# 2018 Oregon Student Wellness Survey

Harney County

# Oregon Health Authority

Conducted by International Survey Associates dba Pride Surveys

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#### 1 INTRODUCTION

This is a report of key findings from the *Oregon Student Wellness Survey*, a survey of 6th, 8th and 11th grade youth, conducted in the spring of 2018. The *Oregon Student Wellness Survey* is an anonymous and voluntary survey sponsored by the Oregon Health Authority (OHA) in collaboration with the Oregon Department of Education. OHA contracted with International Survey Associates to recruit schools, administer the survey and report survey results. The survey was available free of charge to all Oregon public and charter schools that chose to participate. Schools that agreed to participate in the *Oregon Student Wellness Survey* were given the option of administering the survey either online or by paper and pencil with the school district determining which method would be best for their particular circumstances.

The *Oregon Student Wellness Survey* was designed to assess a wide range of topics that included school climate, positive youth development, mental health, physical health, substance use, problem gambling, fighting and other problem behaviors.

Oregon Student Wellness Survey results are used by schools, state and local agencies, organizations and communities to assess and monitor the health and well being of Oregon youth and the environments in which they live. Oregon Student Wellness Survey data can serve as a valuable tool for program planning, implementation, and evaluation. The data are essential information for communications with legislators and the public, and communities and local agencies will find the data improves their ability to procure funding by providing the baseline data needed for grant writing. In these ways, schools, communities and policy makers will find themselves poised to make effective decisions about behavior and health related policies, services, programs and educational activities.

The *Oregon Student Wellness Survey* was designed as a split survey. The 6th and 8th grade version of the survey consisted of a subset of the questions found on the 11th grade version. In order to provide results that spanned all grade levels in a single report, the data for questions that did not appear on the 6th and 8th grade version appear in this report as missing.

This report is divided into topic specific sections. Each section provides a brief overview of the topic, followed by summary data tables that include results for all three grades. In addition, both local data and state data are reported. State data was weighted in a manner similar to the Oregon Healthy Teen Survey to allow for comparative results on questions that both surveys have in common. The primary weighting factor was based on enrollment numbers. The county data in this report has also been weighted.

For questions about the survey please contact:

Duyen Ngo, PhD, MPH Health Promotion and Chronic Disease Prevention

Public Health Division

Email: duyen.l.ngo@state.or.us

#### 1.1 Participants by Gender

Table 1: Participants by Gender

	Grade 6		Grade 8	
	County %	State %	County %	State %
Female	60.0	49.5	40.0	47.9
Male	40.0	49.0	48.3	49.2
Transgender	0.0	0.4	1.7	0.9
Something else fits better	0.0	1.1	10.0	1.9

<sup>•</sup> Percentages exclude missing answers.

#### 1.2 Race and Ethnicity

Schools throughout Oregon vary considerably in the racial and ethnic composition of their students. The *Oregon Student Wellness Survey* asks one question about race and another about Hispanic or Latino ethnicity.

The table below shows the percentage of students that self-identified as...

Table 2: Race and Ethnicity

	Grad	e 6	Grad	e 8
	County %	State %	County %	State %
Non-Hispanic American Indian or Alaska Native	12.8	6.1	9.3	3.4
Non-Hispanic Asian	2.1	4.5	0.0	4.7
Non-Hispanic Black or African American	2.1	2.9	0.0	3.0
Non-Hispanic Native Hawaiian or Other Pacific Islander	0.0	0.8	0.0	1.0
Non-Hispanic White	74.5	52.9	77.8	55.8
Non-Hispanic Multiple - No best given	2.1	1.0	0.0	0.8
Hispanic / Latino	6.4	26.2	9.3	27.8
Non-Hispanic Other	0.0	5.6	3.7	3.7

<sup>•</sup> Percentages exclude missing answers.

The table below shows the student responses to the question "Are you Hispanic or Latino/Latina?"

Table 3: Hispanic or Latino/Latina?

	Grad	Grade 6		e 8
	County	County State		State
	%	%	%	%
No	93.6	74.4	90.7	72.5
Yes	6.4	25.6	9.3	27.5

<sup>•</sup> Percentages exclude missing answers.

#### 1.3 Tribal Affiliation

Students were asked if they were enrolled in any of the following tribes.

Table 4: Tribal Enrollment

	Grad	e 6	Grad	e 8
	County %	State %	County %	State %
I am not enrolled in a tribe	76.0	91.7	82.4	93.3
Burns Paiute Tribe	14.0	0.1	9.8	0.1
Coquille Indian Tribe	0.0	0.1	0.0	0.1
Cow Creek Band of Umpqua Tribe of Indians	0.0	0.2	0.0	0.2
Confederated Tribes of Grand Ronde	0.0	0.1	0.0	0.2
Klamath Tribes	0.0	0.4	0.0	0.4
Confederated Tribes of the Umatilla Indian Reservation	0.0	0.2	0.0	0.1
Confederated Tribes of the Coos, Lower Umpqua, and Siuslaw Indians	0.0	0.1	0.0	0.1
Confederated Tribes of Siletz Indians	0.0	0.1	0.0	0.2
Confederated Tribes of Warm Springs	0.0	0.2	0.0	0.1
Other	10.0	6.8	7.8	5.2

<sup>•</sup> Percentages exclude missing answers.

#### 1.4 Language Used at Home

Students were asked what language they used most often at home.

Table 5: Language Used at Home

	Grad	e 6	Grad	Grade 8		
	County %	State %	County %	State %		
English	100.0	83.4	96.4	83.0		
Russian	0.0	0.9	3.6	1.1		
Spanish	0.0	11.8	0.0	12.0		
Vietnamese	0.0	0.5	0.0	0.7		
A tribal language	0.0	0.1	0.0	0.2		
Another language	0.0	3.2	0.0	3.0		

<sup>•</sup> Percentages exclude missing answers.

#### 2 SCHOOL CLIMATE

School climate is an important issue to parents, administrators and the community. The environment within a school directly impacts students' academic, social, emotional and mental states. Respectful, supportive relationships among students, teachers and parents are fundamental. When students have opportunities to collaborate and share a sense of purpose and ideals, students, faculty and staff look forward to school. When students are attached to school and to teachers and prosocial peers, they are more likely to behave in prosocial ways themselves, and to avoid engaging in high-risk behaviors.

There is strong evidence that the learning environment influences student attachment to school. Classroom and school interventions that make the learning environment safer, more caring, better managed and highly participatory and that enhance students' social competence have been shown to increase student attachment to school. A comprehensive assessment of school climate involves input from students, faculty and staff on a wide range of topics. The data collected with the *Oregon Student Wellness Survey* deals exclusively with the student perception aspect of school climate. It provides an assessment of whether students feel they belong, are valued and physically and emotionally safe at school.

#### 2.1 Supportive Atmosphere

In supportive atmospheres students feel more comfortable approaching and interacting with teachers and peers, thereby strengthening their relationships.

The table below reports the percentage of students that agree with the following statements.

Table 6: Supportive Atmosphere involving teachers and peers

	Grad	e 6	Grade 8		
	County %	State %	County %	State %	
My teachers notice when I am doing a good job and let me know about it.	81.1	77.8	64.9	68.8	
I can talk to my teachers openly and freely about my concerns.	75.9	66.6	54.4	56.6	
In my school, teachers treat students with respect.	85.2	88.0	66.7	78.6	
Most students at my school help each other when they are hurt or upset.	75.9	73.4	50.9	61.3	
In my school, students that work hard to get good grades are picked on by other students.	39.6	29.8	28.1	25.0	

- Percentages exclude missing answers.
- Percentages include Strongly agree and Somewhat agree.

#### Supportive Atmosphere involving teachers and peers Harney County Grade 6 Grade 8 100-90-81.1 80-75.9 75.9 70-66.7 64.9 60-54.4 50.9 50-39.6 40-30-28.1 20-— State 10-County Grade 8 County Grade 6 Get picked on for working hard Get picked on for working hard I can talk to teachers Teachers respect students Teacher tells me "good job" Teachers respect students Students help each other Percentages (%) Teacher tells me "good job" Students help each other I can talk to teachers

Figure 1: Supportive Atmosphere involving teachers and peers

#### 2.2 Attachment to School

Students who like school, feel their assignments are important, and that what they are learning in school will be valuable to them later in life, are better prepared to make successful transitions after graduation. Young people who do not feel a part of society, are not bound by rules, don't believe in trying to be successful or responsible are at high risk of academic failure and developing mental, emotional or behavioral disorders.

Table 7: Student's Attachment to School

	Grad	Grade 6		e 8
	County %	State %	County %	State %
I like school*	53.7	53.4	21.1	38.8
I did not skip school in the last four weeks**	68.5	67.7	70.2	71.2
I respect my teachers**	92.5	94.1	87.7	89.1

Percentages exclude missing answers.

The following tables show the percentage of students who say...

Table 8: Student's Value of School Work

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
I feel that schoolwork is meaningful and important*	53.7	57.3	24.6	36.9
I tried to do my best work in school over the past year*	88.9	86.1	73.7	75.8
I think the things I am learning in school are going to be important later in life**	70.4	69.4	40.4	49.6

<sup>•</sup> Percentages exclude missing answers.

Table 9: Parental Accountability to Students

	Grad	e 6	Grad	e 8
	County %	State %	County %	State %
My parents ask if I've gotten my homework done.	84.6	86.2	83.9	77.4
My parents would catch me if I skipped school.	96.2	89.7	82.1	83.5
When I am not at home, one of my parents knows where I am and whom I am with.	86.5	89.3	92.9	86.1

<sup>•</sup> Percentages exclude missing answers.

<sup>\*</sup> Percentages include I like school very much and I like school.

<sup>\*\*</sup> Percentages include Strongly agree and Somewhat agree.

<sup>\*</sup> Percentages include Almost always, Often and Sometimes.

<sup>\*\*</sup> Percentages include Very important and Quite important.

<sup>•</sup> Percentages include Very much true and Pretty much true.

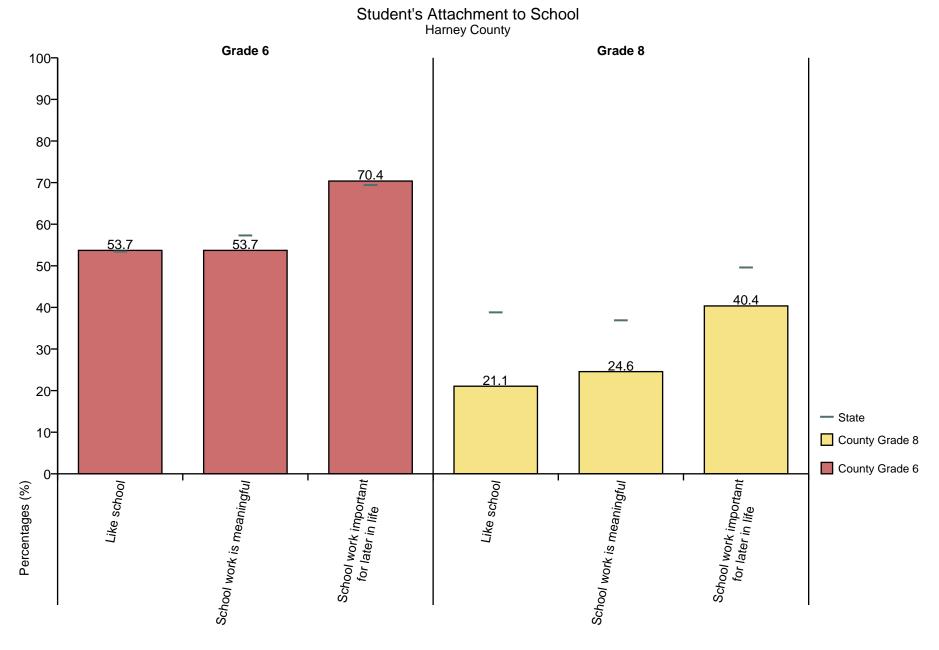


Figure 2: Student's Attachment to School

#### 2.3 Opportunities for Participation

When young people are given many opportunities to participate meaningfully in school activities that are important to them, they are less likely to engage in problem behaviors. When opportunities are available for positive participation outside of class, children are less likely to engage in substance use, and other problem behaviors.

The table below shows the percentage of students that agree with the following statements about their school.

Table 10: Student Opportunities for Participation

	Grad	Grade 6		e 8
	County %	State %	County %	State %
I have lots of chances to be part of class discussions or activities.	83.3	89.6	75.4	87.9
There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	94.4	90.2	89.5	87.7

- Percentages exclude missing answers.
- Percentages include Strongly agree and Somewhat agree.

#### Student Opportunities for Participation Harney County Grade 6 Grade 8 100-94.4 89.5 90-83.3 80-75.4 70-60-50-40-30-20-— State 10-County Grade 8 County Grade 6 Chances to participate in class Lots of activities outside of class Chances to participate in class Lots of activities outside of class Percentages (%)

Figure 3: Student Opportunities for Participation

#### 2.4 Safe Environment

Students who are harassed, feel unsafe or otherwise victimized are more likely to cut classes, skip school, feel depressed or become involved in problem behaviors. Comprehensive discipline, positive behavior support and anti-bullying programs in schools have been shown to reduce the incidence of harassment.

Table 11: Student Perception of Safe Environment at School

	Grade 6		Grad	e 8
	County %	State %	County %	State %
Did not go to school one or more times in the past 30 days because you felt unsafe at school or on your way to or from school	5.6	12.3	8.9	10.5

<sup>•</sup> Percentages exclude missing answers.

The following table shows the percentage of students that witnessed another student being harassed in school or on the school bus in the past year.

Table 12: Student Witnessed Bullying

	Grad	e 6	Grade 8		
	County %	State %	County %	State %	
Heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus	75.9	69.5	78.6	73.3	
Seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus	64.2	55.1	67.9	56.4	
Heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus	69.8	65.7	76.8	71.0	

<sup>•</sup> Percentages exclude missing answers.

This table shows the percentage of students that have been harassed during the past 30 days. Students were asked to indicate whether they were harassed at school or on the way to or from school for any of the following reasons.

Table 13: Student Harassment Experience at School

	Grad	e 6	Grad	e 8
	County %	State %	County %	State %
Your race or ethnic origin	9.3	10.8	5.4	13.8
Someone said you were gay, lesbian, bisexual or transgender	9.3	15.5	16.1	14.2
Your friends	24.1	22.0	26.8	22.1
Your weight, clothes, acne or other physical characteristics	29.6	28.7	23.2	31.2
Unwanted sexual comments or attention	3.7	7.9	7.1	12.6
E-mail, social media, chat rooms, IM, web sites, texting or phone	25.9	22.8	17.9	23.5
For other reasons.	9.3	14.7	21.4	17.5
Any harassment in the past 30 days	48.1	49.1	42.9	50.0

<sup>•</sup> Percentages exclude missing answers.

# Student Harassment Experience at School - Grade 6 Harney County

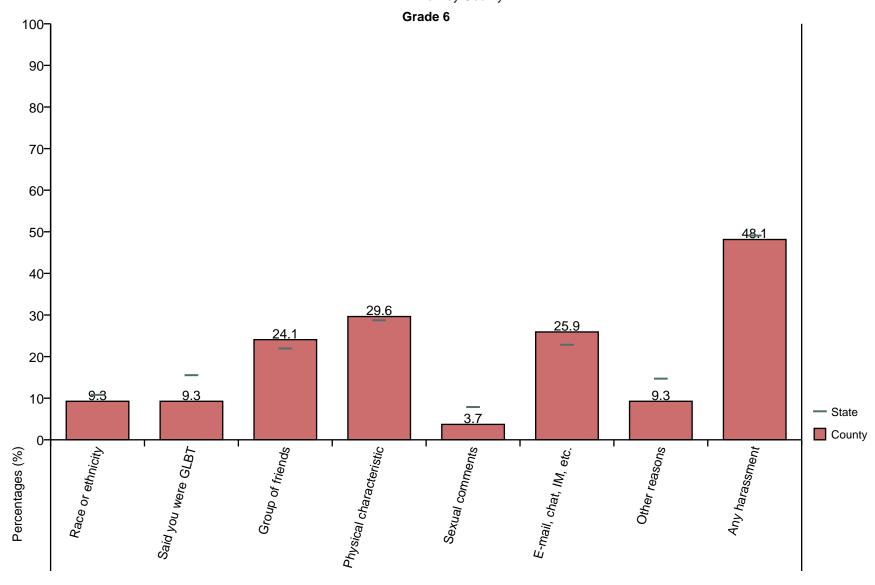


Figure 4: Student Harassment Experience at School - Grade 6

# Student Harassment Experience at School - Grade 8 Harney County Grade 8

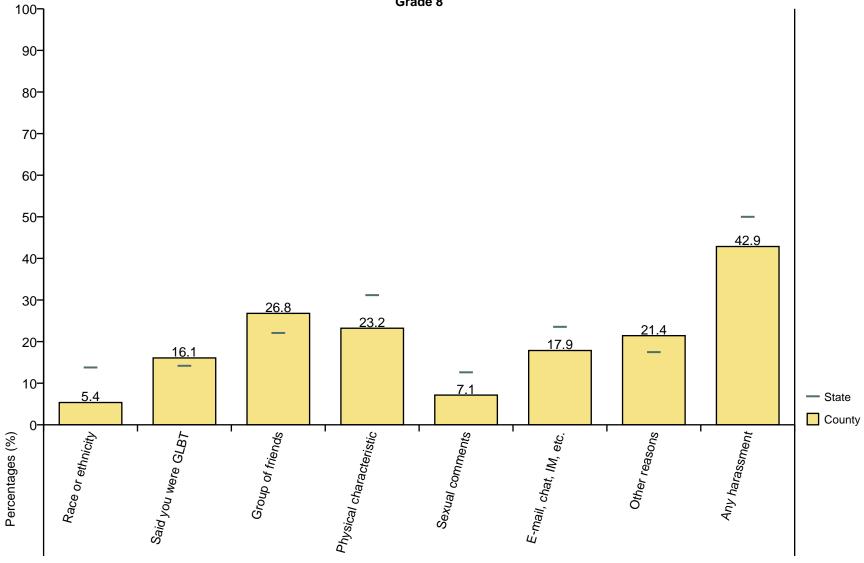


Figure 5: Student Harassment Experience at School - Grade 8

#### 2.5 Serious Problem Behaviors

Schools are one of the safest places for our children. This does not mean that they are free of serious problem behaviors.

This table shows the prevalence of other serious problem behaviors reported to have occurred in the past 12 months at school.

Table 14: Student Reported Serious Problem Behaviors on School Property
Past 12 Months

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Someone has offered, sold or given you an illegal drug at school	1.9	3.0	8.9	10.1
Were in a physical fight on school property	22.2	16.4	28.6	13.5
Been threatened with a weapon on school property	7.4	11.3	14.3	12.2

<sup>•</sup> Percentages exclude missing answers.

This table shows the prevalence of other serious problem behaviors reported to have occurred in the past 30 days at school.

Table 15: Student Reported Serious Problem Behaviors on School Property Past 30 Days

	Grad	e 6	Grade 8	
	County	State	County	State
	%	%	%	%
Took a weapon other than a gun to school	5.6	2.6	10.7	4.2
Took a gun to school	0.0	0.9	3.6	0.9
Have a gun/weapon on school property	5.6	2.8	10.7	4.3

<sup>•</sup> Percentages exclude missing answers.

This table shows problem behaviors that took place in the past 12 months, but they may take place anywhere, not necessarily on school property.

Table 16: Student Reported Serious Problem Behaviors Anywhere
Past 12 Months

	Grad	Grade 6		e 8
	County %	State %	County %	State %
Been in a physical fight	29.6	28.3	41.1	24.5
Bullied someone physically or verbally	18.5	15.8	19.6	17.8

<sup>•</sup> Percentages exclude missing answers.

#### Student Reported Serious Problem Behaviors Harney County Grade 6 Grade 8 100-90-80-70-60-50-40-28.6 30-19.6 18.5 20 14.3 - State 10.7 10-7.4 County Grade 8 5.6 3.6 0.0 County Grade 6 Been threatened with a weapon Bullied someone physically or verbally Been threatened with a weapon Bullied someone physically or verbally Had weapon other than gun at school Had weapon other than gun at school Had gun at school Percentages (%) Physical fight at school Had gun at school Physical fight at school

Figure 6: Student Reported Serious Problem Behaviors

#### 3 POSITIVE YOUTH DEVELOPMENT

In 2006, a statewide benchmark of positive youth development (PYD) was established for 8th and 11th graders. High levels of positive youth development are strongly associated with healthy behaviors and student success. The benchmark looks at six components: emotional and mental health, physical health, feelings of competence, self-confidence, support of a caring adult in school, and service to the community.

#### 3.1 Positive Youth Development Benchmark

Students that answer at least five of the six PYD questions in a positive manner are considered to have strong positive youth development.

Table 17: Positive Youth Development Benchmark

	Grade 6		Grade 8	
	County %	State %	County %	State %
Strong positive youth development	75.0	59.9	49.1	50.9
Weak positive youth development	25.0	40.1	50.9	49.1

#### 3.2 General Health

Two questions are asked as an assessment of student health.

Table 18: Student's Assessment of General Health

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Good to excellent physical health	92.3	89.6	94.6	84.8
Good to excellent emotional and mental health	92.5	85.4	80.7	75.0

<sup>•</sup> Percentages exclude missing answers.

#### 3.3 Competence, Confidence, Support and Service

The following table reports the percentage of students that indicated the statement is "pretty much true" or "very much true."

Table 19: Student Perception Competence, Confidence, Support and Service

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
I can work out my problems.	84.6	77.0	76.8	74.6
I can do most things if I try.	80.4	73.3	75.0	75.5
There is at least one teacher or other adult in my school that really cares about me.	76.9	70.9	67.9	63.2
I volunteer to help others in my community.	61.5	54.5	53.6	44.7

<sup>•</sup> Percentages exclude missing answers.

<sup>•</sup> Percentages include Very much true and Pretty much true.

# Positive Youth Development - Grade 6 Harney County

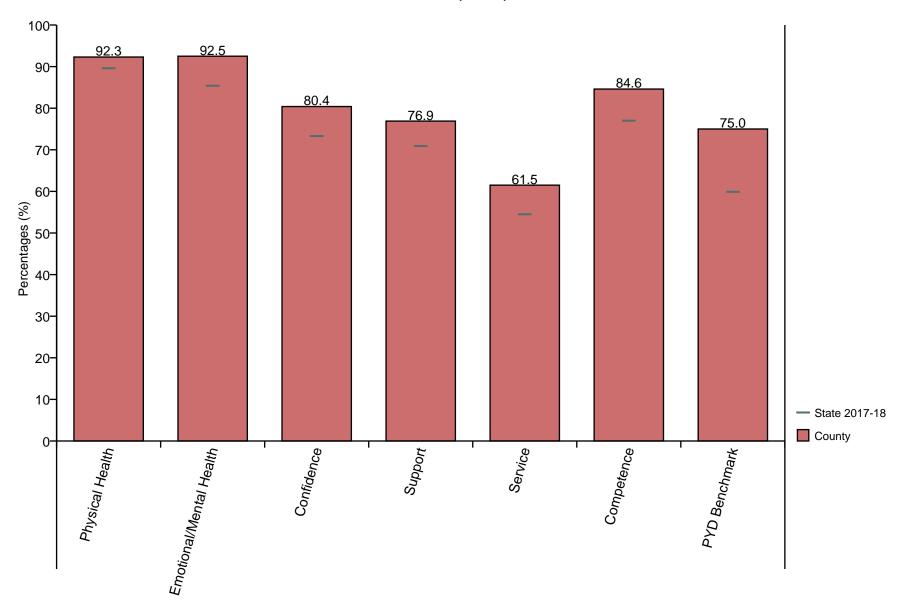


Figure 7: Positive Youth Development - Grade 6

# Positive Youth Development - Grade 8 Harney County

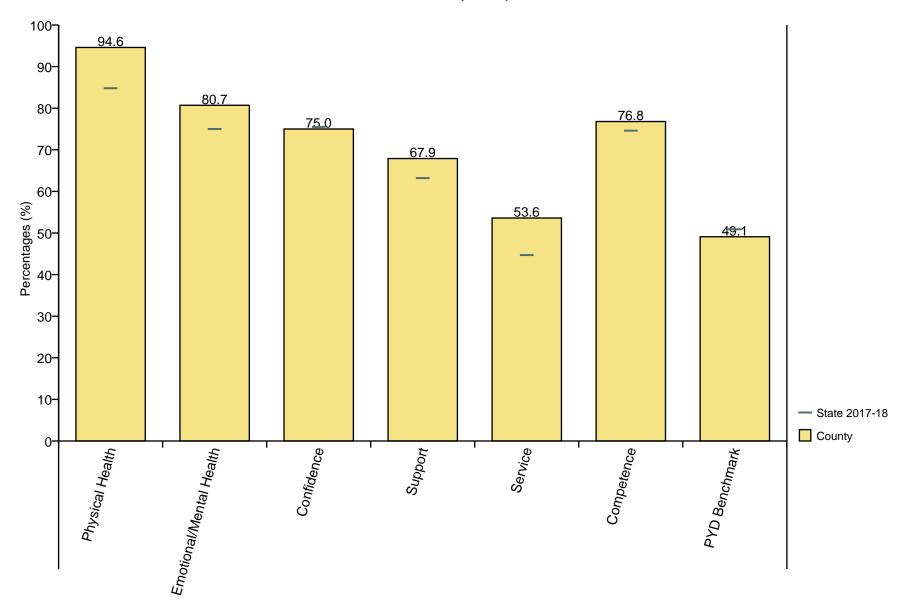


Figure 8: Positive Youth Development - Grade 8

#### 4 MENTAL AND EMOTIONAL HEALTH

Good mental and emotional health makes it easier for youth to establish constructive interpersonal relationships, succeed in school and make a successful transition into the workforce. Depression and psychological distress can interfere with the development of positive teacher and peer relationships. Youth with depression or high levels of psychological distress may find it difficult to focus on academics. They are more likely to smoke, drink alcohol or use other drugs and they are at increased risk of suicide.

The *Oregon Student Wellness Survey* asks questions about emotional and mental health, depression, suicide thoughts and suicide attempts. The survey also asks a series of five questions known as the Mental Health Inventory (MHI-5). When responses for all five are considered together, the result is an estimate of the level of psychological distress that youth are experiencing. MHI-5 scores range from five to 30. Scores of 21 or higher are an indication that youth may be experiencing a mental health concern that requires further assessment.

#### 4.1 Psychological Distress

This table shows the percentage of students with high levels of psychological distress during the past 30 days based on an MHI-5 score of 21 or higher.

Table 20: High Level Psychological Distress experienced by Students
Past 30 Days

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Below MHI-5 cutoff	94.1	91.1	87.3	85.8
At or above MHI-5 cutoff	5.9	8.9	12.7	14.2

The following table contains data on each of the five Mental Health Inventory questions. This series of questions asks about how the student was feeling during the past 30 days. The table reports the percentage of students who indicated "a good bit of the time," "most of the time", or "all of the time."

Table 21: Mental Health Inventory-5 Questions: How Students Felt Past 30 Days

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Been a happy person	81.5	77.9	73.7	69.6
Felt calm and peaceful	69.8	61.0	62.5	53.7
Been a very nervous person	17.3	28.4	21.1	35.5
Felt downhearted and blue	13.0	19.7	19.3	25.7
Felt so down in the dumps that nothing could cheer you up	16.7	14.0	17.9	18.1

- Percentages exclude missing answers.
- Percentages include A good bit of the time, Most of the time and All of the time.

#### 4.2 Depression and Suicide Ideation

Suicide is the second leading cause of death among Oregon youth aged 10-24. Depression is the most common underlying cause of suicide. The following table reports the percentage of students who had signs of depression, thoughts about suicide, or actually attempted suicide during the last 12 months.

Table 22: Depression and Suicide Ideation by Students
Past 12 Months

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	22.2	22.8	26.3	29.2
Did you ever seriously consider attempting suicide?	5.6	13.3	16.1	19.9
Actually attempted suicide?	1.9	7.5	7.1	10.2

<sup>•</sup> Percentages exclude missing answers.

## Psychological Distress, Depression and Suicide by Students Past 12 Months Harney County

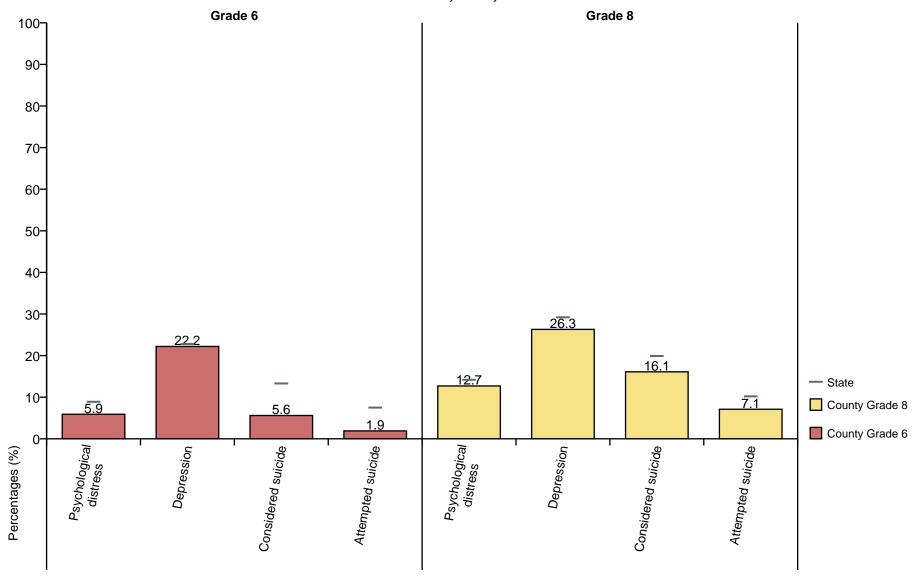


Figure 9: Psychological Distress, Depression and Suicide by Students
Past 12 Months

#### 4.3 Adverse Childhood Experiences

Adverse Childhood Experiences (ACEs) is a term used to describe neglect, abuse, violence and/or distressed family environments that children under the age of 18 years may experience. The cumulative effect of ACEs can be traumatic, especially if experienced repeatedly beginning at a young age. There is a strong association between the amount of ACEs an individual experienced during childhood and the increased risk for negative health behaviors (smoking, drug and alcohol abuse and risky sexual behaviors), chronic mental health concerns (depression and suicidal thoughts) and chronic diseases (heart disease, stroke, diabetes and cancer) later in life.

The following table details the percentage of students who responded **YES** to the ACE questions:

The table **Adverse Childhood Experience\*** cannot be produced for this report because it requires data from the 11th grades.

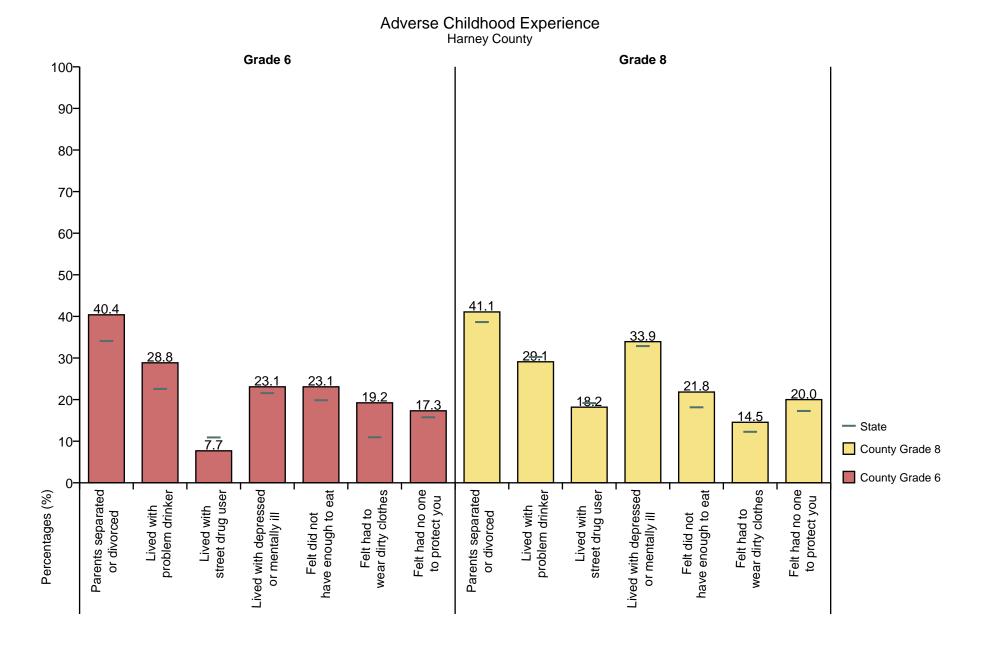


Figure 10: Adverse Childhood Experience

#### 5 PROBLEM GAMBLING

Students today are increasingly being exposed to gambling opportunities - on the Internet, in the community, at home and even at church - so it's no surprise that problems associated with gambling are being seen in youth. It's generally not perceived nor treated as risky, yet research shows that youth who gamble are much more likely to engage in other risky behaviors such as drinking, smoking and using drugs and some of them will go on to develop serious gambling problems.

The adolescent brain is developmentally inclined towards risk, minimal consideration of consequences, preference for stimulation and novelty, all of which gambling offers in abundance.

The *Oregon Student Wellness Survey* asks a series of questions that address and measure various gambling activities. Students were asked questions regarding the types of gambling in which they participated, in their feelings about being involved in gambling and the degree to which parents and teachers have communicated to the students the risks involved in engaging in this particular activity.

Gambling can be addictive, yet most youth and parents treat it as harmless entertainment. The following tables and charts contain data on gambling questions. These percentages are provided by grade level and statewide data are included for comparison purposes. For more information on youth gambling in Oregon, including more data and educational resources, go to <a href="https://www.problemgamblingprevention.org">www.problemgamblingprevention.org</a>

#### 5.1 Types of Gambling in the Past 30 Days

Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event. The following table shows the percentage of students who participated in these types of gambling in the last 30 days.

Table 23: Types of Gambling in which Students Participated Past 30 Days

	Grad	e 6	Grad	e 8
	County %	State %	County %	State %
I did not gamble during the last 30 days.	72.9	76.0	67.9	71.9
Playing lottery tickets / Powerball / Megabucks.	0.0	3.2	1.9	3.9
Playing dice or coin flips.	6.3	9.1	13.2	9.3
Playing cards (poker, etc.).	10.4	6.9	11.3	9.3
Betting on a sports team.	16.7	11.0	15.1	12.3
Betting on games of personal skill (bowling, video games, dares, etc.).	8.3	14.4	18.9	16.1
Gambling on the Internet for free or with money.	2.1	1.4	0.0	2.8
Playing Bingo for money.	0.0	3.0	3.8	2.9
Other.	10.4	9.5	15.1	9.6

<sup>•</sup> Percentages exclude missing answers.

#### 5.2 Risk of Problem Gambling

Most youth don't have large sums of money to spend on gambling, so this measure must be looked at within that context. The fact that youth are spending any money on a potentially addictive behavior is of concern, and some youth spend significant amounts on it. Even those who spend a small amount of money are still "spending" time and attention on gambling at the expense of other activities and responsibilities. By the time they get into college, where problem gambling rates are among the highest and the average college student gets 25 credit card solicitations a year, some youth have developed seemingly innocent gambling habits that will cost them dearly.

The following table shows the percentage of students who reported the following signs of problem gambling in the last 12 months. The last two questions (lied about/bet more) are based on a valid and reliable problem gambling screening instrument which has been used for many years; saying yes to either of these is highly correlated to a potential gambling problem and indicates a need for further assessment by a trained counselor.

Table 24: Signs of Problem Gambling reported by Students
Past 12 Months

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Felt bad about the amount you bet, or about what happens when you bet money	5.7	2.4	1.8	2.3
Felt that you would like to stop betting money but didn't think you could	5.7	2.9	5.4	1.8
Lied to anyone about betting/gambling	5.7	3.3	1.8	4.4
Bet/gambled more than you wanted to	3.8	2.9	8.8	4.1

<sup>•</sup> Percentages exclude missing answers.

#### 5.3 Communication about the Risks of Gambling

Table 25: Communication About the Risks of Gambling

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Parents have talked to you about the risks of betting/gambling	60.4	50.7	52.6	48.6
Teachers have talked to you about the risks of betting/gambling	56.6	18.5	40.4	21.9

<sup>•</sup> Percentages exclude missing answers.

#### Reported Student Gambling - Grade 6 Harney County Grade 6 100-90-80-70-60-50-39.6 40-30-20-16.7 10.4 10.4 10-8.3 — State 0.0 0.0 County Lottery, Powerball, etc | C Dice/coin flips Any gambling Personal skill Sports teams Bingo | Cards Internet Other Percentages (%)

Figure 11: Reported Student Gambling - Grade 6

## Reported Student Gambling - Grade 8 Harney County Grade 8 100-90-80-70-60-50-40-37.7 30-20-18.9 15.1 15.1 13.2 10-— State 3.8 County Lottery, Powerball, etc Any gambling Dice/coin flips Sports teams Personal skill Cards <sup>Internet</sup> ( Bingo Other Percentages (%)

Figure 12: Reported Student Gambling - Grade 8

## Signs of Problem Gambling - Past 12 Months Harney County Grade 6 Grade 8 100-90-80-70-60-50-40-30-20-— State 10-8.8 County Grade 8 5.4 3.8 County Grade 6 Tried but couldn't stop Lied about gambling Bet more than wanted Tried but couldn't stop Lied about gambling Bet more than wanted Felt bad about gambling Felt bad about gambling Percentages (%)

Figure 13: Signs of Problem Gambling - Past 12 Months

### 6 SUBSTANCE USE

During the elementary school years, most children express anti-drug, anti-crime and pro-social attitudes and have difficulty imagining why people use drugs. However, in middle school, as more youth are exposed to others who use cigarettes, alcohol or other drugs, their attitudes often shift toward greater acceptance of these behaviors. Typically, by 11th grade, most students have tried alcohol, and many have tried marijuana, cigarettes or other tobacco products.

#### 6.1 Abstinence from Substance Use

The following table shows the percent of students that have never used these substances.

Table 26: Abstinence from Substance Use

	Grade 6 Gr		Grad	e 8
	County %	State %	County %	State %
Never smoked a whole cigarette	98.1	98.1	85.5	93.3
Never used other tobacco products	100.0	98.3	85.7	94.3
Never used an e-cigarette, vape-pen or e-hookah*	-	_	-	_
Never had more than a sip or two of alcohol	84.9	77.1	55.4	60.1
Never tried marijuana	100.0	97.0	91.1	86.0
Never tried synthetic marijuana	100.0	99.0	92.9	95.7

<sup>•</sup> Percentages exclude missing answers.

<sup>\*</sup> Only 11th graders were asked this question.

## 6.2 Substance Use in the Past 30 Days

The next table provides the percentage of students who used one or more times in the past 30 days.

Table 27: Student Reported Substance Use Past 30 Days

	Grad	e 6	Grad	e 8
	County %	State %	County %	State %
Smoked cigarettes	0.0	0.7	1.9	2.8
Used other tobacco products	0.0	0.6	5.4	2.2
Used a hookah for tobacco*	-	_	-	_
Used an e-cigarette, vape-pen or e-hookah*	-	_	-	_
Had at least one drink of alcohol	0.0	4.5	12.5	15.4
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	0.0	1.0	5.4	5.6
Used marijuana	0.0	1.5	5.9	7.9
Used synthetic marijuana	1.9	0.7	1.8	2.8
Sniffed glue, breathed the contents of aerosol spray cans, or any paints or sprays to get high	7.5	5.0	7.1	4.8
Used prescription drugs (without a doctor's orders)	1.9	1.2	1.8	3.8
Any illicit drug use including marijuana, synthetic marijuana, cocaine, ecstasy, heroin, hallucinogens or methamphetamines	1.9	1.8	7.1	8.2
Any illicit drug use including cocaine, ecstasy, heroin, hallucinogens or methamphetamines	0.0	0.4	2.0	1.3

<sup>•</sup> Percentages exclude missing answers.

<sup>\*</sup> Only 11<sup>th</sup> graders were asked this question.

# Alcohol, Tobacco and Other Drug Use - Grade 6 Harney County

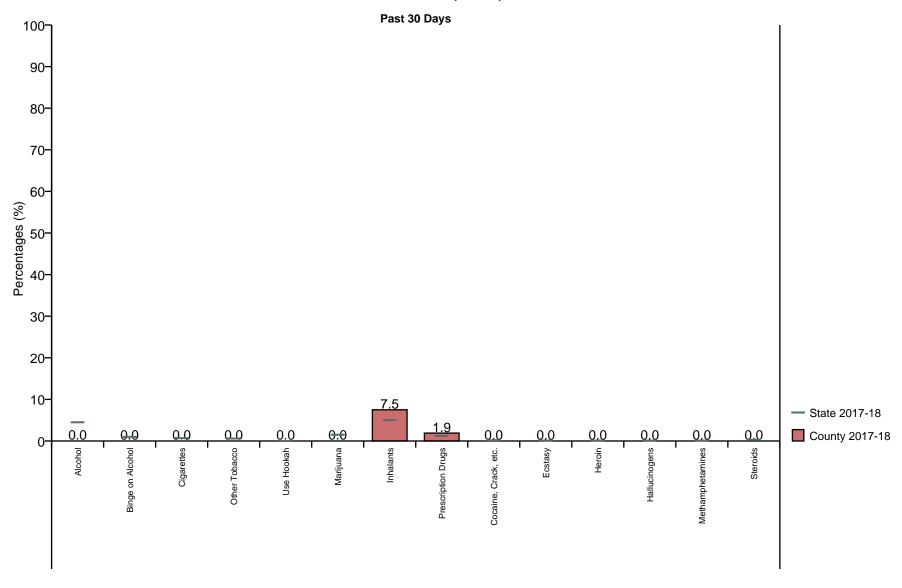


Figure 14: Alcohol, Tobacco and Other Drug Use - Grade 6

# Alcohol, Tobacco and Other Drug Use - Grade 8 Harney County

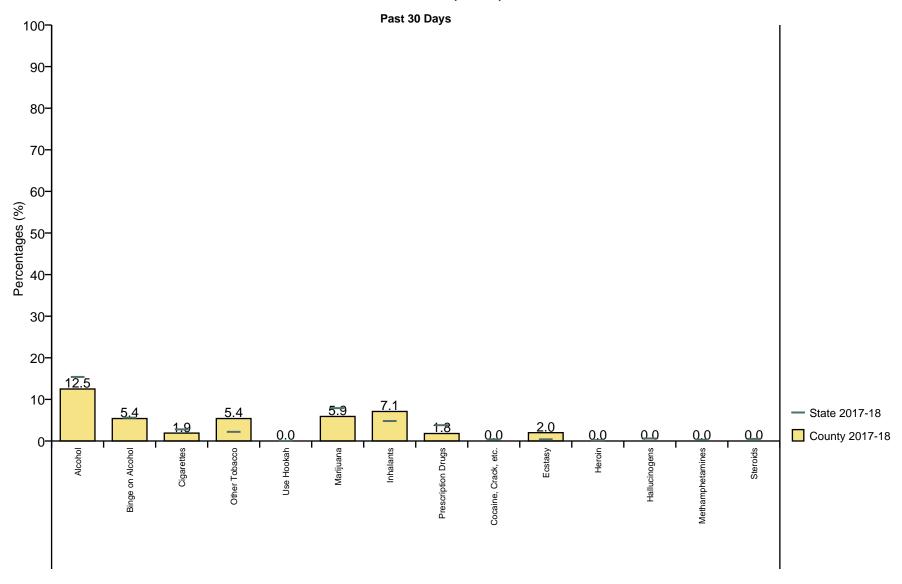


Figure 15: Alcohol, Tobacco and Other Drug Use - Grade 8

#### 6.3 Norms About Alcohol Use

"Everybody's doing it!" is a refrain commonly heard by parents and believed by far too many youth in Oregon. The Student Wellness Survey provides information about alcohol norms. A series of questions allows the comparison of actual alcohol-related behaviors to what youth think most students are doing.

Correcting misperceptions is essential to establishing new, healthy norms about underage drinking.

The table below provides the percentage of students who responded one or more times in the past 30 days.

Table 28: Student Reported Alcohol Use Past 30 Days

	Grad	e 6	Grad	e 8
	County %	State %	County %	State %
Had at least one drink of alcohol	0.0	4.5	12.5	15.4
Think most students had at least one drink of alcohol	37.0	34.1	53.6	56.7
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	0.0	1.0	5.4	5.6
Think most students had 5 or more drinks of alcohol in a row	22.2	14.1	32.1	35.0

<sup>•</sup> Percentages exclude missing answers.

Table 29: Student Reported Alcohol and Vehicles Behavior Past 30 Days

	Grad	e 6	Grad	e 8
	County %	State %	County %	State %
Rode in a vehicle driven by a parent or other adult who had been drinking	7.4	10.8	12.5	12.8
Rode in a vehicle driven by a teenager who had been drinking alcohol*	-	-	-	_
Drove a car or other vehicle when you had been drinking alcohol*	-	-	-	_
Think most students rode in a vehicle driven by a parent or other adult who had been drinking	32.7	24.4	33.9	33.7
Think most students rode in a vehicle driven by a teenager who had been drinking alcohol*	-	_	-	_
Think most students drove a car or other vehicle when they had been drinking alcohol*	-	_	-	_

<sup>•</sup> Percentages exclude missing answers.

<sup>\*</sup> Only 11th graders were asked this question.

The table below provides the percentage of students who responded "somewhat disapprove" or "strongly disapprove"

Table 30: Student Disapproving Attitudes about Drinking

	Grade 6		Grad	e 8
	County	State	County	State
	%	%	%	%
How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?	71.7	78.8	60.7	73.2

<sup>•</sup> Percentages exclude missing answers.

<sup>•</sup> Percentages include Somewhat Disapprove and Strongly Disapprove.

#### 6.4 Factors Associated with Initiation of Substance Use

This section reports on a variety of factors associated with initiation of substance use. Easy availability, attitudes about use, perceptions about the risk of harm from use and communication about substance use all influence whether young people choose to use tobacco, alcohol or other drugs.

#### 6.5 Availability

Adolescents that report easy availability of cigarettes, alcohol, marijuana, and other illegal drugs are more likely to use these substances. Research has shown that legal restrictions on alcohol and tobacco use, such as raising the legal drinking age, restricting smoking in public, and increased taxation have been followed by decreases in consumption.

The table below shows the percentage of students that said it would be "sort of easy" or "very easy" for the student to...

Table 31: Easy Availability of Cigarettes, Alcohol, Marijuana, and Other Illegal Drugs

	Grad	e 6	Grad	e 8
	County %	State %	County %	State %
Get some cigarettes	7.7	12.1	16.1	25.3
Get some e-cigarettes, vape-pens, or e-hookahs*	-	_	-	_
Get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)	15.4	17.5	35.7	39.9
Get some marijuana	5.8	9.5	23.6	32.3
Get some synthetic marijuana, example: K2, spice, etc.	3.8	4.5	10.7	15.8
Get a drug like cocaine, LSD, or amphetamines	1.9	3.0	8.9	7.7
Get prescription drugs not prescribed to you	7.7	12.2	33.9	27.6

<sup>•</sup> Percentages exclude missing answers.

<sup>\*</sup> Only 11th graders were asked this question.

<sup>•</sup> Percentages include Sort of easy and Very easy.

#### 6.6 Parental Attitude toward Substance Use

In families where parents are heavy users of alcohol, use illegal drugs or are tolerant of children's use, adolescents are more likely to engage in substance use. The risk is further increased if parents involve children in their own using behavior such as asking the child to light the parent's cigarette or get the parent a beer from the refrigerator.

The *Oregon Student Wellness Survey* asks students about how their parents would feel if the student used alcohol, cigarettes or marijuana. The table below reports the percentage of students who said their parents feel it would be "wrong" or "very wrong" for youth to...

Table 32: Student Perception about Parental Attitude toward Substance Use

	Grad	e 6	Grad	e 8
	County %	State %	County %	State %
Smoke cigarettes	92.6	97.4	94.6	96.9
Smoke e-cigarettes, vape-pens, or e-hookahs*	-	_	-	-
Have one or two drinks of an alcoholic beverage nearly every day	92.6	95.9	92.9	94.2
Smoke marijuana	94.4	96.8	92.9	92.8
Use prescription drugs not prescribed to you	94.3	97.4	94.6	96.5
Use synthetic marijuana, example: K2, Spice*	-	_	-	-

<sup>•</sup> Percentages exclude missing answers.

#### 6.7 Student Attitude toward Substance Use

Youth who disapprove of substance use are less likely to engage in a variety of problem behaviors.

The following table shows the percentage of students that "somewhat disapprove" or "strongly disapprove" about someone their age...

Table 33: Student Disapproving Attitude towards Peer Substance Use

	Grade 6		Grad	e 8
	County %	State %	County %	State %
Smoking one or more packs of cigarettes a day	72.2	82.5	75.5	81.8
Smoking e-cigarettes, vape-pens, or e-hookahs*	_	_	_	_
Having one or two drinks of an alcoholic beverage nearly every day	71.7	78.8	60.7	73.2
Trying marijuana or hashish once or twice	68.5	79.1	71.4	67.4
Using prescription drugs not prescribed to them	70.4	81.1	71.4	80.2
Using synthetic marijuana, example: K2, Spice*	-	_	-	_

<sup>•</sup> Percentages exclude missing answers.

<sup>\*</sup> Only 11<sup>th</sup> graders were asked this question.

<sup>•</sup> Percentages include Wrong and Very wrong.

<sup>\*</sup> Only 11th graders were asked this question.

<sup>•</sup> Percentages include Somewhat Disapprove and Strongly Disapprove

#### 6.8 Perceived Risk of Harm

Students who perceive cigarette, alcohol or marijuana use as risky are less likely to engage in use.

The following table reports the percentage of students who think there is a risk of people harming themselves (physically or in other ways)...

Table 34: Student Perception of Moderate or Great Risk of Harm

		_		_
	Grad		Grad	
	County %	State %	County %	State %
If they smoke one or more packs of cigarettes per day	68.5	75.2	80.0	77.1
If they smoke e-cigarettes, vape-pens, or e-hookahs*	_	_	-	-
If they take one or two drinks of an alcoholic beverage nearly every day	44.4	47.2	41.8	49.5
When they have five or more drinks of an alcoholic beverage once or twice a week	55.6	63.6	69.1	68.3
If they try marijuana once or twice	50.0	42.5	42.6	30.0
If they smoke marijuana once or twice a week	66.7	60.7	67.3	52.2
If they use prescription drugs that are not prescribed to them	74.1	78.6	78.2	81.8

<sup>•</sup> Percentages exclude missing answers.

## 6.9 Communication about Substance Use

The table below shows the percentage of students who recall communication about substance use during the past 12 months.

Table 35: Communication about Substance Use Past 12 Months

	Grad	e 6	Grad	e 8
	County %	State %	County %	State %
Talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use	64.8	63.2	73.2	67.7
Had a special class about drugs or alcohol in school	50.0	31.4	69.6	51.2
Recall hearing, reading, or watching an advertisement about prevention of substance abuse	33.3	38.1	57.1	59.0

<sup>•</sup> Percentages exclude missing answers.

<sup>\*</sup> Only 11<sup>th</sup> graders were asked this question.

<sup>•</sup> Percentages include Moderate risk and Great risk.

# 7 DRUG FREE COMMUNITIES CORE MEASURES

The Drug-Free Communities (DFC) Support Program, administered by the Center for Substance Abuse Prevention, requests specific data which are typically referred to as the Core Measures. Beginning in 2013, there was a new set of Core Measures. The 2018 Student Wellness Survey meets these new Core Measure requirements. At this time, grantees are required to report on four drug categories: tobacco, alcohol, marijuana and prescription drugs. A number of Oregon DFCs focus on other substances, so this report also includes 30-day use data for binge drinking, methamphetamines, and any illicit drugs other than marijuana.

Data in the tables that follow are provided by grade level. For each drug, and at each grade level, the percentage of students who responded positively to the question and the number of students who responded to the question are reported.

## 7.1 30 Day Use

Table 36: 30 Day Use - Alcohol, Tobacco, and Other Drugs

	Grade 6 County %	Grade 8 County %
Had at least one drink of alcohol	0.0	12.5
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	0.0	5.4
Smoked cigarettes	0.0	1.9
Used an e-cigarette, vape-pen or e-hookah*	-	-
Used marijuana	0.0	5.9
Used prescription drugs (without a doctor's orders)	1.9	1.8
Used any form of cocaine, including powder, crack or freebase	0.0	0.0
Used ecstasy (also called MDMA)	0.0	2.0
Used heroin or other opiates or narcotics	0.0	0.0
Used LSD or other hallucinogens or psychedelics	0.0	0.0
Used methamphetamines (also called speed, crystal, crank or ice)	0.0	0.0
Used steroid pills or shots without a doctor's prescription	0.0	0.0

<sup>•</sup> Percentages exclude missing answers.

<sup>\*</sup> Only 11th graders were asked this question.

## 7.2 Perception of Moderate or Great Risk

The following table is based on the question *How much do you think people harm themselves (physically or in other ways)...* 

Table 37: Student Perception of Moderate or Great Risk of Harming Themselves

	Grade 6	Grade 8
	County %	County %
If they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	44.4	41.8
When they have five or more drinks of an alcoholic beverage once or twice a week?	55.6	69.1
If they smoke one or more packs of cigarettes per day?	68.5	80.0
If they smoke e-cigarettes, vape-pens, or e-hookahs?*	-	-
If they smoke marijuana once or twice a week?	66.7	67.3
If they use prescription drugs not prescribed to them?	74.1	78.2

<sup>•</sup> Percentages exclude missing answers.

## 7.3 Parents Feel It Would Be Wrong or Very Wrong

Table 38: Parents Feel It Would Be Wrong or Very Wrong to...

	Grade 6 County %	Grade 8 County %
Smoke cigarettes	92.6	94.6
Smoke e-cigarettes, vape-pens, or e-hookahs*	-	-
Have one or two drinks of an alcoholic beverage nearly every day	92.6	92.9
Smoke marijuana	94.4	92.9
Use synthetic marijuana, example: K2, Spice*	-	-
Use prescription drugs not prescribed to you	94.3	94.6

<sup>•</sup> Percentages exclude missing answers.

<sup>\*</sup> Only 11<sup>th</sup> graders were asked this question.

<sup>\*</sup> Only 11th graders were asked this question.

## 7.4 Friends Feel It Would Be Wrong or Very Wrong

Table 39: Friends Feel It Would Be Wrong or Very Wrong to...

	Grade 6 County %	Grade 8 County %
Smoke tobbaco	90.4	82.1
Smoke e-cigarettes, vape-pens, or e-hookahs*	-	-
Have one or two drinks of an alcoholic beverage nearly every day	86.8	75.0
Use marijuana	90.6	80.4
Use synthetic marijuana, example: K2, Spice*	-	-
Use prescription drugs not prescribed to you	92.5	87.5

<sup>•</sup> Percentages exclude missing answers.

## 7.5 Average Age (in years) of Onset

Table 40: Average Age (in years) of Onset

	Grade 6 County %	Grade 8 County %
Had more than a sip or two of alcohol	9.5	10.7
Drinking alcohol regularly	0.0	12.5
Smoked a whole cigarette	8.0	10.9
Used tobacco products other than cigarettes	0.0	11.4
Tried marijuana	0.0	11.8
Tried synthetic marijauna	0.0	12.8
Tried e-cigarettes, vape-pens or e-hookahs*	-	-

<sup>•</sup> Averages exclude missing answers.

<sup>\*</sup> Only 11th graders were asked this question.

<sup>\*</sup> Only 11<sup>th</sup> graders were asked this question.

## 8 HEIGHT, WEIGHT & BODY MASS INDEX (BMI)

The 2018 version of the *Oregon Student Wellness Survey* contains questions about height and weight. Information from these questions are broken down by sex rather than by grade. From these questions it is possible to calculate a Body Mass Index (BMI) and to classify students on a percentile ranking, based on previous CDC analysis, as being either underweight (less than 5th percentile), healthy weight (5th percentile to less than 85th percentile), overweight (85th to less than 95th percentile) or obese (greater than or equal to 95th percentile). This information is detailed in the following tables.

Table 41: Average Weight

	Grade 6		Grade 6 Grade	
	Female Male		Female	Male
	Pounds	Pounds	Pounds	Pounds
Average	91.3	96.9	112.4	118.9

- Averages exclude missing answers.
- The data in this table are not weighted.

Table 42: Average Height

	Grade 6		Grade 8	
	Female Inches	<b>Male</b> Inches	Female Inches	<b>Male</b> Inches
Average	59.4	60.1	63.5	69.2

- Averages exclude missing answers.
- The data in this table are not weighted.

Table 43: BMI Categories

	Grade 6		Grade 8	
	Female	Male	Female	Male
	%	%	%	%
Underweight	12.5	0.0	0.0	20.0
Healthy Weight	66.7	71.4	100.0	60.0
Overweight	20.8	14.3	0.0	10.0
Obese	0.0	14.3	0.0	10.0

<sup>•</sup> Percentages exclude missing answers.

The table **How do you describe your weight?** cannot be produced for this report because it requires data from the 11th grades.

The table What are you trying to do about your weight? cannot be produced for this report because it requires data from the 11th grades.

The table During the past 30 days, did you go without eating for 24 hours or more to lose weight or to keep from gaining weight? cannot be produced for this report because it requires data from the 11th grades.

The table During the past 30 days, did you take diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? cannot be produced for this report because it requires data from the 11th grades.

The table During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight? cannot be produced for this report because it requires data from the 11th grades.

## 9 COMPARISON TO PAST SURVEYS

This section contains comparisons to past survey results for specific variables. They are detailed below.

## 9.1 Past 30 Day Use

Table 44: Alcohol - Past 30 Day Use

Grade	Group	2012 %	<b>2014</b> %	<b>2016</b> %	<b>2018</b> %
6	county	8.3	7.4	1.6	0.0
	state	6.7	4.5	4.0	4.5
8	county	32.1	12.9	17.9	12.5
	state	19.6	16.9	15.4	15.4
11	county	57.2	40.0	15.7	0.0
	state	35.9	33.5	29.8	29.0

Table 45: Binge - Past 30 Day Use

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	2.8	0.0	0.0	0.0
	state	1.7	1.0	0.9	1.0
8	county	15.1	4.8	7.3	5.4
	state	8.1	6.6	5.4	5.6
11	county	27.4	22.9	8.0	0.0
	state	21.4	18.9	15.5	15.3

Table 46: Marijuana - Past 30 Day Use

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	0.0	1.7	0.0	0.0
	state	1.5	1.2	1.2	1.5
8	county	17.0	10.8	12.5	5.9
	state	8.7	7.9	7.2	7.9
11	county	25.7	25.7	5.9	0.0
	state	21.8	18.7	18.9	20.0

Table 47: Cigarettes - Past 30 Day Use

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	0.0	0.0	0.0	0.0
	state	1.5	0.8	0.9	0.7
8	county	11.8	5.0	1.9	1.9
	state	5.6	4.5	3.3	2.8
11	county	6.3	26.5	2.0	0.0
	state	11.9	10.0	7.7	5.8

Table 48: Illicit Drug Use - Past 30 Day Use

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	0.0	1.7	1.5	1.9
	state	1.8	1.4	1.7	1.8
8	county	17.0	10.8	12.5	7.1
	state	9.0	8.1	7.9	8.2
11	county	25.7	25.7	5.9	0.0
	state	22.2	19.1	19.6	20.4

### 9.2 Perceived Risk of Use

Table 49: Alcohol - Perceived Risk

Grade	Group	2012 %	2014 %	<b>2016</b> %	2018 %
6	county	58.8	54.7	63.5	55.6
	state	65.6	61.2	64.2	63.6
8	county	72.5	63.9	55.8	69.1
	state	72.6	67.9	70.2	68.3
11	county	68.1	71.4	74.5	0.0
	state	76.0	72.5	75.1	74.8

Table 50: Marijuana - Perceived Risk

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	73.5	67.9	71.4	66.7
	state	74.7	67.5	66.2	60.7
8	county	76.5	65.6	62.0	67.3
	state	70.2	61.3	58.9	52.2
11	county	59.2	40.0	50.0	0.0
	state	51.7	41.7	38.8	36.6

Table 51: Cigarettes - Perceived Risk

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	88.2	75.9	70.3	68.5
	state	81.1	78.3	78.4	75.2
8	county	86.5	86.9	76.9	80.0
	state	85.5	82.5	80.2	77.1
11	county	93.1	88.6	82.4	0.0
	state	87.1	83.2	81.3	79.9

## 9.3 Availability

Table 52: Alcohol - Easy to Get

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	21.9	14.8	9.5	15.4
	state	19.8	15.1	16.5	17.5
8	county	45.1	27.4	41.8	35.7
	state	43.6	39.2	38.7	39.9
11	county	73.0	68.6	60.8	0.0
	state	71.1	68.3	66.0	64.3

Table 53: Cigarettes - Easy to Get

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	15.6	9.4	7.9	7.7
	state	15.2	10.7	12.3	12.1
8	county	39.2	21.0	25.9	16.1
	state	32.4	27.5	26.8	25.3
11	county	64.5	62.9	42.0	0.0
	state	63.6	57.7	54.2	46.4

Table 54: Marijuana - Easy to Get

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	15.6	1.9	3.2	5.8
	state	9.2	6.4	9.0	9.5
8	county	33.3	16.1	22.6	23.6
	state	32.8	29.8	32.0	32.3
11	county	61.5	65.7	33.3	0.0
	state	69.3	66.0	67.9	65.1

## 9.4 Depression

Table 55: Felt sad almost every day for two weeks or more

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	17.1	16.4	10.9	22.2
	state	19.3	18.2	19.0	22.8
8	county	39.6	28.1	20.0	26.3
	state	22.7	24.7	25.9	29.2
11	county	18.9	28.6	25.5	0.0
	state	27.9	29.2	31.9	35.6

Table 56: Seriously consider attempting suicide

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	7.1	18.2	3.1	5.6
	state	9.0	8.5	10.5	13.3
8	county	29.4	20.3	10.7	16.1
	state	15.8	17.4	17.6	19.9
11	county	10.0	14.3	17.6	0.0
	state	15.1	17.7	18.1	19.7

Table 57: Actually attempted suicide

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	7.3	5.5	1.6	1.9
	state	5.2	4.7	6.2	7.5
8	county	11.3	15.6	8.9	7.1
	state	8.0	9.9	9.4	10.2
11	county	3.7	5.9	3.9	0.0
	state	6.0	7.7	7.8	8.1

## 9.5 Harassment In The Last 30 Days Related To:

Table 58: Race or ethnic origin

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	9.5	9.1	0.0	9.3
	state	11.4	8.6	8.8	10.8
8	county	5.7	3.1	10.9	5.4
	state	13.2	11.9	12.5	13.8
11	county	8.9	5.7	13.7	0.0
	state	10.8	9.6	9.7	10.5

Table 59: Being gay, lesbian, bisexual or transgender

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	9.5	18.5	6.3	9.3
	state	16.0	12.9	13.3	15.5
8	county	17.0	6.3	21.8	16.1
	state	13.7	12.3	12.8	14.2
11	county	12.2	5.9	11.8	0.0
	state	8.0	7.0	7.3	7.0

Table 60: Who your friends are

Grade	Group	2012 %	2014 %	2016 %	2018 %
6	county	17.1	25.9	15.9	24.1
	state	21.4	19.0	19.8	22.0
8	county	40.0	12.7	16.7	26.8
	state	22.7	20.4	20.7	22.1
11	county	17.7	14.3	15.7	0.0
	state	16.1	14.7	14.0	14.0

Table 61: How you look

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	23.8	17.3	20.6	29.6
	state	28.6	25.3	25.9	28.7
8	county	47.1	12.7	29.1	23.2
	state	30.2	28.7	29.7	31.2
11	county	21.0	14.3	23.5	0.0
	state	21.2	20.7	19.8	19.3

Table 62: Received unwanted sexual comments

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	9.8	5.6	4.8	3.7
	state	8.2	6.1	6.5	7.9
8	county	22.6	3.2	5.7	7.1
	state	12.1	10.2	11.0	12.6
11	county	8.2	14.3	7.8	0.0
	state	11.4	10.5	10.9	11.3

Table 63: Through e-mail, social media sites (Facebook, Twitter, etc.)

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	7.1	18.2	6.3	25.9
	state	12.5	13.7	13.6	22.8
8	county	24.5	12.5	16.4	17.9
	state	15.4	17.9	18.7	23.5
11	county	10.5	28.6	11.8	0.0
	state	11.9	14.3	13.5	15.6

Table 64: For other reasons

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	21.4	29.1	12.7	9.3
	state	23.1	20.0	20.9	14.7
8	county	39.6	25.4	14.5	21.4
	state	23.9	23.5	23.1	17.5
11	county	10.0	24.2	13.7	0.0
	state	16.2	16.5	15.4	12.8

## 9.6 Feeling Unsafe At or On the Way to School

Table 65: Did not go to school because of feelings about safety

Grade	Group	2012 %	<b>2014</b> %	<b>2016</b> %	<b>2018</b> %
6	county	2.5	10.9	12.7	5.6
	state	8.3	8.7	8.7	12.3
8	county	13.2	4.8	25.0	8.9
	state	7.0	7.6	7.3	10.5
11	county	4.3	2.9	5.9	0.0
	state	4.1	5.7	7.7	12.9

## 9.7 Skipped School in the Last Four Weeks

Table 66: Skipped school

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	23.8	39.3	25.0	31.5
	state	24.1	25.5	25.5	32.3
8	county	26.4	25.0	30.9	29.8
	state	23.3	23.8	23.5	28.8
11	county	32.9	28.6	31.4	0.0
	state	30.1	30.7	32.1	36.2

## A FREQUENCY DISTRIBUTION TABLES

This section contains frequency distribution tables for all of the questions found on the 2018 *Oregon Student Wellness Survey*. Two versions of the survey were used, one for 6th and 8th grades and another for the 11th grade. The 6th and 8th grade survey consisted of a subset of the questions found on the 11th grade version. In order to provide results that spanned all grade levels in a single report, the data for questions that did not appear on the 6th and 8th grade version were coded as missing.

#### A.1 Frequency Distribution Tables

#### A.1.1 Demographics

Table 67: How old are you?

	Grad	e 6	Grad	e 8
	County	State	County	State
	%	%	%	%
10 or younger	0.0	0.4	0.0	0.1
11 years old	33.9	42.4	0.0	0.1
12 years old	66.1	55.6	0.0	0.3
13 years old	0.0	1.6	21.7	41.0
14 years old	0.0	0.0	73.3	56.9
15 years old	0.0	0.0	5.0	1.6
16 years old	0.0	0.0	0.0	0.0
17 years old	0.0	0.0	0.0	0.0
18 years old	0.0	0.0	0.0	0.0
19 years old or older	0.0	0.0	0.0	0.0

Table 68: How do you identiy?

	Grade 6		Grad	e 8
	County %	State %	County %	State %
Female	60.0	49.5	40.0	47.9
Male	40.0	49.0	48.3	49.2
Transgender	0.0	0.4	1.7	0.9
Something else fits better	0.0	1.1	10.0	1.9

The figure Which of the following best describes you? cannot be produced for this report because it requires data from the 11th grades.

Table 69: In what grade are you?

	Grad	e 6	Grade 8	
	County	State	County	State
	%	%	%	%
6th	100.0	100.0	0.0	0.0
7th	0.0	0.0	0.0	0.0
8th	0.0	0.0	100.0	100.0
9th	0.0	0.0	0.0	0.0
10th	0.0	0.0	0.0	0.0
11th	0.0	0.0	0.0	0.0
12th	0.0	0.0	0.0	0.0
Ungraded or other grade	0.0	0.0	0.0	0.0

Table 70: What is your race?

	Grad	e 6	Grad	e 8
	County %	State %	County %	State %
Non-Hispanic American Indian or Alaska Native	12.8	6.1	9.3	3.4
Non-Hispanic Asian	2.1	4.5	0.0	4.7
Non-Hispanic Black or African American	2.1	2.9	0.0	3.0
Non-Hispanic Native Hawaiian or Other Pacific Islander	0.0	0.8	0.0	1.0
Non-Hispanic White	74.5	52.9	77.8	55.8
Non-Hispanic Multiple - No best given	2.1	1.0	0.0	0.8
Hispanic / Latino	6.4	26.2	9.3	27.8
Non-Hispanic Other	0.0	5.6	3.7	3.7

Table 71: Are you Hispanic or Latino/Latina?

	Grade 6		Grad	e 8
	County State		County	State
	%	%	%	%
Yes	6.4	25.6	9.3	27.5
No	93.6	74.4	90.7	72.5

Table 72: What is the language you use most often at home?

	Grade 6		Grade 8	
	County %	State %	County %	State %
English	100.0	83.4	96.4	83.0
Russian	0.0	0.9	3.6	1.1
Spanish	0.0	11.8	0.0	12.0
Vietnamese	0.0	0.5	0.0	0.7
A tribal language	0.0	0.1	0.0	0.2
Another language	0.0	3.2	0.0	3.0

#### A.1.2 Transitions and Mobility

Table 73: Have you changed schools (including changing from elementary to middle and middle to high school) in the past year?

	Grade 6		e 6 Grad	
	County State		County	State
	%	%	%	%
Yes	63.0	68.1	28.1	27.0
No	37.0	31.9	71.9	73.0

Table 74: How many times have you changed homes since kindergarten?

	Grad	Grade 6		Grade 8		
	County %	State %	County %	State %		
Never	29.6	33.0	23.2	29.3		
1 or 2 times	29.6	35.7	37.5	33.9		
3 or 4 times	27.8	19.5	25.0	20.5		
5 or 6 times	1.9	7.3	7.1	9.4		
7 or more times	11.1	4.5	7.1	6.9		

## A.2 School Climate

## A.2.1 Academic Performance

Table 75: Putting them all together, what were your grades like last year?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Mostly A's	64.8	44.9	50.9	41.1
Mostly B's	13.0	36.5	24.6	33.0
Mostly C's	18.5	13.9	21.1	17.9
Mostly D's	1.9	3.1	1.8	4.5
Mostly F's	1.9	1.6	1.8	3.5

#### A.2.2 School Commitment

Table 76: During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?

	Grad	Grade 6		e 8
	County %	State %	County %	State %
None	68.5	67.7	70.2	71.2
1 day	14.8	11.9	12.3	10.1
2 days	5.6	7.1	12.3	6.5
3 days	5.6	5.1	0.0	4.8
4 to 5 days	1.9	4.6	1.8	4.2
6 to 10 days	3.7	2.0	3.5	1.7
11 or more days	0.0	1.5	0.0	1.4

Table 77: How do you like school?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
I like school very much	20.4	17.3	5.3	8.5
I like school	33.3	36.1	15.8	30.3
I neither like nor dislike school	33.3	33.1	31.6	39.5
I dislike school	1.9	7.8	26.3	12.2
I dislike school very much	11.1	5.8	21.1	9.5

Table 78: How important do you think the things you are learning in school are going to be for your later life?

	Grad	Grade 6		e 8
	County %	State %	County %	State %
Very important	42.6	38.5	15.8	22.2
Quite important	27.8	30.9	24.6	27.4
Fairly important	16.7	21.2	38.6	29.8
Slightly important	11.1	7.7	10.5	16.5
Not at all important	1.9	1.7	10.5	4.1

Table 79: How often do you feel that the schoolwork you are assigned is meaningful and important?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Almost always	13.0	23.6	1.8	10.2
Often	40.7	33.7	22.8	26.7
Sometimes	31.5	32.0	42.1	40.9
Seldom	7.4	7.3	24.6	16.1
Never	7.4	3.4	8.8	6.1

Table 80: Thinking back over the past school year, how often did you try to do your best work in school?

	Grad	e 6	Grade 8		
	County %	State %	County %	State %	
Almost always	57.4	56.6	40.4	39.7	
Often	31.5	29.5	33.3	36.1	
Sometimes	9.3	10.6	22.8	17.3	
Seldom	1.9	2.5	0.0	5.3	
Never	0.0	8.0	3.5	1.6	

Table 81: I have lots of chances to be part of class discussions or activities.

	Grade 6		Grade 8	
	County %	State %	County %	State %
Strongly agree	27.8	43.3	24.6	37.1
Somewhat agree	55.6	46.4	50.9	50.7
Somewhat disagree	11.1	8.2	14.0	9.8
Strongly disagree	5.6	2.2	10.5	2.4

Table 82: There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.

	Grade 6		Grade 8	
	County %	State %	County %	State %
Strongly agree	61.1	57.9	63.2	53.2
Somewhat agree	33.3	32.3	26.3	34.4
Somewhat disagree	3.7	7.6	5.3	9.5
Strongly disagree	1.9	2.3	5.3	2.9

Table 83: I respect most of my teachers.

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Strongly agree	77.4	70.0	43.9	56.0
Somewhat agree	15.1	24.1	43.9	33.1
Somewhat disagree	1.9	4.5	5.3	8.4
Strongly disagree	5.7	1.3	7.0	2.4

Table 84: My teachers notice when I am doing a good job and let me know about it.

	Grade 6		Grade 8	
	County %	State %	County %	State %
Strongly agree	22.6	32.0	14.0	23.6
Somewhat agree	58.5	45.8	50.9	45.2
Somewhat disagree	11.3	15.9	19.3	22.2
Strongly disagree	7.5	6.3	15.8	8.9

Table 85: I can talk to my teachers openly and freely about my concerns.

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Strongly agree	35.2	30.2	15.8	21.1
Somewhat agree	40.7	36.5	38.6	35.5
Somewhat disagree	11.1	20.4	26.3	26.0
Strongly disagree	13.0	13.0	19.3	17.4

Table 86: In my school, teachers treat students with respect.

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Strongly agree	57.4	55.4	21.1	35.0
Somewhat agree	27.8	32.6	45.6	43.6
Somewhat disagree	11.1	9.1	26.3	16.0
Strongly disagree	3.7	2.9	7.0	5.3

Table 87: Most students at my school help each other when they are hurt or upset.

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Strongly agree	20.4	29.0	5.3	17.9
Somewhat agree	55.6	44.4	45.6	43.5
Somewhat disagree	14.8	19.4	29.8	27.0
Strongly disagree	9.3	7.3	19.3	11.7

Table 88: In my school, students that work hard to get good grades are picked on by other students.

	Grade 6		Grade 8	
	County %	State %	County %	State %
Strongly agree	18.9	10.0	7.0	6.9
Somewhat agree	20.8	19.9	21.1	18.0
Somewhat disagree	26.4	28.1	35.1	33.7
Strongly disagree	34.0	42.1	36.8	41.3

#### A.2.3 Safe School Environment

Table 89: During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
0 days	94.4	87.7	91.1	89.5
1 day	3.7	7.0	1.8	6.2
2 or 3 days	0.0	3.4	1.8	2.8
4 or 5 days	0.0	0.8	0.0	0.6
6 or more days	1.9	1.0	5.4	0.9

Table 90: During the past 30 days, on how many days did you carry a gun as a weapon on school property?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
0 days	100.0	99.1	96.4	99.1
1 day	0.0	0.5	0.0	0.3
2 or 3 days	0.0	0.2	1.8	0.2
4 or 5 days	0.0	0.1	0.0	0.1
6 or more days	0.0	0.2	1.8	0.3

Table 91: During the past 30 days, on how many days did you carry a weapon (other than a gun) such as a knife or club on school property?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
0 days	94.4	97.4	89.3	95.8
1 day	3.7	1.6	3.6	2.0
2 or 3 days	0.0	0.4	0.0	0.8
4 or 5 days	0.0	0.2	0.0	0.3
6 or more days	1.9	0.5	7.1	1.1

Table 92: During the past 12 months, how many times were you in a physical fight?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
0 times	70.4	71.7	58.9	75.5
1 time	22.2	14.6	23.2	13.1
2 or 3 times	7.4	8.0	12.5	7.2
4 or 5 times	0.0	2.3	3.6	1.9
6 or 7 times	0.0	0.9	0.0	0.7
8 or 9 times	0.0	0.4	0.0	0.3
10 or 11 times	0.0	0.3	0.0	0.1
12 or more times	0.0	1.7	1.8	1.2

Table 93: During the past 12 months, how many times were you in a physical fight on school property?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
0 times	77.8	83.6	71.4	86.5
1 time	18.5	10.6	21.4	9.2
2 or 3 times	3.7	4.0	7.1	3.1
4 or 5 times	0.0	0.8	0.0	0.5
6 or 7 times	0.0	0.4	0.0	0.2
8 or 9 times	0.0	0.2	0.0	0.1
10 or 11 times	0.0	0.1	0.0	0.1
12 or more times	0.0	0.4	0.0	0.3

Table 94: During the past 12 months, how many times did you bully someone (such as hitting, kicking, pushing, saying mean things, spreading rumors, or making sexual comments that bothered them)?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
0 times	81.5	84.2	80.4	82.2
1 time	9.3	9.7	12.5	9.1
2 or 3 times	5.6	3.5	3.6	4.8
4 or 5 times	1.9	0.9	0.0	1.3
6 or 7 times	0.0	0.4	0.0	0.6
8 or 9 times	0.0	0.2	0.0	0.3
10 or 11 times	0.0	0.1	0.0	0.1
12 or more times	1.9	1.1	3.6	1.7

Table 95: During the past 12 months, how many times have you been suspended from school?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
0 times	96.3	92.4	83.9	87.7
1 time	3.7	5.0	8.9	7.3
2 or 3 times	0.0	1.6	5.4	3.1
4 or 5 times	0.0	0.3	0.0	0.8
6 or 7 times	0.0	0.2	0.0	0.3
8 or 9 times	0.0	0.1	1.8	0.2
10 or 11 times	0.0	0.0	0.0	0.1
12 or more times	0.0	0.2	0.0	0.4

Table 96: During the past 12 months, how many times has someone threatened you with a weapon such as a gun, knife, or club on school property?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
0 times	92.6	88.7	85.7	87.8
1 time	3.7	6.8	8.9	6.9
2 or 3 times	1.9	2.5	1.8	2.9
4 or 5 times	0.0	0.7	0.0	1.0
6 or 7 times	0.0	0.3	0.0	0.4
8 or 9 times	0.0	0.2	0.0	0.2
10 or 11 times	0.0	0.1	0.0	0.1
12 or more times	1.9	0.6	3.6	0.7

The figure During the past 12 months, how many times have you been drunk or high at school? cannot be produced for this report because it requires data from the 11th grades.

Table 97: During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

	Grade 6		Grade 8	
	County		County	State
	%	%	%	%
Yes	1.9	3.0	8.9	10.1
No	98.1	97.0	91.1	89.9

#### A.2.4 Harassment and Bullying

Table 98: Any harassment in the past 30 days

	Grade 6		Grade 8	
	County State		County	State
	%	%	%	%
No	51.9	50.9	57.1	50.0
Yes	48.1	49.1	42.9	50.0

Table 99: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of your race or ethnic origin?

	Grade 6		Grade 8	
	County %	State %	County %	State %
0 times	90.7	89.2	94.6	86.2
1 time	5.6	5.7	3.6	6.6
2 or 3 times	3.7	2.9	1.8	3.8
4 or 5 times	0.0	0.7	0.0	1.1
6 or more times	0.0	1.5	0.0	2.3

Table 100: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because someone said you were gay, lesbian, bisexual or transgender?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
0 times	90.7	84.5	83.9	85.8
1 time	5.6	6.7	3.6	5.1
2 or 3 times	0.0	4.1	5.4	4.1
4 or 5 times	0.0	1.3	3.6	1.3
6 or more times	3.7	3.5	3.6	3.7

Table 101: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of who your friends are?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
0 times	75.9	78.0	73.2	77.9
1 time	13.0	11.8	10.7	10.5
2 or 3 times	3.7	5.8	8.9	6.7
4 or 5 times	1.9	1.6	3.6	1.7
6 or more times	5.6	2.8	3.6	3.1

Table 102: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of how you look (weight, clothes, acne, or other physical characteristics)?

	Grade 6		Grade 8	
	County %	State %	County %	State %
0 times	70.4	71.3	76.8	68.8
1 time	13.0	12.5	3.6	12.5
2 or 3 times	9.3	7.8	8.9	9.2
4 or 5 times	1.9	2.8	7.1	3.2
6 or more times	5.6	5.7	3.6	6.3

Table 103: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because you received unwanted sexual comments or attention?

	Grade 6		Grade 8	
	County %	State %	County %	State %
0 times	96.3	92.1	92.9	87.4
1 time	0.0	4.0	3.6	5.0
2 or 3 times	1.9	1.9	0.0	3.7
4 or 5 times	1.9	0.7	1.8	1.5
6 or more times	0.0	1.3	1.8	2.4

Table 104: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school through e-mail, social media sites (Facebook, Twitter, YouTube, etc.), chat rooms, instant messaging, web sites, texting or phone?

	Grade 6		Grade 8	
	County %	State %	County %	State %
0 times	74.1	77.2	82.1	76.5
1 time	11.1	9.6	8.9	9.1
2 or 3 times	7.4	5.8	3.6	6.3
4 or 5 times	0.0	2.0	0.0	2.5
6 or more times	7.4	5.4	5.4	5.7

Table 105: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school for other reasons?

	Grade 6		Grade 8	
	County %	State %	County %	State %
0 times	90.7	85.3	78.6	82.5
1 time	5.6	6.9	12.5	7.4
2 or 3 times	1.9	3.7	3.6	4.6
4 or 5 times	0.0	1.4	5.4	1.8
6 or more times	1.9	2.7	0.0	3.7

Table 106: How often have you seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Never	35.8	44.9	32.1	43.6
Once or twice per year	37.7	31.5	35.7	33.9
Once or twice per month	13.2	12.4	12.5	12.6
Once or twice per week	9.4	7.6	10.7	6.5
Every day	3.8	3.6	8.9	3.4

Table 107: How often have you heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Never	24.1	30.5	21.4	26.7
Once or twice per year	33.3	25.6	26.8	24.5
Once or twice per month	16.7	16.2	19.6	18.7
Once or twice per week	9.3	14.6	21.4	15.8
Every day	16.7	13.1	10.7	14.3

Table 108: How often have you heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Never	30.2	34.3	23.2	29.0
Once or twice per year	24.5	24.8	28.6	24.0
Once or twice per month	17.0	16.8	25.0	18.8
Once or twice per week	13.2	13.0	16.1	14.9
Every day	15.1	11.1	7.1	13.2

## A.3 Social, Emotional and Mental Health

#### A.3.1 Positive Youth Development

Table 109: Positive Youth Development

	Grade 6		Grad	e 8
	County %	State %	County %	State %
Strong positive youth development	75.0	59.9	49.1	50.9
Weak positive youth development	25.0	40.1	50.9	49.1

Table 110: Would you say that in general your emotional and mental health is...

	Grade 6		Grade 8		
	County %	State %	County %	State %	
Excellent	34.0	26.2	24.6	20.5	
Very good	39.6	28.6	36.8	26.0	
Good	18.9	30.6	19.3	28.5	
Fair	3.8	11.2	12.3	16.9	
Poor	3.8	3.3	7.0	8.2	

Table 111: Would you say that in general your physical health is...

	Grade 6		Grade 8	
	County %	State %	County %	State %
Excellent	30.8	28.3	32.1	22.2
Very good	38.5	30.7	39.3	29.7
Good	23.1	30.5	23.2	32.9
Fair	7.7	9.0	3.6	12.5
Poor	0.0	1.5	1.8	2.8

Table 112: I can do most things if I try.

	Grade 6		Grade 8		
	County %	State %	County %	State %	
Very much true	39.2	32.3	25.0	32.5	
Pretty much true	41.2	41.0	50.0	43.0	
A little true	9.8	18.9	19.6	19.3	
Not at all true	9.8	7.8	5.4	5.2	

Table 113: I can work out my problems.

	Grade 6		Grade 8	
	County %	State %	County %	State %
Very much true	42.3	34.5	25.0	30.9
Pretty much true	42.3	42.5	51.8	43.7
A little true	9.6	18.1	19.6	20.5
Not at all true	5.8	4.9	3.6	4.9

Table 114: I volunteer to help others in my community.

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Very much true	26.9	25.9	21.4	19.3
Pretty much true	34.6	28.6	32.1	25.4
A little true	23.1	31.4	33.9	35.7
Not at all true	15.4	14.1	12.5	19.7

Table 115: There is at least one teacher or other adult in my school that really cares about me.

	Grade 6		Grade 8	
	County %	State %	County %	State %
Very much true	51.9	45.9	42.9	36.1
Pretty much true	25.0	25.1	25.0	27.2
A little true	15.4	18.2	16.1	23.2
Not at all true	7.7	10.8	16.1	13.6

The figure On an average school night, how many hours of sleep do you get? cannot be produced for this report because it requires data from the 11th grades.

#### A.3.2 Mental Health Inventory

Table 116: Mental Health Inventory 5

	Grade 6		Grade 8	
	County %	State %	County %	State %
Below MHI-5 cutoff	94.1	91.1	87.3	85.8
At or above MHI-5 cutoff	5.9	8.9	12.7	14.2

Table 117: During the past 30 days, how much of the time have you been a happy person

	Grad	e 6	Grad	e 8
	County %	State %	County %	State %
All of the time	20.4	19.8	17.5	14.1
Most of the time	51.9	43.1	45.6	38.1
A good bit of the time	9.3	15.0	10.5	17.4
Some of the time	9.3	11.8	12.3	16.1
A little of the time	7.4	8.1	10.5	11.2
None of the time	1.9	2.2	3.5	3.1

Table 118: During the past 30 days, how much of the time have you been a very nervous person

	Grade 6		Grade 8	
	County %	State %	County %	State %
All of the time	1.9	7.0	5.3	8.5
Most of the time	3.8	10.4	3.5	13.0
A good bit of the time	11.5	11.0	12.3	14.0
Some of the time	34.6	20.1	29.8	21.3
A little of the time	28.8	34.9	28.1	30.2
None of the time	19.2	16.6	21.1	13.0

Table 119: During the past 30 days, how much of the time have you felt calm and peaceful

	Grade 6		Grade 8	
	County %	State %	County %	State %
All of the time	13.2	15.0	1.8	10.6
Most of the time	39.6	26.9	30.4	23.9
A good bit of the time	17.0	19.1	30.4	19.3
Some of the time	15.1	16.3	8.9	19.2
A little of the time	3.8	14.4	21.4	18.4
None of the time	11.3	8.3	7.1	8.7

Table 120: During the past 30 days, how much of the time have you felt downhearted and blue

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
All of the time	7.4	3.9	5.3	5.0
Most of the time	3.7	7.1	7.0	9.2
A good bit of the time	1.9	8.6	7.0	11.6
Some of the time	14.8	14.2	17.5	16.7
A little of the time	40.7	31.9	24.6	31.2
None of the time	31.5	34.2	38.6	26.4

Table 121: During the past 30 days, how much of the time have you felt so down in the dumps that nothing could cheer you up

	Grade 6		Grade 8	
	County %	State %	County %	State %
All of the time	9.3	3.4	7.1	4.2
Most of the time	3.7	5.0	3.6	6.3
A good bit of the time	3.7	5.6	7.1	7.6
Some of the time	9.3	8.5	1.8	9.8
A little of the time	14.8	19.7	23.2	21.0
None of the time	59.3	57.9	57.1	51.2

#### A.3.3 Depression and Suicidality

Table 122: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Grade 6		Grade 8		
	County	State	County	State	
	%	%	%	%	
Yes	22.2	22.8	26.3	29.2	
No	77.8	77.2	73.7	70.8	

Table 123: During the past 12 months, did you ever seriously consider attempting suicide?

	Grade 6		Grade 8	
	County State		County	State
	%	%	%	%
Yes	5.6	13.3	16.1	19.9
No	94.4	86.7	83.9	80.1

Table 124: During the past 12 months, how many times did you actually attempt suicide?

	Grade 6		Grade 8		
	County %	State %	County %	State %	
0 times	98.1	92.5	92.9	89.8	
1 time	0.0	4.3	3.6	5.3	
2 or 3 times	0.0	2.0	3.6	3.2	
4 or 5 times	1.9	0.5	0.0	0.8	
6 or more times	0.0	0.6	0.0	0.8	

#### A.3.4 Problem Gambling

Table 125: Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome. Please mark ALL the different types of betting that you have done, if any, during the last 30 days:

	Grad	e <b>6</b>	Grad	e 8	
	County %	State %	County %	State %	
I did not gamble during the last 30 days.	72.9	76.0	67.9	71.9	
Playing lottery tickets / Powerball / Megabucks.	0.0	3.2	1.9	3.9	
Playing dice or coin flips.	6.3	9.1	13.2	9.3	
Playing cards (poker, etc.).	10.4	6.9	11.3	9.3	
Betting on a sports team.	16.7	11.0	15.1	12.3	
Betting on games of personal skill (bowling, video games, dares, etc.).	8.3	14.4	18.9	16.1	
Gambling on the Internet for free or with money.	2.1	1.4	0.0	2.8	
Playing Bingo for money.	0.0	3.0	3.8	2.9	
Other.	10.4	9.5	15.1	9.6	

Table 126: During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money?

	Grade 6		Grad	e 8
	County %	State %	County %	State %
Yes	5.7	2.4	1.8	2.3
No	13.2	17.2	21.4	22.0
I don't bet for money.	81.1	80.4	76.8	75.6

Table 127: During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could?

	Grade 6		Grad	e 8
	County %	State %	County %	State %
Yes	5.7	2.9	5.4	1.8
No	11.3	15.5	16.1	21.3
I don't bet for money.	83.0	81.6	78.6	76.9

Table 128: Have you ever lied to anyone about betting/gambling?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Yes	5.7	3.3	1.8	4.4
No	94.3	96.7	98.2	95.6

Table 129: Have you ever bet/gambled more than you wanted to?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Yes	3.8	2.9	8.8	4.1
No	96.2	97.1	91.2	95.9

Table 130: Have your parents ever talked to you about the risks of betting/gambling?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Yes	60.4	50.7	52.6	48.6
No	39.6	49.3	47.4	51.4

Table 131: Have your teachers ever talked to you about the risks of betting/gambling?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Yes	56.6	18.5	40.4	21.9
No	43.4	81.5	59.6	78.1

#### A.3.5 Adverse Childhood Experiences

Table 132: Were your parents ever separated or divorced after you were born?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Yes	40.4	34.1	41.1	38.6
No	59.6	65.9	58.9	61.4

Table 133: Have you ever lived with someone who is/was a problem drinker or alcoholic?

	Grade 6		Grade 8	
	County		County	State
	%	%	%	%
Yes	28.8	22.6	29.1	30.3
No	71.2	77.4	70.9	69.7

Table 134: Have you ever lived with someone who uses/used street drugs?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Yes	7.7	10.9	18.2	19.2
No	92.3	89.1	81.8	80.8

Table 135: Have you ever lived with a household member who is/was depressed or mentally ill?

	Grade 6		Grade 8	
	County %	State %	County %	State %
Yes	23.1	21.6	33.9	32.9
No	76.9	78.4	66.1	67.1

Table 136: Have you ever felt that you did not have enough to eat?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Yes	23.1	19.8	21.8	18.1
No	76.9	80.2	78.2	81.9

Table 137: Have you ever felt that you had to wear dirty clothes?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Yes	19.2	10.9	14.5	12.3
No	80.8	89.1	85.5	87.7

Table 138: Have you ever felt that you had no one to protect you?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Yes	17.3	15.8	20.0	17.3
No	82.7	84.2	80.0	82.7

### A.4 Substance Use

### A.4.1 Tobacco Use

Table 139: During the past 30 days, on how many days did you smoke cigarettes?

	Grade 6		Grade 8	
	County %	State %	County %	State %
0 days	100.0	99.3	98.1	97.2
1 or 2 days	0.0	0.4	1.9	1.4
3 to 5 days	0.0	0.2	0.0	0.6
6 to 9 days	0.0	0.1	0.0	0.3
10 to 19 days	0.0	0.0	0.0	0.2
20 to 29 days	0.0	0.0	0.0	0.1
All 30 days	0.0	0.0	0.0	0.3

Table 140: During the past 30 days, on how many days did you use other tobacco products?

	Grad	Grade 6		Grade 8	
	County %	State %	County %	State %	
0 days	100.0	99.4	94.6	97.8	
1 or 2 days	0.0	0.4	3.6	1.0	
3 to 5 days	0.0	0.1	0.0	0.4	
6 to 9 days	0.0	0.1	1.8	0.2	
10 to 19 days	0.0	0.0	0.0	0.2	
20 to 29 days	0.0	0.0	0.0	0.1	
All 30 days	0.0	0.1	0.0	0.3	

The figure During the past 30 days, on how many days did you smoke tobacco in a "Hookah," also known as a water pipe? cannot be produced

for this report because it requires data from the 11th grades.

The figure During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? Please mark all that apply. cannot be produced for this report because it requires data from the 11th grades.

Table 141: Used any tobacco product during the past 30 days

	Grade 6		Grade 8	
	County State		County	State
	%	%	%	%
No Use	100.0	98.9	92.9	96.1
Use	0.0	1.1	7.1	3.9

Table 142: How old were you when you smoked a whole cigarette for the first time?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Never have	98.1	98.1	85.5	93.3
8 years old or younger	1.9	0.5	1.8	0.7
9 years old	0.0	0.3	1.8	0.6
10 years old	0.0	0.4	3.6	0.7
11 years old	0.0	0.5	0.0	0.7
12 years old	0.0	0.2	3.6	1.4
13 years old	0.0	0.0	3.6	2.0
14 years old	0.0	0.0	0.0	0.5
15 years old	0.0	0.0	0.0	0.1
16 years old	0.0	0.0	0.0	0.0
17 years old or older	0.0	0.0	0.0	0.0

Table 143: How old were you when you smoked a whole cigarette for the first time?

	Grade 6		Grade 8	
	County	State	County	
	%	%	%	%
Avg Age in Years	8.0	9.8	10.9	11.5

Table 144: How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?

	Grade 6		Grad	e 8
	County %	State %	County %	State %
Never have	100.0	98.3	85.7	94.3
8 years old or younger	0.0	0.3	3.6	0.7
9 years old	0.0	0.3	0.0	0.4
10 years old	0.0	0.3	1.8	0.5
11 years old	0.0	0.5	0.0	0.5
12 years old	0.0	0.3	0.0	1.2
13 years old	0.0	0.0	8.9	1.7
14 years old	0.0	0.0	0.0	0.6
15 years old	0.0	0.0	0.0	0.1
16 years old	0.0	0.0	0.0	0.0
17 years old or older	0.0	0.0	0.0	0.0

Table 145: How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?

	Grade 6		Grad	e 8
	County %	State %	County %	State %
Avg Age in Years	0.0	10.1	11.4	11.6

The figure How old were you when you first tried e-cigarettes, vape-pens, or e-hookahs?\* cannot be produced for this report because it requires data from the 11th grades.

### A.4.2 Alcohol Use

The figure During your life, on how many days have you had at least one drink of alcohol? cannot be produced for this report because it requires data from the 11th grades.

Table 146: During the past 30 days, on how many days did you have at least one drink of alcohol?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
0 days	100.0	95.5	87.5	84.6
1 or 2 days	0.0	3.7	7.1	10.7
3 to 5 days	0.0	0.5	3.6	2.5
6 to 9 days	0.0	0.2	1.8	1.1
10 to 19 days	0.0	0.1	0.0	0.6
20 to 29 days	0.0	0.0	0.0	0.2
All 30 days	0.0	0.1	0.0	0.3

Table 147: During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

	Grad	Grade 6		e 8
	County %	State %	County %	State %
0 days	100.0	99.0	94.6	94.4
1 or 2 days	0.0	0.6	3.6	3.5
3 to 5 days	0.0	0.1	1.8	0.9
6 to 9 days	0.0	0.1	0.0	0.5
10 to 19 days	0.0	0.0	0.0	0.3
20 to 29 days	0.0	0.0	0.0	0.1
All 30 days	0.0	0.1	0.0	0.2

Table 148: During the past 30 days, on how many days do you think most students in your school had at least one drink of alcohol? (your best estimate)

	Grade 6		Grade 8	
	County %	State %	County %	State %
0 days	63.0	65.9	46.4	43.3
1 or 2 days	31.5	24.0	33.9	28.9
3 to 5 days	3.7	5.9	12.5	13.8
6 to 9 days	0.0	2.0	7.1	6.8
10 to 19 days	1.9	1.2	0.0	3.9
20 to 29 days	0.0	0.3	0.0	1.2
All 30 days	0.0	0.7	0.0	2.0

Table 149: During the past 30 days, on how many days do you think most students in your school had 5 or more drinks of alcohol in a row, that is, within a couple of hours? (your best estimate)

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
0 days	77.8	85.9	67.9	65.0
1 or 2 days	16.7	9.6	26.8	20.5
3 to 5 days	3.7	2.3	1.8	7.1
6 to 9 days	1.9	1.1	3.6	3.6
10 to 19 days	0.0	0.5	0.0	1.9
20 to 29 days	0.0	0.2	0.0	0.8
All 30 days	0.0	0.3	0.0	1.2

The figure Think of your four best friends (the friends you feel closest to). In the past 12 months, how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey or gin)? cannot be produced for this report because it requires data from the 11th grades.

The figure During the past 30 days, what type of alcohol did you usually drink? Select only one response. cannot be produced for this report because it requires data from the 11th grades.

The figure During the past 30 days, from which of the following sources did you get the alcohol you drank? Please mark all that apply. cannot be produced for this report because it requires data from the 11th grades.

The figure In the last 12 months, which of the following have you experienced? Please mark all that apply. cannot be produced for this report because it requires data from the 11th grades.

Table 150: During the past 30 days, how many times did you ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

	Grade 6		Grade 8	
	County %	State %	County %	State %
0 times	92.6	89.2	87.5	87.2
1 time	7.4	6.3	5.4	6.9
2 or 3 times	0.0	2.5	5.4	3.5
4 or 5 times	0.0	0.6	0.0	1.0
6 or more times	0.0	1.3	1.8	1.4

The figure During the past 30 days, how many times did you ride in a vehicle driven by a teenager who had been drinking alcohol? cannot be produced for this report because it requires data from the 11th grades.

The figure During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol? cannot be produced for this report because it requires data from the 11th grades.

Table 151: During the past 30 days, how many times did most students in your school ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

	Grad	e 6	Grade 8	
	County	State	County	State
	%	%	%	%
0 times	67.3	75.6	66.1	66.3
1 time	25.0	12.9	12.5	16.6
2 or 3 times	7.7	7.9	16.1	12.0
4 or 5 times	0.0	1.6	1.8	2.6
6 or more times	0.0	2.0	3.6	2.5

The figure During the past 30 days, how many times did most students in your school ride in a vehicle driven by a teenager who had been drinking alcohol? cannot be produced for this report because it requires data from the 11th grades.

The figure During the past 30 days, how many times did most students in your school drive a car or other vehicle when they had been drinking alcohol? cannot be produced for this report because it requires data from the 11th grades.

Table 152: How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Never have	84.9	77.1	55.4	60.1
8 years old or younger	5.7	8.9	14.3	9.0
9 years old	0.0	3.4	1.8	3.9
10 years old	5.7	4.6	1.8	4.6
11 years old	3.8	4.3	8.9	4.0
12 years old	0.0	1.6	3.6	7.0
13 years old	0.0	0.0	12.5	8.7
14 years old	0.0	0.0	1.8	2.8
15 years old	0.0	0.0	0.0	0.1
16 years old	0.0	0.0	0.0	0.0
17 years old or older	0.0	0.0	0.0	0.0

Table 153: How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Avg Age in Years	9.5	9.4	10.7	10.8

Table 154: How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?

	Grade 6		Grade 8	
	County %	State %	County %	State %
Never have	100.0	97.8	92.9	91.6
8 years old or younger	0.0	0.5	0.0	0.6
9 years old	0.0	0.2	0.0	0.3
10 years old	0.0	0.5	0.0	0.6
11 years old	0.0	0.5	1.8	0.6
12 years old	0.0	0.4	1.8	1.4
13 years old	0.0	0.0	1.8	3.5
14 years old	0.0	0.0	1.8	1.3
15 years old	0.0	0.0	0.0	0.1
16 years old	0.0	0.0	0.0	0.0
17 years old or older	0.0	0.0	0.0	0.0

Table 155: How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Avg Age in Years	0.0	10.1	12.5	12.2

### A.4.3 Marijuana Use

Table 156: During the past 30 days, how many times did you use marijuana?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
0 times	100.0	98.4	94.6	91.7
1 or 2 times	0.0	0.9	3.6	3.6
3 to 9 times	0.0	0.3	1.8	2.0
10 to 19 times	0.0	0.1	0.0	1.1
20 to 39 times	0.0	0.1	0.0	0.5
40 or more times	0.0	0.1	0.0	1.1

The figure During the past 30 days, from which of the following sources did you get marijuana? Please mark all that apply. cannot be produced for this report because it requires data from the 11th grades.

Table 157: How old were you when you tried marijuana for the first time?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Never have	100.0	97.0	91.1	86.0
8 years old or younger	0.0	0.4	0.0	0.7
9 years old	0.0	0.3	0.0	0.5
10 years old	0.0	0.6	1.8	1.1
11 years old	0.0	1.0	3.6	1.5
12 years old	0.0	0.6	0.0	3.3
13 years old	0.0	0.0	1.8	5.2
14 years old	0.0	0.0	1.8	1.5
15 years old	0.0	0.0	0.0	0.1
16 years old	0.0	0.0	0.0	0.0
17 years old or older	0.0	0.0	0.0	0.0

Table 158: How old were you when you tried marijuana for the first time?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Avg Age in Years	0.0	10.4	11.8	12.0

Table 159: How old were you when you first tried synthetic marijuana (also called K2, Spice, etc.) for the first time?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Never have	100.0	99.0	92.9	95.7
8 years old or younger	0.0	0.2	0.0	0.3
9 years old	0.0	0.1	0.0	0.2
10 years old	0.0	0.2	0.0	0.3
11 years old	0.0	0.3	3.6	0.5
12 years old	0.0	0.2	0.0	0.7
13 years old	0.0	0.0	0.0	1.6
14 years old	0.0	0.0	1.8	0.5
15 years old	0.0	0.0	1.8	0.1
16 years old	0.0	0.0	0.0	0.0
17 years old or older	0.0	0.0	0.0	0.0

Table 160: How old were you when you first tried synthetic marijuana (also called K2, Spice, etc.) for the first time?

	Grade 6		Grade 8	
	County %	State %	County %	State %
Avg Age in Years	0.0	10.3	12.8	11.9

### A.4.4 Other Drug Use

Table 161: During the past 30 days, on how many days did you sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
0 days	92.5	95.0	92.9	95.2
1 or 2 days	5.7	3.8	3.6	3.1
3 to 5 days	1.9	0.7	0.0	0.8
6 to 9 days	0.0	0.2	0.0	0.3
10 to 19 days	0.0	0.1	0.0	0.2
20 to 29 days	0.0	0.0	0.0	0.1
All 30 days	0.0	0.2	3.6	0.3

Table 162: During the past 30 days, on how many days did you use synthetic marijuana, example: K2, Spice, etc.?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
0 days	98.1	99.3	98.2	97.2
1 or 2 days	1.9	0.4	0.0	1.3
3 to 5 days	0.0	0.2	0.0	0.5
6 to 9 days	0.0	0.1	0.0	0.4
10 to 19 days	0.0	0.1	0.0	0.2
20 to 29 days	0.0	0.0	0.0	0.1
All 30 days	0.0	0.1	1.8	0.4

Table 163: During the past 30 days, on how many days did you use a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's orders?

	Grad	Grade 6		e 8
	County %	State %	County %	State %
0 days	98.1	98.8	98.2	96.2
1 or 2 days	0.0	0.6	0.0	1.9
3 to 5 days	0.0	0.2	0.0	8.0
6 to 9 days	1.9	0.1	0.0	0.4
10 to 19 days	0.0	0.1	0.0	0.3
20 to 29 days	0.0	0.0	0.0	0.2
All 30 days	0.0	0.2	1.8	0.3

Table 164: Which of the following illicit drugs did you use during the past 30 days?

Please mark all that apply.

	Grad	e 6	Grad	e 8
	County %	State %	County %	State %
I did not use illicit drugs during the past 30 days	100.0	98.4	94.1	92.1
Marijuana	0.0	1.5	5.9	7.9
Any form of cocaine including powder, crack or freebase	0.0	0.2	0.0	0.4
Ecstasy (also called MDMA)	0.0	0.1	2.0	0.4
Heroin or other opiates or narcotics	0.0	0.1	0.0	0.2
LSD or other hallucinogens or psychedelics	0.0	0.1	0.0	0.6
Methamphetamines (also called speed, crystal, crank or ice)	0.0	0.1	0.0	0.3
Steroid pills or shots without a doctor's prescription	0.0	0.3	0.0	0.5

Table 165: Any illicit drug use including marijuana, synthetic marijuana, cocaine, ecstasy, heroin, hallucinogens or methamphetamines

	Grad	Grade 6		Grade 8	
	County	State	County	State	
	%	%	%	%	
No Use	98.1	98.2	92.9	91.8	
Use	1.9	1.8	7.1	8.2	

Table 166: Any illicit drug use including cocaine, ecstasy, heroin, hallucinogens or methamphetamines

	Grade 6		Grade 8	
	County %	State %	County %	State %
No Use	100.0	99.6	98.0	98.7
Use	0.0	0.4	2.0	1.3

### A.4.5 Lifetime Drug Use

The figure During your life, how many times have you Used marijuana? cannot be produced for this report because it requires data from the 11th grades.

The figure During your life, how many times have you Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high? cannot be produced for this report because it requires data from the 11th grades.

The figure During your life, how many times have you Taken steroid pills or shots without a doctor's prescription? cannot be produced for this report because it requires data from the 11th grades.

The figure During your life, how many times have you Taken a prescription drug not prescribed to you? cannot be produced for this report because it requires data from the 11th grades.

The figure During your life, how many times have you Used any form of cocaine, including powder, crack or freebase? cannot be produced for this report because it requires data from the 11th grades.

The figure During your life, how many times have you Used ecstasy (also called MDMA)? cannot be produced for this report because it requires data from the 11th grades.

The figure During your life, how many times have you Used heroin (also called smack, junk, or China White)? cannot be produced for this report because it requires data from the 11th grades.

The figure During your life, how many times have you Used methamphetamines (also called speed, crystal, crank or ice)? cannot be produced for this report because it requires data from the 11th grades.

The figure During your life, how many times have you used a needle to inject any illegal drug into your body? cannot be produced for this report because it requires data from the 11th grades.

The figure Lifetime drug use (includes marijuana, inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines) cannot be produced for this report because it requires data from the 11th grades.

The figure Lifetime drug use other than marijuana (includes inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines) cannot be produced for this report because it requires data from the 11th grades.

### A.4.6 Availability of Alcohol, Tobacco and Drugs

Table 167: If you wanted to get some, how easy would it be for you to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Very hard	75.0	69.0	48.2	40.6
Somewhat hard	9.6	13.5	16.1	19.4
Sort of easy	5.8	10.4	17.9	22.1
Very easy	9.6	7.1	17.9	17.9

Table 168: If you wanted to get some, how easy would it be for you to get some cigarettes?

	Grade 6		Grade 8	
	County %	State %	County %	State %
Very hard	88.5	78.3	62.5	56.8
Somewhat hard	3.8	9.7	21.4	17.9
Sort of easy	1.9	6.4	3.6	13.2
Very easy	5.8	5.7	12.5	12.0

Table 169: If you wanted to get some, how easy would it be for you to get some marijuana?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Very hard	94.2	83.4	67.3	54.1
Somewhat hard	0.0	7.1	9.1	13.5
Sort of easy	1.9	4.8	12.7	14.4
Very easy	3.8	4.7	10.9	17.9

Table 170: If you wanted to get some, how easy would it be for you to get some synthetic marijuana, example: K2, Spice, etc.?

	Grade 6		Grade 8	
	County %	State %	County %	State %
Very hard	96.2	90.3	78.6	69.9
Somewhat hard	0.0	5.2	10.7	14.2
Sort of easy	3.8	2.3	7.1	8.4
Very easy	0.0	2.2	3.6	7.4

Table 171: If you wanted to get some, how easy would it be for you to get a drug like cocaine, LSD, or amphetamines?

	Grade 6		Grade 8	
	County %	State %	County %	State %
Very hard	98.1	93.4	85.7	82.3
Somewhat hard	0.0	3.7	5.4	10.0
Sort of easy	1.9	1.5	5.4	4.1
Very easy	0.0	1.5	3.6	3.5

Table 172: If you wanted to get some, how easy would it be for you to get prescription drugs not prescribed to you?

	Grade 6		Grade 8	
	County %	State %	County %	State o/
	70	70	70	%
Very hard	90.4	77.7	60.7	56.4
Somewhat hard	1.9	10.1	5.4	16.0
Sort of easy	1.9	6.0	17.9	13.5
Very easy	5.8	6.2	16.1	14.1

The figure If you wanted to get some, how easy would it be for you to get some e-cigarettes, vape-pens, or e-hookahs? cannot be produced for this report because it requires data from the 11th grades.

### A.4.7 Perceived Risk of Harm from Substance Use

Table 173: How much do you think people risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
No risk	22.2	19.2	12.7	16.6
Slight risk	33.3	33.6	45.5	33.9
Moderate risk	20.4	26.5	20.0	30.2
Great risk	24.1	20.7	21.8	19.3

Table 174: How much do you think people risk harming themselves (physically or in other ways) when they have five or more drinks of an alcoholic beverage once or twice a week?

	Grade 6		Grade 8	
	County %	State %	County %	State %
No risk	22.2	15.5	9.1	11.4
Slight risk	22.2	20.8	21.8	20.3
Moderate risk	27.8	34.9	40.0	37.7
Great risk	27.8	28.7	29.1	30.6

Table 175: How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

	Grade 6		Grade 8	
	County %	State %	County %	State %
No risk	22.2	15.0	7.3	11.7
Slight risk	9.3	9.8	12.7	11.1
Moderate risk	13.0	17.8	21.8	19.2
Great risk	55.6	57.5	58.2	57.9

Table 176: How much do you think people risk harming themselves (physically or in other ways) if they try marijuana once or twice?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
No risk	25.9	23.7	20.4	32.3
Slight risk	24.1	33.9	37.0	37.8
Moderate risk	22.2	23.2	16.7	17.6
Great risk	27.8	19.3	25.9	12.4

Table 177: How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana once or twice a week?

	Grade 6		Grade 8		
	County %	State %	County %	State %	
No risk	25.9	19.0	14.5	21.4	
Slight risk	7.4	20.3	18.2	26.3	
Moderate risk	25.9	30.0	29.1	29.9	
Great risk	40.7	30.6	38.2	22.3	

Table 178: How much do you think people risk harming themselves (physically or in other ways) if they use prescription drugs not prescribed to them?

	Grade 6		Grade 8	
	County %	State %	County %	State %
No risk	20.4	13.3	7.3	9.3
Slight risk	5.6	8.1	14.5	9.0
Moderate risk	18.5	21.2	23.6	25.0
Great risk	55.6	57.4	54.5	56.7

Table 179: How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?

	Grade 6		Grade 8	
	County %	State %	County %	State %
Neither approve or disapprove	13.2	13.0	25.0	18.8
Somewhat disapprove	9.4	7.6	5.4	16.7
Strongly disapprove	62.3	71.2	55.4	56.6
Don't know or can't say	15.1	8.2	14.3	8.0

Table 180: How do you feel about someone your age smoking one or more packs of cigarettes a day?

	Grade 6		Grade 8	
	County %	State %	County %	State %
Neither approve or disapprove	14.8	10.9	11.3	11.6
Somewhat disapprove	3.7	3.4	7.5	7.6
Strongly disapprove	68.5	79.0	67.9	74.3
Don't know or can't say	13.0	6.6	13.2	6.5

Table 181: How do you feel about someone your age trying marijuana or hashish once or twice?

	Grade 6		Grade 8	
	County %	State %	County %	State %
Neither approve or disapprove	16.7	13.2	19.6	25.0
Somewhat disapprove	3.7	9.8	16.1	19.3
Strongly disapprove	64.8	69.3	55.4	48.1
Don't know or can't say	14.8	7.7	8.9	7.7

Table 182: How do you feel about someone your age using prescription drugs not prescribed to them?

	Grad	e 6	Grade 8	
	County %	State %	County %	State %
Neither approve or disapprove	16.7	11.1	14.3	12.0
Somewhat disapprove	5.6	5.9	10.7	10.4
Strongly disapprove	64.8	75.2	60.7	69.8
Don't know or can't say	13.0	7.7	14.3	7.9

The figure How do you feel about someone your age use synthetic marijuana, example: K2, Spice? cannot be produced for this report because it requires data from the 11th grades.

The figure How do you feel about someone your age smoke e-cigarettes, vape-pens, or e-hookahs? cannot be produced for this report because it requires data from the 11th grades.

### A.4.8 Communication about Substance Use

Table 183: During the past 12 months, do you recall hearing, reading, or watching an advertisement about prevention of substance abuse?

	Grade 6		Grade 8	
	County %	State %	County %	State %
Yes	33.3	38.1	57.1	59.0
No	31.5	35.3	12.5	22.3
Don't know or can't say	35.2	26.6	30.4	18.7

Table 184: During the past 12 months, have you had a special class about drugs or alcohol in school?

	Grad	Grade 6		e 8
	County %	State %	County %	State %
Yes	50.0	31.4	69.6	51.2
No	40.7	58.6	25.0	38.4
Don't know or can't say	9.3	10.0	5.4	10.4

Table 185: During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Yes	64.8	63.2	73.2	67.7
No	22.2	27.8	16.1	23.8
Don't know or can't	13.0	9.0	10.7	8.5
say				

The figure Would you be more or less likely to want to work for an employer that tests its employees for drug or alcohol use on a random basis? cannot be produced for this report because it requires data from the 11th grades.

### A.5 Parenting and Parental Attitudes

### A.5.1 Family Management

Table 186: My parents ask if I've gotten my homework done.

	Grade 6		Grade 8	
	County %	State %	County %	State %
Very much true	67.3	68.9	55.4	55.2
Pretty much true	17.3	17.3	28.6	22.3
A little true	9.6	8.0	10.7	13.4
Not at all true	5.8	5.8	5.4	9.2

Table 187: My parents would catch me if I skipped school.

	Grade 6		Grade 8	
	County %	State %	County %	State %
	/0	/0	/0	/0
Very much true	88.5	79.0	73.2	67.0
Pretty much true	7.7	10.8	8.9	16.6
A little true	0.0	5.0	8.9	9.4
Not at all true	3.8	5.3	8.9	7.1

Table 188: When I am not at home, one of my parents knows where I am and whom I am with.

	Grad	Grade 6		e 8
	County %	State %	County %	State %
\/				
Very much true	67.3	74.0	69.6	64.7
Pretty much true	19.2	15.2	23.2	21.4
A little true	9.6	5.9	1.8	9.1
Not at all true	3.8	4.9	5.4	4.8

Table 189: My family has clear rules about alcohol and drug use.

	Grade 6		Grade 8		
	County	State	County	State	
	%	%	%	%	
Very much true	76.9	81.7	78.6	71.1	
Pretty much true	13.5	9.9	8.9	15.5	
A little true	3.8	4.5	8.9	8.5	
Not at all true	5.8	3.9	3.6	4.8	

The figure How would most students in your school respond to this statement: "My family has clear rules about alcohol and drug use." cannot be produced for this report because it requires data from the 11th grades.

### A.5.2 Parental Attitudes towards Substance Use

Table 190: How wrong do you think your parents feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?

	Grad	Grade 6		e 8
	County	State	County	State
	%	%	%	%
Very wrong	83.3	89.5	80.4	84.5
Wrong	9.3	6.4	12.5	9.7
A little bit wrong	3.7	2.0	0.0	3.5
Not wrong at all	3.7	2.1	7.1	2.3

Table 191: How wrong do you think your parents feel it would be for you to smoke cigarettes?

	Grad	e <b>6</b>	Grade 8	
	County %	State %	County %	State %
Very wrong	87.0	92.6	85.7	89.9
Wrong	5.6	4.8	8.9	7.0
A little bit wrong	5.6	0.8	3.6	1.4
Not wrong at all	1.9	1.8	1.8	1.7

Table 192: How wrong do you think your parents feel it would be for you to smoke marijuana?

	Grad	Grade 6		e 8
	County	State	County	State
	%	%	%	%
Very wrong	87.0	91.9	83.9	84.2
Wrong	7.4	4.9	8.9	8.6
A little bit wrong	1.9	1.2	3.6	4.2
Not wrong at all	3.7	2.0	3.6	3.0

Table 193: How wrong do you think your parents feel it would be for you to use prescription drugs not prescribed to you?

	Grad	Grade 6		e 8
	County %	State %	County %	State %
Very wrong	90.6	92.7	85.7	90.1
Wrong	3.8	4.7	8.9	6.4
A little bit wrong	3.8	0.9	3.6	1.6
Not wrong at all	1.9	1.8	1.8	1.9

The figure How wrong do you think your parents feel it would be for you to use synthetic marijuana, example: K2, Spice? cannot be produced for this report because it requires data from the 11th grades.

The figure How wrong do you think your parents feel it would be for you to smoke e-cigarettes, vape-pens, or e-hookahs? cannot be produced for this report because it requires data from the 11th grades.

### A.6 Influence of Friendships

### A.6.1 Friends' Attitudes towards Substance Use

Table 194: How wrong do you think your friends feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?

	Grade 6		Grade 8	
	County	State	County	State
	%	%	%	%
Very wrong	67.9	71.5	46.4	51.2
Wrong	18.9	18.9	28.6	26.4
A little bit wrong	9.4	5.8	16.1	14.6
Not wrong at all	3.8	3.9	8.9	7.8

Table 195: How wrong do you think your friends feel it would be for you to smoke tobacco?

	Grade 6		Grade 8	
	County %	State %	County %	State %
Very wrong	76.9	77.2	58.9	59.7
Wrong	13.5	16.4	23.2	25.6
A little bit wrong	7.7	3.2	8.9	8.9
Not wrong at all	1.9	3.3	8.9	5.9

Table 196: How wrong do you think your friends feel it would be for you to smoke marijuana?

	Grade 6		Grade 8	
	County %	State %	County %	State %
Very wrong	75.5	77.1	58.9	52.4
Wrong	15.1	14.2	21.4	20.3
A little bit wrong	7.5	4.4	7.1	13.9
Not wrong at all	1.9	4.3	12.5	13.4

Table 197: How wrong do you think your friends feel it would be for you to use prescription drugs not prescribed to you?

	Grade 6		Grade 8	
	County %	State %	County %	State %
Very wrong	79.2	78.4	66.1	66.2
Wrong	13.2	15.2	21.4	21.4
A little bit wrong	7.5	3.1	3.6	7.4
Not wrong at all	0.0	3.2	8.9	5.1

The figure How wrong do you think your friends feel it would be for you to use synthetic marijuana, example: K2, Spice? cannot be produced for this report because it requires data from the 11th grades.

The figure How wrong do you think your friends feel it would be for you to smoke e-cigarettes, vape-pens, or e-hookahs? cannot be produced for this report because it requires data from the 11th grades.

### A.7 Height and Weight

### A.7.1 Body Mass Index and Weight

Table 198: Body Mass Index Percentile Ranking

	Grade 6		Grade 8	
	County %	State %	County %	State %
Underweight	7.9	7.4	10.0	4.1
Healthy Weight	68.4	60.8	80.0	64.1
Overweight	18.4	17.5	5.0	16.8
Obese	5.3	14.3	5.0	15.0

The figure **How do you describe your weight?** cannot be produced for this report because it requires data from the 11th grades.

The figure Which of the following are you trying to do about your weight? cannot be produced for this report because it requires data from the 11th grades.

The figure During the past 30 days, did you Go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? cannot be produced for this report because it requires data from the 11th grades.

The figure During the past 30 days, did you Take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.) cannot be produced for this report because it requires data from the 11th grades.

The figure During the past 30 days, did you Vomit or take laxatives to lose weight or to keep from gaining weight? cannot be produced for this report because it requires data from the 11th grades.

# Oregon Student Wellness Survey for Grade 6-8



- 2. This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.
- All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.
- Please mark only ONE oval unless the question specifically asks you to "Please mark all that apply." Completely fill in the oval using a #2 pencil.

1. How old are you?	6. Are you Hispa	6. Are you Hispanic or Latino/Latina?
<ul> <li>10 years old</li> <li>11 years old</li> <li>12 years old</li> <li>15 years old</li> <li>15 years old</li> </ul>	O Yes	
2. How do you identify?	7. What is the lar	7. What is the language you use <u>most</u> often at home?
○ Female ○ Transgender ○ Male ○ Something else fits better	<ul><li>○ English</li><li>○ Russian</li></ul>	
3. In what grade are you?	O Spanish O Vietnamese	
○6th ○9th ○7th ○Ungraded or other grade	OA tribal language OAnother language	uage guage
Osth		
4. what is your race? (Please mark all that apply)	8. Are you enroll	8. Are you enrolled in any or the tollowing tribes?
O Alaska Native	OBurns Painte Tribe	e Tribe
OAsian Indian	Coquille Indian Tribe	lan Tribe
OChinese	○ Cow Creek	○ Cow Creek Band of Umpqua Tribe of Indians
○ Japanese	O Confederated I	Confederated Tribes of Grand Ronde Klamath Tribes
○ Korean ○ Vietnamese	Confederate	Onfederated Tribes of the Umatilla Indian Reservation
O Filipino	○ Confederate	Oconfederated Tribes of the Coos, Lower Umpqua,
O Native Hawaiian	and Siuslaw Indians	/ Indians
Other Pacific Islander	Confederate	Confederated Tribes of Siletz Indians
O Black or African American	O Confederate	Contederated Tribes of Warm Springs
Orthor (Specify)		
<ol><li>If you selected more than one race, what one race best describes you?</li></ol>	9. Would you say than mental health is	<ol><li>Would you say that in general your emotional and mental health is</li></ol>
O American Indian/Native American	Opoor	○ good ○ excellent
O Alaska Native	○fair	Overy good
O Asian Indian		
OChinese	10. Would you sa	10. Would you say that in general your physical
(Japanese	health is	
Ovietnamese	Opoor	Ogood Oexcellent
OFilipino	Ofair	Overy good
O Native Hawaiian		
Other Pacific Islander		
OBlack or African American		
○ White		
Oother		
DI EASE DO NOT WRITE IN THIS ABEA		[SEBIAL]
	1	

Harassment can include threatening, bullying, name-calling or obscenities, offensive notes or graffiti, unwanted touching, and being pushed around or hit.

0 010 01  $\cap$ 0 Add thes 0  $\cap$ വവ 0 00 00 Olimes 42. through email, social media sites (Facebook, Twitter, YouTube, etc.), chat rooms, instant 39. because of how you look (weight, clothes, messaging, web sites, texting, or phone? 40. because you received unwanted sexual acne, or other physical characteristics). 37. because someone said you were gay, at school, on a school bus, or going to 36. because of your race or ethnic origin. many times have you been harassed lesbian, bisexual, or transgender 38. because of who your friends are. comments or attention. In the last 30 days, how 41. for other reasons. and from school...

Every day 0 0 O Once or twice per week Once or twice per month 0 0  $\cap$ Once or twice per year Never mean things, teasing, or calling other students 44. heard another student bully others by saying kicking, punching, or otherwise hurting them 45. heard another student spread mean rumors or leave other students out of activities to be seen another student bully others by hitting, names in your school or on the school bus? mean in your school or on the school bus? in school or on the school bus? How often have you... 43.

0000 0 All of the time 0 010 Most of the time Ō 00000 A good bit of the time Some of the time A little of the time Ō 0000 00 None of the time 50. felt so down in the dumps that nothing 47. been a very nervous person? 49. felt downhearted and blue? 48. felt calm and peaceful? 46. been a happy person? During the past 30 days, how much of the time could cheer you up? have you...

51. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

O Yes % 0 PLEASE DO NOT WRITE IN THIS AREA

52. During the past 12 months, did you ever seriously consider attempting suicide?

OYes % 0

53. During the past 12 months, how many times did you actually attempt suicide?

6 or more times O2 or 3 times O times O1 time

watch, soda, etc.) on a game or event with an uncertain a Gambling involves betting anything of value (money, outcome.

have done, if any, during the last 30 days: (Please mark 54. Please mark ALL the different types of betting that you all that apply)

○ Playing lottery tickets/Powerball/Megabucks I did not gamble during the last 30 days OPlaying cards (poker, etc.) OPlaying dice or coin flips

Betting on a sports team

Betting on games of personal skill (bowling, video Gambling on the Internet for free or with money games, dares, etc.)

OPlaying Bingo for money

55. During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money?

OYes

ONO

I don't bet for money

56. During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you conId?

OYes

I don't bet for money

57. Have you ever lied to anyone about betting/gambling?

59. Have your parents ever talked to you about the 58. Have you ever bet/gambled more than you wanted to?

Have your teachers ever talked to you about the risks of betting/gambling? 90

risks of betting/gambling?

173603 [SERIAL] 

The next questions ask about drinking alcohol. This includes drinking beer, wine/wine coolers, flavored beverages such as Mike's Hard Lemonade and liquor "shots" such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

61. have at least one drink of alcohol? 62. have 5 or more drinks of alcohol in a row, that is, within a couple of hours?  During the past 30 days, on how many days do you think most students in your school	0 0 0
62. have 5 or more drinks of alcohol in a row, that is, within a couple of hours? OOOOO During the past 30 days, on how many days do you think most students in your school	0 0 0 0
During the past 30 days, on how many days do you think most students in your school	
	our
63. had at least one drink of alcohol?	
(your best estimate)	0 0 0 0
64. had 5 or more drinks of alcohol in a	
row, that is, within a couple of hours? (your best estimate)	

			/6	0				0
		, id	100	O				0
	6	e/	63	$\overline{0}$				0
/6			69	O				0
60	W.	3%	We	Ō				Ō
/	20	//	(65)					
/	//	9,11						
	65. During the past 30 days, how many	times did <u>you</u> ride in a vehicle driven	by a parent or other adult who had	been drinking alcohol?	66. During the past 30 days, how many times	did most students in your school ride in a	vehicle driven by a parent or other	adult who had been drinking alcohol?

120 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	00000	0 0 0 0 0
During the past 30 days, on how many days did you	67. smoke cigarettes?	68. use other tobacco products such as snuf, dip or chewing tobacco (Redman. Copenhagen, Marlboro Snus etc)?

68. use other tobacco products such as snuf, dip or chewing tobacco (Redman, Copenhagen, Marlboro Snus etc)?

69. During the past 30 days, how many times did you use marijuana?

0 times

1 or 2 times

3 to 9 times

1 you wanted to get some, how easy would it be for you to...

If you wanted to get some, how any seasy would it be for you to	18	∞
at hate	o hard	ര
7.0. get some beer, wine, or nard indud (for example, vodka, whiskey, or gin)?	0000	
71. get some cigarettes?	0 0 0	
72. get some marijuana?	0 0 0	
73. get some synthetic marijuana, example: K2,		
Spice etc.?	0 0 0	
74. get a drug like cocaine, LSD, or amphetamines?	0 0 0	
75. get prescription drugs not prescribed to you?	0 0 0	

						0 0 0 0 0 0 0		0 0 0 0 0 0 0						000000000000000000000000000000000000000		0 0 0 0 0 0 0			000000000000000000000000000000000000000
were you	wine, or hard liquor (for	example, vodka, whiskey,	or gin) for the first time?	drinking alcoholic beverages	regularly, that is at least	once or twice a month?	78. when you smoked a whole	cigarette for the first time?	79. the first time you used	tobacco products other than	cigarettes such as snuff,	chewing tobacco, and	smoking tobacco from a	bibe?	80. when you tried marijuana	for the first time?	81. when you tried synthetic	marijuana (also called K2,	Spice, etc.) for the first time?

		ay? 0000		0 0 0	S	0 0 0	0 0 0	<b>K</b> ? 0000		0 0 0	
How much do you think people risk harming themselves (physically or in other ways)	82. if they have one or two drinks of an alcoholic	beverage (beer, wine, liquor) nearly every day?	83. when they have five or more drinks of an	alcoholic beverage once or twice a week?	84. if they smoke one or more packs of cigarettes	per day?	85. if they try marijuana once or twice?	86. if they smoke marijuana once or twice a week?	87. if they use prescription drugs that are not	prescribed to them?	

1000 000 000 000 000 000 000 000 000 00	10 00 00 00 00 00 00 00 00 00 00 00 00 0		0 0 0 0		0 0 0 0 0				00000
During the past 30 days, on how many days did you	88. sniff glue, breathe the contents of	aerosol spray cans, or inhale any	paints or sprays to get high?	89. use synthetic marijuana, example: K2,	Spice etc?	90. use a prescription drug (such as	OxyContin, Percocet, Vicodin,	codeine, Adderall, Ritalin, or Xanax)	without a doctor's orders?

## 91. Which of the following illicit drugs did you use during the past 30 days? (Please mark all that apply.)

- Marijuana
   Any form of cocaine including powder, crack or freebase
   Ecstasy (also called MDMA)
   Heroin or other opiates or narcotics I did not use illicit drugs during the past 30 days
  - Methamphetamines (also called speed, crystal, CLSD or other hallucinogens or psychedelics
- crank or ice)

  Steroid pills or shots without a doctor's prescription

≥					0		0					0
it se	ş				0		0					0
폃	-	Yes			0		<u> </u>					0
During the most 10 months	During the past 12 months	JA Company of the Com	92. do you recall hearing, reading, or watching an	advertisement about prevention of substance	abuse?	93. have you had a special class about drugs or	alcohol in school?	94. have you talked with at least one of your parents	about the dangers of tobacco, alcohol, or drug use?	By parents we mean your biological parents,	adoptive parents, stepparents, or adult guardians,	whether or not they live with you.

How do you feel about	Don't know/Can't say	ÿ ×	an	sa	>
someone your age	Strongly Disapprove	арр	5	ø	
	Somewhat Disapprove	Š	ø		
Neith	Neither Approve nor Disapprove	e,			
95. having one or two drinks of	<del>-</del>				
an alcoholic beverage nearly every day?	ırly every day?	0	0	0	0
96. smoking one or more packs of cigarettes a day?	s of cigarettes a day?	0	0	0	10
97. trying marijuana or hashish once or twice?	h once or twice?	0	0	0	10
98. using prescription drugs not prescribed to them?	ot prescribed to them?	0	O	0	10

	Very wrong	۷Ľ	g,
feel it would be for you to	۷ĸ	Wrong	
A little bit wrong	rong		
Not wrong at all	=		
have one or two drinks of			
an alcoholic beverage nearly every day?	0	$\frac{0}{0}$	<u>0</u>
100. smoke tobacco?	0	10	Ŏ
101. use marijuana?	0	10	Ŏ
102. use prescription drugs not prescribed to you?	0	10	Ō

How wrong do you think your	Ver	Very wrong	lo l	D	_
parents feel it would be for	>	Wrong	g		
you to A little bit wrong	Š	βL			
Not wrong at all	= -				
103. have one or two drinks of an alcoholic beverage					
nearly everyday?	0	0	0	0	
104. smoke cigarettes?	0	0	0	10	
105. smoke marijuana?	0	0	0	10	
106. use prescription drugs not prescribed to you?	0	0	0	0	

14 15 10°	<u>7</u>	ň	ñ		ñ		ñ	ñ		ñ		ň	
How true are the following statements?	107. I can do most things if I try.	108. I can work out my problems.	109. I volunteer to help others in my community.	110. There is at least one teacher or other adult in	my school that really cares about me.	111. My parents ask if I've gotten my homework	done.	112. My parents would catch me if I skipped school.	113. When I am not at home, one of my parents	knows where I am and whom I am with.	114. My family has clear rules about alcohol and	drug use.	

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### The next questions ask about certain experiences you may have or had in your life, which might have made you feel uncomfortable or sad in your surroundings. 46.

	5	ζ.	,
115. Were your parents ever separated or			
divorced after you were born?	0	0	_
116. Have you ever lived with a household member			_
who is/was depressed or mentally ill?	0	0	_
Have you ever lived with someone who:			
117. is/was a problem drinker or alcoholic?	0	0	_
118. uses/used street drugs?	0	0	_
Have you ever felt that:			
119. you did not have enough to eat?	0	0	_
120. you had to wear dirty clothes?	0	0	_
121. you had no one to protect you?	0	0	_
	ļ	l	1

### 122. How tall are you without your shoes on?

**Directions:** Write your height in the shaded blank boxes. Fill in the matching circle below each number on the answer sheet.

	щ			_	_							
	Inches	0	<b>a</b>	Θ	(2)	(19)	(A) (c)	9 9	P	(6)	6	
Height	2	_					B)	) [2]				
Heić								The same				
_	Feet	4	0		6	9	0	7	W			
	ഥ											

ght	Inches	0	Θ	0	0	9	6	9	0	<u>@</u>	6	<b>(</b>
Ŧ	Feet	6	9	6	9	0						

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# Oregon Student Wellness Survey for Grade 11



- 1. The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.
- 2. This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.
- 3. All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.
- 4. Please mark only ONE oval unless the question specifically asks you to "Please mark all that apply." Completely fill in the oval using a #2 pencil.

6. If you selected more than one race, what one race best describes vou?	O American Indian/Native American	O Alaska Native	O Asian Indian Chinese	OJapanese	OKorean	○ Vietnamese	O Filipino	O Native Hawaiian	Other Pacific Islander	OBlack or African American	Owhite	○ Other	7. Are you Hispanic or Latino/Latina?	;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;	ONO	8. What is the language you use <u>most</u> often at home?	OEnglish	ORussian	Spanish	○ Vietnamese	OA tribal language	O Another language		9 Are you enrolled in any of the following tribes?		Ol am not enrolled in a tribe	O Burns Paiute Tribe	Ocquille Indian Tribe	○ Cow Creek Band of Umpqua Tribe of Indians	Confederated Tribes of Grand Ronde	○Klamath Tribes	Oconfederated Tribes of the Umatilla Indian Reservation	<ul> <li>Confederated Tribes of the Coos, Lower Umpqua,</li> </ul>	and Siuslaw Indians	Confederated Tribes of Siletz Indians	Confederated Tribes of Warm Springs	Other	
ć,		○16 years old ○19 years old or older	:	2. How do you identity?	○ Female	O Male Something else fits better		3 Which of the following heet describes vous	S. WIIICH OF THE TOTION IN DESCRIPCE YOU?	straight)	sbian	○ Bisexual ○ Not sure	4. In what grade are you?	4	Outh Ougraded or other grade		5. What is your race? (Please mark all that apply)	O American Indian/Native American	O Alaska Native	O Asian Indian	○ Chinese	○ Japanese	○ Korean	○ Vietnamese	○ Filipino	O Native Hawaiian	Other Pacific Islander	O Black or African American	○ White	Other (Specify)								

94

10. Would you say that in general your emotional and	/
○ poor ○ good ○ excellent ○ fair ○ very good	18. How often do you feel that the schoolwork 19. How often do you feel that the schoolwork 19. 19. 19. 19. 19. 19. 19. 19. 19. 19.
	19. Thinking back over the past school year, how often did you try to do your best work in
you say that in general you	school?
○ poor ○ good ○ excellent ○ fair ○ very good	SOL
12. Have you changed schools (including changing from elementary to middle and middle to high school) in the	How much do you agree with the long of the parties of the long of
ear?	20. I have lots of chances to be part of class
○ Yes	discussions or activities.
13. How many times have you changed homes since	school to get involved in sports, clubs, and other school activities outside of class.
arten?	22. I respect most of my teachers.
○ Never ○ 5 or 6 times ○ 1 or 2 times ○ 7 or more times	23. My teachers notice when I am doing a good job and let me know about it.
	thers openly and freely
14. Putting them all together, what were your grades like	concerns.
last year?	respect.  26. Most students at my school help each other
	when they are hurt or upset.
O Mostly B's O Mostly D's	27. In my school, students that work hard to get good grades are picked on by other students.
15. During the LAST FOUR WEEKS how many whole days of	6
have you missed	ays, on how
○ None ○ 4 to 5 days ○ 1 day ○ 6 to 10 days	many days did you
	28. not go to school because you felt you would
○ 3 days	0
16. How do you like school?	s a weapon on school property? Ool
O like school very much	a knife or club on school property?
○ I like school ○ I neither like nor dislike school	To the
O I dislike school	During the past 12 months,
	ines ines
17. How important do you think the things you are	0 0
learning in school are going to be for your later life?	32. were you in a physical fight on school property?
Oute important	one (such as
O Fairly important	mean things, spreading rumors, or
Slightly important  Not at all important	making sexual comments that bothered them)?
	eone threatened you with a
	weapon such as a gun, knife, or club
	k or high at
	Sullul:

37. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?	All of the time Most of the time
O Yes	how much of the time
O No	have you A little of the time
Danagement and include the cottoning builting and management	None of the time
or obscenities, offensive notes or graffit, unwanted	49. been a happy person?
touching, and being pushed around or hit.	50. Deen a very nervous person?
	52. felt downhearted and blue?
	umps that nothing
many times have you been harassed	could cheer you up?
imes	no book of lock to the other ow 64 book of majority for
	54. During the past 12 months, did you ever leel so sad or honeless almost every day for two weeks or more in a
38. because of your race or ethnic origin.	row that you stopped doing some usual activities?
(	
40 hecalise of who volir friends are	Sal-les
t, clothes,	
acne, or other physical characteristics).	55 During the past 12 months did you ever seriously
unwanted sexual	consider attempting suicide?
comments or attention.	
cial media sites (Facebook	See
Twitter, YouTube, etc.), chat rooms, instant	
messaging, web sites, texting, or phone?	56 During the past 12 months how many times did you
	oo. During the past 12 months, now many unles did you actually attempt suicide?
Every day	- ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( (
Once or twice pe	1 time
How often have you	O 2 or 3 times
Once or twice per year	O4 or 5 times
	○6 or more times
45. <b>seen</b> another student bully others by hitting, kicking another or otherwise hinting them	Gambling involves betting anything of value (money a
in school or on the school bus?	watch. soda. etc.) on a game or event with an uncertain
ers by saying	outcome.
mean things, teasing, or calling other students	77 Please and the different framework framewor
names in your school or on the school bus?	<ol> <li>Please mark ALL the different types of betting that you have done if any during the last 30 days. (Please mark</li> </ol>
47. heard another student spread mean rumors	nave done, it any, doning the last 50 days. (Frease main
Ф	מון נוומן מאלאוא)
mean in your school or on the school bus?	Oldid not gamble during the last 30 days
	Playing dice or coin flins
48. On an average school night, how many hours of sleep	Playing cards (boker, etc.)
do you get?	OBetting on a sports team
0	OBetting on games of personal skill (bowling, video
Of hours O10 or more hours	Gambling on the Internet for free or with money
O7 hours	○ Playing Bingo for money
	58. During the last 12 months, have you ever felt bad about
	the amount you bet, or about what happens when you
	0N <sub>0</sub>
	Ol don't bet for money
PLEASE DO NOT WRITE IN THIS AREA OOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOO	

59. During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you	70. During the past 30 days, what type of alcohol did you usually drink? Select only one response.
Could ?	<ul><li>I did not drink alcohol during the past 30 days</li><li>I do not have a usual type</li></ul>
○ No ○ I don't bet for money	<ul> <li>Beer</li> <li>Flavored beverages (such as Smirnoff, Bacardi Silver, Hard Lemonade, Joose and Sbarks)</li> </ul>
60. Have you ever lied to anyone about betting/gambling?	<ul> <li>Wine coolers (such as Bartles &amp; Jaymes or Seagrams)</li> <li>Wine</li> <li>Liquor (such as vodka, rum, scotch, bourbon or whiskey)</li> </ul>
/gambled more than you	○ Some other type
parents ever talked to you about the ing/ambling?	71. During the past 30 days, from which of the following
alked to you about the	sources did you get the alcohol you drank? (Please mark all that apply.)
the drinking alcohol This inclination	<ul><li>I did not drink alcohol during the past 30 days</li><li>At a party</li></ul>
drinking beer, wine/wine coolers, flavored beverages such as Mike's Hard I emonada and liquor "shots" such as rum din	O Friends under 21 O Friends 21 or older
vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.	OA brother or sister
64. During your life, on how many days have you had at	A store or gas station Liquor store
least one drink of alcohol?	<ul> <li>Bar, night club, or restaurant</li> <li>Took it from home without permission</li> </ul>
○ 0 days	OBy asking a stranger to buy it for me
O 1 or 2 days	Ol got it some other way
10 to 19 days 20 to 39 days	72. In the last 12 months, which of the following have you
(100 or more days	did not drink alcohol in the last 10 months
	Missed school or class because of drinking alcohol
( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( )	Ogotten sick to my stomach because of drinking alcohol
During the past 30 days, on O 2000 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	drinking alcohol
k of alcohol?	Later regretted sometring right write drinking according to Worried that I drank alcohol too much or too often
66. have 5 or more drinks of alcohol in a row, that is, within a couple of hours?	
During the past 30 days, on how many days do you think most students in your	how many times did you
school	imes
67. had at least one drink of alcohol ?  (your best estimate)	ng alconol? nager
68. had 5 or more drinks of alcohol in a row, that is, within a couple of hours?	who had been drinking alcohol?  75. drive a car or other vehicle when you had heen drinking alcohol?
best friends (the friends you feel	how many times
closest to). In the past 12 months, how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey or gin)?	76. ride in a vehicle driven by a parent or other adult who had been drinking alcohol?
Onne of my friends	//. nde in a venicle driven by a teenager who had been drinking alcohol?
<ul> <li>1 of my friends</li> <li>2 of my friends</li> </ul>	78. drive a car or other vehicle when they had been drinking alcohol?
O 4 of my friends	

During the past 30 days, on now many days did you	4000 4000 4000 4000 4000 4000 4000 400	If you wanted to get some, how easy would it be for you to		
	days days		in the	
	0 0 0 0 0		and and	
30. use other tobacco products such as		whiskey, or gin)?	0 0	$\overline{\alpha}$
Shul, dip or chewing tobacco (hedman,	(	87. get some cigarettes?		717
Coperinagen, Manboro Sins etc)?		oo. get some mathatic medinese exemple: 170	) ) ) )	7
Victoria de a mater pipo?	(	os. get some symment manjuana, example. Nz,	(	
Allowii as a water pipe :		Opice etc.:		517
sz. smoke e-cigarettes, vape-pens, or	(	90. get a drug like cocaine, LSD, or amphetamines?		717
e-nookans:		91. get prescription drugs not prescribed to you?	) (	<u> </u>
		92. get some e-cigarettes, vape-pens, or e-nookans?	000	$\overline{}$
33. During the past 30 days, from which of the following	the following			
sources did you get tobacco (cigarettes, chew, cigars)?	, chew, cigars)?	844		
(Please mark all that apply.)		and the state of t		
CC 4000 2 0014 2 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	9	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	A SO	
I did filot get tobacco duffing tife past 50 days	Jays	TO THE PROPERTY OF THE PARTY OF	No.	
A store or gas station		is of the order	000	
C Friends 18 or older		60,00	d d	
C Friends under 18				
Took from home without permission		λ,		
○ A family member		or gin) for the first time?	0000	$\overline{\cap}$
The Internet		94. when you first began		
<ul> <li>Some other source</li> </ul>		drinking alcoholic beverages		
		regularly, that is at least		
		once or twice a month?	0 0 0	$\overline{}$
s4. During the past 30 days, now many times did you	s did you	ole		
use marijuana?		0 0 0 0	0000	
O times	S			
O1 or 2 times	S	tobacco products other than		
○ 3 to 9 times	nes	cigarettes such as snuff,		
		chewing tobacco, and		
	the Kellenden	smoking tobacco from a		
55. During the past 30 days, from which of the following	the following	0 0 0 0 0	0 0 0	$\overline{}$
sources did you get marijuana? (Please mark all	mark all	you tried marijuana		
that apply.)		0 0 0 0 0	0 0 0	$\overline{}$
Oldid not use marijuana during the past 30 days	0 days	ynthetic		
O A public event such as a concert or sporting event	ting event	marijuana (also called K2,		
O A party		e? 000000	000000000000000000000000000000000000000	
O Friends 18 or older				
C Friends under 18		e-cigarettes, vape-pens, or		
O A family member		e-hookahs?	0 0 0	$\overline{}$
O A medical marijuana cardholder or grower	er			1
Olgave someone money to buy it for me		How much do you think people	/	
O I grew it		risk harming themselves	S.	
Olgot it some other way		ys)	ed de	
			194	
		100. if they have one or two drinks of an alcoholic		_
		beverage (beer, wine, liquor) nearly every day?	0 0 0	$\overline{\Delta}$
		101. when they have five or more drinks of an		
		alcoholic beverage once or twice a week?	0 0 0	$\overline{\Delta}$
		102. if they smoke one or more packs of cigarettes		
		per day?	0 0 0	$\overline{\Delta}$
		103. If they try marijuana once or twice?	0	$\overline{\Delta}$
		104. If they smoke marijuana once or twice a week?	0 0 0	$\overline{}$
		loo. It triey use prescription grugs triat are not prescribed to them?	0 0 0	$\overline{}$
		106. if they smoke e-cigarettes, vape-pens, or		$\overline{}$
		e-hookahs?	000	$\overline{a}$

During the past 12 months	Yes	120. do you recall hearing, reading, or watching an	advertisement about prevention of substance	121. have you had a special class about drugs or	alcohol in school?	122. have you talked with at least one of your parents	about the dangers of tobacco, alcohol, or drug use?	By parents we mean your biological parents,	adult guardians,	whether or not they live with you.		123. Would you be more or less likely to want to work for an	employer that tests its employees for grug or alconol	use on a random basis ?	○ More likely	○ Less likely	Would make no difference	Don't know or can't say		Don't know/Can't say	How do you feel about Strongly Disapprove	someone your age Somewhat Disapprove	Neither Approve nor Disapprove	124. having one or two drinks of	an alcoholic beverage nearly every day?	125. smoking one or more packs of cigarettes a day?	126. trying marijuana or hashish once or twice?	127. using prescription drugs not prescribed to them? $  extstyle   extstyle     extstyle   extsty$	128. using synthetic marijuana, example: K2, Spice? 🔼 🔼	129. smoking e-cigarettes, vape-pens, or e-hookahs?		Very wrong	How wrong do your friends	feel it would be for you to	Not wrong at all
		how many times have you 120. c		•	ints	or sprays to get high?	hots without a	0 0 0 0 0	prescription drug not prescribed	to you?	(	DMA)?	113. used heroin (also called smack, junk, or	China White)?	114. used methamphetamines (also called	speed, crystal, crank or ice)?		115. During your life, how many times have you used a	needle to inject any illegal drug into your body?	O times		in es		É	00 00 00 00 00 00 00 00 00 00 00 00 00	_	845 845	any	00000	tic marijuana, example: K2,	Spice etc?	Tils. use a prescription drug (such as	Oxyconium, Percocet, Viconim,		

Don't know or can't say

	How wrong do your friends	Wrong	g		
(	feel it would be for you to A little bit wrong	ong			
	Not wrong at all	_			
	130. have one or two drinks of				
	an alcoholic beverage nearly every day?	$\frac{0}{0}$	$\overline{0}$	<u>0</u>	$\overline{}$
	131. smoke tobacco?	0	Ö	Q	
	132. use marijuana?	$\frac{0}{0}$	Ö	Ö	$\overline{}$
	133. use prescription drugs not prescribed to you?	0	Ö	<u>O</u>	
	134. use synthetic marijuana, example: K2, Spice?	0	Ö	Q	
	135. smoke e-cigarettes, vape-pens, or e-hookahs?	0	<u>O</u>	<u>O</u>	
					1
	2	Very wrong	٧٢	වු	
	How wrong do you think your	Wrong	ng		
	parents feel it would be for A little bit wrong	ong			
	you to	_			
	136. have one or two drinks of an alcoholic beverage				
	nearly everyday?	$\frac{0}{0}$	<u>0</u>	<u>0</u>	$\overline{}$
	137. smoke cigarettes?	0	Ö	Q	
	138. smoke marijuana?	0	Ö	<u>O</u>	
	139. use prescription drugs not prescribed to you?	0	Ö	Q	
	140. use synthetic marijuana, example: K2, Spice?	$\bigcup_{i=1}^{n}$	$\bigcirc$	Ŏ	$\overline{}$
	141. smoke e-cigarettes, vape-pens, or e-hookahs?	0	Ŏ	Ŏ	$\overline{}$
		H	I	_	
			172	73806	

119. Which of the following illicit drugs did you use during the past 30 days? (Please mark all that apply.)

Oldid not use illicit drugs during the past 30 days

Marijuana

O Any form of cocaine including powder, crack or freebase

CEcstasy (also called MDMA)

Heroin or other opiates or narcotics
 LSD or other hallucinogens or psychedelics
 Methamphetamines (also called speed, crystal, crank or ice)
 Steroid pills or shots without a doctor's prescription

The next questions ask about certain experiences you may have or had in your life, which might have made you feel uncomfortable or sad in your surroundings.

105 143. Have you ever lived with a household member who is/was depressed or mentally ill? Have you ever lived with someone who: 144. is/was a problem drinker or alcoholic? 142. Were your parents ever separated or 146. you did not have enough to eat? divorced after you were born? 145. uses/used street drugs? Have you ever felt that: 148. you

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had to wear dirty clothes?	had no one to protect you?	w true are the following	C -1

### 2000 49 Pret

,	∕.e <u>~</u>	$\sim$	$\sim$	_	$\overline{}$		$\overline{}$	$\sim$
ry nuch t	<u>" 0</u>	0	0		0		0	0
Will's	0	0	0		0		0	0
et Just		0	0		0		0	0
How true are the following Report Party Pa	149. I can do most things if I try.	150. I can work out my problems.	151. I volunteer to help others in my community.	152. There is at least one teacher or other adult in	my school that really cares about me.	153. My parents ask if I've gotten my homework	done.	154. My parents would catch me if I skipped school.

How tall are you without your shoes on? Directions: Write your height in the shaded blank boxes. Fill in the matching circle below each number. clear rules about alcohol and drug use.' 158.

respond to this statement: "My family has

How would most students in your school

drug use

157. 1

Inches W. Charte **∞ № ∞ 0**  $\Theta \Theta \Theta \Theta$ 9 Height Feet 6 6 6

Inches	0	Θ	0	0	9	6	9	0	<u></u>	6	8	€
Feet	<u></u>	9	6	9	0							

159. How much do you weigh without your shoes on? Directions: Write your weight in the shaded blank boxes. Fill in the matching circle below each number.

물왕

		2	9	Θ.	<u></u>	(m)	9	•	9	<u>©</u>	<u></u>	9
Weight	Pounds	9	9	Θ,	(S)	(a)		<b>●</b>	9	© ©	<ul><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li><!--</th--><th><ul><li></li></ul></th></li></ul>	<ul><li></li></ul>

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Very underweight

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	Slightly underweight	ut the rig	Slightly overweight	Very overweight	
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### 161. Which of the following are you trying to do about your weight?

Lose weight

○ Gain weight	Stay the same weight	I am not trying to do anything about my weight		During the past 30 days, did you	162. Go without eating for 24 hours or more (also	called fasting) to lose weight or to keep from	gaining weight?	163. Take any diet pills, powders, or liquids without a	doctor's advice to lose weight or to keep from
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164. Vomit or take laxatives to lose weight or to keep from gaining weight?

replacement products such as Slim Fast.) gaining weight? (Do not include meal

Height

0

Thank you for your participation!

[SERIAL]

PLEASE DO NOT WRITE IN THIS AREA

156. My family has clear rules about alcohol and 155. When I am not at home, one of my parents

knows where I am and whom I am with.