

The Network News 2017 December Issue #210

### **Happy New Year!**

I hope that there was some rest and calm that occurred during your holidays. This has been a hard year but also one that showed the strength of so many and certainly of our community over and over again. Personally, I am inspired by the support we all provide to each other and those who we work with and for to ensure safe, affirming and competent care.

Yes, there were obstacles and at times we clearly thought that much of the current insurance system would be dismantled but we advocated loudly and won! Of course, we know there will continue to be challenges and I am confident that we will continue to advocate loudly and support each other at the same time.

To that end I offer you this image that I borrowed from Harvard Medical School to remind us all to do these simple acts on a daily basis to make sure we are taking care of ourselves.

## KEEP SLOW TAKE BE CALM POSITIVE FNJOY HAVE UNPLUG BREATHE LifE FUN MEDITATE

Julia Lager-Mesulam, LCSW Partnership Project Director

#### **Next Meeting**

**Next Meeting January 9th** 

Long Term Survivors In Our **Own Words** 

Amy Anderson, Carlos Dory, Maricela Berumen, Michael Stewart, **Robert Miller and** Michael Thurman



#### What happens if Measure 101 passes?

Taken from <a href="http://yesforhealthcare.org/what-is-measure-101/">http://yesforhealthcare.org/what-is-measure-101/</a>

- ⇒ Measure 101 will provide direct funding for Medicaid in Oregon.
- ⇒ It will ensure that healthcare is affordable and accessible to every Oregonian
- ⇒ We will have the funding necessary to ensure every child in Oregon has a doctor
- ⇒ It will stabilize healthcare costs by lowering premiums
- ⇒ If it doesn't pass, Oregon could loss up to \$5 billion in federal funds and thousands of Oregonians could lose health insurance

# Voting Yes on Ballot Measure 101 means





\$ 210,000 OREGONIANS WILL SEE LOWER PREMIUMS

Visit <a href="http://yesforhealthcare.org/get-involved/">http://yesforhealthcare.org/get-involved/</a> to get involved

and ensure healthcare for all Oregonians!

### Save the date-March 29, 2018 2018 Meaningful Care Conference in Portland, Oregon.

The Meaningful Care Conference is a day-long training event for healthcare and social service professionals, the Meaningful Care Conference aims to promote LGBTQ+ cultural competency in health care and social services, share current LGBTQ+ best practices in health care and social services, and to develop and diversify networks of LGBTQ+ culturally competent health care and social service providers. www.meaningfulcare.org.



2018 MEANINGFUL CARE CONFERENCE IS A DAY-LONG TRAINING EVENT FOR HEALTHCARE AND SOCIAL SERVICE PROFESSIONALS TO PROMOTE LGBTQ+ CULTURAL COMPETENCY IN HEALTH CARE AND SOCIAL SERVICES. SHARE CURRENT LGBTO+ BEST PRACTICES IN HEALTH CARE AND SOCIAL SERVICES, AND TO DEVELOP AND DIVERSIFY NETWORKS OF LGBTQ+ CULTURALLY COMPETENT HEALTH CARE AND SOCIAL SERVICE PROVIDERS.







The Meaningful Care Conference is pleased to announce that the keynote address will be delivered by Shane Snowden, Principal at Edgework Consulting and formerly the Founding Director of National LGBT Health & Aging Program at the Human Rights Campaign Foundation and Founding Director of National Center for LGBT Health & Equity at University of California San Francisco.

### Register now!!

The full agenda will be announced no later than January 10, 2018 and the early bird registration discount (\$20 off) will be extended to January 15.

Continuing education credit will be available for conference attendees. Previous Meaningful Care Conferences have been accredited by the following organizations:

- The American Academy of Family Physicians (AAFP)
- Oregon Board of Pharmacy
- National Association of Social Workers Oregon Chapter
- Addiction Counselor Certification Board of Oregon (ACCBO)
- The National University of Natural Medicine

If there is accrediting body you wish us to include, please email <u>dayna@oraetc.org</u>. For conference related questions, please email <u>pparisot@cascadeaids.org</u>.

# Mark your calendars now for the **2018 HIV Awareness Days**





National Black HIV/AIDS Awareness Day #NBHAAD



National Women and Girls HIV/AIDS Awareness Day #NWGHAAD



March 20 National Native HIV/AIDS Awareness Day #NNHAAD



National Youth HIV & AIDS Awareness Day #NYHAAD



National Transgender HIV Testing Day #TransHIV



HIV Vaccine Awareness Day #HVAD



National Asian & Pacific Islander HIV/AIDS Awareness Dav #APIMay19



HIV Long-Term Survivors Day #HLTSAD2017



National HIV Testing Day #HIVTestingDay



September 18 National HIV/AIDS and Aging Awareness Day #NHAAAD



September 27 National Gay Men's HIV/AIDS Awareness Day #NGMHAAD



National Latinx AIDS Awareness Day #NLAAD



#WAD2017

This newsletter is published by OHSU/ Partnership Project.

Our thanks to OHA HIV Care and Treatment Program for website posting distribution of the newsletter.

The editor is Julia Lager-Mesulam.

Comments/questions about this publication should be directed to:

Julia Lager-Mesulam at lagermes@ohsu.edu, or call (503) 230-1202, FAX (503) 230-1213, 5525 SE Milwaukie Ave. Portland, OR 97202

This issue, and issues from January 2011 on, can be found electronically here