Going tobaccofree for a healthy, active Multnomah County



vww.freedigitalphotos.net

Smoking and tobacco use is now prohibited outdoors, as well as indoors, on all county campuses.

Effective July 1, 2012

Ready to quit?:

1-800-QUIT-NOW (1-800-784-8669)

Español: 1-877-2NO-FUME (1-877-266-3863)

TTY: 1-877-777-6534

https://www.quitnow.net/Oregon



Visit <u>web.multco.us/health</u> or call 503 988-4163 for more information.

