**Pregnancy and Tobacco Use Work Group**

**October 12, 2015**

**Participants:** Janet (Umatilla), Chris (Harney), Robin (Douglas), Carlene and Elizabeth (Yamhill), Devon (Curry), Beth (Lake), Shannon (Coos), Sabrina Freewynn (HPCDP)

**Facilitator/Notetaker:** Beth Sanders (HPCDP)

**Discussion**

* Beth Sanders introduced Sabrina Freewynn as a guest on the call and announced that the group will need to recruit a new facilitator, as Minda Morton has moved to another position.
* The group started out by reflecting on characteristics of a successful work group and/or why this particular group is useful. Many participants cited that their counties have higher tobacco use rates among pregnant women than the state average.
  + Janet: the Outdoor Venues work group has a full range of people interacting – from counties that have already passed policies to those who are just starting to think about it. It’s also helpful when someone from HPCDP is on the call to offer information and resources.
  + Robin: this group is helpful because it shares useful materials and is a good venue to discuss relevant issues, considering that not every county has integrated the 5A’s into clinics or programs that serve pregnant women.
  + Elizabeth: Yamhill County has ideas of how it wants to address tobacco use in pregnant women, but wants to learn first about what others are doing.
  + Devon: Since Curry County recently passing a tobacco-free property policy, there is a need ensure that cessation resources are available to low SES clients, among them pregnant women.
  + Chris: Harney County has a higher proportion of WIC participants than in other places, so it makes sense to partner with WIC to support cessation in pregnant women.
  + Beth: Interest in working with prenatal healthcare providers to ensure unified messaging around supporting pregnant women to quit smoking.
* Beth Sanders shared that the state MCH section is entering a new five year Title V block grant cycle, which will focus on various strategies, including tobacco cessation. This group could potentially become a joint MCH-TPEP workgroup to support state and local partnerships in addressing tobacco use among pregnant women.
* Sabrina asked if anyone in the group had attended the Health Systems/CCO work group. Janet said that she has participated, and sees a lot of overlap/connection with this group. Sabrina noted that the pregnancy and tobacco use work group has identified priorities that are already being addressed in the health systems work group, for example: supporting CCOs to document tobacco use in members, establishing electronic referral systems to the Quit Line, and training providers on 5A’s and motivational interviewing. Sabrina suggested that if participants from this group are interested in health systems issues that relate to pregnant smokers, they should consider joining the CCO work group.
* Robin and others stated that one major challenge with this work is that it is not currently recommended that physicians prescribe nicotine replacement therapy for pregnant women. Beth Sanders said she would follow up and provide relevant updated USPTF recommendations.
* Sabrina added that pregnant smokers are extremely price sensitive, and suggested that another option would be for group members to join the retail work group.
* The group agreed that it makes sense to explore becoming a joint MCH-TPEP work group.

**Next Steps**

* During the next call on December 14, the group will explore connections with MCH and WIC programs and learn more about what will be happening statewide and locally with MCH Title V priorities. Beth Sanders will organize the next call to include guest speakers from state MCH.
* Work group members are encouraged to join an upcoming Title V webinar on smoking among pregnant women and children’s exposure to smoking on 10/29 from 1-2:30 pm. Registration link:

<https://attendee.gotowebinar.com/register/2595994601864579073>

* Updated US Preventative Services Task Force recommendation on tobacco cessation interventions for pregnant women: <http://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/tobacco-use-in-adults-and-pregnant-women-counseling-and-interventions1>
* The group agreed that Beth Sanders will fill in as the facilitator, but once the direction of the group is re-established, a TPEP facilitator will be recruited (possibly serving as a co-facilitator with a local MCH program).
* Group members shared “one good thing”:
  + Robin-It’s been a hard month in Douglas County.
  + Shannon-Met the CCO pharmacy director as part of a state work group on prescribing rights for cessation-led programs.
  + Devon: The Hammond House is going tobacco free, and they are getting local cessation classes started.
  + Carlene/Elizabeth: Getting acquainted with what services are offered by Yamhill County, and recognizing that prenatal providers can be a partner with this work.
  + Sabrina: Interested in the tie this topic has with retail environments.
  + Beth Sanders: Enjoyed seeing everyone at the Grantees and Contractors meeting.