

Health Status of Racial and Ethnic Groups in Oregon

Based on Adult Behavior Risk Factor and Surveillance Survey (BRFSS) indicators
(baseline data from 1989-94)

PERCENTAGE reporting a SEDENTARY LIFESTYLE
by race/ethnicity, gender & age, Oregon BRFSS, 1989-1994

	SEDENTARY LIFESTYLE**** wgt percent	TOTAL respondents
ALL RACES/ETHNIC GROUPS		
Total	47%	14451
Male	49%	6100
Female	45%	8351
18-34 years	44%	4217
35-64 years	48%	7267
Race/Ethnicity		
WHITE***		
Total	47%	13520
Male	49%	5680
Female	44%	7840
18-34 years	43%	3794
35-64 years	48%	6831
ASIAN***		
Total	57%	200
Male	53%	86
Female	60%	114
18-34 years	54%	104
35-64 years	60%	84
AFRICAN AMERICAN***		
Total	49%	110
Male	**43%	49
Female	56%	61
18-34 years	49%	50
35-64 years	49%	52
AMERICAN INDIAN***		
Total	49%	194
Male	49%	93
Female	49%	101
18-34 years	50%	73
35-64 years	49%	103
HISPANIC***		
Total	48%	427
Male	48%	192
Female	48%	235
18-34 years	45%	196
35-64 years	52%	197

* Estimate may be unreliable: <5 resp. with condition.

** Estimate may be unreliable: <50 respondents.

*** Hispanics include all races; other groups are non-Hispanic only.

**** Physically inactive or irregular activity (<20 minutes or <3 times per week).