# 2018 Oregon Student Wellness Survey

Lake County

# Oregon Health Authority

Conducted by International Survey Associates dba Pride Surveys

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244	- and and pass of anyt, and you have any area princy personally a	
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	gaining weight? (Do not include meal replacement products such as	
	Slim Fast.)	101
245	During the past 30 days, did you Vomit or take laxatives to lose	
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### 1 INTRODUCTION

This is a report of key findings from the *Oregon Student Wellness Survey*, a survey of 6th, 8th and 11th grade youth, conducted in the spring of 2018. The *Oregon Student Wellness Survey* is an anonymous and voluntary survey sponsored by the Oregon Health Authority (OHA) in collaboration with the Oregon Department of Education. OHA contracted with International Survey Associates to recruit schools, administer the survey and report survey results. The survey was available free of charge to all Oregon public and charter schools that chose to participate. Schools that agreed to participate in the *Oregon Student Wellness Survey* were given the option of administering the survey either online or by paper and pencil with the school district determining which method would be best for their particular circumstances.

The *Oregon Student Wellness Survey* was designed to assess a wide range of topics that included school climate, positive youth development, mental health, physical health, substance use, problem gambling, fighting and other problem behaviors.

Oregon Student Wellness Survey results are used by schools, state and local agencies, organizations and communities to assess and monitor the health and well being of Oregon youth and the environments in which they live. Oregon Student Wellness Survey data can serve as a valuable tool for program planning, implementation, and evaluation. The data are essential information for communications with legislators and the public, and communities and local agencies will find the data improves their ability to procure funding by providing the baseline data needed for grant writing. In these ways, schools, communities and policy makers will find themselves poised to make effective decisions about behavior and health related policies, services, programs and educational activities.

The *Oregon Student Wellness Survey* was designed as a split survey. The 6th and 8th grade version of the survey consisted of a subset of the questions found on the 11th grade version. In order to provide results that spanned all grade levels in a single report, the data for questions that did not appear on the 6th and 8th grade version appear in this report as missing.

This report is divided into topic specific sections. Each section provides a brief overview of the topic, followed by summary data tables that include results for all three grades. In addition, both local data and state data are reported. State data was weighted in a manner similar to the Oregon Healthy Teen Survey to allow for comparative results on questions that both surveys have in common. The primary weighting factor was based on enrollment numbers. The county data in this report has also been weighted.

For questions about the survey please contact:

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### 1.1 Participants by Gender

Table 1: Participants by Gender

	Grade 6		Grad	e 8	Grade 11		
	County %	State %	County %	State %	County %	State %	
Female	50.9	49.5	32.8	47.9	46.2	48.4	
Male	43.9	49.0	63.9	49.2	53.8	49.3	
Transgender	0.0	0.4	3.3	0.9	0.0	0.8	
Something else fits better	5.3	1.1	0.0	1.9	0.0	1.5	

<sup>•</sup> Percentages exclude missing answers.

### 1.2 Race and Ethnicity

Schools throughout Oregon vary considerably in the racial and ethnic composition of their students. The *Oregon Student Wellness Survey* asks one question about race and another about Hispanic or Latino ethnicity.

The table below shows the percentage of students that self-identified as...

Table 2: Race and Ethnicity

	Grad	e 6	Grad	Grade 8		e 11
	County %	State %	County %	State %	County %	State %
Non-Hispanic American Indian or Alaska Native	9.4	6.1	8.8	3.4	3.1	1.9
Non-Hispanic Asian	1.9	4.5	1.8	4.7	0.0	5.0
Non-Hispanic Black or African American	3.8	2.9	0.0	3.0	1.5	2.6
Non-Hispanic Native Hawaiian or Other Pacific Islander	0.0	0.8	0.0	1.0	0.0	0.8
Non-Hispanic White	62.3	52.9	70.2	55.8	80.0	61.7
Non-Hispanic Multiple - No best given	1.9	1.0	1.8	0.8	0.0	0.6
Hispanic / Latino	17.0	26.2	17.5	27.8	15.4	24.7
Non-Hispanic Other	3.8	5.6	0.0	3.7	0.0	2.7

<sup>•</sup> Percentages exclude missing answers.

The table below shows the student responses to the question "Are you Hispanic or Latino/Latina?"

Table 3: Hispanic or Latino/Latina?

	Grade 6		Grade 8		Grade 11	
	County State		County	State	County	State
	%	%	%	%	%	%
No	83.3	74.4	83.1	72.5	84.6	75.4
Yes	16.7	25.6	16.9	27.5	15.4	24.6

<sup>•</sup> Percentages exclude missing answers.

### 1.3 Tribal Affiliation

Students were asked if they were enrolled in any of the following tribes.

Table 4: Tribal Enrollment

	Grad	0.6	Grad	0.8	Grade 11	
	County	State	County	<b>e o</b> State	County	State
	%	%	%	%	%	%
I am not enrolled in a tribe	88.9	91.7	94.5	93.3	94.9	95.6
Burns Paiute Tribe	0.0	0.1	0.0	0.1	0.0	0.0
Coquille Indian Tribe	0.0	0.1	0.0	0.1	0.0	0.1
Cow Creek Band of Umpqua Tribe of Indians	0.0	0.2	0.0	0.2	0.0	0.1
Confederated Tribes of Grand Ronde	0.0	0.1	0.0	0.2	0.0	0.2
Klamath Tribes	1.9	0.4	1.8	0.4	0.0	0.2
Confederated Tribes of the Umatilla Indian Reservation	0.0	0.2	0.0	0.1	0.0	0.2
Confederated Tribes of the Coos, Lower Umpqua, and Siuslaw Indians	0.0	0.1	0.0	0.1	0.0	0.1
Confederated Tribes of Siletz Indians	0.0	0.1	0.0	0.2	0.0	0.1
Confederated Tribes of Warm Springs	0.0	0.2	0.0	0.1	0.0	0.1
Other	9.3	6.8	3.6	5.2	5.1	3.3

<sup>•</sup> Percentages exclude missing answers.

### 1.4 Language Used at Home

Students were asked what language they used most often at home.

Table 5: Language Used at Home

	Grad	e 6	Grad	e 8	Grade 11	
	County %	State %	County %	State %	County %	State %
English	89.5	83.4	92.1	83.0	95.3	84.8
Russian	0.0	0.9	0.0	1.1	0.0	0.7
Spanish	8.8	11.8	6.3	12.0	4.7	10.7
Vietnamese	0.0	0.5	1.6	0.7	0.0	0.8
A tribal language	0.0	0.1	0.0	0.2	0.0	0.2
Another language	1.8	3.2	0.0	3.0	0.0	2.7

<sup>•</sup> Percentages exclude missing answers.

### 2 SCHOOL CLIMATE

School climate is an important issue to parents, administrators and the community. The environment within a school directly impacts students' academic, social, emotional and mental states. Respectful, supportive relationships among students, teachers and parents are fundamental. When students have opportunities to collaborate and share a sense of purpose and ideals, students, faculty and staff look forward to school. When students are attached to school and to teachers and prosocial peers, they are more likely to behave in prosocial ways themselves, and to avoid engaging in high-risk behaviors.

There is strong evidence that the learning environment influences student attachment to school. Classroom and school interventions that make the learning environment safer, more caring, better managed and highly participatory and that enhance students' social competence have been shown to increase student attachment to school. A comprehensive assessment of school climate involves input from students, faculty and staff on a wide range of topics. The data collected with the *Oregon Student Wellness Survey* deals exclusively with the student perception aspect of school climate. It provides an assessment of whether students feel they belong, are valued and physically and emotionally safe at school.

### 2.1 Supportive Atmosphere

In supportive atmospheres students feel more comfortable approaching and interacting with teachers and peers, thereby strengthening their relationships.

The table below reports the percentage of students that agree with the following statements.

Table 6: Supportive Atmosphere involving teachers and peers

	Grad	e 6	Grade 8		Grade	e 11
	County %	State %	County %	State %	County %	State %
My teachers notice when I am doing a good job and let me know about it.	89.1	77.8	68.9	68.8	53.1	65.6
I can talk to my teachers openly and freely about my concerns.	83.6	66.6	56.5	56.6	53.1	61.2
In my school, teachers treat students with respect.	94.4	88.0	73.8	78.6	73.4	79.0
Most students at my school help each other when they are hurt or upset.	90.9	73.4	65.6	61.3	48.4	59.8
In my school, students that work hard to get good grades are picked on by other students.	23.6	29.8	21.7	25.0	17.2	17.7

- Percentages exclude missing answers.
- Percentages include Strongly agree and Somewhat agree.

### Supportive Atmosphere involving teachers and peers Lake County

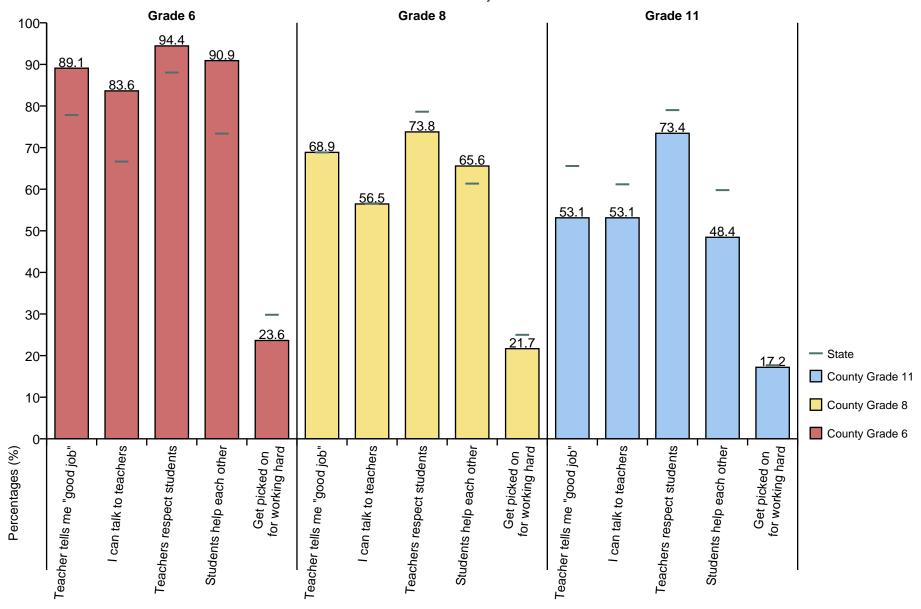


Figure 1: Supportive Atmosphere involving teachers and peers

### 2.2 Attachment to School

Students who like school, feel their assignments are important, and that what they are learning in school will be valuable to them later in life, are better prepared to make successful transitions after graduation. Young people who do not feel a part of society, are not bound by rules, don't believe in trying to be successful or responsible are at high risk of academic failure and developing mental, emotional or behavioral disorders.

Table 7: Student's Attachment to School

	Grade 6		Grade 8		Grade	e 11
	County %	State %	County %	State %	County %	State %
I like school*	57.9	53.4	29.0	38.8	27.7	38.4
I did not skip school in the last four weeks**	66.7	67.7	77.4	71.2	64.6	63.8
I respect my teachers**	98.2	94.1	78.0	89.1	86.9	92.1

<sup>•</sup> Percentages exclude missing answers.

The following tables show the percentage of students who say...

Table 8: Student's Value of School Work

	Grad	e 6	Grade 8		Grade	e 11
	County %	State %	County %	State %	County %	State %
I feel that schoolwork is meaningful and important*	66.7	57.3	36.5	36.9	23.4	22.1
I tried to do my best work in school over the past year*	90.4	86.1	76.2	75.8	65.6	69.0
I think the things I am learning in school are going to be important later in life**	78.6	69.4	39.7	49.6	32.3	34.5

<sup>•</sup> Percentages exclude missing answers.

Table 9: Parental Accountability to Students

	Grad	e 6	Grade 8		Grade	e 11
	County %	State %	County %	State %	County %	State %
My parents ask if I've gotten my homework done.	90.6	86.2	81.0	77.4	76.6	68.4
My parents would catch me if I skipped school.	90.2	89.7	74.1	83.5	67.2	71.9
When I am not at home, one of my parents knows where I am and whom I am with.	94.3	89.3	77.0	86.1	81.2	80.5

<sup>•</sup> Percentages exclude missing answers.

<sup>\*</sup> Percentages include I like school very much and I like school.

<sup>\*\*</sup> Percentages include Strongly agree and Somewhat agree.

<sup>\*</sup> Percentages include Almost always, Often and Sometimes.

<sup>\*\*</sup> Percentages include Very important and Quite important.

<sup>•</sup> Percentages include Very much true and Pretty much true.

### Lake County Grade 6 Grade 8 Grade 11 100-90-78.6 80-70-66.7 60-57.9 50-39.7 40-36.5 29.0 30-— State 20-County Grade 11 10-County Grade 8 County Grade 6 School work important for later in life School work important for later in life School work important for later in life Like school Like school Like school School work is meaningful School work is meaningful School work is meaningful Percentages (%)

Student's Attachment to School

Figure 2: Student's Attachment to School

### 2.3 Opportunities for Participation

When young people are given many opportunities to participate meaningfully in school activities that are important to them, they are less likely to engage in problem behaviors. When opportunities are available for positive participation outside of class, children are less likely to engage in substance use, and other problem behaviors.

The table below shows the percentage of students that agree with the following statements about their school.

Table 10: Student Opportunities for Participation

	Grad	Grade 6		Grade 8		e 11
	County	State	County	State	County	State
	%	%	%	%	%	%
I have lots of chances to be part of class discussions or activities.	87.5	89.6	77.8	87.9	87.5	88.2
There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	98.1	90.2	93.7	87.7	85.9	91.4

<sup>•</sup> Percentages exclude missing answers.

<sup>•</sup> Percentages include Strongly agree and Somewhat agree.

### Student Opportunities for Participation Lake County Grade 6 Grade 8 Grade 11 100-98.1 93.7 90-87.5 87.5 85.9 80-77.8 70-60-50-40-30-— State 20-County Grade 11 10-County Grade 8 County Grade 6 Lots of activities outside of class Chances to participate in class Lots of activities outside of class Chances to participate in class Lots of activities outside of class Chances to participate in class Percentages (%)

Figure 3: Student Opportunities for Participation

### 2.4 Safe Environment

Students who are harassed, feel unsafe or otherwise victimized are more likely to cut classes, skip school, feel depressed or become involved in problem behaviors. Comprehensive discipline, positive behavior support and anti-bullying programs in schools have been shown to reduce the incidence of harassment.

Table 11: Student Perception of Safe Environment at School

	Grade 6		Grade 8		Grade	e 11
	County %	State %	County %	State %	County %	State %
Did not go to school one or more times in the past 30 days because you felt unsafe at school or on your way to or from school	8.9	12.3	9.8	10.5	4.7	12.9

<sup>•</sup> Percentages exclude missing answers.

The following table shows the percentage of students that witnessed another student being harassed in school or on the school bus in the past year.

Table 12: Student Witnessed Bullying

	Grad	le 6	Grade 8		Grade	e 11	
	County %	State %	County %	State %	County %	State %	
Heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus	59.3	69.5	69.8	73.3	75.4	65.1	
Seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus	42.9	55.1	61.9	56.4	43.1	40.1	
Heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus	57.1	65.7	72.6	71.0	85.9	65.5	

<sup>•</sup> Percentages exclude missing answers.

This table shows the percentage of students that have been harassed during the past 30 days. Students were asked to indicate whether they were harassed at school or on the way to or from school for any of the following reasons.

Table 13: Student Harassment Experience at School

	Grad	e 6	Grad	e 8	Grade 11	
	County %	State %	County %	State %	County %	State %
Your race or ethnic origin	5.4	10.8	6.3	13.8	9.2	10.5
Someone said you were gay, lesbian, bisexual or transgender	10.9	15.5	12.7	14.2	4.6	7.0
Your friends	18.5	22.0	18.6	22.1	9.2	14.0
Your weight, clothes, acne or other physical characteristics	12.7	28.7	32.3	31.2	23.1	19.3
Unwanted sexual comments or attention	7.5	7.9	14.3	12.6	6.2	11.3
E-mail, social media, chat rooms, IM, web sites, texting or phone	25.9	22.8	19.7	23.5	23.1	15.6
For other reasons.	15.8	14.7	22.2	17.5	18.5	12.8
Any harassment in the past 30 days	42.1	49.1	46.0	50.0	44.6	37.2

<sup>•</sup> Percentages exclude missing answers.

### Student Harassment Experience at School - Grade 6 Lake County

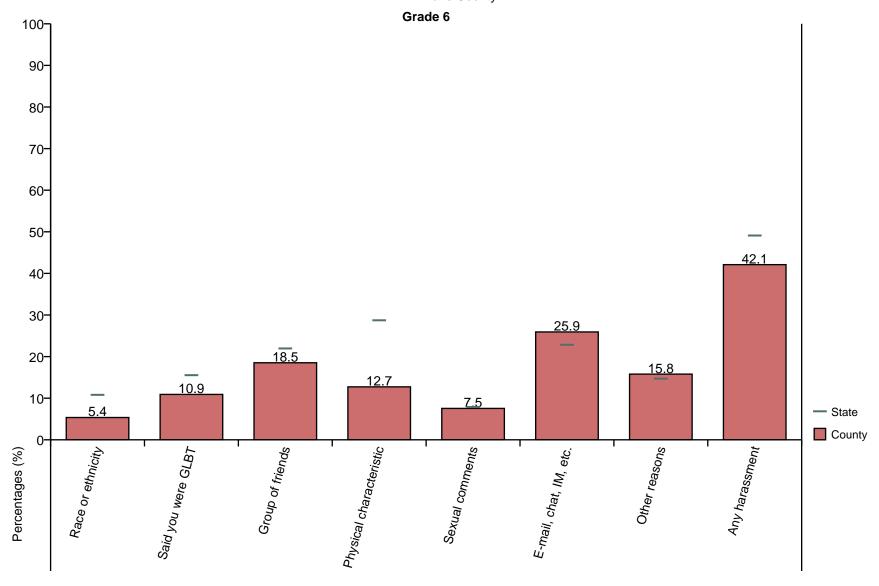


Figure 4: Student Harassment Experience at School - Grade 6

### Student Harassment Experience at School - Grade 8 Lake County

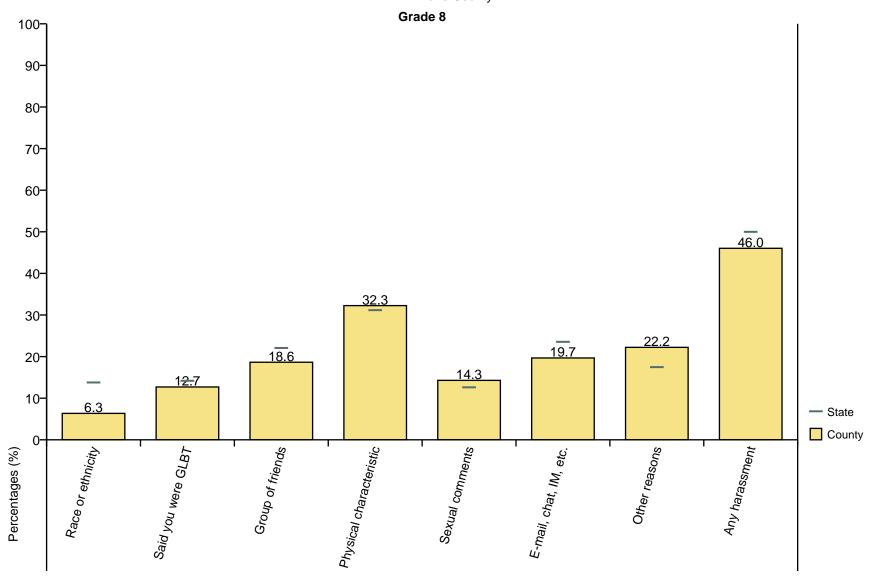


Figure 5: Student Harassment Experience at School - Grade 8

### Student Harassment Experience at School - Grade 11 Lake County

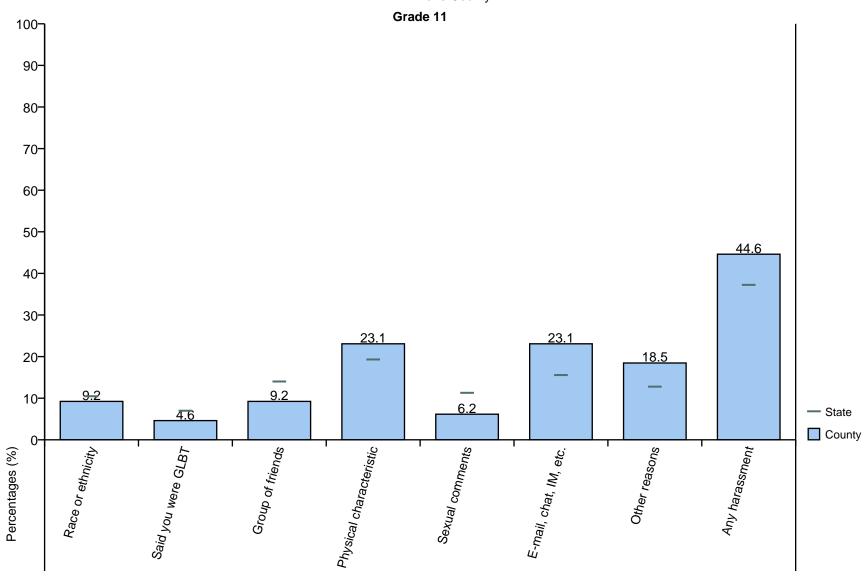


Figure 6: Student Harassment Experience at School - Grade 11

### 2.5 Serious Problem Behaviors

Schools are one of the safest places for our children. This does not mean that they are free of serious problem behaviors.

This table shows the prevalence of other serious problem behaviors reported to have occurred in the past 12 months at school.

Table 14: Student Reported Serious Problem Behaviors on School Property
Past 12 Months

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Someone has offered, sold or given you an illegal drug at school	1.8	3.0	3.3	10.1	4.8	18.7
Were in a physical fight on school property	9.1	16.4	22.6	13.5	7.7	5.3
Been threatened with a weapon on school property	9.1	11.3	11.1	12.2	6.2	7.3

<sup>•</sup> Percentages exclude missing answers.

This table shows the prevalence of other serious problem behaviors reported to have occurred in the past 30 days at school.

Table 15: Student Reported Serious Problem Behaviors on School Property Past 30 Days

	Grad	e 6	Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Took a weapon other than a gun to school	1.8	2.6	12.7	4.2	20.6	6.8
Took a gun to school	0.0	0.9	1.6	0.9	1.6	1.0
Have a gun/weapon on school property	1.8	2.8	12.7	4.3	20.6	6.9

<sup>•</sup> Percentages exclude missing answers.

This table shows problem behaviors that took place in the past 12 months, but they may take place anywhere, not necessarily on school property.

Table 16: Student Reported Serious Problem Behaviors Anywhere
Past 12 Months

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Been in a physical fight	31.6	28.3	34.9	24.5	18.5	13.8
Bullied someone physically or verbally	19.6	15.8	22.2	17.8	12.3	10.0

<sup>•</sup> Percentages exclude missing answers.

### Student Reported Serious Problem Behaviors Lake County Grade 6 Grade 8 Grade 11 100-90-80-70-60-50-40-30-22.6 22.2 19.6 — State 20-County Grade 11 10-County Grade 8 County Grade 6 Been threatened with a weapon Been threatened with a weapon Bullied someone physically or verbally Bullied someone physically or verbally Had weapon other than gun at school other than gun at school Had weapon other than gun at school Had weapon Been threatened Had gun at school Physical fight at school Percentages (%) Had gun at school Physical fight at school Had gun at school Physical fight at school physically or verbally with a weapon Bullied someone

Figure 7: Student Reported Serious Problem Behaviors

### 3 POSITIVE YOUTH DEVELOPMENT

In 2006, a statewide benchmark of positive youth development (PYD) was established for 8th and 11th graders. High levels of positive youth development are strongly associated with healthy behaviors and student success. The benchmark looks at six components: emotional and mental health, physical health, feelings of competence, self-confidence, support of a caring adult in school, and service to the community.

### 3.1 Positive Youth Development Benchmark

Students that answer at least five of the six PYD questions in a positive manner are considered to have strong positive youth development.

Table 17: Positive Youth Development Benchmark

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Strong positive youth development	60.8	59.9	46.4	50.9	59.7	56.2
Weak positive youth development	39.2	40.1	53.6	49.1	40.3	43.8

### 3.2 General Health

Two questions are asked as an assessment of student health.

Table 18: Student's Assessment of General Health

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Good to excellent physical health	87.5	89.6	83.9	84.8	86.2	80.2
Good to excellent emotional and mental health	87.7	85.4	68.9	75.0	73.8	66.1

<sup>•</sup> Percentages exclude missing answers.

### 3.3 Competence, Confidence, Support and Service

The following table reports the percentage of students that indicated the statement is "pretty much true" or "very much true."

Table 19: Student Perception Competence, Confidence, Support and Service

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
I can work out my problems.	80.8	77.0	70.5	74.6	90.6	82.1
I can do most things if I try.	69.8	73.3	63.9	75.5	90.6	85.4
There is at least one teacher or other adult in my school that really cares about me.	69.2	70.9	50.8	63.2	66.1	68.8
I volunteer to help others in my community.	61.5	54.5	57.6	44.7	63.5	53.4

<sup>•</sup> Percentages exclude missing answers.

<sup>•</sup> Percentages include Very much true and Pretty much true.

### Positive Youth Development - Grade 6 Lake County

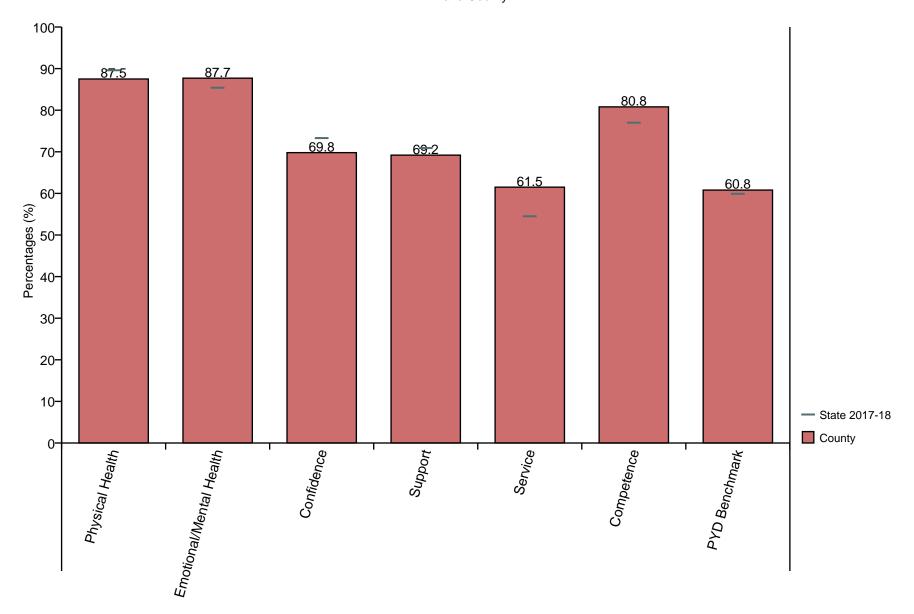


Figure 8: Positive Youth Development - Grade 6

### Positive Youth Development - Grade 8 Lake County

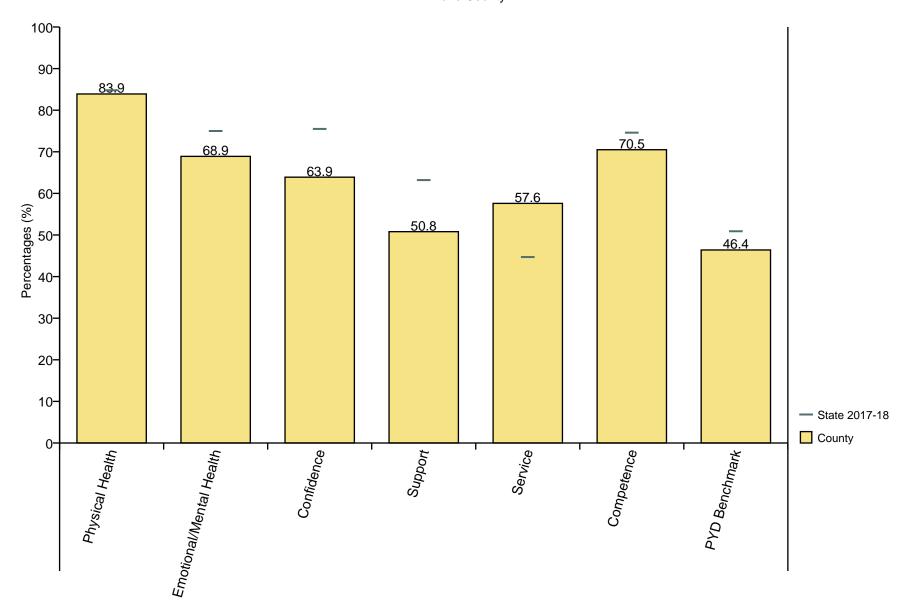


Figure 9: Positive Youth Development - Grade 8

### Positive Youth Development - Grade 11 Lake County

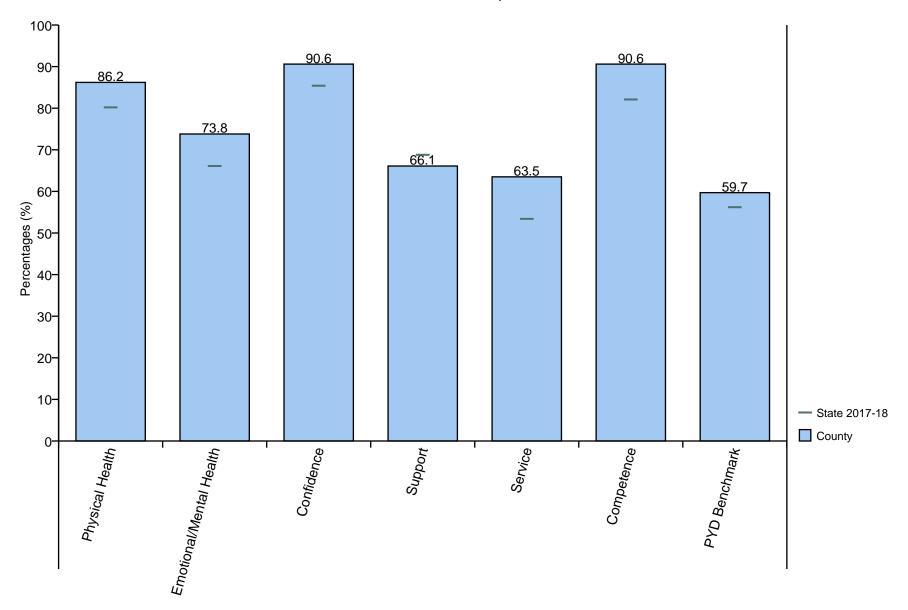


Figure 10: Positive Youth Development - Grade 11

### 4 MENTAL AND EMOTIONAL HEALTH

Good mental and emotional health makes it easier for youth to establish constructive interpersonal relationships, succeed in school and make a successful transition into the workforce. Depression and psychological distress can interfere with the development of positive teacher and peer relationships. Youth with depression or high levels of psychological distress may find it difficult to focus on academics. They are more likely to smoke, drink alcohol or use other drugs and they are at increased risk of suicide.

The *Oregon Student Wellness Survey* asks questions about emotional and mental health, depression, suicide thoughts and suicide attempts. The survey also asks a series of five questions known as the Mental Health Inventory (MHI-5). When responses for all five are considered together, the result is an estimate of the level of psychological distress that youth are experiencing. MHI-5 scores range from five to 30. Scores of 21 or higher are an indication that youth may be experiencing a mental health concern that requires further assessment.

### 4.1 Psychological Distress

This table shows the percentage of students with high levels of psychological distress during the past 30 days based on an MHI-5 score of 21 or higher.

Table 20: High Level Psychological Distress experienced by Students Past 30 Days

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Below MHI-5 cutoff	96.1	91.1	81.7	85.8	87.7	83.5
At or above MHI-5 cutoff	3.9	8.9	18.3	14.2	12.3	16.5

The following table contains data on each of the five Mental Health Inventory questions. This series of questions asks about how the student was feeling during the past 30 days. The table reports the percentage of students who indicated "a good bit of the time," "most of the time", or "all of the time."

Table 21: Mental Health Inventory-5 Questions: How Students Felt Past 30 Days

	Grade 6		Grad	le 8	Grade 11	
	County %	State %	County %	State %	County %	State %
Been a happy person	77.2	77.9	68.3	69.6	67.7	61.9
Felt calm and peaceful	60.4	61.0	47.5	53.7	55.4	45.2
Been a very nervous person	18.5	28.4	37.1	35.5	30.8	40.2
Felt downhearted and blue	16.7	19.7	30.6	25.7	21.5	29.8
Felt so down in the dumps that nothing could cheer you up	7.1	14.0	23.8	18.1	9.2	19.0

- Percentages exclude missing answers.
- Percentages include A good bit of the time, Most of the time and All of the time.

### 4.2 Depression and Suicide Ideation

Suicide is the second leading cause of death among Oregon youth aged 10-24. Depression is the most common underlying cause of suicide. The following table reports the percentage of students who had signs of depression, thoughts about suicide, or actually attempted suicide during the last 12 months.

Table 22: Depression and Suicide Ideation by Students
Past 12 Months

	Grad	e 6	Grade 8		Grade	e 11
	County %	State %	County %	State %	County %	State %
Did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	23.2	22.8	39.7	29.2	26.2	35.6
Did you ever seriously consider attempting suicide?	19.3	13.3	22.6	19.9	13.8	19.7
Actually attempted suicide?	8.8	7.5	11.3	10.2	4.6	8.1

<sup>•</sup> Percentages exclude missing answers.

# Psychological Distress, Depression and Suicide by Students Past 12 Months Lake County

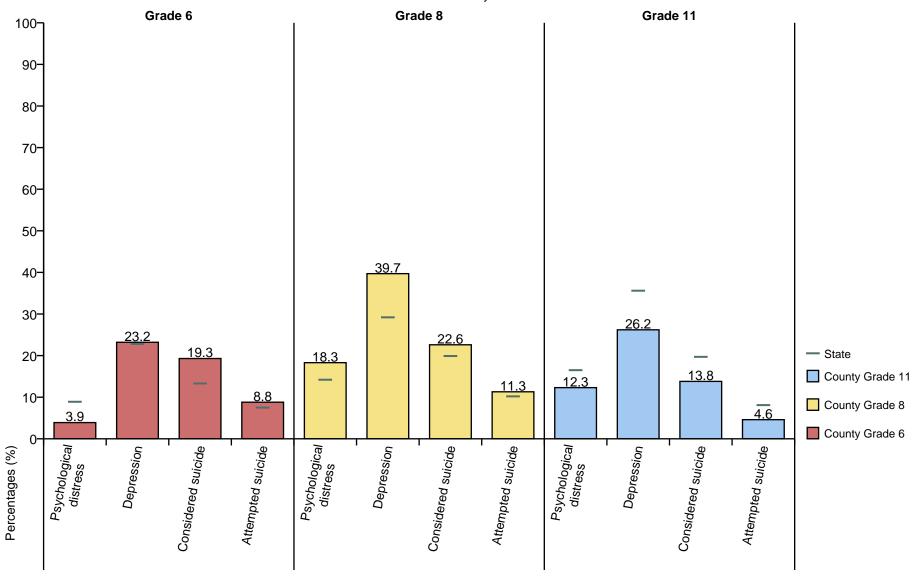


Figure 11: Psychological Distress, Depression and Suicide by Students
Past 12 Months

### 4.3 Adverse Childhood Experiences

Adverse Childhood Experiences (ACEs) is a term used to describe neglect, abuse, violence and/or distressed family environments that children under the age of 18 years may experience. The cumulative effect of ACEs can be traumatic, especially if experienced repeatedly beginning at a young age. There is a strong association between the amount of ACEs an individual experienced during childhood and the increased risk for negative health behaviors (smoking, drug and alcohol abuse and risky sexual behaviors), chronic mental health concerns (depression and suicidal thoughts) and chronic diseases (heart disease, stroke, diabetes and cancer) later in life.

The following table details the percentage of students who responded  ${\bf YES}$  to the ACE questions:

Table 23: Adverse Childhood Experience\*

	Grad	e 6	Grad	e 8	Grade	e 11
	County %	State %	County %	State %	County %	State %
Were your parents ever separated or divorced after you were born?	38.5	34.1	51.7	38.6	44.6	41.2
Have you ever lived with someone who is/was a problem drinker or alcoholic?	28.8	22.6	41.7	30.3	33.8	34.3
Have you ever lived with someone who uses/used street drugs?	5.9	10.9	24.6	19.2	23.1	21.1
Have you ever lived with a household member who is/was depressed or mentally ill?	24.0	21.6	33.3	32.9	49.2	40.2
Have you ever felt that you did not have enough to eat?	17.3	19.8	28.3	18.1	9.2	17.2
Have you ever felt that you had to wear dirty clothes?	11.8	10.9	19.0	12.3	1.5	11.2
Have you ever felt that you had no one to protect you?	22.6	15.8	20.7	17.3	9.2	14.7

<sup>•</sup> Percentages exclude missing answers.

<sup>\*</sup> Neglect, Abuse, Violence, and/or distressed family environments.

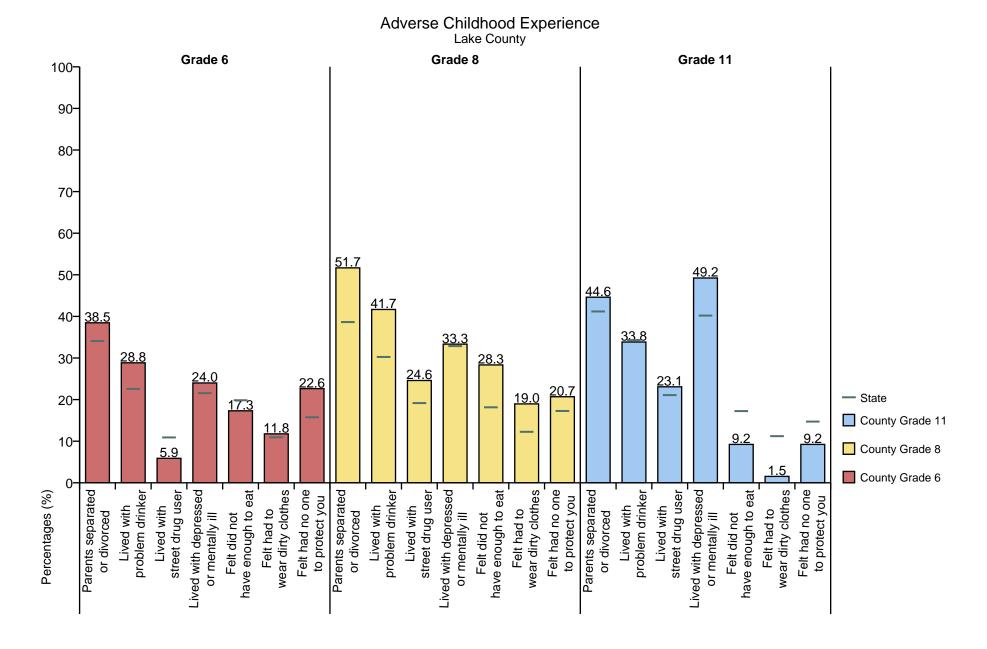


Figure 12: Adverse Childhood Experience

#### 5 PROBLEM GAMBLING

Students today are increasingly being exposed to gambling opportunities - on the Internet, in the community, at home and even at church - so it's no surprise that problems associated with gambling are being seen in youth. It's generally not perceived nor treated as risky, yet research shows that youth who gamble are much more likely to engage in other risky behaviors such as drinking, smoking and using drugs and some of them will go on to develop serious gambling problems.

The adolescent brain is developmentally inclined towards risk, minimal consideration of consequences, preference for stimulation and novelty, all of which gambling offers in abundance.

The *Oregon Student Wellness Survey* asks a series of questions that address and measure various gambling activities. Students were asked questions regarding the types of gambling in which they participated, in their feelings about being involved in gambling and the degree to which parents and teachers have communicated to the students the risks involved in engaging in this particular activity.

Gambling can be addictive, yet most youth and parents treat it as harmless entertainment. The following tables and charts contain data on gambling questions. These percentages are provided by grade level and statewide data are included for comparison purposes. For more information on youth gambling in Oregon, including more data and educational resources, go to <a href="https://www.problemgamblingprevention.org">www.problemgamblingprevention.org</a>

## 5.1 Types of Gambling in the Past 30 Days

Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event. The following table shows the percentage of students who participated in these types of gambling in the last 30 days.

Table 24: Types of Gambling in which Students Participated
Past 30 Days

	Grad	e 6	Grad	e 8	Grade	e 11
	County %	State %	County %	State %	County %	State %
I did not gamble during the last 30 days.	69.1	76.0	59.3	71.9	64.1	75.6
Playing lottery tickets / Powerball / Megabucks.	0.0	3.2	5.1	3.9	6.3	4.1
Playing dice or coin flips.	20.0	9.1	11.9	9.3	6.3	6.4
Playing cards (poker, etc.).	9.1	6.9	22.0	9.3	15.6	8.4
Betting on a sports team.	16.4	11.0	23.7	12.3	14.1	10.2
Betting on games of personal skill (bowling, video games, dares, etc.).	16.4	14.4	28.8	16.1	21.9	13.3
Gambling on the Internet for free or with money.	0.0	1.4	3.4	2.8	3.1	3.3
Playing Bingo for money.	0.0	3.0	3.4	2.9	1.6	2.1
Other.	7.3	9.5	11.9	9.6	12.5	6.8

<sup>•</sup> Percentages exclude missing answers.

#### 5.2 Risk of Problem Gambling

Most youth don't have large sums of money to spend on gambling, so this measure must be looked at within that context. The fact that youth are spending any money on a potentially addictive behavior is of concern, and some youth spend significant amounts on it. Even those who spend a small amount of money are still "spending" time and attention on gambling at the expense of other activities and responsibilities. By the time they get into college, where problem gambling rates are among the highest and the average college student gets 25 credit card solicitations a year, some youth have developed seemingly innocent gambling habits that will cost them dearly.

The following table shows the percentage of students who reported the following signs of problem gambling in the last 12 months. The last two questions (lied about/bet more) are based on a valid and reliable problem gambling screening instrument which has been used for many years; saying yes to either of these is highly correlated to a potential gambling problem and indicates a need for further assessment by a trained counselor.

Table 25: Signs of Problem Gambling reported by Students Past 12 Months

	Grad	e 6	Grad	e 8	Grade	e 11
	County	State	County	State	County	State
	%	%	%	%	%	%
Felt bad about the amount you bet, or about what happens when you bet money	1.8	2.4	3.4	2.3	1.5	2.2
Felt that you would like to stop betting money but didn't think you could	1.8	2.9	5.0	1.8	4.6	1.1
Lied to anyone about betting/gambling	1.8	3.3	9.7	4.4	3.1	3.4
Bet/gambled more than you wanted to	5.7	2.9	16.1	4.1	6.3	4.5

<sup>•</sup> Percentages exclude missing answers.

## 5.3 Communication about the Risks of Gambling

Table 26: Communication About the Risks of Gambling

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Parents have talked to you about the risks of betting/gambling	51.8	50.7	45.9	48.6	48.4	38.0
Teachers have talked to you about the risks of betting/gambling	14.5	18.5	24.2	21.9	25.0	18.4

<sup>•</sup> Percentages exclude missing answers.

# Reported Student Gambling - Grade 6 Lake County Grade 6 100-90-80-70-60-50-40-36.4 30-20.0 20-16.4 16.4 9.1 10-— State 0.0 County Lottery, Powerball, etc | C Any gambling Dice/coin flips Sports teams Personal skill Cards Internet Bingo Other Percentages (%)

Figure 13: Reported Student Gambling - Grade 6

# Reported Student Gambling - Grade 8 Lake County Grade 8 100-90-80-70-60-50-47.5 40-28.8 30-23.7 20-11.9 11.9 10-— State 5.1 County Lottery, Powerball, etc Any gambling Dice/coin flips Sports teams Personal skill Cards Internet Bingo Other Percentages (%)

Figure 14: Reported Student Gambling - Grade 8

# Reported Student Gambling - Grade 11 Lake County Grade 11 100-90-80-70-60-50-40-37.5 30-21.9 20-15.6 14.1 12.5 10-6.3 — State County Lottery, Powerball, etc Dice/coin flips Any gambling Sports teams Personal skill Cards Internet Bingo Other Percentages (%)

Figure 15: Reported Student Gambling - Grade 11

## Signs of Problem Gambling - Past 12 Months Lake County Grade 6 Grade 8 Grade 11 100-90-80-70-60-50-40-30-— State 20-16.1 County Grade 11 9.7 10-County Grade 8 6.3 5.7 County Grade 6 Tried but couldn't stop Bet more than wanted Tried but couldn't stop Tried but couldn't stop Lied about gambling Bet more than wanted Bet more than wanted Lied about gambling Felt bad about gambling Lied about gambling Felt bad about gambling Felt bad about gambling Percentages (%)

Figure 16: Signs of Problem Gambling - Past 12 Months

#### 6 SUBSTANCE USE

During the elementary school years, most children express anti-drug, anti-crime and pro-social attitudes and have difficulty imagining why people use drugs. However, in middle school, as more youth are exposed to others who use cigarettes, alcohol or other drugs, their attitudes often shift toward greater acceptance of these behaviors. Typically, by 11th grade, most students have tried alcohol, and many have tried marijuana, cigarettes or other tobacco products.

#### 6.1 Abstinence from Substance Use

The following table shows the percent of students that have never used these substances.

Table 27: Abstinence from Substance Use

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Never smoked a whole cigarette	96.2	98.1	94.7	93.3	67.2	85.0
Never used other tobacco products	100.0	98.3	91.4	94.3	66.1	87.1
Never used an e-cigarette, vape-pen or e-hookah*	-	_	-	_	48.4	62.8
Never had more than a sip or two of alcohol	69.8	77.1	42.4	60.1	23.8	37.1
Never tried marijuana	96.2	97.0	94.9	86.0	58.1	61.6
Never tried synthetic marijuana	98.1	99.0	96.6	95.7	90.6	93.4

<sup>•</sup> Percentages exclude missing answers.

<sup>\*</sup> Only 11th graders were asked this question.

# 6.2 Substance Use in the Past 30 Days

The next table provides the percentage of students who used one or more times in the past 30 days.

Table 28: Student Reported Substance Use Past 30 Days

	Grad	e 6	Grad	e 8	Grade 11	
	County %	State %	County %	State %	County %	State %
Smoked cigarettes	0.0	0.7	3.3	2.8	16.9	5.8
Used other tobacco products	0.0	0.6	3.3	2.2	4.7	4.4
Used a hookah for tobacco*	-	_	-	_	3.1	2.8
Used an e-cigarette, vape-pen or e-hookah*	-	_	-	-	27.7	20.8
Had at least one drink of alcohol	11.3	4.5	34.4	15.4	46.2	29.0
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	2.0	1.0	11.5	5.6	23.1	15.3
Used marijuana	2.0	1.5	1.8	7.9	14.1	20.0
Used synthetic marijuana	0.0	0.7	1.7	2.8	1.5	2.6
Sniffed glue, breathed the contents of aerosol spray cans, or any paints or sprays to get high	7.5	5.0	5.1	4.8	1.5	1.3
Used prescription drugs (without a doctor's orders)	0.0	1.2	3.4	3.8	3.1	4.5
Any illicit drug use including marijuana, synthetic marijuana, cocaine, ecstasy, heroin, hallucinogens or methamphetamines	1.9	1.8	3.2	8.2	13.8	20.4
Any illicit drug use including cocaine, ecstasy, heroin, hallucinogens or methamphetamines	0.0	0.4	0.0	1.3	1.6	2.8

Percentages exclude missing answers.

<sup>\*</sup> Only 11th graders were asked this question.

## Alcohol, Tobacco and Other Drug Use - Grade 6 Lake County

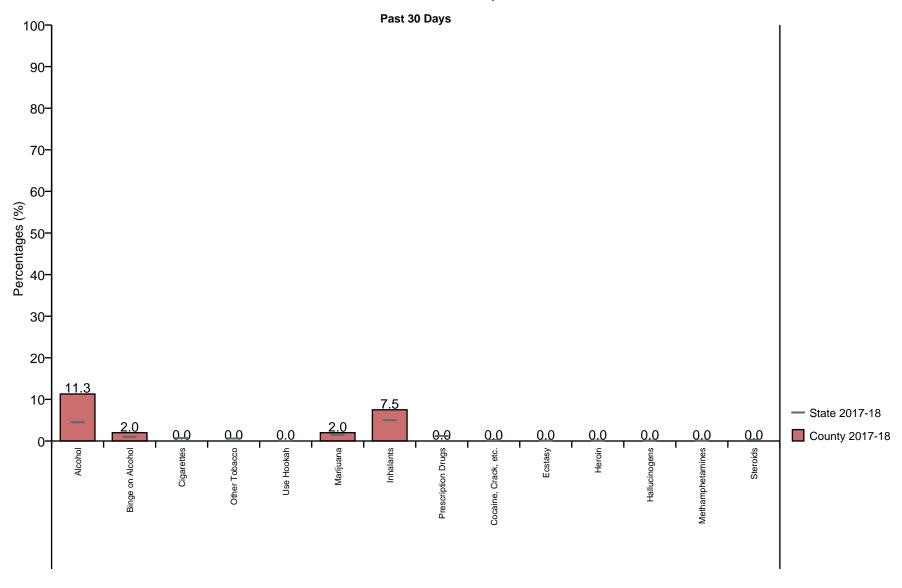


Figure 17: Alcohol, Tobacco and Other Drug Use - Grade 6

## Alcohol, Tobacco and Other Drug Use - Grade 8 Lake County

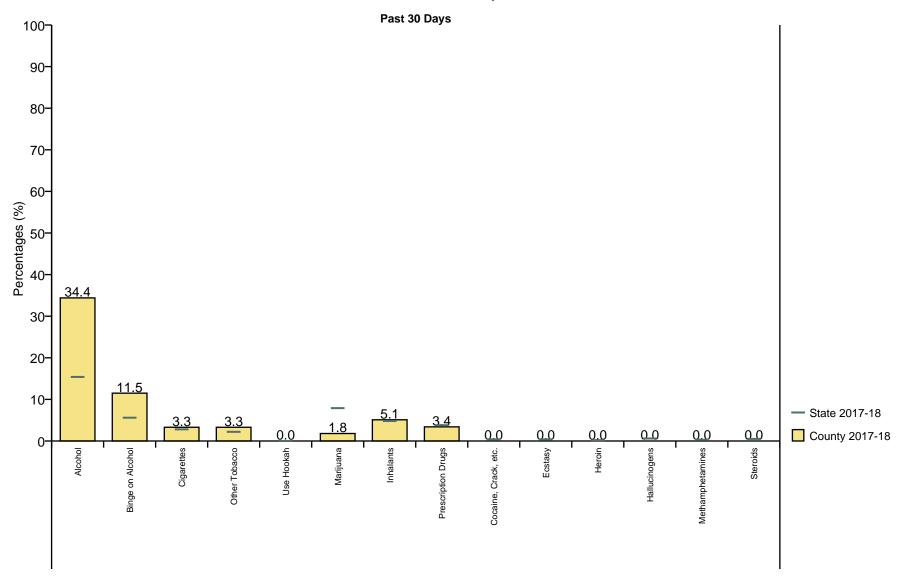


Figure 18: Alcohol, Tobacco and Other Drug Use - Grade 8

## Alcohol, Tobacco and Other Drug Use - Grade 11 Lake County

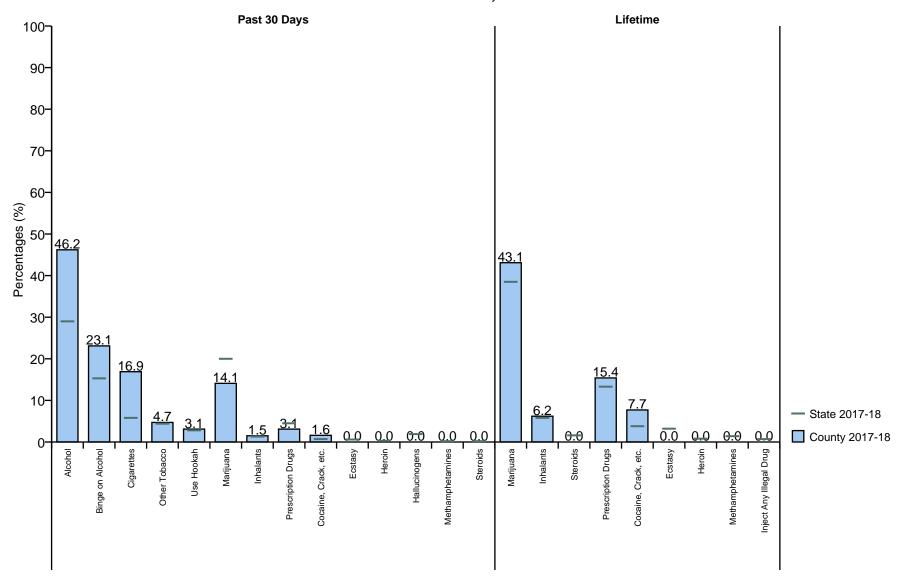


Figure 19: Alcohol, Tobacco and Other Drug Use - Grade 11

#### 6.3 Norms About Alcohol Use

"Everybody's doing it!" is a refrain commonly heard by parents and believed by far too many youth in Oregon. The Student Wellness Survey provides information about alcohol norms. A series of questions allows the comparison of actual alcohol-related behaviors to what youth think most students are doing.

Correcting misperceptions is essential to establishing new, healthy norms about underage drinking.

The table below provides the percentage of students who responded one or more times in the past 30 days.

Table 29: Student Reported Alcohol Use Past 30 Days

	Grad	e 6	Grad	e 8	Grade 11	
	County %	State %	County %	State %	County %	State %
Had at least one drink of alcohol	11.3	4.5	34.4	15.4	46.2	29.0
Think most students had at least one drink of alcohol	19.2	34.1	65.6	56.7	89.2	79.6
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	2.0	1.0	11.5	5.6	23.1	15.3
Think most students had 5 or more drinks of alcohol in a row	7.8	14.1	50.8	35.0	78.1	66.4

<sup>•</sup> Percentages exclude missing answers.

Table 30: Student Reported Alcohol and Vehicles Behavior Past 30 Days

	Grad	e 6	Grad	e 8	Grade	e 11
	County %	State %	County %	State %	County %	State %
Rode in a vehicle driven by a parent or other adult who had been drinking	11.5	10.8	14.8	12.8	14.3	11.4
Rode in a vehicle driven by a teenager who had been drinking alcohol*	-	_	-	_	17.5	5.6
Drove a car or other vehicle when you had been drinking alcohol*	-	_	-	_	13.3	3.5
Think most students rode in a vehicle driven by a parent or other adult who had been drinking	34.6	24.4	44.3	33.7	40.3	39.2
Think most students rode in a vehicle driven by a teenager who had been drinking alcohol*	-	_	-	-	59.7	46.5
Think most students drove a car or other vehicle when they had been drinking alcohol*	-	_	-	_	53.2	43.3

<sup>•</sup> Percentages exclude missing answers.

<sup>\*</sup> Only 11th graders were asked this question.

The table below provides the percentage of students who responded "somewhat disapprove" or "strongly disapprove"

Table 31: Student Disapproving Attitudes about Drinking

	Grad	e 6	Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?	69.2	78.8	63.9	73.2	58.7	66.3

Percentages exclude missing answers.

<sup>•</sup> Percentages include Somewhat Disapprove and Strongly Disapprove.

#### 6.4 Factors Associated with Initiation of Substance Use

This section reports on a variety of factors associated with initiation of substance use. Easy availability, attitudes about use, perceptions about the risk of harm from use and communication about substance use all influence whether young people choose to use tobacco, alcohol or other drugs.

#### 6.5 Availability

Adolescents that report easy availability of cigarettes, alcohol, marijuana, and other illegal drugs are more likely to use these substances. Research has shown that legal restrictions on alcohol and tobacco use, such as raising the legal drinking age, restricting smoking in public, and increased taxation have been followed by decreases in consumption.

The table below shows the percentage of students that said it would be "sort of easy" or "very easy" for the student to...

Table 32: Easy Availability of Cigarettes, Alcohol, Marijuana, and Other Illegal Drugs

	Grad	e 6	Grad	le 8	Grade 11	
	County %	State %	County %	State %	County %	State %
Get some cigarettes	2.0	12.1	29.8	25.3	60.0	46.4
Get some e-cigarettes, vape-pens, or e-hookahs*	-	_	-	_	61.5	61.7
Get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)	19.6	17.5	41.1	39.9	73.8	64.3
Get some marijuana	7.8	9.5	21.1	32.3	55.4	65.1
Get some synthetic marijuana, example: K2, spice, etc.	4.0	4.5	14.0	15.8	21.5	32.3
Get a drug like cocaine, LSD, or amphetamines	0.0	3.0	5.2	7.7	15.4	21.5
Get prescription drugs not prescribed to you	4.0	12.2	20.7	27.6	31.2	35.7

- Percentages exclude missing answers.
- \* Only 11th graders were asked this question.
- Percentages include Sort of easy and Very easy.

#### 6.6 Parental Attitude toward Substance Use

In families where parents are heavy users of alcohol, use illegal drugs or are tolerant of children's use, adolescents are more likely to engage in substance use. The risk is further increased if parents involve children in their own using behavior such as asking the child to light the parent's cigarette or get the parent a beer from the refrigerator.

The *Oregon Student Wellness Survey* asks students about how their parents would feel if the student used alcohol, cigarettes or marijuana. The table below reports the percentage of students who said their parents feel it would be "wrong" or "very wrong" for youth to...

Table 33: Student Perception about Parental Attitude toward Substance Use

	Grad	e 6	Grade 8		Grade	e 11		
	County %	State %	County %	State %	County %	State %		
Smoke cigarettes	98.0	97.4	96.7	96.9	100.0	95.3		
Smoke e-cigarettes, vape-pens, or e-hookahs*	-	_	-	_	96.8	87.4		
Have one or two drinks of an alcoholic beverage nearly every day	96.0	95.9	91.7	94.2	91.9	91.0		
Smoke marijuana	96.0	96.8	96.5	92.8	95.2	84.1		
Use prescription drugs not prescribed to you	100.0	97.4	98.3	96.5	100.0	95.9		
Use synthetic marijuana, example: K2, Spice*	_	_	_	-	100.0	94.5		

<sup>•</sup> Percentages exclude missing answers.

#### 6.7 Student Attitude toward Substance Use

Youth who disapprove of substance use are less likely to engage in a variety of problem behaviors.

The following table shows the percentage of students that "somewhat disapprove" or "strongly disapprove" about someone their age...

Table 34: Student Disapproving Attitude towards Peer Substance Use

	Grad	e 6	Grad	e 8	Grade 11	
	County %	State %	County %	State %	County %	State %
Smoking one or more packs of cigarettes a day	80.4	82.5	76.7	81.8	81.0	80.3
Smoking e-cigarettes, vape-pens, or e-hookahs*	-	_	-	-	54.0	53.3
Having one or two drinks of an alcoholic beverage nearly every day	69.2	78.8	63.9	73.2	58.7	66.3
Trying marijuana or hashish once or twice	71.2	79.1	68.9	67.4	51.6	42.9
Using prescription drugs not prescribed to them	78.0	81.1	76.7	80.2	77.8	78.3
Using synthetic marijuana, example: K2, Spice*	-	_	-	_	74.6	67.8

<sup>•</sup> Percentages exclude missing answers.

<sup>\*</sup> Only 11th graders were asked this question.

<sup>•</sup> Percentages include Wrong and Very wrong.

<sup>\*</sup> Only 11th graders were asked this question.

<sup>•</sup> Percentages include Somewhat Disapprove and Strongly Disapprove

#### 6.8 Perceived Risk of Harm

Students who perceive cigarette, alcohol or marijuana use as risky are less likely to engage in use.

The following table reports the percentage of students who think there is a risk of people harming themselves (physically or in other ways)...

Table 35: Student Perception of Moderate or Great Risk of Harm

	Grad	e 6	Grad	e 8	Grade	e 11
	County %	State %	County %	State %	County %	State %
If they smoke one or more packs of cigarettes per day	84.3	75.2	72.4	77.1	81.2	79.9
If they smoke e-cigarettes, vape-pens, or e-hookahs*	-	_	-	-	18.8	36.2
If they take one or two drinks of an alcoholic beverage nearly every day	54.0	47.2	35.6	49.5	59.4	55.6
When they have five or more drinks of an alcoholic beverage once or twice a week	73.5	63.6	58.3	68.3	73.4	74.8
If they try marijuana once or twice	46.8	42.5	27.1	30.0	26.6	18.4
If they smoke marijuana once or twice a week	69.4	60.7	55.9	52.2	49.2	36.6
If they use prescription drugs that are not prescribed to them	87.5	78.6	74.1	81.8	85.9	84.0

<sup>•</sup> Percentages exclude missing answers.

## 6.9 Communication about Substance Use

The table below shows the percentage of students who recall communication about substance use during the past 12 months.

Table 36: Communication about Substance Use Past 12 Months

	Grad	e 6	Grade 8		Grade	e 11
	County %	State %	County %	State %	County %	State %
Talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use	56.6	63.2	65.6	67.7	71.4	69.9
Had a special class about drugs or alcohol in school	7.8	31.4	19.7	51.2	32.3	46.0
Recall hearing, reading, or watching an advertisement about prevention of substance abuse	49.1	38.1	55.7	59.0	73.0	74.3

Percentages exclude missing answers.

<sup>\*</sup> Only 11th graders were asked this question.

<sup>•</sup> Percentages include Moderate risk and Great risk.

# 7 DRUG FREE COMMUNITIES CORE MEASURES

The Drug-Free Communities (DFC) Support Program, administered by the Center for Substance Abuse Prevention, requests specific data which are typically referred to as the Core Measures. Beginning in 2013, there was a new set of Core Measures. The 2018 Student Wellness Survey meets these new Core Measure requirements. At this time, grantees are required to report on four drug categories: tobacco, alcohol, marijuana and prescription drugs. A number of Oregon DFCs focus on other substances, so this report also includes 30-day use data for binge drinking, methamphetamines, and any illicit drugs other than marijuana.

Data in the tables that follow are provided by grade level. For each drug, and at each grade level, the percentage of students who responded positively to the question and the number of students who responded to the question are reported.

#### 7.1 30 Day Use

Table 37: 30 Day Use - Alcohol, Tobacco, and Other Drugs

	Grade 6 County %	Grade 8 County %	Grade 11 County %
Had at least one drink of alcohol	11.3	34.4	46.2
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	2.0	11.5	23.1
Smoked cigarettes	0.0	3.3	16.9
Used an e-cigarette, vape-pen or e-hookah*	-	-	27.7
Used marijuana	2.0	1.8	14.1
Used prescription drugs (without a doctor's orders)	0.0	3.4	3.1
Used any form of cocaine, including powder, crack or freebase	0.0	0.0	1.6
Used ecstasy (also called MDMA)	0.0	0.0	0.0
Used heroin or other opiates or narcotics	0.0	0.0	0.0
Used LSD or other hallucinogens or psychedelics	0.0	0.0	0.0
Used methamphetamines (also called speed, crystal, crank or ice)	0.0	0.0	0.0
Used steroid pills or shots without a doctor's prescription	0.0	0.0	0.0

<sup>•</sup> Percentages exclude missing answers.

<sup>\*</sup> Only 11th graders were asked this question.

## 7.2 Perception of Moderate or Great Risk

The following table is based on the question *How much do you think people harm themselves (physically or in other ways)...* 

Table 38: Student Perception of Moderate or Great Risk of Harming Themselves

	Grade 6 County %	Grade 8 County %	Grade 11 County %
If they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	54.0	35.6	59.4
When they have five or more drinks of an alcoholic beverage once or twice a week?	73.5	58.3	73.4
If they smoke one or more packs of cigarettes per day?	84.3	72.4	81.2
If they smoke e-cigarettes, vape-pens, or e-hookahs?*	-	-	18.8
If they smoke marijuana once or twice a week?	69.4	55.9	49.2
If they use prescription drugs not prescribed to them?	87.5	74.1	85.9

<sup>•</sup> Percentages exclude missing answers.

## 7.3 Parents Feel It Would Be Wrong or Very Wrong

Table 39: Parents Feel It Would Be Wrong or Very Wrong to...

	Grade 6 County %	Grade 8 County %	Grade 11 County %
Smoke cigarettes	98.0	96.7	100.0
Smoke e-cigarettes, vape-pens, or e-hookahs*	-	-	96.8
Have one or two drinks of an alcoholic beverage nearly every day	96.0	91.7	91.9
Smoke marijuana	96.0	96.5	95.2
Use synthetic marijuana, example: K2, Spice*	-	-	100.0
Use prescription drugs not prescribed to you	100.0	98.3	100.0

<sup>•</sup> Percentages exclude missing answers.

<sup>\*</sup> Only 11<sup>th</sup> graders were asked this question.

<sup>\*</sup> Only 11th graders were asked this question.

# 7.4 Friends Feel It Would Be Wrong or Very Wrong

Table 40: Friends Feel It Would Be Wrong or Very Wrong to...

	Grade 6 County %	Grade 8 County %	Grade 11 County %
Smoke tobbaco	94.1	77.0	56.5
Smoke e-cigarettes, vape-pens, or e-hookahs*	-	-	46.8
Have one or two drinks of an alcoholic beverage nearly every day	84.9	59.0	47.6
Use marijuana	96.2	83.1	53.2
Use synthetic marijuana, example: K2, Spice*	-	-	74.2
Use prescription drugs not prescribed to you	94.2	86.4	77.4

<sup>•</sup> Percentages exclude missing answers.

# 7.5 Average Age (in years) of Onset

Table 41: Average Age (in years) of Onset

	Grade 6 County %	Grade 8 County %	Grade 11 County %
Had more than a sip or two of alcohol	9.9	10.7	13.3
Drinking alcohol regularly	10.3	12.6	15.6
Smoked a whole cigarette	10.5	11.7	14.8
Used tobacco products other than cigarettes	0.0	12.2	14.6
Tried marijuana	10.5	12.0	15.0
Tried synthetic marijauna	9.0	12.0	15.5
Tried e-cigarettes, vape-pens or e-hookahs*	-	-	15.0

<sup>•</sup> Averages exclude missing answers.

<sup>\*</sup> Only 11th graders were asked this question.

<sup>\*</sup> Only 11<sup>th</sup> graders were asked this question.

# 8 HEIGHT, WEIGHT & BODY MASS INDEX (BMI)

The 2018 version of the *Oregon Student Wellness Survey* contains questions about height and weight. Information from these questions are broken down by sex rather than by grade. From these questions it is possible to calculate a Body Mass Index (BMI) and to classify students on a percentile ranking, based on previous CDC analysis, as being either underweight (less than 5th percentile), healthy weight (5th percentile to less than 85th percentile), overweight (85th to less than 95th percentile) or obese (greater than or equal to 95th percentile). This information is detailed in the following tables.

Table 42: Average Weight

	Grade 6		Grade 8		Grade 11	
	Female	Male	Female	Male	Female	Male
	Pounds	Pounds	Pounds	Pounds	Pounds	Pounds
Average	100.0	100.3	123.4	128.9	147.7	162.4

- Averages exclude missing answers.
- The data in this table are not weighted.

Table 43: Average Height

	Grade 6		Grade 8		Grade 11	
	Female	Male	Female	Male	Female	Male
	Inches	Inches	Inches	Inches	Inches	Inches
Average	61.0	59.2	62.4	66.5	63.3	69.5

- Averages exclude missing answers.
- The data in this table are not weighted.

Table 44: BMI Categories

	Grade 6		Grade 8		Grade 11	
	Female	Male	Female	Male	Female	Male
	%	%	%	%	%	<u>%</u>
Underweight	20.0	15.0	0.0	6.5	0.0	0.0
Healthy Weight	50.0	50.0	56.2	64.5	55.2	67.7
Overweight	20.0	5.0	31.2	16.1	34.5	25.8
Obese	10.0	30.0	12.5	12.9	10.3	6.5

<sup>•</sup> Percentages exclude missing answers.

Table 45: How do you describe your weight?

	Female %	Male %
Very underweight	3.3	0.0
Slightly underweight	6.7	15.2
About the right weight	40.0	69.7
Slightly overweight	46.7	15.2
Very overweight	3.3	0.0

- Percentages exclude missing answers.
- Only 11<sup>th</sup> graders were asked this question.

Table 46: What are you trying to do about your weight?

	Female %	Male %
Lose weight	53.3	25.7
Gain weight	10.0	31.4
Stay the same weight	20.0	8.6
I am not trying to do anything about my weight	16.7	34.3

- Percentages exclude missing answers.
- Only 11th graders were asked this question.

Table 47: During the past 30 days, did you go without eating for 24 hours or more to lose weight or to keep from gaining weight?

	Female %	Male %
Yes	16.7	8.6
No	83.3	91.4

- Percentages exclude missing answers.
- Only 11<sup>th</sup> graders were asked this question.

Table 48: During the past 30 days, did you take diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?

	Female %	Male %
Yes	6.7	2.9
No	93.3	97.1

- Percentages exclude missing answers.
- Only 11<sup>th</sup> graders were asked this question.

Table 49: During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Female %	Male %
Yes	0.0	0.0
No	100.0	100.0

- Percentages exclude missing answers.
- Only 11<sup>th</sup> graders were asked this question.

# 9 COMPARISON TO PAST SURVEYS

This section contains comparisons to past survey results for specific variables. They are detailed below.

## 9.1 Past 30 Day Use

Table 50: Alcohol - Past 30 Day Use

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	1.7	9.1	5.6	11.3
	state	6.7	4.5	4.0	4.5
8	county	33.3	28.6	19.6	34.4
	state	19.6	16.9	15.4	15.4
11	county	51.2	39.6	55.3	46.2
	state	35.9	33.5	29.8	29.0

Table 51: Binge - Past 30 Day Use

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	0.0	1.9	2.9	2.0
	state	1.7	1.0	0.9	1.0
8	county	26.2	7.3	6.5	11.5
	state	8.1	6.6	5.4	5.6
11	county	32.1	22.9	45.9	23.1
	state	21.4	18.9	15.5	15.3

Table 52: Marijuana - Past 30 Day Use

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	0.0	0.0	0.0	2.0
	state	1.5	1.2	1.2	1.5
8	county	19.1	3.3	0.0	1.8
	state	8.7	7.9	7.2	7.9
11	county	24.8	15.7	10.5	14.1
	state	21.8	18.7	18.9	20.0

Table 53: Cigarettes - Past 30 Day Use

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	0.0	1.9	0.0	0.0
	state	1.5	8.0	0.9	0.7
8	county	12.6	9.1	0.0	3.3
	state	5.6	4.5	3.3	2.8
11	county	16.7	17.0	5.3	16.9
	state	11.9	10.0	7.7	5.8

Table 54: Illicit Drug Use - Past 30 Day Use

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	0.0	0.0	2.6	1.9
	state	1.8	1.4	1.7	1.8
8	county	19.1	3.3	0.0	3.2
	state	9.0	8.1	7.9	8.2
11	county	26.4	17.6	10.5	13.8
	state	22.2	19.1	19.6	20.4

#### 9.2 Perceived Risk of Use

Table 55: Alcohol - Perceived Risk

Grade	Group	2012 %	2014 %	<b>2016</b> %	2018 %
6	county	61.6	60.4	54.3	73.5
	state	65.6	61.2	64.2	63.6
8	county	58.6	60.7	65.1	58.3
	state	72.6	67.9	70.2	68.3
11	county	74.7	63.8	71.1	73.4
	state	76.0	72.5	75.1	74.8

Table 56: Marijuana - Perceived Risk

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	75.5	78.4	66.7	69.4
	state	74.7	67.5	66.2	60.7
8	county	73.1	65.5	77.8	55.9
	state	70.2	61.3	58.9	52.2
11	county	66.2	54.3	50.0	49.2
	state	51.7	41.7	38.8	36.6

Table 57: Cigarettes - Perceived Risk

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	85.1	83.0	86.5	84.3
	state	81.1	78.3	78.4	75.2
8	county	81.9	85.7	77.8	72.4
	state	85.5	82.5	80.2	77.1
11	county	83.7	89.6	86.8	81.2
	state	87.1	83.2	81.3	79.9

## 9.3 Availability

Table 58: Alcohol - Easy to Get

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	10.3	26.0	16.7	19.6
	state	19.8	15.1	16.5	17.5
8	county	47.6	41.4	42.6	41.1
	state	43.6	39.2	38.7	39.9
11	county	70.3	68.1	71.1	73.8
	state	71.1	68.3	66.0	64.3

Table 59: Cigarettes - Easy to Get

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	14.3	10.0	0.0	2.0
	state	15.2	10.7	12.3	12.1
8	county	40.0	20.7	8.5	29.8
	state	32.4	27.5	26.8	25.3
11	county	66.5	63.0	68.4	60.0
	state	63.6	57.7	54.2	46.4

Table 60: Marijuana - Easy to Get

Grade	Group	2012 %	<b>2014</b> %	<b>2016</b> %	<b>2018</b> %
6	county	3.9	12.5	0.0	7.8
	state	9.2	6.4	9.0	9.5
8	county	39.6	19.0	10.6	21.1
	state	32.8	29.8	32.0	32.3
11	county	46.9	44.7	59.5	55.4
	state	69.3	66.0	67.9	65.1

## 9.4 Depression

Table 61: Felt sad almost every day for two weeks or more

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	19.4	25.5	13.2	23.2
	state	19.3	18.2	19.0	22.8
8	county	22.9	35.0	25.5	39.7
	state	22.7	24.7	25.9	29.2
11	county	19.8	24.0	22.2	26.2
	state	27.9	29.2	31.9	35.6

Table 62: Seriously consider attempting suicide

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	4.7	5.6	16.2	19.3
	state	9.0	8.5	10.5	13.3
8	county	20.6	16.7	17.4	22.6
	state	15.8	17.4	17.6	19.9
11	county	18.1	12.0	8.3	13.8
	state	15.1	17.7	18.1	19.7

Table 63: Actually attempted suicide

Grade	Group	2012 %	<b>2014</b> %	<b>2016</b> %	<b>2018</b> %
6	county	3.3	0.0	2.7	8.8
	state	5.2	4.7	6.2	7.5
8	county	8.3	13.3	4.3	11.3
	state	8.0	9.9	9.4	10.2
11	county	7.8	8.0	2.8	4.6
	state	6.0	7.7	7.8	8.1

## 9.5 Harassment In The Last 30 Days Related To:

Table 64: Race or ethnic origin

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	9.8	12.7	10.8	5.4
	state	11.4	8.6	8.8	10.8
8	county	8.3	6.6	17.0	6.3
	state	13.2	11.9	12.5	13.8
11	county	3.4	8.0	11.1	9.2
	state	10.8	9.6	9.7	10.5

Table 65: Being gay, lesbian, bisexual or transgender

Grade	Group	<b>2012</b> %	<b>2014</b> %	<b>2016</b> %	<b>2018</b> %
6	county	15.9	10.9	10.5	10.9
	state	16.0	12.9	13.3	15.5
8	county	20.4	14.8	14.9	12.7
	state	13.7	12.3	12.8	14.2
11	county	5.0	8.0	17.1	4.6
	state	8.0	7.0	7.3	7.0

Table 66: Who your friends are

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	30.7	19.6	22.2	18.5
	state	21.4	19.0	19.8	22.0
8	county	35.8	21.3	23.9	18.6
	state	22.7	20.4	20.7	22.1
11	county	10.1	8.0	13.9	9.2
	state	16.1	14.7	14.0	14.0

Table 67: How you look

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	39.3	38.2	26.3	12.7
	state	28.6	25.3	25.9	28.7
8	county	38.3	37.7	40.0	32.3
	state	30.2	28.7	29.7	31.2
11	county	15.7	22.4	19.4	23.1
	state	21.2	20.7	19.8	19.3

Table 68: Received unwanted sexual comments

Grade	Group	2012 %	<b>2014</b> %	<b>2016</b> %	<b>2018</b> %
6	county	6.4	7.1	10.8	7.5
	state	8.2	6.1	6.5	7.9
8	county	19.1	11.5	14.9	14.3
	state	12.1	10.2	11.0	12.6
11	county	7.6	12.0	16.7	6.2
	state	11.4	10.5	10.9	11.3

Table 69: Through e-mail, social media sites (Facebook, Twitter, etc.)

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	5.9	25.9	13.5	25.9
	state	12.5	13.7	13.6	22.8
8	county	18.3	26.2	17.0	19.7
	state	15.4	17.9	18.7	23.5
11	county	9.0	10.0	13.9	23.1
	state	11.9	14.3	13.5	15.6

Table 70: For other reasons

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	27.9	30.9	16.7	15.8
	state	23.1	20.0	20.9	14.7
8	county	28.7	34.4	15.9	22.2
	state	23.9	23.5	23.1	17.5
11	county	17.4	10.0	16.7	18.5
	state	16.2	16.5	15.4	12.8

# 9.6 Feeling Unsafe At or On the Way to School

Table 71: Did not go to school because of feelings about safety

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	5.1	12.5	7.9	8.9
	state	8.3	8.7	8.7	12.3
8	county	7.1	14.8	4.3	9.8
	state	7.0	7.6	7.3	10.5
11	county	6.1	4.0	8.3	4.7
	state	4.1	5.7	7.7	12.9

# 9.7 Skipped School in the Last Four Weeks

Table 72: Skipped school

Grade	Group	2012	2014	2016	2018
		%	%	%	%
6	county	25.3	38.2	21.6	33.3
	state	24.1	25.5	25.5	32.3
8	county	28.7	21.7	25.0	22.6
	state	23.3	23.8	23.5	28.8
11	county	29.2	18.4	25.0	35.4
	state	30.1	30.7	32.1	36.2

# A FREQUENCY DISTRIBUTION TABLES

This section contains frequency distribution tables for all of the questions found on the 2018 *Oregon Student Wellness Survey*. Two versions of the survey were used, one for 6th and 8th grades and another for the 11th grade. The 6th and 8th grade survey consisted of a subset of the questions found on the 11th grade version. In order to provide results that spanned all grade levels in a single report, the data for questions that did not appear on the 6th and 8th grade version were coded as missing.

## A.1 Frequency Distribution Tables

#### A.1.1 Demographics

Table 73: How old are you?

	Grad	e <b>6</b>	Grad	e 8	Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
10 or younger	0.0	0.4	0.0	0.1	0.0	0.0
11 years old	36.8	42.4	0.0	0.1	0.0	0.0
12 years old	61.4	55.6	0.0	0.3	0.0	0.0
13 years old	1.8	1.6	42.9	41.0	0.0	0.0
14 years old	0.0	0.0	52.4	56.9	0.0	0.0
15 years old	0.0	0.0	4.8	1.6	0.0	0.2
16 years old	0.0	0.0	0.0	0.0	27.7	41.6
17 years old	0.0	0.0	0.0	0.0	70.8	56.4
18 years old	0.0	0.0	0.0	0.0	1.5	1.8
19 years old or older	0.0	0.0	0.0	0.0	0.0	0.0

Table 74: How do you identiy?

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Female	50.9	49.5	32.8	47.9	46.2	48.4
Male	43.9	49.0	63.9	49.2	53.8	49.3
Transgender	0.0	0.4	3.3	0.9	0.0	0.8
Something else fits better	5.3	1.1	0.0	1.9	0.0	1.5

Table 75: Which of the following best describes you?

	Grade	e 11
	County %	State %
Heterosexual (straight)	93.8	84.3
Gay or lesbian	0.0	2.1
Bisexual	3.1	7.6
Queer	0.0	1.3
Other	0.0	1.8
Not sure	3.1	2.9
. 41.		

<sup>•</sup> Only 11<sup>th</sup> graders were asked this question.

Table 76: In what grade are you?

	Grad	e 6	Grad	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %	
6th	100.0	100.0	0.0	0.0	0.0	0.0	
7th	0.0	0.0	0.0	0.0	0.0	0.0	
8th	0.0	0.0	100.0	100.0	0.0	0.0	
9th	0.0	0.0	0.0	0.0	0.0	0.0	
10th	0.0	0.0	0.0	0.0	0.0	0.0	
11th	0.0	0.0	0.0	0.0	100.0	100.0	
12th	0.0	0.0	0.0	0.0	0.0	0.0	
Ungraded or other grade	0.0	0.0	0.0	0.0	0.0	0.0	

Table 77: What is your race?

	Grad	e 6	Grad	e 8	Grade	e 11
	County %	State %	County %	State %	County %	State %
Non-Hispanic American Indian or Alaska Native	9.4	6.1	8.8	3.4	3.1	1.9
Non-Hispanic Asian	1.9	4.5	1.8	4.7	0.0	5.0
Non-Hispanic Black or African American	3.8	2.9	0.0	3.0	1.5	2.6
Non-Hispanic Native Hawaiian or Other Pacific Islander	0.0	0.8	0.0	1.0	0.0	0.8
Non-Hispanic White	62.3	52.9	70.2	55.8	80.0	61.7
Non-Hispanic Multiple - No best given	1.9	1.0	1.8	0.8	0.0	0.6
Hispanic / Latino	17.0	26.2	17.5	27.8	15.4	24.7
Non-Hispanic Other	3.8	5.6	0.0	3.7	0.0	2.7

Table 78: Are you Hispanic or Latino/Latina?

	Grade 6		Grade 8		Grade 11	
	County State		County	County State		State
	%	%	%	%	%	%
Yes	16.7	25.6	16.9	27.5	15.4	24.6
No	83.3	74.4	83.1	72.5	84.6	75.4

Table 79: What is the language you use most often at home?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
-	/0	/0	/0	/0	/0	/0
English	89.5	83.4	92.1	83.0	95.3	84.8
Russian	0.0	0.9	0.0	1.1	0.0	0.7
Spanish	8.8	11.8	6.3	12.0	4.7	10.7
Vietnamese	0.0	0.5	1.6	0.7	0.0	0.8
A tribal language	0.0	0.1	0.0	0.2	0.0	0.2
Another language	1.8	3.2	0.0	3.0	0.0	2.7

## A.1.2 Transitions and Mobility

Table 80: Have you changed schools (including changing from elementary to middle and middle to high school) in the past year?

	Grade 6		Grade 8		Grade 11	
	-		-	County State		State
	%	%	%	%	%	%
Yes	24.6	68.1	19.0	27.0	12.3	17.1
No	75.4	31.9	81.0	73.0	87.7	82.9

Table 81: How many times have you changed homes since kindergarten?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Never	26.3	33.0	20.6	29.3	42.2	29.2
1 or 2 times	33.3	35.7	33.3	33.9	20.3	30.8
3 or 4 times	24.6	19.5	23.8	20.5	15.6	20.2
5 or 6 times	7.0	7.3	9.5	9.4	7.8	10.6
7 or more times	8.8	4.5	12.7	6.9	14.1	9.1

## A.2 School Climate

## A.2.1 Academic Performance

Table 82: Putting them all together, what were your grades like last year?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Mostly A's	57.1	44.9	30.5	41.1	40.6	38.5
Mostly B's	32.1	36.5	35.6	33.0	31.2	34.3
Mostly C's	8.9	13.9	27.1	17.9	20.3	20.6
Mostly D's	0.0	3.1	0.0	4.5	7.8	4.7
Mostly F's	1.8	1.6	6.8	3.5	0.0	1.9

#### A.2.2 School Commitment

Table 83: During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
None	66.7	67.7	77.4	71.2	64.6	63.8
1 day	5.3	11.9	12.9	10.1	7.7	10.9
2 days	12.3	7.1	1.6	6.5	4.6	7.7
3 days	1.8	5.1	3.2	4.8	13.8	5.8
4 to 5 days	12.3	4.6	3.2	4.2	7.7	6.6
6 to 10 days	1.8	2.0	0.0	1.7	0.0	2.9
11 or more days	0.0	1.5	1.6	1.4	1.5	2.2

Table 84: How do you like school?

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
I like school very much	24.6	17.3	8.1	8.5	9.2	6.6
I like school	33.3	36.1	21.0	30.3	18.5	31.7
I neither like nor dislike school	36.8	33.1	45.2	39.5	32.3	37.1
I dislike school	1.8	7.8	9.7	12.2	24.6	15.1
I dislike school very much	3.5	5.8	16.1	9.5	15.4	9.4

Table 85: How important do you think the things you are learning in school are going to be for your later life?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Very important	44.6	38.5	19.0	22.2	12.3	12.3
Quite important	33.9	30.9	20.6	27.4	20.0	22.3
Fairly important	17.9	21.2	23.8	29.8	24.6	34.0
Slightly important	3.6	7.7	31.7	16.5	32.3	25.1
Not at all important	0.0	1.7	4.8	4.1	10.8	6.3

Table 86: How often do you feel that the schoolwork you are assigned is meaningful and important?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Almost always	35.2	23.6	12.7	10.2	9.4	4.2
Often	31.5	33.7	23.8	26.7	14.1	18.0
Sometimes	31.5	32.0	28.6	40.9	29.7	43.2
Seldom	1.9	7.3	20.6	16.1	40.6	26.3
Never	0.0	3.4	14.3	6.1	6.2	8.4

Table 87: Thinking back over the past school year, how often did you try to do your best work in school?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Almost always	61.5	56.6	38.1	39.7	34.4	29.1
Often	28.8	29.5	38.1	36.1	31.2	39.9
Sometimes	5.8	10.6	22.2	17.3	29.7	22.4
Seldom	3.8	2.5	1.6	5.3	4.7	6.9
Never	0.0	8.0	0.0	1.6	0.0	1.7

Table 88: I have lots of chances to be part of class discussions or activities.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Strongly agree	42.9	43.3	31.7	37.1	35.9	36.2
Somewhat agree	44.6	46.4	46.0	50.7	51.6	52.0
Somewhat disagree	10.7	8.2	17.5	9.8	9.4	9.6
Strongly disagree	1.8	2.2	4.8	2.4	3.1	2.2

Table 89: There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Strongly agree	72.2	57.9	66.7	53.2	59.4	61.8
Somewhat agree	25.9	32.3	27.0	34.4	26.6	29.6
Somewhat disagree	1.9	7.6	3.2	9.5	10.9	6.7
Strongly disagree	0.0	2.3	3.2	2.9	3.1	2.0

Table 90: I respect most of my teachers.

	Grad	e <b>6</b>	Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Strongly agree	76.4	70.0	40.7	56.0	54.1	57.4
Somewhat agree	21.8	24.1	37.3	33.1	32.8	34.7
Somewhat disagree	0.0	4.5	13.6	8.4	9.8	6.3
Strongly disagree	1.8	1.3	8.5	2.4	3.3	1.7

Table 91: My teachers notice when I am doing a good job and let me know about it.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Strongly agree	49.1	32.0	29.5	23.6	14.1	20.3
Somewhat agree	40.0	45.8	39.3	45.2	39.1	45.3
Somewhat disagree	9.1	15.9	23.0	22.2	42.2	25.3
Strongly disagree	1.8	6.3	8.2	8.9	4.7	9.2

Table 92: I can talk to my teachers openly and freely about my concerns.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Strongly agree	38.2	30.2	25.8	21.1	17.2	21.4
Somewhat agree	45.5	36.5	30.6	35.5	35.9	39.8
Somewhat disagree	10.9	20.4	32.3	26.0	26.6	25.8
Strongly disagree	5.5	13.0	11.3	17.4	20.3	13.0

Table 93: In my school, teachers treat students with respect.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Strongly agree	59.3	55.4	36.1	35.0	25.0	31.4
Somewhat agree	35.2	32.6	37.7	43.6	48.4	47.6
Somewhat disagree	3.7	9.1	14.8	16.0	21.9	16.7
Strongly disagree	1.9	2.9	11.5	5.3	4.7	4.3

Table 94: Most students at my school help each other when they are hurt or upset.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Strongly agree	36.4	29.0	13.1	17.9	9.4	14.9
Somewhat agree	54.5	44.4	52.5	43.5	39.1	44.9
Somewhat disagree	7.3	19.4	24.6	27.0	31.2	28.8
Strongly disagree	1.8	7.3	9.8	11.7	20.3	11.5

Table 95: In my school, students that work hard to get good grades are picked on by other students.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Strongly agree	1.8	10.0	6.7	6.9	4.7	4.0
Somewhat agree	21.8	19.9	15.0	18.0	12.5	13.7
Somewhat disagree	18.2	28.1	26.7	33.7	29.7	34.4
Strongly disagree	58.2	42.1	51.7	41.3	53.1	48.0

#### A.2.3 Safe School Environment

Table 96: During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 days	91.1	87.7	90.2	89.5	95.3	87.1
1 day	7.1	7.0	4.9	6.2	1.6	8.2
2 or 3 days	1.8	3.4	4.9	2.8	3.1	3.3
4 or 5 days	0.0	0.8	0.0	0.6	0.0	0.8
6 or more days	0.0	1.0	0.0	0.9	0.0	0.7

Table 97: During the past 30 days, on how many days did you carry a gun as a weapon on school property?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 days	100.0	99.1	98.4	99.1	98.4	99.0
1 day	0.0	0.5	0.0	0.3	0.0	0.3
2 or 3 days	0.0	0.2	0.0	0.2	0.0	0.1
4 or 5 days	0.0	0.1	0.0	0.1	1.6	0.1
6 or more days	0.0	0.2	1.6	0.3	0.0	0.5

Table 98: During the past 30 days, on how many days did you carry a weapon (other than a gun) such as a knife or club on school property?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 days	98.2	97.4	87.3	95.8	79.4	93.2
1 day	1.8	1.6	1.6	2.0	0.0	1.6
2 or 3 days	0.0	0.4	4.8	0.8	1.6	1.1
4 or 5 days	0.0	0.2	1.6	0.3	1.6	0.5
6 or more days	0.0	0.5	4.8	1.1	17.5	3.6

Table 99: During the past 12 months, how many times were you in a physical fight?

	Grad	e 6	Grad	e 8	Grade	e 11
	County %	State %	County %	State %	County %	State %
0 times	68.4	71.7	65.1	75.5	81.5	86.2
1 time	21.1	14.6	20.6	13.1	9.2	7.5
2 or 3 times	7.0	8.0	4.8	7.2	4.6	4.2
4 or 5 times	3.5	2.3	4.8	1.9	3.1	1.0
6 or 7 times	0.0	0.9	1.6	0.7	1.5	0.3
8 or 9 times	0.0	0.4	0.0	0.3	0.0	0.2
10 or 11 times	0.0	0.3	0.0	0.1	0.0	0.1
12 or more times	0.0	1.7	3.2	1.2	0.0	0.5

Table 100: During the past 12 months, how many times were you in a physical fight on school property?

	Grad	e 6	Grad	e 8	Grade	e 11
	County %	State %	County %	State %	County %	State %
				/0		/0
0 times	90.9	83.6	77.4	86.5	92.3	94.7
1 time	7.3	10.6	11.3	9.2	6.2	3.9
2 or 3 times	1.8	4.0	3.2	3.1	1.5	0.9
4 or 5 times	0.0	8.0	6.5	0.5	0.0	0.2
6 or 7 times	0.0	0.4	1.6	0.2	0.0	0.1
8 or 9 times	0.0	0.2	0.0	0.1	0.0	0.1
10 or 11 times	0.0	0.1	0.0	0.1	0.0	0.0
12 or more times	0.0	0.4	0.0	0.3	0.0	0.1

Table 101: During the past 12 months, how many times did you bully someone (such as hitting, kicking, pushing, saying mean things, spreading rumors, or making sexual comments that bothered them)?

	Grad	e 6	Grad	e 8	Grade	e 11
	County	State	County	State	County	State
	%	%	%	%	%	%
0 times	80.4	84.2	77.8	82.2	87.7	90.0
1 time	14.3	9.7	7.9	9.1	6.2	4.5
2 or 3 times	3.6	3.5	9.5	4.8	4.6	2.8
4 or 5 times	0.0	0.9	0.0	1.3	0.0	8.0
6 or 7 times	0.0	0.4	0.0	0.6	0.0	0.4
8 or 9 times	0.0	0.2	0.0	0.3	0.0	0.2
10 or 11 times	0.0	0.1	0.0	0.1	1.5	0.1
12 or more times	1.8	1.1	4.8	1.7	0.0	1.2

Table 102: During the past 12 months, how many times have you been suspended from school?

	Grad	le 6	Grad	e 8	Grade	e 11
	County	State	County	State	County	State
	%	%	%	%	%	%
0 times	92.7	92.4	90.5	87.7	81.5	91.1
1 time	3.6	5.0	7.9	7.3	12.3	5.5
2 or 3 times	3.6	1.6	1.6	3.1	6.2	2.3
4 or 5 times	0.0	0.3	0.0	0.8	0.0	0.6
6 or 7 times	0.0	0.2	0.0	0.3	0.0	0.2
8 or 9 times	0.0	0.1	0.0	0.2	0.0	0.1
10 or 11 times	0.0	0.0	0.0	0.1	0.0	0.1
12 or more times	0.0	0.2	0.0	0.4	0.0	0.2

Table 103: During the past 12 months, how many times has someone threatened you with a weapon such as a gun, knife, or club on school property?

	Grad	e 6	Grad	e 8	Grade	11
	County %	State %	County %	State %	County %	State %
0 times	90.9	88.7	88.9	87.8	93.8	92.7
1 time	5.5	6.8	7.9	6.9	1.5	3.9
2 or 3 times	1.8	2.5	1.6	2.9	1.5	1.8
4 or 5 times	0.0	0.7	0.0	1.0	3.1	0.7
6 or 7 times	0.0	0.3	0.0	0.4	0.0	0.3
8 or 9 times	0.0	0.2	0.0	0.2	0.0	0.1
10 or 11 times	1.8	0.1	1.6	0.1	0.0	0.1
12 or more times	0.0	0.6	0.0	0.7	0.0	0.4

Table 104: During the past 12 months, how many times have you been drunk or high at school?

	Grade	e 11
	County %	State %
0 times	79.7	84.5
1 time	7.8	4.1
2 or 3 times	9.4	3.6
4 or 5 times	0.0	1.5
6 or 7 times	3.1	0.7
8 or 9 times	0.0	0.4
10 or 11 times	0.0	0.4
12 or more times	0.0	4.8

Only 11<sup>th</sup> graders were asked this question.

Table 105: During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Yes	1.8	3.0	3.3	10.1	4.8	18.7
No	98.2	97.0	96.7	89.9	95.2	81.3

#### A.2.4 Harassment and Bullying

Table 106: Any harassment in the past 30 days

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
No	57.9	50.9	54.0	50.0	55.4	62.8
Yes	42.1	49.1	46.0	50.0	44.6	37.2

Table 107: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of your race or ethnic origin?

	Grade 6		Grade 8		Grade	e 11
	County %	State %	County %	State %	County %	State %
0 times	94.6	89.2	93.7	86.2	90.8	89.5
1 time	3.6	5.7	3.2	6.6	0.0	4.7
2 or 3 times	0.0	2.9	1.6	3.8	4.6	3.3
4 or 5 times	1.8	0.7	0.0	1.1	1.5	0.7
6 or more times	0.0	1.5	1.6	2.3	3.1	1.7

Table 108: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because someone said you were gay, lesbian, bisexual or transgender?

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 times	89.1	84.5	87.3	85.8	95.4	93.0
1 time	0.0	6.7	4.8	5.1	1.5	2.6
2 or 3 times	5.5	4.1	3.2	4.1	1.5	2.2
4 or 5 times	3.6	1.3	0.0	1.3	0.0	0.6
6 or more times	1.8	3.5	4.8	3.7	1.5	1.6

Table 109: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of who your friends are?

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 times	81.5	78.0	81.4	77.9	90.8	86.0
1 time	13.0	11.8	6.8	10.5	4.6	6.8
2 or 3 times	3.7	5.8	8.5	6.7	4.6	4.5
4 or 5 times	1.9	1.6	0.0	1.7	0.0	1.1
6 or more times	0.0	2.8	3.4	3.1	0.0	1.5

Table 110: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of how you look (weight, clothes, acne, or other physical characteristics)?

	Grad	le <b>6</b>	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 times	87.3	71.3	67.7	68.8	76.9	80.7
1 time	3.6	12.5	11.3	12.5	10.8	8.6
2 or 3 times	5.5	7.8	12.9	9.2	9.2	6.0
4 or 5 times	0.0	2.8	3.2	3.2	3.1	1.6
6 or more times	3.6	5.7	4.8	6.3	0.0	3.1

Table 111: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because you received unwanted sexual comments or attention?

	Grad	le <b>6</b>	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 times	92.5	92.1	85.7	87.4	93.8	88.7
1 time	5.7	4.0	6.3	5.0	3.1	4.5
2 or 3 times	1.9	1.9	1.6	3.7	3.1	3.5
4 or 5 times	0.0	0.7	3.2	1.5	0.0	1.4
6 or more times	0.0	1.3	3.2	2.4	0.0	1.9

Table 112: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school through e-mail, social media sites (Facebook, Twitter, YouTube, etc.), chat rooms, instant messaging, web sites, texting or phone?

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 times	74.1	77.2	80.3	76.5	76.9	84.4
1 time	16.7	9.6	4.9	9.1	9.2	6.0
2 or 3 times	3.7	5.8	8.2	6.3	7.7	5.1
4 or 5 times	0.0	2.0	0.0	2.5	3.1	1.5
6 or more times	5.6	5.4	6.6	5.7	3.1	3.0

Table 113: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school for other reasons?

	Grad	e <b>6</b>	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 times	84.2	85.3	77.8	82.5	81.5	87.2
1 time	10.5	6.9	11.1	7.4	9.2	5.3
2 or 3 times	1.8	3.7	4.8	4.6	6.2	3.9
4 or 5 times	1.8	1.4	0.0	1.8	1.5	1.4
6 or more times	1.8	2.7	6.3	3.7	1.5	2.2

Table 114: How often have you seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus?

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Never	57.1	44.9	38.1	43.6	56.9	59.9
Once or twice per year	23.2	31.5	42.9	33.9	32.3	30.1
Once or twice per month	12.5	12.4	12.7	12.6	6.2	6.1
Once or twice per week	7.1	7.6	4.8	6.5	4.6	2.7
Every day	0.0	3.6	1.6	3.4	0.0	1.3

Table 115: How often have you heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus?

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Never	40.7	30.5	30.2	26.7	24.6	34.9
Once or twice per year	25.9	25.6	22.2	24.5	21.5	27.0
Once or twice per month	11.1	16.2	22.2	18.7	24.6	18.0
Once or twice per week	16.7	14.6	17.5	15.8	12.3	12.4
Every day	5.6	13.1	7.9	14.3	16.9	7.7

Table 116: How often have you heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?

	Grad	e 6	Grade 8		Grade	e 11
	County %	State %	County %	State %	County %	State %
Never	42.9	34.3	27.4	29.0	14.1	34.5
Once or twice per year	19.6	24.8	24.2	24.0	18.8	23.8
Once or twice per month	19.6	16.8	17.7	18.8	21.9	19.3
Once or twice per week	5.4	13.0	14.5	14.9	21.9	12.9
Every day	12.5	11.1	16.1	13.2	23.4	9.4

## A.3 Social, Emotional and Mental Health

#### A.3.1 Positive Youth Development

Table 117: Positive Youth Development

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Strong positive youth development	60.8	59.9	46.4	50.9	59.7	56.2
Weak positive youth development	39.2	40.1	53.6	49.1	40.3	43.8

Table 118: Would you say that in general your emotional and mental health is...

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Excellent	19.3	26.2	24.6	20.5	16.9	14.2
Very good	29.8	28.6	24.6	26.0	24.6	21.4
Good	38.6	30.6	19.7	28.5	32.3	30.5
Fair	8.8	11.2	21.3	16.9	15.4	23.3
Poor	3.5	3.3	9.8	8.2	10.8	10.6

Table 119: Would you say that in general your physical health is...

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Excellent	26.8	28.3	32.3	22.2	16.9	15.8
Very good	37.5	30.7	27.4	29.7	32.3	27.0
Good	23.2	30.5	24.2	32.9	36.9	37.4
Fair	8.9	9.0	12.9	12.5	10.8	16.5
Poor	3.6	1.5	3.2	2.8	3.1	3.3

Table 120: I can do most things if I try.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Very much true	30.2	32.3	37.7	32.5	53.1	44.1
Pretty much true	39.6	41.0	26.2	43.0	37.5	41.3
A little true	15.1	18.9	24.6	19.3	7.8	12.2
Not at all true	15.1	7.8	11.5	5.2	1.6	2.4

Table 121: I can work out my problems.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Very much true	28.8	34.5	41.0	30.9	50.0	38.1
Pretty much true	51.9	42.5	29.5	43.7	40.6	44.0
A little true	11.5	18.1	27.9	20.5	9.4	15.4
Not at all true	7.7	4.9	1.6	4.9	0.0	2.5

Table 122: I volunteer to help others in my community.

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Very much true	34.6	25.9	25.4	19.3	28.6	25.4
Pretty much true	26.9	28.6	32.2	25.4	34.9	28.0
A little true	30.8	31.4	23.7	35.7	30.2	32.2
Not at all true	7.7	14.1	18.6	19.7	6.3	14.4

Table 123: There is at least one teacher or other adult in my school that really cares about me.

	Grade 6		Grade 8		Grade 11	
	County State	County	State	County	State	
	%	%	%	%	%	%
Very much true	55.8	45.9	27.9	36.1	41.9	40.9
Pretty much true	13.5	25.1	23.0	27.2	24.2	27.9
A little true	13.5	18.2	32.8	23.2	22.6	21.0
Not at all true	17.3	10.8	16.4	13.6	11.3	10.3

Table 124: On an average school night, how many hours of sleep do you get?

	Grade	e 11
	County	State
	%	%
4 or less	6.2	8.0
5 hours	10.8	14.6
6 hours	26.2	26.5
7 hours	26.2	29.9
8 hours	27.7	16.6
9 hours	1.5	3.4
10 or more hours	1.5	1.0

Only 11<sup>th</sup> graders were asked this question.

### A.3.2 Mental Health Inventory

Table 125: Mental Health Inventory 5

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Below MHI-5 cutoff	96.1	91.1	81.7	85.8	87.7	83.5
At or above MHI-5 cutoff	3.9	8.9	18.3	14.2	12.3	16.5

Table 126: During the past 30 days, how much of the time have you been a happy person

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
All of the time	21.1	19.8	14.3	14.1	7.7	8.7
Most of the time	36.8	43.1	34.9	38.1	44.6	32.3
A good bit of the time	19.3	15.0	19.0	17.4	15.4	21.0
Some of the time	14.0	11.8	14.3	16.1	18.5	21.1
A little of the time	5.3	8.1	15.9	11.2	10.8	14.0
None of the time	3.5	2.2	1.6	3.1	3.1	3.0

Table 127: During the past 30 days, how much of the time have you been a very nervous person

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
All of the time	9.3	7.0	6.5	8.5	7.7	8.5
Most of the time	3.7	10.4	17.7	13.0	13.8	15.0
A good bit of the time	5.6	11.0	12.9	14.0	9.2	16.7
Some of the time	9.3	20.1	16.1	21.3	23.1	22.1
A little of the time	40.7	34.9	27.4	30.2	33.8	25.9
None of the time	31.5	16.6	19.4	13.0	12.3	11.8

Table 128: During the past 30 days, how much of the time have you felt calm and peaceful

	Grad	le 6	Grad	Grade 8		e 11
	County %	State %	County %	State %	County %	State %
All of the time	15.1	15.0	14.8	10.6	4.6	8.1
Most of the time	26.4	26.9	16.4	23.9	24.6	19.3
A good bit of the time	18.9	19.1	16.4	19.3	26.2	17.8
Some of the time	17.0	16.3	16.4	19.2	21.5	23.3
A little of the time	15.1	14.4	21.3	18.4	13.8	23.2
None of the time	7.5	8.3	14.8	8.7	9.2	8.3

Table 129: During the past 30 days, how much of the time have you felt downhearted and blue

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
All of the time	1.9	3.9	1.6	5.0	7.7	4.6
Most of the time	9.3	7.1	17.7	9.2	6.2	11.2
A good bit of the time	5.6	8.6	11.3	11.6	7.7	14.1
Some of the time	14.8	14.2	8.1	16.7	15.4	20.5
A little of the time	37.0	31.9	24.2	31.2	40.0	30.3
None of the time	31.5	34.2	37.1	26.4	23.1	19.4

Table 130: During the past 30 days, how much of the time have you felt so down in the dumps that nothing could cheer you up

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
All of the time	0.0	3.4	1.6	4.2	6.2	3.5
Most of the time	5.4	5.0	11.1	6.3	3.1	6.6
A good bit of the time	1.8	5.6	11.1	7.6	0.0	8.9
Some of the time	10.7	8.5	12.7	9.8	16.9	11.9
A little of the time	19.6	19.7	11.1	21.0	18.5	24.2
None of the time	62.5	57.9	52.4	51.2	55.4	44.9

### A.3.3 Depression and Suicidality

Table 131: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Yes	23.2	22.8	39.7	29.2	26.2	35.6
No	76.8	77.2	60.3	70.8	73.8	64.4

Table 132: During the past 12 months, did you ever seriously consider attempting suicide?

	Grade 6		Grade 8		Grade 11	
	County State		County	State	County	State
	%	%	%	%	%	%
Yes	19.3	13.3	22.6	19.9	13.8	19.7
No	80.7	86.7	77.4	80.1	86.2	80.3

Table 133: During the past 12 months, how many times did you actually attempt suicide?

	Grad	le <b>6</b>	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 times	91.2	92.5	88.7	89.8	95.4	91.9
1 time	5.3	4.3	6.5	5.3	1.5	4.9
2 or 3 times	1.8	2.0	1.6	3.2	3.1	2.3
4 or 5 times	1.8	0.5	1.6	0.8	0.0	0.4
6 or more times	0.0	0.6	1.6	0.8	0.0	0.5

### A.3.4 Problem Gambling

Table 134: Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome. Please mark ALL the different types of betting that you have done, if any, during the last 30 days:

	Grad	e 6	Grad	e 8	Grade	e <b>11</b>
	County %	State %	County %	State %	County %	State %
I did not gamble during the last 30 days.	69.1	76.0	59.3	71.9	64.1	75.6
Playing lottery tickets / Powerball / Megabucks.	0.0	3.2	5.1	3.9	6.3	4.1
Playing dice or coin flips.	20.0	9.1	11.9	9.3	6.3	6.4
Playing cards (poker, etc.).	9.1	6.9	22.0	9.3	15.6	8.4
Betting on a sports team.	16.4	11.0	23.7	12.3	14.1	10.2
Betting on games of personal skill (bowling, video games, dares, etc.).	16.4	14.4	28.8	16.1	21.9	13.3
Gambling on the Internet for free or with money.	0.0	1.4	3.4	2.8	3.1	3.3
Playing Bingo for money.	0.0	3.0	3.4	2.9	1.6	2.1
Other.	7.3	9.5	11.9	9.6	12.5	6.8

Table 135: During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money?

	Grad	le <b>6</b>	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
	70	70	70	70	70	70
Yes	1.8	2.4	3.4	2.3	1.5	2.2
No	34.5	17.2	33.9	22.0	38.5	24.6
I don't bet for money.	63.6	80.4	62.7	75.6	60.0	73.2

Table 136: During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Yes	1.8	2.9	5.0	1.8	4.6	1.1
No	30.9	15.5	35.0	21.3	36.9	23.4
I don't bet for money.	67.3	81.6	60.0	76.9	58.5	75.5

Table 137: Have you ever lied to anyone about betting/gambling?

	Grade 6		Grade 8		Grade 11	
	County State		County	State	County	State
	%	%	%	%	%	%
Yes	1.8	3.3	9.7	4.4	3.1	3.4
No	98.2	96.7	90.3	95.6	96.9	96.6

Table 138: Have you ever bet/gambled more than you wanted to?

	Grade 6		Grade 8		Grade 11	
	•		County	County State		State
	%	%	%	%	%	%
Yes	5.7	2.9	16.1	4.1	6.3	4.5
No	94.3	97.1	83.9	95.9	93.7	95.5

Table 139: Have your parents ever talked to you about the risks of betting/gambling?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Yes	51.8	50.7	45.9	48.6	48.4	38.0
No	48.2	49.3	54.1	51.4	51.6	62.0

Table 140: Have your teachers ever talked to you about the risks of betting/gambling?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Yes	14.5	18.5	24.2	21.9	25.0	18.4
No	85.5	81.5	75.8	78.1	75.0	81.6

### A.3.5 Adverse Childhood Experiences

Table 141: Were your parents ever separated or divorced after you were born?

	Grade 6		Grade 8		Grade 11	
	•		County State		•	State
	%	%	%	%	%	%
Yes	38.5	34.1	51.7	38.6	44.6	41.2
No	61.5	65.9	48.3	61.4	55.4	58.8

Table 142: Have you ever lived with someone who is/was a problem drinker or alcoholic?

	Grade 6		Grade 8		Grade 11	
	County State		3		County State	State
	%	%	%	%	%	%
Yes	28.8	22.6	41.7	30.3	33.8	34.3
No	71.2	77.4	58.3	69.7	66.2	65.7

Table 143: Have you ever lived with someone who uses/used street drugs?

	Grad	Grade 6		Grade 8		e 11
	County	State	County	State	County	State
	%	%	%	%	%	%
Yes	5.9	10.9	24.6	19.2	23.1	21.1
No	94.1	89.1	75.4	80.8	76.9	78.9

Table 144: Have you ever lived with a household member who is/was depressed or mentally ill?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Yes	24.0	21.6	33.3	32.9	49.2	40.2
No	76.0	78.4	66.7	67.1	50.8	59.8

Table 145: Have you ever felt that you did not have enough to eat?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Yes	17.3	19.8	28.3	18.1	9.2	17.2
No	82.7	80.2	71.7	81.9	90.8	82.8

Table 146: Have you ever felt that you had to wear dirty clothes?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Yes	11.8	10.9	19.0	12.3	1.5	11.2
No	88.2	89.1	81.0	87.7	98.5	88.8

Table 147: Have you ever felt that you had no one to protect you?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Yes	22.6	15.8	20.7	17.3	9.2	14.7
No	77.4	84.2	79.3	82.7	90.8	85.3

### A.4 Substance Use

### A.4.1 Tobacco Use

Table 148: During the past 30 days, on how many days did you smoke cigarettes?

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 days	100.0	99.3	96.7	97.2	83.1	94.2
1 or 2 days	0.0	0.4	1.6	1.4	9.2	2.2
3 to 5 days	0.0	0.2	0.0	0.6	3.1	1.0
6 to 9 days	0.0	0.1	0.0	0.3	1.5	0.6
10 to 19 days	0.0	0.0	0.0	0.2	0.0	0.7
20 to 29 days	0.0	0.0	1.6	0.1	3.1	0.4
All 30 days	0.0	0.0	0.0	0.3	0.0	0.9

Table 149: During the past 30 days, on how many days did you use other tobacco products?

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 days	100.0	99.4	96.7	97.8	95.3	95.6
1 or 2 days	0.0	0.4	0.0	1.0	1.6	1.4
3 to 5 days	0.0	0.1	1.6	0.4	0.0	0.7
6 to 9 days	0.0	0.1	0.0	0.2	0.0	0.6
10 to 19 days	0.0	0.0	1.6	0.2	1.6	0.4
20 to 29 days	0.0	0.0	0.0	0.1	1.6	0.3
All 30 days	0.0	0.1	0.0	0.3	0.0	0.9

Table 150: During the past 30 days, on how many days did you smoke tobacco in a "Hookah," also known as a water pipe?

	Grade	e 11
	County %	State %
0 days	96.9	97.2
1 or 2 days	3.1	1.4
3 to 5 days	0.0	0.5
6 to 9 days	0.0	0.3
10 to 19 days	0.0	0.2
20 to 29 days	0.0	0.2
All 30 days	0.0	0.3

Only 11<sup>th</sup> graders were asked this question.

Table 151: During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? Please mark all that apply.

	Grade	e 11
	County	State
	%	%
I did not get tobacco during the past 30 days	76.6	85.4
A store or gas station	0.0	2.4
Friends 18 or older	14.1	6.7
Friends under 18	6.3	5.8
Took from home without permission	3.1	0.9
A family member	0.0	1.9
The Internet	1.6	1.3
Some other source	1.6	3.2
0 1 11th 1		

<sup>•</sup> Only 11th graders were asked this question.

Table 152: Used any tobacco product during the past 30 days

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
No Use	100.0	98.9	93.4	96.1	81.5	90.6
Use	0.0	1.1	6.6	3.9	18.5	9.4

Table 153: How old were you when you smoked a whole cigarette for the first time?

	Grad	e 6	Grad	e 8	Grade	e 11
	County	State	County	State	County	State
	%	%	%	%	%	%
Never have	96.2	98.1	94.7	93.3	67.2	85.0
8 years old or younger	0.0	0.5	0.0	0.7	0.0	8.0
9 years old	0.0	0.3	0.0	0.6	1.6	0.5
10 years old	1.9	0.4	1.8	0.7	1.6	0.5
11 years old	1.9	0.5	0.0	0.7	0.0	0.7
12 years old	0.0	0.2	1.8	1.4	0.0	1.2
13 years old	0.0	0.0	1.8	2.0	1.6	1.5
14 years old	0.0	0.0	0.0	0.5	4.7	2.1
15 years old	0.0	0.0	0.0	0.1	10.9	3.2
16 years old	0.0	0.0	0.0	0.0	6.2	3.6
17 years old or older	0.0	0.0	0.0	0.0	6.2	0.9

Table 154: How old were you when you smoked a whole cigarette for the first time?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Avg Age in Years	10.5	9.8	11.7	11.5	14.8	13.9

Table 155: How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?

	Grad	e 6	Grad	Grade 8		e 11
	County %	State %	County %	State %	County %	State %
Never have	100.0	98.3	91.4	94.3	66.1	87.1
8 years old or younger	0.0	0.3	1.7	0.7	0.0	0.7
9 years old	0.0	0.3	0.0	0.4	0.0	0.3
10 years old	0.0	0.3	0.0	0.5	3.2	0.3
11 years old	0.0	0.5	0.0	0.5	0.0	0.4
12 years old	0.0	0.3	1.7	1.2	1.6	0.9
13 years old	0.0	0.0	3.4	1.7	1.6	1.0
14 years old	0.0	0.0	0.0	0.6	4.8	2.1
15 years old	0.0	0.0	1.7	0.1	11.3	3.2
16 years old	0.0	0.0	0.0	0.0	8.1	3.4
17 years old or older	0.0	0.0	0.0	0.0	3.2	0.7

Table 156: How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?

	Grad	e 6	Grad	e 8	Grade	e 11
	_	State			,	State
	%	%	%	%	%	%
Avg Age in Years	0.0	10.1	12.2	11.6	14.6	14.1

Table 157: How old were you when you first tried e-cigarettes, vape-pens, or e-hookahs?\*

·	Grade	e 11
	County %	State %
Never have	48.4	62.8
8 years old or younger	0.0	0.3
9 years old	0.0	0.2
10 years old	0.0	0.3
11 years old	1.6	1.0
12 years old	1.6	2.0
13 years old	1.6	3.7
14 years old	7.8	5.7
15 years old	18.8	8.8
16 years old	17.2	12.2
17 years old or older	3.1	2.9

<sup>•</sup> Only 11th graders were asked this question.

### A.4.2 Alcohol Use

Table 158: During your life, on how many days have you had at least one drink of alcohol?

	Grade	e <b>11</b>
	County	State
	%	%
0 days	24.6	40.6
1 or 2 days	10.8	15.9
3 to 9 days	15.4	16.4
10 to 19 days	13.8	9.9
20 to 39 days	15.4	6.9
40 to 99 days	7.7	5.3
100 or more days	12.3	5.0
- 16	·	

<sup>•</sup> Only 11<sup>th</sup> graders were asked this question.

Table 159: During the past 30 days, on how many days did you have at least one drink of alcohol?

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 days	88.7	95.5	65.6	84.6	53.8	71.0
1 or 2 days	9.4	3.7	14.8	10.7	24.6	18.8
3 to 5 days	1.9	0.5	8.2	2.5	13.8	6.1
6 to 9 days	0.0	0.2	4.9	1.1	4.6	2.2
10 to 19 days	0.0	0.1	4.9	0.6	1.5	1.3
20 to 29 days	0.0	0.0	0.0	0.2	1.5	0.2
All 30 days	0.0	0.1	1.6	0.3	0.0	0.4

Table 160: During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 days	98.0	99.0	88.5	94.4	76.9	84.7
1 or 2 days	2.0	0.6	8.2	3.5	10.8	10.1
3 to 5 days	0.0	0.1	0.0	0.9	9.2	2.9
6 to 9 days	0.0	0.1	1.6	0.5	0.0	1.3
10 to 19 days	0.0	0.0	0.0	0.3	3.1	0.6
20 to 29 days	0.0	0.0	0.0	0.1	0.0	0.2
All 30 days	0.0	0.1	1.6	0.2	0.0	0.3

Table 161: During the past 30 days, on how many days do you think most students in your school had at least one drink of alcohol? (your best estimate)

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 days	80.8	65.9	34.4	43.3	10.8	20.4
1 or 2 days	17.3	24.0	18.0	28.9	18.5	21.9
3 to 5 days	1.9	5.9	21.3	13.8	18.5	22.9
6 to 9 days	0.0	2.0	11.5	6.8	18.5	16.2
10 to 19 days	0.0	1.2	9.8	3.9	20.0	11.0
20 to 29 days	0.0	0.3	1.6	1.2	10.8	3.7
All 30 days	0.0	0.7	3.3	2.0	3.1	3.9

Table 162: During the past 30 days, on how many days do you think most students in your school had 5 or more drinks of alcohol in a row, that is, within a couple of hours? (your best estimate)

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 days	92.2	85.9	49.2	65.0	21.9	33.6
1 or 2 days	3.9	9.6	29.5	20.5	23.4	27.5
3 to 5 days	2.0	2.3	8.2	7.1	20.3	17.3
6 to 9 days	2.0	1.1	6.6	3.6	14.1	10.7
10 to 19 days	0.0	0.5	4.9	1.9	15.6	6.6
20 to 29 days	0.0	0.2	0.0	0.8	3.1	2.2
All 30 days	0.0	0.3	1.6	1.2	1.6	2.1

Table 163: Think of your four best friends (the friends you feel closest to). In the past 12 months, how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey or gin)?

	Grade 11		
	County %	State %	
None of my friends	25.4	38.0	
1 of my friends	19.0	17.0	
2 of my friends	17.5	15.8	
3 of my friends	9.5	9.2	
4 of my friends	28.6	20.0	

<sup>•</sup> Only 11<sup>th</sup> graders were asked this question.

Table 164: During the past 30 days, what type of alcohol did you usually drink? Select only one response.

	Grade	e 11
	County %	State %
I did not drink alcohol during the past 30 days.	53.4	69.6
I do not have a usual type.	3.4	4.0
Beer.	17.2	5.2
Flavored beverages (such as Smirnoff, Bacardi Silver, and Hard Lemonade).	8.6	4.5
Wine coolers (such as Bartles and Jaymes or Seagrams).	0.0	0.4
Wine.	0.0	2.3
Liquor (such as vodka, rum, scotch, bourbon, or whiskey).	15.5	12.8
Some other type.	1.7	1.0

Only 11<sup>th</sup> graders were asked this question.

Table 165: During the past 30 days, from which of the following sources did you get the alcohol you drank? Please mark all that apply.

ounty % 48.4 29.0 9.7 14.5 1.6	State % 69.0 11.5 9.3 8.4 3.0
29.0 9.7 14.5	11.5 9.3 8.4
9.7 14.5	9.3
14.5	8.4
1.6	3 0
	5.0
12.9	8.0
0.0	1.8
1.6	1.6
0.0	0.8
4.8	4.8
3.2	1.5
12.9	6.4
	3.2

Only 11<sup>th</sup> graders were asked this question.

Table 166: In the last 12 months, which of the following have you experienced? Please mark all that apply.

	Grade	e 11
	County %	State %
I did not drink alcohol in the last 12 months.	60.0	74.2
Missed school or class because of drinking alcohol.	0.0	1.7
Gotten sick to my stomach because of drinking alcohol.	22.0	14.2
Not been able to remember what happened while I was drinking alcohol.	22.0	12.5
Later regretted something I did while drinking alcohol.	12.0	9.1
Worried that I drank alcohol too much or too often.	12.0	5.1

<sup>•</sup> Only 11<sup>th</sup> graders were asked this question.

Table 167: During the past 30 days, how many times did you ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 times	88.5	89.2	85.2	87.2	85.7	88.6
1 time	9.6	6.3	8.2	6.9	9.5	6.0
2 or 3 times	0.0	2.5	4.9	3.5	3.2	3.4
4 or 5 times	0.0	0.6	0.0	1.0	0.0	0.8
6 or more times	1.9	1.3	1.6	1.4	1.6	1.2

Table 168: During the past 30 days, how many times did you ride in a vehicle driven by a teenager who had been drinking alcohol?

	Grade 11		
	County %	State %	
0 times	82.5	94.4	
1 time	11.1	3.3	
2 or 3 times	6.3	1.5	
4 or 5 times	0.0	0.4	
6 or more times	0.0	0.4	

Only 11<sup>th</sup> graders were asked this question.

Table 169: During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

	Grade 11		
	County %	State %	
0 times	86.7	96.5	
1 time	8.3	2.1	
2 or 3 times	3.3	0.8	
4 or 5 times	0.0	0.2	
6 or more times	1.7	0.5	

<sup>•</sup> Only 11th graders were asked this question.

Table 170: During the past 30 days, how many times did most students in your school ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

	Grad	le 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 times	65.4	75.6	55.7	66.3	59.7	60.8
1 time	17.3	12.9	14.8	16.6	22.6	21.2
2 or 3 times	9.6	7.9	18.0	12.0	14.5	13.6
4 or 5 times	3.8	1.6	1.6	2.6	1.6	2.3
6 or more times	3.8	2.0	9.8	2.5	1.6	2.0

Table 171: During the past 30 days, how many times did most students in your school ride in a vehicle driven by a teenager who had been drinking alcohol?

	Grade 11		
	County %	State %	
0 times	40.3	53.5	
1 time	21.0	21.8	
2 or 3 times	22.6	17.3	
4 or 5 times	8.1	4.4	
6 or more times	8.1	3.0	

Only 11<sup>th</sup> graders were asked this question.

Table 172: During the past 30 days, how many times did most students in your school drive a car or other vehicle when they had been drinking alcohol?

	Grade 11 County State %		
0 times	46.8	56.7	
1 time	21.0	22.9	
2 or 3 times	16.1	14.2	
4 or 5 times	8.1	3.7	
6 or more times	8.1	2.6	

<sup>•</sup> Only 11<sup>th</sup> graders were asked this question.

Table 173: How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	<u>%</u>
Never have	69.8	77.1	42.4	60.1	23.8	37.1
8 years old or younger	3.8	8.9	15.3	9.0	3.2	6.1
9 years old	9.4	3.4	5.1	3.9	3.2	1.9
10 years old	9.4	4.6	5.1	4.6	6.3	3.1
11 years old	3.8	4.3	6.8	4.0	1.6	2.4
12 years old	1.9	1.6	10.2	7.0	12.7	4.8
13 years old	1.9	0.0	11.9	8.7	7.9	5.9
14 years old	0.0	0.0	3.4	2.8	9.5	8.9
15 years old	0.0	0.0	0.0	0.1	19.0	13.7
16 years old	0.0	0.0	0.0	0.0	9.5	13.1
17 years old or older	0.0	0.0	0.0	0.0	3.2	3.0

Table 174: How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?

	Grade 6		Grade 8		Grade 11	
		State	County		County	State
	%	%	%	%	%	%
Avg Age in Years	9.9	9.4	10.7	10.8	13.3	13.5

Table 175: How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?

	Grad	e 6	Grad	e 8	Grade	e 11
	County	State	County	State	County	State
	%	%	%	%	%	%
Never have	94.2	97.8	83.1	91.6	51.6	74.6
8 years old or younger	0.0	0.5	0.0	0.6	0.0	0.4
9 years old	1.9	0.2	0.0	0.3	0.0	0.1
10 years old	0.0	0.5	0.0	0.6	0.0	0.3
11 years old	3.8	0.5	1.7	0.6	0.0	0.5
12 years old	0.0	0.4	5.1	1.4	0.0	0.7
13 years old	0.0	0.0	8.5	3.5	0.0	1.4
14 years old	0.0	0.0	1.7	1.3	4.7	2.8
15 years old	0.0	0.0	0.0	0.1	17.2	6.6
16 years old	0.0	0.0	0.0	0.0	17.2	9.4
17 years old or older	0.0	0.0	0.0	0.0	9.4	3.2

Table 176: How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Avg Age in Years	10.3	10.1	12.6	12.2	15.6	15.0

### A.4.3 Marijuana Use

Table 177: During the past 30 days, how many times did you use marijuana?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 times	98.1	98.4	98.3	91.7	83.1	78.8
1 or 2 times	1.9	0.9	0.0	3.6	9.2	8.0
3 to 9 times	0.0	0.3	0.0	2.0	6.2	5.3
10 to 19 times	0.0	0.1	0.0	1.1	0.0	2.8
20 to 39 times	0.0	0.1	0.0	0.5	1.5	1.7
40 or more times	0.0	0.1	1.7	1.1	0.0	3.5

Table 178: During the past 30 days, from which of the following sources did you get marijuana? Please mark all that apply.

	Grade	e 11
	County %	State %
I did not use marijuana during the past 30 days	82.8	78.6
A public event such as a concert or sporting event	0.0	1.0
A party	6.3	4.9
Friends 18 or older	3.1	7.6
Friends under 18	4.7	10.5
A family member	1.6	4.4
A medical marijuana cardholder or grower	1.6	1.8
I gave someone money to buy it for me	1.6	2.9
I grew it	0.0	1.2
I got it some other way	4.7	5.4

Only 11<sup>th</sup> graders were asked this question.

Table 179: How old were you when you tried marijuana for the first time?

	Grad	e 6	Grad	e 8	Grade	e 11
	County %	State %	County %	State %	County %	State %
Never have	96.2	97.0	94.9	86.0	58.1	61.6
8 years old or younger	0.0	0.4	1.7	0.7	1.6	0.6
9 years old	0.0	0.3	0.0	0.5	0.0	0.4
10 years old	1.9	0.6	0.0	1.1	1.6	0.7
11 years old	1.9	1.0	0.0	1.5	0.0	1.1
12 years old	0.0	0.6	0.0	3.3	0.0	2.9
13 years old	0.0	0.0	1.7	5.2	0.0	4.2
14 years old	0.0	0.0	0.0	1.5	6.5	7.1
15 years old	0.0	0.0	1.7	0.1	12.9	10.4
16 years old	0.0	0.0	0.0	0.0	11.3	9.2
17 years old or older	0.0	0.0	0.0	0.0	8.1	1.9

Table 180: How old were you when you tried marijuana for the first time?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Avg Age in Years	10.5	10.4	12.0	12.0	15.0	14.3

Table 181: How old were you when you first tried synthetic marijuana (also called K2, Spice, etc.) for the first time?

	Grad	e 6	Grad	e 8	Grade	e 11
	County %	State %	County %	State %	County %	State %
Never have	98.1	99.0	96.6	95.7	90.6	93.4
8 years old or younger	0.0	0.2	0.0	0.3	0.0	0.3
9 years old	1.9	0.1	1.7	0.2	0.0	0.1
10 years old	0.0	0.2	0.0	0.3	0.0	0.1
11 years old	0.0	0.3	0.0	0.5	0.0	0.3
12 years old	0.0	0.2	0.0	0.7	0.0	0.5
13 years old	0.0	0.0	0.0	1.6	0.0	0.6
14 years old	0.0	0.0	0.0	0.5	1.6	0.9
15 years old	0.0	0.0	1.7	0.1	3.1	1.7
16 years old	0.0	0.0	0.0	0.0	3.1	1.6
17 years old or older	0.0	0.0	0.0	0.0	1.6	0.5

Table 182: How old were you when you first tried synthetic marijuana (also called K2, Spice, etc.) for the first time?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Avg Age in Years	9.0	10.3	12.0	11.9	15.5	14.2

### A.4.4 Other Drug Use

Table 183: During the past 30 days, on how many days did you sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
0 days	92.5	95.0	94.9	95.2	98.5	98.7
1 or 2 days	7.5	3.8	3.4	3.1	1.5	0.8
3 to 5 days	0.0	0.7	1.7	0.8	0.0	0.1
6 to 9 days	0.0	0.2	0.0	0.3	0.0	0.1
10 to 19 days	0.0	0.1	0.0	0.2	0.0	0.1
20 to 29 days	0.0	0.0	0.0	0.1	0.0	0.0
All 30 days	0.0	0.2	0.0	0.3	0.0	0.2

Table 184: During the past 30 days, on how many days did you use synthetic marijuana, example: K2, Spice, etc.?

	Grad	e 6	Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
0 days	100.0	99.3	98.3	97.2	98.5	97.4
1 or 2 days	0.0	0.4	1.7	1.3	1.5	1.4
3 to 5 days	0.0	0.2	0.0	0.5	0.0	0.5
6 to 9 days	0.0	0.1	0.0	0.4	0.0	0.2
10 to 19 days	0.0	0.1	0.0	0.2	0.0	0.2
20 to 29 days	0.0	0.0	0.0	0.1	0.0	0.1
All 30 days	0.0	0.1	0.0	0.4	0.0	0.2

Table 185: During the past 30 days, on how many days did you use a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's orders?

	Grade 6		Grade 8		Grade	e 11
	County %	State %	County %	State %	County %	State %
0 days	100.0	98.8	96.6	96.2	96.9	95.5
1 or 2 days	0.0	0.6	1.7	1.9	3.1	2.6
3 to 5 days	0.0	0.2	0.0	0.8	0.0	0.8
6 to 9 days	0.0	0.1	0.0	0.4	0.0	0.4
10 to 19 days	0.0	0.1	1.7	0.3	0.0	0.3
20 to 29 days	0.0	0.0	0.0	0.2	0.0	0.1
All 30 days	0.0	0.2	0.0	0.3	0.0	0.3

Table 186: Which of the following illicit drugs did you use during the past 30 days?

Please mark all that apply.

	Grad	e 6	Grad	e 8	Grade	e 11
	County %	State %	County %	State %	County %	State %
I did not use illicit drugs during the past 30 days	98.0	98.4	98.2	92.1	85.9	79.8
Marijuana	2.0	1.5	1.8	7.9	14.1	20.0
Any form of cocaine including powder, crack or freebase	0.0	0.2	0.0	0.4	1.6	0.7
Ecstasy (also called MDMA)	0.0	0.1	0.0	0.4	0.0	0.6
Heroin or other opiates or narcotics	0.0	0.1	0.0	0.2	0.0	0.3
LSD or other hallucinogens or psychedelics	0.0	0.1	0.0	0.6	0.0	1.9
Methamphetamines (also called speed, crystal, crank or ice)	0.0	0.1	0.0	0.3	0.0	0.2
Steroid pills or shots without a doctor's prescription	0.0	0.3	0.0	0.5	0.0	0.2

Table 187: Any illicit drug use including marijuana, synthetic marijuana, cocaine, ecstasy, heroin, hallucinogens or methamphetamines

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
No Use	98.1	98.2	96.8	91.8	86.2	79.6
Use	1.9	1.8	3.2	8.2	13.8	20.4

Table 188: Any illicit drug use including cocaine, ecstasy, heroin, hallucinogens or methamphetamines

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
No Use	100.0	99.6	100.0	98.7	98.4	97.2
Use	0.0	0.4	0.0	1.3	1.6	2.8

### A.4.5 Lifetime Drug Use

Table 189: During your life, how many times have you Used marijuana?

	Grade	e 11	
	County Stat		
0 times	56.9	61.5	
1 or 2 times	16.9	8.8	
3 to 9 times	6.2	8.2	
10 to 19 times	9.2	4.9	
20 to 39 times	1.5	4.0	
40 or more times	9.2	12.5	

Only 11<sup>th</sup> graders were asked this question.

Table 190: During your life, how many times have you Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Grade	e 11	
	County Stat		
0 times	93.8	94.2	
1 or 2 times	3.1	3.5	
3 to 9 times	3.1	1.1	
10 to 19 times	0.0	0.5	
20 to 39 times	0.0	0.2	
40 or more times	0.0	0.4	

<sup>•</sup> Only 11th graders were asked this question.

Table 191: During your life, how many times have you Taken steroid pills or shots without a doctor's prescription?

	Grade	e 11
	County %	State %
0 times	100.0	98.4
1 or 2 times	0.0	0.6
3 to 9 times	0.0	0.4
10 to 19 times	0.0	0.2
20 to 39 times	0.0	0.1
40 or more times	0.0	0.3

<sup>•</sup> Only 11th graders were asked this question.

Table 192: During your life, how many times have you Taken a prescription drug not prescribed to you?

	Grade	e 11
	County %	State %
0 times	84.6	86.7
1 or 2 times	12.3	6.6
3 to 9 times	3.1	3.6
10 to 19 times	0.0	1.5
20 to 39 times	0.0	0.7
40 or more times	0.0	0.9

<sup>•</sup> Only 11<sup>th</sup> graders were asked this question.

Table 193: During your life, how many times have you Used any form of cocaine, including powder, crack or freebase?

	Grade 11		
	County %	State %	
0 times	92.3	96.2	
1 or 2 times	6.2	2.0	
3 to 9 times	1.5	0.8	
10 to 19 times	0.0	0.4	
20 to 39 times	0.0	0.2	
40 or more times	0.0	0.4	

Only 11<sup>th</sup> graders were asked this question.

Table 194: During your life, how many times have you Used ecstasy (also called MDMA)?

	Grade 11		
	County %	State %	
0 times	100.0	96.8	
1 or 2 times	0.0	1.8	
3 to 9 times	0.0	0.7	
10 to 19 times	0.0	0.2	
20 to 39 times	0.0	0.1	
40 or more times	0.0	0.3	

<sup>•</sup> Only 11<sup>th</sup> graders were asked this question.

Table 195: During your life, how many times have you Used heroin (also called smack, junk, or China White)?

	Grade	e 11
	County %	State %
0 times	100.0	99.2
1 or 2 times	0.0	0.3
3 to 9 times	0.0	0.1
10 to 19 times	0.0	0.1
20 to 39 times	0.0	0.1
40 or more times	0.0	0.2

<sup>•</sup> Only 11th graders were asked this question.

Table 196: During your life, how many times have you Used methamphetamines (also called speed, crystal, crank or ice)?

	Grade	e 11
	County Sta %	
0 times	100.0	98.6
1 or 2 times	0.0	0.7
3 to 9 times	0.0	0.2
10 to 19 times	0.0	0.2
20 to 39 times	0.0	0.1
40 or more times	0.0	0.3

<sup>•</sup> Only 11th graders were asked this question.

Table 197: During your life, how many times have you used a needle to inject any illegal drug into your body?

	Grade 11 County State %		
0 times	100.0	99.3	
1 time	0.0	0.4	
2 or more times	0.0	0.3	

<sup>•</sup> Only 11<sup>th</sup> graders were asked this question.

Table 198: Lifetime drug use (includes marijuana, inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines)

	Grade 11		
	County State		
	% %		
No Use	47.7	57.8	
Use	52.3	42.2	

<sup>•</sup> Only 11<sup>th</sup> graders were asked this question.

Table 199: Lifetime drug use other than marijuana (includes inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines)

	Grade 11		
	County State %		
No Use	78.5	82.3	
Use	21.5	17.7	

Only 11<sup>th</sup> graders were asked this question.

### A.4.6 Availability of Alcohol, Tobacco and Drugs

Table 200: If you wanted to get some, how easy would it be for you to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?

	Grad	e 6	Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Very hard	68.6	69.0	26.8	40.6	12.3	18.7
Somewhat hard	11.8	13.5	32.1	19.4	13.8	17.0
Sort of easy	11.8	10.4	21.4	22.1	32.3	32.1
Very easy	7.8	7.1	19.6	17.9	41.5	32.2

Table 201: If you wanted to get some, how easy would it be for you to get some cigarettes?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Very hard	88.0	78.3	59.6	56.8	21.5	31.7
Somewhat hard	10.0	9.7	10.5	17.9	18.5	22.0
Sort of easy	0.0	6.4	7.0	13.2	33.8	21.8
Very easy	2.0	5.7	22.8	12.0	26.2	24.6

Table 202: If you wanted to get some, how easy would it be for you to get some marijuana?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Very hard	92.2	83.4	73.7	54.1	24.6	22.8
Somewhat hard	0.0	7.1	5.3	13.5	20.0	12.2
Sort of easy	7.8	4.8	5.3	14.4	30.8	22.8
Very easy	0.0	4.7	15.8	17.9	24.6	42.3

Table 203: If you wanted to get some, how easy would it be for you to get some synthetic marijuana, example: K2, Spice, etc.?

	Grade 6		Grad	e 8	Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Very hard	96.0	90.3	75.4	69.9	44.6	44.3
Somewhat hard	0.0	5.2	10.5	14.2	33.8	23.4
Sort of easy	4.0	2.3	7.0	8.4	15.4	16.9
Very easy	0.0	2.2	7.0	7.4	6.2	15.4

Table 204: If you wanted to get some, how easy would it be for you to get a drug like cocaine, LSD, or amphetamines?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Very hard	98.0	93.4	86.2	82.3	70.8	58.4
Somewhat hard	2.0	3.7	8.6	10.0	13.8	20.2
Sort of easy	0.0	1.5	1.7	4.1	15.4	11.8
Very easy	0.0	1.5	3.4	3.5	0.0	9.6

Table 205: If you wanted to get some, how easy would it be for you to get prescription drugs not prescribed to you?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Very hard	84.0	77.7	65.5	56.4	43.8	42.4
Somewhat hard	12.0	10.1	13.8	16.0	25.0	22.0
Sort of easy	2.0	6.0	10.3	13.5	14.1	18.0
Very easy	2.0	6.2	10.3	14.1	17.2	17.6

Table 206: If you wanted to get some, how easy would it be for you to get some e-cigarettes, vape-pens, or e-hookahs?

	Grade	e 11
	County %	State %
Very hard	20.0	26.5
Somewhat hard	18.5	11.9
Sort of easy	20.0	19.7
Very easy	41.5	41.9

<sup>•</sup> Only 11th graders were asked this question.

### A.4.7 Perceived Risk of Harm from Substance Use

Table 207: How much do you think people risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?

	Grade 6		Grad	e 8	Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
No risk	10.0	19.2	27.1	16.6	12.5	13.8
Slight risk	36.0	33.6	37.3	33.9	28.1	30.6
Moderate risk	26.0	26.5	20.3	30.2	39.1	31.9
Great risk	28.0	20.7	15.3	19.3	20.3	23.7

Table 208: How much do you think people risk harming themselves (physically or in other ways) when they have five or more drinks of an alcoholic beverage once or twice a week?

	Grade 6		Grad	Grade 8		e 11
	County	State	County	State	County	State
	%	%	%	%	%	%
No risk	2.0	15.5	18.3	11.4	6.2	8.7
Slight risk	24.5	20.8	23.3	20.3	20.3	16.5
Moderate risk	44.9	34.9	38.3	37.7	39.1	37.5
Great risk	28.6	28.7	20.0	30.6	34.4	37.4

Table 209: How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

	Grade 6		Grad	Grade 8		e 11
	County %	State %	County %	State %	County %	State %
No risk	5.9	15.0	17.2	11.7	6.2	10.1
Slight risk	9.8	9.8	10.3	11.1	12.5	10.0
Moderate risk	23.5	17.8	19.0	19.2	15.6	17.8
Great risk	60.8	57.5	53.4	57.9	65.6	62.1

Table 210: How much do you think people risk harming themselves (physically or in other ways) if they try marijuana once or twice?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
No risk	17.0	23.7	35.6	32.3	37.5	49.1
Slight risk	36.2	33.9	37.3	37.8	35.9	32.5
Moderate risk	21.3	23.2	15.3	17.6	17.2	11.1
Great risk	25.5	19.3	11.9	12.4	9.4	7.3

Table 211: How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana once or twice a week?

	Grade 6		Grad	Grade 8		e 11
	County %	State %	County %	State %	County %	State %
No risk	16.3	19.0	28.8	21.4	19.0	30.8
Slight risk	14.3	20.3	15.3	26.3	31.7	32.6
Moderate risk	30.6	30.0	30.5	29.9	36.5	23.7
Great risk	38.8	30.6	25.4	22.3	12.7	12.9

Table 212: How much do you think people risk harming themselves (physically or in other ways) if they use prescription drugs not prescribed to them?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
No risk	4.2	13.3	15.5	9.3	3.1	7.0
Slight risk	8.3	8.1	10.3	9.0	10.9	9.0
Moderate risk	12.5	21.2	20.7	25.0	23.4	29.2
Great risk	75.0	57.4	53.4	56.7	62.5	54.8

Table 213: How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?

	Grad	le 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Neither approve or disapprove	17.3	13.0	27.9	18.8	38.1	27.3
Somewhat disapprove	13.5	7.6	16.4	16.7	28.6	25.4
Strongly disapprove	55.8	71.2	47.5	56.6	30.2	40.9
Don't know or can't say	13.5	8.2	8.2	8.0	3.2	6.5

Table 214: How do you feel about someone your age smoking one or more packs of cigarettes a day?

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Neither approve or disapprove	9.8	10.9	16.7	11.6	14.3	14.9
Somewhat disapprove	5.9	3.4	5.0	7.6	25.4	11.4
Strongly disapprove	74.5	79.0	71.7	74.3	55.6	68.8
Don't know or can't say	9.8	6.6	6.7	6.5	4.8	4.9

Table 215: How do you feel about someone your age trying marijuana or hashish once or twice?

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Neither approve or disapprove	13.5	13.2	19.7	25.0	45.2	50.6
Somewhat disapprove	7.7	9.8	13.1	19.3	30.6	21.0
Strongly disapprove	63.5	69.3	55.7	48.1	21.0	21.9
Don't know or can't say	15.4	7.7	11.5	7.7	3.2	6.5

Table 216: How do you feel about someone your age using prescription drugs not prescribed to them?

	Grad	le <b>6</b>	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Neither approve or disapprove	8.0	11.1	16.7	12.0	14.3	15.8
Somewhat disapprove	2.0	5.9	6.7	10.4	19.0	16.7
Strongly disapprove	76.0	75.2	70.0	69.8	58.7	61.5
Don't know or can't say	14.0	7.7	6.7	7.9	7.9	6.0

Table 217: How do you feel about someone your age use synthetic marijuana, example: K2, Spice?

	Grade 11			
	County %	State %		
Neither approve or disapprove	17.5	22.8		
Somewhat disapprove	30.2	18.1		
Strongly disapprove	44.4	49.6		
Don't know or can't say	7.9	9.5		

Only 11<sup>th</sup> graders were asked this question.

Table 218: How do you feel about someone your age smoke e-cigarettes, vape-pens, or e-hookahs?

	Grade 11			
	County %	State %		
Neither approve or disapprove	41.3	40.3		
Somewhat disapprove	27.0	25.4		
Strongly disapprove	27.0	27.9		
Don't know or can't say	4.8	6.3		

<sup>•</sup> Only 11<sup>th</sup> graders were asked this question.

### A.4.8 Communication about Substance Use

Table 219: During the past 12 months, do you recall hearing, reading, or watching an advertisement about prevention of substance abuse?

	Grad	Grade 6		Grade 8		e 11
	County %	State %	County %	State %	County %	State %
Yes	49.1	38.1	55.7	59.0	73.0	74.3
No	34.0	35.3	29.5	22.3	17.5	14.0
Don't know or can't say	17.0	26.6	14.8	18.7	9.5	11.7

Table 220: During the past 12 months, have you had a special class about drugs or alcohol in school?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Yes	7.8	31.4	19.7	51.2	32.3	46.0
No	86.3	58.6	68.9	38.4	58.1	43.7
Don't know or can't say	5.9	10.0	11.5	10.4	9.7	10.3

Table 221: During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Yes	56.6	63.2	65.6	67.7	71.4	69.9
No	35.8	27.8	27.9	23.8	25.4	23.0
Don't know or can't	7.5	9.0	6.6	8.5	3.2	7.1
say						

Table 222: Would you be more or less likely to want to work for an employer that tests its employees for drug or alcohol use on a random basis?

	Grade	e 11
	County %	State %
More likely	39.7	25.9
Less likely	14.3	17.5
Would make no difference	42.9	47.7
Don't know or can't say	3.2	8.9

<sup>•</sup> Only 11th graders were asked this question.

### A.5 Parenting and Parental Attitudes

### A.5.1 Family Management

Table 223: My parents ask if I've gotten my homework done.

	Grade 6		Grade 8		Grade	e 11
	County %	State %	County %	State %	County %	State %
	70	70	70	70	70	70
Very much true	73.6	68.9	51.7	55.2	51.6	42.0
Pretty much true	17.0	17.3	29.3	22.3	25.0	26.4
A little true	7.5	8.0	10.3	13.4	12.5	18.0
Not at all true	1.9	5.8	8.6	9.2	10.9	13.6

Table 224: My parents would catch me if I skipped school.

	Grade 6		Grade 8		Grade	e 11
	County	State	County	State	County	State
	%	%	%	%	%	%
Very much true	72.5	79.0	62.1	67.0	49.2	50.1
Pretty much true	17.6	10.8	12.1	16.6	18.0	21.8
A little true	3.9	5.0	10.3	9.4	21.3	16.5
Not at all true	5.9	5.3	15.5	7.1	11.5	11.6

Table 225: When I am not at home, one of my parents knows where I am and whom I am with.

	Grade 6		Grade 8		Grade	e 11
	County	State	County	State	County	State
	%	%	%	%	%	%
Very much true	67.9	74.0	59.0	64.7	48.4	50.8
Pretty much true	26.4	15.2	18.0	21.4	32.8	29.7
A little true	3.8	5.9	9.8	9.1	14.1	13.6
Not at all true	1.9	4.9	13.1	4.8	4.7	5.9

Table 226: My family has clear rules about alcohol and drug use.

	Grade 6		Grade 8		Grade	e 11
	County	State	County	State	County	State
	%	%	%	%	%	%
Very much true	82.7	81.7	57.4	71.1	59.7	59.5
Pretty much true	9.6	9.9	24.6	15.5	25.8	21.4
A little true	5.8	4.5	11.5	8.5	14.5	13.1
Not at all true	1.9	3.9	6.6	4.8	0.0	5.9

Table 227: How would most students in your school respond to this statement: "My family has clear rules about alcohol and drug use."

	Grade 11		
	County Stat		
	%	%	
Very much true	23.4	20.2	
Pretty much true	35.9	37.6	
A little true	29.7	33.5	
Not at all true	10.9	8.8	

<sup>•</sup> Only 11<sup>th</sup> graders were asked this question.

### A.5.2 Parental Attitudes towards Substance Use

Table 228: How wrong do you think your parents feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?

	Grad	e 6	Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Very wrong	90.0	89.5	68.3	84.5	77.4	76.3
Wrong	6.0	6.4	23.3	9.7	14.5	14.8
A little bit wrong	4.0	2.0	3.3	3.5	6.5	5.4
Not wrong at all	0.0	2.1	5.0	2.3	1.6	3.5

Table 229: How wrong do you think your parents feel it would be for you to smoke cigarettes?

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Very wrong	95.9	92.6	80.0	89.9	84.1	84.0
Wrong	2.0	4.8	16.7	7.0	15.9	11.4
A little bit wrong	2.0	0.8	3.3	1.4	0.0	2.4
Not wrong at all	0.0	1.8	0.0	1.7	0.0	2.3

Table 230: How wrong do you think your parents feel it would be for you to smoke marijuana?

	Grad	e 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Very wrong	94.0	91.9	80.7	84.2	77.8	70.1
Wrong	2.0	4.9	15.8	8.6	17.5	13.9
A little bit wrong	4.0	1.2	3.5	4.2	3.2	9.7
Not wrong at all	0.0	2.0	0.0	3.0	1.6	6.2

Table 231: How wrong do you think your parents feel it would be for you to use prescription drugs not prescribed to you?

	Grade 6		Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Very wrong	98.0	92.7	85.0	90.1	88.9	85.9
Wrong	2.0	4.7	13.3	6.4	11.1	10.0
A little bit wrong	0.0	0.9	0.0	1.6	0.0	2.0
Not wrong at all	0.0	1.8	1.7	1.9	0.0	2.1

Table 232: How wrong do you think your parents feel it would be for you to use synthetic marijuana, example: K2, Spice?

	Grade 11		
	County	State	
	%	%	
Very wrong	87.3	83.8	
Wrong	12.7	10.6	
A little bit wrong	0.0	3.0	
Not wrong at all	0.0	2.6	

<sup>•</sup> Only 11<sup>th</sup> graders were asked this question.

Table 233: How wrong do you think your parents feel it would be for you to smoke e-cigarettes, vape-pens, or e-hookahs?

	Grade	e 11
	County %	State %
Very wrong	82.5	72.5
Wrong	14.3	14.9
A little bit wrong	1.6	7.9
Not wrong at all	1.6	4.8

<sup>•</sup> Only 11<sup>th</sup> graders were asked this question.

### A.6 Influence of Friendships

### A.6.1 Friends' Attitudes towards Substance Use

Table 234: How wrong do you think your friends feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Very wrong	73.6	71.5	32.8	51.2	14.3	34.4
Wrong	11.3	18.9	26.2	26.4	33.3	30.0
A little bit wrong	11.3	5.8	18.0	14.6	27.0	21.2
Not wrong at all	3.8	3.9	23.0	7.8	25.4	14.3

Table 235: How wrong do you think your friends feel it would be for you to smoke tobacco?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Very wrong	76.5	77.2	47.5	59.7	16.1	42.9
Wrong	17.6	16.4	29.5	25.6	40.3	30.8
A little bit wrong	3.9	3.2	19.7	8.9	19.4	15.2
Not wrong at all	2.0	3.3	3.3	5.9	24.2	11.0

Table 236: How wrong do you think your friends feel it would be for you to smoke marijuana?

	Grad	le 6	Grade 8		Grade 11	
	County %	State %	County %	State %	County %	State %
Very wrong	83.0	77.1	49.2	52.4	22.6	25.9
Wrong	13.2	14.2	33.9	20.3	30.6	19.3
A little bit wrong	3.8	4.4	11.9	13.9	24.2	22.5
Not wrong at all	0.0	4.3	5.1	13.4	22.6	32.3

Table 237: How wrong do you think your friends feel it would be for you to use prescription drugs not prescribed to you?

	Grade 6		Grade 8		Grade 11	
	County	State	County	State	County	State
	%	%	%	%	%	%
Very wrong	82.7	78.4	61.0	66.2	45.2	51.2
Wrong	11.5	15.2	25.4	21.4	32.3	29.4
A little bit wrong	5.8	3.1	11.9	7.4	14.5	12.1
Not wrong at all	0.0	3.2	1.7	5.1	8.1	7.3

Table 238: How wrong do you think your friends feel it would be for you to use synthetic marijuana, example: K2, Spice?

	Grade	e 11
	County %	State %
Very wrong	33.9	45.7
Wrong	40.3	27.9
A little bit wrong	19.4	14.7
Not wrong at all	6.5	11.8

Only 11<sup>th</sup> graders were asked this question.

Table 239: How wrong do you think your friends feel it would be for you to smoke e-cigarettes, vape-pens, or e-hookahs?

	Grade	11
	County %	State %
Very wrong	19.4	28.4
Wrong	27.4	20.3
A little bit wrong	22.6 20.9	
Not wrong at all	30.6	30.4

<sup>•</sup> Only 11<sup>th</sup> graders were asked this question.

### A.7 Height and Weight

### A.7.1 Body Mass Index and Weight

Table 240: Body Mass Index Percentile Ranking

	Grade 6		Grad	Grade 8		e 11
	County	State	County	State	County	State
	%	%	%	%	%	%
Underweight	17.5	7.4	4.3	4.1	0.0	2.7
Healthy Weight	50.0	60.8	61.7	64.1	61.7	64.3
Overweight	12.5	17.5	21.3	16.8	30.0	16.8
Obese	20.0	14.3	12.8	15.0	8.3	16.2

Table 241: How do you describe your weight?

	Grade	e 11
	County %	State %
Very underweight	1.6	2.0
Slightly underweight	11.1	13.2
About the right weight	55.6	52.2
Slightly overweight	30.2	26.8
Very overweight	1.6	5.8

<sup>•</sup> Only 11<sup>th</sup> graders were asked this question.

Table 242: Which of the following are you trying to do about your weight?

	Grade	e 11
	County %	State %
Lose weight	38.5	44.7
Gain weight	21.5	17.7
Stay the same weight	13.8	16.4
I am not trying to do anything about my weight	26.2	21.1

Only 11<sup>th</sup> graders were asked this question.

Table 243: During the past 30 days, did you Go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	Grade	e 11	
	County	State	
	% %		
Yes	12.3	14.0	
No	87.7	86.0	

Only 11<sup>th</sup> graders were asked this question.

Table 244: During the past 30 days, did you Take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)

	Grade	e 11	
	County	State	
	% %		
Yes	4.6	4.7	
No	95.4 95.3		

<sup>•</sup> Only 11<sup>th</sup> graders were asked this question.

Table 245: During the past 30 days, did you Vomit or take laxatives to lose weight or to keep from gaining weight?

	Grade	e 11
	County %	State %
Yes	0.0	5.0
No	100.0	95.0

Only 11<sup>th</sup> graders were asked this question.



# Oregon Student Wellness Survey for Grade 6-8

- 1. The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.
- 2. This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.
- All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.
- Please mark only ONE oval unless the question specifically asks you to "Please mark all that apply." Completely fill in the oval using a #2 pencil.

1. How old are you?	6. Are you Hispanic or Latino/Latina?	la?
<ul> <li>10 years old</li> <li>11 years old</li> <li>12 years old</li> <li>15 years old</li> </ul>	O Yes	
2. How do you identify?	7. What is the language you use most often at home?	ost often at home?
<ul> <li>○ Female</li> <li>○ Male</li> <li>○ Something else fits better</li> <li>3. In what grade are vou?</li> </ul>	○ English ○ Russian ○ Spanish	
Oeth Oth Oungraded or other grade Oeth	○ Vietnamese ○ A tribal language ○ Another language	
4. What is your race? (Please mark all that apply)	8. Are you enrolled in any of the following tribes?	llowing tribes?
O American Indian/Native American	Olam not enrolled in a tribe	
O Alaska Native	O Burns Paiute Tribe	
Chinese	Cow Creek Band of Umpqua Tribe of Indians	ribe of Indians
OJapanese	Oconfederated Tribes of Grand Ronde	Ronde
O Korean O Vietnamace	Confederated Tribes of the Umatilla Indian Beservation	natilla Indian Beservation
○ Filipino	Confederated Tribes of the Coos, Lower Umpqua	os, Lower Umpqua,
O Native Hawaiian	and Siuslaw Indians	
Other Pacific Islander	Confederated Tribes of Siletz Indians	ndians
OBlack or African American	O Confederated Tribes of Warm Springs	Springs
○White		
Other (specify)		
5. If you selected more than one race, what one race best describes you?	9. Would you say that in general your emotional and mental health is	our emotional and
O American Indian/Native American		○ excellent
O Alaska Native	○ fair ○ very good	
O Asian Indian		
Chinese	10. Would you say that in general your physical	your physical
OKorean	nealth Is	
OVietnamese	○ poor ○ good	○ excellent
OFilipino	○ fair ○ very good	
O Native Hawaiian		
Other Pacific Islander		
O Black or African American		
White		
Other		
PLEASE DO NOT WRITE IN THIS AREA	000000000000000000000000000000000000000	OOOO [SERIAL]
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<ol> <li>Have you changed schools (including changing from elementary to middle and middle to high school) in the</li> </ol>	How much do you agree with the following statements about
past year?	
○Yes ○No	Solo to the state of at somethy to stal over 1 of
2. How many times have you changed homes since	discussions or activities.
	20. There are lots of chances for students in my school to get involved in sports, clubs, and other
O Never O 5 or 6 times O 1 or 2 times	school activities outside of class.
	doing a good job
<ol> <li>Putting them all together, what were your grades like last year?</li> </ol>	0 0
	24. In my school, teachers treat students with respect.
O Mostly B's	25. Most students at my school help each other when they are hurt or upset.
4. During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?	26. In my school, students that work hard to get good grades are picked on by other students.
O None O 1 day O 2 days	During the past 30 days, on how many days did you
O3 days	and the property of the proper
Of to 10 days	school or on your way to or
○11 days or more	from school?
5. How do you like school?	) ( ) ( ) (
Ol like school very much	a will do of solidor property:
O like school	
Oldislike school	months,
O I dislike school very much	illes illes illes illes
6. How important do you think the things you are learning in school are again to be for your later life?	30. were you in a physical fight?
Very important	on school property?
O Quite important O Fairly important	hitting, kicking, pushing, saying mean things, spreading rumors, or
O Slightly important	making sexual comments that
	nsbeuded from
Alffor	34. has someone threatened you with a weapon such as a gun, knife, or club
Ke electric Services	on school property?
	35. During the past 12 months, has anyone offered, sold, or given you an illegal drug <u>on school property?</u>
yer the past school year, how y to do your best work in	○ Yes ○ No

Harassment can include threatening, bullying, name-calling or obscenities, offensive notes or graffiti, unwanted touching, and being pushed around or hit.

0 010 01  $\cap$ 0 Add thes 0  $\cap$ വവ 0 Olc 00 Olimes 42. through email, social media sites (Facebook, Twitter, YouTube, etc.), chat rooms, instant 39. because of how you look (weight, clothes, messaging, web sites, texting, or phone? 40. because you received unwanted sexual acne, or other physical characteristics). 37. because someone said you were gay, at school, on a school bus, or going to 36. because of your race or ethnic origin. many times have you been harassed lesbian, bisexual, or transgender 38. because of who your friends are. comments or attention. In the last 30 days, how 41. for other reasons. and from school...

Every day 0 0 Ō Once or twice per week Once or twice per month 0 0  $\cap$ Once or twice per year Never mean things, teasing, or calling other students 44. heard another student bully others by saying kicking, punching, or otherwise hurting them 45. heard another student spread mean rumors or leave other students out of activities to be seen another student bully others by hitting, names in your school or on the school bus? mean in your school or on the school bus? in school or on the school bus? How often have you... 43.

0000 0 All of the time 0 010 Most of the time Ō 00000 A good bit of the time Some of the time A little of the time Ō 0000 00 None of the time 50. felt so down in the dumps that nothing 47. been a very nervous person? 49. felt downhearted and blue? 48. felt calm and peaceful? 46. been a happy person? During the past 30 days, how much of the time could cheer you up? have you...

51. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

O Yes

PLEASE DO NOT WRITE IN THIS AREA

52. During the past 12 months, did you ever seriously consider attempting suicide?

O Yes

53. During the past 12 months, how many times did you

actually attempt suicide?

O times
I time
O or 3 times
O or 5 times
O or 6 times

Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome.

54. Please mark ALL the different types of betting that you have done, if any, during the last 30 days: (Please mark all that apply)

○ I did not gamble during the last 30 days
 Playing lottery tickets/Powerball/Megabucks
 Playing dice or coin flips
 Playing cards (poker, etc.)
 Betting on a sports team
 Betting on games of personal skill (bowling, video games, dares, etc.)
 Gambling on the Internet for free or with money
 Playing Bingo for money

55. During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money?

O Yes

ONo OI don't bet for money 56. During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could?

OYes

○No ○I don't bet for money

 Have you ever lied to anyone about betting/gambling?
 Have you ever bet/gambled more than you

59. Have your parents ever talked to you about the risks of betting/gambling? 60. Have your teachers ever talked to you about the

wanted to?

Have your teachers ever talked to you about the risks of betting/gambling?

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The next questions ask about drinking alcohol. This includes drinking beer, wine/wine coolers, flavored beverages such as Mike's Hard Lemonade and liquor "shots" such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

During the past 30 days, on how many days did you  61. have at least one drink of alcohol?  62. have 5 or more drinks of alcohol in a row, that is, within a couple of hours?  Curing the past 30 days, on how many days do you think most students in your school					W 2 1 2 0 0	del O	0 0
63. had at least one drink of alcohol?							
(your best estimate)	$\bigcap$	0	0	0	0	0	0
64. had 5 or more drinks of alcohol in a							
row, that is, within a couple of hours?							
(vour best estimate)	(	C	$\overline{C}$	C	C	C	C

			/6	0				0
		, id	100	0				Ŏ O
	6	e/	63	$\overline{0}$				0
/		<b>5</b> %	69	$\overline{0}$				Ö
6)	W.	3%	We	Ō				0
/	20	//	(65)					
//	//	<b>6</b> %						
	65. During the past 30 days, how many	times did <u>you</u> ride in a vehicle driven	by a parent or other adult who had	been drinking alcohol?	66. During the past 30 days, how many times	did most students in your school ride in a	vehicle driven by a parent or other	adult who had been drinking alcohol?

120 662 100 0 662 100 0 0 662 100 0 0 662 100 0 0 662	000000			00000
During the past 30 days, on how many days did you	67. smoke cigarettes?	68. use other tobacco products such as	snuf, dip or chewing tobacco (Redman,	Copenhagen, Marlboro Snus etc)?

69. During the past 30 days, how many times did you use marijuana?

O times

1 or 2 times

3 to 9 times

40 or more times

89.	90.							_	
Jer	east least	0000	0 0 0	0 0 0		0 0 0	0 0 0	000	
If you wanted to get some, how by the sasy would it be for you to	70. get some beer, wine, or hard liquor	(for example, vodka, whiskey, or gin)?	71. get some cigarettes?	72. get some marijuana?	73. get some synthetic marijuana, example: K2,	Spice etc.?	74. get a drug like cocaine, LSD, or amphetamines?	75. get prescription drugs not prescribed to you?	

	10 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1				0 0 0 0 0 0				000000000000000000000000000000000000000		000000000000000000000000000000000000000						0000000		000000000000000000000000000000000000000			00000000
How old	were you	76. when you had more	than a sip or two of beer,	wine, or hard liquor (for	or gin) for the first time?	77. when you first began	drinking alcoholic beverages	regularly, that is at least	once or twice a month?	78. when you smoked a whole	cigarette for the first time?	79. the first time you used	tobacco products other than	cigarettes such as snuff,	chewing tobacco, and	smoking tobacco from a	pipe?	80. when you tried marijuana	for the first time?	81. when you tried synthetic	marijuana (also called K2,	Spice, etc.) for the first time?

Modelica Modelica	holic	ery day?		k?	arettes	0 0 0	0 0 0	week?	ot.	0 0 0
How much do you think people risk harming themselves (physically or in other ways)	82. if they have one or two drinks of an alcoholic	beverage (beer, wine, liquor) nearly every day?	83. when they have five or more drinks of an	alcoholic beverage once or twice a week?	84. if they smoke one or more packs of cigarettes	per day?	85. if they try marijuana once or twice?	86. if they smoke marijuana once or twice a week?	87. if they use prescription drugs that are not	prescribed to them?

1000 1000 1000 1000 1000 1000 1000 100	A STAN STAN STAN STAN STAN STAN STAN STA		0 0 0 0 0		0 0 0 0 0				0 0 0 0 0	
During the past 30 days, on how many days did you	88. sniff glue, breathe the contents of	aerosol spray cans, or inhale any	paints or sprays to get high?	89. use synthetic marijuana, example: K2,	Spice etc?	90. use a prescription drug (such as	OxyContin, Percocet, Vicodin,	codeine, Adderall, Ritalin, or Xanax)	without a doctor's orders?	

## 91. Which of the following illicit drugs did you use during the past 30 days? (Please mark all that apply.)

- I did not use illicit drugs during the past 30 days
- O Any form of cocaine including powder, crack or freebase
  - Heroin or other opiates or narcotics Ecstasy (also called MDMA)
- Methamphetamines (also called speed, crystal, ○ LSD or other hallucinogens or psychedelics
- O Steroid pills or shots without a doctor's prescription crank or ice)

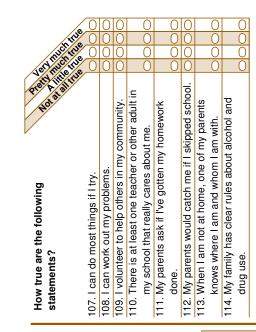
### 0 Don't know or can't say 0 01 0 about the dangers of tobacco, alcohol, or drug use? adoptive parents, stepparents, or adult guardians, 94. have you talked with at least one of your parents 92. do you recall hearing, reading, or watching an advertisement about prevention of substance 93. have you had a special class about drugs or By parents we mean your biological parents, whether or not they live with you. During the past 12 months... alcohol in school? abuse?

How do you feel about Don't know/Can't say	w/Cg	ın'ts	ay
someone your age Strongly Disapprove	appı	ove.	
Somewhat Disapprove	prove	_	
Neither Approve nor Disapprove	ě		
95. having one or two drinks of			
an alcoholic beverage nearly every day?	0	0	Ō
96. smoking one or more packs of cigarettes a day?	Ŏ	0	ΙŌ
97. trying marijuana or hashish once or twice?	Ŏ	0	ĺÕ
98. using prescription drugs not prescribed to them?	Ŏ	0	ĺδ

you to  A little bit wr A chinks of rerage nearly every day?	How	How wrong do your friends	Very wrong	3	ő	5
have one or two drinks of an alcoholic beverage nearly every da smoke tobacco?	fee	it would be for you to	≶	Wrong	5	
have one or two drinks of an alcoholic beverage nearly every smoke tobacco?		A little bit w	õ	5		
		Not wrong at a	=			
an alcoholic beverage nearly every day?  100. smoke tobacco?	.66	have one or two drinks of				
100. smoke tobacco?		an alcoholic beverage nearly every day?	Ō	0	0	0
101 use mariinana?	100	smoke tobacco?	Ō	О	0	10
	101	101. use marijuana?	Ō	О	0	10
102. use prescription drugs not prescribed to you?	102.	use prescription drugs not prescribed to you?	0	0	0	0

	1			
How wrong do you think your	Very wrong	≶	ē	ō
parents feel it would be for	3	Wrong	ō	
you to A little bit wrong	ē	Б		
Not wrong at all	<b>.</b>			
103. have one or two drinks of an alcoholic beverage				
nearly everyday?	0	<u>0</u>	0	<u>0</u>
104. smoke cigarettes?	0	0	0	0
105. smoke marijuana?	0	0	0	0
106. use prescription drugs not prescribed to you?	0	Ŏ O	0	0

### How true are the following statements?

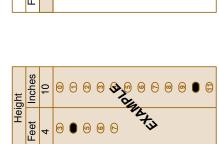


## The next questions ask about certain experiences you may have or had in your life, which might have made you feel uncomfortable or sad in your surroundings.

- 00 000 00 $\cap$ OIC116. Have you ever lived with a household member who is/was depressed or mentally ill? Have you ever lived with someone who: 117. is/was a problem drinker or alcoholic? 115. Were your parents ever separated or 119. you did not have enough to eat? divorced after you were born? 120. you had to wear dirty clothes? 118. uses/used street drugs? Have you ever felt that:
- Directions: Write your height in the shaded blank boxes. Fill in the matching circle below each number on the 122. How tall are you without your shoes on?

answer sheet.

121. you had no one to protect you?



gnt	Inches	0	Θ	0	<u></u>	9	ဖြ	9	0	<u>@</u>	6	<b>(</b>	E
Heigi	Feet	<u></u>	9	6	9	0							
		_											-

[SERIAL] 

PLEASE DO NOT WRITE IN THIS AREA

# Oregon Student Wellness Survey for Grade 11



- 1. The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.
- 2. This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.
- 3. All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.
- 4. Please mark only ONE oval unless the question specifically asks you to "Please mark all that apply." Completely fill in the oval using a #2 pencil.

6. If you selected more than one race, what one race	best describes you?	O American Indian/Native American	O Alaska Native	C Asian Indian	Chinese	Korean	○ Vietnamese	○ Filipino	O Native Hawaiian	Other Pacific Islander	OBlack or African American	○White	Other	7. Are you Hispanic or Latino/Latina?		O No		8. What is the language you use <u>most</u> often at home?	○ English	Russian	○ Spanish	○ Vietnamese	OA tribal language	O Another language		9. Are vou enrolled in any of the following tribes?		O am not enrolled in a tribe	O Burns Paiute Tribe	○ Coquille Indian Tribe	Cow Creek Band of Umpqua Tribe of Indians	Confederated Tribes of Grand Ronde	○Klamath Tribes	Oconfederated Tribes of the Umatilla Indian Reservation	<ul> <li>Confederated Tribes of the Coos, Lower Umpqua,</li> </ul>	Och the Confederated Tribes of Siletz Indians	Contederated Tribes of Warm Springs	Other	
1. How old are you?	○14 years old ○17 years old		○ 16 years old ○ 19 years old or older		2. How do you identify?	○ Female ○ Transgender			Which of the following best describes vol.?	5. WIIICH OI UIE IUHUWIIIG DESI GESCHDES YOU:	straight)	sbian	○ Bisexual ○ Not sure	4. In what grade are you?	1000		O 11th		5. What is your race? (Please mark all that apply)	O American Indian/Native American	O Alaska Native	O Asian Indian	Chinese	○ Japanese	○Korean	○ Vietnamese	O Filipino	O Native Hawaiian	Other Pacific Islander	OBlack or African American	○ White	Other (Specify)							

10. Would you say tha mental health is	Would you say that in general your emotional and mental health is	Sorie de la
○ poor ○ fair	○ good ○ excellent ○ very good	18. How often do you feel that the schoolwork to the supplies of the serious you are assigned is meaningful and important?
11. Would you s	11. Would you say that in general your physical health is	19. Thinking back over the past school year, how often did you try to do your best work in school?
○ poor ○ fair	© good	How much do vou agree with the
12. Have you ch	12. Have you changed schools (including changing from elementary to middle and middle to high school) in the	following statements about http://www.paper.com/paper/
past year?	0NO	I have lots of chances to be part of class discussions or activities.
13. How many tim kindergarten?	13. How many times have you changed homes since kindergarten?	school to get involved in sports, clubs, and other school activities outside of class.
○ Never ○ 1 or 2 times ○ 3 or 4 times	5 or 6 times 7 or more times	doing a good job
14. Putting them last year?	14. Putting them all together, what were your grades like last year?	about my concerns.  25. In my school, teachers treat students with respect.
O Mostly A's O Mostly B's	O Mostly C's O Mostly F's O Mostly D's	when they are hurt or upset.  27. In my school, students that work hard to get good grades are picked on by other students.
15. During the L school have	During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?  ○None ○1 day ○6 to 10 days	During the past 30 days, on how many days did you
O2 days	0	
16. How do you like school?  Ol like school very much	like school? I very much	0 0
O neither like no district of dislike school	○ I like school ○ I neither like nor dislike school ○ I dislike school ○ I dislike school very much	During the past 12 months, Open of the past 12 months, how many times
17. How importa learning in s	17. How important do you think the things you are learning in school are going to be for your later life?	
<ul> <li>Very important</li> <li>Quite important</li> <li>Fairly important</li> <li>Slightly important</li> <li>Not at all important</li> </ul>	tant rtant rtant roortant nportant	33. did you bully someone (such as hitting, kicking, pushing, saying mean things, spreading rumors, or making sexual comments that bothered them)?
		34. have you been suspended from school?
		35. has someone threatened you with a weapon such as a gun, knife, or club on school property?
		k or high at

37. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?	All of the time Most of the time
O Yes	how much of the time
O No	have you A little of the time
Danacamon minima throatening builting and monacamon	None of the time
or obscenities, offensive notes or graffit, unwanted	49. been a happy person?
touching, and being pushed around or hit.	50. Deen a very nervous person?
	52. felt downhearted and blue?
	umps that nothing
many times have you been harassed	could cheer you up?
imes	no book of lock to the other ow 64 book of majority for
	54. During the past 12 months, did you ever leel so sad or honeless almost every day for two weeks or more in a
38. because of your race or ethnic origin.	row that you stopped doing some usual activities?
(	
40 hecalise of who volir friends are	Sal-les
t, clothes,	
acne, or other physical characteristics).	55 During the past 12 months did you ever seriously
unwanted sexual	consider attempting suicide?
comments or attention.	
cial media sites (Facebook	See
Twitter, YouTube, etc.), chat rooms, instant	
messaging, web sites, texting, or phone?	56 During the past 12 months how many times did you
	oo. During the past 12 months, now many unles did you actually attempt suicide?
Every day	- ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( (
Once or twice pe	1 time
How often have you	O 2 or 3 times
Once or twice per year	O4 or 5 times
	○6 or more times
45. <b>seen</b> another student bully others by hitting, kicking another or otherwise hinting them	Gambling involves betting anything of value (money a
in school or on the school bus?	watch. soda. etc.) on a game or event with an uncertain
ers by saying	outcome.
mean things, teasing, or calling other students	77 Please and the different framework framewor
names in your school or on the school bus?	<ol> <li>Please mark ALL the different types of betting that you have done if any during the last 30 days. (Please mark</li> </ol>
47. heard another student spread mean rumors	mave dolle, it ally, dolling the last 50 days. (Frease mark
Ф	מון נוומן מאלאוא)
mean in your school or on the school bus?	Oldid not gamble during the last 30 days
	Playing dice or coin flins
48. On an average school night, how many hours of sleep	Playing cards (boker, etc.)
do you get?	OBetting on a sports team
0	OBetting on games of personal skill (bowling, video
Of hours O10 or more hours	Gambling on the Internet for free or with money
○7 hours	○ Playing Bingo for money
	58. During the last 12 months, have you ever felt bad about
	the amount you bet, or about what happens when you
	0N <sub>0</sub>
	Ol don't bet for money
PLEASE DO NOT WRITE IN THIS AREA OOOOOOOO	

59. During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you	70. During the past 30 days, what type of alcohol did you usually drink? Select only one response.
could?	Oldid not drink alcohol during the past 30 days
O No Oldon't bet for money	Beer     Flavored beverages (such as Smirnoff, Bacardi Silver.)
16	Hard Lemonade, Jose and Sparks)
60. Have you ever lied to anyone about	Wine Coules (such as batter & 3a)ries of seagrans)     Wine     I introf (such as vodka nim scotch bourbon or whiskey)
Vgambled more than you	Some other type
lked to you about the	71. During the past 30 days, from which of the following
risks of betting/gambling?  63. Have your teachers ever talked to you about the	sources did you get the alcohol you drank? (Please mark all that apply.)
risks of betting/gambling?	Oldid not drink alcohol during the past 30 days
The next questions ask about drinking alcohol. This includes	OAt a party
drinking beer, wine/wine coolers, flavored beverages such as	O Friends under 21 O Friends 21 or older
Mike's Hard Lemonade and liquor "shots" such as rum, gin,	O A brother or sister
vouns, or whitshey. For messe questions, uninning about does not include drinking a few sips of wine for religious purposes.	OA parent OA store or gas station
64. During your life, on how many days have you had at	CLiquor store
least one drink of alcohol?	C Took it from home without permission
○0 days	○By asking a stranger to buy it for me
○1 or 2 days	○ I got it some other way
O3 to 9 days	
<ul> <li>10 to 19 days</li> <li>20 to 39 days</li> </ul>	72. In the last 12 months, which of the following have you
	experienced? (Please mark all that apply.)
○100 or more days	Ol did not drink alcohol in the last 12 months
	Missed school or class because of drinking alcohol     Gotten sick to my stomach because of drinking alcohol
(0) (0) (0) (0) (0) (0) (0) (0) (0) (0)	ONot been able to remember what happened while I was
During the past 30 days, on ලද්දර දැවැතුරු හි how many days did vou	drinking alcohol
45	Cater regretted something I did while drinking alcohol
65. have at least one drink of alcohol?	○ Worried that I drank alcohol too much or too often
row, that is, within a couple of hours?	During the past 30 days.
During the past 30 days, on how many	
days do you think most students in your school	Oim
67 had at least one drink of alcohol?	other adult who had been drinking alcohol?
(your best estimate)	74. ride in a vehicle driven by a teenager
68. had 5 or more drinks of alcohol in a	who had been drinking alcohol?
row, that is, within a couple of nours? (your best estimate)	/b. drive a car or other venicle when you had been drinking alcohol?
	ny times
69. Think of your four best friends (the friends you feel	did <u>most students in your school</u>
crosest to). In the past 12 months, now many or your best friends have tried beer, wine, or hard liquor (for example,	76. ride in a vehicle driven by a parent or other adult who had been drinking alcohol?
vodka, whiskey or gin)?	who
O None of my friends	had been drinking alcohol?
C of my friends	/e. drive a car of other vehicle when they had been drinking alcohol?
O 3 of my friends	

During the past 30 days, on A 2000 60 70 70 70 70 70 70 70 70 70 70 70 70 70	If you wanted to get some, how by the for you to
79. smoke cigarettes? 80. use other tobacco products such as	86. get some beer, wine, or hard liquor (for example, vodka, whiskev, or gin)?
au,	
81. smoke tobacco in a "Hookah," also known as a water pipe?	89. get some synthetic marijuana, example: K2, Spice etc.?
ne-pens, or	90. get a drug like cocaine, LSD, or amphetamines?
	92. get some e-cigarettes, vape-pens, or e-hookahs?
os. During the past so days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)?	blo woH
(Please mark all that apply.)	The old
Oldid not get tobacco during the past 30 days A store or gas station	7 80
O Friends 18 or older	Deer, manual of or
OFriends under 18	
<ul> <li>Took from home without permission</li> <li>A family member</li> </ul>	example, vodka, whiskey, or ain) for the first time?
OThe Internet	
O Some other source	drinking alcoholic beverages
PARTY CONTRACTOR CONTR	once or twice a month?
o4. During the past 30 days, now many times did you use marijuana?	
0 10 to 19 times	cigarette for the first time?
mes	tobacco products other than
○3 to 9 times	cigarettes such as snuff,
	chewing tobacco, and smoking tobacco from a
85. During the past 30 days, from which of the following	o o o o o o o o o o o o o o o o o o o
sources and you get manjuana? (Prease mank an that apply.)	97. when you tried marijuana for the first time?
Oldid not use marijuana during the past 30 days	withetic
O A public event such as a concert or sporting event	QÎ.
O A party Ericondo 18 or older	Spice, etc.) for the first time?
Friends under 18	e-cigarettes, vape-pens, or
OA family member	e-hookahs?
OA medical marijuana cardholder or grower	
O gave someone money to buy it for me	How much do you think people
Olgot it some other way	(physically or in other ways)
	100. if they have one or two drinks of an alcoholic
	beverage (beer, wine, liquor) nearly every day?
	101. when they have five or more drinks of an alcoholic heverage once or twice a week?
	loke one or more packs of cigarettes
	0 0
	103. If they smoke marijuana once or twice a week?
	105. if they use prescription drugs that are not
	rettes, vape-pens, or
	e-hookahs?
PI FASE DO NOT WRITE IN THIS ABEA	[SERIAL]
	173805

No.	During the past 12 months No
During your life,	Yes
how many times have you	120. do you recall hearing, reading, or watching an
107. used marijuana?	advertisement about prevention of substance abuse?
thed the contents of	pecial class about drugs or
inhaled any paints	alcohol in school?
or sprays to get nigh?	122. have you tarked with at least one of your parents about the dangers of tobacco alcohol or drug use?
doctor's prescription?	By parents we mean your biological parents,
rug not prescribed	adoptive parents, stepparents, or adult guardians,
to you?	whether or not they live with you.
112. used ecstasy (also called MDMA)?	123. Would you be more or less likely to want to work for an
) ) ) )	employer that tests its employees for drug or alcohol
China White)?	use on a random basis?
so called	○ More likely
speed, crystal, crank or ice)?	Cless likely  Would make an difference
44F Division control life, hour mount discool boxes (control do	O Don't know or can't say
TTS. During your life, now many times have you used a needle to inject any illegal drug into your body?	
O timos	Don't know/Can't say
1 time	How do you feel about Strongly Disapprove
O 2 or more times	someone your age Somewhat Disapprove
	Neither Approve nor Disapprove
During the past 30 days, on	124. having one or two drinks of
how many days did you	att alcoholic beverage riearly every day?
116. sniff glue, breathe the contents of shift glue, breathe the contents of	126. trying marijuana or hashish once or twice?
( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( (	127. using prescription drugs not prescribed to them?
paints or sprays to get high?	128. using synthetic marijuana, example: K2, Spice?
Spice etc?	125: SHONING C'OGAICHES, YAPE PENS, O' C'HOONAIS:
118. use a prescription drug (such as	Vary wrong
OxyContin, Percocet, Vicodin,	How wrong do your friends Wrong
codeine, Adderall, Ritalin, or Xanax) without a doctor's orders?	A little bit w
	Not wrong at all
119 Which of the following illicit drugs did you use during	130. have one or two drinks of
	an alcoholic beverage nearly every day?
Oldid not use illicit drugs during the past 30 days	132. use marijuana?
○ Marijuana	133. use prescription drugs not prescribed to you?
OAny form of cocaine including powder, crack or freebase	134. use synthetic marijuana, example: K2, Spice?
C Ecstasy (also called MDMA)	135. smoke e-cigarettes, vape-pens, or e-hookahs? ○○○○
Methamphetamines (also called speed, crystal.	
crank or ice)	į.
<ul> <li>Steroid pills or shots without a doctor's prescription</li> </ul>	parents feel it would be for A little bit wrong you to
	ve one or two drinks of an alcohc
	nearly everyday?
	137. smoke cigarettes?
	130. SHIONE Harlydalla?  139 Use prescription drugs not prescribed to you?
	140. use synthetic marijuana, example: K2, Spice?
	-hookahs?

The next questions ask about certain experiences you may have or had in your life, which might have made you feel 105 uncomfortable or sad in your surroundings.

0143. Have you ever lived with a household member who is/was depressed or mentally ill? Have you ever lived with someone who: 144. is/was a problem drinker or alcoholic? 142. Were your parents ever separated or divorced after you were born? 145. uses/used street drugs? Have you 146. you 147. you 148. you

				Me
ou did not have enough to eat?	ou had to wear dirty clothes?	ou had no one to protect you?		How true are the following
	ou did not have enough to eat?	ou did not have enough to eat? ou had to wear dirty clothes?	ou did not have enough to eat? ou had to wear dirty clothes? ou had no one to protect you?	ou did not have enough to eat? ou had to wear dirty clothes? ou had no one to protect you?

### Steply to

/0.	0	0	0		0		<u> </u>	0		<u> </u>		<u> </u>			0
Nine	0	0	0		0		0	0		0		0			0
Augitus	$\overline{0}$	0	0		0		0	0		0		0			0
Vincy Line	O	0	0		0		0	0		0		0			0
statements?	149. I can do most things if I try.	150. I can work out my problems.	151. I volunteer to help others in my community.	152. There is at least one teacher or other adult in	my school that really cares about me.	153. My parents ask if I've gotten my homework	done.	154. My parents would catch me if I skipped school.	155. When I am not at home, one of my parents	knows where I am and whom I am with.	156. My family has clear rules about alcohol and	drug use.	157. How would most students in your school	respond to this statement: "My family has	clear rules about alcohol and drug use."

Directions: Write your height in the shaded blank boxes. Fill in the matching circle below each number. How tall are you without your shoes on? <del>1</del>28.



Selection	0	Θ	0	0	9	(h)	9	0	<u></u>	6	8	(
laal	0	9	6	9	0							

159. How much do you weigh without your shoes on? Directions: Write your weight in the shaded blank boxes. Fill in the matching circle below each number.

		2	9	Θ	<u>@</u>	0	9	•	9	0	<u>@</u>	9
Weight	nds			$\overline{}$	3	TO L	_	_	_	_	_	
Nei	on o	ဝ	9	U	(A)	4	4	<b>6</b>	9	0	<u></u>	•
_	ш.						S	•				

Weight Weight Weight Weight Abunds Pounds Po		<b>,</b> 0	0	Θ	0	0	9	ဖြာ	6	0	<u>@</u>	9
	Veigh	Spuno	0	Θ	0	9	9	மு	9	0	<u>@</u>	9
	>	ш	9	Θ	0	0	9	மு	9	0	<u>@</u>	9

## 160. How do you describe your weight?

Slightly underweight ○ Very underweight

About the right weight
Slightly overweight
Very overweight

### 161. Which of the following are you trying to do about your weight?

Lose weight Gain weight

Stay the same weight

I am not trying to do anything about my weight

## During the past 30 days, did you...

162. Go without eating for 24 hours or more (also called fasting) to lose weight or to keep from

gaining weight?
Take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from replacement products such as Slim Fast.) gaining weight? (Do not include meal 163.

Height

164. Vomit or take laxatives to lose weight or to keep from gaining weight? Thank you for your participation!

[SERIAL]

PLEASE DO NOT WRITE IN THIS AREA