	21.5
3 to 5 days	0.3	0.7	1.5	3.1	6.2	8.0
6 to 9 days		0.3	1.7	1.6	2.2	3.6
10 to 19 days		0.2	1.2	1.0		1.9
20 to 29 days		0.1	0.5	0.4		0.4
All 30 days	0.3	0.2		0.5	0.3	0.5
N of Valid	374	17,670	409	20,596	322	15,118
N of Miss	19	1,215	11	773	8	241

Table 124: During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

	Grad	le 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 days	99.2	98.3	94.9	91.9	87.5	78.6
1 or 2 days	0.5	1.2	3.2	4.9	9.1	12.8
3 to 5 days		0.2	0.5	1.4	2.8	4.7
6 to 9 days		0.1	0.7	0.8	0.6	2.3
10 to 19 days		0.1	0.5	0.5		1.0
20 to 29 days		0.0	0.2	0.2		0.3
All 30 days	0.3	0.1		0.3		0.4
N of Valid	372	17,632	409	20,516	320	15,048
N of Miss	22	1,253	11	853	10	311

Table 125: During the past 30 days, on how many days do you think most students in your school had at least one drink of alcohol? (your best estimate)

	Grad	de 6	Gra	Grade 8		de 11
	County	State	County	State	County	State
0 days	56.0	56.5	38.0	35.5	18.3	12.4
1 or 2 days	27.9	28.0	35.6	29.4	23.7	18.9
3 to 5 days	8.3	8.2	14.1	15.2	26.2	24.3
6 to 9 days	4.3	3.4	6.9	9.2	15.8	20.4
10 to 19 days	1.9	2.0	2.7	6.1	11.7	14.4
20 to 29 days	0.3	0.6	1.5	1.8	2.5	4.4
All 30 days	1.3	1.3	1.2	2.9	1.9	5.3
N of Valid	373	17,326	405	20,399	317	15,023
N of Miss	20	1,559	14	969	12	336

Table 126: During the past 30 days, on how many days do you think most students in your school had 5 or more drinks of alcohol in a row, that is, within a couple of hours? (your best estimate)

	Grad	de 6	Grad	Grade 8		le 11
	County	State	County	State	County	State
0 days	78.3	78.7	64.0	57.2	35.1	23.6
1 or 2 days	15.2	13.4	22.8	22.8	27.5	26.8
3 to 5 days	3.2	4.2	6.7	9.1	20.8	20.4
6 to 9 days	1.3	1.8	3.7	5.1	8.3	15.1
10 to 19 days	0.5	0.9	1.5	3.0	4.5	8.4
20 to 29 days	8.0	0.4	0.7	1.3	2.6	2.9
All 30 days	0.5	0.6	0.5	1.5	1.3	3.0
N of Valid	374	17,265	403	20,359	313	14,956
N of Miss	20	1,621	15	1,010	16	402

Table 127: Think of your four best friends (the friends you feel closest to). In the past 12 months, how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey or gin)?

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
None of my friends					31.7	30.7
1 of my friends					20.1	16.3
2 of my friends					16.0	17.3
3 of my friends					11.9	10.1
4 of my friends					20.4	25.6
N of Valid	0	0	0	0	319	15,079
N of Miss	394	18,885	419	21,368	11	280

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 128: During the past 30 days, what type of alcohol did you usually drink? (Select only one response)

	Gra	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
I did not drink alcohol during the past 30 days.					70.8	64.0
I do not have a usual type.					4.6	4.3
Beer.					3.0	7.3
Flavored beverages (such as Smirnoff, Bacardi Silver, and Hard Lemonade).					4.3	5.0
Wine coolers (such as Bartles and Jaymes or Seagrams Wine).					0.3	0.3
Wine.					2.6	1.8
Liquor (such as vodka, rum, scotch, bourbon, or whiskey).					13.8	16.4
Some other type.					0.7	0.8
N of Valid	0	0	0	0	305	14,318
N of Miss	394	18,885	419	21,368	25	1,041

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 129: During the past 30 days, from which of the following sources did you get the alcohol you drank? Please mark all that apply.

	Gra	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
I did not drink alcohol during the past 30 days.					65.2	60.2
At a party					13.3	17.3
Friends under 21					8.2	12.5
Friends 21 or older					8.5	13.1
A brother or sister					4.8	3.7
A parent					7.9	8.4
A store or gas station						2.3
Liquor store					0.9	3.0
Bar night club or restaurant					0.6	1.0
Took it from home without permission					3.3	5.5
By asking a stranger to buy it for me					0.6	3.3
I got it some other way					3.9	7.3
N of Valid	394	18,885	419	21,368	330	15,358
N of Miss	0	0	0	0	0	0

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 130: In the last 12 months, which of the following have you experienced? (Mark all that apply)

	Gra	de 6	Gra	ide 8	Grade 11	
	County	State	County		County	State
I did not drink alcohol in the last 12 months.	22309		2 - 2		57.0	52.9
Missed school or class because of drinking alcohol.					0.6	2.4
Gotten sick to my stomach because of drinking alcohol.					12.7	15.7
Not been able to remember what happened while I was drinking alcohol.					9.1	14.2
Later regretted something I did while drinking alcohol.					6.9	10.5
Worried that I drank alcohol too much or too often.					2.4	5.2
N of Valid	394	18,885	419	21,368	330	15,358
N of Miss	0	0	0	0	0	0

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 131: During the past 30 days, how many times did you ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
0 times	91.1	89.0	89.0	85.5	87.3	84.5
1 time	6.0	6.4	5.8	7.9	6.7	7.9
2 or 3 times	1.4	2.6	3.2	3.9	3.5	4.9
4 or 5 times	0.5	0.6	0.5	0.9	0.6	1.1
6 or more times	1.1	1.4	1.5	1.8	1.9	1.5
N of Valid	369	17,288	400	20,253	315	14,340
N of Miss	24	1,598	19	1,116	14	1,018

Table 132: During the past 30 days, how many times did you ride in a vehicle driven by a teenager who had been drinking alcohol?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
0 times					92.4	90.6
1 time					5.4	5.5
2 or 3 times					1.9	2.6
4 or 5 times					0.3	0.6
6 or more times						0.7
N of Valid	0	0	0	0	314	14,275
N of Miss	394	18,885	419	21,368	16	1,082

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 133: During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

	Grad	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State	
0 times					96.5	94.6	
1 time					1.9	3.1	
2 or 3 times					1.0	1.4	
4 or 5 times					0.3	0.4	
6 or more times					0.3	0.4	
N of Valid	0	0	0	0	312	14,041	
N of Miss	394	18,885	419	21,368	18	1,316	

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 134: During the past 30 days, how many times did most students in your school ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
0 times	70.9	72.5	57.2	63.7	54.5	47.7
1 time	16.5	14.4	19.6	16.7	27.1	24.6
2 or 3 times	9.1	8.9	17.1	13.1	13.7	20.2
4 or 5 times	1.4	1.9	3.8	3.2	3.7	4.3
6 or more times	2.2	2.3	2.3	3.3	1.0	3.3
N of Valid	364	16,727	397	19,981	299	13,467
N of Miss	29	2,159	22	1,388	31	1,892

Table 135: During the past 30 days, how many times did most students in your school ride in a vehicle driven by a teenager who had been drinking alcohol?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
0 times					47.8	41.4
1 time					28.1	23.4
2 or 3 times					20.7	23.4
4 or 5 times					1.3	7.4
6 or more times					2.0	4.4
N of Valid	0	0	0	0	299	13,348
N of Miss	394	18,885	419	21,368	32	2,010

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 136: During the past 30 days, how many times did most students in your school drive a car or other vehicle when they had been drinking alcohol?

	Grad	Grade 6		de 8	Grad	le 11
	County	State	County	State	County	State
0 times					53.6	45.1
1 time					26.5	25.7
2 or 3 times					15.6	19.5
4 or 5 times					2.3	5.7
6 or more times					2.0	4.1
N of Valid	0	0	0	0	302	13,466
N of Miss	394	18,885	419	21,368	30	1,892

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 137: How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
Never have	80.4	75.6	63.0	56.0	34.5	29.9
8 or younger	7.1	9.8	10.2	10.6	4.4	6.6
9	3.3	3.9	2.8	3.8	0.6	2.5
10	4.6	4.7	7.8	5.0	3.2	3.5
11	3.5	4.2	4.2	4.6	2.2	2.9
12	1.1	1.6	5.8	8.0	6.3	5.9
13		0.1	4.8	9.1	5.1	8.5
14		0.1	1.2	2.7	10.4	11.3
15		0.0	0.2	0.1	14.2	14.3
16					16.8	12.2
17 or older					2.2	2.4
N of Valid	368	17,116	400	20,214	316	14,969
N of Miss	25	1,771	19	1,155	13	387

Table 138: How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?

	Grad	le 6	Grade 8		Grade 11	
	County	State	County	State	County	State
Avg Age in Years	9.4	9.4	10.4	10.8	13.8	13.3

Table 139: How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?

	Grad	Grade 6		de 8	Grade 11	
	County	State	County	State	County	State
Never have	98.4	96.7	90.8	88.2	76.8	66.3
8 or younger	0.5	8.0	0.7	1.0		0.4
9		0.4		0.4		0.2
10	0.3	0.6	1.2	0.8		0.4
11	0.5	1.0	1.7	1.1	0.3	0.6
12	0.3	0.5	2.2	2.7	0.6	1.2
13		0.0	2.2	4.0	1.0	2.4
14			1.0	1.7	3.5	5.0
15		0.0		0.2	6.0	9.1
16					8.6	11.3
17 or older					3.2	3.1
N of Valid	365	17,100	401	20,130	315	14,868
N of Miss	27	1,785	18	1,239	15	491

Table 140: How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?

	Grad	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State	
Avg Age in Years	10.0	10.1	11.7	12.0	15.3	14.9	

### A.4.3 Marijuana Use

Table 141: During the past 30 days, how many times did you use marijuana?

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times	99.7	98.3	93.3	90.5	85.5	76.4
1 or 2 times	0.3	0.9	2.7	3.5	5.4	8.3
3 to 9 times		0.4	2.2	2.2	3.8	5.5
10 to 19 times		0.1	0.5	1.3	2.2	2.9
20 to 39 times		0.1	0.5	0.9	0.6	1.9
40 or more times		0.2	0.7	1.7	2.5	4.9
N of Valid	369	17,504	404	20,493	317	15,034
N of Miss	25	1,382	15	876	12	324

Table 142: During the past 30 days, from which of the following sources did you get marijuana? Please mark all that apply.

	Gra	ide 6	Gra	ide 8	Grad	de 11
	County	State	County	State	County	State
I did not use marijuana during the past 30 days					81.3	74.1
A public event such as a concert or sporting event					0.3	1.9
A party					4.2	8.4
Friends 18 or older					5.5	9.5
Friends under 18					7.9	13.4
A family member					3.0	3.7
A medical marijuana cardholder or grower					0.6	3.5
I gave someone money to buy it for me					1.8	4.5
I grew it					0.3	1.6
I got it some other way					3.3	6.1
N of Valid	394	18,885	419	21,368	330	15,358
N of Miss	0	0	0	0	0	0

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 143: How old were you when you tried marijuana for the first time?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
Never have	99.5	97.2	88.1	84.2	65.1	58.1
8 or younger	0.3	0.4	0.7	1.0		0.7
9		0.3	0.7	0.8		0.6
10		0.5	1.0	1.1	0.6	1.0
11		1.0	1.2	1.8	0.6	1.2
12	0.3	0.5	2.0	4.1	1.9	3.0
13		0.1	5.2	5.7	4.4	5.7
14		0.1	1.0	1.3	5.1	8.7
15		0.0		0.1	11.1	10.9
16					8.9	8.3
17 or older					2.2	1.6
N of Valid	365	17,077	402	20,175	315	14,937
N of Miss	28	1,809	18	1,195	16	420

Table 144: How old were you when you tried marijuana for the first time?

	Grad	Grade 6		e 8	Grade 11	
	County	State	County	State	County	State
Avg Age in Years	10.0	10.5	11.9	11.9	14.7	14.1

### A.4.4 Other Drug Use

Table 145: During the past 30 days, on how many days did you sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?

	Grad	Grade 6		de 8	Grad	de 11
	County	State	County	State	County	State
0 days	94.1	93.3	95.0	94.4	99.7	98.2
1 or 2 days	4.5	4.6	2.8	3.3	0.3	1.1
3 to 5 days	0.6	1.1	8.0	1.1		0.2
6 to 9 days	0.3	0.4	8.0	0.5		0.1
10 to 19 days		0.2	0.5	0.2		0.1
20 to 29 days	0.3	0.1		0.2		0.1
All 30 days	0.3	0.2	0.3	0.3		0.2
N of Valid	356	16,814	397	20,062	299	14,871
N of Miss	37	2,072	22	1,307	30	487

Table 146: During the past 30 days, on how many days did you use a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's orders?

	Grad	de 6	Grad	de 8	Grad	Grade 11	
	County	State	County	State	County	State	
0 days	98.6	98.3	96.0	95.5	95.0	91.6	
1 or 2 days	0.6	0.9	1.0	2.3	3.3	4.3	
3 to 5 days	0.3	0.3	1.5	0.9	1.0	1.7	
6 to 9 days		0.1	1.0	0.5		1.2	
10 to 19 days	0.3	0.2	0.5	0.2	0.3	0.6	
20 to 29 days		0.0		0.2		0.3	
All 30 days	0.3	0.1		0.4	0.3	0.4	
N of Valid	356	16,609	397	20,039	301	14,843	
N of Miss	38	2,277	22	1,328	29	516	

Table 147: Which of the following illicit drugs did you use during the past 30 days? (Please mark all that apply)

	Gra	ide 6	Gra	ide 8	Gra	de 11
	County	State	County	State	County	State
I did not use illicit drugs during the past 30 days	85.5	82.6	86.2	82.2	77.0	73.9
Marijuana	0.5	1.5	6.4	8.7	13.6	21.8
Any form of cocaine including powder, crack or freebase		0.3	1.0	0.7		0.9
Ecstasy (also called MDMA)		0.1	0.5	0.8	0.6	1.7
Heroin or other opiates or narcotics		0.1	0.2	0.4		0.4
LSD or other hallucinogens or psychedelics		0.1	1.2	0.8		1.5
Methamphetamines (also called speed, crystal, crank or ice)		0.1	0.2	0.4		0.5
Steroid pills or shots without a doctor's prescription		0.6	0.2	0.7	0.3	0.3
N of Valid	394	18,885	419	21,369	330	15,359
N of Miss	0	0	0	0	0	0

Table 148: Any illicit drug use including marijuana, cocaine, ecstasy, herion, halluciongens or methamphetamines)

	Grade 6		Grad	Grade 8		le 11
	County	State	County	State	County	State
No Use	99.5	98.2	93.3	91.0	86.4	77.8
Use	0.5	1.8	6.7	9.0	13.6	22.2
N of Valid	394	18,885	419	21,369	330	15,358
N of Miss	0	0	0	0	0	0

Table 149: Any illicit drug use including cocaine, ecstasy, herion, halluciongens or methamphetamines)

	Grade 6		Grad	Grade 8		le 11
	County	State	County	State	County	State
No Use	100.0	99.4	98.1	98.2	99.4	96.7
Use		0.6	1.9	1.8	0.6	3.3
N of Valid	394	18,885	419	21,368	330	15,358
N of Miss	0	0	0	0	0	0

### A.4.5 Lifetime Drug Use

Table 150: During your life, how many times have you used marijuana?

_	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
0 times					65.5	57.7
1 or 2 times					7.9	7.8
3 to 9 times					8.6	8.3
10 to 19 times					5.6	5.2
20 to 39 times					3.0	4.6
40 or more times					9.5	16.3
N of Valid	0	0	0	0	304	14,874
N of Miss	394	18,885	419	21,368	26	485

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 151: During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Grad	de 6	Gra	Grade 8		le 11
	County	State	County	State	County	State
0 times					93.8	91.7
1 or 2 times					3.9	4.7
3 to 9 times					0.7	1.5
10 to 19 times					0.3	0.9
20 to 39 times					0.7	0.4
40 or more times					0.7	0.8
N of Valid	0	0	0	0	306	14,899
N of Miss	394	18,885	419	21,368	25	460

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 152: During your life, how many times have you taken steroid pills or shots without a doctor's prescription?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
0 times					98.0	97.6
1 or 2 times					1.6	0.9
3 to 9 times						0.6
10 to 19 times						0.3
20 to 39 times						0.2
40 or more times					0.3	0.4
N of Valid	0	0	0	0	306	14,888
N of Miss	394	18,885	419	21,368	24	470

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 153: During your life, how many times have you taken a prescription drug without a doctor's prescription?

	Gra	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
0 times					90.1	86.3
1 or 2 times					5.3	4.8
3 to 9 times					2.0	3.7
10 to 19 times					2.0	2.2
20 to 39 times					0.3	1.3
40 or more times					0.3	1.8
N of Valid	0	0	0	0	304	14,882
N of Miss	394	18,885	419	21,368	26	477

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 154: During your life, how many times have you used any form of cocaine, including powder, crack or freebase?

	Grad	de 6	Gra	de 8	Grad	Grade 11	
	County	State	County	State	County	State	
0 times					99.3	95.3	
1 or 2 times					0.7	2.3	
3 to 9 times						1.0	
10 to 19 times						0.5	
20 to 39 times						0.3	
40 or more times						0.6	
N of Valid	0	0	0	0	303	14,886	
N of Miss	394	18,885	419	21,368	26	472	

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 155: During your life, how many times have you used ecstasy (also called MDMA)?

	Grad	de 6	Gra	Grade 8		le 11
	County	State	County	State	County	State
0 times					95.7	93.0
1 or 2 times					3.3	3.3
3 to 9 times					0.3	1.8
10 to 19 times					0.3	8.0
20 to 39 times					0.3	0.4
40 or more times						0.7
N of Valid	0	0	0	0	303	14,788
N of Miss	394	18,885	419	21,368	27	572

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 156: During your life, how many times have you used heroin (also called smack, junk, or China White)?

	Grad	de 6	Grad	de 8	Grad	Grade 11	
	County	State	County	State	County	State	
0 times					99.7	98.4	
1 or 2 times					0.3	0.8	
3 to 9 times						0.2	
10 to 19 times						0.2	
20 to 39 times						0.1	
40 or more times						0.4	
N of Valid	0	0	0	0	304	14,886	
N of Miss	394	18,885	419	21,368	27	472	

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 157: During your life, how many times have you used methamphetamines (also called speed, crystal, crank or ice)?

	Gra	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
0 times					99.0	97.4
1 or 2 times					0.3	1.2
3 to 9 times					0.3	0.4
10 to 19 times						0.3
20 to 39 times						0.2
40 or more times					0.3	0.5
N of Valid	0	0	0	0	302	14,873
N of Miss	394	18,885	419	21,368	28	485

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 158: During your life, how many times have you used a needle to inject any illegal drug into your body?

	Grad	Grade 6		de 8	Grade 11	
	County	State	County	State	County	State
0 times					100.0	98.8
1 time						0.6
2 or more times						0.6
N of Valid	0	0	0	0	301	14,777
N of Miss	394	18,885	419	21,368	29	580

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 159: Lifetime drug use (includes marijuana, inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines)

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
No Use					62.4	55.2
Use					37.6	44.8
N of Valid	0	0	0	0	306	14,968
N of Miss	394	18,885	419	21,368	24	391

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 160: Lifetime drug use other than marijuana (includes inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines)

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
No Use					83.7	80.2
Use					16.3	19.8
N of Valid	0	0	0	0	307	14,955
N of Miss	394	18,885	419	21,368	24	403

<sup>\*</sup>This was not asked in grades 6 and 8.

### A.4.6 Availability of Alcohol, Tobacco and Drugs

Table 161: If you wanted to get some, how easy would it be for you to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Very hard	59.6	64.5	34.3	35.5	11.7	12.0
Somewhat hard	19.2	15.7	22.6	20.9	16.9	16.9
Sort of easy	14.9	11.6	23.6	24.0	34.9	33.2
Very easy	6.3	8.2	19.5	19.6	36.5	37.9
N of Valid	349	15,754	394	19,439	307	14,817
N of Miss	44	3,132	24	1,929	23	541

Table 162: If you wanted to get some, how easy would it be for you to get some cigarettes?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
Very hard	80.6	72.9	55.4	48.4	23.3	18.4
Somewhat hard	10.9	11.9	19.6	19.2	23.3	18.0
Sort of easy	4.9	7.6	11.8	15.4	20.6	23.3
Very easy	3.7	7.6	13.1	16.9	32.9	40.3
N of Valid	350	15,526	397	19,375	301	14,756
N of Miss	43	3,360	22	1,993	29	603

Table 163: If you wanted to get some, how easy would it be for you to get some marijuana?

	Grad	de 6	Grad	de 8	Grade 11	
	County	State	County	State	County	State
Very hard	92.4	83.7	62.5	53.7	18.8	18.5
Somewhat hard	4.9	7.1	13.6	13.5	13.2	12.2
Sort of easy	0.9	4.6	8.8	13.1	24.3	21.0
Very easy	1.7	4.6	15.1	19.8	43.8	48.2
N of Valid	344	15,539	397	19,319	304	14,767
N of Miss	49	3,347	22	2,049	27	591

Table 164: If you wanted to get some, how easy would it be for you to get a drug like cocaine, LSD, or amphetamines?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
Very hard	94.3	90.6	81.5	77.8	54.8	51.6
Somewhat hard	3.2	4.9	8.9	11.4	26.1	24.2
Sort of easy	1.4	2.2	4.1	5.4	10.6	12.6
Very easy	1.1	2.3	5.6	5.4	8.6	11.7
N of Valid	348	15,479	394	19,357	303	14,731
N of Miss	46	3,406	25	2,012	26	627

### A.4.7 Perceived Risk of Harm from Substance Use

Table 165: How much do you think people risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
No risk	15.6	18.2	10.4	13.9	10.5	14.1
Slight risk	34.8	34.4	35.9	32.4	33.2	31.3
Moderate risk	29.0	25.9	31.1	31.4	31.6	31.0
Great risk	20.5	21.5	22.7	22.3	24.6	23.6
N of Valid	365	16,654	396	19,890	313	14,884
N of Miss	28	2,232	22	1,479	17	476

Table 166: How much do you think people risk harming themselves (physically or in other ways) when they have five or more drinks of an alcoholic beverage once or twice a week?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
No risk	11.3	13.5	5.5	8.5	4.5	6.0
Slight risk	19.5	20.8	17.1	18.9	14.9	18.0
Moderate risk	40.4	35.6	42.2	38.6	38.8	37.6
Great risk	28.8	30.0	35.2	34.0	41.7	38.4
N of Valid	364	16,527	398	19,791	309	14,850
N of Miss	30	2,359	21	1,576	20	508

Table 167: How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

	Grade 6		Grad	Grade 8		Grade 11	
	County	State	County	State	County	State	
No risk	7.8	11.8	4.6	7.3	3.6	5.8	
Slight risk	5.0	7.1	4.3	7.2	7.8	7.1	
Moderate risk	16.1	17.0	19.6	18.5	15.7	17.1	
Great risk	71.2	64.1	71.4	67.0	72.9	70.0	
N of Valid	361	16,421	392	19,588	306	14,744	
N of Miss	33	2,465	27	1,780	25	614	

Table 168: How much do you think people risk harming themselves (physically or in other ways) if they try marijuana once or twice?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
No risk	12.0	16.5	15.5	22.1	38.0	41.3
Slight risk	29.6	28.1	36.0	31.4	34.7	33.1
Moderate risk	31.6	28.1	27.7	24.8	15.3	14.5
Great risk	26.8	27.3	20.8	21.8	12.0	11.0
N of Valid	358	16,289	394	19,669	308	14,788
N of Miss	35	2,597	25	1,701	23	569

Table 169: How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana once or twice a week?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
No risk	9.2	13.3	9.9	13.9	18.2	23.1
Slight risk	8.4	12.0	9.6	15.9	26.0	25.2
Moderate risk	31.2	26.5	31.1	27.6	28.6	27.1
Great risk	51.3	48.2	49.4	42.5	27.3	24.6
N of Valid	359	16,276	395	19,697	308	14,836
N of Miss	35	2,610	23	1,671	22	523

Table 170: How wrong do you think it is for someone your age to have one or two drinks of an alcoholic beverage nearly every day?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Very wrong	78.0	75.2	56.1	55.2	37.1	37.3
Wrong	17.3	18.2	29.7	28.1	36.4	33.5
A little bit wrong	3.6	5.1	9.5	12.7	21.3	21.5
Not wrong at all	1.1	1.5	4.7	4.1	5.2	7.7
N of Valid	359	16,993	401	20,223	291	14,641
N of Miss	36	1,891	19	1,146	38	718

Table 171: How wrong do you think it is for someone your age to smoke one or more packs of cigarettes a day?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
Very wrong	93.8	91.9	81.2	80.4	71.1	67.6
Wrong	5.4	6.2	13.3	14.3	19.6	21.4
A little bit wrong		1.2	3.0	3.2	6.5	7.6
Not wrong at all	8.0	0.7	2.5	2.1	2.7	3.4
N of Valid	355	16,890	398	20,123	291	14,589
N of Miss	38	1,995	21	1,246	38	770

Table 172: How wrong do you think it is for someone your age to try marijuana or hashish once or twice?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Very wrong	78.6	79.4	53.7	53.9	21.5	25.7
Wrong	16.9	14.2	26.3	20.9	17.3	17.9
A little bit wrong	3.4	4.6	12.4	14.9	29.1	25.3
Not wrong at all	1.1	1.9	7.6	10.3	32.2	31.0
N of Valid	355	16,767	395	20,040	289	14,433
N of Miss	40	2,118	24	1,329	42	926

Table 173: How wrong do you think it is for someone your age to use marijuana or hashish once a month or more?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Very wrong	86.7	83.0	64.9	62.5	28.1	31.7
Wrong	11.2	11.8	19.3	18.0	26.3	21.1
A little bit wrong	1.2	3.3	9.0	11.3	26.0	23.0
Not wrong at all	0.9	1.9	6.7	8.2	19.6	24.2
N of Valid	338	16,227	388	19,275	281	14,391
N of Miss	55	2,658	31	2,093	47	968

Table 174: How wrong do you believe most students in your school think it is for someone their age to have one or two drinks of an alcoholic beverage nearly every day?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Very wrong	61.1	63.0	37.6	40.0	21.6	20.3
Wrong	31.3	24.2	42.2	30.7	30.8	27.1
A little bit wrong	5.6	10.0	15.4	21.3	36.6	34.0
Not wrong at all	2.0	2.8	4.8	8.0	11.0	18.6
N of Valid	355	16,557	396	19,967	292	14,504
N of Miss	39	2,328	23	1,401	39	853

### A.4.8 Communication about Substance Use

Table 175: During the past 12 months, do you recall hearing, reading, or watching an advertisement about prevention of substance abuse?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
Yes	47.6	44.4	67.5	60.6	79.8	78.4
No	22.0	29.1	15.5	19.6	9.8	12.2
Don't know or can't say	30.4	26.5	17.0	19.8	10.4	9.5
N of Valid	355	16,744	400	20,200	297	14,753
N of Miss	40	2,142	19	1,168	33	605

Table 176: During the past 12 months, have you had a special class about drugs or alcohol in school?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Yes	39.9	42.0	67.4	53.5	54.6	47.8
No	47.5	49.0	24.2	36.7	36.9	44.2
Don't know or can't	12.6	9.0	8.3	9.8	8.5	8.0
say						
N of Valid	356	16,761	396	20,093	295	14,690
N of Miss	38	2,125	23	1,275	36	669

Table 177: During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Yes	68.2	62.3	68.3	67.2	70.9	70.0
No	22.5	28.7	24.1	24.5	23.3	23.9
Don't know or can't say	9.3	9.0	7.5	8.3	5.7	6.1
N of Valid	355	16,738	398	20,099	296	14,701
N of Miss	39	2,148	21	1,270	34	658

Table 178: Would you be more or less likely to want to work for an employer that tests its employees for drug or alcohol use on a random basis?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
More likely					30.2	31.3
Less likely					15.1	17.3
Would make no difference					47.4	45.1
Don't know or can't say					7.2	6.3
N of Valid	0	0	0	0	291	14,600
N of Miss	394	18,885	419	21,368	39	759

<sup>\*</sup>This was not asked in grades 6 and 8.

### A.5 Parenting and Parental Attitudes

### A.5.1 Family Management

Table 179: My parents ask if I've gotten my homework done.

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Very much true	83.4	80.0	70.2	65.6	52.6	50.7
Pretty much true	9.7	11.7	17.2	18.0	24.6	22.4
A little true	4.0	5.0	7.6	9.5	15.4	16.0
Not at all true	2.9	3.3	5.1	6.9	7.4	11.0
N of Valid	349	16,368	396	19,968	285	14,516
N of Miss	45	2,518	22	1,401	44	842

Table 180: My parents would catch me if I skipped school.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Very much true	81.7	81.1	72.3	68.2	57.4	48.1
Pretty much true	10.7	9.1	14.8	15.5	19.9	20.9
A little true	4.6	4.6	9.2	9.1	13.2	18.5
Not at all true	2.9	5.1	3.8	7.2	9.6	12.6
N of Valid	345	16,155	393	19,731	272	14,343
N of Miss	49	2,731	25	1,637	59	1,014

Table 181: When I am not at home, one of my parents knows where I am and whom I am with.

	Grad	de 6	Grad	Grade 8		Grade 11	
	County	State	County	State	County	State	
Very much true	81.3	77.8	69.0	66.7	54.4	51.1	
Pretty much true	12.5	13.3	19.9	19.9	28.1	28.5	
A little true	4.2	4.9	6.8	9.2	13.2	15.1	
Not at all true	2.0	3.9	4.3	4.3	4.3	5.3	
N of Valid	353	16,477	397	20,047	281	14,539	
N of Miss	42	2,409	22	1,321	48	818	

Table 182: My family has clear rules about alcohol and drug use.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Very much true	84.9	83.5	72.7	71.8	64.6	58.1
Pretty much true	8.5	9.2	14.8	14.8	19.3	21.3
A little true	3.7	3.9	7.5	8.6	11.1	14.1
Not at all true	2.8	3.4	5.0	4.8	5.0	6.5
N of Valid	352	16,408	399	19,992	280	14,500
N of Miss	42	2,479	21	1,377	50	858

Table 183: How would most students in your school respond to this statement: "My family has clear rules about alcohol and drug use."

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Very much true					18.7	17.3
Pretty much true					49.5	38.5
A little true					29.3	35.7
Not at all true					2.6	8.5
N of Valid	0	0	0	0	273	14,420
N of Miss	394	18,885	419	21,368	57	937

<sup>\*</sup>This was not asked in grades 6 and 8.

### A.5.2 Parental Attitudes towards Substance Use

Table 184: How wrong do you think your parents feel it would be for you to drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly (at least once or twice a month)?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Very wrong	87.6	87.2	78.4	77.8	59.7	57.8
Wrong	8.5	7.9	14.5	13.2	22.4	22.0
A little bit wrong	2.8	3.3	4.5	6.6	13.1	14.5
Not wrong at all	1.1	1.6	2.5	2.4	4.8	5.6
N of Valid	354	16,782	399	20,111	290	14,547
N of Miss	40	2,103	20	1,257	39	812

Table 185: How wrong do you think your parents feel it would be for you to smoke cigarettes?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Very wrong	95.7	93.8	90.7	89.3	84.2	81.4
Wrong	3.7	4.3	6.8	7.3	11.6	12.0
A little bit wrong	0.3	1.1	1.3	2.0	3.8	4.1
Not wrong at all	0.3	0.7	1.3	1.3	0.3	2.5
N of Valid	352	16,730	398	20,110	292	14,563
N of Miss	42	2,156	21	1,259	38	795

Table 186: How wrong do you think your parents feel it would be for you to smoke marijuana?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Very wrong	97.1	95.4	89.4	86.1	71.2	70.7
Wrong	2.0	2.6	7.0	7.6	16.8	14.4
A little bit wrong	0.6	1.1	1.5	3.9	8.6	9.4
Not wrong at all	0.3	0.9	2.0	2.4	3.4	5.5
N of Valid	345	16,695	398	20,051	292	14,561
N of Miss	47	2,190	21	1,317	38	797

### A.6 Height and Weight

### A.6.1 BMI and Weight

Table 187: BMI Percentile Ranking

	Grad	de 6	Grad	de 8	Grad	le 11
	County	State	County	State	County	State
Underweight					3.0	3.1
Healthy Weight					72.2	71.7
Overweight					15.2	13.5
Obese					9.5	11.6
N of Valid	0	0	0	0	263	13,385
N of Miss	394	18,885	419	21,368	67	1,973

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 188: How do you describe your weight?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Very underweight					2.1	1.7
Slightly underweight					11.6	12.3
About the right weight					59.6	57.1
Slightly overweight					23.9	24.8
Very overweight					2.8	4.1
N of Valid	0	0	0	0	285	14,436
N of Miss	394	18,885	419	21,368	46	920

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 189: Which of the following are you trying to do about your weight?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Lose weight					40.7	43.7
Gain weight					14.7	15.8
Stay the same weight					20.0	18.4
I am not trying to do anything about my weight					24.6	22.1
N of Valid	0	0	0	0	285	14,425
N of Miss	394	18,885	419	21,368	45	934

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 190: During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Yes					12.5	11.0
No					87.5	89.0
N of Valid	0	0	0	0	281	14,418
N of Miss	394	18,885	419	21,368	49	940

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 191: During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?

(Do not include meal replacement products such as Slim Fast.)

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Yes					4.6	5.0
No					95.4	95.0
N of Valid	0	0	0	0	282	14,398
N of Miss	394	18,885	419	21,368	48	959

<sup>\*</sup>This was not asked in grades 6 and 8.

Table 192: During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Yes					3.6	4.2
No					96.4	95.8
N of Valid	0	0	0	0	281	14,391
N of Miss	394	18,885	419	21,368	49	968

<sup>\*</sup>This was not asked in grades 6 and 8.

## 9 **Oregon Student Wellness Survey for Grades**



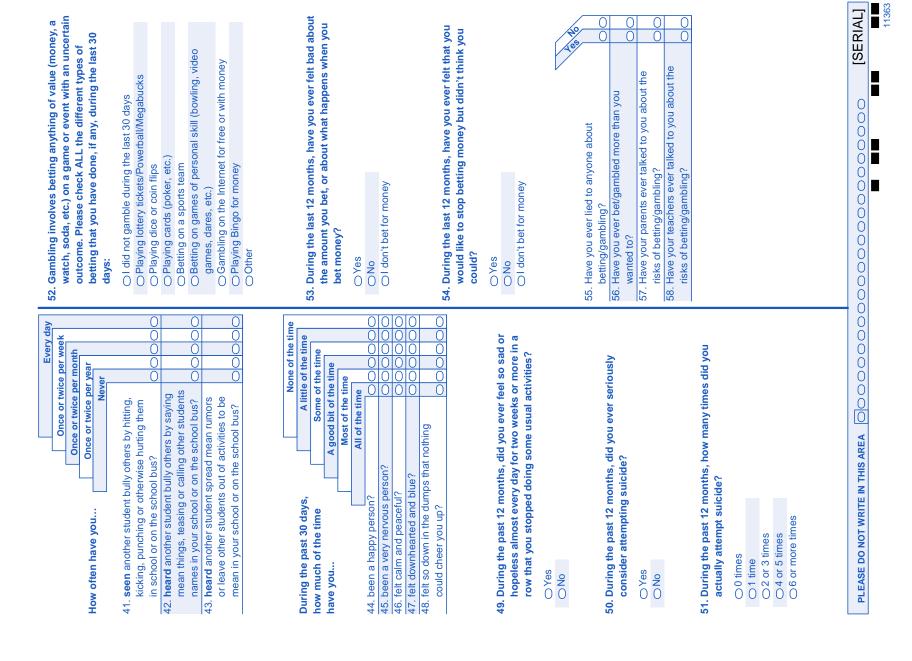
- 1. The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.
- 2. This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.
- All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.
- Please mark only ONE oval unless the question specifically asks you to "Please mark all that apply." Completely fill in the oval using a #2 pencil.

	Would you say that in general your Refer to the same of the sam	9. Have you changed schools (including changing from elementary to middle and middle to high school) in the past year?	O Yes	10. How many times have you changed homes since kindergarten?	O Never O 1 or 2 times O 3 or 4 times O 5 or 6 times	C of more times	11. Putting them all together, what were your grades like last year?  O Mostly A's  O Mostly B's  O Mostly C's	O Mostly F's	12. During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?	O None O 1 day O 2 days	O3 days O4 to 5 days O6 to 10 days O11 days or more	O0000000000000000000000000000000000000
1. How old are you?	O10 years old O11 years old O12 years old O13 years old O14 years old	O15 years old  2. What is your sex?	○ Female ○ Male	3. In what grade are you?	O 7th O 8th O 9th	4. What is your race? (Please mark all that apply.)	OAmerican Indian or Alaska Native OAsian OBlack or African American ONative or Other Pacific Islander OWhite	5. Are you Hispanic or Latino/Latina?  OYes	ONo  Mhat is the language volumes most often at home?	© English ○ Russian	O Spanish O Vietnamese O A tribal language O Another language	PLEASE DO NOT WRITE IN THIS AREA

During the pact 30 days on how	many days did you		25. not go to school because you felt you would	be unsafe at school or on your way to or	from school?	26. carry a gun as a weapon on school property? ○○○○○	27. carry a weapon (other than a gun) such as	a knife or club <u>on school property</u> ? OO(		1000 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	During the past 12 months, On to proper the past 12 months, how many times		28. were you in a physical fight?	29. were you in a physical fight	on school property?	30. did you bully someone (such as	hitting, kicking, pushing, saying	mean things, spreading rumors, or	making sexual comments that		31. have you been suspended from	0000 school?	32. has someone threatened you with a	weapon such as a gun, knife, or club
13. How do you like school?	Ol like school very much	Ol like school	OI neither like nor dislike school	OI dislike school	OI dislike school very much			14. How important do you think the things you are learning in school are going to be for your later life?	O Very important	O Quite important	O Slightly important	O Not at all important			N. C.	Soldings	alm star	15. How often do you feel that the schoolwork	you are assigned is meaningful and important? ○	16. Thinking back over the past school year, how	often did you try to do your best work in	school?		

ie offered, sold, or <u>operty</u> ?						600	201	Sil Sil	8 8 8 8	M (0)	, , ,	:	0 0 0		0000	
33. During the past 12 months, has anyone offered, sold, or given you an illegal drug <u>on school property?</u>	S V C					throatoning bulling nows colling	uneatening, bunying, name-cannig	or obscernites, oriensive notes of	granni, unwanted touching, and being	mony times began you been because of days, I	on a sobool but or going to and from sobool	off a scripor bas of going to and norm scribor	34. because of your race or ethnic origin.	35. because someone said you were gay,	lesbian, bisexual or transgender.	or o de acinh arroy ody, to occioe de 30
				0	0 0 0		0 0 0		0 0 0		000		0 0 0		0000	
50 10 10 10 10 10 10 10 10 10 10 10 10 10	e part of class	for students in my	ports, clubs, and other	class.		am doing a good job	U	penly and freely	U	at students with	<u>U</u>	of help each other	<u> </u>	t work hard to get		
How much do you agree with the following statements about school?	17. I have lots of chances to be part of class discussions or activities.	18. There are lots of chances for students in my	school to get involved in sports, clubs, and other	school activities outside of class.	19. I respect most of my teachers.	20. My teachers notice when I am doing a good job	and let me know about it.	21. I can talk to my teachers openly and freely	about my concerns.	22. In my school, teachers treat students with	respect.	23. Most students at my school help each other	when they are hurt or upset.	24. In my school, students that work hard to get	good grades are picked on by other students.	

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Harassment can include threatening, bullying, name-calling or obscenities, offensive notes or graffiti, unwanted touching, and being pushed around or hit. In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school	34. because of your race or ethnic origin.	35. because someone said you were gay,	lesbian, bisexual or transgender.	36. because of who your friends are.	37. because of how you look (weight, clothes,	acne, or other physical characteristics).	38. because you received unwanted sexual	comments or attention.	39. through e-mail, chat rooms, instant	messaging, Web sites, texting or phone.	40. for other reasons.	!



The next questions ask about drinking alcohol. This includes drinking beer, wine/wine coolers, flavored beverages such as Mike's Hard Lemonade and liquor ("shots") such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

During the past 30 days, on how many days did you		10%/3/89	10/50/st	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	39/801/	day	/0
59. have at least one drink of alcohol?	0	0	0	0	0	0	0
60. have 5 or more drinks of alcohol in a row, that is, within a couple of hours?	0	Ō	0	0	0	0	0
During the past 30 days, on how many days do you think most students in your school							
61. had at least one drink of alcohol?							
(your best estimate)	0	Ō	Ō	0	0	0	0
62. had 5 or more drinks of alcohol in a							
row, that is, within a couple of hours?	(		(	(	(		(
(your boot countain)	)	5	)	)	)	)	)

•							
60,00	34	8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	00000				
	63. During the past 30 days, how many times	did you ride in a vehicle driven by a parent	or other adult who had been drinking alcohol?	64. During the past 30 days, how many times did	most students in your school ride in a vehicle	driven by a parent or other adult who had	been drinking alcohol?

13/18/18/18/18/18/18/18/18/18/18/18/18/18/	000000	0000000
During the past 30 days, on how many days did you	65. smoke cigarettes?	66. use other tobacco products?

67. During the past 30 days, how many times did you use marijuana?

					"
of times	O1 or 2 times	O3 to 9 times	○ 10 to 19 times	○20 to 39 times	○ 40 or more times

	/		0			0		0				0		0
	50	/	0			0		0				0		0
4	63/07		0			0		0				0		0
12/2			0			0		0				0		0
10/3			0			0		0				0		0
			0			0		0				0		0
			0			0		0				0		0
			0			0		0				0		0
///2/3	69/10 <sup>8</sup>	<i></i>	0			0		0				0		0
How old were you	0/3	hard liquor (for example, vodka,	whiskey, or gin) for the first time?	69. when you first began drinking	alcoholic beverages regularly, that	is at least once or twice a month?	70. when you smoked a whole	cigarette for the first time?	71. the first time you used tobacco	products other than cigarettes	such as snuff, chewing tobacco,	and smoking tobacco from a pipe? ○	72. when you tried marijuana for	the first time?

		000		0 0 0		0000	0000	0000
How much do you think people risk harming themselves (physically or in other ways)	73. if they take one or two drinks of an alcoholic	beverage (beer, wine, liquor) nearly every day?	74. when they have five or more drinks of an	alcoholic beverage once or twice a week?	75. if they smoke one or more packs of cigarettes	per day?	76. if they try marijuana once or twice?	77. if they smoke marijuana once or twice a week?

easy would it be for you to 78. get some beer, wine, or hard liquor
79. get some cigarettes?
80. get some marijuana?
. get a drug like cocaine, LSD, or amphetamines? $ igcirc$

N 30 00	13/3/3/3/3/3/3/3/3/3/3/3/3/3/3/3/3/3/3/		0 0 0				000000	
10/10/00	3		0				0	
12/0/89	5		0				0	
20/89	5		0				0	
During the past 30 days, on now many days did you	32. sniff glue, breathe the contents of	aerosol spray cans, or inhale any paints	or sprays to get high?	33. use a prescription drug (such as	OxyContin, Percocet, Vicodin, codeine,	Adderall, Ritalin, or Xanax) without a	doctor's orders?	

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wong at all	00	0	0 0	0	0 0		₹	11365
	00	0	0 0	0	0 0		$\overline{\sim}$	
Wrong at all bit wrong at all bit wrong at all bit wrong at all bit wrong on group or bit wrong on group or bit wrong or b	00		0 0	0	0 0		[SERIAL]	
How wrong do you think your parents feel it would be for wrong you to  you to  93. drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly (at least once or twice a month)?  94. smoke cigarettes?  95. smoke marijuana?  How true are the following statements?	96. I can do most things if I try.	my community.	my school that really cares about me.  100. My parents ask if I've gotten my homework done.	ool.	102. When I am not at home, one of my parents knows where I am and whom I am with.  103. My family has clear rules about alcohol and drug use.		0	
<ul> <li>84. Which of the following illicit drugs did you use during the past 30 days? Please mark all that apply.</li> <li>O I did not use illicit drugs during the past 30 days</li> <li>O Marijuana</li> <li>O Any form of cocaine including powder, crack or freebase</li> <li>O Ecstasy (also called MDMA)</li> <li>O Heroin or other opiates or narcotics</li> <li>O LSD or other hallucinogens or psychedelics</li> <li>O Methamphetamines (also called speed, crystal, crank or ice)</li> <li>O Steroid pills or shots without a doctor's prescription</li> </ul>	During the past 12 months    Don't know or can't say   No   No   No   No   No   No   No   N	recall hearing, reading, or watching an sement about prevention of substance	abuse? 86. have you had a special class about drugs or alcohol in school?	)	about the dangers of tobacco, alcohol, or drug use?  By parents we mean your biological parents, adoptive parents, stepparents, or adult guardians, whether or not they live with you.	Not wrong at a  A little bit wrong  Very wrong  vholic  OOO  arettes a day?  COO  twice?  COO  twice?  COO  students in your ir age to have beverage  DOOO	PLEASE DO NOT WRITE IN THIS AREA OCCOCOCOCOCOCOCOCOCOCO	

# Oregon Student Wellness Survey for Grade 11



- 1. The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.
- 2. This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.
- 3. All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.
- Please mark only ONE oval unless the question specifically asks you to "Please mark all that apply." Completely fill in the oval using a #2 pencil. 4.

7. What is the language you use most often at home?	○English ○Russian ○Spanish ○Vietnamese ○A tribal language	Would you say that in general your Part of the second o	10. Have you changed schools (including changing from elementary to middle and middle to high school) in the past year?  O Yes  No	11. How many times have you changed homes since kindergarten?	O Never O 1 or 2 times O 3 or 4 times O 5 or 6 times O 7 or more times	12. Putting them all together, what were your grades like last year?  O Mostly A's  O Mostly B's  O Mostly D's  O Mostly F's	
. How old are you?	O 14 years old O 15 years old O 16 years old O 17 years old O 18 years old O 19 years old or older	. What is your sex?  O Female  O Male	O Heterosexual (straight) O Gay or lesbian O Bisexual O I wonder/think I'm transgendered O Not sure	. In what grade are you?	O 10th O 11th O 12th O Ungraded or other grade	S. What is your race? (Please mark all that apply.)  O American Indian or Alaska Native O Asian O Black or African American O Native or Other Pacific Islander O White Are you Hispanic or Latino/Latina? O Yes O No	PLEASE DO NOT WRITE IN THIS AREA

ow many whole days of During the past 30 days, on how you skipped or "cut"? many days did you	0000	During the past 12 months, how many times  During the past 12 months, how point a physical fight  29. were you in a physical fight  30. were you in a physical fight  an school property?  31. did you bully someone (such as hitting, kicking, pushing, saying mean things, spreading rumors, or making sexual comments that bothered them)?  32. have you been suspended from	ant 7 wo	Harassment can include threatening, bullying, name-calling or obscenities, offensive notes or graffiti, unwanted touching, and being pushed around or hit. In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school  36. because of your race or ethnic origin. 37. because of who your friends are. 38. because of how you look (weight, clothes, acne, or other physical characteristics). 39. because of how you look (weight, clothes, acne, or other physical characteristics). 39. because you received unwanted sexual comments or attention. 31. through e-mail, chat rooms, instant messaging, Web sites, texting or phone. 32. for other reasons.
13. During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?	O None O 1 day O 2 days O 3 days O 4 to 5 days O 6 to 10 days O 11 days or more	14. How do you like school?  I like school very much  I like school  I like school  I like school  I dislike school  I dislike school very much  I dislike school very much  I dislike school are going to be for your later life?  Very important  Suite important  Pairly important	O Slightly important O Not at all important The How often do you feel that the schoolwork you are assigned is meaningful and important? Thinking back over the past school year, how often did you try to do your best work in	school?  How much do you agree with the following statements about school?  18. I have lots of chances to be part of class discussions or activities.  19. There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.  21. My teachers notice when I am doing a good job and let me know about it.  22. I can talk to my teachers openly and freely about my concerns.  23. In my school, teachers treat students with respect.  24. Most students at my school help each other when they are hurt or upset.  25. In my school, students that work hard to get good grades are picked on by other students.

54. During the past 12 months, how many times did you actually attempt suicide?	O0 times		55.	outcome. Please mark ALL the different types of betting that you have done, if any, during the last 30 days:	O I did not gamble during the last 30 days  ○ Playing lottery tickets/Powerball/Megabucks  ○ Playing dice or coin flips  ○ Playing cards (poker, etc.)  ○ Betting on a sports team ○ Betting on games of personal skill (bowling, video games, dares, etc.)  ○ Gambling on the Internet for free or with money ○ Playing Bingo for money	57.		59. Have you even her to anyone about betting/gambling?  59. Have you ever bet/gambled more than you wanted to?  60. Have your parents ever talked to you about the risks of betting/gambling?  61. Have your tachers ever talked to you about the her har fachers ever talked to you about the firehalf the sour tachers ever talked to you about the fachers ever talked the fachers ever talked to you about the fachers ever talked	
Every day Once or twice per week	Once or twice per month Once or twice per year	ers by hitting,	in school or on the school bus?  44. <b>heard</b> another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus?	0 0	hours of sleep	None of the time    Some of the time	ps that nothing  ps that nothing  poinths, did you ever feel so sad or y day for two weeks or more in a doing some usual activities?	ONo 53. During the past 12 months, did you ever seriously consider attempting suicide?	

The next questions ask about drinking alcohol. This includes drinking beer, wine/wine coolers, flavored beverages such as Mike's Hard Lemonade and liquor ("shots") such as rum, gin, vodka, or whiskey. not include drinkin

ive you had at	
how many days ha	Clohol
62. During your life, on how many days have you had at	least one drink of alcohol'

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O days O 1 or 2 days O 3 to 9 days O 10 to 19 days O 20 to 39 days O 40 to 99 days O 100 or more days	During the past 30 days, on how many days did you	64. have 5 or more drinks of alcohol in a row, that is, within a couple of hours?	During the past 30 days, on how many days do you think most students in your school	65. had at least one drink of alcohol? (your best estimate)	66. had 5 or more drinks of alcohol in a row, that is, within a couple of hours?	(your best estimate)

67. Think of your four best friends (the friends you feel closest to). In the past 12 months, how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey or gin)?

riends	S	JS.	S	ls.
○None of my friends	○ 1 of my friends	○ 2 of my friends	→ 3 of my friends	O4 of my friends

68. During the past 30 days, what type of alcohol did you usually drink? Select only one response.

Oldid not drink alcohol during the past 30 days	OI do not have a usual type	OBeer	O Flavored beverages (such as Smirnoff, Bacardi Silver,	Hard Lemonade, Joose and Sparks)	OWine coolers (such as Bartles & Jaymes or Seagrams)	OWine	Cliquor (such as vodka, rum, scotch, bourbon or whiskey)	O Some other type
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99. During the past 30 days, from which of the following sources did you get the alcohol you drank? Please mark all that apply.
, from whalcohol yells.

For these questions, drinking alcohol does	nking alconol does	OI did not drink alcohol during the past 30 days
ig a rew sips of wiffe for religious purposes.	eligious purposes.	OAt a party
	10 10 10 10 10 10 10 10 10 10 10 10 10 1	O Friends under 21
s, on now many days nave you nad at	e you nad at	○Friends 21 or older
or alconol?		OA brother or sister
		OA parent
		OA store or gas station
		OLiquor store
		OBar night club or restaurant
		O Took it from home without permission
		○By asking a stranger to buy it for me
lays		Ol got it some other way
days, on	10/0/0/0/0/0/0/0/0/0/0/0/0/0/0/0/0/0/0/	70. In the last 12 months, which of the following have you experienced? Please mark all that apply.
you	10 10 10 10 10 10 10 10 10 10 10 10 10 1	OI did not drink alcohol in the last 12 months
e drink of alcohol? C		OMissed school or class because of drinking alcohol
drinks of alcohol in a		Gotten sick to my stomach because of drinking alcohol
in a couple of hours?	0 0 0 0 0 0 0 0	ONot been able to remember what happened while I was
days, on how many		drinking alcohol
most students in your		OLater regretted something I did while drinking alcohol
		OWorried that I drank alcohol too much or too often
drink of alcohol?		Principle the page 20 doing
ate)	000000	bow many times did you
rinks of alcohol in a		ROW III SOUTH SOUT
in a couple of hours?		
(afe)		71. ride in a vehicle driven by a parent or

601 NO			
	iir		
65/ 65/ 10/	8) 5)	6	
9	0	0	
0	0	0	
0	0	0	
0	0	0	
0	0	0	
000	0	0	

10 to	00000	oducts?	Hookah," also	e?	
During the past 30 days, on how many days did you	77. smoke cigarettes?	78. use other tobacco products?	79. smoke tobacco in a "Hookah," also	known as a water pipe?	



How old were you		old	wine, or hard liquor (for example, vodka, whiskey,	or gin) for the first time?	84. when you first began	drinking alcoholic beverages regularly, that is at least	once or twice a month?	85. when you smoked a whole cigarette for the first time?		tobacco products otner than cigarettes such as shuff.	chewing tobacco, and		87. when you tried marijuana for the first time?		How much do vou think people	(1)	(physically or in other ways)		ı	beverage (beer, wine, liquor) nearly every day?		alcoholic beverage once or twice a week? ○○○	noke one or more packs of cigarettes	0 0	91. If they smoke marijuana once or twice a week?	16 you wanted to get some, how easy would it be for you to  17 you wanted to get some, how easy would it be for you to  18 you wanted to get some, how easy would it be for you to  19 yet some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?  19 yet some cigarettes?  10 0000000000000000000000000000000000
80. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? Please mark all that apply.	Oldid not get tobacco during the past 30 days	O A store or gas station	O Friends 18 or older O Friends under 18	O Took from home without permission	O A family member	O The Internet O Some other source		81. During the past 30 days, how many times did you	use marijuana?	Of or 2 times	O 3 to 9 times	(10 to 19 times	O 40 or more times	82. During the past 30 days, from which of the following	sources did you get marijuana? Please mark all	that apply.	OI did not use marijuana during the past 30 days	O A public event such as a concert or sporting event	OA party	○ Friends 18 or older	○ Friends under 18	O A family member	O A medical marijuana cardholder or grower	Olgave someone money to buy it for me	Olgowin other way	Ol got it some other way

During the past 12 months  No  109. do you recall hearing, reading, or watching an advertisement about prevention of substance abuse?  110. have you had a special class about drugs or alcohol in school?  111. have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use?  By parents we mean your biological parents, adoptive parents, stepparents, or adult guardians, whether or not they live with you.	112. Would you be more or less likely to want to work for an employer that tests its employees for drug or alcohol use on a random basis?  OMore likely  Uses likely  Would make no difference  Don't know or can't say	for someone your age to  Interpretation of the following at all for someone your age to  Wrong  113. have one or two drinks of an alcoholic beverage nearly every day?  114. smoke one or more packs of cigarettes a day?  115. try marijuana or hashish once or twice?  116. use marijuana or hashish once a month or more?  117. How wrong do you believe most students in your school think it is for someone their age to have one or two drinks of an alcoholic  beverage nearly every day?	How wrong do you think your parents feel it would be for wrong parents feel it would be for wrong you to  118. drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly (at least once or twice a month)?  119. smoke cigarettes?  120. smoke marijuana?
During your life,  how many times have you  97. Used marijuana?  98. Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?  99. Taken steroid pills or shots without a doctor's prescription?  100. Taken a prescription to get high?	101. Used any form of cocaine, including powder, crack or freebase?  102. Used ecstasy (also called MDMA)?  103. Used heroin (also called smack, junk, or China White)?  104. Used methamphetamines (also called speed, crystal, crank or ice)?  105. During your life, how many times have you used a needle to inject any illegal drug into your body?	During the past 30 days, on how many days did you  During the past 30 days, on how many days did you  106. sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?  107. use a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)  without a doctor's orders?	the past 30 days? Please mark all that apply. the past 30 days? Please mark all that apply.  O I did not use illicit drugs during the past 30 days  Marijuana  O Any form of cocaine including powder, crack or freebase  Estasy (also called MDMA)  O Heroin or other opiates or narcotics  O LSD or other hallucinogens or psychedelics  O Methamphetamines (also called speed, crystal, crank or ice)  O Steroid pills or shots without a doctor's prescription

### Hoy

\$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	How true are the following statements?
0000	121. I can do most things if I try.
0000	122. I can work out my problems.
mmunity.	123. I volunteer to help others in my community.
her adult in	124. There is at least one teacher or other adult in
me.	my school that really cares about me.
omework	125. My parents ask if I've gotten my homework
0 0 0	done.
pped school.	126. My parents would catch me if I skipped school.
y parents	127. When I am not at home, one of my parents
n with.	knows where I am and whom I am with.
cohol and	128. My family has clear rules about alcohol and
0 0 0	drug use.
school nily has	129. How would most students in your school respond to this statement: "My family has
use."	clear rules about alcohol and drug use."
school and OC school nily has OC	128. My family has clear rules about all drug use. 129. How would most students in your respond to this statement: "My fan clear rules about alcohol and drug

130. How tall are you without your shoes on?
Directions: Write your height in the shaded blank boxes.
Fill in the matching circle below each number.

ght	Inches	10	0	Θ	0	0	<b>₩</b> ,Θ	9	0	<u>@</u>	6	•	<b>(1)</b>
Hei	Feet	4	ම	•	6	9	0	4	Ū				

3116	Inches	0	Θ	0	0	9	6	9	0	<u>@</u>	0	8	(
<u> </u>	Feet	0	9	6	@	0							

31. How much do you weigh without your shoes on?	Directions: Write your weight in the shaded blank boxes	Fill in the matching circle below each number.
31. H	Ω	Œ
63		

			9	$\Theta$	(%)	(10)	( <del>4</del> )	(P)	(6)	(b)	(e)	6
	"	2	0	Θ	<u>@</u>	0	9		9	0	0	0
/eight	spuno	၈	0	Θ	0	<b>10</b>	<del>(</del> <del>1</del>	(a)	9	0	<u></u>	•
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### 132. How do you describe your weight?

- O Slightly overweight
  O Very overweight
  O Very overweight

# 133. Which of the following are you trying to do about your weight?

weight	weight
OLose	<b>○</b> Gain

- OStay the same weight
  OI am not trying to do anything about my weight

### During the past 30 days, did you...

/			0				0		0
5			0				0		0
	134. Go without eating for 24 hours or more (also	called fasting) to lose weight or to keep from	gaining weight?	135. Take any diet pills, powders, or liquids without a	doctor's advice to lose weight or to keep from	gaining weight? (Do not include meal	replacement products such as Slim Fast.)	136. Vomit or take laxatives to lose weight or to keep	from gaining weight?

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