

2012 Oregon Student Wellness Survey

Columbia County

Oregon Health Authority, Addictions and Mental Health Division

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162	If you wanted to get some, how easy would it be for you to get some cigarettes?	80
163	If you wanted to get some, how easy would it be for you to get some marijuana?	80
164	If you wanted to get some, how easy would it be for you to get a drug like cocaine, LSD, or amphetamines?	80
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1 INTRODUCTION

This is a report of key findings from the *Oregon Student Wellness Survey*, a survey of 6th, 8th and 11th grade youth, conducted in the spring of 2012. The *Oregon Student Wellness Survey* is an anonymous and voluntary survey sponsored by the Oregon Health Authority (OHA) in collaboration with the Oregon Department of Education. OHA contracted with International Survey Associates to recruit schools, administer the survey and report survey results. The survey was available free of charge to all Oregon schools that chose to participate including public, charter and private. Schools that agreed to participate in the *Oregon Student Wellness Survey* were given the option of administering the survey either online or by paper and pencil with the schools determining which method would be best for their particular circumstances.

The *Oregon Student Wellness Survey* was designed to assess a wide range of topics that included school climate, positive youth development, mental health, substance use, problem gambling, fighting and other problem behaviors. In addition the survey collected information about risk and protective factors that are influential in healthy youth development and student success.

Oregon Student Wellness Survey results are used by schools, state and local agencies, organizations and communities to assess and monitor the health and well being of Oregon youth and the environments in which they live. Oregon Student Wellness Survey data can serve as a valuable tool for program planning, implementation, and evaluation. The data are essential information for communications with legislators and the public, and communities and local agencies will find the data improves their ability to procure funding by providing the baseline data needed for grant writing. In these ways, schools, communities and policy makers will find themselves poised to make effective decisions about behavior and health policies, services, programs and educational activities.

The *Oregon Student Wellness Survey* was designed as a split survey. The 6th and 8th grade version of the survey consisted of a subset of the questions found on the 11th grade versions. In order to provide results that spanned all grade levels in a single report, the data for questions that did not appear on the 6th and 8th grade version appear in this report as missing.

This report is divided into topic specific sections. Each section provides a brief overview of the topic, followed by summary data tables that include results for all three grades and compares local data to that of the state. The state data for this report has been weighted based on enrollment numbers. The county data in this report has also been weighted.

Your questions, concerns and comments are invited. For more information about how the Oregon Student Wellness Survey results are used, contact:

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1.1 Participants by Gender

Table 1: Particpants by Gender

	Gra	Grade 6		de 8	Grad	Grade 11		
	County	State	County	State	County	State		
Female	79	9,385	138	10,656	88	7,457		
Male	78	9,373	119	10,577	93	7,823		
NA*	0	127	1	135	1	78		
TOTAL	157	18,885	258	21,368	182	15,358		

^{*} NA - No Answer

1.2 Race and Ethnicity

Schools throughout Oregon vary considerably in the racial and ethnic composition of their students. The *Oregon Student Wellness Survey* asks one question about race and another about Hispanic or Latino ethnicity.

The table below shows the percentage of students that self-identified as...

Table 2: Race and Ethnicity

	Grad	le 6	Grade 8		Grade 11	
	County	State	County	State	County	State
American Indian or Alaska Native	3.9	4.9	2.8	3.2	3.9	2.5
Asian	1.3	6.6	0.8	6.4	1.1	5.1
Black or African American	0.7	3.7	1.2	3.1	1.7	2.8
Native or Other Pacific Islander	2.6	4.0	2.4	3.5	0.6	2.6
White	83.0	69.5	83.4	72.2	80.3	78.2
Multiracial	8.5	11.3	9.3	11.6	12.4	8.7

Percentages exclude missing answers.

The table below shows the student reponses to the question "Are you Hispanic or Latino/Latina?"

Table 3: Hispanic or Latino/Latina?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Yes	8.6	22.8	7.6	21.1	5.1	18.6
No	91.4	77.2	92.4	78.9	94.9	81.4

Percentages exclude missing answers.

1.3 Language Used at Home

Students were asked what language they used most often at home.

Table 4: Language Used at Home

	Grad	le 6	Grad	le 8	Grade	e 11
	County	State	County	State	County	State
English	97.5	84.0	97.7	85.9	96.7	87.9
Russian		1.0		1.2		0.9
Spanish	1.3	11.0	1.2	8.3	1.1	7.6
Vietnamese		1.2		1.4	0.6	0.5
A tribal language	0.6	0.2	0.4	0.4	1.1	0.4
Another language	0.6	2.6	0.8	2.8	0.6	2.6

2 SCHOOL CLIMATE

School climate is an important issue to parents, administrators and the community. The environment within a school directly impacts students' academic, social, emotional and mental states. Respectful, supportive relationships among students, teachers and parents are fundamental. When students have opportunities to collaborate and share a sense of purpose and ideals, students, faculty and staff look forward to school. When students are attached to school and to teachers and prosocial peers, they are more likely to behave in prosocial ways themselves, and to avoid engaging in high-risk behaviors.

There is strong evidence that the learning environment influences student attachment to school. Classroom and school interventions that make the learning environment safer, more caring, better managed and highly participatory and that enhance students' social competence have been shown to increase student attachment to school. A comprehensive assessment of school climate involves input from students, faculty and staff on a wide range of topics. The data collected with the *Oregon Student Wellness Survey* deals exclusively with the student perception aspect of school climate. It provides an assessment of whether students feel they belong, are valued and physically and emotionally safe at school.

2.1 Supportive Atmosphere

In supportive atmospheres students feel more comfortable approaching and interacting with teachers and peers, thereby strengthening their relationships.

The table below reports the percentage of students that agree with the following statements.

Table 5: Supportive Atmosphere

	Grad	le 6	Grad	le 8	Grad	e 11
	County	State	County	State	County	State
My teachers notice when I am doing a good job and let me know about it.	84.8	80.6	61.6	68.1	64.2	67.3
I can talk to my teachers openly and freely about my concerns.	75.7	69.1	54.5	56.3	59.8	60.8
In my school, teachers treat students with respect.	85.5	87.1	73.2	77.0	73.3	79.3
Most students at my school help each other when they are hurt or upset.	74.0	76.5	67.4	65.0	54.2	62.8
In my school, students that work hard to get good grades are picked on by other students.	37.6	34.0	22.2	30.3	30.0	21.3

Supportive Atmosphere Columbia County

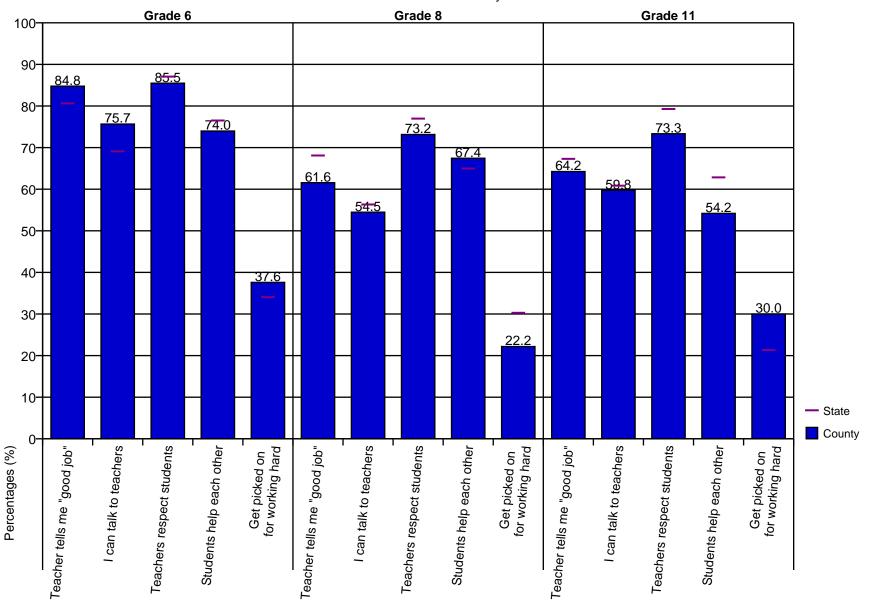


Figure 1: Supportive Atmosphere

2.2 Attachment to School

Students who like school, feel their assignments are important, and that what they are learning in school will be valuable to them later in life, are better prepared to make successful transitions after graduation. Young people who do not feel a part of society, are not bound by rules, don't believe in trying to be successful or responsible are at high risk of academic failure and developing mental, emotional or behavioral disorders.

Table 6: Attachment to School

	Grade 6		Grad	Grade 8		e 11
	County	State	County	State	County	State
I like school	57.4	62.9	39.0	48.9	39.2	45.7
I did not skip school in the last four weeks	82.9	75.9	74.3	76.7	61.9	69.9
I respect my teachers	96.7	93.6	83.7	86.8	88.9	90.2

Percentages exclude missing answers.

This table show the percentage of students that say...

Table 7: Value School Work

	Grade 6		Grade 8		Grad	~ ==
	County	State	County	State	County	State
I feel that schoolwork is meaningful and important	67.8	66.6	42.1	46.4	25.8	28.5
I tried to do my best work in school over the past year	92.1	87.8	77.6	76.5	66.1	66.0
I think the things I am learning in school are going to be important later in life	82.4	83.1	53.9	66.0	45.3	50.1

Percentages exclude missing answers.

Table 8: Accountability to Parents

	Grade 6		Grade 8		Grad	e 11
	County	State	County	State	County	State
My parents ask if I've gotten my homework done.	93.7	91.7	85.1	83.6	71.2	73.0
My parents would catch me if I skipped school.	96.4	90.3	83.1	83.7	69.8	69.0
When I am not at home, one of my parents knows where I am and whom I am with.	93.8	91.2	87.1	86.6	79.5	79.6

Attachment to School Columbia County

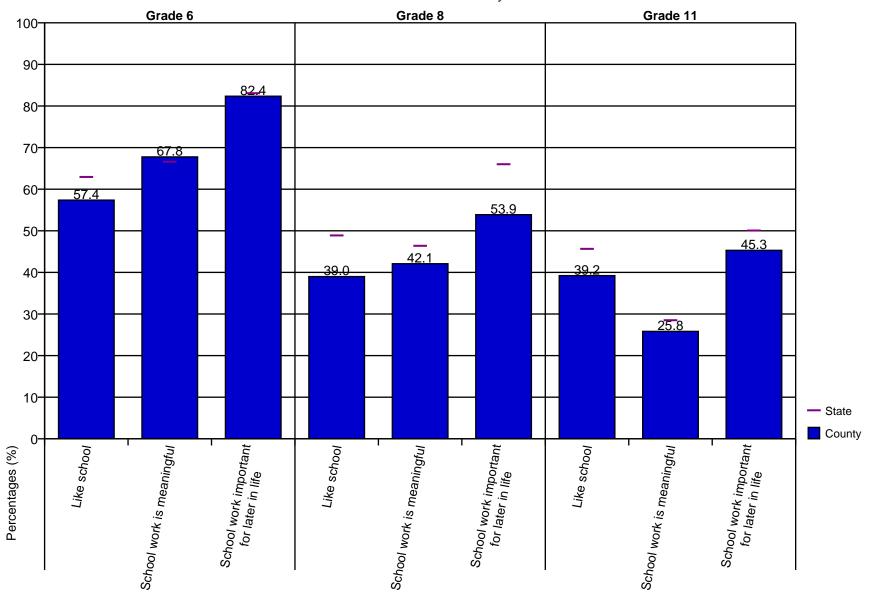


Figure 2: Attachment to School

2.3 Opportunities for Participation

When young people are given many opportunities to participate meaningfully in school activities that are important to them, they are less likely to engage in problem behaviors. When opportunities are available for positive participation outside of class, children are less likely to engage in substance use, and other problem behaviors.

The table below shows the percentage of students that agree with the following statements about their school.

Table 9: Opportunities for Participation

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
I have lots of chances to be part of class discussions or activities.	90.1	90.5	85.2	88.1	88.3	89.3
There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	90.7	88.1	90.3	84.5	90.0	90.3

Opportunities for Participation Columbia County

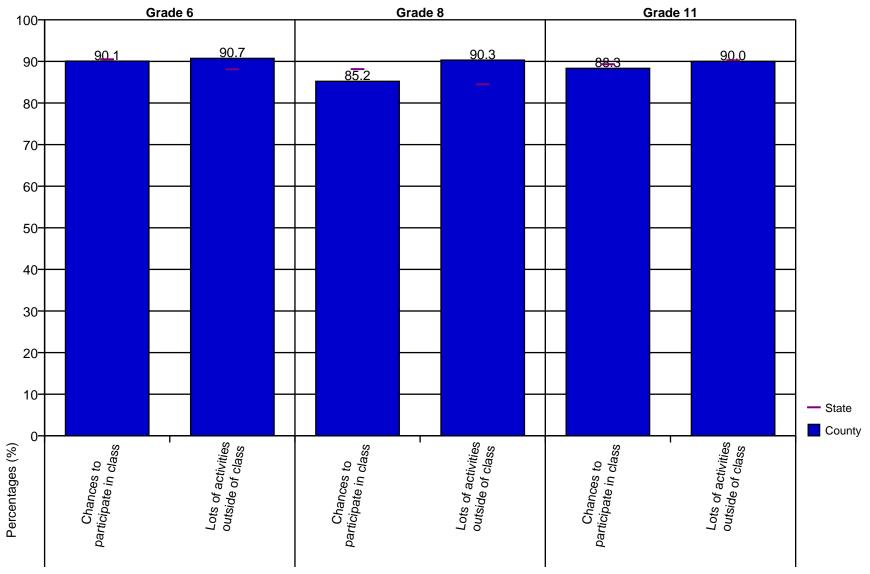


Figure 3: Opportunities for Participation

2.4 Safe Environment

Students who are harassed, feel unsafe or otherwise victimized are more likely to cut classes, skip school, feel depressed or become involved in problem behaviors. Comprehensive discipline, positive behavior support and anti-bullying programs in schools have been shown to reduce the incidence of harassment.

Table 10: Safe Environment

	Grade 6		Grad	Grade 8		e 11
	County	State	County	State	County	State
Did not go to school one or more times in the past 30 days because you felt unsafe at school or on your way to or from school	3.9	8.3	10.6	7.0	6.1	4.1

Percentages exclude missing answers.

The following table shows the percentage of students that witnessed another student being harassed in school or on the school bus in the past year.

Table 11: Bullying

	Grad		Grade 8		Grad	
	County	State	County	State	County	State
Heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus?	69.6	74.5	85.2	80.7	87.1	77.1
Seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus?	55.2	58.5	66.7	65.3	71.5	55.7
Heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?	66.9	69.7	79.7	76.8	83.9	76.6

This table shows the percentage of students that have been harassed during the past 30 days. Students were asked to indicate whether they were harassed at school or on the way to or from school for any of the following reasons.

Table 12: Harassment

	Grad	le 6	Grad	le 8	Grad	Grade 11		
	County	State	County	State	County	State		
Your race or ethnic origin	6.3	11.4	6.2	13.2	6.7	10.8		
Someone said your were gay, lesbian, bisexual and transgender	13.6	16.0	16.8	13.7	12.2	8.1		
Your group of friends	25.2	21.4	24.9	22.7	22.7	16.1		
Your weight, clothes, acne or other physical characteristics	27.8	28.6	29.3	30.2	29.4	21.2		
Unwanted sexual comments or attention	7.2	8.2	15.9	12.1	19.6	11.4		
E-mail, chat rooms, IM, Web sites, texting or phone	15.1	12.5	11.4	15.4	19.8	11.9		
For other reasons.	27.2	23.1	27.9	23.9	29.6	16.2		
Any harassment in the past 30 days	50.8	50.6	50.0	51.4	53.3	39.6		

Harassment - Grade 6 Columbia County

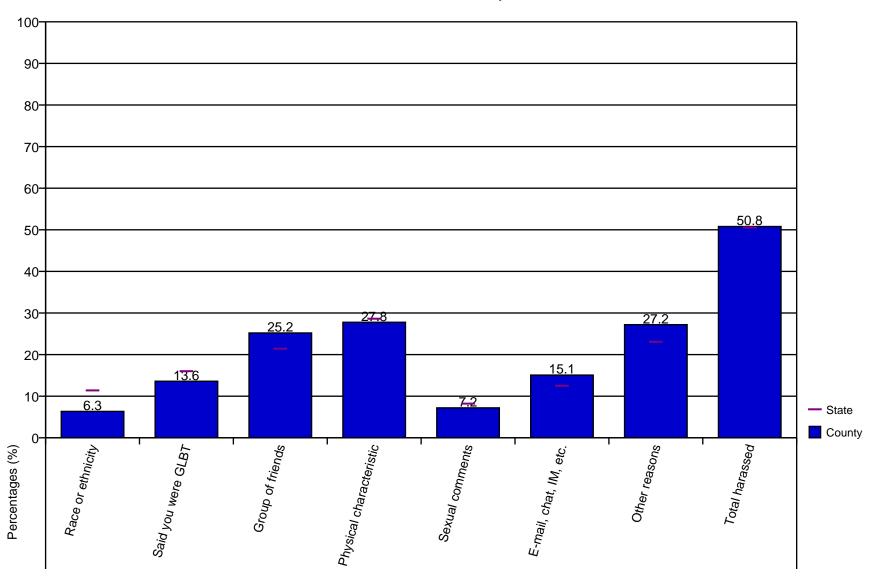


Figure 4: Harassment - Grade 6

Harassment - Grade 8 Columbia County

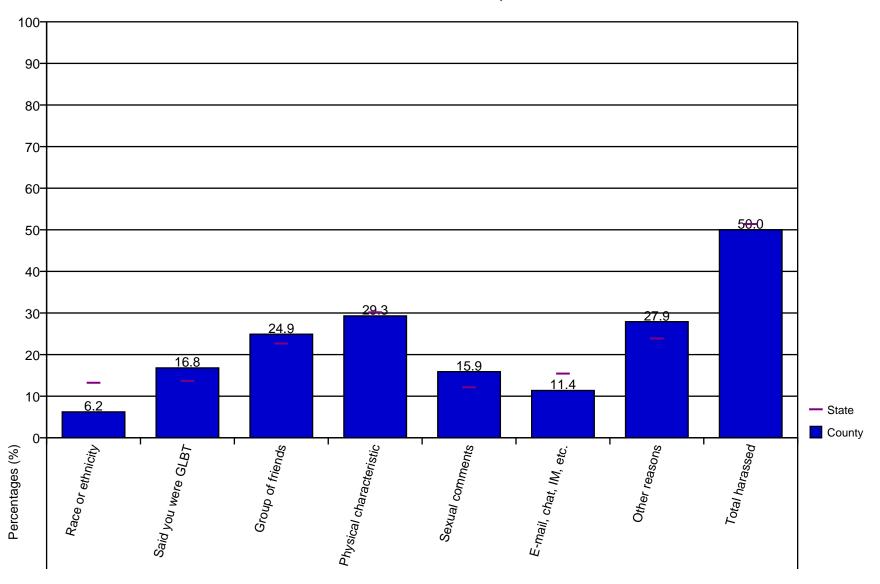


Figure 5: Harassment - Grade 8

Harassment - Grade 11 Columbia County

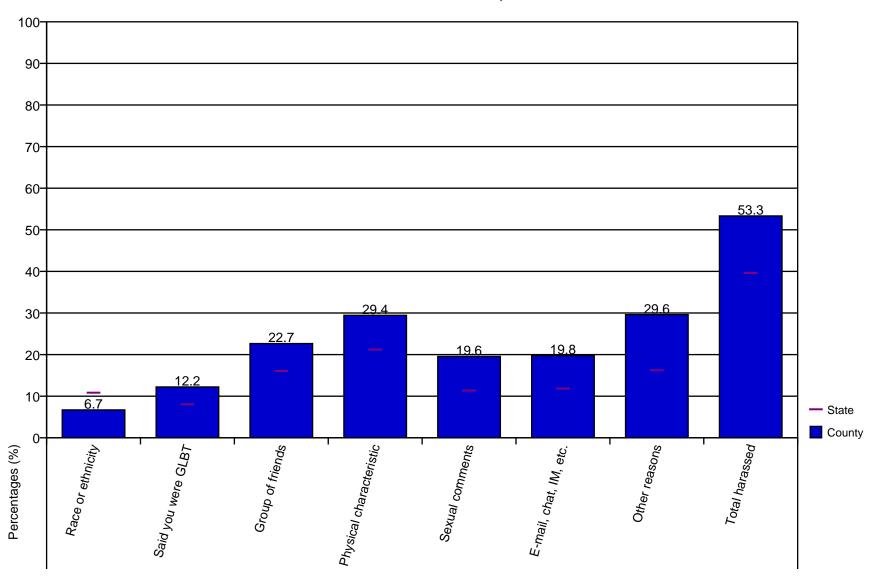


Figure 6: Harassment - Grade 11

2.5 Serious Problem Behaviors

Schools are one of the safest places for our children. This does not mean that they are free of serious problem behaviors.

This table shows the prevalence of other serious problem behaviors reported to have occured in the past 12 months at school.

Table 13: Serious Problem Behaviors on School Property

	Grad	Grade 6		le 8	Grade 11	
	County	State	County	State	County	State
Someone has offered, sold or given you an illegal drug at school	3.2	3.3	10.9	11.9	20.1	22.4
Were in a physical fight on school property	18.8	15.1	15.5	15.1	8.4	6.6
Been threatened with a weapon on school property	8.7	9.6	9.7	10.0	7.2	6.7
Took a weapon other than a gun to school	1.6	3.1	4.3	5.1	4.5	7.3
Took a gun to school	0.0	0.7	1.2	1.4	1.1	1.5
Have a gun/weapon on school property	1.6	3.3	4.3	5.3	4.5	7.5

Percentages exclude missing answers.

This table shows problem behaviors that took place in the past 12 months, but they may take place anywhere, not necessarily on school property.

Table 14: Serious Problem Behaviors

	Grad	Grade 6		le 8	Grade 11	
	County	State	County	State	County	State
In a physical fight	30.3	28.8	31.1	28.7	18.4	18.3
Bullied someone physically or verbally	19.2	22.2	32.2	29.1	30.2	19.9

Serious Problem Behaviors Columbia County

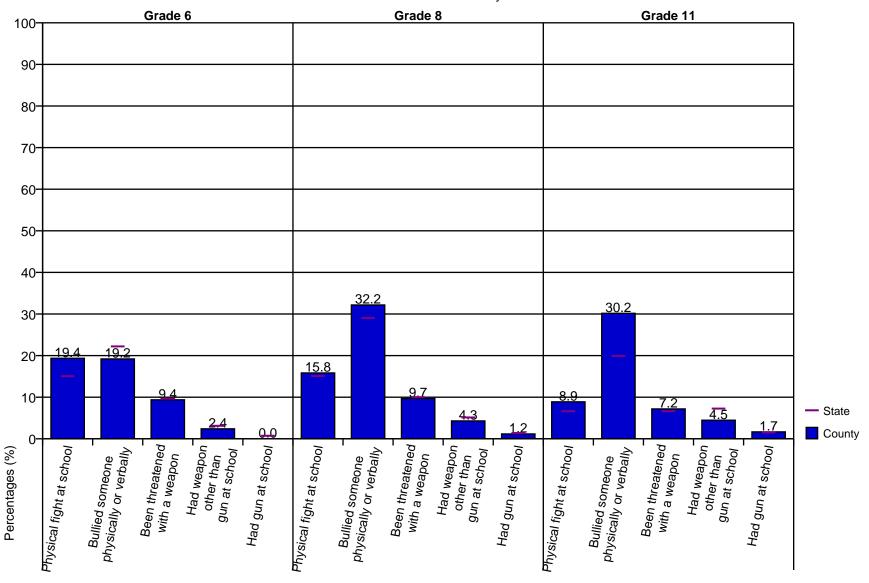


Figure 7: Serious Problem Behaviors

3 POSITIVE YOUTH DEVELOPMENT

In 2006, a statewide benchmark of positive youth development (PYD) was established for 8th and 11th graders. High levels of positive youth development are strongly associated with healthy behaviors and student success. The benchmark looks at six components: emotional and mental health, physical health, feelings of competence, self-confidence, support of a caring adult in school, and service to the community.

3.1 PYD Benchmark

Students that answer at least five of the six PYD questions in a positive manner are considered to have strong positive youth development.

Table 15: PYD Benchmark

	Grade 6		Grad	Grade 8		e 11
	County	State	County	State	County	State
Strong positive youth development	69.8	69.1	57.3	59.9	62.3	65.6
Weak positive youth development	30.2	30.9	42.7	40.1	37.7	34.4

3.2 General Health

Two questions are asked as an assessment of student health.

Table 16: General Health

	Grade 6		Grade 8		Grad	e 11
	County	State	County	State	County	State
Good to excellent physical health	92.9	94.1	91.1	91.6	86.7	88.4
Good to excellent emotional and mental health	92.0	93.1	87.2	87.8	86.1	86.2

3.3 Competence, Confidence, Support and Service

The following table reports the percentage of students that indicated the statement is "pretty much true" or "very much true."

Table 17: Competence, Confidence, Support and Service

	Grade 6		Grad	le 8	Grade 11	
	County	State	County	State	County	State
I can work out my problems.	82.9	84.9	84.7	83.4	89.3	89.1
I can do most things if I try.	74.1	77.1	82.3	82.7	89.4	89.6
There is at least one teacher or other adult in my school that really cares about me.	80.2	75.0	60.2	64.4	69.1	69.4
I volunteer to help others in my community.	64.9	61.9	46.8	50.0	55.1	55.6

Positive Youth Development - Grade 6 Columbia County

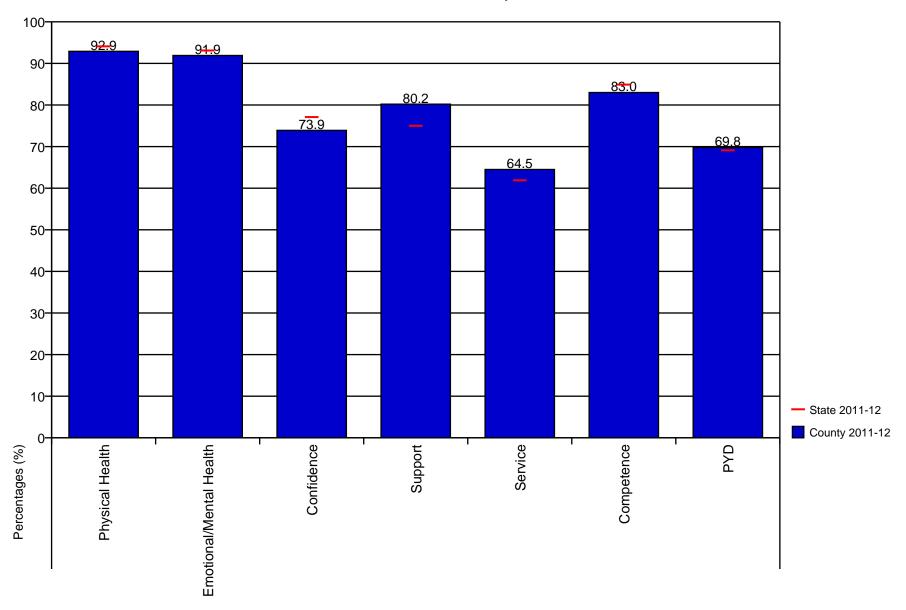


Figure 8: Positive Youth Development - Grade 6

Positive Youth Development - Grade 8 Columbia County

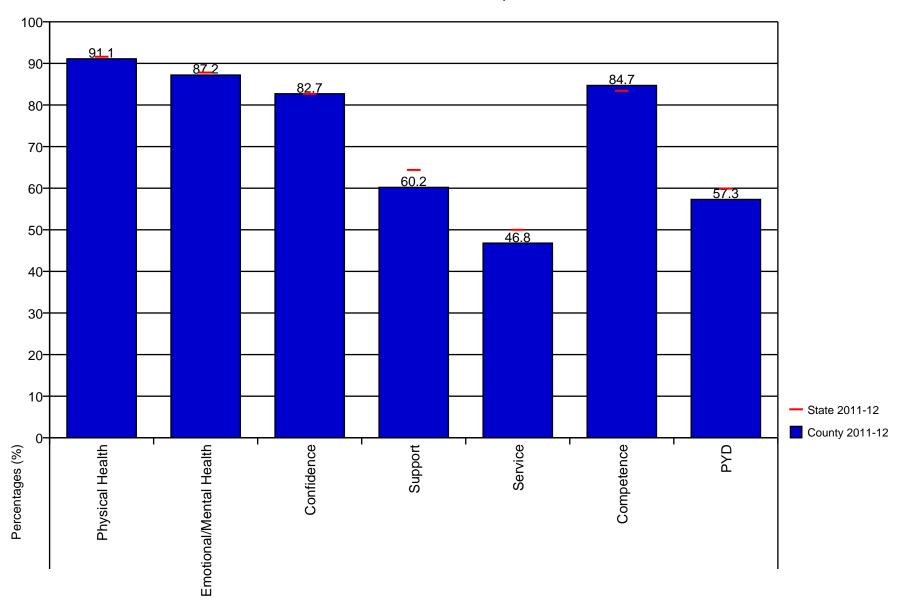


Figure 9: Positive Youth Development - Grade 8

Positive Youth Development - Grade 11 Columbia County

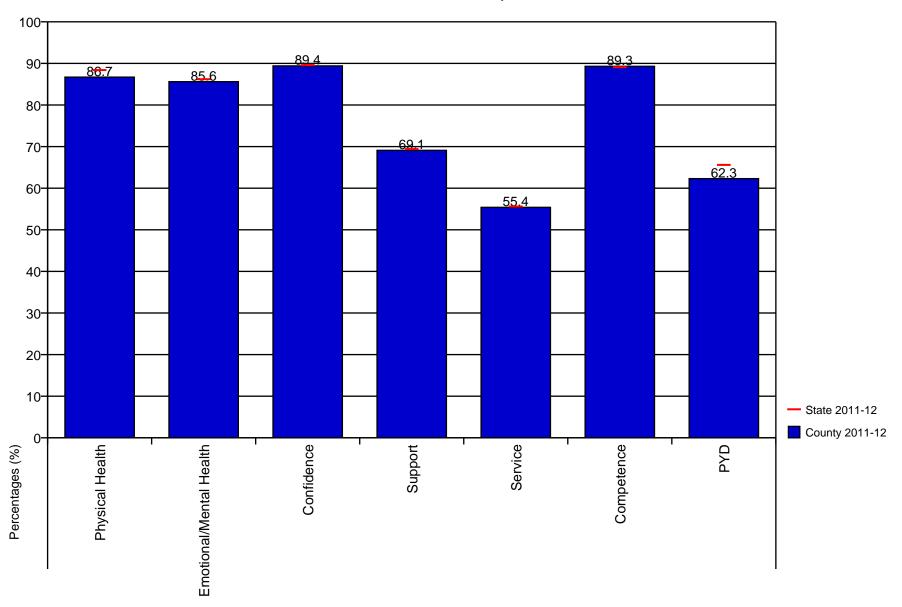


Figure 10: Positive Youth Development - Grade 11

4 MENTAL AND EMOTIONAL HEALTH

Good mental and emotional health makes it easier for youth to establish constructive interpersonal relationships, succeed in school and make a successful transition into the workforce. Depression and psychological distress can interfere with the development of positive teacher and peer relationships. Youth with depression or high levels of psychological distress may find it difficult to focus on academics. They are more likely to smoke, drink alcohol or use other drugs and they are at increased risk of suicide.

The *Oregon Student Wellness Survey* asks questions about emotional and mental health, depression, suicide thoughts and suicide attempts. The survey also asks a series of five questions known as the Mental Health Inventory (MHI-5). When responses for all five are considered together, the result is an estimate of the level of psychological distress that youth are experiencing. MHI-5 scores range from five to 30. Scores of 21 or higher are an indication that youth may be experiencing a mental health concern that requires further assessment.

4.1 Psychological Distress

This table shows the percentage of students with high levels of psychological distress during the past 30 days based on an MHI-5 score of 21 or higher.

Table 18: Psychological Distress

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Below MHI-5 cutoff	90.5	94.1	87.6	91.6	90.0	91.7
At or above MHI-5 cutoff	9.5	5.9	12.4	8.4	10.0	8.3

The following table contains data on each of the five Mental Health Inventory questions. This series of questions asks about how the student was feeling during the past 30 days. The table reports the percentage of students that indicated "a good bit of the time," "most of the time", or "all of the time."

Table 19: MHI-5 Questions

	Grad	Grade 6		Grade 8		e 11
	County	State	County	State	County	State
Been a happy person?	84.5	84.0	77.3	78.3	75.7	77.3
Felt calm and peaceful?	74.5	69.7	61.9	62.4	61.5	60.3
Been a very nervous person?	28.3	24.7	25.5	23.5	23.1	26.5
Felt downhearted and blue?	23.3	18.6	22.9	21.3	22.0	21.8
Felt so down in the dumps that nothing could cheer you up?	15.1	14.0	15.6	14.7	13.9	13.1

4.2 Depression and Suicide Ideation

Suicide is the second leading cause of death among Oregon youth aged 10-24. Depression is the most common underlying cause of suicide. The following table reports the percentage of students that had signs of depression, thoughts about suicide, or actually attempted suicide during the last 12 months.

Table 20: Depression and Suicide Ideation

	Grade 6		Grad	le 8	Grade 11	
	County	State	County	State	County	State
Did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	15.9	19.3	24.5	22.7	26.3	27.9
Did you ever seriously consider attempting suicide?	8.1	9.0	17.1	15.8	12.4	15.1
Actually attempted suicide?	4.1	5.2	8.7	8.0	4.5	6.0

Psychological Distress, Depression and Suicide Columbia County

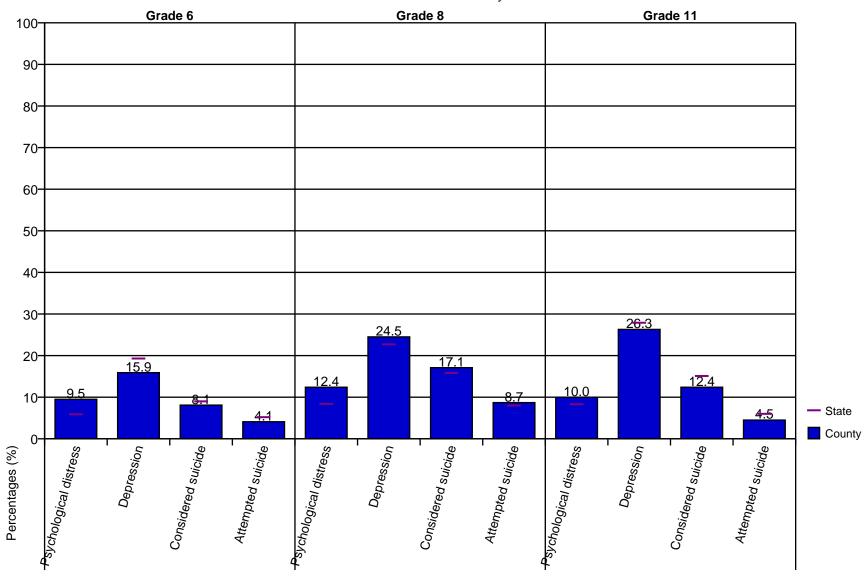


Figure 11: Psychological Distress, Depression and Suicide

5 PROBLEM GAMBLING

Students today are increasingly being exposed to gambling opportunities - on the Internet, in the community, at home and even at church - so it's no surprise that problems associated with gambling are being seen in youth. It's generally not perceived nor treated as risky, yet research shows that youth who gamble are much more likely to engage in other risky behaviors such as drinking, smoking and using drugs and some of them will go on to develop serious gambling problems.

The adolescent brain is developmentally inclined towards risk, minimal consideration of consequences, preference for stimulation and novelty, all of which gambling offers in abundance.

The *Oregon Student Wellness Survey* asks a series of questions that address and measure various gambling activities. Students were asked questions regarding the types of gambling they participated in, their feelings about being involved in gambling and the degree to which parents and teachers have communicated to the students the risks involved in engaging in this particular activity.

Gambling can be addictive, yet most youth and parents treat it as harmless entertainment. The following tables and charts contain data on gambling questions. These percentages are provided by grade level and statewide data are included for comparison purposes. For more information on youth gambling in Oregon, including more data and educational resources, go to www.problemgamblingprevention.org

5.1 Types of Gambling in the Past 30 Days

Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event. The following table shows the percentage of students that participated in these types of gambling in the last 30 days.

Table 21: Types of Gambling in the Past 30 Days

	Grad	de 6	Grad	de 8	Grad	e 11
	County	State	County	State	County	State
I did not gamble during the last 30 days.	69.0	66.8	68.6	63.1	66.9	65.7
Playing lottery ticket/Powerball/Megabucks	1.9	4.1	4.7	5.9	8.8	5.9
Playing dice or coin flips.	8.3	10.7	8.1	11.0	5.5	6.5
Playing cards (poker, etc.).	8.9	9.1	13.1	12.8	9.3	11.5
Betting on a sports team.	10.8	12.3	14.0	16.6	8.8	14.2
Betting on games of personal skill (bowling, video games, dares, etc.).	15.2	14.1	15.1	18.2	13.8	15.1
Gambling on the Internet for free or with money.	0.6	2.3	2.3	4.0	4.4	3.9
Playing Bingo for money.	1.3	3.9	1.6	3.8	2.7	2.1
Other.	7.0	10.9	13.6	14.0	13.3	10.0

5.2 Risk of Problem Gambling

Most youth don't have large sums of money to spend on gambling, so this measure must be looked at within that context. The fact that youth are spending any money on a potentially addictive behavior is of concern, and some youth spend significant amounts on it. Even those who spend a small amount of money are still "spending" time and attention on gambling at the expense of other activities and responsibilities. By the time they get into college, where problem gambling rates are among the highest and the average college student gets 25 credit card solicitations a year, some youth have developed seemingly innocent gambling habits that will cost them dearly.

The following table shows the percentage of 11th grade students that reported the following signs of problem gambling in the last 12 months. The last two questions (lied about/bet more) are based on a valid and reliable problem gambling screening instrument which has been used for many years; saying yes to either of these is highly correlated to a potential gambling problem and indicates a need for further assessment by a trained counselor.

Table 22: Signs of Problem Gambling

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Felt bad about the amount you bet, or about what happens when you bet money	0.8	3.4	1.6	2.9	1.1	2.4
Felt that you would like to stop betting money but didn't think you could	1.7	3.1	0.4	2.0	1.1	1.3
Lied to anyone about betting/gambling	2.7	4.5	7.5	5.4	1.7	3.9
Bet/gambled more than you wanted to	3.4	4.1	4.0	5.4	7.3	5.1

5.3 Communication about the Risks of Gambling

Table 23: Communication About the Risks of Gambling

	Grad	le 6	Grade 8		Grad	e 11
	County	State	County	State	County	State
Parents have talked to you about the risks of betting/gambling	52.7	50.9	46.8	46.3	38.9	35.6
Teachers have talked to you about the risks of betting/gambling	30.1	21.2	57.1	22.3	17.9	18.7

Gambling - Grade 6 Columbia County

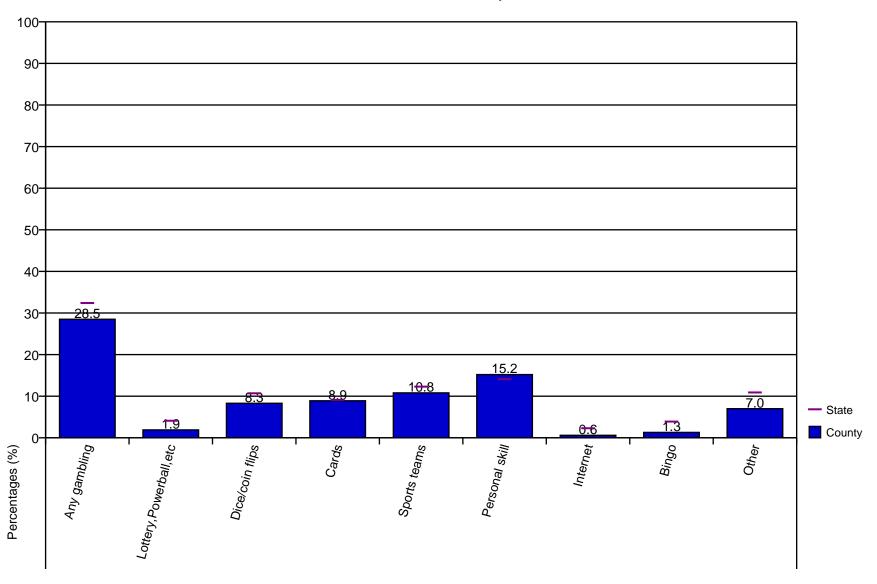


Figure 12: Gambling - Grade 6

Gambling - Grade 8 Columbia County

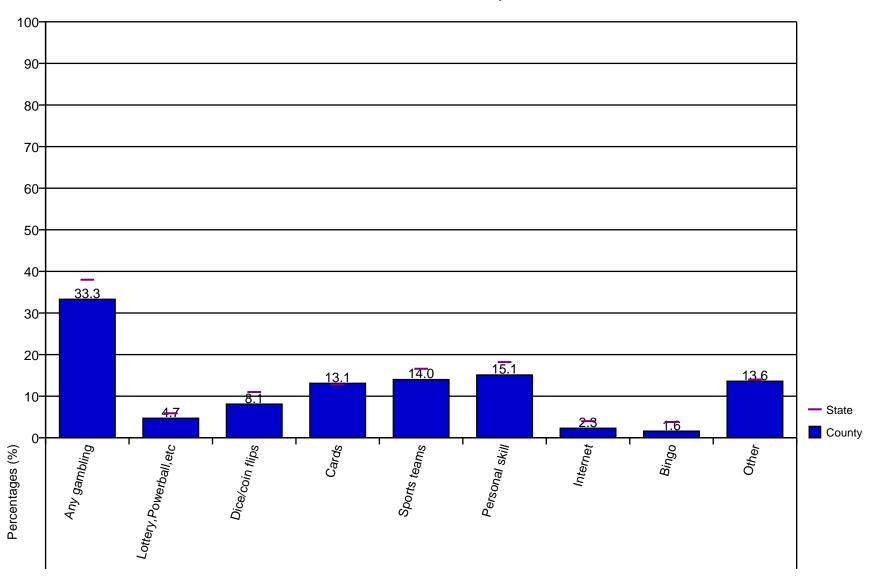


Figure 13: Gambling - Grade 8

Gambling - Grade 11 Columbia County

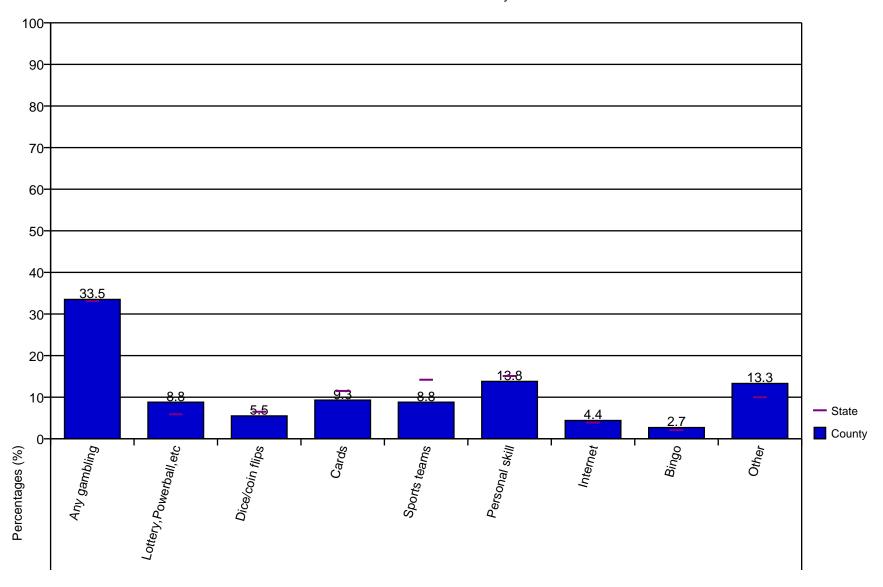


Figure 14: Gambling - Grade 11

Signs of Problem Gambling Columbia County

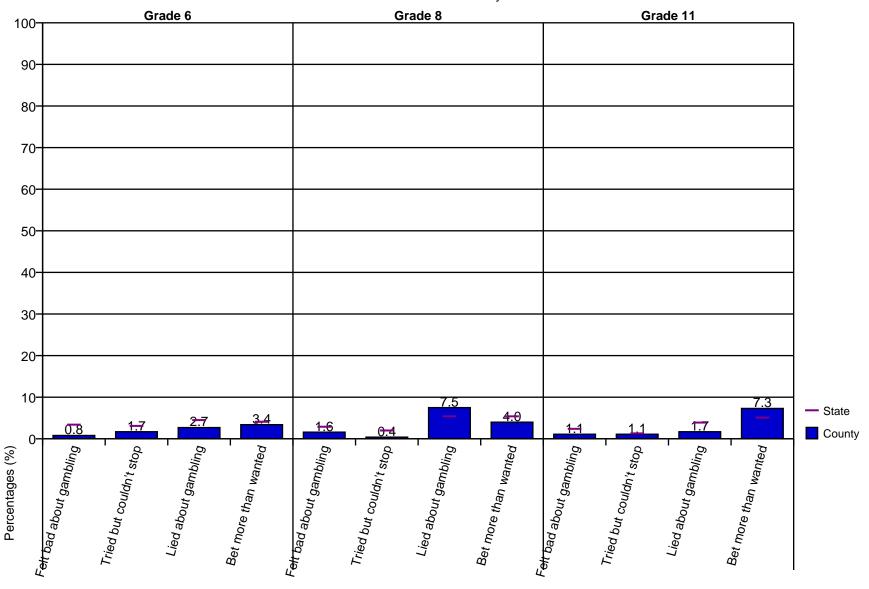


Figure 15: Signs of Problem Gambling

6 SUBSTANCE USE

During the elementary school years, most children express anti-drug, anti-crime and pro-social attitudes and have difficulty imagining why people use drugs. However, in middle school, as more youth are exposed to others who use cigarettes, alcohol or other drugs, their attitudes often shift toward greater acceptance of these behaviors. Typically, by 11th grade, most students have tried alcohol, and many have tried marijuana, cigarettes or other tobacco products.

6.1 Abstinence from Substance Use

The following table shows the percent of students that have never used these substances.

Table 24: Abstinence from Substance Use

	Grade 6		Grad	le 8	Grade 11		
	County	State	County	State	County	State	
Never smoked a whole cigarette	97.9	96.8	86.2	88.4	66.7	76.2	
Never used other tobacco products	97.9	97.7	91.7	91.9	64.8	77.9	
Never had more than a sip or two of alcohol	86.2	75.6	50.6	56.0	26.4	29.9	
Never tried marijuana	95.9	97.2	86.4	84.2	53.0	58.1	

Percentages exclude missing answers.

6.2 Substance Use in the Past 30 Days

The table below provides the percentage of students that used one or more times in the past 30 days.

Table 25: Substance Use in the Past 30 Days

	Grad	de 6	Grad	Grade 8		e 11
	County	State	County	State	County	State
Smoked cigarettes	0.7	1.5	5.2	5.6	17.3	11.9
Used other tobacco products	0.0	0.9	3.6	3.7	15.2	9.7
Used a hookah for tobacco	0.0	0.0	0.0	0.0	12.9	10.4
Had at least one drink of alcohol	1.4	6.7	23.3	19.6	34.6	35.9
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	0.0	1.7	9.8	8.1	21.7	21.4
Used marijuana	0.6	1.5	8.5	8.7	22.1	21.8
Sniffed glue, breathed the contents of aerosol spray cans, or any paints or sprays to get high	3.5	6.7	6.4	5.6	1.7	1.8
Used prescription drugs (without a doctor's orders)	0.9	1.7	4.0	4.5	7.3	8.4
Any illicit drug use including marijuana, cocaine, ecstasy, herion, halluciongens or methamphetamines)	0.6	1.8	8.9	9.0	22.1	22.2
Any illicit drug use including cocaine, ecstasy, herion, halluciongens or methamphetamines)	0.0	0.6	1.5	1.8	2.7	3.3

Alcohol, Tobacco and Other Drug Use - Grade 6 Columbia County

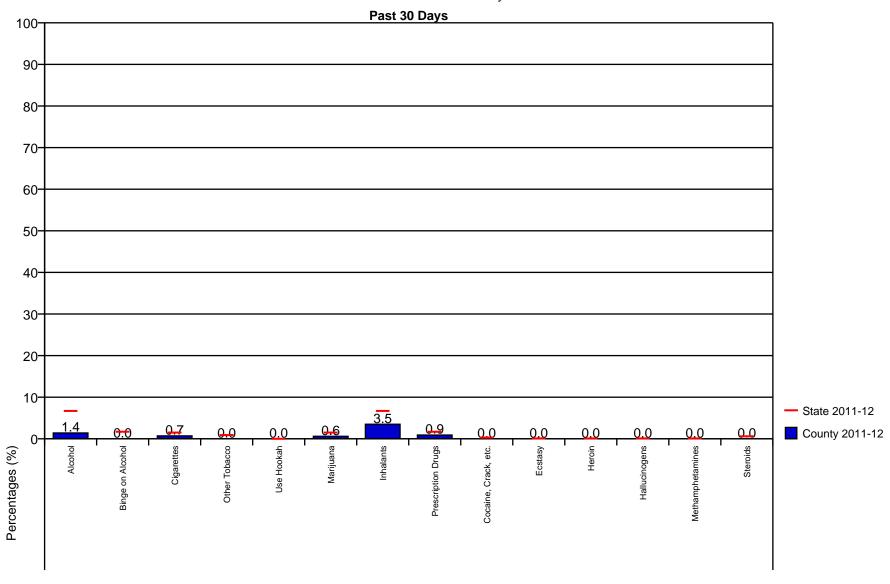


Figure 16: Alcohol, Tobacco and Other Drug Use - Grade 6

Alcohol, Tobacco and Other Drug Use - Grade 8 Columbia County

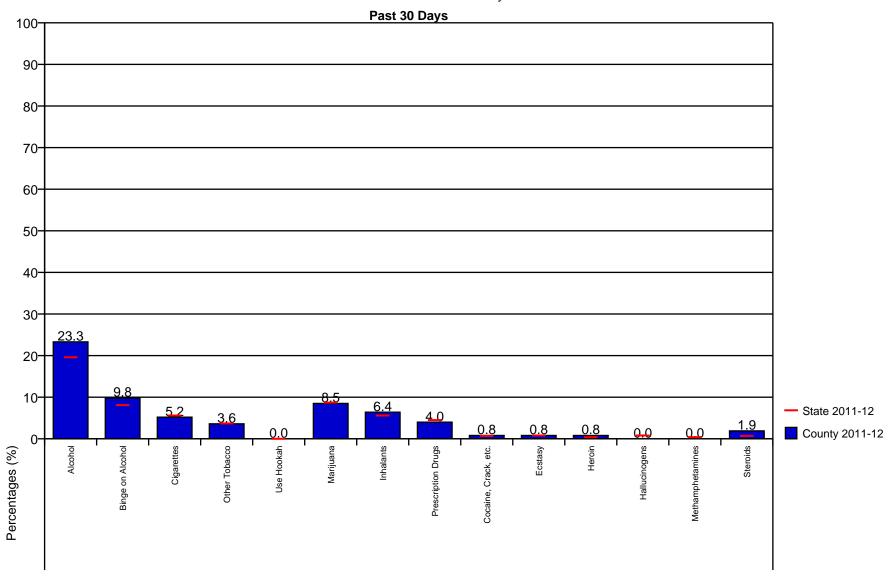


Figure 17: Alcohol, Tobacco and Other Drug Use - Grade 8

Alcohol, Tobacco and Other Drug Use - Grade 11 Columbia County

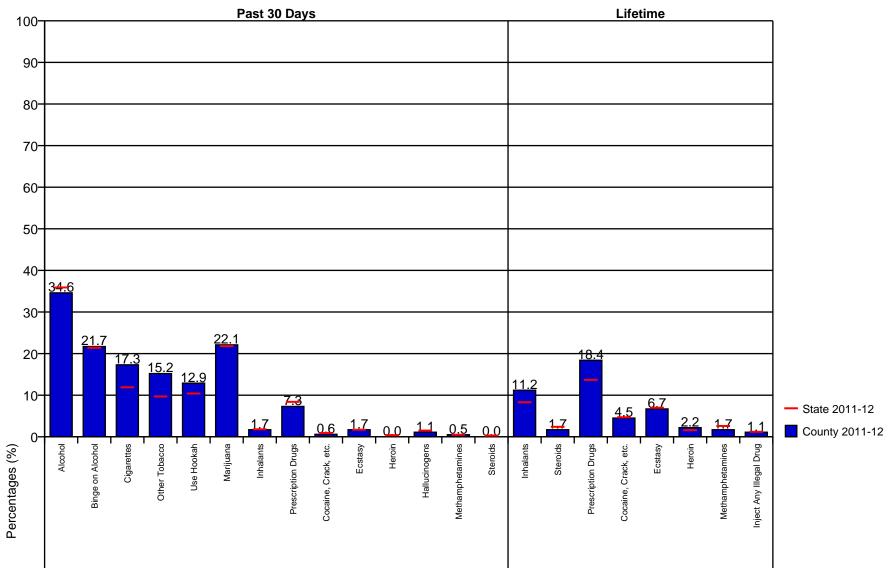


Figure 18: Alcohol, Tobacco and Other Drug Use - Grade 11

6.3 Norms About Alcohol Use

"Everybody's doing it!" is a refrain commonly heard by parents and believed by far too many youth in Oregon. The Student Wellness Survey provides information about alcohol norms. A series of questions allow the comparison of actual alcohol-related behaviors to what youth think most students are doing.

Correcting misperceptions is essential to establishing new, healthy norms about underage drinking.

The table below provides the percentage of students that responded one or more times in the past 30 days.

Table 26: Alcohol Use in the Past 30 Days

	Grad	de 6	Grad	de 8	Grad	e 11
	County	State	County	State	County	State
Had at least one drink of alcohol	1.4	6.7	23.3	19.6	34.6	35.9
Think most students had at least one drink of alcohol	30.0	43.5	67.7	64.5	93.3	87.6
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	0.0	1.7	9.8	8.1	21.7	21.4
Think most students had 5 or more drinks of alcohol in a row	12.6	21.3	52.0	42.8	85.5	76.4
Rode in a vehicle driven by a parent or other adult who had been drinking	7.5	11.0	16.5	14.5	17.3	15.5
Think most students rode in a vehicle driven by a parent or other adult who had been drinking	13.6	27.5	31.2	36.3	61.1	52.3

Percentages exclude missing answers.

The table below provides the percentage of students that responded "wrong" or "very wrong"

Table 27: Attitudes about Drinking

	Grade 6		Grad	le 8	Grade 11		
	County	State	County	State	County	State	
How wrong do you think it is for someone your age to have one or two drinks of an alcohol beverage nearly every day?	95.7	93.4	81.1	83.2	69.1	70.7	
How wrong do you believe most students in your school think it is for someone their age to have one or two drinks of an alcoholic beverage nearly every day?	96.5	87.2	72.1	70.7	46.6	47.4	

6.4 Factors Associated with Initiation of Substance Use

This section reports on a variety of factors associated with initiation of substance use. Easy availability, attitudes about use, perceptions about the risk of harm from use and communication about substance use all influence whether young people choose to use tobacco, alcohol or other drugs.

6.5 Availability

Adolescents that report easy availability of cigarettes, alcohol, marijuana, and other illegal drugs are more likely to use these substances. Research has shown that legal restrictions on alcohol and tobacco use, such as raising the legal drinking age, restricting smoking in public, and increased taxation have been followed by decreases in consumption.

The table below shows the percentage of students that said it would be "easy" or "very easy" for the student to...

Table 28: Availability

	Grad	Grade 6		le 8	Grade 11		
	County	State	County	State	County	State	
Get some cigarettes?	14.3	15.2	39.1	32.4	68.4	63.6	
Get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?	18.6	19.8	49.4	43.6	72.1	71.1	
Get some marijuana?	7.9	9.2	34.3	32.8	67.8	69.3	
Get a drug like cocaine, lsd, or amphetamines?	5.7	4.5	14.8	10.8	19.8	24.3	

Percentages exclude missing answers.

6.6 Parental Attitude toward Substance Use

In families where parents are heavy users of alcohol, use illegal drugs or are tolerant of children's use, adolescents are more likely to engage in substance use. The risk is further increased if parents involve children in their own using behavior such as asking the child to light the parent's cigarette or get the parent a beer from the refrigerator.

The *Oregon Student Wellness Survey* asks students about how their parents would feel if the student used alcohol, cigarettes or marijuana. The table below reports the percentage of students that said their parents feel it would be "wrong" or "very wrong" for youth to...

Table 29: Parental Attitude toward Substance Use

	Grad	Grade 6		le 8	Grad	e 11
	County	State	County	State	County	State
Wrong to smoke cigarettes	99.3	98.1	96.4	96.7	91.0	93.5
Wrong to drink beer, wine or liquor regularly	97.8	95.1	91.9	91.0	79.8	79.9
Wrong to smoke marijuana	99.3	98.0	92.7	93.7	84.3	85.1

6.7 Student Attitude toward Substance Use

Youth who disapprove of substance use are less likely to engage in a variety of problem behaviors.

The following table shows the percentage of students that think it is "wrong" or "very wrong" for someone their age to...

Table 30: Student Attitude toward Substance Use

	Grade 6		Grad	le 8	Grad	e 11
	County	State	County	State	County	State
Wrong to smoke one or more packs of cigarettes a day	99.3	98.1	94.7	94.7	85.1	89.0
Wrong to have one or two drinks of an alcoholic beverage nearly every day	95.7	93.4	81.1	83.2	69.1	70.7
Wrong to try marijuana or hashish once or twice	95.7	93.5	76.9	74.8	41.8	43.6
Wrong to use marijuana or hashish once a month or more	95.0	94.8	81.4	80.5	53.7	52.8

Percentages exclude missing answers.

6.8 Perceived Risk of Harm

Students who perceive cigarette, alcohol or marijuana use are risky are less likely to engage in use.

The following table reports the percentage of students that think there is "moderate risk" or "great risk" of harming themselves (physically or in other ways).

Table 31: Perceived Risk of Harm

	Grad	de 6	Grad	de 8	Grade 11	
	County	State	County	State	County	State
Smoking one or more packs of cigarettes per day is risky	85.8	81.1	81.0	85.5	86.5	87.1
Taking one or two drinks of an alcoholic beverage nearly every day is risky	49.3	47.4	44.8	53.7	43.8	54.6
Having five or more drinks of an alcoholic beverage once or twice a week is risky	69.5	65.6	68.7	72.6	74.0	76.0
Trying marijuana once or twice is risky	64.8	55.5	44.8	46.5	19.2	25.6
Smoking marijuana once or twice a week is risky	76.1	74.7	68.5	70.2	49.2	51.7

6.9 Communication about Substance Use

The table below shows the percentage of students that recall communication about substance use during the past 12 months.

Table 32: Communication about Substance Use

	Grade 6		Grac	le 8	Grade 11		
	County	State	County	State	County	State	
Talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use	67.4	62.3	66.8	67.2	72.7	70.0	
Had a special class about drugs or alcohol in school	45.1	42.0	51.0	53.5	36.0	47.8	
Recall hearing, reading, or watching an advertisement about prevention of substance abuse	56.4	44.4	61.7	60.6	77.4	78.4	

7 DRUG FREE COMMUNITIES CORE MEASURES

The Drug-Free Communities (DFC) Support Program, administered by the Center for Substance Abuse Prevention, requests specific data which are typically referred to as the Core Measures. Beginning in 2013 there will be a new set of Core Measures. The 2014 Student Wellness Survey will meet the new Core Measure requirements. This report reflects the 2012 Core Measure requirements. At this time, grantees are required to report on three drug categories: tobacco, alcohol and marijuana. A number of Oregon DFCs focus on other substances, so this report also includes 30-day use data for binge drinking, prescription drugs, methamphetamines, and any illicit drugs other than marijuana.

Data in the tables that follow are provided by grade level. For each drug, and at each grade level, the percentage of students who responded positively to the question and the number of students who responded to the question are reported. For Average Age of Onset, the average age of first use in years and the number of students using is reported. The possible responses to this question range from 10 or under to 17 or older. The table shows the average age of onset of use by those students who answered the question with a response other than "never used."

7.1 30 Day Use

Table 33: 30 Day Use

	Grade 6		Grade 8		Grade 1	
	N	Pct	N	Pct	N	Pct
Had at least one drink of alcohol	147	1.4	253	23.3	179	34.6
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	147	0.0	254	9.8	180	21.7
Smoked cigarettes	146	0.7	252	5.2	179	17.3
Used marijuana	158	0.6	258	8.5	181	22.1
Used prescription drugs (without a doctor's orders)	115	0.9	249	4.0	179	7.3
Used methamphetamines (also called speed, crystal, crank or ice)	158	0.0	258	0.0	182	0.5

7.2 Perception of Moderate or Great Risk

Table 34: Perception of Moderate or Great Risk

	Grade 6		Grade 8		Grade 11	
	N	Pct	N	Pct	N	Pct
If they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	141	48.9	250	44.8	179	44.1
If they smoke one or more packs of cigarettes per day?	141	85.8	246	81.3	178	86.5
If they smoke marijuana once or twice a week?	142	76.1	248	68.5	178	49.4

Percentages exclude missing answers.

7.3 Parents Feel It Would Be Wrong or Very Wrong

Table 35: Parents Feel It Would Be Wrong or Very Wrong

	Grade 6		Grade 8		Grade 11	
	N	Pct	N	Pct	N	Pct
Drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly (at least once or twice a month)?	139	97.8	246	91.9	179	79.3
Smoke cigarettes?	138	99.3	246	96.3	179	91.1
Smoke marijuana?	140	99.3	245	92.7	178	84.3

Percentages exclude missing answers.

7.4 Average Age (in years) of Onset

Table 36: Average Age (in years) of Onset

	Grade 6		Gra	de 8	Grade 11	
	N	Age	N	Age	N	Age
Smoked a whole cigarette	145	9.7	253	11.6	180	13.3
Had more than a sip or two of alcohol	145	9.3	251	11.1	178	13.4
Tried marijuana	147	10.0	250	11.8	181	14.1

8 HEIGHT, WEIGHT & BODY MASS INDEX (BMI)

The 11th grade version of the *Oregon Student Wellness Survey* contains questions about height and weight. Information from these questions are broken down by sex rather than by grade. From these questions it is possible to calculate a Body Mass Index (BMI) and to classify students on a percentile rankings, based on previous CDC analysis, as being either underweight (less than 5th percentile), healthy weight (5th percentile to less than 85th percentile), overweight (85th to less than 95th percentile) or obese (greater than or equal to 95th percentile). This information is detailed in the following tables.

Table 37: Average Weight

	F	emale		Male
	N	Pounds	N	Pounds
Average	86	142.6	98	173.1

Percentages exclude missing answers.

Table 38: Average Height

	Fe	emale	1	Male
	N	Inches	Ν	Inches
Average	86	65.2	89	71.1

Percentages exclude missing answers.

Table 39: BMI Categories

	Fe	Female		1ale
	Ν	Pct	N	Pct
Underweight	1	1.3	3	3.4
Healthy Weight	55	69.6	57	64.8
Overweight	13	16.5	15	17.0
Obese	10	12.7	13	14.8

Percentages exclude missing answers.

Table 40: How do you describe your weight?

	Female		Male	
	Ν	Pct	N	Pct
Very underweight	2	2.3	1	1.1
Slightly underweight	4	4.6	13	14.1
About the right weight	46	52.9	54	58.7
Slightly overweight	30	34.5	22	23.9
Very overweight	5	5.7	2	2.2

Percentages exclude missing answers.

Table 41: What Are You Trying To Do About Your Weight?

	Female		N	1ale
	N	Pct	N	Pct
Lose weight	54	62.8	21	23.1
Gain weight	4	4.7	29	31.9
Stay the same weight	11	12.8	18	19.8
I am not trying to do anything about my weight	17	19.8	23	25.3

Percentages exclude missing answers.

Table 42: During the past 30 days, did you go without eating for 24 hours or more to lose weight or to keep from gaining weight?

	Fe	Female		lale
	N	Pct	N	Pct
Yes	18	20.5	6	6.7
No	70	79.5	84	93.3

Table 43: During the past 30 days, did you take diet pills, powders, or liquids to lose weight or to keep from gaining weight?

	Fe	Female		lale
	N	Pct	N	Pct
Yes	8	9.2	4	4.4
No	79	90.8	87	95.6

Percentages exclude missing answers.

Table 44: During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Fe	Female		lale
	N	Pct	N	Pct
Yes	4	4.5	4	4.4
No	84	95.5	87	95.6

A FREQUENCY DISTRIBUTION TABLES

This section contains frequency distribution tables for all of the questions found on the 2012 *Oregon Student Wellness Survey*. Two versions of the survey were used, one for 6th and 8th grades and another for the 11th grade. The 6th and 8th grade survey consisted of a subset of the questions found on the 11th grade version. In order to provide results that spanned all grade levels in a single report, the data for questions that did not appear on the 6th and 8th grade version were coded as missing.

A.1 Frequency Distribution Tables

A.1.1 Demographics

Table 45: How old are you?

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
10 or younger		0.3				
11 years old	38.0	42.4		0.0		
12 years old	61.4	55.2		0.3		
13 years old	0.6	2.0	36.0	42.5		
14 years old			61.6	55.1		0.0
15 years old			2.3	2.1	0.6	0.3
16 years old					42.2	43.9
17 years old					56.1	53.7
18 years old					1.1	2.1
19 years old or older						
N of Valid	158	18,824	258	21,331	180	15,330
N of Miss	0	61	0	37	2	28

Table 46: What is your sex?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Female	50.3	50.0	53.7	50.2	48.6	48.8
Male	49.7	50.0	46.3	49.8	51.4	51.2
N of Valid	157	18,758	257	21,233	181	15,280
N of Miss	0	127	1	135	1	78

Table 47: Which of the following best describes you?

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
Heterosexual (straight)					91.2	91.9
Gay or lesbian					0.6	1.3
Bisexual					5.5	4.6
I wonder/think I'm transgendered					0.6	0.6
Not sure					2.2	1.7
N of Valid	0	0	0	0	181	15,228
N of Miss	158	18,885	258	21,368	2	130

^{*}This was not asked in grades 6 and 8.

Table 48: In what grade are you?

	Grad	de 6	Gra	de 8	Grad	Grade 11	
	County	State	County	State	County	State	
6th	100.0	100.0					
7th							
8th			100.0	100.0			
9th							
10th							
11th					100.0	100.0	
12th							
N of Valid	158	18,885	258	21,368	181	15,358	
N of Miss	0	0	0	0	0	0	

Table 49: What is your race?

	Gra	de 6	Grade 8		Grad	de 11
	County	State	County	State	County	State
American Indian or Alaska Native	3.9	4.9	2.8	3.2	3.9	2.5
Asian	1.3	6.6	8.0	6.4	1.1	5.1
Black or African American	0.7	3.7	1.2	3.1	1.7	2.8
Native or Other Pacific Islander	2.6	4.0	2.4	3.5	0.6	2.6
White	83.0	69.5	83.4	72.2	80.3	78.2
Multiracial	8.5	11.3	9.3	11.6	12.4	8.7
N of Valid	153	16,365	247	18,845	178	14,012
N of Miss	5	2,521	11	2,522	3	1,346

Table 50: Are you Hispanic or Latino/Latina?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Yes	8.6	22.8	7.6	21.1	5.1	18.6
No	91.4	77.2	92.4	78.9	94.9	81.4
N of Valid	151	17,702	250	20,337	178	15,091
N of Miss	7	1,184	8	1,032	3	267

Table 51: What is the language you use most often at home?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
English	97.5	84.0	97.7	85.9	96.7	87.9
Russian		1.0		1.2		0.9
Spanish	1.3	11.0	1.2	8.3	1.1	7.6
Vietnamese		1.2		1.4	0.6	0.5
A tribal language	0.6	0.2	0.4	0.4	1.1	0.4
Another language	0.6	2.6	0.8	2.8	0.6	2.6
N of Valid	157	18,272	257	20,675	180	15,161
N of Miss	1	613	2	693	1	196

A.1.2 Transitions and Mobility

Table 52: Have you changed schools (including changing from elementary to middle and middle to high school) in the past year?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Yes	29.2	64.6	25.8	23.2	18.2	17.7
No	70.8	35.4	74.2	76.8	81.8	82.3
N of Valid	154	18,446	256	21,074	181	15,279
N of Miss	3	440	2	294	1	80

Table 53: How many times have you changed homes since kindergarten?

	Grade 6		Gra	Grade 8		le 11
	County	State	County	State	County	State
Never	37.9	35.9	31.0	28.9	29.1	25.8
1 or 2 times	37.9	32.4	31.4	33.0	29.1	33.0
3 or 4 times	13.7	19.0	19.0	20.2	20.3	20.4
5 or 6 times	4.6	7.6	10.9	9.7	9.3	10.5
7 or more times	5.9	5.2	7.8	8.2	12.1	10.3
N of Valid	153	18,570	258	21,181	182	15,276
N of Miss	5	316	0	188	0	83

A.2 School Climate

A.2.1 Academic Performance

Table 54: Putting them all together, what were your grades like last year?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
Mostly A's	55.2	45.6	38.1	43.0	44.0	34.7
Mostly B's	29.9	38.0	28.0	30.7	29.1	36.3
Mostly C's	9.7	12.5	23.0	18.2	19.8	21.8
Mostly D's	3.2	2.8	6.6	5.3	6.0	5.3
Mostly F's	1.9	1.2	4.3	2.8	1.1	2.0
N of Valid	154	17,697	257	20,783	182	15,115
N of Miss	5	1,189	2	586	0	243

A.2.2 School Commitment

Table 55: During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
None	82.9	75.9	74.3	76.7	62.2	69.9
1 day	7.2	9.7	8.2	8.7	13.9	11.0
2 days	1.3	5.6	5.4	5.4	7.2	6.3
3 days	2.0	3.4	5.4	3.5	3.3	4.9
4 to 5 days	3.9	3.2	4.3	3.0	6.7	4.6
6 to 10 days	2.0	1.1	1.2	1.2	3.3	1.9
11 or more days	0.7	1.1	1.2	1.4	3.3	1.5
N of Valid	152	18,564	257	21,157	180	15,292
N of Miss	6	321	1	211	1	66

Table 56: How do you like school?

	Grad	de 6	Grade 8		Grad	de 11
	County	State	County	State	County	State
I like school very much	15.7	22.6	7.8	11.5	4.4	8.2
I like school	42.1	40.3	31.4	37.4	34.8	37.5
I neither like nor dislike school	32.2	26.5	41.1	34.0	35.4	34.9
I dislike school	6.6	6.0	10.9	9.3	18.2	12.7
I dislike school very much	3.3	4.6	8.9	7.8	7.2	6.7
N of Valid	121	18,519	258	21,153	181	15,281
N of Miss	35	366	0	216	0	77

Table 57: How important do you think the things you are learning in school are going to be for your later life?

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
Very important	51.6	54.6	25.2	34.2	18.2	19.6
Quite important	30.7	28.5	28.7	31.8	27.1	30.5
Fairly important	12.4	12.4	29.8	22.7	33.1	30.9
Slightly important	3.9	3.4	12.8	9.0	16.0	15.8
Not at all important	1.3	1.1	3.5	2.3	5.5	3.2
N of Valid	153	18,646	258	21,220	181	15,294
N of Miss	4	240	0	148	0	65

Table 58: How often do you feel that the schoolwork you are assigned is meaningful and important?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
Almost always	35.5	30.5	10.9	13.5	6.1	5.3
Often	32.2	36.1	31.0	32.9	19.3	23.2
Sometimes	25.0	25.9	41.1	37.5	46.4	44.9
Seldom	5.3	4.9	12.4	12.1	24.3	22.0
Never	2.0	2.6	4.7	4.0	3.9	4.5
N of Valid	152	18,299	258	20,986	181	15,192
N of Miss	6	587	0	382	0	165

Table 59: I have lots of chances to be part of class discussions or activities.

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Strongly agree	45.7	45.0	38.4	37.8	35.9	37.8
Somewhat agree	44.4	45.5	46.9	50.3	51.9	51.5
Somewhat disagree	7.9	7.0	10.5	9.4	9.9	8.7
Strongly disagree	2.0	2.5	4.3	2.4	2.2	2.0
N of Valid	151	18,363	258	21,095	181	15,253
N of Miss	6	522	1	273	1	105

Table 60: Thinking back over the past school year, how often did you try to do your best work in school?

	Grad	de 6	Gra	Grade 8		le 11
	County	State	County	State	County	State
Almost always	69.1	59.0	45.9	40.0	27.1	26.9
Often	23.0	28.9	31.8	36.5	39.2	39.1
Sometimes	5.9	9.8	17.3	17.6	25.4	24.9
Seldom	1.3	1.7	3.5	4.6	7.7	7.5
Never	0.7	0.7	1.6	1.3	0.6	1.5
N of Valid	152	18,400	255	20,968	181	15,201
N of Miss	6	485	3	400	1	158

Table 61: There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.

	Grad	de 6	Grad	Grade 8		le 11
	County	State	County	State	County	State
Strongly agree	61.6	56.0	59.3	48.7	58.0	62.1
Somewhat agree	28.5	32.1	31.0	35.8	32.0	28.1
Somewhat disagree	8.6	9.0	8.1	11.5	8.3	7.1
Strongly disagree	1.3	2.9	1.6	4.0	1.7	2.7
N of Valid	151	18,223	258	20,968	181	15,195
N of Miss	7	662	0	400	1	164

Table 62: I respect most of my teachers.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Strongly agree	74.8	68.5	45.1	49.5	46.9	52.2
Somewhat agree	22.0	25.1	38.5	37.3	41.9	38.0
Somewhat disagree	3.3	4.7	12.1	9.7	10.1	8.0
Strongly disagree		1.7	4.3	3.5	1.1	1.8
N of Valid	123	17,861	257	20,547	179	14,999
N of Miss	34	1,023	1	821	2	359

Table 63: My teachers notice when I am doing a good job and let me know about it

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
Strongly agree	47.7	37.9	22.7	24.8	18.9	20.5
Somewhat agree	37.1	42.8	38.8	43.3	45.6	46.8
Somewhat disagree	11.9	14.0	25.9	22.4	26.1	25.1
Strongly disagree	3.3	5.4	12.5	9.5	9.4	7.6
N of Valid	151	18,314	255	20,936	180	15,185
N of Miss	6	572	2	433	2	174

Table 64: I can talk to my teachers openly and freely about my concerns.

	Grad	Grade 6		de 8	Grade 11	
	County	State	County	State	County	State
Strongly agree	40.8	32.2	21.0	20.7	22.9	20.7
Somewhat agree	34.9	36.9	33.5	35.6	36.9	40.1
Somewhat disagree	15.8	19.4	27.6	26.7	26.3	27.2
Strongly disagree	8.6	11.5	17.9	16.9	14.0	11.9
N of Valid	152	18,125	257	20,898	179	15,168
N of Miss	5	761	1	470	2	190

Table 65: In my school, teachers treat students with respect.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Strongly agree	56.1	54.3	24.6	33.3	23.9	30.6
Somewhat agree	29.3	32.8	48.8	43.7	49.4	48.7
Somewhat disagree	10.6	9.7	20.3	17.5	20.6	16.7
Strongly disagree	4.1	3.2	6.2	5.6	6.1	4.0
N of Valid	123	18,023	256	20,805	180	15,081
N of Miss	34	863	2	564	2	277

Table 66: Most students at my school help each other when they are hurt or upset.

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
Strongly agree	33.3	32.5	27.2	20.7	10.6	16.0
Somewhat agree	40.7	44.1	40.5	44.3	43.0	46.8
Somewhat disagree	19.5	16.9	22.2	24.4	33.0	27.4
Strongly disagree	6.5	6.6	10.1	10.6	13.4	9.7
N of Valid	123	18,158	257	20,953	179	15,119
N of Miss	35	728	1	416	2	239

Table 67: In my school, students that work hard to get good grades are picked on by other students.

	Grade 6		Gra	Grade 8		le 11
	County	State	County	State	County	State
Strongly agree	16.7	11.6	6.6	8.3	6.7	4.5
Somewhat agree	20.6	22.4	15.6	22.0	23.3	16.8
Somewhat disagree	23.8	28.1	40.1	35.6	41.7	38.3
Strongly disagree	38.9	37.9	37.7	34.1	28.3	40.3
N of Valid	126	18,172	257	21,005	180	15,161
N of Miss	32	712	1	364	1	198

A.2.3 Safe School Environment

Table 68: During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
0 days	96.1	91.7	89.4	93.0	93.9	95.9
1 day	3.3	4.7	2.7	3.5	3.4	1.9
2 or 3 days	0.7	2.2	4.7	1.9	2.2	1.3
4 or 5 days		0.5	0.4	0.5		0.2
6 or more days		0.9	2.7	1.0	0.6	0.7
N of Valid	153	18,316	255	21,029	179	15,110
N of Miss	5	570	3	338	2	248

Table 69: During the past 30 days, on how many days did you carry a gun as a weapon on school property?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 days	100.0	99.3	98.8	98.6	98.3	98.5
1 day		0.3	0.8	0.4	0.6	0.3
2 or 3 days		0.1	0.4	0.3		0.3
4 or 5 days		0.0		0.1	0.6	0.1
6 or more days		0.2		0.6	0.6	0.7
N of Valid	125	18,153	257	20,912	180	15,063
N of Miss	32	732	2	458	2	296

Table 70: During the past 30 days, on how many days did you carry a weapon (other than a gun) such as a knife or club on school property?

	Grade 6		Gra	Grade 8		de 11
	County	State	County	State	County	State
0 days	97.6	96.9	95.7	94.9	95.5	92.7
1 day	1.6	2.1	2.3	2.4	2.2	1.9
2 or 3 days	0.8	0.4	0.4	0.9	1.1	1.2
4 or 5 days		0.2	0.4	0.3		0.5
6 or more days		0.5	1.2	1.6	1.1	3.7
N of Valid	125	18,151	256	20,920	179	15,081
N of Miss	34	734	3	447	2	277

Table 71: During the past 12 months, how many times were you in a physical fight?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times	69.7	71.2	68.9	71.3	81.6	81.7
1 time	17.8	14.2	14.4	14.4	9.5	9.3
2 or 3 times	7.2	8.1	8.9	8.1	5.0	5.6
4 or 5 times	1.3	2.3	8.0	2.6	2.2	1.5
6 or 7 times	1.3	1.0	2.3	1.0	1.1	0.6
8 or 9 times	0.7	0.7	8.0	0.7		0.2
10 or 11 times		0.3	0.4	0.2		0.2
12 or more times	2.0	2.4	3.5	1.7	0.6	0.9
N of Valid	152	18,269	257	20,988	179	15,131
N of Miss	5	617	1	380	1	227

Table 72: During the past 12 months, how many times were you in a physical fight on school property?

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times	80.6	84.9	84.2	84.9	91.1	93.4
1 time	14.8	9.5	8.1	9.7	5.0	4.5
2 or 3 times	2.6	3.6	4.2	3.8	2.8	1.3
4 or 5 times	1.3	0.9	8.0	0.6	0.6	0.4
6 or 7 times	0.6	0.4	8.0	0.3		0.1
8 or 9 times		0.2	1.2	0.2	0.6	0.1
10 or 11 times		0.1		0.1		0.0
12 or more times		0.4	8.0	0.4		0.2
N of Valid	155	18,256	259	20,993	180	15,093
N of Miss	4	629	0	376	2	264

Table 73: During the past 12 months, how many times did you bully someone (such as hitting, kicking, pushing, saying mean things, spreading rumors, or making sexual comments that bothered them)?

	Grad	Grade 6		de 8	Grade 11	
	County	State	County	State	County	State
0 times	80.8	77.8	67.8	70.9	69.8	80.1
1 time	12.0	12.9	14.3	12.7	11.2	7.3
2 or 3 times	0.8	5.2	8.9	8.1	8.4	5.7
4 or 5 times	2.4	1.5	3.9	2.8	1.7	2.1
6 or 7 times	1.6	0.6	0.4	1.1	1.1	0.7
8 or 9 times		0.3	0.4	0.6	0.6	0.4
10 or 11 times		0.1		0.4		0.2
12 or more times	2.4	1.7	4.3	3.6	7.3	3.4
N of Valid	125	18,144	258	20,920	179	15,108
N of Miss	32	740	0	449	2	252

Table 74: During the past 12 months, how many times have you been suspended from school?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times	91.2	92.0	82.6	85.9	86.7	88.0
1 time	4.0	5.3	10.5	8.2	5.0	7.2
2 or 3 times	4.0	1.7	2.3	3.7	4.4	2.9
4 or 5 times		0.5	1.9	1.0	2.2	1.0
6 or 7 times		0.1	1.2	0.4	0.6	0.3
8 or 9 times		0.1	0.8	0.2		0.2
10 or 11 times		0.1		0.1		0.1
12 or more times	8.0	0.2	0.8	0.5	1.1	0.4
N of Valid	125	18,089	258	20,885	180	15,078
N of Miss	33	796	0	485	2	282

Table 75: During the past 12 months, how many times has someone threatened you with a weapon such as a gun, knife, or club on school property?

	Grad	de 6	Grad	de 8	Grad	Grade 11	
	County	State	County	State	County	State	
0 times	90.6	90.4	90.3	90.0	92.8	93.3	
1 time	6.2	5.7	4.7	5.5	4.4	3.7	
2 or 3 times	2.3	2.2	3.1	2.3	1.7	1.6	
4 or 5 times	0.8	0.7	0.8	0.8	0.6	0.5	
6 or 7 times		0.2	0.4	0.4		0.4	
8 or 9 times		0.2	0.4	0.2		0.1	
10 or 11 times		0.1		0.1		0.1	
12 or more times		0.5	0.4	0.7	0.6	0.3	
N of Valid	128	18,157	258	20,931	181	15,129	
N of Miss	31	729	0	437	1	229	

Table 76: During the past 12 months, how many times have you been drunk or high at school?

	Gra	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times					77.5	81.0
1 time					7.7	4.7
2 or 3 times					2.7	4.0
4 or 5 times					2.2	1.7
6 or 7 times					1.1	1.2
8 or 9 times					0.5	0.5
10 or 11 times					0.5	0.5
12 or more times					7.7	6.5
N of Valid	0	0	0	0	182	15,116
N of Miss	158	18,885	258	21,368	1	242

^{*}This was not asked in grades 6 and 8.

Table 77: During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Yes	3.2	3.3	10.9	11.9	20.1	22.4
No	96.8	96.7	89.1	88.1	79.9	77.6
N of Valid	124	18,180	258	20,884	179	15,019
N of Miss	34	706	1	483	2	339

A.2.4 Harassment and Bullying

Table 78: Any harassment in the past 30 days

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
No	49.2	49.4	50.0	48.6	46.7	60.4
Yes	50.8	50.6	50.0	51.4	53.3	39.6
N of Valid	126	18,262	258	21,055	180	15,136
N of Miss	32	623	0	313	1	222

Table 79: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of your race or ethnic origin?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
0 times	93.7	88.6	93.8	86.8	93.3	89.2
1 time	4.8	6.0	2.7	5.9	1.1	4.3
2 or 3 times	0.8	3.1	1.6	4.0	4.5	3.4
4 or 5 times	0.8	0.8		0.9		8.0
6 or more times		1.5	1.9	2.5	1.1	2.3
N of Valid	126	17,966	257	20,688	179	15,089
N of Miss	32	919	1	680	1	269

Table 80: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because someone said you were gay, lesbian, bisexual or transgender?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times	86.4	84.0	83.2	86.3	87.8	91.9
1 time	4.8	7.9	6.2	5.7	4.4	3.0
2 or 3 times	2.4	3.9	6.2	3.7	2.8	2.5
4 or 5 times	3.2	1.1	1.6	1.0		0.6
6 or more times	3.2	3.2	2.7	3.3	5.0	2.0
N of Valid	125	18,054	256	20,778	180	15,080
N of Miss	32	832	2	590	1	280

Table 81: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of who your friends are?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
0 times	74.8	78.6	75.1	77.3	77.3	83.9
1 time	13.8	11.7	14.4	11.8	12.2	7.7
2 or 3 times	7.3	5.5	4.3	6.4	5.5	5.2
4 or 5 times	1.6	1.7	3.1	1.7	2.2	1.4
6 or more times	2.4	2.6	3.1	2.8	2.8	1.8
N of Valid	123	17,683	257	20,479	181	14,888
N of Miss	34	1,201	1	889	1	470

Table 82: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of how you look (weight, clothes, acne, or other physical characteristics)?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
0 times	72.2	71.4	70.7	69.8	70.6	78.8
1 time	11.9	12.9	16.4	12.6	10.0	9.0
2 or 3 times	7.9	7.5	5.1	8.4	8.9	7.0
4 or 5 times	3.2	2.6	1.2	2.9	3.9	1.8
6 or more times	4.8	5.7	6.6	6.2	6.7	3.4
N of Valid	126	18,035	256	20,891	180	15,071
N of Miss	32	850	2	478	1	287

Table 83: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because you received unwanted sexual comments or attention?

	Grad	Grade 6		Grade 8		de 11
	County	State	County	State	County	State
0 times	92.8	91.8	84.1	87.9	80.4	88.6
1 time	4.8	4.2	7.0	4.8	5.6	4.1
2 or 3 times	1.6	1.9	3.9	3.2	8.4	3.7
4 or 5 times		0.7	1.2	1.4	2.2	1.3
6 or more times	8.0	1.4	3.9	2.8	3.4	2.3
N of Valid	125	17,979	258	20,895	179	15,081
N of Miss	33	906	0	472	1	277

Table 84: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school through e-mail, chat rooms, instant messaging, Web sites, texting or phone?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
0 times	84.9	87.5	88.6	84.6	80.2	88.1
1 time	7.9	6.4	5.5	6.8	9.9	4.5
2 or 3 times	3.2	3.2	1.6	4.2	2.7	3.5
4 or 5 times	0.8	1.1	2.4	1.5	2.7	1.6
6 or more times	3.2	1.7	2.0	2.9	4.4	2.3
N of Valid	126	18,047	255	20,912	182	15,084
N of Miss	32	839	2	457	1	274

Table 85: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school for other reasons?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
0 times	72.8	76.9	72.1	76.1	70.4	83.8
1 time	10.4	9.6	9.7	9.1	6.7	6.3
2 or 3 times	9.6	6.3	7.0	6.4	10.1	4.8
4 or 5 times	1.6	1.9	1.9	2.4	2.8	1.5
6 or more times	5.6	5.3	9.3	6.0	10.1	3.7
N of Valid	125	17,973	258	20,861	179	15,039
N of Miss	32	913	0	508	2	317

Table 86: How often have you seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
Never	44.8	41.5	33.5	34.7	28.5	44.3
Once or twice per year	24.8	30.8	33.1	33.9	38.0	36.7
Once or twice per month	16.8	12.4	14.0	14.0	16.8	10.3
Once or twice per week	8.8	9.5	12.5	10.6	11.2	5.5
Every day	4.8	5.7	7.0	6.8	5.6	3.2
N of Valid	125	18,200	257	21,046	179	15,192
N of Miss	32	686	1	323	3	166

Table 87: How often have you heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
Never	30.4	25.5	14.8	19.3	12.8	22.9
Once or twice per year	28.0	25.0	21.8	21.7	20.1	26.1
Once or twice per month	12.0	16.7	19.8	18.9	21.8	21.6
Once or twice per week	16.0	16.4	24.5	19.5	24.6	16.0
Every day	13.6	16.4	19.1	20.6	20.7	13.4
N of Valid	125	18,131	257	20,983	179	15,168
N of Miss	33	754	1	386	3	190

Table 88: How often have you heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?

	Grade 6		Grad	de 8	Grade 11	
	County	State	County	State	County	State
Never	33.3	30.3	20.3	23.2	16.1	23.4
Once or twice per year	20.3	25.0	19.1	21.7	21.7	24.2
Once or twice per month	20.3	17.4	24.6	19.9	18.9	21.2
Once or twice per week	13.8	14.7	14.1	17.7	21.7	17.0
Every day	12.2	12.6	21.9	17.6	21.7	14.2
N of Valid	123	18,120	256	20,945	180	15,158
N of Miss	34	766	2	424	2	199

A.3 Social, Emotional and Mental Health

A.3.1 Positive Youth Development

Table 89: Positive Youth Development

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Strong positive youth development	69.8	69.1	57.3	59.9	62.3	65.6
Weak positive youth development	30.2	30.9	42.7	40.1	37.7	34.4
N of Valid	106	14,287	246	18,580	175	13,873
N of Miss	52	4,598	12	2,789	7	1,485

Table 90: Would you say that in general your emotional and mental health is...

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Excellent	37.6	34.6	30.0	28.8	28.9	26.8
Very good	34.4	34.8	33.5	35.0	32.8	34.2
Good	20.0	23.7	23.7	24.0	24.4	25.2
Fair	4.8	5.1	9.7	9.4	10.0	10.4
Poor	3.2	1.8	3.1	2.8	3.9	3.4
N of Valid	125	17,485	257	20,696	180	15,139
N of Miss	34	1,399	0	672	1	219

Table 91: Would you say that in general your physical health is...

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Excellent	42.1	37.4	35.0	30.9	26.5	25.5
Very good	34.1	34.2	29.2	34.3	30.4	33.1
Good	16.7	22.5	26.8	26.5	29.8	29.8
Fair	4.0	4.9	7.8	7.2	8.8	9.6
Poor	3.2	0.9	1.2	1.2	4.4	2.0
N of Valid	126	17,423	257	20,683	181	15,114
N of Miss	32	1,461	1	685	0	244

Table 92: I can do most things if I try.

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Very much true	48.2	45.6	48.2	47.9	52.2	53.7
Pretty much true	25.9	31.5	34.1	34.9	37.2	35.9
A little true	9.8	12.6	13.3	12.1	10.0	8.4
Not at all true	16.1	10.3	4.4	5.1	0.6	2.0
N of Valid	112	16,460	249	20,086	180	14,617
N of Miss	46	2,425	10	1,283	2	740

Table 93: I can work out my problems.

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
Very much true	50.5	50.6	47.0	44.6	54.2	50.3
Pretty much true	32.4	34.4	37.8	38.8	35.0	38.7
A little true	11.7	11.2	11.6	13.1	10.2	9.5
Not at all true	5.4	3.9	3.6	3.5	0.6	1.4
N of Valid	111	16,409	249	20,028	177	14,574
N of Miss	45	2,476	10	1,340	4	784

Table 94: I volunteer to help others in my community.

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
Very much true	33.3	34.3	23.8	24.9	27.3	31.1
Pretty much true	31.5	27.6	23.0	25.0	27.8	24.5
A little true	25.2	26.0	35.9	31.6	33.0	30.7
Not at all true	9.9	12.1	17.3	18.5	11.9	13.7
N of Valid	111	15,916	248	19,645	176	14,342
N of Miss	47	2,969	11	1,724	4	1,017

Table 95: There is at least one teacher or other adult in my school that really cares about me.

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Very much true	58.6	52.7	38.6	40.6	46.6	44.4
Pretty much true	21.6	22.2	21.7	23.8	22.5	25.0
A little true	13.5	15.4	23.7	21.6	23.0	20.9
Not at all true	6.3	9.6	16.1	14.0	7.9	9.7
N of Valid	111	16,337	249	19,985	178	14,564
N of Miss	47	2,548	10	1,383	3	795

Table 96: On an average school night, how many hours of sleep do you get?

	Gra	Grade 6		de 8	Grade 11	
	County	State	County	State	County	State
4 or less					6.7	5.6
5 hours					8.9	10.7
6 hours					21.7	23.3
7 hours					22.8	31.0
8 hours					28.9	22.6
9 hours					9.4	5.6
10 or more hours					1.7	1.1
N of Valid	0	0	0	0	180	15,045
N of Miss	158	18,885	258	21,368	2	313

^{*}This was not asked in grades 6 and 8.

A.3.2 Mental Health Inventory

Table 97: Mental Health Inventory 5

	Grade 6		Grad	Grade 8		le 11
	County	State	County	State	County	State
Below MHI-5 cutoff	90.5	94.1	87.6	91.6	90.0	91.7
At or above MHI-5 cutoff	9.5	5.9	12.4	8.4	10.0	8.3
N of Valid	148	17,058	251	20,256	180	14,676
N of Miss	10	1,828	8	1,113	2	682

Table 98: During the past 30 days, how many times have you been a happy person?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
All of the time	23.2	26.1	16.4	19.5	9.4	14.6
Most of the time	48.4	44.5	43.8	41.6	47.0	41.6
A good bit of the time	12.9	13.5	17.2	17.2	19.3	21.1
Some of the time	7.7	9.0	11.3	12.1	16.0	14.1
A little of the time	7.1	5.6	9.0	7.7	6.6	7.0
None of the time	0.6	1.4	2.3	1.9	1.7	1.5
N of Valid	155	18,359	256	21,078	181	15,143
N of Miss	3	527	1	291	1	215

Table 99: During the past 30 days, how many times have you been a very nervous person?

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
All of the time	5.9	5.5	6.3	4.9	2.7	4.0
Most of the time	11.8	9.5	8.2	8.1	9.9	9.0
A good bit of the time	10.5	9.7	11.0	10.5	10.4	13.6
Some of the time	9.9	15.7	20.4	17.4	21.4	20.2
A little of the time	35.5	35.5	37.6	37.2	37.9	36.3
None of the time	26.3	24.1	16.5	21.9	17.6	17.1
N of Valid	152	18,178	255	20,966	182	15,132
N of Miss	5	708	2	403	1	228

Table 100: During the past 30 days, how many times have you felt calm and peaceful?

	Grad	Grade 6		de 8	Grade 11	
	County	State	County	State	County	State
All of the time	21.6	20.7	14.4	15.2	6.7	12.1
Most of the time	31.4	31.7	28.4	28.2	33.0	27.3
A good bit of the time	21.6	17.2	19.1	19.0	21.8	20.9
Some of the time	10.5	13.2	14.4	17.0	16.8	19.3
A little of the time	12.4	10.3	14.4	13.3	17.3	15.0
None of the time	2.6	6.8	9.3	7.4	4.5	5.4
N of Valid	153	18,018	257	20,824	179	15,048
N of Miss	5	867	2	545	2	310

Table 101: During the past 30 days, how many times have you felt downhearted and blue?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
All of the time	3.3	3.8	4.0	3.9	1.6	2.8
Most of the time	8.7	6.9	9.1	7.9	10.4	7.5
A good bit of the time	11.3	7.9	9.9	9.5	9.9	11.5
Some of the time	10.0	12.0	14.2	15.1	18.1	19.6
A little of the time	21.3	28.9	34.4	30.8	33.5	34.5
None of the time	45.3	40.4	28.5	32.8	26.4	24.1
N of Valid	150	17,675	253	20,651	182	14,921
N of Miss	6	1,209	4	717	1	438

Table 102: During the past 30 days, how many times have you felt so down in the dumps that nothing could cheer you up?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
All of the time	4.6	3.7	2.7	3.5	2.2	2.4
Most of the time	5.9	4.7	6.2	5.0	5.6	4.7
A good bit of the time	4.6	5.6	6.6	6.2	6.1	6.1
Some of the time	9.2	7.3	6.2	8.6	7.8	8.9
A little of the time	12.5	17.9	18.0	19.6	20.0	22.8
None of the time	63.2	60.9	60.2	57.1	58.3	55.2
N of Valid	152	18,220	256	21,029	180	15,082
N of Miss	5	665	3	338	1	276

A.3.3 Depression and Suicidality

Table 103: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Yes	15.9	19.3	24.5	22.7	26.3	27.9
No	84.1	80.7	75.5	77.3	73.7	72.1
N of Valid	151	18,235	253	21,073	175	14,553
N of Miss	7	651	5	295	6	806

Table 104: During the past 12 months, did you ever seriously consider attempting suicide?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Yes	8.1	9.0	17.1	15.8	12.4	15.1
No	91.9	91.0	82.9	84.2	87.6	84.9
N of Valid	123	17,833	252	20,943	178	14,864
N of Miss	35	1,052	6	426	4	494

Table 105: During the past 12 months, how many times did you actually attempt suicide?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
0 times	95.9	94.8	91.3	92.0	95.5	94.0
1 time	2.4	3.2	4.7	4.1	2.8	3.4
2 or 3 times	1.6	1.4	2.8	2.5	1.7	1.8
4 or 5 times		0.2	0.4	0.6		0.4
6 or more times		0.4	8.0	8.0		0.5
N of Valid	123	18,116	253	21,012	179	15,214
N of Miss	35	770	5	355	2	144

A.3.4 Problem Gambling

Table 106: Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome. Please mark ALL the different types of betting that you have done, if any, during the last 30 days:

	Gra	ide 6	Gra	ide 8	Grade 11	
	County	State	County	State	County	State
I did not gamble during the last 30 days.	69.0	66.8	68.6	63.1	66.9	65.7
Playing lottery ticket/Powerball/Megabo	1.9 u	4.1	4.7	5.9	8.8	5.9
Playing dice or coin flips.	8.3	10.7	8.1	11.0	5.5	6.5
Playing cards (poker, etc.).	8.9	9.1	13.1	12.8	9.3	11.5
Betting on a sports team.	10.8	12.3	14.0	16.6	8.8	14.2
Betting on games of personal skill (bowling, video games, dares, etc.).	15.2	14.1	15.1	18.2	13.8	15.1
Gambling on the Internet for free or with money.	0.6	2.3	2.3	4.0	4.4	3.9
Playing Bingo for money.	1.3	3.9	1.6	3.8	2.7	2.1
Other.	7.0	10.9	13.6	14.0	13.3	10.0
N of Valid	157	18,886	258	21,368	181	15,358
N of Miss	0	0	0	0	0	0

Table 107: During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money?

	Grade 6		Grad	Grade 8		le 11
	County	State	County	State	County	State
Yes	0.8	3.4	1.6	2.9	1.1	2.4
No	19.2	20.9	25.3	28.6	28.8	30.9
I don't bet for money.	80.0	75.8	73.1	68.6	70.1	66.7
N of Valid	120	17,659	253	20,612	177	14,865
N of Miss	38	1,227	5	757	4	492

Table 108: During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could?

	Grade 6		Grad	de 8	Grad	le 11
	County	State	County	State	County	State
Yes	1.7	3.1	0.4	2.0	1.1	1.3
No	15.8	19.6	24.3	28.1	27.1	30.5
I don't bet for money.	82.5	77.3	75.3	69.9	71.8	68.2
N of Valid	120	17,636	251	20,571	177	14,830
N of Miss	37	1,250	7	797	5	529

Table 109: Have you ever lied to anyone about betting/gambling?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Yes	2.7	4.5	7.5	5.4	1.7	3.9
No	97.3	95.5	92.5	94.6	98.3	96.1
N of Valid	146	17,811	253	20,775	179	15,018
N of Miss	12	1,075	5	593	2	341

Table 110: Have you ever bet/gambled more than you wanted to?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Yes	3.4	4.1	4.0	5.4	7.3	5.1
No	96.6	95.9	96.0	94.6	92.7	94.9
N of Valid	145	17,589	252	20,605	179	14,943
N of Miss	13	1,297	6	764	2	416

Table 111: Have your parents ever talked to you about the risks of betting/gambling?

	Grade 6		Gra	Grade 8		le 11
	County	State	County	State	County	State
Yes	52.7	50.9	46.8	46.3	38.9	35.6
No	47.3	49.1	53.2	53.7	61.1	64.4
N of Valid	146	17,724	252	20,685	180	14,952
N of Miss	11	1,161	6	684	2	406

Table 112: Have your teachers ever talked to you about the risks of betting/gambling?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Yes	30.1	21.2	57.1	22.3	17.9	18.7
No	69.9	78.8	42.9	77.7	82.1	81.3
N of Valid	146	17,721	252	20,712	179	14,987
N of Miss	12	1,164	5	657	2	370

A.4 Substance Use

A.4.1 Tobacco Use

Table 113: During the past 30 days, on how many days did you smoke cigarettes?

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 days	99.3	98.5	94.5	94.4	82.2	88.1
1 or 2 days	0.7	0.8	1.6	2.3	6.7	3.7
3 to 5 days		0.3	1.2	0.9	1.7	1.6
6 to 9 days		0.2	0.8	0.6	1.1	1.0
10 to 19 days		0.1	0.4	0.6	2.2	1.3
20 to 29 days		0.1	0.8	0.3	2.2	1.1
All 30 days		0.1	0.8	0.9	3.9	3.3
N of Valid	146	17,474	253	20,513	180	14,830
N of Miss	12	1,411	6	857	2	528

Table 114: During the past 30 days, on how many days did you use other tobacco products?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
0 days	100.0	99.0	96.0	96.3	84.8	90.3
1 or 2 days		0.5	1.2	1.5	7.3	3.7
3 to 5 days		0.2	1.2	0.7	1.1	1.5
6 to 9 days		0.1	0.4	0.4	2.2	0.8
10 to 19 days		0.0	8.0	0.4	0.6	0.9
20 to 29 days		0.0	0.4	0.2	1.1	0.7
All 30 days		0.1		0.5	2.8	2.1
N of Valid	145	17,450	251	20,460	178	14,824
N of Miss	13	1,437	8	909	3	534

Table 115: During the past 30 days, on how many days did you smoke tobacco in a "Hookah," also known as a water pipe?

	Grad	Grade 6		de 8	Grad	le 11
	County	State	County	State	County	State
0 days					86.6	89.6
1 or 2 days					8.9	5.2
3 to 5 days					1.7	2.3
6 to 9 days					1.1	1.3
10 to 19 days					0.6	0.8
20 to 29 days						0.2
All 30 days					1.1	0.6
N of Valid	0	0	0	0	179	14,836
N of Miss	158	18,885	258	21,368	3	522

^{*}This was not asked in grades 6 and 8.

Table 116: During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? Please mark all that apply.

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
I did not get tobacco during the past 30 days					74.0	79.6
A store or gas station					5.5	4.1
Friends 18 or older					19.2	11.3
Friends under 18					5.5	5.7
Took from home without permission					1.1	1.3
A family member					3.8	2.9
The Internet						0.3
Some other source					6.1	3.1
N of Valid	158	18,885	258	21,368	181	15,358
N of Miss	0	0	0	0	0	0

^{*}This was not asked in grades 6 and 8.

Table 117: Used any tobacco product during the past 30 days

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
No Use	99.3	98.2	92.5	93.1	72.8	79.9
Use	0.7	1.8	7.5	6.9	27.2	20.1
N of Valid	146	17,562	252	20,609	180	14,944
N of Miss	12	1,323	6	760	2	414

Table 118: How old were you when you smoked a whole cigarette for the first time?

	Grade 6		Gra	de 8	Grad	de 11
	County	State	County	State	County	State
Never have	97.9	96.8	86.2	88.4	66.7	76.2
8 or younger	0.7	0.7	0.8	1.1	1.1	1.0
9		0.5	2.0	8.0	0.6	0.7
10	0.7	0.6	0.4	1.3	1.1	0.9
11	0.7	0.9	2.0	1.5	2.8	1.3
12		0.3	3.2	2.4	6.7	2.0
13		0.0	4.7	3.5	5.0	2.9
14		0.1	0.8	0.9	5.6	4.4
15		0.0		0.1	5.0	5.2
16					5.0	4.4
17 or older					0.6	1.1
N of Valid	145	17,044	253	20,074	180	14,810
N of Miss	13	1,843	7	1,295	1	548

Table 119: How old were you when you smoked a whole cigarette for the first time?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Avg Age in Years	9.7	10.0	11.6	11.5	13.3	13.7

Table 120: How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?

	Gra	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
Never have	97.9	97.7	91.7	91.9	64.8	77.9
8 or younger	0.7	0.6	1.6	1.0	0.6	0.7
9		0.3	1.2	0.4		0.4
10	0.7	0.4	1.2	0.8	1.1	0.4
11	0.7	0.7	0.4	1.0	1.7	0.7
12		0.3	1.2	1.6	1.7	1.3
13		0.0	2.0	2.4	4.5	2.0
14		0.0	0.8	0.9	5.0	3.4
15		0.0		0.1	6.7	5.7
16					10.1	6.1
17 or older					3.9	1.5
N of Valid	146	17,097	252	20,138	179	14,920
N of Miss	12	1,789	6	1,228	1	438

Table 121: How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Avg Age in Years	9.7	10.1	10.9	11.6	14.5	14.4

A.4.2 Alcohol Use

Table 122: During your life, on how many days have you had at least one drink of alcohol?

	Gra	de 6	Gra	de 8	Grad	Grade 11	
	County	State	County	State	County	State	
0 days					27.2	30.6	
1 or 2 days					16.7	15.5	
3 to 9 days					15.6	17.8	
10 to 19 days					10.6	11.1	
20 to 39 days					12.2	10.0	
40 to 99 days					7.8	7.6	
100 or more days					10.0	7.3	
N of Valid	0	0	0	0	180	15,117	
N of Miss	158	18,885	258	21,368	2	242	

^{*}This was not asked in grades 6 and 8.

Table 123: During the past 30 days, on how many days did you have at least one drink of alcohol?

	Grad	Grade 6		Grade 8		de 11
	County	State	County	State	County	State
0 days	98.6	93.3	76.4	80.4	65.7	64.1
1 or 2 days	1.4	5.3	15.0	13.0	18.5	21.5
3 to 5 days		0.7	3.1	3.1	7.3	8.0
6 to 9 days		0.3	2.4	1.6	4.5	3.6
10 to 19 days		0.2	1.6	1.0	2.8	1.9
20 to 29 days		0.1	8.0	0.4	1.1	0.4
All 30 days		0.2	8.0	0.5		0.5
N of Valid	147	17,670	254	20,596	178	15,118
N of Miss	11	1,215	5	773	2	241

Table 124: During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

	Grad	le 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 days	100.0	98.3	90.2	91.9	78.8	78.6
1 or 2 days		1.2	4.7	4.9	10.1	12.8
3 to 5 days		0.2	2.4	1.4	6.1	4.7
6 to 9 days		0.1	1.6	0.8	3.9	2.3
10 to 19 days		0.1	0.8	0.5	0.6	1.0
20 to 29 days		0.0	0.4	0.2	0.6	0.3
All 30 days		0.1		0.3		0.4
N of Valid	147	17,632	254	20,516	179	15,048
N of Miss	11	1,253	4	853	2	311

Table 125: During the past 30 days, on how many days do you think most students in your school had at least one drink of alcohol? (your best estimate)

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 days	69.4	56.5	32.3	35.5	6.7	12.4
1 or 2 days	21.5	28.0	25.6	29.4	23.5	18.9
3 to 5 days	3.3	8.2	18.9	15.2	21.8	24.3
6 to 9 days	3.3	3.4	10.6	9.2	20.7	20.4
10 to 19 days	8.0	2.0	6.7	6.1	20.7	14.4
20 to 29 days	1.7	0.6	3.5	1.8	4.5	4.4
All 30 days		1.3	2.4	2.9	2.2	5.3
N of Valid	121	17,326	254	20,399	179	15,023
N of Miss	38	1,559	4	969	2	336

Table 126: During the past 30 days, on how many days do you think most students in your school had 5 or more drinks of alcohol in a row, that is, within a couple of hours? (your best estimate)

	Grad	de 6	Grad	Grade 8		le 11
	County	State	County	State	County	State
0 days	88.1	78.7	48.0	57.2	14.4	23.6
1 or 2 days	6.8	13.4	26.2	22.8	25.6	26.8
3 to 5 days	2.5	4.2	13.1	9.1	25.6	20.4
6 to 9 days	1.7	1.8	6.0	5.1	16.1	15.1
10 to 19 days	0.8	0.9	4.0	3.0	12.8	8.4
20 to 29 days		0.4	0.8	1.3	3.9	2.9
All 30 days		0.6	2.0	1.5	1.7	3.0
N of Valid	118	17,265	252	20,359	180	14,956
N of Miss	38	1,621	6	1,010	2	402

Table 127: Think of your four best friends (the friends you feel closest to). In the past 12 months, how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey or gin)?

	Gra	de 6	Gra	Grade 8		le 11
	County	State	County	State	County	State
None of my friends					27.0	30.7
1 of my friends					16.3	16.3
2 of my friends					19.1	17.3
3 of my friends					12.4	10.1
4 of my friends					25.3	25.6
N of Valid	0	0	0	0	178	15,079
N of Miss	158	18,885	258	21,368	3	280

^{*}This was not asked in grades 6 and 8.

Table 128: During the past 30 days, what type of alcohol did you usually drink? (Select only one response)

	Gra	de 6	Gra	ide 8	Grad	Grade 11	
	County	State	County	State	County	State	
I did not drink alcohol during the past 30 days.					59.6	64.0	
I do not have a usual type.					3.4	4.3	
Beer.					9.0	7.3	
Flavored beverages (such as Smirnoff, Bacardi Silver, and Hard Lemonade).					5.6	5.0	
Wine coolers (such as Bartles and Jaymes or Seagrams Wine).					0.6	0.3	
Wine.					1.7	1.8	
Liquor (such as vodka, rum, scotch, bourbon, or whiskey).					18.5	16.4	
Some other type.					1.7	0.8	
N of Valid	0	0	0	0	178	14,318	
N of Miss	158	18,885	258	21,368	3	1,041	

^{*}This was not asked in grades 6 and 8.

Table 129: During the past 30 days, from which of the following sources did you get the alcohol you drank? Please mark all that apply.

	Gra	de 6	Gra	ide 8	Grad	le 11
	County	State	County	State	County	State
I did not drink alcohol during the past 30 days.					59.7	60.2
At a party					16.0	17.3
Friends under 21					11.0	12.5
Friends 21 or older					15.9	13.1
A brother or sister					7.7	3.7
A parent					8.3	8.4
A store or gas station					3.9	2.3
Liquor store					3.3	3.0
Bar night club or restaurant					1.1	1.0
Took it from home without permission					9.4	5.5
By asking a stranger to buy it for me					2.7	3.3
I got it some other way					12.2	7.3
N of Valid	158	18,885	258	21,368	181	15,358
N of Miss	0	0	0	0	0	0

^{*}This was not asked in grades 6 and 8.

Table 130: In the last 12 months, which of the following have you experienced? (Mark all that apply)

	Grade 6		Gra	de 8	Grade 11	
	County	State	County	State	County	State
I did not drink alcohol in the last 12 months.					51.4	52.9
Missed school or class because of drinking alcohol.					2.8	2.4
Gotten sick to my stomach because of drinking alcohol.					22.7	15.7
Not been able to remember what happened while I was drinking alcohol.					20.3	14.2
Later regretted something I did while drinking alcohol.					16.0	10.5
Worried that I drank alcohol too much or too often.					6.1	5.2
N of Valid	158	18,885	258	21,368	181	15,358
N of Miss	0	0	0	0	0	0

^{*}This was not asked in grades 6 and 8.

Table 131: During the past 30 days, how many times did you ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
0 times	91.8	89.0	83.5	85.5	82.7	84.5
1 time	6.8	6.4	7.9	7.9	6.7	7.9
2 or 3 times	0.7	2.6	7.1	3.9	6.1	4.9
4 or 5 times	0.7	0.6	8.0	0.9	2.2	1.1
6 or more times		1.4	8.0	1.8	2.2	1.5
N of Valid	147	17,288	254	20,253	179	14,340
N of Miss	12	1,598	4	1,116	2	1,018

Table 132: During the past 30 days, how many times did you ride in a vehicle driven by a teenager who had been drinking alcohol?

	Gra	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State	
0 times					89.5	90.6	
1 time					6.1	5.5	
2 or 3 times					3.3	2.6	
4 or 5 times					0.6	0.6	
6 or more times					0.6	0.7	
N of Valid	0	0	0	0	181	14,275	
N of Miss	158	18,885	258	21,368	1	1,082	

^{*}This was not asked in grades 6 and 8.

Table 133: During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
0 times					93.9	94.6
1 time					4.5	3.1
2 or 3 times					0.6	1.4
4 or 5 times					0.6	0.4
6 or more times					0.6	0.4
N of Valid	0	0	0	0	179	14,041
N of Miss	158	18,885	258	21,368	2	1,316

^{*}This was not asked in grades 6 and 8.

Table 134: During the past 30 days, how many times did most students in your school ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
0 times	86.4	72.5	69.1	63.7	38.9	47.7
1 time	7.6	14.4	15.7	16.7	26.9	24.6
2 or 3 times	5.1	8.9	8.8	13.1	24.0	20.2
4 or 5 times		1.9	2.0	3.2	6.9	4.3
6 or more times	0.8	2.3	4.4	3.3	3.4	3.3
N of Valid	118	16,727	249	19,981	175	13,467
N of Miss	40	2,159	8	1,388	6	1,892

Table 135: During the past 30 days, how many times did most students in your school ride in a vehicle driven by a teenager who had been drinking alcohol?

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times					33.1	41.4
1 time					22.7	23.4
2 or 3 times					29.7	23.4
4 or 5 times					9.9	7.4
6 or more times					4.7	4.4
N of Valid	0	0	0	0	172	13,348
N of Miss	158	18,885	258	21,368	9	2,010

^{*}This was not asked in grades 6 and 8.

Table 136: During the past 30 days, how many times did most students in your school drive a car or other vehicle when they had been drinking alcohol?

	Gra	Grade 6		de 8	Grad	le 11
	County	State	County	State	County	State
0 times					35.3	45.1
1 time					23.7	25.7
2 or 3 times					30.6	19.5
4 or 5 times					5.8	5.7
6 or more times					4.6	4.1
N of Valid	0	0	0	0	173	13,466
N of Miss	158	18,885	258	21,368	9	1,892

^{*}This was not asked in grades 6 and 8.

Table 137: How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?

	Gra	Grade 6		de 8	Grade 11	
	County	State	County	State	County	State
Never have	86.2	75.6	50.6	56.0	26.4	29.9
8 or younger	4.8	9.8	11.2	10.6	5.1	6.6
9	3.4	3.9	5.2	3.8	2.2	2.5
10	2.1	4.7	2.0	5.0	2.2	3.5
11	2.8	4.2	4.4	4.6	5.1	2.9
12	0.7	1.6	8.0	8.0	8.4	5.9
13		0.1	14.7	9.1	8.4	8.5
14		0.1	3.6	2.7	14.6	11.3
15		0.0	0.4	0.1	12.4	14.3
16					9.6	12.2
17 or older					5.6	2.4
N of Valid	145	17,116	251	20,214	178	14,969
N of Miss	13	1,771	6	1,155	2	387

Table 138: How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?

	Grad	le 6	Grade 8		Grade 11	
	County	State	County	State	County	State
Avg Age in Years	9.3	9.4	11.1	10.8	13.4	13.3

Table 139: How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?

	Grad	Grade 6		de 8	Grade 11	
	County	State	County	State	County	State
Never have	98.6	96.7	87.2	88.2	65.2	66.3
8 or younger	0.7	8.0	1.2	1.0	0.6	0.4
9	0.7	0.4	0.4	0.4	0.6	0.2
10		0.6	0.4	0.8	0.6	0.4
11		1.0	1.2	1.1	1.1	0.6
12		0.5	2.4	2.7	1.1	1.2
13		0.0	4.4	4.0	1.1	2.4
14			2.4	1.7	7.2	5.0
15		0.0	0.4	0.2	9.4	9.1
16					8.3	11.3
17 or older					5.0	3.1
N of Valid	146	17,100	250	20,130	181	14,868
N of Miss	12	1,785	7	1,239	1	491

Table 140: How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?

	Grad	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State	
Avg Age in Years	8.5	10.1	12.2	12.0	14.7	14.9	

A.4.3 Marijuana Use

Table 141: During the past 30 days, how many times did you use marijuana?

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times	99.3	98.3	90.9	90.5	76.0	76.4
1 or 2 times	0.7	0.9	2.4	3.5	8.9	8.3
3 to 9 times		0.4	3.1	2.2	3.4	5.5
10 to 19 times		0.1	1.6	1.3	4.5	2.9
20 to 39 times		0.1	1.2	0.9	1.1	1.9
40 or more times		0.2	0.8	1.7	6.1	4.9
N of Valid	146	17,504	254	20,493	179	15,034
N of Miss	12	1,382	4	876	2	324

Table 142: During the past 30 days, from which of the following sources did you get marijuana? Please mark all that apply.

	Gra	ide 6	Gra	ide 8	Grad	de 11
	County	State	County	State	County	State
I did not use marijuana during the past 30 days					75.1	74.1
A public event such as a concert or sporting event					2.8	1.9
A party					6.6	8.4
Friends 18 or older					11.0	9.5
Friends under 18					14.4	13.4
A family member					6.6	3.7
A medical marijuana cardholder or grower					4.4	3.5
I gave someone money to buy it for me					6.1	4.5
I grew it					2.2	1.6
I got it some other way					9.9	6.1
N of Valid	158	18,885	258	21,368	182	15,358
N of Miss	0	0	0	0	0	0

^{*}This was not asked in grades 6 and 8.

Table 143: How old were you when you tried marijuana for the first time?

	Grad	de 6	Gra	de 8	Grad	Grade 11	
	County	State	County	State	County	State	
Never have	95.9	97.2	86.4	84.2	53.0	58.1	
8 or younger	0.7	0.4	1.2	1.0	1.1	0.7	
9	1.4	0.3	8.0	0.8	0.6	0.6	
10		0.5	1.2	1.1	1.1	1.0	
11	1.4	1.0	1.2	1.8	1.1	1.2	
12	0.7	0.5	3.6	4.1	3.9	3.0	
13		0.1	4.0	5.7	5.0	5.7	
14		0.1	1.2	1.3	10.5	8.7	
15		0.0	0.4	0.1	13.8	10.9	
16					8.3	8.3	
17 or older					1.7	1.6	
N of Valid	147	17,077	250	20,175	181	14,937	
N of Miss	12	1,809	8	1,195	1	420	

Table 144: How old were you when you tried marijuana for the first time?

	Grad	Grade 6		Grade 8		e 11
	County	State	County	State	County	State
Avg Age in Years	10.0	10.5	11.8	11.9	14.1	14.1

A.4.4 Other Drug Use

Table 145: During the past 30 days, on how many days did you sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?

	Grad	de 6	Gra	de 8	Grad	Grade 11	
	County	State	County	State	County	State	
0 days	95.8	93.3	93.6	94.4	98.3	98.2	
1 or 2 days	3.5	4.6	3.6	3.3	1.7	1.1	
3 to 5 days		1.1	8.0	1.1		0.2	
6 to 9 days		0.4	1.6	0.5		0.1	
10 to 19 days		0.2		0.2		0.1	
20 to 29 days		0.1		0.2		0.1	
All 30 days	0.7	0.2	0.4	0.3		0.2	
N of Valid	144	16,814	249	20,062	179	14,871	
N of Miss	15	2,072	10	1,307	2	487	

Table 146: During the past 30 days, on how many days did you use a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's orders?

	Grad	de 6	Grad	de 8	Grad	Grade 11	
	County	State	County	State	County	State	
0 days	99.1	98.3	95.6	95.5	93.3	91.6	
1 or 2 days	0.9	0.9	2.4	2.3	3.9	4.3	
3 to 5 days		0.3	1.2	0.9	0.6	1.7	
6 to 9 days		0.1	0.4	0.5	1.1	1.2	
10 to 19 days		0.2	0.4	0.2	0.6	0.6	
20 to 29 days		0.0		0.2	0.6	0.3	
All 30 days		0.1		0.4		0.4	
N of Valid	115	16,609	250	20,039	178	14,843	
N of Miss	43	2,277	10	1,328	3	516	

Table 147: Which of the following illicit drugs did you use during the past 30 days? (Please mark all that apply)

	Gra	de 6	Gra	de 8	Grad	de 11
	County	State	County	State	County	State
I did not use illicit drugs during the past 30 days	68.2	82.6	86.0	82.2	76.8	73.9
Marijuana	0.6	1.5	8.5	8.7	22.1	21.8
Any form of cocaine including powder, crack or freebase		0.3	0.8	0.7	0.6	0.9
Ecstasy (also called MDMA)		0.1	8.0	0.8	1.7	1.7
Heroin or other opiates or narcotics		0.1	8.0	0.4		0.4
LSD or other hallucinogens or psychedelics		0.1		0.8	1.1	1.5
Methamphetamines (also called speed, crystal, crank or ice)		0.1		0.4	0.5	0.5
Steroid pills or shots without a doctor's prescription		0.6	1.9	0.7		0.3
N of Valid	158	18,885	259	21,369	181	15,359
N of Miss	0	0	0	0	0	0

Table 148: Any illicit drug use including marijuana, cocaine, ecstasy, herion, halluciongens or methamphetamines)

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
No Use	99.4	98.2	91.1	91.0	77.9	77.8
Use	0.6	1.8	8.9	9.0	22.1	22.2
N of Valid	158	18,885	258	21,369	181	15,358
N of Miss	0	0	0	0	0	0

Table 149: Any illicit drug use including cocaine, ecstasy, herion, halluciongens or methamphetamines)

	Grad	Grade 6		de 8	Grade 11	
	County	State	County	State	County	State
No Use	100.0	99.4	98.5	98.2	97.3	96.7
Use		0.6	1.5	1.8	2.7	3.3
N of Valid	158	18,885	259	21,368	182	15,358
N of Miss	0	0	0	0	0	0

A.4.5 Lifetime Drug Use

Table 150: During your life, how many times have you used marijuana?

	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times					53.6	57.7
1 or 2 times					8.9	7.8
3 to 9 times					7.8	8.3
10 to 19 times					7.3	5.2
20 to 39 times					3.9	4.6
40 or more times					18.4	16.3
N of Valid	0	0	0	0	179	14,874
N of Miss	158	18,885	258	21,368	3	485

^{*}This was not asked in grades 6 and 8.

Table 151: During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Grad	de 6	Gra	Grade 8		le 11
	County	State	County	State	County	State
0 times					88.8	91.7
1 or 2 times					7.3	4.7
3 to 9 times					2.2	1.5
10 to 19 times					1.1	0.9
20 to 39 times						0.4
40 or more times					0.6	0.8
N of Valid	0	0	0	0	178	14,899
N of Miss	158	18,885	258	21,368	3	460

^{*}This was not asked in grades 6 and 8.

Table 152: During your life, how many times have you taken steroid pills or shots without a doctor's prescription?

	Gra	de 6	Gra	de 8	Grad	Grade 11	
	County	State	County	State	County	State	
0 times					98.3	97.6	
1 or 2 times					1.1	0.9	
3 to 9 times						0.6	
10 to 19 times						0.3	
20 to 39 times						0.2	
40 or more times					0.6	0.4	
N of Valid	0	0	0	0	179	14,888	
N of Miss	158	18,885	258	21,368	2	470	

^{*}This was not asked in grades 6 and 8.

Table 153: During your life, how many times have you taken a prescription drug without a doctor's prescription?

	Gra	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times					81.6	86.3
1 or 2 times					7.3	4.8
3 to 9 times					4.5	3.7
10 to 19 times					1.7	2.2
20 to 39 times					2.2	1.3
40 or more times					2.8	1.8
N of Valid	0	0	0	0	179	14,882
N of Miss	158	18,885	258	21,368	2	477

^{*}This was not asked in grades 6 and 8.

Table 154: During your life, how many times have you used any form of cocaine, including powder, crack or freebase?

_	Grad	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times					95.0	95.3
1 or 2 times					2.2	2.3
3 to 9 times					1.1	1.0
10 to 19 times						0.5
20 to 39 times					0.6	0.3
40 or more times					1.1	0.6
N of Valid	0	0	0	0	180	14,886
N of Miss	158	18,885	258	21,368	2	472

^{*}This was not asked in grades 6 and 8.

Table 155: During your life, how many times have you used ecstasy (also called MDMA)?

	Grad	de 6	Gra	Grade 8		le 11
	County	State	County	State	County	State
0 times					92.8	93.0
1 or 2 times					3.3	3.3
3 to 9 times					1.7	1.8
10 to 19 times					1.1	0.8
20 to 39 times					0.6	0.4
40 or more times					0.6	0.7
N of Valid	0	0	0	0	180	14,788
N of Miss	158	18,885	258	21,368	2	572

^{*}This was not asked in grades 6 and 8.

Table 156: During your life, how many times have you used heroin (also called smack, junk, or China White)?

	Grad	Grade 6		de 8	Grade 11	
	County	State	County	State	County	State
0 times					97.8	98.4
1 or 2 times					2.2	0.8
3 to 9 times						0.2
10 to 19 times						0.2
20 to 39 times						0.1
40 or more times						0.4
N of Valid	0	0	0	0	178	14,886
N of Miss	158	18,885	258	21,368	3	472

^{*}This was not asked in grades 6 and 8.

Table 157: During your life, how many times have you used methamphetamines (also called speed, crystal, crank or ice)?

	Gra	de 6	Gra	de 8	Grade 11	
	County	State	County	State	County	State
0 times					98.3	97.4
1 or 2 times					0.6	1.2
3 to 9 times					0.6	0.4
10 to 19 times					0.6	0.3
20 to 39 times						0.2
40 or more times						0.5
N of Valid	0	0	0	0	179	14,873
N of Miss	158	18,885	258	21,368	2	485

^{*}This was not asked in grades 6 and 8.

Table 158: During your life, how many times have you used a needle to inject any illegal drug into your body?

	Grade 6		Grad	Grade 8		le 11
	County	State	County	State	County	State
0 times					98.9	98.8
1 time					1.1	0.6
2 or more times						0.6
N of Valid	0	0	0	0	179	14,777
N of Miss	158	18,885	258	21,368	2	580

^{*}This was not asked in grades 6 and 8.

Table 159: Lifetime drug use (includes marijuana, inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines)

	Grad	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State	
No Use					50.3	55.2	
Use					49.7	44.8	
N of Valid	0	0	0	0	179	14,968	
N of Miss	158	18,885	258	21,368	2	391	

^{*}This was not asked in grades 6 and 8.

Table 160: Lifetime drug use other than marijuana (includes inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines)

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
No Use					74.9	80.2
Use					25.1	19.8
N of Valid	0	0	0	0	179	14,955
N of Miss	158	18,885	258	21,368	2	403

^{*}This was not asked in grades 6 and 8.

A.4.6 Availability of Alcohol, Tobacco and Drugs

Table 161: If you wanted to get some, how easy would it be for you to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Very hard	65.0	64.5	33.5	35.5	11.2	12.0
Somewhat hard	16.4	15.7	17.1	20.9	16.8	16.9
Sort of easy	12.1	11.6	27.8	24.0	34.6	33.2
Very easy	6.4	8.2	21.6	19.6	37.4	37.9
N of Valid	140	15,754	245	19,439	179	14,817
N of Miss	17	3,132	14	1,929	2	541

Table 162: If you wanted to get some, how easy would it be for you to get some cigarettes?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Very hard	75.0	72.9	42.8	48.4	22.0	18.4
Somewhat hard	10.7	11.9	18.1	19.2	9.6	18.0
Sort of easy	8.6	7.6	16.9	15.4	26.0	23.3
Very easy	5.7	7.6	22.2	16.9	42.4	40.3
N of Valid	140	15,526	243	19,375	177	14,756
N of Miss	18	3,360	15	1,993	4	603

Table 163: If you wanted to get some, how easy would it be for you to get some marijuana?

	Grad	de 6	Grad	Grade 8		le 11
	County	State	County	State	County	State
Very hard	87.9	83.7	47.9	53.7	19.8	18.5
Somewhat hard	4.3	7.1	17.8	13.5	12.4	12.2
Sort of easy	2.1	4.6	13.6	13.1	23.7	21.0
Very easy	5.7	4.6	20.7	19.8	44.1	48.2
N of Valid	140	15,539	242	19,319	177	14,767
N of Miss	17	3,347	16	2,049	4	591

Table 164: If you wanted to get some, how easy would it be for you to get a drug like cocaine, LSD, or amphetamines?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
Very hard	92.1	90.6	74.6	77.8	50.8	51.6
Somewhat hard	2.1	4.9	10.7	11.4	29.4	24.2
Sort of easy	2.1	2.2	10.7	5.4	12.4	12.6
Very easy	3.6	2.3	4.1	5.4	7.3	11.7
N of Valid	140	15,479	244	19,357	177	14,731
N of Miss	17	3,406	15	2,012	4	627

A.4.7 Perceived Risk of Harm from Substance Use

Table 165: How much do you think people risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
No risk	14.1	18.2	16.8	13.9	16.9	14.1
Slight risk	36.6	34.4	38.4	32.4	39.3	31.3
Moderate risk	28.9	25.9	28.0	31.4	26.4	31.0
Great risk	20.4	21.5	16.8	22.3	17.4	23.6
N of Valid	142	16,654	250	19,890	178	14,884
N of Miss	16	2,232	9	1,479	2	476

Table 166: How much do you think people risk harming themselves (physically or in other ways) when they have five or more drinks of an alcoholic beverage once or twice a week?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
No risk	10.6	13.5	10.0	8.5	4.5	6.0
Slight risk	19.9	20.8	21.3	18.9	21.5	18.0
Moderate risk	37.6	35.6	36.1	38.6	36.7	37.6
Great risk	31.9	30.0	32.5	34.0	37.3	38.4
N of Valid	141	16,527	249	19,791	177	14,850
N of Miss	17	2,359	9	1,576	4	508

Table 167: How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

	Grade 6		Grad	Grade 8		Grade 11	
	County	State	County	State	County	State	
No risk	7.8	11.8	8.1	7.3	5.1	5.8	
Slight risk	6.4	7.1	10.9	7.2	8.4	7.1	
Moderate risk	14.2	17.0	17.7	18.5	15.2	17.1	
Great risk	71.6	64.1	63.3	67.0	71.3	70.0	
N of Valid	141	16,421	248	19,588	178	14,744	
N of Miss	17	2,465	11	1,780	4	614	

Table 168: How much do you think people risk harming themselves (physically or in other ways) if they try marijuana once or twice?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
No risk	9.9	16.5	23.8	22.1	45.2	41.3
Slight risk	25.4	28.1	31.5	31.4	35.6	33.1
Moderate risk	29.6	28.1	23.8	24.8	10.2	14.5
Great risk	35.2	27.3	21.0	21.8	9.0	11.0
N of Valid	142	16,289	248	19,669	177	14,788
N of Miss	16	2,597	10	1,701	5	569

Table 169: How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana once or twice a week?

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
No risk	8.5	13.3	12.9	13.9	24.9	23.1
Slight risk	15.5	12.0	18.5	15.9	26.0	25.2
Moderate risk	20.4	26.5	23.0	27.6	26.0	27.1
Great risk	55.6	48.2	45.6	42.5	23.2	24.6
N of Valid	142	16,276	248	19,697	177	14,836
N of Miss	16	2,610	10	1,671	3	523

Table 170: How wrong do you think it is for someone your age to have one or two drinks of an alcoholic beverage nearly every day?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Very wrong	77.3	75.2	54.6	55.2	41.0	37.3
Wrong	18.4	18.2	26.5	28.1	28.1	33.5
A little bit wrong	2.8	5.1	13.7	12.7	21.9	21.5
Not wrong at all	1.4	1.5	5.2	4.1	9.0	7.7
N of Valid	141	16,993	249	20,223	178	14,641
N of Miss	18	1,891	9	1,146	4	718

Table 171: How wrong do you think it is for someone your age to smoke one or more packs of cigarettes a day?

	Grade 6		Gra	Grade 8		le 11
	County	State	County	State	County	State
Very wrong	95.0	91.9	81.0	80.4	64.6	67.6
Wrong	4.3	6.2	13.8	14.3	20.6	21.4
A little bit wrong	0.7	1.2	3.6	3.2	10.3	7.6
Not wrong at all		0.7	1.6	2.1	4.6	3.4
N of Valid	141	16,890	247	20,123	175	14,589
N of Miss	17	1,995	11	1,246	5	770

Table 172: How wrong do you think it is for someone your age to try marijuana or hashish once or twice?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Very wrong	80.9	79.4	55.5	53.9	25.4	25.7
Wrong	14.9	14.2	21.5	20.9	16.4	17.9
A little bit wrong	4.3	4.6	13.4	14.9	28.8	25.3
Not wrong at all		1.9	9.7	10.3	29.4	31.0
N of Valid	141	16,767	247	20,040	177	14,433
N of Miss	17	2,118	11	1,329	4	926

Table 173: How wrong do you think it is for someone your age to use marijuana or hashish once a month or more?

	Grad	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State	
Very wrong	84.2	83.0	63.6	62.5	36.2	31.7	
Wrong	10.8	11.8	17.8	18.0	17.5	21.1	
A little bit wrong	3.6	3.3	11.7	11.3	20.3	23.0	
Not wrong at all	1.4	1.9	6.9	8.2	26.0	24.2	
N of Valid	139	16,227	247	19,275	177	14,391	
N of Miss	19	2,658	12	2,093	5	968	

Table 174: How wrong do you believe most students in your school think it is for someone their age to have one or two drinks of an alcoholic beverage nearly every day?

	Grad	Grade 6		Grade 8		le 11
	County	State	County	State	County	State
Very wrong	71.7	63.0	44.1	40.0	21.3	20.3
Wrong	24.8	24.2	27.9	30.7	25.3	27.1
A little bit wrong	2.7	10.0	18.2	21.3	34.3	34.0
Not wrong at all	0.9	2.8	9.7	8.0	19.1	18.6
N of Valid	113	16,557	247	19,967	178	14,504
N of Miss	45	2,328	10	1,401	4	853

A.4.8 Communication about Substance Use

Table 175: During the past 12 months, do you recall hearing, reading, or watching an advertisement about prevention of substance abuse?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Yes	56.4	44.4	61.7	60.6	77.4	78.4
No	23.6	29.1	17.3	19.6	11.3	12.2
Don't know or can't say	20.0	26.5	21.0	19.8	11.3	9.5
N of Valid	140	16,744	248	20,200	177	14,753
N of Miss	17	2,142	11	1,168	4	605

Table 176: During the past 12 months, have you had a special class about drugs or alcohol in school?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Yes	45.1	42.0	51.0	53.5	36.0	47.8
No	43.0	49.0	34.0	36.7	53.9	44.2
Don't know or can't	12.0	9.0	15.0	9.8	10.1	8.0
say						
N of Valid	142	16,761	247	20,093	178	14,690
N of Miss	16	2,125	11	1,275	4	669

Table 177: During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Yes	67.4	62.3	66.8	67.2	72.7	70.0
No	27.7	28.7	25.9	24.5	23.3	23.9
Don't know or can't say	5.0	9.0	7.3	8.3	4.0	6.1
N of Valid	141	16,738	247	20,099	176	14,701
N of Miss	16	2,148	12	1,270	5	658

Table 178: Would you be more or less likely to want to work for an employer that tests its employees for drug or alcohol use on a random basis?

	Gra	de 6	Gra	Grade 8		le 11
	County	State	County	State	County	State
More likely					34.7	31.3
Less likely					15.3	17.3
Would make no difference					44.3	45.1
Don't know or can't say					5.7	6.3
N of Valid	0	0	0	0	176	14,600
N of Miss	158	18,885	258	21,368	6	759

^{*}This was not asked in grades 6 and 8.

A.5 Parenting and Parental Attitudes

A.5.1 Family Management

Table 179: My parents ask if I've gotten my homework done.

	Grad	de 6	Grad	de 8	Grade 11	
	County	State	County	State	County	State
Very much true	83.9	80.0	67.7	65.6	50.0	50.7
Pretty much true	8.9	11.7	17.3	18.0	21.3	22.4
A little true	1.8	5.0	11.3	9.5	17.4	16.0
Not at all true	5.4	3.3	3.6	6.9	11.2	11.0
N of Valid	112	16,368	248	19,968	178	14,516
N of Miss	46	2,518	11	1,401	4	842

Table 180: My parents would catch me if I skipped school.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
Very much true	90.0	81.1	71.4	68.2	48.6	48.1
Pretty much true	6.4	9.1	11.3	15.5	21.2	20.9
A little true	0.9	4.6	9.7	9.1	17.3	18.5
Not at all true	2.7	5.1	7.7	7.2	12.8	12.6
N of Valid	110	16,155	248	19,731	179	14,343
N of Miss	47	2,731	10	1,637	2	1,014

Table 181: When I am not at home, one of my parents knows where I am and whom I am with.

	Grad	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State	
Very much true	88.3	77.8	69.8	66.7	53.1	51.1	
Pretty much true	6.3	13.3	17.3	19.9	26.0	28.5	
A little true	1.8	4.9	9.7	9.2	14.7	15.1	
Not at all true	3.6	3.9	3.2	4.3	6.2	5.3	
N of Valid	111	16,477	248	20,047	177	14,539	
N of Miss	45	2,409	10	1,321	5	818	

Table 182: My family has clear rules about alcohol and drug use.

	Grad	de 6	Grade 8		Grade 11	
	County	State	County	State	County	State
Very much true	89.4	83.5	75.7	71.8	55.9	58.1
Pretty much true	6.2	9.2	13.0	14.8	23.7	21.3
A little true	2.7	3.9	8.9	8.6	14.1	14.1
Not at all true	1.8	3.4	2.4	4.8	6.2	6.5
N of Valid	113	16,408	247	19,992	177	14,500
N of Miss	45	2,479	12	1,377	3	858

Table 183: How would most students in your school respond to this statement: "My family has clear rules about alcohol and drug use."

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Very much true					16.6	17.3
Pretty much true					43.4	38.5
A little true					31.4	35.7
Not at all true					8.6	8.5
N of Valid	0	0	0	0	175	14,420
N of Miss	158	18,885	258	21,368	6	937

^{*}This was not asked in grades 6 and 8.

A.5.2 Parental Attitudes towards Substance Use

Table 184: How wrong do you think your parents feel it would be for you to drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly (at least once or twice a month)?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Very wrong	94.2	87.2	79.8	77.8	56.7	57.8
Wrong	3.6	7.9	12.1	13.2	23.0	22.0
A little bit wrong	2.2	3.3	5.3	6.6	14.0	14.5
Not wrong at all		1.6	2.8	2.4	6.2	5.6
N of Valid	139	16,782	247	20,111	178	14,547
N of Miss	18	2,103	12	1,257	3	812

Table 185: How wrong do you think your parents feel it would be for you to smoke cigarettes?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Very wrong	95.7	93.8	89.9	89.3	79.2	81.4
Wrong	3.6	4.3	6.5	7.3	11.8	12.0
A little bit wrong	0.7	1.1	1.6	2.0	7.3	4.1
Not wrong at all		0.7	2.0	1.3	1.7	2.5
N of Valid	138	16,730	247	20,110	178	14,563
N of Miss	19	2,156	12	1,259	3	795

Table 186: How wrong do you think your parents feel it would be for you to smoke marijuana?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Very wrong	97.8	95.4	86.9	86.1	69.1	70.7
Wrong	1.4	2.6	5.7	7.6	15.2	14.4
A little bit wrong	0.7	1.1	4.5	3.9	12.4	9.4
Not wrong at all		0.9	2.9	2.4	3.4	5.5
N of Valid	139	16,695	245	20,051	178	14,561
N of Miss	18	2,190	13	1,317	3	797

A.6 Height and Weight

A.6.1 BMI and Weight

Table 187: BMI Percentile Ranking

	Grad	de 6	Grad	de 8	Grad	e 11
	County	State	County	State	County	State
Underweight					2.4	3.1
Healthy Weight					67.1	71.7
Overweight					16.8	13.5
Obese					13.8	11.6
N of Valid	0	0	0	0	167	13,385
N of Miss	158	18,885	258	21,368	14	1,973

^{*}This was not asked in grades 6 and 8.

Table 188: How do you describe your weight?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Very underweight					1.1	1.7
Slightly underweight					9.5	12.3
About the right weight					55.9	57.1
Slightly overweight					29.6	24.8
Very overweight					3.9	4.1
N of Valid	0	0	0	0	179	14,436
N of Miss	158	18,885	258	21,368	2	920

^{*}This was not asked in grades 6 and 8.

Table 189: Which of the following are you trying to do about your weight?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Lose weight					42.1	43.7
Gain weight					18.5	15.8
Stay the same weight					16.3	18.4
I am not trying to do anything about my weight					23.0	22.1
N of Valid	0	0	0	0	178	14,425
N of Miss	158	18,885	258	21,368	4	934

^{*}This was not asked in grades 6 and 8.

Table 190: During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Yes					13.4	11.0
No					86.6	89.0
N of Valid	0	0	0	0	179	14,418
N of Miss	158	18,885	258	21,368	2	940

^{*}This was not asked in grades 6 and 8.

Table 191: During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?

(Do not include meal replacement products such as Slim Fast.)

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Yes					6.2	5.0
No					93.8	95.0
N of Valid	0	0	0	0	178	14,398
N of Miss	158	18,885	258	21,368	3	959

^{*}This was not asked in grades 6 and 8.

Table 192: During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Grad	de 6	Gra	de 8	Grad	le 11
	County	State	County	State	County	State
Yes					3.9	4.2
No					96.1	95.8
N of Valid	0	0	0	0	178	14,391
N of Miss	158	18,885	258	21,368	3	968

^{*}This was not asked in grades 6 and 8.

9 **Oregon Student Wellness Survey for Grades**



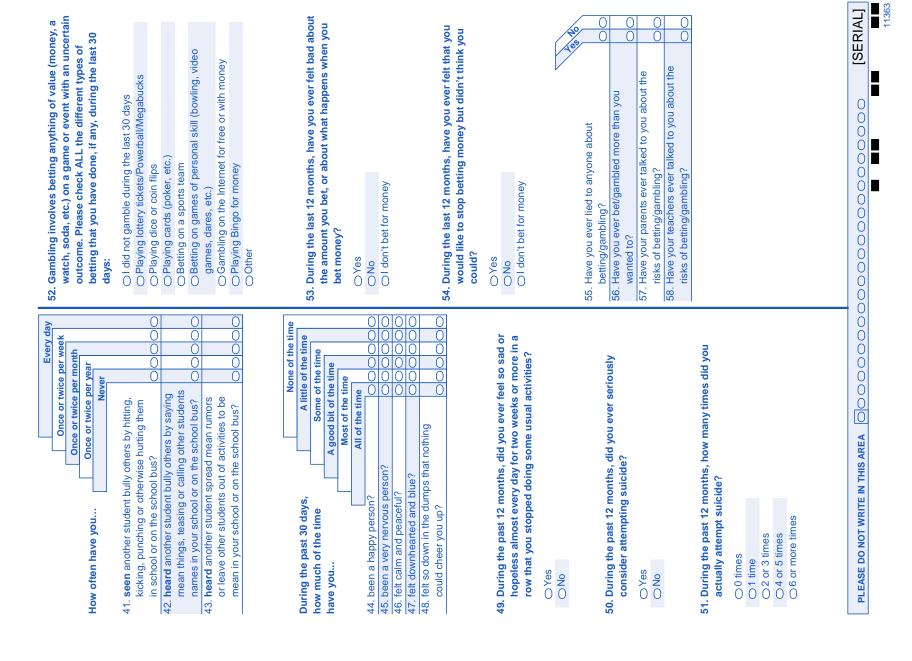
- 1. The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.
- 2. This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.
- All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.
- Please mark only ONE oval unless the question specifically asks you to "Please mark all that apply." Completely fill in the oval using a #2 pencil.

	Would you say that in general your Refer to the same of the sam	9. Have you changed schools (including changing from elementary to middle and middle to high school) in the past year?	O Yes	10. How many times have you changed homes since kindergarten?	O Never O 1 or 2 times O 3 or 4 times O 5 or 6 times	C of more times	11. Putting them all together, what were your grades like last year? O Mostly A's O Mostly B's O Mostly C's	O Mostly F's	12. During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?	O None O 1 day O 2 days	O3 days O4 to 5 days O6 to 10 days O11 days or more	O0000000000000000000000000000000000000
1. How old are you?	O10 years old O11 years old O12 years old O13 years old O14 years old	O15 years old 2. What is your sex?	○ Female ○ Male	3. In what grade are you?	O 7th O 8th O 9th	4. What is your race? (Please mark all that apply.)	OAmerican Indian or Alaska Native OAsian OBlack or African American ONative or Other Pacific Islander OWhite	5. Are you Hispanic or Latino/Latina? OYes	ONo Mhat is the language volumes most often at home?	© English ○ Russian	O Spanish O Vietnamese O A tribal language O Another language	PLEASE DO NOT WRITE IN THIS AREA

During the pact 30 days on how	many days did you		25. not go to school because you felt you would	be unsafe at school or on your way to or	from school?	26. carry a gun as a weapon on school property? ○○○○○	27. carry a weapon (other than a gun) such as	a knife or club <u>on school property</u> ? OO(1000 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	During the past 12 months, On to proper the past 12 months, how many times		28. were you in a physical fight?	29. were you in a physical fight	on school property?	30. did you bully someone (such as	hitting, kicking, pushing, saying	mean things, spreading rumors, or	making sexual comments that		31. have you been suspended from	0000 school?	32. has someone threatened you with a	weapon such as a gun, knife, or club
13. How do you like school?	Ol like school very much	Ol like school	OI neither like nor dislike school	OI dislike school	OI dislike school very much			14. How important do you think the things you are learning in school are going to be for your later life?	O Very important	O Quite important	O Slightly important	O Not at all important			N. C.	Soldings	alm star	15. How often do you feel that the schoolwork	you are assigned is meaningful and important? ○	16. Thinking back over the past school year, how	often did you try to do your best work in	school?		

ie offered, sold, or <u>operty</u> ?						600	201	Sil Sil	8 8 8 8	M (0)	, , ,	:	0 0 0		0000	
33. During the past 12 months, has anyone offered, sold, or given you an illegal drug <u>on school property?</u>	S V C					throatoning bulling nows colling	uneatening, bunying, name-cannig	or obscernites, oriensive notes of	granni, unwanted touching, and being	mony times began you been because of days, I	on a sobool but or going to and from sobool	off a scripor bas of going to and norm scribor	34. because of your race or ethnic origin.	35. because someone said you were gay,	lesbian, bisexual or transgender.	or o de acinh arroy ody, to occioe de 30
				0	0 0 0		0 0 0		0 0 0		000		0 0 0		0000	
50 10 10 10 10 10 10 10 10 10 10 10 10 10	e part of class	for students in my	ports, clubs, and other	class.		am doing a good job	U	penly and freely	U	at students with	<u>U</u>	of help each other	<u> </u>	t work hard to get		
How much do you agree with the following statements about school?	17. I have lots of chances to be part of class discussions or activities.	18. There are lots of chances for students in my	school to get involved in sports, clubs, and other	school activities outside of class.	19. I respect most of my teachers.	20. My teachers notice when I am doing a good job	and let me know about it.	21. I can talk to my teachers openly and freely	about my concerns.	22. In my school, teachers treat students with	respect.	23. Most students at my school help each other	when they are hurt or upset.	24. In my school, students that work hard to get	good grades are picked on by other students.	

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Harassment can include threatening, bullying, name-calling or obscenities, offensive notes or graffiti, unwanted touching, and being pushed around or hit. In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school	34. because of your race or ethnic origin.	35. because someone said you were gay,	lesbian, bisexual or transgender.	36. because of who your friends are.	37. because of how you look (weight, clothes,	acne, or other physical characteristics).	38. because you received unwanted sexual	comments or attention.	39. through e-mail, chat rooms, instant	messaging, Web sites, texting or phone.	40. for other reasons.	!



The next questions ask about drinking alcohol. This includes drinking beer, wine/wine coolers, flavored beverages such as Mike's Hard Lemonade and liquor ("shots") such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

During the past 30 days, on how many days did you		10%/3/89	10/50/st	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	39/801/	day	/0
59. have at least one drink of alcohol?	0	0	0	0	0	0	0
60. have 5 or more drinks of alcohol in a row, that is, within a couple of hours?	0	Ō	0	0	0	0	0
During the past 30 days, on how many days do you think most students in your school							
61. had at least one drink of alcohol?							
(your best estimate)	0	Ō	Ō	0	0	0	0
62. had 5 or more drinks of alcohol in a							
row, that is, within a couple of hours?	(((((
(your boot countain))	5)))))

•							
60,00	34	8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	00000				
	63. During the past 30 days, how many times	did you ride in a vehicle driven by a parent	or other adult who had been drinking alcohol?	64. During the past 30 days, how many times did	most students in your school ride in a vehicle	driven by a parent or other adult who had	been drinking alcohol?

13/18/18/18/18/18/18/18/18/18/18/18/18/18/	000000	0000000
During the past 30 days, on how many days did you	65. smoke cigarettes?	66. use other tobacco products?

67. During the past 30 days, how many times did you use marijuana?

					"
of times	O1 or 2 times	O3 to 9 times	○ 10 to 19 times	○20 to 39 times	○ 40 or more times

	/		0			0		0				0		0
	50	/	0			0		0				0		0
4	63/07		0			0		0				0		0
12/2			0			0		0				0		0
10/3			0			0		0				0		0
			0			0		0				0		0
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			0			0		0				0		0
///2/3	69/10 ⁸	<i></i>	0			0		0				0		0
How old were you	0/3	hard liquor (for example, vodka,	whiskey, or gin) for the first time?	69. when you first began drinking	alcoholic beverages regularly, that	is at least once or twice a month?	70. when you smoked a whole	cigarette for the first time?	71. the first time you used tobacco	products other than cigarettes	such as snuff, chewing tobacco,	and smoking tobacco from a pipe? ○	72. when you tried marijuana for	the first time?

		000		0 0 0		0000	0000	0000
How much do you think people risk harming themselves (physically or in other ways)	73. if they take one or two drinks of an alcoholic	beverage (beer, wine, liquor) nearly every day?	74. when they have five or more drinks of an	alcoholic beverage once or twice a week?	75. if they smoke one or more packs of cigarettes	per day?	76. if they try marijuana once or twice?	77. if they smoke marijuana once or twice a week?

easy would it be for you to 78. get some beer, wine, or hard liquor
79. get some cigarettes?
80. get some marijuana?
. get a drug like cocaine, LSD, or amphetamines? $ igcirc$

N 30 60	13/3/3/3/3/3/3/3/3/3/3/3/3/3/3/3/3/3/3/		0 0 0				000000	
10/19/0	3		0				0	
12/0/89	5		0				0	
20/89	5		0				0	
During the past 30 days, on now many days did you	32. sniff glue, breathe the contents of	aerosol spray cans, or inhale any paints	or sprays to get high?	33. use a prescription drug (such as	OxyContin, Percocet, Vicodin, codeine,	Adderall, Ritalin, or Xanax) without a	doctor's orders?	

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	00	0	0 0	0	0 0		$\overline{\sim}$	
Wrong at all bit wrong at all bit wrong at all bit wrong at all bit wrong on group or bit wrong on group or bit wrong or b	00		0 0	0	0 0		[SERIAL]	
How wrong do you think your parents feel it would be for wrong you to you to 93. drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly (at least once or twice a month)? 94. smoke cigarettes? 95. smoke marijuana? How true are the following statements?	96. I can do most things if I try.	my community.	my school that really cares about me. 100. My parents ask if I've gotten my homework done.	ool.	102. When I am not at home, one of my parents knows where I am and whom I am with. 103. My family has clear rules about alcohol and drug use.		0	
 84. Which of the following illicit drugs did you use during the past 30 days? Please mark all that apply. O I did not use illicit drugs during the past 30 days O Marijuana O Any form of cocaine including powder, crack or freebase O Ecstasy (also called MDMA) O Heroin or other opiates or narcotics O LSD or other hallucinogens or psychedelics O Methamphetamines (also called speed, crystal, crank or ice) O Steroid pills or shots without a doctor's prescription 	During the past 12 months Don't know or can't say No No No No No No No N	recall hearing, reading, or watching an sement about prevention of substance	abuse? 86. have you had a special class about drugs or alcohol in school?)	about the dangers of tobacco, alcohol, or drug use? By parents we mean your biological parents, adoptive parents, stepparents, or adult guardians, whether or not they live with you.	Not wrong at a A little bit wrong Very wrong vholic OOO arettes a day? COO twice? COO twice? COO students in your ir age to have beverage DOOO	PLEASE DO NOT WRITE IN THIS AREA OCCOCOCOCOCOCOCOCOCOCO	

Oregon Student Wellness Survey for Grade 11



- 1. The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.
- 2. This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.
- 3. All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.
- Please mark only ONE oval unless the question specifically asks you to "Please mark all that apply." Completely fill in the oval using a #2 pencil. 4.

7. What is the language you use most often at home?	○English ○Russian ○Spanish ○Vietnamese ○A tribal language	Would you say that in general your Part of the second o	10. Have you changed schools (including changing from elementary to middle and middle to high school) in the past year? O Yes No	11. How many times have you changed homes since kindergarten?	O Never O 1 or 2 times O 3 or 4 times O 5 or 6 times O 7 or more times	12. Putting them all together, what were your grades like last year? O Mostly A's O Mostly B's O Mostly D's O Mostly F's	
. How old are you?	O 14 years old O 15 years old O 16 years old O 17 years old O 18 years old O 19 years old or older	. What is your sex? O Female O Male	O Heterosexual (straight) O Gay or lesbian O Bisexual O I wonder/think I'm transgendered O Not sure	. In what grade are you?	O 10th O 11th O 12th O Ungraded or other grade	S. What is your race? (Please mark all that apply.) O American Indian or Alaska Native O Asian O Black or African American O Native or Other Pacific Islander O White Are you Hispanic or Latino/Latina? O Yes O No	PLEASE DO NOT WRITE IN THIS AREA

ow many whole days of During the past 30 days, on how you skipped or "cut"? many days did you	0000	During the past 12 months, how many times During the past 12 months, how point a physical fight 29. were you in a physical fight 30. were you in a physical fight an school property? 31. did you bully someone (such as hitting, kicking, pushing, saying mean things, spreading rumors, or making sexual comments that bothered them)? 32. have you been suspended from	ant 7 wo	Harassment can include threatening, bullying, name-calling or obscenities, offensive notes or graffiti, unwanted touching, and being pushed around or hit. In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school 36. because of your race or ethnic origin. 37. because of who your friends are. 38. because of how you look (weight, clothes, acne, or other physical characteristics). 39. because of how you look (weight, clothes, acne, or other physical characteristics). 39. because you received unwanted sexual comments or attention. 31. through e-mail, chat rooms, instant messaging, Web sites, texting or phone. 32. for other reasons.
13. During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?	O None O 1 day O 2 days O 3 days O 4 to 5 days O 6 to 10 days O 11 days or more	14. How do you like school? I like school very much I like school I like school I like school I dislike school I dislike school very much I dislike school very much I dislike school are going to be for your later life? Very important Suite important Pairly important	O Slightly important O Not at all important The How often do you feel that the schoolwork you are assigned is meaningful and important? Thinking back over the past school year, how often did you try to do your best work in	school? How much do you agree with the following statements about school? 18. I have lots of chances to be part of class discussions or activities. 19. There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class. 21. My teachers notice when I am doing a good job and let me know about it. 22. I can talk to my teachers openly and freely about my concerns. 23. In my school, teachers treat students with respect. 24. Most students at my school help each other when they are hurt or upset. 25. In my school, students that work hard to get good grades are picked on by other students.

54. During the past 12 months, how many times did you actually attempt suicide?	O0 times		55.	outcome. Please mark ALL the different types of betting that you have done, if any, during the last 30 days:	O I did not gamble during the last 30 days ○ Playing lottery tickets/Powerball/Megabucks ○ Playing dice or coin flips ○ Playing cards (poker, etc.) ○ Betting on a sports team ○ Betting on games of personal skill (bowling, video games, dares, etc.) ○ Gambling on the Internet for free or with money ○ Playing Bingo for money	57.		59. Have you even her to anyone about betting/gambling? 59. Have you ever bet/gambled more than you wanted to? 60. Have your parents ever talked to you about the risks of betting/gambling? 61. Have your tachers ever talked to you about the her har fachers ever talked to you about the firehalf the sour tachers ever talked to you about the fachers ever talked the fachers ever talked to you about the fachers ever talked	
Every day Once or twice per week	Once or twice per month Once or twice per year	ers by hitting,	in school or on the school bus? 44. heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus?	0 0	hours of sleep	None of the time Some of the time	ps that nothing ps that nothing poinths, did you ever feel so sad or y day for two weeks or more in a doing some usual activities?	ONo 53. During the past 12 months, did you ever seriously consider attempting suicide?	

The next questions ask about drinking alcohol. This includes drinking beer, wine/wine coolers, flavored beverages such as Mike's Hard Lemonade and liquor ("shots") such as rum, gin, vodka, or whiskey. not include drinkin

ive you had at	
how many days ha	Clohol
62. During your life, on how many days have you had at	least one drink of alcohol'

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O days O 1 or 2 days O 3 to 9 days O 10 to 19 days O 20 to 39 days O 40 to 99 days O 100 or more days	During the past 30 days, on how many days did you	64. have 5 or more drinks of alcohol in a row, that is, within a couple of hours?	During the past 30 days, on how many days do you think most students in your school	65. had at least one drink of alcohol? (your best estimate)	66. had 5 or more drinks of alcohol in a row, that is, within a couple of hours?	(your best estimate)

67. Think of your four best friends (the friends you feel closest to). In the past 12 months, how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey or gin)?

riends	S	JS.	S	ls.
○None of my friends	○ 1 of my friends	○ 2 of my friends	→ 3 of my friends	O4 of my friends

68. During the past 30 days, what type of alcohol did you usually drink? Select only one response.

Oldid not drink alcohol during the past 30 days	OI do not have a usual type	OBeer	O Flavored beverages (such as Smirnoff, Bacardi Silver,	Hard Lemonade, Joose and Sparks)	OWine coolers (such as Bartles & Jaymes or Seagrams)	OWine	Cliquor (such as vodka, rum, scotch, bourbon or whiskey)	O Some other type
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99. During the past 30 days, from which of the following sources did you get the alcohol you drank? Please mark all that apply.
, from whalcohol yells.

For these questions, drinking alcohol does	nking alconol does	OI did not drink alcohol during the past 30 days
ig a rew sips of wiffe for religious purposes.	eligious purposes.	OAt a party
	10 10 10 10 10 10 10 10 10 10 10 10 10 1	O Friends under 21
s, on now many days nave you nad at	e you nad at	○Friends 21 or older
or alconol?		OA brother or sister
		OA parent
		OA store or gas station
		OLiquor store
		OBar night club or restaurant
		O Took it from home without permission
		○By asking a stranger to buy it for me
lays		Ol got it some other way
days, on	10/0/0/0/0/0/0/0/0/0/0/0/0/0/0/0/0/0/0/	70. In the last 12 months, which of the following have you experienced? Please mark all that apply.
you	10 10 10 10 10 10 10 10 10 10 10 10 10 1	OI did not drink alcohol in the last 12 months
e drink of alcohol? C		OMissed school or class because of drinking alcohol
drinks of alcohol in a		Gotten sick to my stomach because of drinking alcohol
in a couple of hours?	0 0 0 0 0 0 0 0	ONot been able to remember what happened while I was
days, on how many		drinking alcohol
most students in your		OLater regretted something I did while drinking alcohol
		OWorried that I drank alcohol too much or too often
drink of alcohol?		Principle the page 20 doing
ate)	000000	bow many times did you
rinks of alcohol in a		ROW III SOUTH SOUT
in a couple of hours?		
(afe)		71. ride in a vehicle driven by a parent or

601 NO			
	iir		
65/ 65/ 10/	8) 5)	6	
9	0	0	
0	0	0	
0	0	0	
0	0	0	
0	0	0	
000	0	0	

10 to	00000	oducts?	Hookah," also	e?	
During the past 30 days, on how many days did you	77. smoke cigarettes?	78. use other tobacco products?	79. smoke tobacco in a "Hookah," also	known as a water pipe?	



How old were you		old	wine, or hard liquor (for example, vodka, whiskey,	or gin) for the first time?	84. when you first began	drinking alcoholic beverages regularly, that is at least	once or twice a month?	85. when you smoked a whole cigarette for the first time?		tobacco products otner than cigarettes such as shuff.	chewing tobacco, and		87. when you tried marijuana for the first time?		How much do vou think people	(1)	(physically or in other ways)		ı	beverage (beer, wine, liquor) nearly every day?		alcoholic beverage once or twice a week? ○○○	noke one or more packs of cigarettes	0 0	91. If they smoke marijuana once or twice a week?	16 you wanted to get some, how easy would it be for you to 17 you wanted to get some, how easy would it be for you to 18 you wanted to get some, how easy would it be for you to 19 yet some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)? 19 yet some cigarettes? 10 0000000000000000000000000000000000
80. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? Please mark all that apply.	Oldid not get tobacco during the past 30 days	OA store or gas station	O Friends 18 or older O Friends under 18	O Took from home without permission	O A family member	O The Internet O Some other source		81. During the past 30 days, how many times did you	use marijuana?	Of or 2 times	O 3 to 9 times	(10 to 19 times	O 40 or more times	82. During the past 30 days, from which of the following	sources did you get marijuana? Please mark all	that apply.	OI did not use marijuana during the past 30 days	O A public event such as a concert or sporting event	O A party	○ Friends 18 or older	○ Friends under 18	O A family member	O A medical marijuana cardholder or grower	Olgave someone money to buy it for me	Olgowing other way	Ol got it some other way

During the past 12 months No 109. do you recall hearing, reading, or watching an advertisement about prevention of substance abuse? 110. have you had a special class about drugs or alcohol in school? 111. have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use? By parents we mean your biological parents, adoptive parents, stepparents, or adult guardians, whether or not they live with you.	112. Would you be more or less likely to want to work for an employer that tests its employees for drug or alcohol use on a random basis? OMore likely Uses likely Would make no difference Don't know or can't say	for someone your age to Interpretation of the following at all for someone your age to Wrong 113. have one or two drinks of an alcoholic beverage nearly every day? 114. smoke one or more packs of cigarettes a day? 115. try marijuana or hashish once or twice? 116. use marijuana or hashish once a month or more? 117. How wrong do you believe most students in your school think it is for someone their age to have one or two drinks of an alcoholic beverage nearly every day?	How wrong do you think your parents feel it would be for wrong parents feel it would be for wrong you to 118. drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly (at least once or twice a month)? 119. smoke cigarettes? 120. smoke marijuana?
During your life, how many times have you 97. Used marijuana? 98. Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high? 99. Taken steroid pills or shots without a doctor's prescription? 100. Taken a prescription to get high?	101. Used any form of cocaine, including powder, crack or freebase? 102. Used ecstasy (also called MDMA)? 103. Used heroin (also called smack, junk, or China White)? 104. Used methamphetamines (also called speed, crystal, crank or ice)? 105. During your life, how many times have you used a needle to inject any illegal drug into your body?	During the past 30 days, on how many days did you During the past 30 days, on how many days did you 106. sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high? 107. use a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's orders?	the past 30 days? Please mark all that apply. the past 30 days? Please mark all that apply. O I did not use illicit drugs during the past 30 days Marijuana O Any form of cocaine including powder, crack or freebase Estasy (also called MDMA) O Heroin or other opiates or narcotics O LSD or other hallucinogens or psychedelics O Methamphetamines (also called speed, crystal, crank or ice) O Steroid pills or shots without a doctor's prescription

Hoy

\$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	How true are the following statements?
0000	121. I can do most things if I try.
0000	122. I can work out my problems.
mmunity.	123. I volunteer to help others in my community.
her adult in	124. There is at least one teacher or other adult in
me. 0000	my school that really cares about me.
omework	125. My parents ask if I've gotten my homework
0 0 0	done.
pped school.	126. My parents would catch me if I skipped school.
y parents	127. When I am not at home, one of my parents
n with.	knows where I am and whom I am with.
cohol and	128. My family has clear rules about alcohol and
0 0 0	drug use.
school nily has	129. How would most students in your school respond to this statement: "My family has
use."	clear rules about alcohol and drug use."
school and OC school nily has OC	128. My family has clear rules about all drug use. 129. How would most students in your respond to this statement: "My fan clear rules about alcohol and drug

130. How tall are you without your shoes on?
Directions: Write your height in the shaded blank boxes.
Fill in the matching circle below each number.

ght	Inches	10	0	Θ	0	0	₩ ,Θ	9	0	<u>@</u>	6	•	(1)
Hei	Feet	4	ම	•	6	9	0	4	Ū				

3116	Inches	0	Θ	0	0	9	6	9	0	<u>@</u>	0	9	(
<u> </u>	Feet	0	9	6	@	0							

31. How much do you weigh without your shoes on?	Directions: Write your weight in the shaded blank boxes	Fill in the matching circle below each number.
31. H	Ω	Œ
63		

			9	Θ	(%)	(10)	(4)	(P)	(6)	(b)	(e)	6
	"	2	0	Θ	<u>@</u>	0	9		9	0	0	0
/eight	spuno	၈	0	Θ	0	10	(1	(a)	9	0	<u></u>	•
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_	ч	9	Θ	0	0	9	டு	6	0	<u></u>	9

132. How do you describe your weight?

- O Slightly overweight
 O Very overweight
 O Very overweight

133. Which of the following are you trying to do about your weight?

weight	weight
OLose	○ Gain

- OStay the same weight
 OI am not trying to do anything about my weight

During the past 30 days, did you...

/			0				0		0
5			0				0		0
	134. Go without eating for 24 hours or more (also	called fasting) to lose weight or to keep from	gaining weight?	135. Take any diet pills, powders, or liquids without a	doctor's advice to lose weight or to keep from	gaining weight? (Do not include meal	replacement products such as Slim Fast.)	136. Vomit or take laxatives to lose weight or to keep	from gaining weight?

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